

# SAVERA

THE NSS ANNUAL MAGAZINE 22-23



# INARA

*Ignite your inner light and conquer the stars*





# Inara

**IGNITE YOUR INNER  
LIGHT AND CONQUER  
THE STARS**

Inara is an awe-inspiring magazine that illuminates the path towards self-discovery and celestial achievement. With the resolute theme of "Ignite Your Inner Light and Conquer the Stars," Inara serves as a guiding constellation, urging readers to embark on a transformative journey of personal growth and societal impact.

Within the pages of Inara, readers will discover a celestial tapestry woven with captivating stories of resilience, courage, and triumph. It showcases the extraordinary endeavors of NSS Gargi volunteers who have defied limits, blazing trails of change in their communities.

Inara invites readers to explore a celestial playground of ideas, knowledge, and inspiration.



Immerse yourself in the radiant glow of Inara, where the National Service Scheme at Gargi College illuminates the path towards self-discovery and societal transformation. Prepare to be inspired, empowered, and motivated as you embark on a transformative journey to ignite your inner light and conquer the stars that await you.



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## Faculty Members



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# NSS UNION

## FACULTY MEMBERS:

- Dr. Nisha Saini (**Programme Officer**)
- Dr. Beena Negi
- Dr. Preeti Pant
- Prof. Shreeniwas Tyagi
- Ms. Shymolima Gosh Choudhary
- Dr. Parvati Sharma Chandla
- Ms. Vibhuti Mehta
- Ms. Soni Jaiswal
- Dr. Sabeen H Rizvi
- Dr. Santosh Kumar Bhardwaj
- Dr. Nitish Kumar
- Dr. Neha Sharma
- Dr. Hira Joshi
- Dr. Meena
- Mr. Sarath Babu
- Ms. Indrani Regon
- Prof. Swati Shweta
- Dr. Rashmi Saini
- Dr. Poonam Kumari

## STUDENT OFFICE BEARERS:

### NSS Core Union

- **President:** Ananya Srivastava
- **Vice-President:** Bhumita Yadav
- **General Secretary:** Shalini Sharma
- **Treasurer:** Srishty Singla

### NSS Extended Union

- **Home Coordinator (Arts):** Pooja Ahlawat
- **Home Coordinator (Commerce):** Nandini Sharma
- **Home Coordinator (Science):** Saumya Solanki
- **Event Coordinator:** Sanjana Soni
- **NGO Coordinator:** Vishnupriya Gupta
- **PR Head:** Itty Garg
- **Photography Head:** Yastika Mishra
- **Creative Head:** Kasak Gangwar
- **Editor-In-Chief:** Aanvi Narayan Singh



## Prof (Dr) Sangeeta Bhatia Principal (Offg.) Gargi College

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My Dear Students,

Congratulations and best wishes on yet another successful Magazine from NSS: Savera with the wonderful theme "INARA".

The theme by itself evokes wondrous power of our beautiful and resplendent soul along with all the myriad ways it is bountiful in helping our lives to flourish on our planet Earth by enlightening ourselves first to subsequently illuminate the world with care, love, connection, and bringing change through selfless service.

Unfortunately, we read frequently in the daily news and experiencing rapid changes in our society and surroundings where loneliness and alienation are leading to serious mental health concerns. It is through your efforts of serving selflessly which NSS has undertaken in numerous ways that you have learned and experienced the touch of loving hands and the magic a warm heart brings to the humble lives of others. I am sure you feel transformed as well and shall keep growing by nourishing the beautiful values that you found so fulfilling.

Keep feeding your Inara, keep spreading the light of joy and happiness, keep growing.

I am confident that you as a Gargi student would take all the learnings to make a difference by bringing change for the better. You shall make us all proud given such sensitivity and the respect for our communities, the strengthening of connections through the outreach programs for the larger humanity which the segments of the wonderful magazine Savera show.

My best wishes to you in all your endeavours. Keep Gargi's flag flying higher than ever before!

*"NSS has undertaken in numerous ways that you have learned and experienced the touch of loving hands and the magic a warm heart brings to the humble lives of others"*





## Dr. Nisha Saini Programme Officer NSS Gargi

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Being the programme officer of NSS has been an honour and privilege for me. I started my journey as the PO two years ago and came to know about all the aspects of NSS. Even this year we managed to do many activities other than the flagship events.

The mesmerizing performances of the underprivileged children in Zistatva was the highlight of NSS this year. The entire college participated in the wellbeing of children of the construction site workers in our college by every means possible which is a remarkable achievement. Our volunteers bagged the first position in three events showcasing their work in the inter-college competitions.

Although the University gave us very little time for NSS DU activities, our volunteers still managed to take part in almost all the activities. During the NAAC visit, everyone in the college liked the NSS room very much.

I want to give the entire credit of this year to our students for their tireless efforts. They kept their spirits high throughout the closing ceremony and organised it so well that we will be able to cherish those moments forever. I am deeply thankful to principal ma'am for always motivating and guiding us.

It won't be possible for me to sail through this journey without the cooperation of all our NSS members who always stood with me.

*"mesmerizing performances of underprivileged children in Zistatva was the highlight of NSS this year"*



# Ananya Srivastava

## President

### NSS Gargi

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It's always overwhelming to look back at the moments that once felt out of one's reach but now have turned into the most beautiful souvenirs that life could have offered us. That's how I'll describe my journey with NSS. With every cloud of uncertainty came the sunshine of a successful event. And everyday it just got better. Hours became days and people became family.

I joined NSS with the motive of bringing about a change, an IMPACT because deep down I always believed that when people come together as a group even the tiniest step has an effect on multiple hearts. And as I sit to pen down my concluding remarks, all I would like to say is that this organization is nothing short of magic.

Our year started out with a grand celebration of Independence day and ended with an even grandeur closing ceremony. The hustle during "Zistatva" our annual Diwali mela was such an enriching experience for the team as well as the volunteers. The spirit of togetherness and the zeal to make an impact binds the hardworking 800+ volunteers. From organizing various thought provoking sessions on topics ranging from "Self Acceptance" to "Effective Altruism", NSS Gargi did it all. The diversity in our activities really stood out this year and this was all possible because of our constant urge to think out of the box.

NSS Gargi also introduced several new initiatives like Project - "Har Ghar Shiksha" and Project - "Aahar" which were solely implemented for the underprivileged children of the construction site workers of our college. As the project progressed, it was heart-warming to see significant improvements in the children in terms of their education and health. The months of hard work by our volunteers, union members and teachers really paid off.

Project - "Sashakt" and Project - "Khairiyat" also hold extremely close to my heart. The first project focused on busting myths around menstruation and activities like pad donation. Latter focused on sensitizing the youth about "Mental Health". Various donation drives, team building activities and specially the flash mobs have imprinted our minds with the best memories. It's beautiful to look at the progress each volunteer made during their journey at NSS. I would like to sign off by saying that - Always be courageous to take that first step that scares you. You are unaware of the unbound potential you have and trust me once you start believing you got this - The world is your canvas! Keep spreading smiles amongst the community and always hold the motto of NSS - "Not me but you", close to your heart.

*"Always be courageous to take that first step that scares you. You are unaware of the unbound potential you have"*





# Aanvi Narayan Singh

## Editor-in-Chief

### NSS Gargi

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As my tenure as the Editor-in-Chief of NSS Gargi comes to a close, I find myself reflecting on the incredible journey we have embarked on together. Over the past year, the editorial team has worked tirelessly to deliver all the aesthetically pleasing posts and stories you saw all over our social media handles. I would like to thank Sneha, Sreedevi, Tanya, Sanya, Sneha, Mauli & Bharti for being such cooperative and amazing people to work with. It has been a privilege and an honor to serve as your Editor-in-Chief.

I started my journey as a graphic designer in my first year, while it was fun creating graphics it was a tiresome job but the praises we got in the end were worth every single second devoted to making them. I joined NSS Gargi with the aim of making a difference, no matter how big or small. I strongly believe that each small act of service contributes to a larger movement toward a more just, equitable, and happy world for the generations to come.

*"The power to create lasting change lies within all of us, and our contributions, no matter how small, can make a profound difference in the lives of others"*

We organized a variety of activities for the volunteers ranging from cleanliness/donation drives to open mic sessions. What encouraged us was the enthusiastic participation shown by each one of you. It is your involvement, your passion, and your belief in the power of service that have made NSS Gargi a force for positive change. I am confident that the legacy we leave behind will continue to inspire and uplift generations of volunteers to come. I take this opportunity to encourage each of you to continue engaging in acts of service. The power to create lasting change lies within all of us, and our contributions, no matter how small, can make a profound difference in the lives of others.

I would like to thank my fellow union members and Programme Officer for always putting their trust in me and lending a helping hand whenever I needed it. I will always be grateful to each one of you. I am deeply proud of what we have achieved together, it was a ride to remember. Each team member, in their respective roles, has played an invaluable part in shaping NSS Gargi into the organization it is today. The depth of our impact and the strength of our collective voice is a testament to the collaborative spirit and shared vision that permeates our team.

As I step down from my position, I am filled with gratitude for the privilege of working alongside such talented individuals. To my successor, I have complete confidence in your ability to lead this exceptional team to even greater heights.

Lastly, I thank you, the one who is reading this, for trusting us, challenging us, and joining us on this incredible journey. Without you, our work would not have the same purpose or meaning.

# CELEBRATIONS





# AUGUST 15 , 2022 INDEPENDENCE DAY CELEBRATION

To mark 75 years of Independence Day historic day, NSS Gargi organised a plethora of events under the ambit of 'Azadi Ka Amrit Mahotsav' with the theme "Nation First, Always First".

The celebrations began on the 12th of August with a Tiranga March, which enabled the volunteers to pay homage to the Indian Nation and its rich culture and heritage. The participants carried forward the National flag with unparalleled zeal, passion, and cheer and felt united under the umbrella of fraternity and solidarity.

Besides, the tricolour was hosted to commemorate the heroic actions and valorous spirit of our freedom fighters. Other engaging activities were initiated, including recitation of patriotic songs, as well as spectacular dance performances. These events symbolised the vision to uphold the strength of democracy, unity, and solidarity in the years to come.



## AUGUST 20, 2022 SADBHAVANA DIWAS

### Pledge Taking Ceremony

In Commemoration of the auspicious day of Sadhbhavana Diwas as well as to honour the birth anniversary of the former Prime Minister of India, Mr. Rajiv Gandhi, NSS Gargi organised a pledge-taking ceremony to emphasise the need for social peace and harmony on August 20th. The ceremony took place in the college auditorium foyer with 17 volunteers.

# NSS DAY



NSS Gargi on 24th September held various competitions with assorted prizes to build a sense of community, on the esteemed occasion of NSS day. The celebrations of the NSS day go back to 1969, when during Mahatma Gandhi's Centenary Year, on September 24, the National Service Scheme (NSS) was inaugurated, including 40,000 student volunteers from 37 institutions.



The day was filled with exciting activities and unparalleled fun with competitions like project presentations and an Inter-College Street Play Competition that helped bring light to grave social issues.





# NSS DAY- DRISHTI & STREET PLAY

## NSS DAY CELEBRATION

NSS Gargi conducted "DRISHTI", a project presentation competition on the occasion of NSS day, where students across college were given the opportunity to present their ideas and solutions in the form of a project on any one theme from the following:

1. Padhega India Tabhi Badhega India
2. Digital Bharat, Naya Bharat
3. Made in India
4. Industrial Revolution 4.0

The competition consisted of Prelims- PPT Submission and project synopsis submission round and Finals - Presentation Round, which took place in an online environment. Total 39 people participated in the competition.



To commemorate the auspicious NSS day, NSS Gargi organized an Inter-College Street Play Competition on grave social issues. On February 17, various street play societies from colleges around Delhi NCR graced us with their presence. At the end the winners were;

1. Abhinay- Maharaja Agrasen College
2. Ibtida- Hindu College
3. Aaghaz- Zakir Hussain College (Evening)

Capturing us with skillful execution, Jyotsna Chakravarty (Abhinay) was awarded as the best actor. We were beyond honoured to have all the participants and congratulations to all the winners!





## Happiness Day 30th January, 2023

To celebrate this wonderful day, NSS Gargi organized many activities at the Tamana Special School in Vasant Vihar, New Delhi. The NSS volunteers played various joyful games with the children, such as drawing, painting, paper art, singing songs, dancing, and so on. These activities allowed the volunteers to bond with the children, spread smiles, and create cherished memories. Interacting with the special children also enabled NSS volunteers to contribute positivity and goodness to the world.

## Teacher's Day 5th September, 2022

On the occasion of Teachers' Day, 5th of September NSS Gargi conducted a visit to Ishwar NGO in collaboration with CDF Gargi. The volunteers got the opportunity to have an interactive session with more than 150 children. Fun activities were conducted with the children like card making, dancing, games, etc.

A total of 10 volunteers could grab the opportunity to join the NGO.





12TH JANUARY 2022

"YOUTH IS NOT A TIME OF LIFE; IT IS A STATE OF MIND;  
IT IS A MATTER OF THE WILL, QUALITY OF THE IMAGINATION, AND THE VIGOUR OF  
THE EMOTIONS."

~SAMUEL ULLMAN

NATIONAL  
**Youth**  
**Day**

ON THE OCCASION OF NATIONAL YOUTH DAY, NSS GARGI CELEBRATED THE UNWAVERING STRENGTH AND PASSION THAT YOUTH EXUDE. A BUNCH OF ACTIVITIES WERE ORGANISED TO REINVENT THE TRUE ESSENCE OF YOUTH EMPOWERMENT AND UPLIFTMENT.





## ARTICLE WRITING

This activity required the students to express their views regarding the progression of India's youth using the medium of articles. The volunteers were asked to present articles highlighting how the current youth can capitalise their strengths, skills, and resources to advance India's political, social, and economic power within the globe. The topics for the same were "India of my dream- Vision @ 2047" and "Youth for clean, green, and progressive India".

## POSTER MAKING

In another segment of the National Youth Day activities, the volunteers were motivated to make vibrant, colourful and catchy posters describing the growth of India's youth. The topic was 'YUVAAH – Utsah Naye Bharat Ka'. An overwhelming amount of creative entries were received as a part of this initiative. All the entries were exceptionally thoughtful, captivating, and unique, and the best entries were showcased on NSS Gargi's instagram handle.



## POETRY WRITING

The volunteers were also provided with the thrilling opportunity of showcasing their literary talents by participating in a poetry writing competition. The poems were to express the progression of Indian youth through the topic "Success through resolution". By utilising their exceptional talents and passions the participants were able to highlight the strength, courage, and resilience of the young generation.







“One individual may die for an idea, but that idea will, after his death, incarnate itself in a thousand lives.”

— Subhash Chandra Bose

# Netaji

## Jayanti

23 JANUARY 2023



On the felicitous occasion of the birth anniversary of Netaji Subhash Chandra Bose, a series of events were organised for the purpose of empowering the volunteers about the momentous life and sacrifices of the great freedom fighter.



## COMPOSE A POEM

In this activity, in collaboration with the Ministry of Defence, the participants were to compose a poem describing Netaji's struggles and fight for freedom and his glorious contribution towards Indian independence.

## ESSAY WRITING COMPETITION

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In this activity in collaboration with the Ministry of Defence, the participants were to write an essay on the topic - "Contribution of Netaji to freedom struggle". Through their talent and passion, the participants curated well-written essays describing Netaji's fight for freedom and his glorious sacrifices towards Indian independence.



## SELFIE COMPETITION

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On the occasion of Parakram Diwas, the Ministry of Defense, in collaboration with MyGov organised a competition where volunteers were made to dress up like Netaji and upload their selfies on MyGov platform. The participants showcased their exceptional dressing style in this entertaining activity.

## POSTER MAKING COMPETITION

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To celebrate the memories of this momentous leader, the Ministry of Defence and MyGov encouraged students to draw a portrait of Netaji. NSS Volunteers participated in this event with overwhelming enthusiasm.



25th January 2023

# National Voters Day

“Voting is the expression of our commitment to ourselves, one another, this country, and this world.”

~Sharon Salzberg

## PLEDGE TAKING CEREMONY



To mark propagation of Indian democracy, NSS Gargi organised a pledge taking ceremony on the occasion of National Voters Day. The volunteers were provided with an opportunity to participate in an oath, pledging to always cast their vote and exercise their duties as a responsible citizen of the Indian democratic political system. The volunteers joined in large numbers and the event turned out to be a huge success.



## POSTER MAKING COMPETITION

To celebrate India's glorious journey as a sovereign democratic republic, the volunteers were encouraged to craft innovative posters. Through their creative talent, the participants eloquently expressed the spirit of Indian democracy.





## ESSAY WRITING

Another segment of the National Voters Day activities gave the volunteers an opportunity to portray creative essays indicating their views regarding the Indian voting system.



## DEBATE COMPETITION

An innovative offline activity was also organised on the occasion of National Voters Day. The participants presented rational and well-informed debates on insightful topics, such as “Are reservations in jobs justified?”, “Is the Indian education system improving?”, and so on. By presenting logical sides to support their perspectives, the volunteers displayed unparalleled passion and talent to make the session greatly enriching.

26-27TH JANUARY 2023

# REPUBLIC DAY Celebration

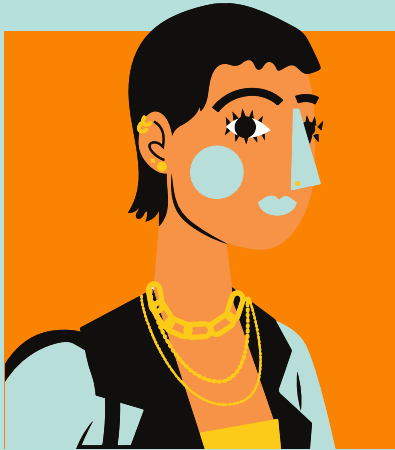
**"ONE FLAG, ONE LAND, ONE HEART, ONE  
HAND, ONE NATION EVERMORE!"  
- OLIVER HOLMES**



On the occasion of Republic Day, NSS Gargi organised interesting activities to mark the propagation of Indian democracy. The volunteers participated in group singing of patriotic songs that added a creative and entertaining dimension to the celebration. Besides, the participants also expressed their overwhelming passion towards the nation by curating and filming innovative reels.



1st – 7th March 2023



# INTERNATIONAL WOMEN'S DAY

The International Women's Day celebrated internationally and nationally on March 8 every year to pay off the respect and love for God's one of the most mesmerising creations, WOMAN. In the aforesaid spirit, NSS Gargi organised a one week celebration to mark the essentiality of Women's Day, from March 1,2023 to March 7,2023. This celebration included Five ever interesting activities and found the enthusiastic participation of volunteers.





## Group Discussion ( March 1, 2023 )

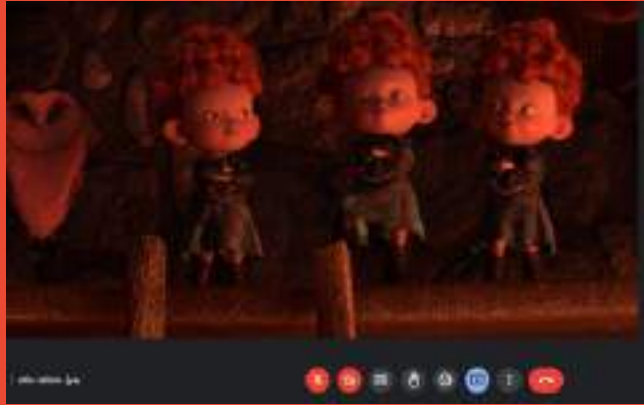
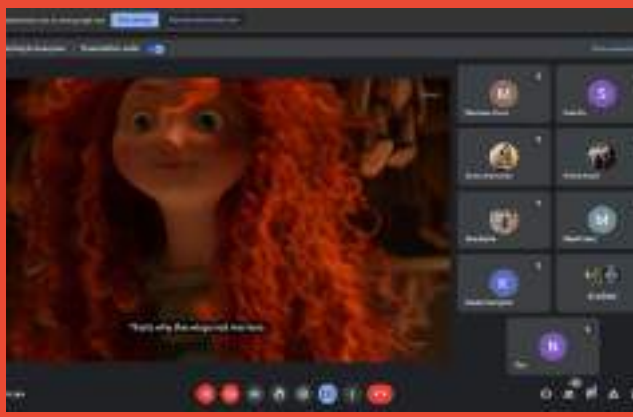
The activity reported the presence of more than 50 volunteers organised in Arts Quadrilateral of college, where each and every participant contributed with their notions and positive attitude marking the commencement of Women's Day week. Thus, the atmosphere of Art's Quad was full of ardour and zeal. The activity resulted in an auspicious success for the celebration of Women's Day Week.



## Online Fashion Show ( March 5, 2023 )

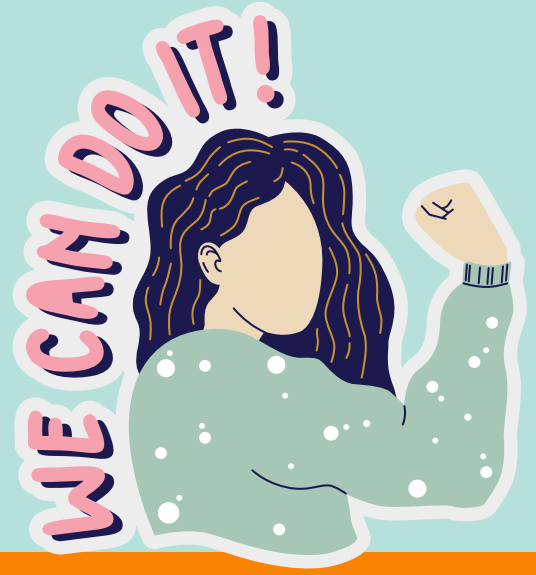
The celebration for the Online Fashion Show was held, where participants were given tasks to dress as someone who inspires them or in something that makes them feel sanguine about their actuality and individuality. The celebration took place on March 5, 2023 via Google Meet application where participants were dressed up as their ideal personality. The picture of the winner was then posted on the Instagram handle of NSS Gargi.





### Movie Screening – 'BRAVE' (March 6, 2023)

In the ongoing week of women's day celebration the idea to add more colours of positivity to the surroundings came into force where the thought to acknowledge the true definition of Brave and spread inspiration amongst the volunteers brought to you by NSS Gargi. NSS Gargi conducted a screening of an animated movie named 'Brave' on March 6, 2023 in the Google Meet. This activity collected a lot of appreciation, gratitude for the organisation of movie screening and positive reactions concluding a heartwarming and wondrous celebration of women's day.



### Reel Activity – 'Burst Your Fear' ( March 7,2023)

To mark the other day of women's day week the reel making activity was conducted via online google forms. The activity was all about writing down their fear as a woman on a balloon and recording oneself while bursting the same balloon marking the end of inner fear as a woman. This capture of bursting one's fear lead many women to feel more heroic than ever before. The conclusion of an activity included tons of inspiration and winners got an esteemed shout out on the Instagram handle of NSS Gargi.







Women are victorious



### Reel Making Activity - 'Share Your Inspiration' (March 7, 2023)

The celebration of Women's Day week reached its end day of celebration in which the final activity was organised across Google forms which received many positive submissions. The task of an activity was to record oneself along with the women who they feel blessed to have in the journey of their life and create an interesting reel making the appearance of your inspiration or the role model.



HAPPY

International

WOMEN'S DAY....



The activities held under the International Women's Day celebration spreaded millions of positive vibes and inspired the volunteers. Thus, how Women's Day celebration came to an end in the diary of NSS Gargi, nevertheless it would always be a step ahead in all matters of spreading love and positivity in all upcoming events.



# ZISTATVA '22



## **BEST OUT OF WASTE COMPETITION**

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Sparking the celebrations for Zistatva'22, NSS Gargi organised a Best Out of Waste Competition on 12 October 2022. Calling for their creative instincts, the competition revolved around the ideology of how the entire potential of waste can also be realised. Putting it to its best use, the participants displayed their artistry and imagination by creating sightly crafts.

## **OPEN MIC COMPETITION FOR NON-TEACHING STAFF**

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NSS Gargi organised an Open Mic Competition for the Non-Teaching Staff on 12 October 2022. Helping hands in running the institution, the Non-Teaching Staff when asked to bring out their hidden talents in the form of words and rhythms, the outcome was thrilling and astonishing. All the pieces presented had their value, making the competition worthwhile.



## BOLLYWOOD DAY



As said, you can separate life from Bollywood but you can't separate Bollywood from our lives. NSS Gargi organised Bollywood Day, giving Gargi a makeover and turning it into the KJo's Student of The Year. A day filled with fun, laughter, dance and crazy ramp walks; Dressing up as iconic characters like Gangubai, Sheela, Munna Bhai, or Anjali from Kuch Kuch Hota hai, everyone slayed it. Being in the best of their feels the college looked nothing less than a multiverse of notable award shows.



Pre Jitters Day 2



## INTER-DEPARTMENTAL RANGOLI COMP FOR TEACHERS

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With the buzz of Diwali in the air, Rangoli making is something that cannot be skipped as a part of the pre-jitters of the celebrations. NSS Gargi in collaboration with Student Council organised an Inter-Departmental Rangoli Competition for Teachers on 14 November 2022 as one of the activities for the 3rd day of the pre-jitters. Asked to put down the brushes and pick up the sprinkling colours, teachers gave out a demonstration of their creative side.

## DIYA PAINTING

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Lighting up beautiful diyas and decorating the surroundings with creative articles is a tradition followed for every occurrence of the festival of Diwali. By organising a Diya Decoration Competition on 14 November 2022, NSS charged the energy of the room. The participants exhibited the best of their skills and the results of this led to having a whole set of beautiful and pleasing-to-eye artefacts.

## RAPID FIRE COMPETITION BY QUIZZITO



Fueling the buzzing excitement for Zistatva, the next event for our pre-jitters was 'Wrong Answers Only', a quiz organised by Quizzito, the Quiz Society of Gargi College where being incorrect was correct. A quiz filled with spontaneity and excitement, when showered with questions, being wrong will make you win and right will make you lose. It was a fun activity that made people laugh, lose their sadness and be silly.

## THEME-SPECIFIC NOTE ( KOREAN HEARTS)



A Korean Hearts Theme-Specific Note deed organised by NSS Gargi on 15 November 2022 as a pre-jitter element for day 4 made the college bloom with love and happiness. Painting their thumbs to make beautiful hearts, the act led to smiles as the students made hearts with their friends, taking it as a cute little memory to cherish.



## FLASH MOB + PERFORMANCE BY SPARX

The atmosphere for Day 5 was lifted by the flash mob held by Sparx, the choreography society of Gargi College, in collaboration with Student Council and NSS. Giving a mesmerising performance, Sparx stole our hearts; the Student Council and the NSS Union members also took up the stage putting their best moves out there, filling the atmosphere with excitement and awe.



NSSA  
Pre Jitters Day 5



**BUSKING BY QUILL****+ QUOTE ON TOTE + RALLY BY AVNI**

Spreading love being the essence of festivals, Quilluminati: The English Creative Writing Society of Gargi College organised a "Busking Event" under Zistatva'22 in collaboration with NSS Gargi and Student Council. Giving the experience of having poetry specially written for you, made the students feel smile and added the sparkle of being loved. Embraced by the power of poetry the event ended with smiles, hugs and the atmosphere filled with affection.



'Quote on Tote' added stars to the event, having your favourite quotes and affirmations painted on a tote bag. Having your own customised tote, with your favourite saying on it was made available to us, stirred up a cheerful and amped aura.



Avni: The Ecology Club of Gargi College, on 18 November 2022, conducted an awareness rally on the college premises. The rally intended to spread awareness regarding how the holiday of Diwali is a time of love and celebration, but it also harms the environment. The goal of the event was to raise awareness about having an eco-friendly and non-cracker Diwali. Celebrate the season of lights by decorating the area with diyas, spreading joy, and refraining from using fireworks.

**THEATRE EXHIBITION**

"All the world's a stage, and all the men and women merely players"

Upstage, The Dramatics Society of Gargi College organised the Theater exhibition in collaboration with NSS and Student Council on 18 October 2022. The exhibition was a great success and it was pleasing and ecstatic to see a large pool of people coming to view the exhibition. Hoping for the visitors to have a good time and to be able to reach their hearts by expressing the value of words "Poetry, music, and love are what we stay alive for", the exhibition came to an end.





19 OCTOBER 2022

# ZISTATVA Main Event

Celebrating Zistatva'22 offline after 3 years, the energy level of every Gargi student was touching the sky. NSS Gargi in collaboration with Student Council celebrated Zistatva: The Annual NGO Exhibition of Gargi College on 19 November 2022, following an entire week of pre-jitters. The day was filled with exhilarating dance, fun games, music, delectable food, and, off course, wonderful tattoos and excellent face paintings.

The hard work and unwavering efforts of the NSS and Student Council team were validated as everybody dressed in their best attires to steal the show, celebrated, enjoyed, and danced their hearts out to the beats. Highlighting the theme 'Krtigya' at all parts along with sending the message of purity at heart, Zistatva'22 built a lot of memories, love, and bonds to be cherished for a lifetime. The event turned out to be a great success and even earned a feature in the esteemed newspaper, The Hindustan Times. Everyone playing their parts, contributed to making Zistatva an unforgettable experience





# Riwaayat

'Riwaayat' taken from an Arabic word 'rawi' meaning 'to bear by memory' encloses the feelings we kept along the journey of NSS Gargi 2022-23. This year provided us with multiple opportunities to live by our motto 'Not Me, But You'; spreading smiles, faith and hope with all its essence.

The ceremony hosted esteemed guest speakers such as Dr. Kiran Bedi, Ma'am, and Maj. Gen. Yashpal Singh Mor, Sir. The virtues and ideals conveyed by them will stay within our minds and souls. The delightful performances featuring Harsh Sharma and Soloman, eternalized this occasion with the magic of music.

Along with celebrating the togetherness, gratitude and thankfulness was expressed towards the teachers, union, team members and every volunteer that tried and were successful in making this year a great success.

Everyone said goodbye to the 2022-23 session with smiles on their faces and tears in their eyes, with the promise to always stay close to our morals and look forward to a more fruitful year.





# CAMP AIGNS



**NSS**

10 August 2022



# Tiranga Yatra

## North Campus

NSS Gargi participated in the "Tiranga March" event with the vision to uphold the spirit of solidarity and loyalty towards the nation. The event witnessed overwhelming participation in large numbers in the north campus, and the National flag was hoisted with utmost zest, fervour, and passion.

Through this enthusiastic event, the volunteers honoured the struggles of the brave hearts in freeing the Indian nation from the shackles of oppression. The atmosphere was charged with the everlasting feeling of pride and glory in being an Indian and was the ideal beginning to Independence Day celebrations.





12- 15 August 2022

# Azadi Ka Amrit Mahotsav

12 August 2022



## Tiranga Yatra

NSS Gargi organised "Tiranga Yatra" on 12th of August under the "Azadi Ka Amrit Mahotsav" campaign introduced by the government of India to celebrate the nation's independence.

Volunteers were requested to gather around the specified venue by the given time and were urged to carry the Indian flag with them under the theme 'Har Ghar Tiranga'. Total of 20 volunteers took part in the yatra making it a success.



## Patriotic Song/ Poem Competition

Patriotic Song/ Poem Competition

Under the initiative "Azadi Ka Amrit Mahotsav" NSS Gargi organised a patriotic song/poem competition on the 12th of August. This activity which took place in the college itself provided the volunteers with an enthralling opportunity to celebrate the spirit of patriotism through the art of music and poetry. Cash prizes of up to 2500 were to be given as rewards to the best performers. Amazing 9 entries were received.



## Homemade Badge Making

Under the "Azadi Ka Amrit Mahotsav" initiative by the government, NSS Gargi organised a handmade badge making competition. Volunteers enthusiastically took part in the competition and came up with splendid designs for the badge. Total of 18 entries were submitted.

14 August 2022

## Video Making Activity

On the occasion of "Azadi Ka Amrit Mahotsav" NSS Gargi hosted an amazing activity, for the volunteers to interact with people around them and know their views on freedom and freedom struggle.

A video making activity was organised, revolving around the theme of an interview, the volunteers were to ask the common public around them about "Azadi Ka Amrit Mahotsav" and their thoughts on the freedom struggle as well as capture it through photos and video. A total of 6 entries were submitted.



## Article Writing

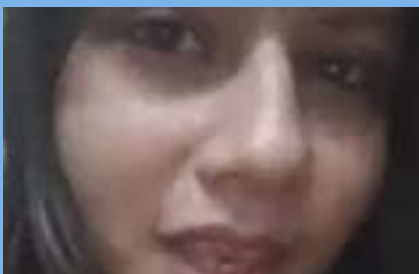
On the auspicious occasion of 75th Independence day celebration, in accordance with "Azadi Ka Amrit Mahotsav", NSS Gargi organised an article writing competition. Volunteers had to write an article on any of the following topics :

1. Unsung Heroes of Freedom Struggle
2. India @2047
3. Do we need another struggle to make India truly free?
4. Women's contribution to independence struggle.
5. Ideas that shaped India's freedom struggle.



## Digital Poster Making

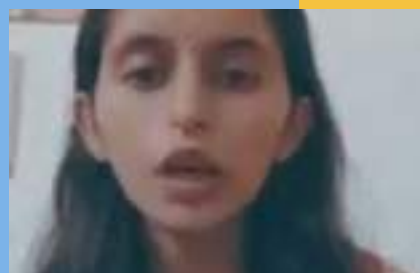
Under the initiative "Azadi Ka Amrit Mahotsav " NSS Gargi organised a Digital Poster Making on the 14th of August. Fantastic designs were submitted by the volunteers, which took place in the online mode. Total of 10 volunteers submitted their entries.



15 August 2022

## Reel Making

To celebrate the independence day with grandeur, various activities were organised under the initiative of "Azadi Ka Amrit Mahotsav". NSS Gargi filled the air with enthusiasm and patriotism and conducted a reel making activity for the volunteers. There was intense competition by the volunteers. A total of 9 entries of exotic reels were submitted.





# WEBINARS



26 September 2022

## Climate Save Movement India

NSS Gargi organised a webinar highlighting the climate crisis on the 29th of September. This was initiated in collaboration with the Climate Save Movement.

This session aimed to empower the youth and help them realise that while they are the first generation to experience the effects of climate change, loss of biodiversity, and burning ecosystems, they are also the last generation that can do something about it. A total of 77 volunteers enthusiastically interacted during the webinar.



28 September 2022

## Child Sexual Abuse and Prevention

NSS Gargi in collaboration with SAKSHI under Rakshin project organised a webinar on POSCO Act (Protection of Children from Sexual Offences Act, 2012), to raise awareness about child sexual abuse and the ways to prevent it.

The host of the day Dr. Sumbul Dawood is a researcher and an educationist. She holds a Ph.D. degree in Education from Jamia Millia Islamia, New Delhi. Her area of specialization is issues concerning gender equality, women empowerment & education.

The event was incredibly fruitful and interactive as various queries were being raised and satiated accordingly.

10 October 2022

## World Mental Health Day

On the occasion of World Mental Health Day NSS Gargi organised a webinar on mental health & healing. Mental health has started to gain the attention of people in recent times, the webinar was organised with a view of creating a safe space, spreading awareness regarding mental health along with focusing on various ways and courses of action that can be part of the healing process.





# SEMINARS



16 November 2022

## Effective Altruism

"NSS Gargi gratefully hosted a very engaging seminar and introductory event on effective altruism on 16 November 2022. Delighted with the presence of our speaker *Tony Senanayake*, the session was started by getting our volunteers to reflect upon the effective altruism ideology followed up by the discussion of its positive impact on society.

The session intended to impart the core ideas of effective altruism to our participants, i.e. a research field and a practical community that aims to find conclusive and the best ways to be of help to others and put them into practice.

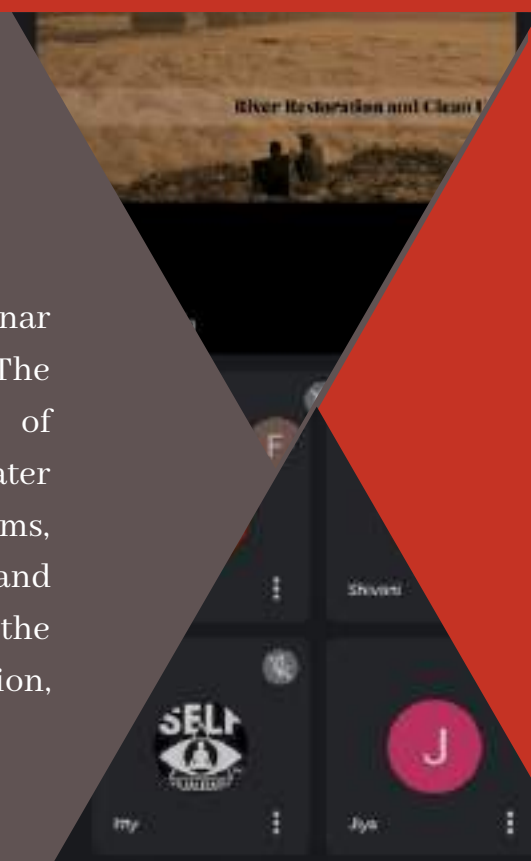
The seminar swiftly ended with an extremely informative and interactive Q&A session with the speaker. The volunteer's enthusiasm was evident through their participation in the Q&A session conducted at the end of the seminar with the speaker.



18 January 2023

## River Restoration and Conservation Webinar

NSS Gargi in collaboration with BHUMI organised a webinar on the issue of River restoration and conservation. The volunteers were educated regarding the importance of conservation of water through techniques such as rain water harvesting, restoration of rivers, building canals and dams, and so on. The event turned out to be an engaging and interactive experience as the attendees were provided the opportunity to ask questions, participate in the discussion, and co-learn.





**22 January 2023**

## **E-Waste Disposal Webinar**

An online webinar was organised by NSS Gargi, in collaboration with the YOUTH FOR SEVA. The session aimed to enlighten the volunteers about the negative consequences of electronic waste upon the environment. Besides, through an enriching presentation and discussion the attendees were made to gain knowledge about the various procedures leading to appropriate disposal of such waste.

SENIOR FELLOWSHIP



Circle 10/10

B

**15 February 2023**

## **Untold Story of a common Army Man**

With the aim of instilling a spirit of patriotism within the volunteers, NSS Gargi organised a speaker session titled 'Untold Story of a common Army Man'. The session took place in the seminar hall, with a large number of enthusiastic volunteers in attendance. The speaker for the event was Colonel G.S Sidhu, a retired army soldier who devoted 38 years of his life to serve his nation. With his enriching stories, interesting anecdotes, and nerve-wracking narration of army struggles, Colonel Sidhu left the volunteers immensely inspired and empowered.



# NGO COLLABORATION



# Family Of Disabled

Family of Disabled (FOD), a registered voluntary organization, has been serving people with disabilities since 1992. FOD aims at building and nurturing the capacities of disabled persons. Their objective is to improve the quality of life of people with disabilities and assist them in becoming self-reliant.

In collaboration with FOD, our volunteers have worked in various domains such as creative writing, social media handling, photography, journalism and so on. NSS Gargi also collaborated with this NGO for the E-Diwali Mela and made efforts to benefit the NGO as much as possible.



# Wishes and Blessings

Established in 2014 with a mission to 'inspire and empower dreams', Wishes and Blessings is a registered NGO that has emerged as a unique platform for helping the underprivileged. We aim to spread blessings and fulfil wishes by linking beneficiaries with donors. They work across the spectrum of society surpassing age and gender barriers on diverse causes including education, health, skill development and relief.

The Squad For Change is a unique initiative for flexible volunteering opportunities based on one's skillset and convenience and it is one of the most important flagship events of wishes and blessings. GSS volunteers worked whole heartedly for this opportunity in the year 2021-22.





# Connecting Dreams Foundation, Gargi Chapter

Connecting Dreams Foundation - Gargi Chapter is a Non Profit Organisation working for the betterment of society and runs various projects to create a change.

## *Project Kilkari :*

The volunteers were completely dedicated towards educating children through this project which was conducted in an online mode during the pandemic. Project Alfaaz: The team was dedicatedly working towards inculcating various soft skills in children which promotes the holistic development of the kids.



# Visionaries

Visionaries is a group of volunteers working in three major Indian cities - Pune, Mumbai, and New Delhi - to provide academic and holistic support to the visually impaired by recording and writing study materials, counselling, escorting, and organising various cultural and socially empowered events in collaboration with other NGOs, all in the hopes of bringing them closer to their goal of mainstream inclusion.

NSS Gargi volunteers participate in all NGO activities, from recording pages for books online in Hindi and English to writing board exams and accompanying them to events.

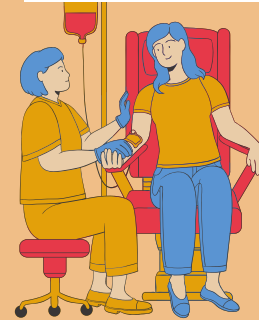


## Advance Healthcare Foundation: Adolescent Club

Advance Healthcare Foundation aims to create awareness about recent medical advancements made in the medical field and discuss the advantages of these advancements.

The organisation has aimed to work on areas like telemedicine, e-healthcare, futuristic medicine and deceased organ transplantation and donation and various training sessions, seminars etc. were organised.

This year AHCF NGO provided immense opportunities to the volunteers by organising events like a career counselling session, awareness about cancer survivor day and many more informative sessions.



## VIDYA JYOTI

Vidya Jyoti is a project meant to aid in the education of kids at government primary schools and make up for the shortage of teachers and mentors. Through this project, NSS Gargi intends to put a step forward in basic primary education for every child. Our volunteers came forward to educate these children and made sure that knowledge finds a way even in these unprecedented times.

NSS and NSS Extended volunteers provided education to these children through online mode from grades 1-5. With the children responding actively and enthusiastically, it proved to be an enriching experience for both sides.

## Asiad Village

Asiad Village runs to assist underprivileged students who are currently enrolled in Government schools. Volunteers work in tandem with the teachers and students to identify the individual needs of every student and teach them accordingly. Some of the NSS and GSS volunteers went to the Asiad Village Community Centre to teach and help students of classes 6th-10th with their exams. They taught subjects like Maths, Science and English. Our volunteers not only taught them, but also helped them cope better with their anxiety so that they were calmer and were able to prepare better.



# Action for Autism

Action for Autism is a national not for profit organization that pioneered the autism movement in India and South Asia. Their motive is to encourage inclusive workplaces and environment.



# Sisters of the People

Sisters Of The People is a NGO-cum-thrift store that sells used clothes, books, home decor and more at bargain prices.



# South Delhi Welfare Association

SDWA is an NGO that works for the betterment of the children by providing them education.



# Youth for Seva

Self-reliant society powered by socially conscious individuals, Mission is to build and facilitate a movement of organised volunteering for societal well - being.





# The VIDYA Foundation

The VIDYA Foundation is a non-profit organization that specializes in the education and empowerment of under privileged children and youth by working with each of them at an individual level.

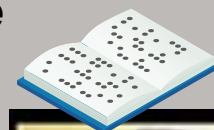


# Lakshyam NGO

Lakshyam is an NGO devoted to the destitute and suppressed communities of India, especially women and children. Since the last eight years, Lakshyam has been working towards child development & women empowerment.

# Rehabilitation Society for the Visually Impaired

The Rehabilitation Society of the Visually Impaired (RSVI) is an NGO based in Lucknow, started by Professor Rakesh Jain. It has been working for the rehabilitation and upliftment of the visually impaired for more than 15 years now.



# Natural's Care India

Natural's Care is a non-profit, non-governmental, development organization, working via partners to promote, educate and involve people in rural and urban areas to achieve a better quality of life.

## Vishalakshi Foundation

The Vishalakshi Foundation is an NGO that works for providing education to children, serving meals and providing them required spaces as well as materials for their healthy life.



**Leonard  
Cheshire  
Disability**



## Cheshire Home

Houses 79 residents that include men, women and children, provides shelter to the physically handicapped, mentally ill, autistic and cerebral palsy and, multi-disabilities patients.

## Positive Gifts

Their mission is to spread Positivity, Inspiration, and Hope through their creative products, gifting ideas, and also through their wonderful movement

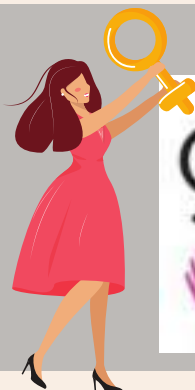


## Chakul Foundation

Founder Chakul Foundation working towards spreading awareness among youth about local Indian languages so that we do not lose them.

## Girl Up Bhilai

Works for women empowerment in social and economic spheres.





# Drives





September 31, 2022

# SWACHHTA PAKHWADA

## PLEDGE TAKING CEREMONY

On the occasion of celebrating the week of "Swachhta Pakhwada", NSS Gargi organised a pledge-taking ceremony to emphasise the need for cleanliness and sanitation as well as hygiene on August 31st. The ceremony took place in an offline environment where 54 volunteers participated in the pledge taking ceremony.



## CLEANLINESS DRIVE

To commemorate the occasion of "Swachhta Pakhwada", a cleanliness drive was organised by the NSS unit of Gargi college. For raising the awareness of cleanliness and hygiene, as well as to advocate the importance of sanitation, a total of 54 volunteers participated in the drive and played a vital role in promoting this aspect in the society.



*September 9, 2022*

## E-waste Donation

For the week of "Swachhta Pakhwada" a new activity was organised by the NSS unit of Gargi college. The third activity of Swachhta Pakhwada named, E-Waste Donation, an offline activity, was conducted from 6th September to 9th September.

The volunteers were asked to drop off their e-waste at NSS room during ECA break From cell phones, cameras, gaming systems, switch boards, laptops, chargers, PC accessories to drives could be donated. The donors had to click a picture of themselves while making the donation. A total of 38 volunteers had submitted.



*September 15, 2022*

## BAG MAKING ACTIVITY

To promote sustainable development and eco-friendly products NSS Gargi conducted an amazing Paper/Jute Bag Making Activity. Volunteers are required to make a bag using Paper/Jute or whatever material that could be reused.

There were no barriers to creativity. The bags are required to be submitted in college on the 15th of September in the ECA Break at NSS Room.

A total of 36 volunteers participated and clicked the picture of the bag.



*September 9, 2022*

## SADBHAVNA DIWAS

With the vision to uphold the spirit of kindness, empathy, and social service, NSS Gargi initiated a donation drive on the 23rd of August. The event was organised as a part of the celebrations for the Sadbhavana Diwas.

This initiative motivated the volunteers to partake in good deeds and ensured that their future decisions and actions would be guided by the values of benevolence, consideration, and compassion. The event was thus a step forward toward the mission to make a difference, and contribute to social change.



*November 16, 2022*

## FOOD DONATION DRIVE



"It's not how much we give, but how much love we put into giving". – Mother Teresa reflected on the idea of creating a world, where helping others and making others smile is the goal rather than measuring the quantity of help. NSS Gargi working on being a helping hand to society conducted a food donation drive near Vinobapuri metro station on 16 November 2022. The NSS Union with great enthusiasm and heartfelt gratitude distributed packets of food within the community.





*January 18, 2023*

# WINTER DONATION DRIVE

Emphasizing the slogan of “Not Me, But You”, NSS Gargi initiated a winter donation drive that gave volunteers the opportunity to share their joys and memories with those in need. The volunteers were encouraged to donate their used things and participate in a charitable experience that would give them immense happiness and joy. Thus, several volunteers contributed to the cause.



# BLOOD DONATION CAMP



"Once a blood donor,  
always a life saver"

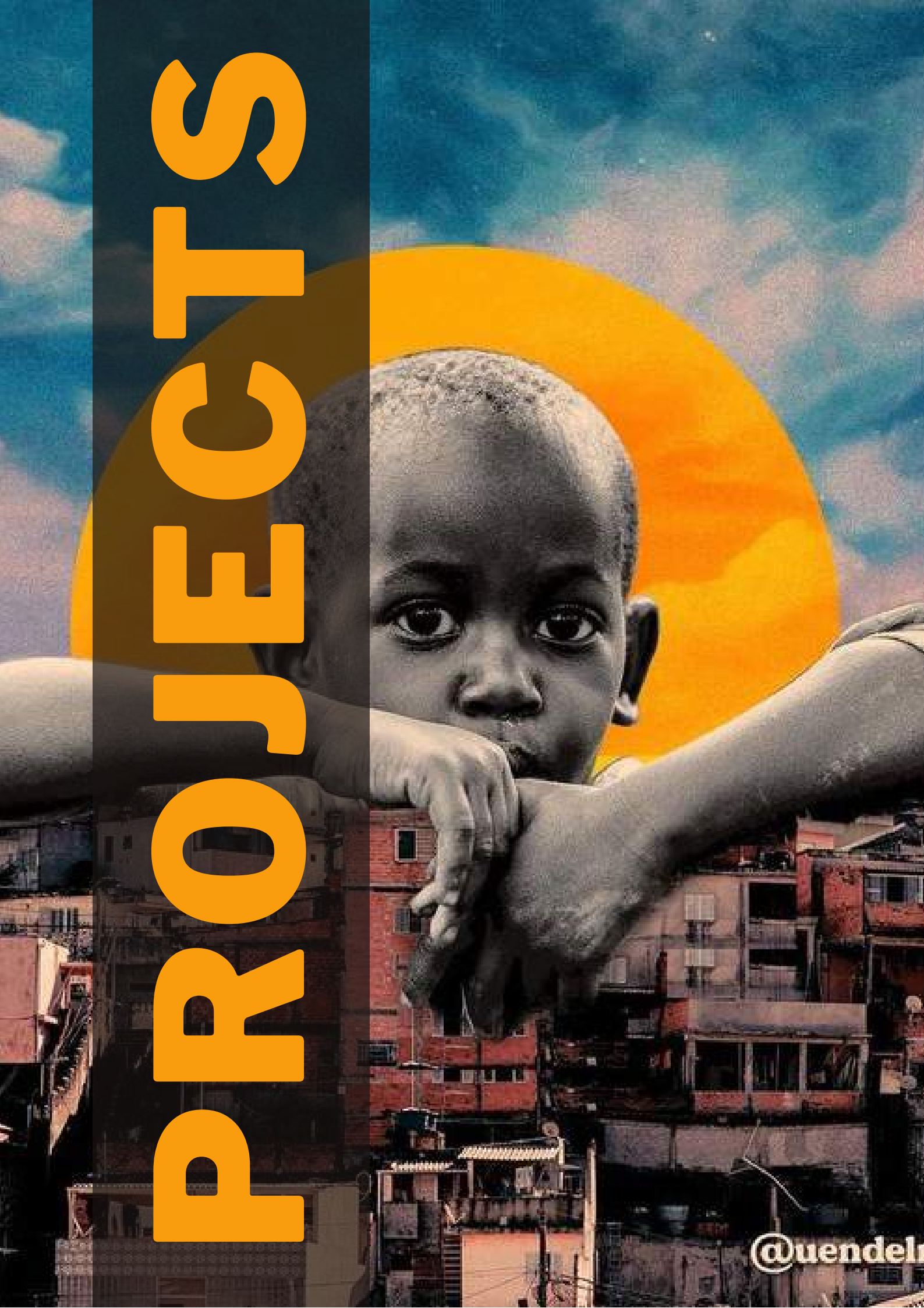
With this positive thought in mind, NSS Gargi X Lok Nayak Hospital organised a blood donation camp on the 20th of April, 2023. The event was held within the college premises from 10 Am to 4 Pm and saw an outpouring of volunteers contributing towards the noble deed.

More than 38,000 blood donations are needed in India daily. With the onset of the pandemic, the blood supply for transfusion was severely undermined, due to the consistent unavailability of blood donors. Blood is essential for helping patients survive cancer treatments, chronic illnesses, and traumatic injuries. Hence, this venture was a positive step towards bridging the gap between the demand for blood and its supply.

The volunteers were given appropriate instructions and tips before the commencement of the procedure, to ensure that their experience as a blood donor would be pleasurable and comfortable. By participating in this honourable venture, the volunteers altruistically contributed towards the service of others.



# PROJECTS



@uendel



# PROJECT HAR GHAR SHIKSHA



With the keenness to learn, education as an asset should be provided and made available to everyone. Keeping the importance of education alive in our hearts, NSS volunteers took the initiative to teach the children of construction site workers in our college premises during the ECA breaks.

This initiative represents the motto of NSS "not me but you" in a heartwarming way and acts as a step to betterment for the upcoming youth of the nation.



# PROJECT AAHAR



Always upholding its motto "Not Me But You", NSS Gargi initiated Project Aahar. To put together the initiative, the teaching staff convened through ECA break to provide food for the undernourished children of the construction site workers, within the college premises. The idea integrated the drive to share joy with helping those in need, highlighting the importance of giving to others.





# PROJECT SASHAKT



The initiative aimed at reducing the stigma surrounding menstrual hygiene, and demystifying many age-old taboos perpetrated within the society. For this purpose, a pad donation drive was organised at the Construction site of Gargi college. Besides, an educational session was held to enlighten women about menstruation, and the ways of maintaining proper hygiene during one's cycle.

The project was surely one step forward in creating a positive social change.



# PROJECT KHAIRIYAT



With the goal of creating a safe space for having conversations about mental health, NSS Gargi initiated Project Khairiyat. The team has always maintained an online presence in the form of a Discord server, creating a space for inclusivity. Various campaigns were conducted throughout the course of the project in the format of flash mobs and free hug rallies.







# Alfaaz-E-Sukoon



Poetry validates the oneness of all humans,  
it reveals and connects us to our deepest feelings.

## WINGS

As the civilisation grows,  
It is touched by many woes,  
But the human race rises above  
And sails to the shore.

The task of eliminating  
The creature  
And their evil doings,  
Is as big as it shows.

But together  
We have,  
We can,  
We will overcome any tornadoes.

As the biggest gift of life  
Is giving joys to one another,  
To be able to carry out  
'Not me, but you'  
In its purest form.

The completeness of life  
Comes from the service  
That you do.  
The satisfaction of giving back  
To the society  
That always helped you glow.

To all wanderers,  
Who often feel lost,  
Realise the purpose of their lives,  
While giving wings to the dreams  
Of those,  
Who think they cannot.

It's a guiding light  
That every being carries alongside,  
As time passes by,  
It's human tendency  
To realise  
That serving people and their mother earth  
Is the ultimate purpose of our lives.

-Srishti Jayswal  
NSS Unit  
1st year

## ANXIETY

It came back again  
To make me completely drained,  
Haunting me like a nightmare  
In the daylight of self care,  
I am waiting for it to disappear  
Into fine thin air,  
My hands are shivering and my  
Head is spinning,  
I can't breathe,  
feels like my heart is pinning,  
It feels so lonely even in a crowded place,  
I just want to runaway into the outer space  
And time is now ticking out.  
Now, all it feels like a complete blackout,  
Nervously biting my lips,  
Like a fingernail against the clip,  
I got it, i can do it, I keep telling myself  
Pretending to be okay and my own self,  
It feels so empty and numb from inside,  
Feeling like a paralysed soul from outside,  
Can it get any worse?  
I am already filled with remorse,  
In search of an ounce of sunshine,  
That can make my heart fine,  
and my soul divine.  
It's a long journey for me to be myself  
again,  
To sustain,  
To regain my peace  
And for all the baggage to cease.

- Aleena Khan  
NSS Unit  
1st year



## REDISCOVERING VALUES

India- a place where everyone once valued relations. We preached brotherhood, whether having a blood relation or not really doesn't matter. 'With time everything changes' was once a phrase perfectly apt for India. We changed from keeping 'others first to ourselves first' everywhere & always. I no longer smell that fragrance of love, that peace, belongingness & care is what I strive for, that instance of seeing others helping an old man crossing a road has now become my far-off dream, I really wonder when will I see those old values rediscovered again.

When do our values become a hollow circle? With us giving importance and living life so materialistically all for ourselves, there exists a world full of values within ourselves. It's just that we need to get back to our roots and unveil them again.

With values rediscovering again, we not only rediscover love, peace, & care for others, rather, our real purpose of living for others, making India a better place to live, would also unveil, giving wings to the growth of our country and a vision to our lives. This is what we are actually here for. Everything else is just our superstition.

*-Diksha Chawla  
NSS Unit  
3rd Year*

## MENSTRUATION TABOO

We all know that menstruation is a natural process but it has been surrounded by taboos and myths that exclude women from many aspects of socio-cultural life. Such taboos impacts on girls and women emotional state not only physically but also psychologically. Culturally in many parts of India, menstruation is still considered to be dirty and impure. Anshu Gupta, the founder of non- government organisation - she says that it's not a women issue It's a human issue but we have just isolated it, some of us need to come out of this culture of shame and silence.

We have to fight because there is no shame in bleeding, absolutely no shame it's a matter of pride to suffer through intense pain and still keeping oneself firmly. We all must respect and appreciate menstruating folks instead of behaving inappropriately.

A recent study by sanitary tower manufacturers found that 15% of women living in cities still buy their pads wrapped in a brown bag because of the shame associated with menstruation. They hardly ask their family members to buy sanitary pads.

The hope for women is that society will slowly but surely get past the taboo around menstruation and abhorrent practice discriminating against menstruating women.

*- Priyanka Pandey  
NSS Unit  
Graduation Year 2024*

## SILENT STORMS

In the depths of a soul, unseen, yet profound  
Lies a battle fought quietly, without a sound.  
Within the labyrinth of thoughts, a silent war,  
Where mental demons thrive, their power to explore.

Mental health, the tapestry of the mind,

A delicate balance, not easily defined.

A struggle unspoken, yet felt deep within,

A journey of healing that needs to begin.

Within each line, let compassion bloom.

With understanding, we'll chase away the gloom.

The stigma that shrouds those who suffer so,

Shall be shattered by empathy's gentle glow.

Know you're not alone, dear friend, in this fight.

Together we stand, your burdens made light.

In the darkest night, a star still gleams,

A beacon of hope, within your dreams.

And to those who battle with silent despair,

May this poem be a reminder, we genuinely care.

Your pain is valid, your struggles are real.

Seek help, speak out, let your heart heal.

Let us break the chains of stigma and shame.

Let's kindle a compassionate flame.

Mental health awareness, let it be our creed,

A symphony of support, in times of need.

So, let this poem echo in hearts far and wide,

Mental health, an ally we'll never divide.

Together we'll strive, in unison we'll soar,

A testament of resilience, forevermore.

- Anjali Bisht  
NSS Unit  
2nd Year

## BAREFOOTED DREAMS

Two little girls so young, I recall,  
In tattered uniforms and no shoes at all,  
Standing at the bus stop in the morning rain  
With little faith and dreams that remain.

Their hands clutched together,  
They feared losing each other  
In the chaotic crowd moving in a fleet  
Recklessly crushing their muddy bare feet.

Little girls with burdened fate  
Tender shoulders bore the weight  
Of ragged schoolbags and lives of woe,  
Struggling each day to learn and grow.

Their eyes spoke volume of despair,  
Their futures blur, hopes threadbare.  
A childhood so robbed of joy and relief,  
Oh, poverty! You are such a cruel thief.

The bus arrived and they climbed aboard  
Heading off to school, so helpless and ignored  
With their heads hung low in defeat  
Feeling imprisoned in a life so incomplete.

Tear-eyed, I saw them fading away down the street  
And I couldn't shake off the feeling of defeat  
For these little girls were just two  
Of many children who suffer through.

And I wonder what their futures hold,  
Will they ever thrive and their wings unfold,  
Or will the world be so cruel and unjust,  
Cut their wings and lay their dreams to dust?

- Sneha Gupta  
NSS Extended Unit : Arts  
2nd year



## FREEDOM OF WOMEN

What does it really mean to us?

Is it the so called "equality" we are getting in the world,

Or is it having the same liberties that is mentioned in the Constitution?

Well, well, well, different people different views,

I think Freedom is nothing but having the liberty to do everything what one wants to do.

- Akanksha  
NSS extended Arts  
2nd Year

## SOCIAL SERVICE

When you give your time and energy to help others, you can feel a sense of satisfaction and accomplishment. You can also develop new skills and meet new people, which can be valuable in both your personal and professional life.

Social services are a way of giving back to the community and helping those who are in need. It can take many forms, from volunteering at a local food bank to organising a fundraiser for a charity. Social service is important because it helps to build stronger communities and promotes social responsibility. One of the benefits of social services are that it can help to improve the lives of those who are less fortunate. By volunteering at a shelter, for example, you can help to provide food and shelter for those who are homeless. By organising a fundraiser for a charity, you can help to raise money for important causes like medical research or disaster relief.

social issues like poverty, domestic violence, sustainable abuse

Poverty affects millions of people around the world, and social service organisations can help to provide food, clothing, and other resources to those in need.

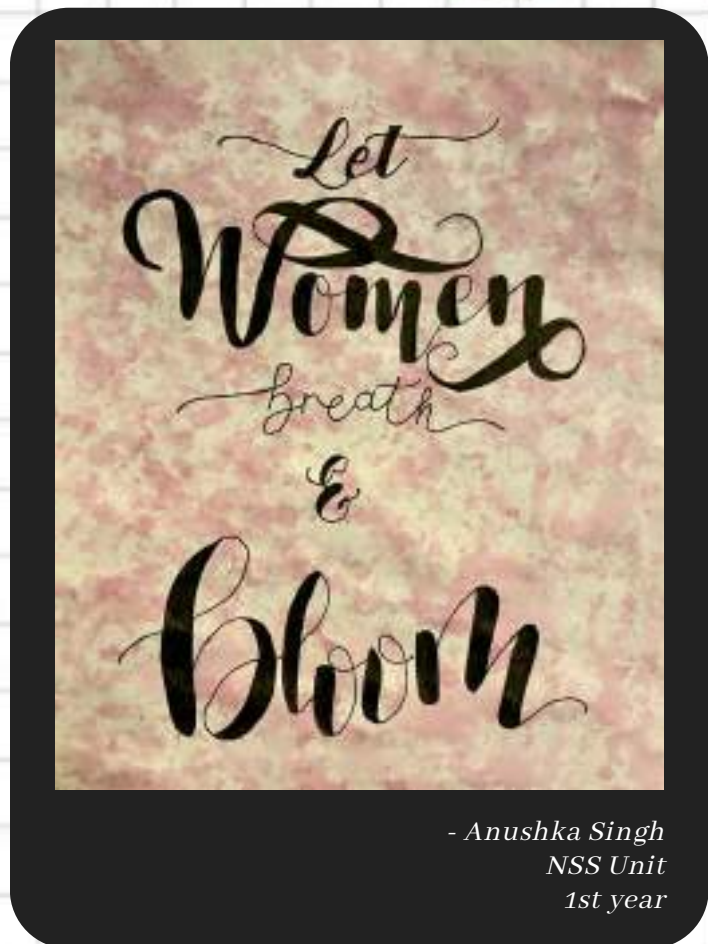
Environmental issues like pollution and climate change affect everyone, and social service organisations can help to raise awareness and promote sustainable practices.

Social services are also important because it helps to build stronger communities. When people come together to work towards a common goal, it can develop a sense of unity and purpose. This can lead to a stronger sense of community and a greater willingness to help others.

Overall, social service is an important way to give back to the community and help those who are in need. They can also provide job training and other support to help people escape poverty. Whether you volunteer your time, feed street animals, or donate money, you can make a difference in the lives of others while also building stronger communities and promoting social responsibility.

- Suhani Yadav  
NSS Extended Unit : Commerce  
3rd year

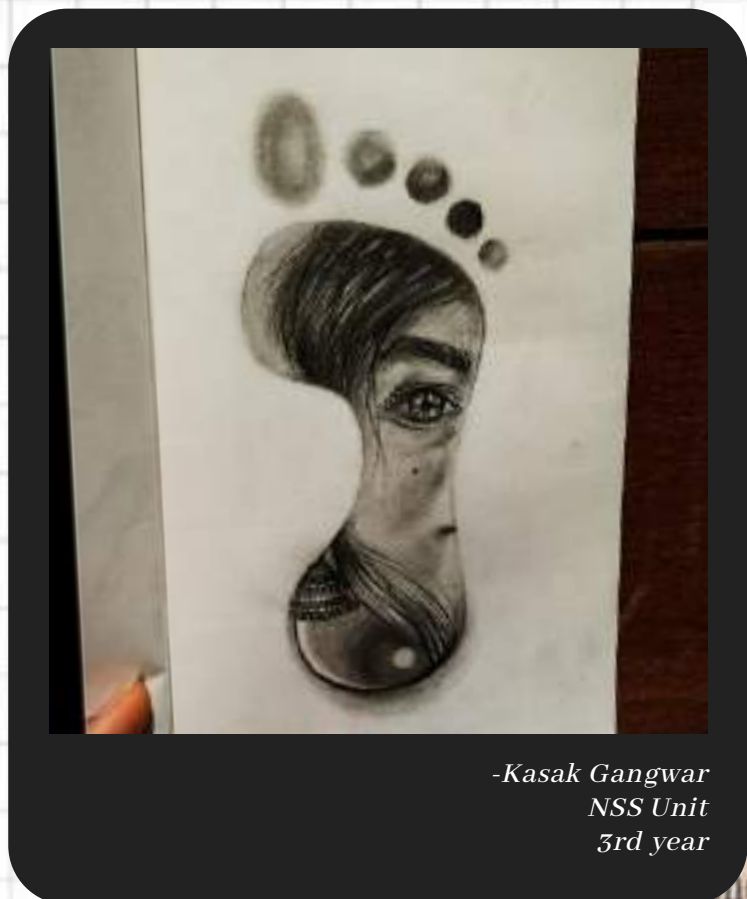
...mais je réussis à me dégriser et  
 l'âme relatif.  
 Du reste, si mon oncle m'avait grondé  
 sait lui-même, en prévision de l'av  
 lieu où mes actes et mes paroles ét  
 indulgence. Milieu plein d'aménité,  
 ises, dans lequel, sans m'en dou  
 d'alliés.  
 Grâce à mon nom, à ma b  
 ontre les convenances me  
 ouairières, qui racontai  
 es grands-parents, m  
 t les faits et g



- Anushka Singh  
 NSS Unit  
 1st year



- Bhargavi Solanki  
 NSS Extended Unit : Art  
 1st year



-Kasak Gangwar  
 NSS Unit  
 3rd year

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# THE SILENT CRISIS: A CALL TO ACTION ON MENTAL HEALTH AWARENESS

In today's fast-paced and interconnected world, it's easy to overlook the silent crisis that affects millions of people worldwide: mental health issues. Despite advancements in various fields, societies continue to grapple with the stigma surrounding mental health, preventing individuals from seeking help and receiving the support they desperately need. It is high time to generate awareness and address this pressing social issue head-on, ensuring that mental health is given the priority and attention it deserves.

Mental health challenges affect people of all ages, genders, and backgrounds. According to the World Health Organisation (WHO), approximately 1 in 4 individuals will experience a mental health disorder at some point in their lives. From anxiety and depression to bipolar disorder and schizophrenia, these conditions have a profound impact on individuals, their families, and society as a whole.

One of the most significant barriers to mental health awareness and support is the persistent stigma and discrimination surrounding mental health issues. Despite progress in reducing societal prejudices, misconceptions, and stereotypes, many individuals still fear judgment and rejection that may arise from discussing their mental health struggles openly. This fear often leads to silence, isolation, and a lack of access to vital resources.

The consequences of neglecting mental health reverberate far beyond the individual. It impacts families, workplaces, and communities at large. Untreated mental health challenges can lead to decreased productivity, strained relationships, and increased healthcare costs. Furthermore, they can contribute to a cycle of poverty, homelessness, and substance abuse, exacerbating social inequalities and marginalisation.

Addressing the mental health crisis requires a multi-faceted approach involving individuals, communities, governments, and healthcare systems. Here are some key steps towards fostering a culture of awareness:

1-Education and Awareness Campaigns: Launching widespread campaigns to educate the public about mental health, emphasising the importance of early intervention, and dispelling myths and stereotypes.

2-Reducing Stigma: Encouraging open conversations about mental health, sharing personal stories of resilience, and emphasising that mental health issues are as valid as physical health conditions.

3-Prioritising Mental Health in Schools and Workplaces: Incorporating mental health education into school curricula and creating supportive environments in workplaces that prioritise employee well-being and provide access to mental health resources.

4-Increasing Access to Mental Health Services: Allocating resources to enhance mental health infrastructure, including counseling services, therapy options, and support networks, particularly in underserved communities.

5-Collaborative Efforts: Encouraging collaboration between governments, non-profit organisations, healthcare providers, and communities to develop comprehensive mental health policies and initiatives.

Raising awareness about mental health issues is not a one-time effort; it requires ongoing commitment and collective action. By eradicating the stigma and discrimination surrounding mental health, we can create a society that values and prioritises mental well-being. Together, we can ensure that individuals facing mental health challenges receive the understanding, support, and resources they deserve, leading to healthier, happier, and more inclusive communities.

- *Nainika Singh*  
*NSS Unit*  
*1st Year*

# LACK OF EDUCATION

Education is the only tool which plays a vital role in building a nation as developed one or more forward. Lack of education is a serious matter to an individual as well as to the community. Therefore, if this situation doesn't prevented or overcome, it may lead to several negative effects.

These negative effects may have a negative impact which causes the economic depreciation of the country. Also hinder the country's growth worldwide.

As we know the importance of education and in this modern era we find many children deprived from their primary education that lead to so many problems. Lack of education has so many effects such as poor health, lack of a voice, a poverty trap, unemployment, exploitation, gender inequality and also more importantly it's harder to raise children.

We come in the category of developing countries, where we have a vast population but resources are very less that are not being provided to each and every small section of our society. If schemes are available there, then there is corruption present in the system so they do not reach the needy and helpless people and this is how they remain in the same situation or deprived of primary education, primary resources, basic needs and so on.

Lack of education leads to an increase in illiteracy rate, lack of education may feel ashamed to interact, people can't make difference between right or wrong of the actions taken.

There are also budgeting issues associated with the education system in order to bring positive changes.

This is how, it is an issue of concern. We must take actions to get rid of this situation. There is also a famous quote...

**" जब पढ़ेगा India, तभी तो आगे बढ़ेगा India"**

Hence we need to educate and aware each & every section of our society that is not able to afford or provide their children with a very costly education. They need little of our support and that will help them grow further automatically.

Government should launch some more schemes effectively for the betterment of our education system so that they (deprived sections) can have at least basic or primary education. That is their right also. Certain techniques should be developed and adopted for the same to introduce some changes to it. So definitely we need some effective measures to be taken.

To solve the issue only the government can't do everything but people also need to be aware enough of the importance of primary education to their children and how badly it can affect their children's life in the future without it. So in order to deal with the lack of education, they should provide for them. They should educate their girl child too for sure in order to make them self-independent in case of any issue in the future.

Other organisations like NGOs and other institutions can also take effective steps by teaching deprived children for their bright future by collaborating with the Government or without it.

This is how we can overcome this problem to some extent and working like this will help us to bring a positive revolution in solving this issue of lack of education.

5-Collaborative Efforts: Encouraging collaboration between governments, non-profit organisations, healthcare providers, and communities to develop comprehensive mental health policies and initiatives.

Raising awareness about mental health issues is not a one-time effort; it requires ongoing commitment and collective action. By eradicating the stigma and discrimination surrounding mental health, we can create a society that values and prioritises mental well-being. Together, we can ensure that individuals facing mental health challenges receive the understanding, support, and resources they deserve, leading to healthier, happier, and more inclusive communities.

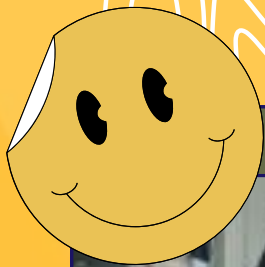
- Deepshikha  
NSS Unit  
3rd Year



# UNION Experiences

*NSS  
Gargi*

UNION  
UNION  
UNION  
UNION  
UNION



MEMORIES  
of 2022-23

*not me, but you*



# Union Experience



## • **Bhumita Yadav | Vice President**

"NSS gargi ek shabd nhi Not me but you ki Awaaz hai"

This line has forever been engraved in me. I 'm so grateful to the people at NSS for giving me this opportunity to provide me with a family in this college where it seriously feels like home. Every member and every volunteer is working endlessly towards a common goal of service to others. We as a team have overcome so many odds and have made this year a huge success. so I extend my heartfelt gratitude to my team members, the teachers and lastly, the volunteers who are the central pillar of support and backbone of NSS Gargi. Every person here deserves appreciation for being an asset to this organization and for the welfare of society. My tenure at NSS feels so short and I cannot express how much this society means to me and the people as well. Project Har Ghar Shiksha is so close to my heart, seeing these little kids learning and having fun with us is what gives us the motivation to do so much more. As this year Savera is released, I urge everyone to go through this wonderful year with us and get to know more about NSS Gargi. I'm gonna miss all the people and the memories we have made together here. NSS Gargi, you have my heart always. Thanks for giving the best people and the best memories here at Gargi.

Love

Bhumita Yadav



## • **Shalini Sharma | General Secretary**

NSS isn't just a society for me or any mere college activity that was suppose to be done within the tenure. NSS has gained and secured a complete different place in my heart. It has become a family that has made a never ending book of sweet, bitter, fun, and adventurous chapters for me. The entire journey of NSS has made me learn an infinite things. New responsibilities turned out to be an important part of my life. NSS Gargi became a routine of my life that I will miss for my entire life. It has added more into my college journal and my personal growth. I have learned not to say NO for new opportunities and responsibilities that knocks the door. Above all, I have gained the satisfaction of serving for the society we live in, for contributing to the tenure.

Love

Shalini Sharma



# Union Experience



- **Srishity Singla | Treasurer**

Still in my processing period, where I couldn't get out from the fact that it's ending soon. My two-year journey in NSS starting off as a volunteer, then getting the opportunity to serve as treasurer has been life changing for me. I can't articulate how much NSS Gargi means to me. My heart is so full from the love and laughter, NSS Gargi added to my boring life. All these days, I've seen NSS Gargi work really hard and grow immensely in every possible way and I can heartily say that I feel proud to be a part of it. Taking a moment to appreciate each and everyone in NSS Gargi. No amount of words will ever be enough to describe how much I'm in love with this place. I guess all I'm trying to say is this is the best gift I'll ever get in my life which I cherish for a lifetime.

<33



- **Vishnupriya Gupta | NGO Coordinator**

If I had to sum up my entire journey in one word, it would be irreplaceable. It was a dream come true to join NSS, from volunteering to becoming an NGO coordinator. Where I gained a lot of knowledge while also pushing myself. I was able to step outside of my comfort zone and try something new. As a result of our collective efforts, we did numerous activities, collaborations, and events. I'll never forget my NSS family, who were always there for me and supported me through all the difficulties I faced. My primary motivation for becoming an NGO coordinator was to support a cause that was made possible by NSS and team.

All the love <3

# Union Experience



## • Sanjana Soni | Event Coordinator

NSS is a whole vibe, an emotion. It has been the best part of my college life. It's the society which provides you the platform to fulfill your purpose of serving the society. It's not only about giving to others, but to enhance your personality side by side. The atmosphere of cooperation and the positive mindset of people around here helps one in holistic development. This society helps you to be empathetic towards society. After all, to make the college life worth memorable, NSS is the place one should go for.



## • Nandini Sharma | HC Commerce

It's really tough to sum up the experience and the emotions I'm holding with NSS Gargi. NSS Gargi is much more than a society, it's a family for me. Everyone here brings so much to the society, to the people out there. Efforts everyone puts in for the welfare of society is commendable. Each day we learn something different from each other. The way everyone respects each other and coordinates is the most amazing thing we see in NSS Gargi. Being a UNION member in NSS is one of the greatest thing that have happened to me. And I'm always grateful for this. NSS union is my survival kit of gargi. I have made a family over here. Love for all.



## • Saumya Solanki | HC Science

I don't think I would ever be able to express what NSS Gargi means to me in mere words. To me, NSS is home, NSS Gargi is a family. Just like Harry found Hogwarts, I found NSS Gargi as my home away from home. I've grown immensely and learned a lot. It has given me the opportunity to work on a variety of projects and I had the chance to observe numerous aspects to social problems that our society is marred with. I am tremendously grateful to each and every member/volunteer of NSS for making this year a successful and memorable one. The people I met here are very supportive and affectionate, and now they have become so close to me that I find it hard to believe that we are approaching the end of our tenure. NSS Gargi has become a core memory that I will cherish forever.



# Union Experience



## • Pooja Ahlawat | HC Arts

Nss is an emotion for me . It is the major core part of my college life. As an NSS union member, my journey was transformative. It was a rollercoaster ride. Engaging in various volunteering activities, I witnessed the power of collective action. From organizing blood donation camps to teaching underprivileged children, every endeavor left an indelible impact on both the community and myself. Collaborating with like-minded individuals and local organizations amplified our efforts, resulting in tangible changes. Overcoming challenges taught me resilience and adaptability. The experience fostered personal growth, enhancing my leadership and communication skills. Being part of the NSS union ignited a passion for social welfare, inspiring me to continue serving and making a difference in the world. Being part of NSS Union is the wonderful experience and memories I will ever get. I never asked for anything better than this from GARGI.

With Love,  
Pooja Ahlawat  
Signing off



## • Itty Garg | PR Head

My experience with NSS Gargi has been one of the most gratifying experiences of my life, not only as a Union Member but as a volunteer also. I still remember the day when I was selected as a volunteer, I was dancing with joy. Organizing and Participating in activities like plantation drives, teaching underprivileged kids, cleanliness drives, blood donation camp etc. have helped me to connect and empathize with the marginalized sections of society. It made me more aware about our societal issues and the urgent need to deal with them. As a person and more importantly as a woman, I was able to battle with thoughts and emotions of internalized misogyny and inferiority complex due to NSS Gargi's agenda of women supporting women, holistic development of volunteers. I owe this organization for the values, confidence, maturity, the nostalgic movements it has provided me. NSS Gargi feels like a family where every member is so supportive, loving and caring. I have rejoiced in every part of this journey. It has become a part of me that no one's ever can steal from me.

# Union Experience



## • Yastika Mishra | Photography Head

As a team, we organized workshops and tutoring programs aimed at enhancing the learning experience of underprivileged children. Witnessing their enthusiasm and eagerness to learn was incredibly rewarding, and it reinforced my belief in the transformative power of education.

My NSS journey was a life-changing experience that allowed me to contribute meaningfully to society while fostering personal growth. It instilled in me a sense of purpose and a commitment to continue working towards building a better world. The memories, lessons, and relationships I gained during this journey will forever remain etched in my heart, serving as a constant reminder of the power of collective action and the difference we can make when we come together with a common purpose.

With Love,  
Yastika Mishra  
Signing off



## • Kasak Gangwar | Creative Head

NSS Gargi holds a special place in my heart. My college journey would have been a soup without salt if I wasn't a part of NSS Gargi. I am immensely grateful to NSS for equipping me with invaluable life skills and nurturing my sense of social responsibility. Beyond the tangible benefits, NSS has also fostered a sense of belonging and camaraderie among its members. The friendships that I have formed with my fellow NSS volunteers are going to be lifelong and have enriched my college experience in ways I cannot express in words. All those laugh and cry sessions together held us right throughout this roller coaster ride and I'll cherish these moments all my life :))

With love,  
Kasak Gangwar aka kakas  
Signing off



NSS Gargi | Inara

# VOLUNTEER EXPERIENCES



*Making a  
difference  
together*

# "Making a difference together"



Well, words will fall short if I attempt to describe my experience here. It was definitely an experience of my lifetime. The time I spent with the core team will always be the best moments of my college life. I am sure, the things I got to learn while I was an official part of NSS team I couldn't have learnt elsewhere. Moreover, NSS motto "NOT ME BUT YOU" did great job to develop my own personality through community service and taught me discipline, team work, hard working and punctuality . I am very thankful to our NSS team who motivated me to join NSS, appreciated me on my every little achievement and inspire me to do new and creative things that will help me to shape my future.

*Priyanka Pandey, NSS DU Unit*



Well , honestly it's really difficult to put my experience in few words.It is replete with lots of learning and joy. The way i used to see this society is completely changed after working as NSS volunteer , this service made me realise how difficult some people life are and how our single step could lead to a dramatic change in our society, even if it just donating your blood or distributing food to needy ones. Truly i feel like NSS is not just a unit but it's a lifelong learning where we learn to share love and embrace people selflessly and understands eachothers pain as if we are one ,irrespective of religion, cast ,gender , community etc...

*Vishakha Bhandari, NSS DU Unit*



NSS Gargi has opened a new world for me. During my time as a volunteer in the National Service Scheme, I had the opportunity to contribute to society and develop my personal character. Throughout my NSS service, I participated in various community projects that addressed specific societal needs. These projects encompassed promoting education, health and hygiene and awareness for the cause. I learned a lot from my seniors who work so passionately for making every event successful, they taught me leadership, teamwork and how every volunteer matters. NSS was more than just a volunteer opportunity; it was a transformative experience.

*Anushka Singh, NSS DU Unit*



It has been such an honour to be a part of this wonderful Social Service Group. I would like to extend my heartfelt gratitude to our NSS Team who handled the events throughout and Being part of this Society really makes me feel proud because we are here to serve other without thinking of our own benefits and this makes us different from other, and I am sure this will help me in future to overcome certain conditions in which I have to give to other without thinking of my own benefit and this might make everyone in this society unique in their own way of serving Nation and leads our Nation in the Right Path of Selfless Service.

*Suhani Yadav, NSS Extended Commerce Unit*





NSS Gargi is a family which nurtures its members to positively contribute to the society. Being a part of NSS Gargi has truly been an exhilarating experience for me. Participating in various events and activities organised by NSS Gargi gave me an unparalleled exultation and satisfaction. NSS has helped me to become a better version of myself. My experiences at NSS will forever be cherished. I wish to carry forward selfless service to the society and serve the society.

*Anjali Bisht, NSS DU Unit*



I think what I got from NSS cannot be put in a few words, I am so grateful for myself that I decided to be an NSS volunteer. The best part of the NSS is that it gives me the opportunity to talk to the different sections of the society (rich, poor, needy, successful ones and many more) NSS is not just the society, I feel like a family in NSS. I have become more confident, optimistic and hopeful about the future. It taught me to live life happily and make others' lives happier. I have gained some very beautiful souls in my life as friends because of NSS. I made a connection with those construction site small kids; they are so sweet. Thank you so much NSS for giving me this beautiful opportunity. #GONSS

*Prerna,  
NSS Extended Commerce Unit*



My journey with NSS has been nothing short of inspiring. Volunteering my time and effort has allowed me to make a difference in the lives of others, even in the smallest ways. The joy and fulfillment I feel when I see the smiles on the faces of those we help is indescribable. It has provided me with a platform to connect with like-minded individuals and work towards a common goal of social change. I am proud to be a part of this family that strives to bring about positive change.

*Shreya Mahajan, NSS DU Unit*



NSS is more than simply a society; it is a place that has reminded me of the moral values that have been sown within me since childhood. Somehow, while growing up in this materialistic world, our values hid beneath us; with NSS, these values have been rediscovered; the passion to work for others and bring about positive change through my actions, as well as making India a better place to live, has been realised here while working with NSS. 'Not me, but you,' is not only the NSS motto; it has become an essential part of my personality.

*Diksha Chawla, NSS DU Unit*



Being a NSS volunteer is an immersive, character-defining and a life-changing experience. Here we are not only selfless in thoughts but our actions as well. In my first year of service, I experienced ecstasy I had never felt before. The smile on the faces of kids lit up my darkest of days and made me realise my duty and responsibility towards mankind. The activities and events gave fuel to fire in my heart to work tirelessly towards the attainment of the ultimate goal i.e. peace and contentment while uplifting the marginalised section of society.

*Srishti Jayswal, NSS DU Unit*

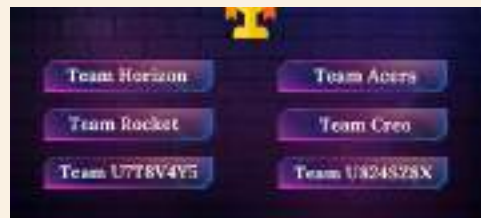
# ACHIEVEMENTS



NSS Gargi  
Secured 1st  
Position at  
"PARIDHAM"  
organized by  
NSS MSC



NSS Gargi  
Secured 1st  
Position at  
"SAMAGAM"  
organized by NSS  
Sri Aurobindo  
College



NSS Gargi was  
among the top 6  
finalists in  
"Quest for  
change"  
organized by  
NSS SSCBS



NSS Gargi  
Secured 1st  
Position at  
"SANGHARSH"  
Organized by  
NSS PGDAV  
College



NSS Gargi  
Secured 3rd  
position at  
"KAIZEN"  
Organized by  
"IIT Delhi"



# Calendar

2022-23



# AUG'22

**10 Aug, 2022**

## Azadi Ka Amrit Mahotsav

- Tiranga Yatra (North Campus)

**12 Aug, 2022**

## Azadi Ka Amrit Mahotsav

- Tiranga Yatra
- Patriotic Song/ Poem Competition
- Handmade Badge Making

**14 Aug, 2022**

## Azadi Ka Amrit Mahotsav

- Video Making Activity
- Article Writing
- Digital Poster Making

**15 Aug, 2022**

## Azadi Ka Amrit Mahotsav

- Independence Day Celebration
- Reel Making

**20 Aug, 2022**

## Sadbhavana Diwas

- Pledge Taking Ceremony

**31 Aug, 2022**

## Swachchhta Pakhwada

- Pledge Taking Ceremony
- Cleanliness Drive

# SEPT'22

**5 Sept, 2022**

## Teacher's Day

- Visit to Ishwar NGO

**9 Sept, 2022**

## Swachchhta Pakhwada

- E waste donation

**15 Sept, 2022**

## Swachchhta Pakhwada

- Bag making activity

**24 Sept, 2022**

## NSS Day

- Inter College Project Presentation

**26 Sept, 2022**

## Climate Save Movement India

- Webinar on Climate Change Activism

**28 Sept, 2022**

## Workshop & Webinar

- Holistic NSS workshop
- Webinar on POCSO Act

**26 Sept, 2022**

## Holistic Life Skills

- NSS Workshop

# OCT'22

**10 Oct, 2022**

## World Mental Health Day

- Webinar on Mental Health & Healing

## Zistatva

- Theme and Date Reveal

**12 Oct, 2022**

## Zistatva

- Best Out Of Waste Competition
- Open Mic Competition For Non Teaching Staff

**13 Oct, 2022**

## Zistatva

- Bollywood Day

**14 Oct, 2022**

## Zistatva

- Inter Departmental Rangoli Comp. for Teachers
- Diya Painting/ Decoration

**15 Oct, 2022**

## Zistatva

- Rapid Fire Competition
- Korean Hearts Note

**17 Oct, 2022**

## Zistatva

- Flash Mob
- Performance by Sparx

**18 Oct, 2022**

## Zistatva

- Busking by Quill
- Quote on Tote
- Rally by Avni

**19 Oct, 2022**

## Zistatva

- Zistatva Main Event

**21 Oct, 2022**

## Holistic Life Skills

- NSS Workshop

**31 Oct, 2022**

## National Unity Day

- Run For Unity

# NOV'22

**5 Nov, 2022**

## Orientation

- NSS Orientation

**9 Nov, 2022**

## Desh Ke Mentor

- Desh Ke Mentor Orientation

**11 Nov, 2022**

## Self Acceptance

- Awareness Workshop by NIB

## Holistic Life Skills

- NSS Workshop

**16 Nov, 2022**

## Effective Altruism

- Seminar





# JAN'23

**12 Jan, 2023**

**National Youth Day**

- Article Writing
- Poster Making
- Poetry Writing

**18 Jan, 2023**

**Donation Drive**

- Winter Donation Drive
- River Restoration & Conservation**
- Webinar with BHUMI

**22 Jan, 2023**

**E Waste Disposal**

- Webinar by YOUTH FOR SEVA With HME Waste Management

**23 & 24 Jan, 2023**

**Republic Day Celebration**

- Military Tattoo & Tribal Dance

**23 Jan, 2023**

**Netaji Jayanti**

- Compose a Poem Competition
- Essay Writing Competition
- Selfie Competition
- Poster Making Competition

**25 Jan, 2023**

**Holistic Life Skills**

- NSS Workshop
- National Voter's Day**
- Pledge Taking Ceremony
- Poster Making Competition
- Essay Writing Competition

**26 Jan, 2023**

**Republic Day Celebration**

- Group Singing
- Reel Making Competition

**27 Jan, 2023**

**National Voter's Day**

- Debate Competition

**30 Jan, 2023**

**Children's Day**

- Activities at NGO

# FEB'23

**3 Feb, 2023**

**National Philatelic Exhibition**

- AMRITPEX'23 DU CHAPTER

**8 Feb, 2023**

**Self Love Week**

- Open Mic/Talent Hunt

**10 Feb, 2023**

**Self Love Week**

- Template activity on Teddy Day

**15 Feb, 2023**

**Untold stories of a Common Army Man**

- Speaker Session

**16 Feb, 2023**

**National Tribal Festival**

- Aadi Mahotsav

**17 Feb, 2023**

**NSS Day Celebration**

- Inter College Street Play Competition

**21 Feb, 2023**

**International Mother Language Day**

- Express in your mother tongue

**24 & 25 Feb, 2023**

**NSS Goodwill Ambassador**

- Noble deeds

# MAR'23

**1 Mar, 2023**

**International Women's Day**

- Group Discussion

**5 Mar, 2023**

**International Women's Day**

- Online Fashion Show

**7 Mar, 2023**

**International Women's Day**

- Movie Screening: BRAVE
- Burst Your Fear: Reel Making
- Reel Making with your inspiration

**15 Mar, 2023**

**Chai Pe Charcha**

- Group Discussion

# APR'23

**10-13 Apr, 2023**

**Project Sashakt**

- Pad Donation Drive

**19 Apr, 2023**

**Project Khairiyat**

- Charity work

**19 Apr, 2023**

**Blood Donation**

- Awareness Rally

**20 Apr, 2023**

**Blood Donation**

- Blood Donation Camp

**28 Apr, 2023**

**Riwaayat**

- NSS Closing Ceremony



**PHOTO**

# **GALLERY**

**2022-2023**

**NSS  
GARGI**







## INDEPENDENCE DAY

## EVENTS



## SADBHAVANA DIWAS



## TEACHER'S DAY



## VISIT TO ISHWAR NGO



## NSS UNION 2022-23









*Visit*



**NSS  
ORIENTATION**

*Moments*



**DESH KE  
MENTORS**



**NAAC VISIT**



**EFFECTIVE  
ALTRUISM**



*Seminars*





Street Play



UNION MEETINGS



PLEDGE TAKING



DEBATE



CHARCHA



Chai pe Charcha





NGO Visitors



HAPPINESS DAY



HAPPINESS DAY



LIFE OF AN ARMY MAN



UNTOLD STORIES OF A COMMON ARMY MAN



Seminars





women



WOMEN'S DAY CELEBRATION



BURST YOUR FEAR



TALENT HUNT



GROUP DISCUSSION



Talent





**PRINCIPAL  
MA'AM**



**BLOOD  
DONATION**



**BLOOD  
DONATION**



**FLASH MOB**



*Not me but You*



**AWARENESS RALLY**





# RIWAAAYAT



→ Closing Ceremony



**EDITOR-IN-CHIEF**



Aarvi

**EDITOR**



Mauli Gaur

**EDITOR**



KS Sreedevi

**DESIGNER**



Tanya Jain

**EDITOR**



Sneha Fartyal

**EDITOR**



Sanya

**DESIGNER**



Sneha Gupta

**TEAM  
SAVERA**

**DESIGNER**



Bharti Hinduja

# Connect with us

NOT  
ME,  
BUT  
YOU



nss\_gargi



NSS Gargi



NSS Gargi



NSS Gargi College



NSS Gargi College