

VOICES अभिव्यक्ति



GARGI COLLEGE
University of Delhi

Theme :

Eudaimonia

सर्वे भवन्तु सुखिनः

A WAY OF LIVING.

Eudaimonia is usually translated as happiness or well-being, but it has some of the same connotations as 'success', since in addition to living well it includes doing well. – Oxford

2022-2023

Gargi College Annual Magazine (2022-23) Theme : Eudaimonia/ सर्वे भवन्तु सुखिनः

Eudaimonia (Eudemonia) is an ancient Greek word that goes one step ahead of the term 'happiness'. 'The ultimate rationale for our jobs, our relationships, and the conduct of our day-to-day lives is in the pursuit of happiness', which may have a shorter life than expected life. The Greek philosophers Plato and Aristotle proposed that the purpose of life went beyond happiness; it was to achieve 'Eudaimonia' a word that could mean fulfillment. The altruistic sarve bhavantu sukhinah, sarve santu niramayah that our ancient philosophers taught us – 'may everyone be happy, healthy, free from disease, and may everyone prosper' – is the universal prayer that cleanses the soul and the mind to lead a stress-free life thus attaining fulfillment. The pandemic created a situation of crisis in the physical, social, psychological, and economic well-being of our life. We are still struggling to adjust to the new norm after a stressful situation of having fought and overcome. These philosophical teachings inspired us to grapple with the situation and come out stronger. The struggle was different for each of us and its experiences began to narrate in myriads of ways. With this broad rubric in mind, the theme of the 2022-23 edition of the College Magazine is titled Eudaimonia/Sarve bhavantu sukhinah. It plans to showcase our creativity that explores our efforts, sometimes unusual, that made our life less stressful in difficult times. The aim is to produce/compile a corpus of writings on good virtues that went on to make people surmount the post-pandemic scenario.

यूडेमोनिया एक प्राचीन ग्रीक शब्द है जो 'खुशी' शब्द से एक कदम आगे जाता है। हमारी नौकरियों, हमारे रिश्तों और हमारे दैनिक जीवन के आचरण के लिए अंतिम तर्क खुशी की खोज में है, जो कि अपेक्षित जीवन से छोटा जीवन हो सकता है। ग्रीक दार्शनिक प्लेटो और अरस्तू ने प्रस्ताव दिया कि जीवन का उद्देश्य खुशी से परे है; यह 'यूडेमोनिया' शब्द को प्राप्त करना था जिसका अर्थ पूर्णता हो सकता है। 'सर्वे भवन्तु सुखिनः, सर्वे सन्तु निरामयः' जो हमारे प्राचीन दार्शनिकों ने हमें सिखाया था – 'हर कोई खुश, स्वस्थ, रोग मुक्त हो, और हर कोई समृद्ध हो' – वह सार्वभौमिक प्रार्थना है जो आत्मा और मन को तनाव मुक्त जीवन जीने के लिए शुद्ध करती है और इस प्रकार तनाव मुक्त जीवन पूर्णता प्राप्त कर सकता है। महामारी ने हमारे जीवन के भौतिक, सामाजिक, मनोवैज्ञानिक और आर्थिक कल्याण में संकट की स्थिति पैदा कर दी। हम अभी भी संघर्षपूर्ण स्थिति के बाद भी नए मानदंडों के साथ तालमेल बिटाने के लिए संघर्ष कर रहे हैं। इन दार्शनिक शिक्षाओं ने हमें स्थिति से जूझने और मजबूत होकर बाहर आने के लिए प्रेरित किया। संघर्ष हममें से प्रत्येक के लिए अलग था और इसके अनुभव असंख्य तरीकों से वर्णन किया जा सकता है। इस व्यापक रूब्रिक को ध्यान में रखते हुए, कॉलेज मैगजीन के 2022-23 संस्करण का विषय 'यूडेमोनिया / सर्वे भवन्तु सुखिनः' रखा गया है। यह हमारी रचनात्मकता को प्रदर्शित करने की योजना है जो हमारे प्रयासों, कभी-कभी असामान्य, की पड़ताल करेगी जिसने कठिन समय में हमारे जीवन को कम तनावपूर्ण बना दिया। इसका उद्देश्य अच्छे गुणों पर लेखन का एक संग्रह तैयार करना / संकलित करना है जो लोगों को महामारी के बाद के परिदृश्य पर विजय दिलाने में मदद करे।

– Dr. Haseena P V
Assistant Professor
Department of English



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Gargi College Magazine
2022-23

—: Theme :—

Eudaimonia

सर्वे भवन्तु सुखिनः

GARGI COLLEGE
(University of Delhi)

Siri Fort Road, New Delhi-110049

Tel. : +91-11-26494544 • Web. : www.gargicollege.in



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From the Principal's Desk...



It is with the greatest pride that I congratulate the Team of our college magazine in bringing to us the annual compilation of all the illustrious accomplishments that makes our Gargi College a great institution.

From the diverse opportunities that provide a cultural platform for our youngsters to hone their talent and compete nationally to bring home stellar awards, to the rigors of academic excellence won each year through gold medals and more, the sheen of all the glorious achievements keep our flag flying higher as one of the best colleges for holistic education.

The high standards of research by our faculty, the nature of inter-disciplinary education, the encouragement to start publishing as undergraduates goes a long way in developing critical thinking and creative skills. Department Associations leave no stone unturned in bringing the best experts in their fields to enrich and ignite the eager minds, to learn beyond the text book through educational visits and workshops. The magazine showcases the myriad ways the various cultural societies, performing and non-performing, undertake diverse activities and represent Gargi in all its glorious ways across the University and different Institutions of the country.

The voices of Gargi are interwoven into a rich narrative that respects diversity and yet showcases all the colors that bind us together and connects us as one!

I look forward as always to reading the magazine and wish in advance a heartiest congratulations to everyone for their incredible accomplishments.

Wishing you dear students and faculty continued success in all your endeavors.

Prof. (Dr.) Sangeeta Bhatia
Principal (Offg.)

Editorial Note

Welcome to the 2023 edition of Voices, Gargi College's official magazine. This year, our theme is "Eudaimonia," which refers to a state of flourishing or happiness that arises from living a virtuous life and pursuing noble goals. This theme is particularly relevant in today's world, as we grapple with various challenges that threaten our collective well-being.

The Greek term eudaimonia, which is usually translated as "happiness" or "welfare," literally means the state or condition of "good spirit." The word "highest human good," or "eudaimonia," appeared in Aristotle's writings. From ancient Greece to modern times, the concept of eudaimonia continues to be relevant in discussions about well-being and human flourishing, particularly in fields such as positive psychology and philosophy. It emphasizes the importance of cultivating a life of purpose, meaning, and moral integrity in order to achieve a deep sense of happiness and fulfillment. As we enter a new academic year, we are reminded of the importance of striving for personal growth and development, and contributing to the greater good.

The COVID-19 pandemic has disrupted our lives in countless ways, and has highlighted the importance of resilience and adaptability. As we navigate through this crisis, it is crucial to find ways to maintain our physical and mental health, and to remain connected with our loved ones and communities. We had invited contributors to share their experiences of coping with the pandemic, and to reflect on how it has impacted their pursuit of happiness and well-being.

The theme of Eudaimonia also lets us reflect on the broader societal context in which we live. We are confronted with multiple global challenges, such as climate change, inequality, and political polarization. These issues have profound implications for our collective well-being, and require urgent and sustained action. We believe that the arts can play a powerful role in promoting well-being and inspiring positive social change. As a college community, we have a shared responsibility to support and uplift each other in our pursuit of happiness and well-being.

Through Voices, we hope to foster a sense of solidarity and connection, and to showcase the diverse perspectives and experiences of our college community. We are grateful to all the contributors who have shared their insights and experiences for this edition of Voices. We hope that this magazine will inspire and encourage our readers to reflect on their own pursuit of happiness and well-being, and to contribute to a more just and flourishing society.

Warm regards,

The Editorial Team of Voices.

सम्पादकीय

‘खुशियां : जीवन का मूल-मंत्र’

दौड़ते हैं, क्यों?
 खुशियों के लिए।
 आज से मुख मोड़ते हैं, क्यों?
 खुशियों के लिए।
 आखिर ये नादानी करते हैं, क्यों?
 खुशियों के लिए।
 ऐ अनभिज्ञ! संतुष्टि ही उत्तरदाई है,
 खुशियों के लिए।

आज की भाग-दौड़ भरी जिंदगी, किसी भी रूप में रुकने या मंद होने को तैयार नहीं हैं। हम सभी अपने-अपने मनचाहे लक्ष्य के पीछे निरंतर भागे जा रहे हैं। हममें से कई अपनी मंजिलों को मुश्किलों से पार कर पहुँच भी जाते हैं किंतु कुछ अपनी असफलताओं को अपनी ताकत की बजाय तनाव बना लेते हैं। हम अपनी खुशियाँ अपने मन के दायरे में रखते हैं, किंतु ऐसा हमेशा हो आवश्यक नहीं है। तो आवश्यक है, जो मिलता है, जीवन में उसी को उत्कृष्टता तक पहुँचा कर, उसी में खुशियाँ पाना। यदि हमें जीवन पूर्णता के साथ जीना है, तो भौतिक सामग्री को एकत्रित करने की बजाए, आत्मिक आवश्यकताओं की पूर्ति से खुशी होती है।

यूडिमोनिया ‘सद्गुण, उत्कृष्टता और हमारे भीतर सर्वश्रेष्ठ की खोज’ है, अगर हम अपने प्राचीन दार्शनिकों की बात करें— हर कोई खुश, स्वस्थ, रोग मुक्त हो और हर कोई समृद्ध हो— यह सार्वभौमिक प्रार्थना ही यूडिमोनिया है जो आत्मा और मन को तनाव मुक्त जीवन जीने के लिए शुद्ध करती है। महामारी ने हमारे जीवन के भौतिक, सामाजिक, मनोवैज्ञानिक और आर्थिक कल्याण में संकट की स्थिति पैदा कर दी। संघर्ष करने और उस पर काबू पाने की तनावपूर्ण स्थिति के बाद भी हम नए मानदंडों के साथ तालमेल बिठाने के लिए संघर्ष कर रहे हैं। इन दार्शनिक शिक्षकों ने हमें स्थिति से जूझने और मजबूत होकर बाहर आने के लिए प्रेरित किया। एक इंसान की मनोवृत्ति ही यही होती जा रही है, कि केवल अपना भला सोचना और दूसरों की खुशियों को देख ईर्ष्या करना। इससे वह एक-दूसरों की खुशियों को देख अधिक की ‘ललक’ से होड़ में लग जाता है, जिससे न वह खुद खुश रह पाता है, न अन्य किसी को खुश रहने देता है।

दुनिया भर में पिछले दस साल से ‘वर्ल्ड हैप्पीनेस रिपोर्ट’ के जरिए हमें यह सूचना मिलती आ रही है, कि किस देश में, कितने लोग खुशियों के साथ जीवन यापन कर रहे हैं जिसमें फिनलैंड लगातार छह: बार पहला स्थान प्राप्त कर रहा है, जिसके प्रमुख कारणों में परोपकार व आत्म-संतुष्टि है। अतः यदि हम खुशियाँ चाहते हैं, तो हमें परोपकार व आत्म-संतुष्टि करना ही होगा, तभी सच्चे मायने में हम अपने जीवन को जी सकेंगे और वैश्विक खुशहाली रिपोर्ट 2023 के अनुसार, 126 वें स्थान से ऊपर उठ सकेंगे। जीवन जीने का मूल मंत्र ही खुशियाँ देना और लेना है। यदि हम खुशियों की सीमा अपने तक ही रखेंगे तो हमारी खुशियाँ कभी विस्तृत नहीं हो सकेंगी, इसलिए परोपकार कर खुशियाँ बाँटना ही चाहिए, ताकि रेगिस्तान जैसे जीवन को हम सदाबहार वन जैसा बना सकें।

— छात्र संपादकीय बोर्ड
 वॉइस अभिव्यक्ति 2022-2023

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Prof. Aparajita Mohanty & Dr. Anita Bhatt



Delhi University
Centenary Celebration
at
Gargi College



INTERNATIONAL CONFERENCE ON WELLBEING 2023



International Multidimensional Conference on “Revisiting Wellbeing: Perspectives, Challenges, and the Road Ahead”

Organizing Secretary: Dr. Geeta Sidharth
Convenors: Dr. Geeta & Dr. Varun Bhandari

The University of Delhi has completed hundred illustrious years since its foundation in 1922. To mark its centenary celebrations, Gargi College organized a two-day conference on, 'Revisiting Wellbeing: Perspectives, Challenges, and the Road Ahead' on the 1st and 2nd February 2023, sponsored by ICSSR. The conference aimed at bringing into light the elements of wellbeing on all the fronts – physical, mental, emotional and most importantly, spiritual.

The inaugural session of the Conference was graced by several distinguished dignitaries including **Prof. Sri Prakash Singh**, Director, South Campus, University of Delhi; **Prof. Amit K. Singh**, Chairperson, Governing Body, Gargi College, University of Delhi; **Prof. Ajay Kumar Singh**, Head & Dean, Faculty of Commerce and Business,



Lamp lighting ceremony



Welcome address by Dr. Geeta Sidharth

University of Delhi and **Prof. Ananya Ghosh**, Treasurer, Governing Body, Gargi College, University of Delhi. It commenced with the customary lighting of the lamp by the guests and a prayer song by the students of Samranjini, the Indian music society of Gargi College.

During the welcome address, the Principal of Gargi College, **Prof. Sangeeta Bhatia**, highlighted the institution's distinctiveness towards achieving holistic education by announcing the opening of a Centre of Wellbeing in the campus. **Prof. Yogesh**

Singh, Vice Chancellor, University of Delhi could not join the event physically because of some pressing commitment, and hence, sent a video message, congratulating the Gargi fraternity for being the first in the university to have established such a centre. The principal invited the guests to inaugurate it virtually.

Prof. Amit Kumar Singh discussed how in the post-pandemic world, mental health has gained even greater importance. He revealed the data of a study which shows that happier people live longer. **Prof. S.P. Singh**, the Guest of Honor, talked at length about cognitive wellness and went on to discuss the roots, dimensions and usefulness of the same. He left us lingering with the question – Ko Aham (Who am I)? He gave a detailed insight into Indian Classical Literature and discussed the usefulness of several ancient Indian scriptures.



Talk by Prof. S. P. Singh

The keynote address was delivered by **Prof. Ajay Kumar Singh**. He brought forth five introspective questions critical to one's purpose of life and encouraged students to find the answers to the same. He used the metaphor of a city with nine gates to describe the essence of the human body. The vote of thanks was proposed by **Dr. Geeta Sidharth**, the organising secretary of the Conference.

This was followed by two technical sessions, namely, 'Science for Wellbeing: In Spirit and In Practice' and 'Fitness, Mental Wellbeing and Living Meaningfully'. The first

session, 'Science for Wellbeing: In Spirit and In Practice' included a diverse platform of eminent panellists, including **Dr. Faiyaz Ahmed Khudsar**, Scientist, Yamuna Biodiversity Park; **Prof. Rup Lal**, Department of Zoology, University of Delhi, and **Prof. S.K. Trigun**, Department of Zoology; BHU. **Dr. Shashi Tyagi**, former Principal of Gargi College was the moderator of this technical session. **Dr. Faiyaz** emphasized the importance of biological preservation in restoring biodiversity, which promotes the well-being of the ecosystem. **Prof. Rup Lal's** presentation titled "Microbiological sciences for personal and community well-



Felicitation of revered guests

being” shared the importance of microorganisms and their contribution from the individual to a global level. Finally, **Prof. S.K. Trigun** emphasized on the science of Indian culture and happiness.

In the second session, 'Fitness, Mental Wellbeing and Living Meaningfully', **Dr. Manasvini M. Yogi**, Former Dean, Delhi School of Journalism, discussed philosophical considerations around wellbeing from the perspective of Indian and Western theories. She discussed what the seven schools of Indian philosophy recommend for experiencing wellbeing. **Dr. Arvinder J Singh**, Director, Ashoka Centre for Wellbeing, delivered a talk on 'Decoding Wellbeing in University Spaces' and emphasised how with the increase in the number of choices available to young population there is also increase in stress, uncertainty, ambiguity and self-doubt about the choices to be made. **Ms. Ankita Bhambri**, International Tennis Player, shared her personal life experiences as an athlete and gave some tips regarding physical fitness. She stressed on the importance of rituals and routine in achieving physical well-being. Ms. Bhambri emphasised on beginning with physical activities at a slow pace and gradually, increasing the target to achieve success in the same.

Thereafter, four live workshops were held, namely - 'Living with Purpose - Lessons from Cognitive Wellbeing and the Power of Mind' conducted by **Dr. Arvinder J. Singh**, Director, Ashoka Centre for Wellbeing; 'Wellness - In Spirit and Practice', conducted by **Ms. Anuradha Agrawal**, The Gnostic Centre; 'Celebrating Emotional, Mental and Spiritual Wellbeing' conducted by **Ms. Seema Charla**, Science of Spirituality; and 'Alternative Healing to Wellbeing' conducted by **Dr. Poonam Gulia**, Trainer, Art of Living. These workshops helped in the discussion of overall well-being and efficiency under different subgroups to offer practical exposure to the theme.

The second day of the Conference commenced with two insightful talks, chaired by **Dr. Rekha Navneet**, Associate Professor, Gargi College. The first topic 'Equanimity and Well-being: An Inquiry into Indian Tradition' was presented by **Prof. Balaganapathi**, ICCR Chair for Indology, University of West Indies, Jamaica. Through a presentation, he discussed the philosophical aspects of well-being with a mention of Vedic practices. **Dr. Geeta Sidharth**, Associate Professor, Gargi College, presented the second talk on 'Role of Professional Counselling in Fostering Wellbeing in Higher Educational Institutions'. She put stress on the wonders of Patanjali's Yoga Sutra on one's body and mind. Thereafter, two technical sessions were held.

During the panel discussion of the first technical session on 'Re-Envisioning Development: Moving towards a Wellbeing Economy', **Dr. Mukund Rajan**, Chairperson, Ecube Investment Advisors Pvt. Ltd., gave us a comprehensive walkthrough into the concept of ESG. **Mr. Sanjiv Ranjan**, Founder Director, All India Institute of Mind Body Medicine, with the help of an experiential activity, emphasised the necessity of a turnaround for a turnover. He also presented a poem, drawing a beautiful allegory of nature. **Mr. Varun Sahai**, Co-Founder, Dive Analytics Pvt. Ltd., called well-being an 'intrinsic' concept and posed a question - Is the core being taken care of? He reiterated the importance of mental health. In the end, **Prof. Asmita Kabra**, School of Human Ecology, Ambedkar University, the moderator, shared her opinion on the need for an intersectional study to bring the element of welfare into economics. She added that growth cannot be just for the sake of growth and development goes beyond a mindless increase in numbers.

Technical Session 4 (Humanities) was a Panel Discussion titled " The Challenges of Caste, Gender and Disability" with three panelists **Prof. Anita Ghai**, Ambedkar University, Delhi; **Prof. Sukumar**, Dept. of

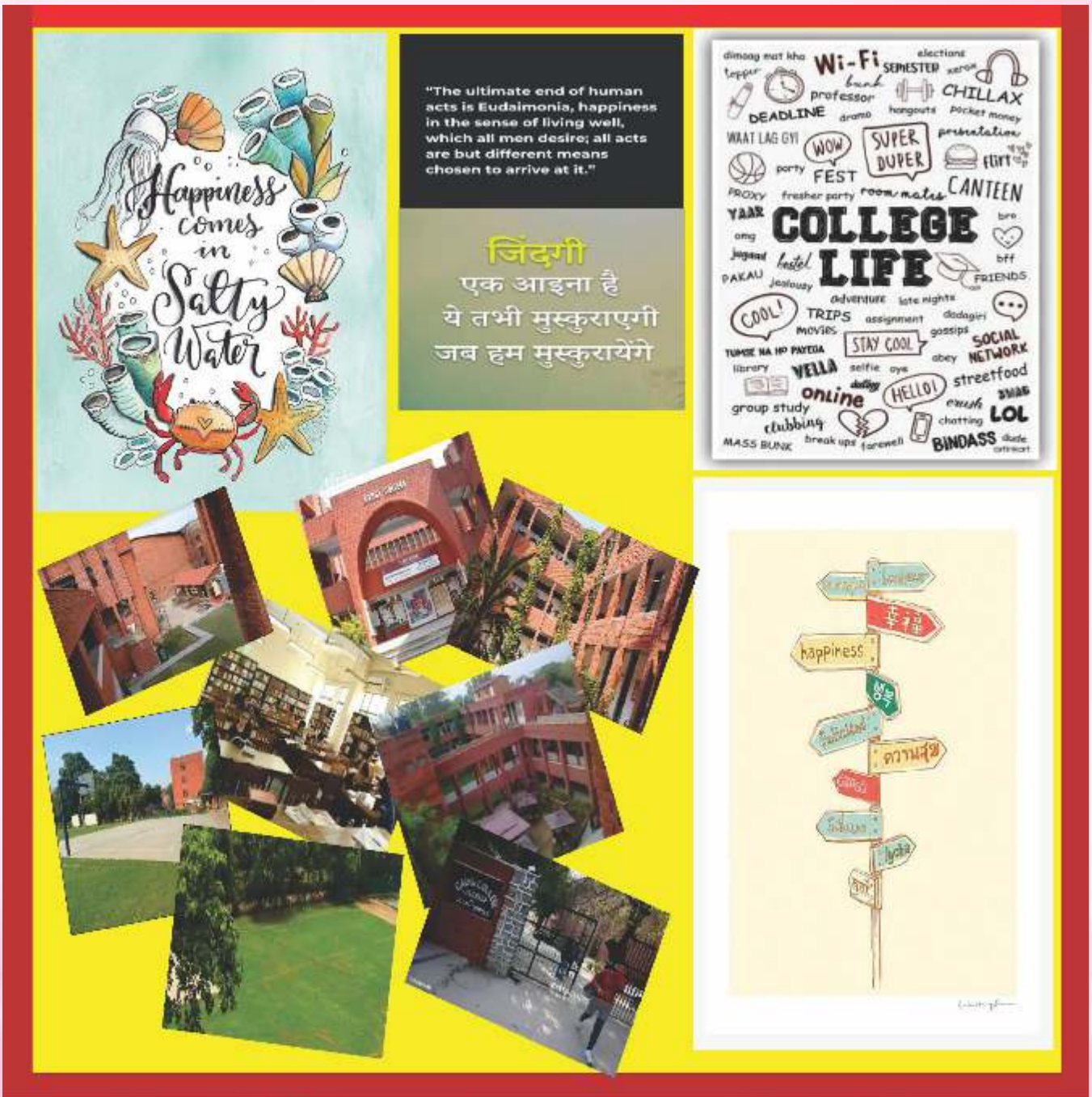


Political Science, University of Delhi and **Prof. Smita Sehgal**, Lady Sri Ram College, University of Delhi. The session was moderated by **Dr. Deeksha Bhardwaj**, Associate Professor, Gargi College, University of Delhi. **Dr. Bhardwaj** questioned the monolithic concept of well-being and emphasized how the social and political mechanisms should be more inclusive. **Prof. Ghai** engaged with the oppression of Disabled Women in their socio-cultural positioning in an essentially patriarchal society. **Prof. Sukumar** primarily focused on the situation of the migrant labourers during the pandemic and ended his talk with an emphasis on the necessity of radical empathy. **Prof. Smita** extensively talked about the "Gendered Understanding of 'Wellbeing' in early Indian textual traditions and how women's well-being was tied to the idea of reproduction.

Thereafter, 56 paper presentations were conducted, 49 offline and 7 online, on a wide array of topics, ranging from technology management to spirituality, from climate change to psychosocial oncology, from financial inclusion to SMEs. Keynote address of the valedictory session was given by **Prof. Namita Ranganathan**, CIE, University of Delhi, on the topic "Construals of Students' Wellbeing in Contemporary Times". Final report presentation of the conference was given by **Prof. Sangeeta Bhatia**, Principal, Gargi College. Conference concluded with the cultural programme and Vote by thanks by the Organizing Secretary.

Picture Memories

All of us behold beautiful memories of college life and experiences, whether long or short. These memories have made a long lasting impact on our minds. This section is a small endeavour to revisit old times and add a little smile and sparkle to our life.



Collage prepared by: Shreya Bhushan, B.Sc. (Hons.) Mathematics, I Year



गार्गी – गीत

लाल ईटों की इमारत ही नहीं,
कालेजों में एक कालेज ही नहीं।
गार्गी है नाम विद्याधाम का,
शारदा के दान का वरदान का,

केन्द्र है यह ज्ञान का विज्ञान का,
साहित्य का वाणिज्य मनोविज्ञान का,
इतिहास राजनीति अर्थशास्त्र का,
गार्गी है नाम विद्याधाम का,

प्रेम से भरपूर एक परिवार है,
साधना अराधना साकार है।
नारी की नवचेतना उत्थान का,
गार्गी है नाम विद्याधाम का।

ज्ञान की ज्योति सदा जलती रहे,
गार्गी का नाम सर्वोपरि रहे,
सत्यम् रहे शिवम् रहे सुन्दर रहे,
शारदा के मान का सम्मान का,
गार्गी है नाम विद्याधाम का।

डॉ० एस० भानुमती
रसायन विभाग
गार्गी कॉलेज

गार्गी गीत/College Anthem

चित्र विवरण: उपरिनिर्दिष्ट गार्गी गीत, Gargi Anthem, डॉ. एस भानुमति द्वारा स्वरचित, स्व स्वरित और निर्देशित, मौलिक गीत है जो 1996 में उन्होंने अपनी 25 वर्षों की शिक्षण सेवा के उपलक्ष में, कॉलेज को समर्पित किया था। गार्गी के इतिहास में यह पहली बार उत्साहवर्धक, परितोष अपने में कॉलेज की गरिमा को समेटे हुए, उस कालखंड में मौजूद संकायों, विषयों और विविधताओं पर आधारित है, जो आज के संदर्भ में अनेकानेक विषयों एवं उपलब्धियों से अलंकृत होकर, उत्तरोत्तर प्रगति पथ पर अग्रसर है।



डॉ. एस भानुमति
रसायन विभाग, गार्गी कॉलेज



The Gargi Anthem being sung by the Gargi Choir on College Day 1996-97

Picture courtesy: Dr. S Bhanumati (superannuated), Department of Chemistry, Gargi College.



Group Photograph of B.Sc. (Hons.) Chemistry I Year, 2002-2003.

Picture courtesy: Dr. Manju Kumari Saroj, Assistant Professor, Department of Chemistry, Gargi College.



Performing mixture analysis in Inorganic Chemistry Lab as a B.Sc. (Hons.) Chemistry III year student, March 2005.



Using Balance while Gravimetry analysis during B.Sc.(Hons.) Chemistry III year, March 2005.

Picture courtesy: Dr. Manju Kumari Saroj, Assistant Professor, Department of Chemistry, Gargi College.



Reverie 2019 graced by legendary actress Sushma Seth

Picture courtesy: Dr. Shivani Tyagi, Assistant Professor, Department of Zoology

Gargi Highlights

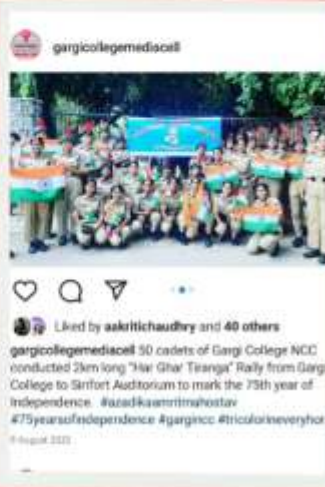




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5- Days BOOK EXHIBITION



**Co-Curricular Societies
and
Department Associations :
Activities and Achievements
2022 - 23**

Events organized by Student Union 2022-23

Republic Day

On 26 January 2023, in honor of the 74th anniversary of the Republic of the country, Gargi College was adorned with the colors saffron, white, and green. The National Cadet Corps (NCC) organized a Republic Day parade, and our cadets happily participated in it as trailblazers. Prof. Sangeeta Bhatia, our Principal, gave a speech to the students and hoisted the national flag and the day continued with cultural activities planned by the students.



Independence Day

As the nation commemorated its 75th year of independence, Gargi College put forth a galleria in celebrating the amalgamation of cultures, ideas, rhythms and galore in the spirit of freedom and love for the nation



and its people. In memory of the grand tryst made with destiny, and to uphold the truth of Azadi, the Student Council along with the faculty and student body marked the occasion in stride with Azadi Ka Amrit Mahotsav.

NAAC Cultural Programme

During the month of September, Gargi College prepared for the visit of the NAAC committee by organizing a series of cultural activities that showcased the college's commitment to excellence. The cultural societies within the college presented a variety of captivating performances, ranging from music to theatre. Meanwhile, non-cultural societies such as the Placement Cell and Enactus demonstrated the institution's commitment to integrity and discipline. The highlight of the visit was an interactive session with the faculty, students, and parents, which provided valuable insights into the college's operations. The visiting committee also appreciated the college's efforts in beautifying, maintaining, and renovating its infrastructure, as well as its environmentally sustainable initiatives.

Teachers' Day

The Teachers' Day celebration during the academic year was a lively and joyous occasion where the Council aimed to acknowledge the valuable contributions of the esteemed faculty. Cultural performances added to the festive atmosphere, and



the teachers participated in games and enjoyed snacks. The celebration was dynamic and lively, with professors engaging in competitive games, enjoying music, posing for pictures. It was a day filled with smiles and merriment.

Freshers' Orientation

The Orientation day was a day of nervousness and excitement for the newcomers. The event began with a welcome speech from the respected Principal, Prof. Sangeeta Bhatia, who introduced the institution and wished the students well for their new journey. The orientation included information about college rules and regulations, the basic structure, and an introduction to various



departments. Following the general orientation, departmental orientations were held to introduce the students to their teachers and seniors. There were also VAC and SEC orientations to provide information about the new subjects they would be studying. The event concluded with a vote of thanks from the Student Council President, Ms. Aditi Singh. Societies within the college also contributed to the orientation by performing and conducting activities to acquaint the freshers with their work and what they have in store for them.



Freshers' Welcome

The freshers at Gargi College had an energetic start to their college years with the "Star Fresher's" event, which had the theme of Euphoria. The event featured captivating performances by various societies, including a soulful rendition by Euphony, a graceful performance by Nazaakat, and an invigorating



performance by Enliven. The atmosphere was playful and competitive as the freshers engaged in games, with winners receiving exciting prizes. The freshers also participated in talent hunts and Question and Answer rounds while gracefully walking down the ramp to win the title of Star Fresher. The event concluded with a mesmerizing performance by a band composed of the freshers themselves, igniting their college journey with electrifying energy.

Zistatva: Annual Diwali Mela

Zistatva'22 was a celebration of art, artists, artifacts, and fun that aimed to spread joy and hope to those who need it. The excitement for the event started a week before, with everyone dressed up as Bollywood characters, writing poetry for strangers, and enjoying exhibitions and flash mobs. The Diwali Mela, a joint effort of the Student Council and NSS Gargi, encouraged service amidst the celebration. Various



NGOs set up stalls offering games, handmade diyas and artifacts, and delicious treats. The inaugural ceremony featured vibrant performances, and everyone wore their best traditional attire, creating a colorful and lively atmosphere throughout the college.



Celebrating Sándor Petőfi

On 11 October 2022, Gargi College hosted the Delhi edition of the "Lecture with Music" series, which was titled "Celebrating Petőfi". The event was organized in collaboration with the "Hungarian Visiting Lecturers Network and Poetry Across Cultures, India" and featured the participation of Hungarian artists János Háyp and Tamás Rozs. Additionally, the event also included a dance performance by the students of Nazaakat and Samranjini.



Reverie

Gargi College celebrated another successful year through their yearly cultural festival named Reverie - 2023. The festivities commenced on April 10th with an opening ceremony that featured various performances by the college's students. Padmashri Dr. Geeta Chandran, the event's chief guest, was also present to grace the occasion. The Nizami Bhandus then put on an astounding performance. Later on, the Indian and western Dance Societies,



choreography society as well as the Hindi creative writing and street play societies, hosted competitions throughout the day.



Initiatives Taken

The Student Council is actively seeking ways to improve accessibility and convenience for all students at our college. Their commitment to this goal is evident in the various initiatives they have already implemented or plan to implement soon. These initiatives have made a significant difference in students' college experiences.

Here are some of the initiatives taken by the council:

1. **Pad Dispenser:** In September, the council introduced a pad dispenser in the women's washrooms to improve hygiene and convenience.
2. **Canteen Modification:** The council renovated the canteen in January, including repainting the walls and increasing the variety and quality of dishes while lowering prices.
3. **Washroom Reconstruction:** The council undertook a major renovation of the ground floor washroom in February, including replacing the sink and other components to improve sanitation facilities.
4. **Metro Feeder Bus:** The council requested a metro feeder bus for Gargi to provide accessible transportation for students, and also filed a complaint against auto fares which were unfairly high.
5. **Sheet Installation:** To address safety concerns for girl sports teams, the council installed a sheet in the open net space at the back end of the ground.

Co-Curricular Societies

अनुभूति - हिंदी सृजनात्मक लेखन समिति

शिक्षक संयोजक :

डॉ. श्रीनिवास त्यागी

शिक्षिका सह-संयोजका :

डॉ. कृष्णा मीणा

छात्रा संयोजिका :

सुश्री प्रीति सराफ

गार्गी महाविद्यालय में रचनात्मक एवं सृजनात्मक लेखन के माध्यम से अपने विद्यार्थियों की अभिव्यक्ति को निखारने में सक्रिय रूप में अनुभूति अपनी भूमिका निभा रही है। अनुभूति का उद्देश्य भावों की अभिव्यक्ति को एक सार्थक दिशा देना एवं विद्यार्थियों में लेखन, वाचन एवं भाषण कौशल का विकास करना है। इस उद्देश्य के लिए इस अकेडमिक सत्र 2022-23 में अनुभूति ने हिंदी साहित्य परिषद् के साथ मिलकर हिंदी सप्ताह समारोह (15-22 सितंबर 2022) का भव्य आयोजन किया। इस दौरान अनुभूति ने निम्नलिखित कार्यक्रमों का आयोजन किया -

15 सितंबर 2022 को हमने कार्यक्रम का उद्घाटन प्रो. नरेंद्र मिश्र जी और अपनी प्राचार्या प्रो. संगीता भाटिया मैम के करकमलों से करवाया, इस दौरान विभाग के सभी शिक्षक-शिक्षिकाएं भी उपस्थित रहे। हिन्दी सप्ताह समारोह के प्रथम दिन 'स्वरचित काव्य-पाठ प्रतियोगिता' का आयोजन किया, जिसमें दिल्ली विश्वविद्यालय के अनेक महाविद्यालय के कुल 48 छात्र-छात्राओं में अपनी स्वरचित कविताओं को सुनाया। इस प्रतियोगिता में प्रथम पुरस्कार - विपिन कुमार मिश्र, दयाल सिंह कॉलेज; द्वितीय पुरस्कार - गरिमा शर्मा, कालिंदी कॉलेज तथा तृतीय पुरस्कार - तेजस शुक्ला, मोतीलाल नेहरू कॉलेज एवं राजेन्द्र पटेल, मोतीलाल नेहरू कॉलेज को संयुक्त रूप से मिला। इस प्रतियोगिता में तीन सांत्वना पुरस्कार भी प्रदान किए गए। इस प्रतियोगिता में निर्णायक की भूमिका प्रो. नरेंद्र मिश्र जी एवं डॉ. मीना जी ने निभाई।



अनुभूति - हिन्दी सृजनात्मक लेखन समिति
सत्र 2022-2023

हिन्दी सप्ताह समारोह के दूसरे दिन 16 सितंबर 2022 को हमने 'चित्र देखकर सृजनात्मक लेखन प्रतियोगिता' का आयोजन किया, जिसमें दिल्ली विश्वविद्यालय के अनेक महाविद्यालय के कुल 39 छात्र-छात्राओं में अपनी सहभागिता की। इस प्रतियोगिता में प्रथम पुरस्कार – भव्या गुप्ता, गार्गी कॉलेज; द्वितीय पुरस्कार – श्रेया सिंह, मोतीलाल नेहरू कॉलेज तथा तृतीय पुरस्कार – मोनाली कुमारी, गार्गी कॉलेज को मिला। इस प्रतियोगिता में निर्णायक की भूमिका डॉ. वीणा शर्मा, डॉ. संतोष कुमार भारद्वाज एवं डॉ. सुनील कुमार वर्मा तथा डॉ. विनीता भट्ट ने निभाई।

हिन्दी सप्ताह समारोह के तीसरे दिन 17 सितंबर 2022 को 'साहित्यिक प्रश्नोत्तरी प्रतियोगिता' का आयोजन किया, जिसमें दिल्ली विश्वविद्यालय के अनेक महाविद्यालय के लगभग 80-85 छात्र-छात्राओं में अपनी सहभागिता की। इस प्रतियोगिता में प्रथम पुरस्कार – नंदिनी गिरी, हिन्दू कॉलेज; द्वितीय पुरस्कार – संजना सोनी, गार्गी कॉलेज को मिला। इस प्रतियोगिता में निर्णायक की भूमिका डॉ. अनीता यादव एवं डॉ. कृष्णा मीणा ने निभाई।

हिन्दी सप्ताह समारोह के चतुर्थ कार्यक्रम का आयोजन 19 सितंबर 2022 को हुआ, इस दिन शिक्षकों का काव्य-पाठ हुआ, जिसमें कॉलेज के कई शिक्षक-शिक्षिकाओं ने अपनी-अपनी कविताएं सुनाकर सबको भाव-विभोर और रससिक्त कर दिया।

हिन्दी सप्ताह समारोह के पंचम कार्यक्रम का आयोजन 20 सितंबर 2022 को होना था, किसी कारणवश इसे आगे आयोजित किया गया, जिसमें गार्गी कॉलेज के शिक्षणोत्तर कर्मचारियों के लिए हमने एक निबंध लेखन प्रतियोगिता का आयोजन कराया। इस निबंध प्रतियोगिता का विषय "कार्यालयों में हिन्दी प्रयोग के समय आने वाली चुनौतियाँ और समाधान" दिया गया। इस प्रतियोगिता में गार्गी कॉलेज के लगभग नौ-दस प्रतिभागियों ने भाग लिया। इस प्रतियोगिता का प्रथम पुरस्कार श्री महेश प्रसाद जी को प्राप्त हुआ।

हिन्दी सप्ताह समारोह के छठवें कार्यक्रम का आयोजन 21 सितंबर 2022 को हुआ। इस दिन हमने 'लघु कथा वाचन प्रतियोगिता' का आयोजन किया, जिसमें दिल्ली विश्वविद्यालय के अनेक महाविद्यालय के अनेक छात्र-छात्राओं में अपनी सहभागिता की। इस प्रतियोगिता में प्रथम पुरस्कार-किरण भारद्वाजदृश्री गुरुनानक देव खालसा कॉलेज को मिला। इस प्रतियोगिता में निर्णायक की भूमिका डॉ. पूनम सिंह, प्रो. स्वाति श्वेता एवं डॉ. सुचित्रा भारती ने निभाई।

हिन्दी सप्ताह समारोह के अंतिम कार्यक्रम के रूप में हमने 22 सितंबर 2022 को कवि सम्मेलन का आयोजन किया। इस कवि सम्मेलन में कई गणमान्य राष्ट्रीय और अंतर्राष्ट्रीय कवियों ने अपने काव्य-पाठ से सभी श्रोताओं को भाव-विभोर कर दिया।

इस अकादमिक सत्र में हमारी समिति के अनेक सदस्यों ने दिल्ली विश्वविद्यालय के विभिन्न कॉलेजों द्वारा आयोजित विभिन्न प्रतियोगिताओं में भाग लेकर कई पुरस्कार भी प्राप्त किए। कुछ पुरस्कार विजेताओं के पुरस्कारों की सूची इस प्रकार है –

भव्या गुप्ता को प्राप्त पुरस्कार –

- 16 सितंबर 2022, गार्गी कॉलेज – हिंदी सप्ताह – रचनात्मक लेखन – प्रथम पुरस्कार
- 02 अक्टूबर 2022, गर्ल्स अप एशिया – नारा लेखन – प्रथम पुरस्कार
- 06 अक्टूबर 2022, कौमुदी – निबंध लेखन – तृतीय पुरस्कार
- 02 नवंबर 2022, अभिव्यांजन – निबंध लेखन – द्वितीय पुरस्कार
- 14 नवंबर 2022, निबंध लेखन – देशबंधु महाविद्यालय – प्रथम पुरस्कार

सोनम यादव को प्राप्त पुरस्कार—

1. तृतीय स्थान – नारा लेखन प्रतियोगिता (4 अक्टूबर 2022) – गार्गी महाविद्यालय
2. स्पेशल मेंशन – साहित्यिक गीत गायन प्रतियोगिता (14 सितंबर 2022) – जीसस एंड मैरी महाविद्यालय।

AVNI - The Eco Club



Aravalli Biodiversity Park

Teacher Convenor:

Dr. Anita Bhatt

Teacher Co-Convenor:

Prof. Vandna Luthra

Student Convenor:

Ms. Ananya Chamola, B.Sc. (Hons.) Botany, III Year

AVNI, the Eco Club of Gargi College is a group that welcomes everyone who desires to care and protect the environment. The primary goal of this society is to unite like-minded individuals, promote environmental consciousness, and establish moral standards for protecting the environment.

Every year, AVNI comes up with new initiatives to advance its objectives. This year too AVNI took several initiatives. It advances through engaging in activities across all imaginable spectrums.

AVNI, with assistance from Koshish NGO, undertook a 2-day Biogas Production Workshop at the college to educate students about solid waste management. The members learned how to operate the biogas plant, functions of different parts, and how it benefits the environment. To mark the occasion of International Day for the Preservation of the Ozone Layer, AVNI conducted the Ozone Buzz Quiz Competition. The main aim of the competition was to educate students



Workshop on Solid Waste Management



Seed Bomb Making

about the ozone layer. AVNI also organised a hands-on activity 'Seed Bomb Making' guided by **Dr. Mudita Mohile**, Department of English, Gargi College. Seed Bombs are made from a mixture of clay, compost, and seeds of *Calendula* and *Nasturtium* and are an innovative and effortless way of planting.



Bird Watching Walk

This year, members of AVNI took a trip to the Aravalli Biodiversity Park to have a first-hand experience of the diversity of organisms and plants in our vicinity. They learnt about different types of vegetation, observed a wide range of plant and animal species, and understood how every species is dependent on each other to survive.

To explore nature through the study of birds, a 'Bird Watching Walk' was organised for the members in the college surroundings. The tour was guided by Delhi-based nature and wildlife enthusiast, **Mr. Abhishek Gulshan**. We tracked the trends and distribution of different species of birds such as Purple sunbird, Rose-ringed Parakeet, Kingfisher and Oriental Magpie-Robin etc.

Two rounds of bird watching were conducted, one of them being recorded under the Campus Bird Count Initiative 2023.

To stir up members' creative abilities, AVNI conducted Pebble Painting on the theme "Our Earth 2030". On the occasion of Diwali, the club conducted an Awareness Rally against the use of firecrackers. After completing Zistatva, The Diwali Fest, it also conducted a Cleanliness Drive in the college premises.

Members of AVNI in collaboration with Kshitij, The Street Play Society of Gargi College started their new year by Planting Trees around their premises. Throughout the year, AVNI conducted many online events such as Reel Making, Tree Hugging and Eco Memes to make people aware of the environmental issues through its social media handles. AVNI also conducted an Open Mic competition. AVNI also brought initiatives to decrease the use of plastic materials in the college with activities like My Cup at Cafe, in which members were required to bring their own cups to have beverages in the college.

Every month, AVNI conducts a discussion session, called Eco Baithak, on various environmental issues. It brings diverse views to the table, resulting in better suggestions and courses of action. The discussions on topics like "the contribution of wildlife tourism in protecting endangered species", "artificial intelligence and the environment", "should everyone turn vegetarian?" etc. were held.

In addition to taking steps for environmental conservation, AVNI aims to conduct a variety of activities so as to give a platform to all its volunteers to showcase their love for nature through their diverse skills.

Centre For Diversity & Inclusion

Izhaar - Gargi's Mental Health Initiative

Teacher Convenor :

Dr. Neera Pant

Teacher Co-Convenors :

Dr. Shyamolima Ghosh Choudhury, Dr. Shweta Chaudhary,
Dr. Indrani Regon, Ms. Soni Jaiswal, Ms. Vibhuti Mehta

Student Convenor :

Ms. Avni Varshney B.A. (Hons.) Applied Psychology, III year

Student Co-Convenor :

Ms. Vaishnavi Bhardwaj B.A. (Hons.) Applied Psychology,
III year



Sharing the stories of the resilient on
World Mental Health Day



Silent March for the freedom from Stigma around Mental Health

organized including a nukkad natak busting the myths surrounding suicide, and an activity where people were requested to share what makes life worth living to spread positivity. In October, World Mental Health Day was celebrated by sharing the stories of those who thrived after facing mental health struggles, meant to initiate conversations about mental health and give hope to those who were struggling. Izhaar also collaborated with the Student Union and the Psychology



Nukkad Natak for Suicide Prevention Awareness

Association to organise a talk with **Dr. Vidhya Nair**. Daan Utsav was the last event of the semester for which clothes and food were collected and donated. The current semester began with the 'time-to-talk' event which emphasised the importance of talking about one's emotions and listening to others. It included a street play and an affirmation activity in which students recited affirmations to themselves through a mirror. Apart from these events, Izhaar also reaches out to the community through its social media handles. As a result of this, there have been various students who have approached us to talk and to ask for psychological help.



Daan Utsav 22 as part of our small acts of Kindness

The White Rose Club

Teacher Convenor :

Dr. Neera Pant

Student Convenor :

Ms. Shraddha Gupta, B.A. (Hons.) Applied Psychology, III year

Student Co-Convenor :

Ms. Trisha Shivdasan, B.A. (Prog.) Political Science & Philosophy, III Year

The White Rose Club is a queer-straight alliance which functions under the Centre for Diversity and Inclusion, Gargi College, University of Delhi. White Rose Club's aims to educate, raise awareness and sensitize people regarding LGBTQIA+ issues through various events and activities to make Gargi College a safe and inclusive space for Queer students. The White Rose Club held a Zine Making Session on 8 June on the theme "Being Queer in College" to help queer students illustrate their experiences through a Zine. The club also started a practice of Pen Pal Letters as a medium for queer students to write letters to their younger queer self. The club also held a Book Discussion on 27 July with Quilluminati, The English Creative Writing Society of Gargi College on "Infinite Variety: A History of Desire in India by Madhavi Menon" where history of desire in the Indian subcontinent was explored. The club also observed Bisexual Awareness Week and set up an informational board on campus. An Anokhi Charcha (a democratic discussion) was held by the club on the topic "Labels and Coming Out" which delved into the importance of accepting and understanding oneself and the varied spectrums of one's identities was also held by the club. The club also observed Aromantic Awareness Week with the help of informational boards that were displayed in the Arts quad of Gargi college.

Enactus Gargi



Project Rachna featuring their new product line with omnichannel integration in Delhi

Teacher Convenor :

Dr. Seema Sharma

Teacher Co-Convenor :

Dr. Niyati Singh

Student Convenor :

Ms. Vatsala Luhariwala, B.A. (Hons.), Economics, III year

Student Co-Convenor :

Ms. Vrinda Bansal, B.A. (Hons.) Business Economics, III year

Enactus Gargi is a member-branch of Enactus, an international non-profit organisation that promotes social entrepreneurship and aims to create a sustainable world by nurturing future leaders.

With over 95 self-motivated undergraduates, Enactus Gargi brings together students, business, and academic leaders to

improve the quality of life for underprivileged communities. Established in 2013, Enactus Gargi runs four projects- Rachna, Aagah, Neev, and Vikas, working to achieve the UN's Sustainable Development Goals through different entrepreneurial models. Our website (enactusgargi.com) provides access to our products PAN-India and enables omnichannel integration.

In the past year, all the teams have made significant progress. Project Rachna collaborated with PAN-Indian communities and supported the lives of underprivileged women and was featured by Earth Day Network India in recognition of their efforts. It also recognized the demand in line with current trends, launched new products like crochet products and sustainable rakhis, and marketed them at colleges and corporates like KPMG.

Project Aagah completed the first batch of its Fellowship Program and was commended by the Hindustan Times for its efforts towards reducing the steep difference between skills taught and skills required in the era of innovation. The Project also continued



Project Aagah featured in the Hindustan Times for their efforts towards bridging the gap between skills taught and skills required.



Project Neev conducting a session on sustainability at KV IIT Delhi.

Project Vikas continued to work towards its aim to spread digital literacy and bring career-building resources to students. It launched its resume service targeted at helping young students at an affordable cost.

to create an impact through Virtual Mental Therapy sessions on various topics.

Project Neev ideated to launch a new product line aiming to create a tri-fold impact-social, environmental, and economical. It also conducted an awareness drive on the importance of the 3 R's at Kendriya Vidyalaya, IIT Delhi which sensitised students to make sustainable choices.



Project Vikas introducing students to their new resume service.

ENLIVEN – The Western Dance Society



Team Enliven

Teacher Convenor:
Mrs. Rima Chauhan

Student Convenor:
Ms. Himanshi Arora, B.Com. (Hons.) III year

Student Co-Convenor:
Ms. Isha Agrawal, B.A. (Prog.) History & Political Science, III Year

Enliven, the Western Dance Society of Gargi College is one of the most eminent dance societies of Delhi Dance Circuit. A 7-8 minute production is put together every year with elements of multiple dance

styles, under the guidance and brilliance of our lead choreographer, **Mr. Dheeraj Soni**. He is a senior faculty at Big Dance Center and professionally trained in House form. Enliven is recognized for its energetic performance and piercing expressions enhanced by meticulous synchronisation. It is often described as the Royal Family of DDC and their well-executed visuals leave the audience enraptured. Whether it be Deedar De or Bhangra, they never fail to amuse the crowd with their jaw-dropping energy and sharp moves. A hip-hop influenced event called ShortCircuit is organised every year by the effort of the current and former members of the team. It gives a massive platform to a mind-



Enliven performing at Christ University, NIFT



Enliven awarded 2nd position at Christ University, NIFT

boggling array of artists and attracts a huge footfall. Enliven has made its mark by grabbing positions in renowned Universities all over Delhi. They recently received first position at SGTB Khalsa and Bhartiya Vidyapeeth while bagging second position at Christ University, NIFT and Shiv Nadar University. They leave no stone unturned and proudly carries a legacy of gruelling practise sessions and win-oriented dedication

Equal Opportunity Cell

Teacher Convenor :

Dr. Sweta Mishra

Student Convenor :

Ms. Nidhi Bhardwaj, B.A. (Hons.) Political Science, III year

Student Co-Convenor :

Ms. Sejal Choudhary, B.A. (Hons.) Political Science, III year

Under the aegis of Azadi ka Amrit Mahostav, Equal Opportunity Cell organised a number of programmes/activities during the



The members of EOC and Enabling unit with the speaker



Participants of Slogan Writing Competition

academic year 2022-23. The first in the series was Intra College Slogan Writing Competition on "Har Ghar Tiranga" theme on 10 August 2022. It saw enthusiastic participation from Gargi students.

It was followed by a talk. The EOC in collaboration with Samrath, the Enabling Unit of Gargi College, organised a talk on the topic "BREAKING BARRIERS - INTERNAL AND EXTERNAL" on 12 October 2022. The distinguished speaker for the talk was **Ms. Sangita Thakur Verma**, who is an independent strategic consultant- communications, Content and media- print and digital media. She is also an alumna of Lady Shri Ram College, University of Delhi. The programme commenced with the lighting of the lamp after which the Guest Speaker, Ms Sangita, shared her inspiring life experiences, the hurdles she went through as a physically challenged child, how she overcame them



The guest speaker addressing the audience

and reached to this position. She motivated the audience to give their best in everything they do and never lose their resilience. The talk proved to be very enriching and insightful. It was followed by a Question and Answer session, in which students asked interesting questions and shared their experiences too. Inspired by ma'am's words, a student wrote and recited a poem for her. The talk was well received both by the faculty and the students.

The EOC organised an Intra College Creative Writing Competition on 31 March 2023 on the topic "Evaluating Amrit kal; have we wiped off every tear from every eye" ? There was zealous and vehement participation from Gargi girls making it an impressively successful event.

The last event of the session was a talk by **Prof. Amita Singh**, former Chairperson, Centre for Law and Governance, JNU, on the topic "Ethics, Morality and Law" on 15 April 2023. Prof Singh in her talk highlighted the intrinsic relationship among the three concepts and further stressed that any break in this inherent interrelation causes distortions not only in their conceptual understanding but also causes strain in social relations, where they are practised. Her perceptive and insightful talk kept the audience spellbound throughout.



Creative Writing Competition in progress

EUPHONY - The Western Music Society



Euphony awarded 1st position at IIT Delhi

Teacher Convenor:

Ms. Nzanmongi Jasmine Patton

Teacher Co-Convenor:

Dr. Vera Yurngamla Kapai

Student Convenor:

Ms. Diya Arora, B.A. (Hons.) English, III year

Student Co-Convenor:

Ms. Nitya Malik, B.A. (Hons.) Applied Psychology, III year

Euphony, the Western Music Society of Gargi College has been a renowned name in the Delhi University Western Music Circuit for

many years, creating a legacy of hardworking and talented individuals. Euphony reached new heights in the year 2022-2023 and successfully maintained its standards of perfection and discipline. The society functioned smoothly owing to efficient communication between the students and ample support from the teachers. Despite the initial unsteadiness of suddenly having to move from an online mode to the offline mode of competing and performing, Euphony found its footing and had a fulfilling session and won laurels at many Delhi-based fests and outstation fests alike.



Euphony performing at IIFT College

The annual piece consisting of classical, jazz, alternative, and pop songs was a hit and secured many key positions in collegiate competitions. In the acapella category, Euphony won 1st position at IIT Delhi, IIFT College, Lady Hardinge Medical College, Deshbandhu College, Aurobindo College, and many more; 2nd position at colleges like Northcap University, Janki Devi Memorial College, etc; 3rd position at IIIT Delhi, Delhi Technological University and IIT Kanpur.

The individual members were also awarded many prizes in the solo singing category. Surabhi



Performing at Deshbandhu College

Sundram won 1st Prize at Delhi Technological University, Lady Hardinge Medical College, Bits Pilani, 2nd prize at Deshbandhu College and IIT Delhi, and 3rd prize in PGDAV college and IIFT. Nitya Malik secured 2nd in Lady Hardinge Medical College, 2nd in IIT Bombay, 2nd in PGDAV, 2nd in DTU and Anoushka Dey won 1st position at Janki Devi Memorial College.



Euphony performing as an opening act for a TED talk

The team was also invited to showcase their talents at Jamia Millia Islamia College at their annual literary fest and as an opening act for a talk given by **Ms. Kiran Bedi** at a TEDx event conducted by IIFT college. The society intends to keep working hard at maintaining its brand value as among the top Western Music Societies in Delhi-NCR.

Gandhi Study Circle



GSC Members on the day of the creative writing competition

Teacher Convenor :

Dr. Sweta Mishra

Student Convenor :

Ms. Amrita Kaur, B.A. (Hons.)
Political Science, III year

Student Co-Convenor :

Ms. Shreya Agarwal, B.A. (Hons.)
Political Science, III year

Gandhi Study Circle, Gargi College, organised a number of programmes/activities during the year 2022-23 as part of Azadi ka Amrit Mahotsav. The first in the series was Intra College Poster

Making Competition on "Har Ghar Tiranga " theme on 10 August 2022. It saw good participation from Gargi students.

It was followed by Gandhi Jayanti Celebrations on 20 September 2022. **Prof. Avijit Pathak**, Centre for Study of Social Systems, delivered a talk on "Experiments with Mohandas Karamchand Gandhi". In his prolific talk Prof. Pathak, the esteemed speaker, depicted the invincibility of Gandhian ideas of swaraj, sarvodaya and village development and their relevance to deal with daunting contemporary challenges of Indian society like intolerance, scathing attack on liberties,



Prof. Avijit Pathak addressing the audience

unemployment and deepening inequalities. He added that Gandhiji will remain eternal through his ideas which are not only unique but based on the cornerstone of ethical human morality. Addressing the students he asked them to have a desire for inquisitiveness to be able to emerge as active citizens of Indian democracy. His talk was well received by the faculty as well as the students.



GSC Members with the guest speaker

It was followed by Intra College Creative writing competition, celebrating the Azadi ka Amrit Mahotsav, with the hues of Republic Day, on 27 January 2023 on the topic "Gandhi's idea of nationalism" that saw enthusiastic participation from the students of Gargi.

Two students of the Gandhi Study Circle participated in an inter college elocution competition, organised by Gandhi Smriti and Darshan Samiti, New Delhi, on 29 March 2023 on the topic "The Art of Non-violent Action: Lessons from Dandi March".

The Study Circle organised its Annual Gandhi Fest on 6 April 2023. **Prof. Bindu Puri**, Centre for Philosophy, School of Social Sciences, JNU, delivered the keynote address on the topic "Gandhian Ahimsa: Resolving conflicts without violence". In her talk, she explored the philosophical significance of the Gandhian connection between truth/Satya and non-violence/ahimsa. At a crucial juncture of a seemingly conflict-ridden world, she highlighted how it seems timely to recall Gandhi's words on "the path of ahimsa - the cultivating of endless patience" and on "step by step" learning "to make friends with all the world. Awakening the spirit inside students, she emphasised how Gandhi's ideas and practices had transformed non-violence from a fastidious observance of non-injury in action to a dispassionate love of the human and a method of responding to difference with deference as the only appropriate method to acquire rights and seek justice.

It was followed by Inter college competitions - Debate, Poster Making and Creative Writing on the theme "Non-violence is still a winning strategy". The competitions saw enthusiastic participation from students of University of Delhi.



Participants displaying posters

GLASSEYE - The Filmmaking Society

Teacher Convenor:

Dr. Prachi Kalra

Student Convenor:

Ms. Ananya Acharya, B.A. (Hons.) Philosophy, III Year

GlassEye's presence gained momentum during this academic session, with offline activities resuming in full swing post-pandemic. From a slew of creative productions to illustrious film discussions and competitions, 2022-23 was a landmark year for our film society.

We started off the year with a collaboration with Wylo, and held an interactive session with writer- filmmaker, **Souvik Chakraborty**, which was quite informative in terms of skill building for our members. Following this, we worked on various projects in the first half of the session- including a documentary that captured the essence of student life at Gargi, and also participated in India Film Project's 50 hour filmmaking competition. We followed this set of productions with 3 more through "Project Colour Coded" - where we produced a trio of films revolving around singular colour palettes, which proved to be a very fruitful and creatively challenging exercise. Writer-Director **Aditya Kripalani** joined us for a screening of his film "Devi Aur Hero" and engaged with the audience in a discussion on the process as well. We also covered the Wellness Conclave held at college, and worked on a documentary centred on wellbeing at the college level. In order to involve the student body of Gargi we conducted a "Dress Up as Your Favourite" Day for Halloween, as well as an online screening of the now Oscar-winning film, "Everything Everywhere All At Once."



In-house production poster
J Faded

Our term will come to an end with Prism, our annual production and newsletter, coming as the perfect end to an illustrious year with close to 15 productions undertaken by the team.

We also participated in a host of inter-college competitions throughout the year- including on-the-spot filmmaking competitions at SRCC, Maitreyi College, NIFT Delhi, Ramanujan College and more. We also made specific productions for competitions held at IIT Kharagpur, LSR and Miranda House.

Top Achievements:

1. "Mai Koi Aisa Geet Gaon" - 1st place at on-the-spot filmmaking competition at Maitreyi College
2. "Changes" - 2nd and 3rd prize at on-the-spot competition at NIFT Delhi
3. "Justjoo" won second place at Tarang, LSR
4. "Red Doesn't Mean I Love You" was shortlisted and screened at Karwaan, Maharaja Agrasen College.
5. "Chuck D' Apple" was shortlisted and screened at Chalchitra, Miranda House.



BTS- GlassEye creating all the magic off screen

HUES - The Fine Arts Society

Teacher Convenor:

Dr. Alka Garg

Student Convenor:

Ms. Priyanshi Agarwal B.Com. (Hons.), III Year

Student Co-Convenor:

Ms. Vanshika Gautam B.A. (Hons.) Applied Psychology, II Year

HUES is the fine arts society of Gargi College. The society aims at learning different art forms, craft techniques and overall skill building and creative outlet for the society members.

HUES was focused on the skill development of the society members as the pandemic couldn't give us the chance to explore our usual activities such as working for the college fests this year.



Inhouse workshop held by Hues member

As a society graphite skill development workshop was organised in offline mode by one of our own members where we learned the application of acrylic paints and different brush strokes. It was a highly enriching experience.



Kalamkari workshop held by - Aadika



We had an outhouse workshop for kalamkari art by Aadika where we learned the basics of kalamkari art and made beautiful wall hangings.

We also held a special workshop which was conducted by our Alumni **Aashmani**, where we learnt amazing watercolour techniques and skills and it was a great insightful workshop on watercolours.

Prism, our main visual art event in collaboration with other non-cultural societies of the college (Iris, GlassEye, Quilluminati, Enactus and The white rose club).

Over the course of the year, our society members also participated in many online and offline competitions organised by different colleges and universities and did bag prizes along the way.



Watercolour Workshop held by Hues Alumini - Ashmani

IRIS - The Photography Society



Studio Shoot

assignments and its annual week-long studio shoot sessions to encourage members to explore the art and create an ambitious and creatively charged environment. Our exhibitions are visited and appreciated by many during Prism and Reverie.

In the academic year 2022-23, the members have participated and won accolades in various competitions organised in the Delhi and National Photography circuit. The accomplishments include:

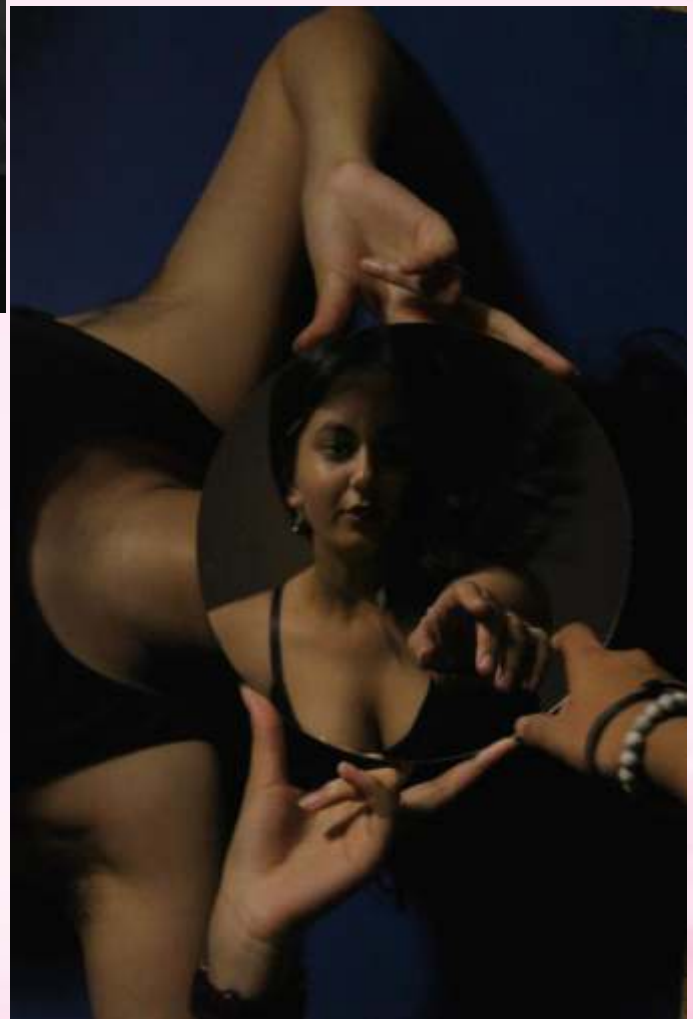
1. **Radhika Marwaha** - 3rd Position- Abhivyakti, Photography Competition -Miranda House, Delhi University
2. **Ragini Narang** - 1st Position-Nazariya, Photography Competition- TEDx Miranda House, Miranda House, Delhi University

Teacher Convenor:
Dr. Prachi Kalra

Student Convenor:

Ms. Radhika Marwaha, B.A. (Hons.) Economics, III Year

IRIS, the Photography Society of Gargi College, strives to inculcate and promote a creative environment in the college through the medium of photography. Every year, the society has actively organised multiple Photo-walks and exhibitions to encourage the budding Gargi cohort of photographers. The society undertakes monthly



Ragini Narang's winning entry in 2 competitions

- 1st Position- Chitra Paheli, Photography Competition- PGDAV College, Delhi University
 - 2nd Position - Online Theme Based Photography Competition - IIT Delhi
 - 2nd Position - FrameDrop Photography Competition - Atma Ram Sanatan Dharma College, Delhi University
 - 2nd Position - 'From the Beholder's Eye' Photography Competition - Delhi College of Art and Commerce, Delhi University
 - 3rd Position - Photography Competition, Department of Design, Delhi Technological University
 - Selected for exhibition - The Abstract Project - Arthashastra, the Economics Society, Miranda House, Delhi University
3. **Shana Jaroli** - 2nd Position- Vistas - Photostory Competition - Sri Guru Gobind Singh College of Commerce (SGSCC), Delhi University
 4. **Shreeja Dwivedi** - Special Mention - Abhivakti, Photography Competition - Miranda House, Delhi University
 5. **Siddhiksha Rana** - 1st Position- St.Stephen's College, Delhi University
 6. **Swadha Agiwal** - Special Mention- Abhivakti, Photography Competition - Miranda House, Delhi University
 7. **Tisha Mondal** - 1st Position - Rangrez, Deen Dayal Upadhayay College, Delhi University.



Photowalk in Chandni Chowk

KSHITIJ - The Street Play Society



Kshitij Core Team Members 2022-23

Teacher Convenor :

Dr. Chhaya Sawhney

Student Convenors :

Ms. Aastha Bisht B.A. (Hons.) English, III Year &
Ms. Janya Sarwal B.A. (Hons.) Political Science,
III Year

Student Co-Convenor :

Ms. Deeksha Joshi, B.Sc. (Prog.) Physical
Sciences, II Year

Kshitij, the Street Play Society of Gargi College Kickstarted its session for the year 22-23 in the month of August with seven members in its core team and performed in various competitions and In-house performances. Kshitij also collaborated with various societies of the college and also with associations outside like Army public school.

During the Academic year 2022-2023, Orientation Kshitij also organised an ORIENTATION - A warm welcome and a fun interactive session for all the freshers for new college lives in the month of November.

Short Film for Welcoming Freshers

We made a fun short film as an attribute to the newcomers of Gargi college and shared it via social media.

Audition

After some rigorous rounds of Audition, Kshitij created a Team for the session 22-23 of 21 members.

During the Academic year 2022-23, Kshitij performed in various Street Play Competitions:

1. Nukkad at Bhartiya Vidyapeeth Institute of Computer Applications and Management (bagged 4th position)
2. Inaayat By Deshbandhu College (bagged 1st position)
3. Nukkad Competition by Consumer Club of Kamala Nehru College (bagged 1st position)



Team Kshitij in Jaipur. Outstanding performance in LMNIIT - secured 2nd position

4. PGDAV (morning college) (awarded best music)
5. Street play - Journऊँtsav by Bharti College (bagged 2nd position)
6. Baavle Utaavale by National Institute of Fashion Technology (bagged 3rd position)
7. Nukkad by FOSTIIMA Business School (bagged 3rd position)
8. Hoonkar by LNMIIT, Jaipur (bagged 2nd position)
9. SUNERGOS'23 by Christ University (bagged 1st position)
10. IIT Delhi
11. IIT Kanpur
12. Nukkad by Indian Institute of Fashion Technology
13. IIT Bombay prelims
14. IIT Kharagpur prelims
15. Gargi College
16. IIT Roorkee



Team Kshitij in Kanpur Outstation performance in IIT Kanpur-Secured 3rd Position

NAZAAKAT - The Indian Dance Society



Collaboration with Samranjini

Teacher Convenor :

Dr. Rashmi Bhardwaj

Student Convenor :

Ms. Aahana Rana B.Com. (Hons.), III Year

Student Co-Convenor :

Ms. Bhargavi Prakriya, B.A. (Hons.)
Economics, II Year

Nazaakat, the Indian Dance Society believes in understanding dance through an introspective lens and showcasing it as a culmination of the body, mind and soul

which enables us to be luminous. Nazaakat believes in putting the best foot forward, which demands huge dedication from all the members that further ingrains a sense of team spirit that Nazaakat is known for.

The session of 2022-23 has been eventful for us. Nazaakat has been a part of some of the prestigious events conducted on our college premises which were:

- Delhi chapter of the 'lecture with music series
- International Multidimensional Conference to celebrate 100 years of the University of Delhi.

Where Nazaakat in collaboration with Samranjini presented an amalgamation of three classical forms Odissi, Kathak, and Kuchipudi, rendered on an arrangement based on Hindustani classical music and a Saraswati Vandana performed by our brilliant Bharatnatyam dancers which was highly appreciated by all.

Nazaakat also represented our college to excellence during various events like the NAAC visit wherein the members performed a semi-classical melody, the 7th annual international conference by INSCR with a graceful mesmerising classical piece, Azaadi ka Amrit Mahotsav and many other college events.

Our aim has always been to diversify our knowledge of various dance forms in India



NAAC cultural event

which lead us to take up MAYURBHANJ CHHAU-the folk dance of Orissa as our production for session 2022-2023. The members have taken training under **Guru Rajesh Sai Babu** to learn acrobatic, sword playing and martial art techniques of this form. As of now, the society is performing in the upcoming du circuit competitions with the vision to maintain our legacy of pure excellence and make Gargi proud.

In addition to this Nazaakat has secured positions in solo classical competitions organized within DU which were-

- 1st position in Vivekananda college
- 1st position in Maitreyi
- 2nd position in Janki Devi Memorial
- 3rd in Mata Sundari college of women
- 3rd in Sri Aurobindo college



International university of Delhi conference

We aspire to make every session as productive and eventful as this has been with our continuous hard work and dedication to seek perfection and excellence.



Production Preparation

National Cadet Corps



Secured 1st position in the Drill Competition held at Combined Annual Training Camp 2022

and 7 CPLs. The year began with a total of 87 cadets and later enrolment of 73 more cadets to the first year. The chain of events began with the Combined Annual Training Camp-I held from 17 - 26 June 2022 attended by 54 cadets and ANO. SUO Gauri was made the camp senior and Gargi college drill contingent emerged as the winner of the squad drill competition. CPL Poonam Khichad was selected for the Inter Directorate Shooting Competition held in Rupnagar, Punjab from 3-15 July 2022. An intra-college quiz competition was organised in the college premises on 26 July 2022 on the occasion of Kargil Vijay Diwas. SGT Kashish and CDT Sonul won inter college quiz competition held in Sri Aurobindo College on 8 August 2022. Combined Annual Training Camp- II was held from 27 July-8 August in which 33 cadets participated. Gargi College contingent secured 2nd position in drill competition held during this camp. The EBSB cum YEP camp was held at DG NCC Parade Ground where cadets from all over India demonstrated their culture. Cdt Kajal was selected to represent Delhi Directorate. Har Ghar Tiranga Rally was conducted by Gargi NCC in collaboration with KNC NCC on 9 August to commemorate 75 years of independence. Cadets of Gargi enthusiastically participated in the Tiranga Yatra held near the premises of the Vice Chancellor Office of

Associate NCC Officer :
Lt. (Dr.) Purnima Agrawal

Senior Under Officer :
Ms. Gauri, B.A. (Hons.) Economics,
III Year

The session 2022-23 of Gargi College NCC began with one of the Greatest achievements! One of our ex-SUO Priyanka Rana got selected to be an Army officer at Officers' Training Academy, Chennai for Short Service Board. Like always we made a new rank panel through interviews held on 3 April 2022 headed by SUO Gauri, consisting of 5 JUOs, 6 SGTs



CPL Poonam took part in 10M Air Rifle shooting at National Shooting Camp, Chandigarh

Delhi University. 5 cadets from Gargi College, SUO Gauri, JUO Ritu Choudhary, JUO Shreya Srivastava, CDT Geetanvi and CDT Neeru were selected for the Chief Minister's Rally held from 1-15 August 2022 at the Chhatrasal stadium. NCC cadets fully participated in the welcome of NAAC Peer Team during their visit to the college on 1-2 September 2022. An essay writing competition was organised on 27 September on the topic 'Role of Youth in nation building' in the college premises. The Ek Bharat, Shreshth Bharat camp, Delhi was held from 3 to 12 October 2022 in which JUO Jyoti Kanojia, JUO Ritu Choudhary and CDT Kajal participated. CDT Praveen represented Gargi College in EBSB- Nagrota, Jammu held from 11 to 20 October 2022.

NCC orientation was conducted on 5 November 2022 to address the newly admitted first year students. Around 250 students aspired to join NCC and 73 were selected through two rounds of trials. On the occasion of 74th NCC day, a blood donation camp was held in 4 Delhi Girls Battalion on 26 November. 2 cadets from our college, SUO Gauri and CPL Isha Balhara successfully donated blood. JUO Gaura Gupta and CDT Geetanvi successfully completed the National War Memorial camp after clearing several rounds of selections. SGT Anushka Rathi represented Gargi NCC at the Puneet Sagar Abhiyaan. JUO Diksha Tiwari was a part of the Special National Integration Camp 2022 held in Jaisalmer from 1-10 December. The Advance Leadership Camp was conducted in Agra from 14-23 December. SUO Gauri was selected to be a part of it and was also made the camp senior. Gargi College cadets were a part of the Vishwa Samvad Dharm held on 12 January 2023. An intra college Drawing Competition was conducted by Gargi NCC on 17 January on the occasion of Republic Day. Students from all over Gargi participated in huge numbers. CPL Ghanistha, CDT Jyotsana and CDT Kripa successfully completed the Chief Minister's Rally held on 25 January. Our cadets organised Republic Day celebrations in college premises on 25 and 26 January 2023. SGT Anushka Rathi and SGT Anshu completed one of the most prestigious camps: Republic Day Camp held from 31 December to 29 January. SGT Anushka marched on the Kartawya Path as part of NCC



Gargi NCC SGT. Anushka Rathi successfully completed the most prestigious Republic Day Parade Camp 2023



JUO Diksha Tiwari was a part of Special National Integration Camp 2023



SGT Anshu Chikakra was a part of Delhi contingent under PM's rally 2023



16 Cadets selected for Prime Minister's Rally 2023



Gargi NCC SUO Gauri was part of the Advance Leadership Camp 2022, Agra



Associate NCC Officer Capt. Dr. Purnima Agrawal promoted from the rank of Lieutenant to Captain

Contingent of Republic Day Parade and SGT Anshu was the Line Area briefer and also marched in the Prime Minister's Rally 2023 representing Delhi Directorate. Our cadets have been able to make Gargi Proud through an extraordinary amount of hard work. Last time we could make it to Republic Day Camp was in 2016. 16 cadets from Gargi: SGT Komal, SGT Hemlata, CPL Abigail, CPL Arzoo, CPL Isha, CPL Karnika, CDT Garima, CDT Kajal, CDT Muskan, CDT Mansi, CDT Sonul, CDT Twinkle, CDT Jyotideep, CDT Palak, CDT Vanshika, CDT Divya completed the Prime Minister's Rally 2023. 5 cadets from our college visited the Lieutenant Governor's House on 27 February 2023. 4 cadets from Gargi College volunteered in the World Book Fair held at Pragati Maidan till 9 March.

Our ANO Lt. (Dr.) Purnima Agrawal completed one month's residential training at NCC Officers Training Academy, Gwalior for her Rank promotion from Lieutenant to Captain.

Apart from representing our Unit and Directorate in National Camps, the Gargi NCC has always put their best foot forward in representing Gargi in intercollege competitions as well. Group dance team won the first position at B.R. Ambedkar College. The Quarter Guard team was the Runner up at Atma Ram Sanatan Dharma College and Dyal Singh College. SGT Anshu won the best cadet competition held at Rajdhani College. SGT Anushka won the best cadet competition in SGTB Khalsa College. Our cadets won first prize for Quarter Guard Competition, and second prize for Drill Competition in Kamla Nehru College.

To conclude the year round activities of NCC the Annual Inter-College Festival cum Valedictory function, SAHAS' 23 was organised on 6 April, 2023. This year our college was honoured to have Additional Director General of NCC, Major General Sanjay P. Vishwasrao, SM as our Chief Guest. The event was also graced by Commanding Officer, 4DGBN, Col. K.S. Bisht; Administrative Officer, Major Manpreet Kaur and Principal Prof. Sangeeta Bhatia, Gargi College. Around 300 Cadets from various colleges participated in the competitions of Quarter Guard, Drill, Best Cadet, Group Dance, Group Song, Poster making, Quiz. SAHAS' 23 was a great success wherein efforts of cadets were in full swing, thereby every activity brought up was done brilliantly.

Northeast Society

Teacher Convenor:

Dr. Arunima Das

Teacher Co-Convenor:

Dr. Alka Michael

Student Convenor:

Ms. Isu Basumatary, B.A. (Hons.) Political Science, III Year

Student Co-Convenor:

Ms. Dorin Pegu, B.Com. (Prog.), II Year

The Northeast Society of Gargi College was formed in March 2018 with the aim to integrate and promote students from the 8 states of Northeast India. The society aspires to provide a platform that will help to showcase the diversity and uniqueness of the region. It also strives to spread awareness among people, especially the college fraternity, about the lesser-known cultures of the region. Thus, bringing more understanding and cohesiveness amongst students and faculties of the college and beyond.

The Society kick-started the year 2022 by participating in "Reverie," the Gargi College annual fest, on 4 March 2022, with a fusion dance performance titled "Delving in Genesis," which highlighted the cultural richness of several regions of Northeast India, Ladakh, and Nepal. The performance was thoroughly enjoyed and appreciated by the audience.

An exquisite Manipuri dance performance was performed by the Northeast society of Gargi College during the NAAC visit in August that exhibited the rich Meitei culture that roots in the state of Manipur.

The society won the 1st prize in the group dance competition at the northeast society festival, which was organised by Aurobindo College, University of Delhi on 29 September 2022.

As a part of our literary and academic initiatives, a talk on "Re-imagining Northeast India through Literature" was organised by the Northeast Society of Gargi College on 30 September. The speaker for the session was **Dr. Veio Pou**, Associate Professor at Shaheed Bhagat Singh College. The society took the



1st Prize at Aurobindo College Dance competition



In frame - Dr. Veio Pao and NESOC Gargi College members



Prize for Best womens college at NESSDU sports 2022

initiative of acquainting the freshers with the scope and possibilities of the society, and with the goal of developing sensitisation to gender issues, "Gender Sensitisation" of Northeastern students was conducted. The event was conducted on 18 January 2023. Freshers were also provided with information about the various parent organisations that had been established to meet the needs of students from Northeast India.

The society conducted its annual festival "Mélange" on 25 January 2023. Mélange is an effort to highlight the ethnic and cultural diversity of Northeast India while educating students about the region's potential. The theme for this year's event was "Weaving Dreams: An Amalgam of the Cultural and the Evolving Entrepreneurial Possibilities". The one-day event included not only academic but also an array of cultural performances.



Mélange 2023

National Service Scheme



Independence Day with Construction site kids

Teacher Convenor :

Dr. Nisha Saini

Student Convenor :

Ms. Ananya, B.A. (Hons.) Economics, III Year

On the historic occasion of the 75th Independence Day, NSS Gargi participated in a "Tiranga March" celebration at the University of Delhi's HDC Campus. A huge group of volunteers happily honoured Independence Day (Azadi ka Amrit Mahotsav). Our principal, Prof. Sangeeta Bhatia, our former principal, Dr. Promila Kumar, and our honourable chairman, Mr. Amitav Virmani, led the NCC march and raised the flag to kick off the celebration.

NSS Gargi organised a pledge-taking event to advance societal peace and harmony on the occasion of Sadbhawna Diwas, which is observed on 20 August each year to commemorate the birth anniversary of the former Prime Minister of India, Mr. Rajiv Gandhi.

Mr. Rahul Gaur, the municipal councillor of RK Puram, assisted NSS Gargi in giving stationery, mugs, and clothing for all ages to several poor people in the Kodi camp in RK Puram, New Delhi, as part of a donation drive. Cleanliness Drive, the inaugural Swachhta pakhwada activity, was held on the Gargi grounds. The cleanliness campaign was supported by 54 volunteers. All of the volunteers assembled the event by gathering plastic bags and additional rappers from various campus locations.

The production of paper/jute bags served as the second Swachhta Pakhwada activity. Jute and handmade paper bags must be manufactured by volunteers.

The donation of e-waste was the third Swachhta Pakhwada action. Volunteers provided the electronic waste, which included wires, calculators, speakers, earphones, and other gadgets. As part of the Rakshin programme, SAKSHI and NSS Gargi organised a webinar on the POSCO Act (Protection of Children from Sexual Offenses Act, 2012) to raise awareness of child sexual abuse and preventative measures. Our volunteers brought joy to the



NSS Orientation Day



Volunteers engaging with Children during NGO visit



Webinar on Effective Altruism

young faces of Ishwar NGO as a consequence of the Teacher's Day collaboration between NSS Gargi and CDF Gargi by involving the kids in exciting activities like card-making, dancing, and singing.

To commemorate NSS Day, an online inter-college project presentation competition 'Drishti' and an inter-college streetplay competition was organised.

On 19 October 2022, NSS Gargi organised the NGO Exhibition of Gargi College: Zistatva in cooperation with the Student Council. The event lasted for more than a week, and other pre-jitters and activities were held to get the students excited. The theme of this year's Zistatva was Kritagya, which is Sanskrit for "to be grateful," and in keeping with the theme, we observed Zistatva by being appreciative of life.

NSS Gargi collaborated with Delhi's Government Desh ke Mentors programme to provide mentoring and career related advice to the less privileged. An orientation session was organised for the same on 9 November 2022.

NSS Gargi launched its project Har Ghar Shiksha where NSS volunteers took the initiative of teaching children of construction site workers during ECA breaks. On 30 January, NSS Volunteers visited Tamana Special School at Vasant Vihar to celebrate Happiness Day with the school children. Various activities were conducted like painting, dancing etc. for children with volunteers.

To honour the brave hearts of the country and know more about the life of a common army man, a session with **Retired Colonel GS Sidhu** was organised on 15 February. NSS Gargi also launched its annual goodwill ambassador programme where volunteers are asked to adopt any one good deed that they are required to perform on a regular basis for one month.

The blood donation camp is also organised every year in the month of April where students, faculty as well as non-faculty members donate their blood.



Happiness Day (Children's Day) at Tamanna NGO

Placement Cell



Education Fair by Seed Global Foundation

Teacher Convenor :

Ms. Sailaja Modem

Teacher Co-Convenor :

Dr. Shivani Tyagi

Student Convenor :

Ms. Gauri Bhardwaj, B.Sc. (Hons.) Microbiology, III Year

Student Co-Convenor :

Ms. Khushi Gupta, B.Com. (Hons.), III Year

Placement Cell of Gargi College is an indispensable part of the college with a vision where students grow under a sincere, compassionate and stimulating environment.

Placement Cell organises various conferences, webinars, and special talks in virtual as well as physical mode like Education Fair by Seed Global Foundation and the ICT Academy Inauguration Ceremony to assist students, prepare them for the job market and facilitate recruitment drives.

This year more than 160 offers were made by companies like EY GDS, KPMG India, Deloitte and Willis Tower Watson. Students are also provided with internship opportunities to help them acquire real-world expertise in their professional lives.

The Cell engages with industry experts and professionals to conduct sessions on resume writing, communication skills, and personality development like Digital Marketing Skills, LinkedIn building, Strategies for clearing UPSC, Economics of everyday things, etc.

The mission of Placement Cell is to equip students of our college with relevant employability skills and guide them towards a bright future and career all around the world, with the values of – Sincerity, Hard Work, and Justice. Placement Cell aims to bridge the gap between students and potential employers by creating a platform for efficient interaction and facilitating the recruitment process. The Cell's efforts have helped students prepare for their careers and secure job offers from reputed organisations.

Events organised:

1. Webinar by Teach for India
Date: 22 August 2022
2. Seminar by Reserve Bank of India
Date: 24 February 2023
3. Inauguration Ceremony by ICT Academy x DXC Technology
Date: 10 January 2022

4. Education Fair by Seed Global Foundation

Date: 26 September 2022



Inauguration Ceremony by ICT Academy x DXC Technology



Seminar by Reserve Bank of India



Webinar by Teach for India

Q.E.D. - The English Debating Society



12 April 2022 - Ambivalence- Enthusiastic declaration of the new union and parting ways with the union from the batch of 2022.

Faculty Convenor :

Ms. Smejita Rajkumari

Faculty Co-Convenor :

Dr. Tanjot Singh

Student Convenor :

Ms. Prarthana Jhawar, B.A. (Prog.) Political Science, III Year

Student Co- Convenor :

Ms. Muskan Thukral, B.A. (Hons.) Economics, III Year

QED or Quod Erat Demonstrandum (meaning “which was to demonstrate”) is a literary coterie of enthusiastic rhetoricians that debate and discourse a wide range of topics/ ideas intending to come up with equitable solutions to the predicaments and dilemmas that are faced by the

global society today. As a society, we uphold the ethos of free thought, leadership, and empathy among individuals.

QED is now in its 18th year since its inception and has grown to be one of the most active societies of the college. Every year the society hosts 3 major events - a 3-day flagship parliamentary debate competition WAX Eloquent, a conventional debate and a fundraiser debate called Inaayat (replacing the earlier held annual Turncoat). Inaayat (Asian Parliamentary Debate) was the crown jewel of our society in 2022. It was organised under the leadership of two major societies in the Delhi University debating circuit representing Women and Gender Minorities. QED hosted the three-day tournament in collaboration with the Miranda House Debating Society, which drew over 200 debaters and adjudicators from across the Indian debating circuit. It was a fundraiser tournament that raised 61,500 Indian rupees that were successfully donated to Perna Social Development and Welfare Society- a non-profit, non-political, and non-government organisation that is actively engaged in social services with an emphasis on women empowerment through vocational training and health awareness programs.

Session 2022-23 nearly doubled the already impressive list of accomplishments, with members



13 November 2022 - Overjoyed members of the OC on the concluding day of Inaayat

making an impression in nearly every tournament they competed in. Members of QED received a total of 28 awards and honours in the category of debating and 55 in the category of adjudication.

Sixteen of the 83 awards were won at international tournaments.

Furthermore, after two months of intensive training, the freshers are now ready to take the debating circuit by storm. Lastly, as the session comes to an end, QED is ready to make a smashing comeback with its annual debating championship WAX Eloquent (3-5 April) on the campus grounds, after nearly 3 years of online debating. Rounds will be moderated by some of the finest and most eminent core adjudicators in the Indian Debating community. The bright-eyed members are thrilled to bits and are working their tails off to make this event a great success.



9 October 2022 - Contended and stoked debaters as the last speech ends, whilst the adjudicators move to the edges of their seats to prepare their verdict.

QUILLUMINATI - The English Creative Writing Society



Discussion on Dr. Madhavi Menon's book Infinite Variety

Teacher Convenor:

Ms. Pragya Gupta

Student Convenor:

Ms. Molina Singh, B.A. (Prog.) III year

Student Co-Convenor:

Ms. Riddhi Roy, B.A. (Hons.) Political Science, II year

Quilluminati, the English Creative Writing Society of Gargi College, is a home for budding writers who come together to hone their flair for creative expression. The session of 2022-23 began with a book discussion in July in collaboration with the White Rose Club. The members of both societies talked about Dr Madhavi Menon's book 'Infinite Variety' and the discussion was moderated by **Mr. Sameer Chopra**, Assistant Professor, Department of English, Gargi College. On 21 September 2022, Quill had the privilege of hosting **Ms. Prithiva**

Sharma, a beloved alumnus, to talk its current members through the process of editing and subtitling. In October, the members organised a fundraising activity on the college premises where they sold tote bags hand-painted by them. On 4 November 2022, Quill organised a one-day event called Mukhtalif - a celebration of diverse identities.



Handpainting tote bags for sale



Dr. Rizvi at Mukhtalif 22



Dr. Nivedita Menon at Penorama 23

Dr. Sabeen Rizvi, Associate Professor, Department of Psychology, Gargi College, the guest speaker, emphasised the need for an intersectional and pluralistic understanding of the self as we work towards an empathetic society. An inter-college slam poetry competition on the theme 'Campus and Resistance' and an on-the-spot creative writing competition were also organised. Quill hosted its flagship event 'Penorama' on 27 March 2023 during which it had the honour of hosting the renowned author Dr. Nivedita Menon to talk about Constitutional Morality and the Classroom. Under the aegis of this event, the members organised a slam poetry competition, a creative writing relay, a comic dialogue writing competition and an alternate mythology competition to suggest alternate plots to established mythological tales.

The members of Quill also went to the literary festivals of other colleges, both in and outside Delhi, and won multiple awards across different forms of writing and performative poetry. Some of the colleges where Quill members have bagged the top positions this year include IIT Delhi, IIT Roorkee, Miranda House, IHE, Sri Venkateswara College and NIFT Delhi amongst many others. The works of Quill members have also been published on platforms like LiveWire, The Remnant Archive and Ayaskala Magazine among others. They have also contributed to the literary magazines of other colleges like Siyasat (Hindu College), BlueQuill (Miranda House College), Abhivyanjana (Motilal Nehru College), Principia (Sri Venkateswara College) etc.

QUIZZITO - The Quiz Society



Team Quizzito 2022-2023

Teacher Convenor:

Ms. Aparna Joshi

Teacher Co-Convenor:

Dr. Chhaya Sawhney

Student Convenor:

Ms. Subham Priya, B.Sc.
(Hons.) Microbiology, III
year

Student Co-Convenor:

Ms. Bisma Khan, B.Sc.
(Hons.) Zoology, III year

Quizzito, the Quiz society of Gargi College seeks to encourage, inform, and inspire its members about all the nuances and intricacies of quizzing while also giving them opportunities to hone their quizzing skills. Keeping up with this vision, the Society conducted a myriad of events in online, offline and hybrid mode

The activities for the academic session 2022-23 kick-started with the members actively engaging in making questions banks for the society. In order to encourage interaction between members and to acquaint them with the practice of question-making, a series of online quizzing sessions were organised within the society. The quizzes, created and conducted by the members, covered a variety of themes like Pop, India and General quizzes along with some niche quizzes like 'The Suffering Quiz'.

We organised our first offline event after the pandemic, an intra-college quiz - 'God Save The Quiz' on 21 September 2022. After two years of online functioning, this event helped the members gain experience and



Glimpse of 'God Save The Quiz' conducted on 21 September 2022

confidence in organising offline quizzes. The quiz saw participation in huge numbers and received overwhelmingly positive feedback.

On 15 October 2022, we organised 'Wrong Answers Only - (Not) A Pop Quiz', in collaboration with the Student Council and NSS Gargi, as a part of the pre-jitters for Zistatva 2022 - The Annual Diwali NGO Exhibition of Gargi College.

We organised an orientation session for 5 November 2022 in accordance with the admissions of new students. We shared our experiences, answered any questions the first-years had about joining the society, and introduced the idea of college quizzing in a fun and interactive session.

The tremendous response to our monarchy quiz prompted us to conduct another intra-college quiz, 'Mostly Harmless - A Pop quiz', on 9 November 2022. The event was conducted successfully with a large number of students participating enthusiastically. The event also helped familiarise freshers with quizzing. Conducting intra-college quizzes aided the members in their understanding of question-framing and QMing.

We invited **Mr. Abhinav Dhar** to conduct a quizzing workshop, 'Quizzers' Sabbath', on 7 January 2023. The workshop was open to all students of UG/PG courses. Students from various colleges across Delhi, attended the workshop and found it to be very insightful.



Quizzers Sabbath Quizzing Workshop conducted by Abhinav Dhar

The first-year students started joining in the latter half of the academic year, with the first round of recruitment, a recruitment quiz, was held on 13 January 2023 and the second round wherein the top candidates from the first was interviewed by the senior members was held over the course of two days (18 and 20 January 2023). We received a great response, with over 150 registrations in the recruitment quiz.

We held an informal google meet in the same month for the members to where we explained the society's rules and code of conduct and elaborate on all that is expected out of members. We further plan to have informal quiz sessions to encourage regular question making along with interaction between the junior and senior members.

In February, we hosted our flagship event, HighQ offline after a gap of two years courtesy of the pandemic over two days on 16 and 17 February 2023. Under HighQ, we organised four quizzes: Lot No. 49 (the General Quiz) by Amlan Sarkar, Phir Abhi Quiz Hai Hindustani (the India Quiz) by Kanika Yadav along with two fillers by Quizzito members- The Uncanny Valley (a sci-tech filler) by Bisma, Prachi, Sehaj, Subham and Mallika and Suffernama (a quizzito special suffering quiz) by Subham, Srilaxmi, Aarushi and Anaamika. There was a participation of 300+ students from various colleges.



Lot No 49 the General Quiz being conducted by QM Amlan Sarkar during HighQ 2023

On 18 March, we hosted a literature Quiz, Books on the Table, QM'd by our members, Anjali and Unique, for the Delhi University Literature Festival held in the lawns of Ramjas College.

Achievements: This year, the quizzing circuit fully transitioned to the offline mode. Our members enthusiastically participated in various events and brought laurels to the society with their achievements this year. We won first place at Shaheed Rajguru College of Applied Sciences for Women; National Institute of Immunology; Bhaskaracharya College of Applied Sciences; MELAmind by Sonal and Vasundhara at Rendezvous, IIT Delhi, a wildlife quiz at Hindu College, Janki Devi Memorial College and a G20 quiz at Ambedkar University. We got second place at a biodiversity quiz by the Zoology Department, Gargi College; IISER Bhopal; Goblin's Mode by Adheesh and Adil at Rendezvous, IIT Delhi; Skill Academy, Kalindi College. Also, we got third position at a MELA quiz at IIT Bhilai, a business quiz at FMS, St. Stephen's and a general quiz at Hansraj College. Lastly, we qualified for finals at PGDAV College, a literature quiz at Sri Venkateshwara College and a gen-pol quiz at Hindu College.

SAMARTH - The Enabling Unit of Gargi

Teacher Convenor:

Dr. Monica Gupta

Student Convenor:

Ms. Jagriti Giri, B.A. (Hons.) Political Science III year

Samarth is the Enabling Unit of Gargi College, University of Delhi. It was established in the year 2015 under the UGC guidelines. The unit works with the explicit purpose of safeguarding the rights and working toward the welfare of students with disabilities. Samarth has hosted a number of events to promote equity and equality of opportunity, as well as to raise awareness of the rights of persons with disabilities. We have a team of more than fifty-five dedicated volunteers headed by the Student Union and Faculty Union, who are working on various projects and initiatives for the PWD in and around the college.

The word Samarth in Hindi means "Capable". People with disabilities are often perceived as weak and helpless. The Enabling Unit of Gargi College was named Samarth to scrap this misconception and symbolise the capability of persons with disability.

For the session of 2022-23, Samarth conducted many events including Swatantra Samarth held on 15 August 2022, on the occasion of Independence Day where the Samarth volunteers performed the National Anthem in Indian Sign Language to make the experience more inclusive.

Another event Samarth hosted, in collaboration with Literary Society, was a book discussion on "One Little Finger" on 7 September 2022. This was done to foster people's knowledge on disability.



Samarth X CDF Stall at Zistatva Annual
NGO Exhibition by NSS Gargi



Book discussion on 'One Little Finger' by Malini Chhib in
collaboration with Literary Society, Gargi College

On 12 October, in collaboration with the Equal Opportunity Cell, Samarth organised a disability discussion under the gracious presence of **Mrs. Sangita Verma**. The talk was on Breaking Barriers: Internal and External.

The most awaited NGO Exhibition of Gargi college Zistatva was organised on 19 October 2022, Samarth with collaboration with CDF, Gargi under the aegis of Zistatva, set up a stall which shortly became one of the main attractions of the crowd. The stall included various interesting games and activities that entertained and brought smiles to the faces of a large number of students.

Samarth organized a documentary screening of 'The Silent Child' on 30 September 2022 on the occasion of International Day of Sign Languages, which is celebrated every year on 28 September, to sensitise students about the importance of sign language.

With the aim of sensitising students about struggles of life with low vision and blindness, Samarth organised a Disability Sensitivity Simulation workshop in collaboration with Bhumika Trust, an esteemed delhi-based non-governmental organisation working for disability awareness. The workshop included daily life activities that participants had to complete blindfolded.

These were just a few of the listed events we conducted among many of them. All of our events were successful in creating awareness and making our college campus and this society a little more inclusive and disability-friendly.



A talk on the theme 'Creating barrier free environment for PWD' graced by Mr. Pratik Agrawal, Executive Director of Aastha NGO



Disability Sensitivity Simulation Workshop in collaboration with Bhumika Trust

समीक्षा - हिन्दी वाद-विवाद समिति

शिक्षिका संयोजिका :

डॉ कृष्णा मीणा

छात्रा अध्यक्षा :

सुश्री सृष्टि नेगी, बीए हिंदी (ऑनर्स), तृतीय वर्ष

छात्रा उपाध्यक्षा :

सुश्री जन्नत सिहाग, बीए (प्रोग्राम), द्वितीय वर्ष

‘समीक्षा’ समिति अपने समस्त सदस्यों की पूर्ण भागीदारी एवं अपने कार्यरत संकल्पों के प्रति प्रतिबद्ध है। समिति के सुसंचालन एवं कार्यक्रमों के बेहतर आयोजन के लिए समिति के भीतर भी तीन समूहों का गठन किया गया – कंटेंट राइटिंग टीम, सोशल मीडिया टीम एवं क्रिएटिव टीम, जिनका नेतृत्व लवली अपराजिता, आकांक्षा एवं वृंदा गर्ग द्वारा किया गया। इस प्रकार शैक्षणिक सत्र 2022–23 का आरम्भ नए सदस्यों के आगमन के साथ हुआ।

‘समीक्षा’ समिति द्वारा प्रथम आयोजन 03 नवंबर 2022 को – सतर्कता जागरूकता सप्ताह’ के अंतर्गत अंतः-महाविद्यालय पारंपरिक वाद-विवाद प्रतियोगिता रहा। इस कार्यक्रम का उद्घाटन प्राचार्या डॉ संगीता भाटिया द्वारा किया गया जिसमें समस्त शिक्षक व छात्र-गण एवं नॉन-टीचिंग स्टाफ उपस्थित रहा। उनके साथ समिति की संयोजिका डॉ कृष्णा मीणा, निर्णायक मंडली (डॉ. वैजयंती और डॉ. अल्का माइकल), शिक्षक गण एवं अन्य कर्मचारियों ने भी दीप प्रज्वलन में भाग लिया। इसके साथ समर्पिता गुप्ता द्वारा सरस्वती वंदना गायन किया गया। इसके उपरांत प्राचार्या डॉ संगीता भाटिया ने सभा में उपस्थित सभी लोगों को भ्रष्टाचार के समाप्त करने हेतु ‘सत्यनिष्ठा प्रतिज्ञा’ दिलवाई।



‘समीक्षा’ समिति द्वारा सतर्कता जागरूकता सप्ताह का आयोजन (03 नवंबर 2022)



प्राचार्या डॉ संगीता भाटिया ने भ्रष्टाचार के समाप्त करने हेतु 'सत्यनिष्ठा प्रतिज्ञा'

कार्यक्रम को आगे बढ़ाते हुए मंच संचालकों हिमांशी यादव व समर्पिता गुप्ता द्वारा सभी प्रतिभागियों को प्रतियोगिता के नियमों से अवगत कराया गया। वाद-विवाद प्रतियोगिता का विषय था – 'भ्रष्टाचार भारत के विकास के मार्ग में मूल बाधक है। यह 'सतर्कता जागरूकता सप्ताह – 2022' की थीम – 'भ्रष्टाचार मुक्त भारत – विकसित भारत' को ध्यान में रखते हुए 'समीक्षा' हिंदी वाद-विवाद समिति द्वारा तय किया गया।

प्रतिभागियों द्वारा कुछ महत्वपूर्ण बिंदुओं जैसे – राजनीति, शिक्षा का अभाव, बढ़ती जनसंख्या, भ्रष्ट चिकित्सालय, पूंजीवाद, न्यायालयों की भूमिका आदि पर अपना वक्तव्य रखा गया। वक्तव्य के पश्चात मंच पर छात्राओं व शिक्षकों द्वारा विषय पर अपने विचार रखे गए। इसके बाद निर्णायकों द्वारा प्रतियोगिता के विजेताओं की घोषणा की गई। पुरस्कार में सर्वश्रेष्ठ वक्ता साक्षी मिश्रा, द्वितीय सर्वश्रेष्ठ वक्ता रूपा डंगवाल और सर्वश्रेष्ठ प्रश्नकर्ता का पुरस्कार प्रिया सामंता को प्राप्त हुआ। उसके बाद प्राचार्या प्रो. संगीता भाटिया द्वारा सभी शिक्षकों और छात्राओं के समक्ष विजेताओं को प्रमाण-पत्र वितरित किये गए। समिति की छात्रा अध्यक्ष सृष्टि नेगी द्वारा धन्यवाद ज्ञापन किया गया।



समीक्षा हिंदी वाद-विवाद समिति के सदस्य

05 नवंबर 2022 को 'समीक्षा' समिति द्वारा प्रथम एवं द्वितीय वर्ष के छात्रों के लिए उन्मुखीकरण कार्यक्रम का आयोजन किया गया। छात्रों के उत्साह एवं मेहनत से यह कार्यक्रम सफलतापूर्वक संपन्न हुआ। उन्मुखीकरण के पश्चात ऑडिशन चरण का आरम्भ हुआ, प्रथम वर्ष के छात्रों के लिए ऑडिशन प्रारंभ किया गया। पंजीकरण के बाद 3 चरणों की समाप्ति पर प्रथम वर्ष से 10 छात्राओं का चयन हुआ।

दिल्ली विश्वविद्यालय के वाद-विवाद सर्किट में संसदीय वाद-विवाद सत्र की शुरुआत के साथ ही 03 जनवरी 2023 को 'समीक्षा' समिति ने संसदीय वाद-विवाद कार्यशाला का ऑनलाइन अभ्यास-सत्र आयोजित किया, जिसमें प्रमुख वक्ता समिति की पूर्व अध्यक्ष मितिक्षा गुप्ता रहीं। 12 जनवरी 2023 को समिति ने एक और संसदीय वाद-विवाद कार्यशाला का अभ्यास सत्र का आयोजन किया जिसका मार्गदर्शन पूर्व समिति सदस्या सीता प्रजापति द्वारा किया गया।

एक और कदम बढ़ाते हुए 'समीक्षा' समिति ने 20 फरवरी 2023 को नए छात्रों के लिए उन्मुखीकरण एवं कार्यशाला का आयोजन किया जिसमें प्रमुख वक्ता पूर्व अध्यक्ष मितिक्षा गुप्ता एवं पूर्व कोषाध्यक्ष ईशा अग्रवाल रहीं। मार्गदर्शन करते हुए दोनों ही प्रमुख वक्ताओं ने विभिन्न सिद्धांतों पर बात की एवं वाद-विवाद के विभिन्न प्रारूप समझाए। इस कार्यक्रम के दौरान एक संसदीय वाद-विवाद का अभ्यास सत्र भी आयोजित हुआ।



'समीक्षा' समिति द्वारा उन्मुखीकरण एवं कार्यशाला का आयोजन (20 फरवरी 2023)

SAMRANJINI - The Indian Music Society



Samranjini Annual Report

Teacher Convenor :

Dr. Joya Bhattacharya

Teacher Co-Convenor :

Dr. Deepika Chatterjee

Student Convenor :

Ms. Anushka Banerjee, B.A. (Prog.) III Year

Student Co-Convenor :

Ms. Mahika Pillai, B.A.(Hons.) Applied Psychology, III Year

Samranjini firmly believes in the power of music to express all things material and sublime. For music is the ornament that adds colour and meaning to our lives.

Our activities and practices are firmly rooted in the traditions of Hindustani and Carnatic music, the two pillars of Indian classical music. We, at Samranjini, strive to uphold the values of discipline, perseverance, and humility by nurturing a space imbued with respect, dignity, and dedication. These values constitute our core principles as musicians and human beings.

Our cardinal aspiration is to preserve and maintain the sanctity of tradition and legacy while also celebrating the musical evolutions of modern times. We're known for authentic compositions, tireless efforts and for being more than eager to perform at regular college events. Samranjini has been blessed with an amazing legacy bestowed upon it by brilliant vocalists and through the support of our amazing teacher convenors, and mentors.

Samranjini has constantly posted musical content on its social media handles, which has enabled us to reach a wider, younger audience. We have also performed at various events organised by the college,



Samranjini at Farewell 2022



Samranjini at Annual Day 2022

including an intercollege solo singing competition organised by Samranjini under the aegis of Azadi ka Amrit Mahotsav. The theme for the competition was Navrasa, the nine emotions that characterise expression in the Indian classical performing arts. The event was held online on Google Meet, where participants sang classical compositions based on Raagas that emulated these nine emotions.

Samranjini organised a number of intercollege events collectively known as Malhaar 2022, under the banner of Reverie 2022, the annual college fest. The events organised were Khyal (a classical solo singing competition) and Reverie Idol (a Bollywood solo singing competition). We also organise events like Sangam (classical choir singing), Vadan (instrumental solo competition), and Jugalbandi (duet singing competition).

Apart from these, the society members also rendered a Saraswati Vandana during the inaugural function of the festival. An intercollege solo singing competition was organised by the society under the aegis of Azadi ka Amrit Mahotsav. The theme for the competition was Har Ghar Tiranga. This was the first offline event held by the college after the pandemic, with 24 participants who sang compositions based on patriotism and independence. We have also performed in multiple college events including Freshers 2022, Farewell 2022, Annual Day 2022 and Spin 2022 (Sports Day). The society performed Raag Malhar, adapted from a coke studio rendition named Ghan Garajat. The society has also performed various famous Bollywood pieces during Farewell and Spin.



Samranjini Team at SPIN 2022

The college collaborated with the Hungarian Visiting Lecturers Network and Poetry Across Cultures, India to welcome Hungarian artists János Háý and Tamás Rozs. This was followed by a music and dance recital by students of Nazaakat and Samranjini. The Hindi translations of two of the poet's poems have been set to the intricacies of traditional Indian classical music and dance. Samranjini and Nazakat, the Indian Dance Society of Gargi College performed together in the valedictory session of the International conference to celebrate the DU centenary year on translated Hungarian poems by Sandor Petofi.

SPARX - The Choreography Society



BITS Pilani Performance

Teacher Convenor: Dr. Rashmi Bhardwaj

Student Convenor: Ms. Parnavi Pandit

SPARX is an all-girls contemporary dance society at Gargi College that creates annual thematic performances based on social issues, utopian ideas, and stories of unsung heroes. Our goal is to express ourselves through movement, unleash our inner

passion, voice our opinions, and create a unique vision. Our productions explore unexplored themes that offer a moral message and relevance to current times, whether it's a social cause or an urban legend.

Our team consists of 20 members. The students, along with the teacher convenor, play an integral role in the overall functioning and management of the society. We focus on jazz, contemporary, and ballet techniques that help us build core strength and flexibility.

The production of session 2021-22 marked a tribute to Helen Keller's celebrated life. It emotionally touched souls and was placed:

- 3rd at IIT Delhi's Annual Fest - Rendezvous
- 2nd place at Kamala Nehru College's NRITYAKRITI.

We are seen experimenting with modern commercial extensions of our parent dance forms in various performances while revealing our sassy side. From doing chair choreography and setting the stage on fire in the college freshers' event, to jazz on bollywood beats in Zistatva pre-jitters, to commercial jazz showcased after being invited at Engifest 2023, DTU, we've done it all.



Sparx performing at Rendezvous IITD 2023

The annual production for 2023- Carousel, portrays freedom that unleashes from madness, a tale of true acceptance. It takes its inspiration from Oscar winning Movie 'joker'. It seeks to drop the mask worn by society, as the mask drops, so does sanity. This spine chilling, toe curling tale gave the viewers goosebumps, as they were seen at the edge of their seats, helping us win the:

- 2nd prize at Rendezvous IITD 2023

This isn't where we stop, there are tons of more competitions coming up where we plan to pirouette our way to the top.



Sparx awarded 2nd position at Rendezvous IITD 2023

The Gargi Media Cell

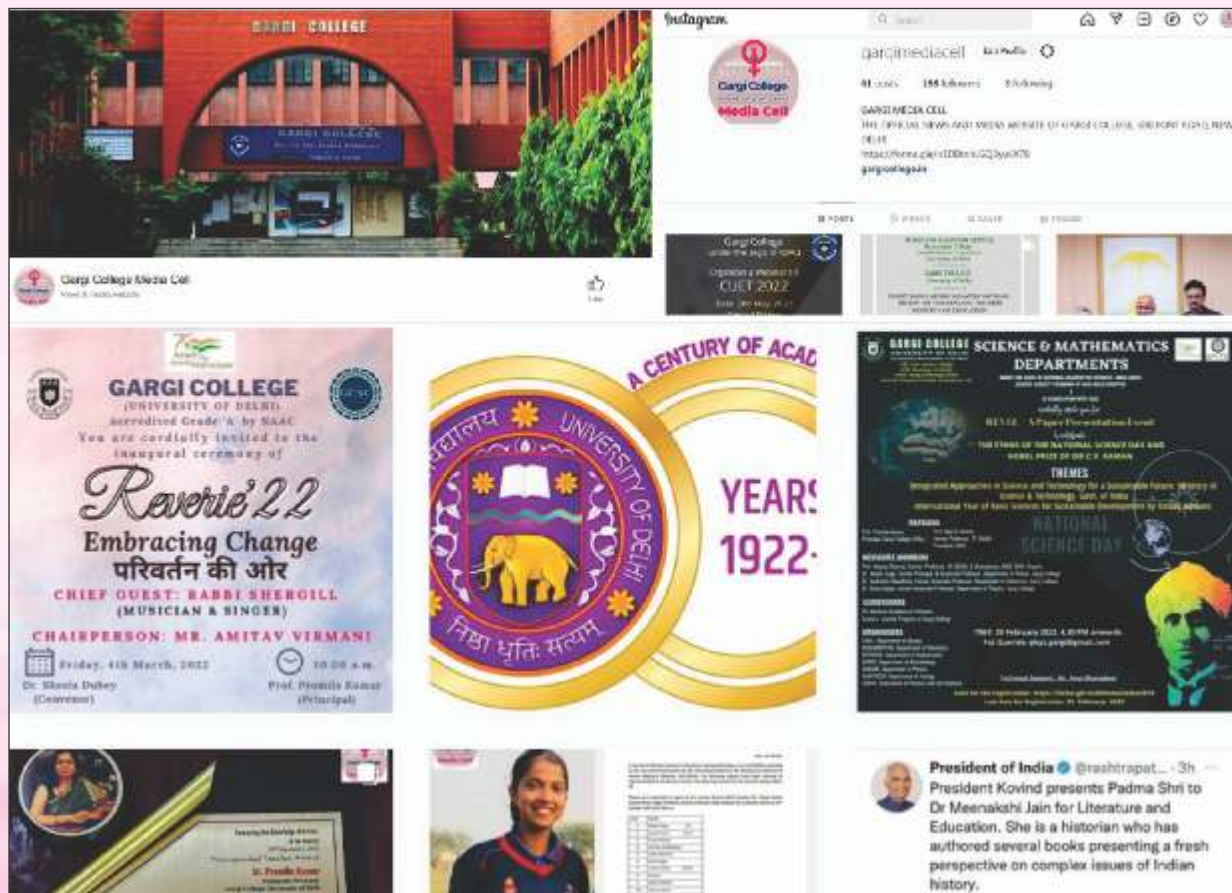


Teacher Convenor:
Prof. Jyoti Raina

The Gargi College Media Cell established in March 2020, has three official social media accounts on platforms viz. Facebook, Instagram and Twitter, which aim to enhance the value of education, by acknowledging the importance of moving with the times, staying connected and to reach out to the maximum number of stakeholders, especially the students.

Our official posts give the community the accurate picture of what Gargi is achieving and also enable the college to share latest happenings (events, webinars, academic and co-curricular events, etc.) being organised in the college campus. It provides a chance to get feedback and suggestions directly and immediately from students, faculty, staff, parents, alumni, fans and friends; and share the career achievements of the direct stakeholders (viz. faculty, students, staff, alumni), and inculcate a sense of pride and inspiration in all of us.

We encourage students, staff and faculty members to follow these accounts to stay inter-connected and well-informed.



The Marketing Society

Teacher Convenor:

Ms. Sumant Meena

Teacher Co-Convenor:

Ms. Aakriti Chaudhry

Student Convenor:

Ms. Shruti Jain, B.Com. (Hons.) III year

Student Co-Convenors:

Ms. Lipika Bisht, B.Com. (Prog.), III year; Ms. Tanya Arora, B.A. (Hons.) Business Economics, III year

The Marketing Society aims at providing a 360-degree marketing exposure and experience while providing a forum for stakeholders to demonstrate their creative, innovative, and persuading talents. The organisation is now in its ninth fruitful year of operation, and it has only grown with the passage of time.

We organise intra-team case study competitions, to help the members to expand their knowledge beyond the limit, get attracted to other opportunities, and get an insight into the corporate world and the difference between what marketing is and how it is perceived in real life. This year we followed the theme MARKETVERSE; The Cosmos Of Innovation, which focuses on the growing role of AI and tech in this fast paced world and how all spheres of Marketing are associated with AI.



Panel Discussion on the Topic Marketverse The Cosmos of Innovation

We recently published our Annual Magazine following the same theme, with various interactive articles which are circulated throughout the prominent colleges of University of Delhi.

We organise two annual events namely:

- **ALOHOMORA, The Annual Marketing fest**: We arranged a formal panel discussion for Alohomora to talk about various facets of marketing. We heard from notable speakers this year, **Mr. Shrey Deepum**, Marketing Strategist, Google; **Mr. Tarun Siddharth**, Co-founder, Offiga and **Mr. Ayush Jain**, Founder, Xane AI.



Alohomora Annual Marketing Fest

The society also held two informal events in addition to the panel discussion, the case study competition CASE ORION and the ad mad event MARKISTHAAN, which attracted over 600 participants from throughout the Delhi NCR.

- **EBULLIENCE, The Online Marketing Week**: Ebullience was conducted in the month of October and two online events were hosted by the team that lasted for three days followed by the closing ceremony, a formal speaker session which witnessed speakers like **Mr. Rahul Dayama**, Marketing Head, Urbanic and **Ms. Sheela Dubey**, Associate professor.



Ebullience 2022

To encourage students to enhance their marketing skills, the team held two online activities, PADHAAV and Brandstorm. We host a variety of seminars and webinars with business professionals so that students can pick their brains and enhance their technical, soft, and entrepreneurial abilities. The Marketing Society strongly believes in the holistic development of an individual. Its mission is to create a sphere for practical learning and gain real-time exposure in the marketing and branding industry.



First Position at Event at IMT Ghaziabad

UNMUKTI - Women's Development Centre

Teacher Convenor :

Dr. Manju Khosla

Teacher Co-Convenor :

Dr. Aneeta Rajendran

Student Convenors :

Gender Champions from various courses

Unmukti, the Women's Development Centre has actively addressed issues and concerns surrounding women and gender minorities through regular workshops, film/documentary screenings, book discussions and interactive sessions.

“Stand Up Against Street Harassment” under the direction of **Ms. Shilpy Singh** was conducted in the month of September. This session enabled our members to not only identify instances of harassment but also taught them the 5-D of dealing with the same.

“Blood on my Hands”- the Indian-made documentary was screened to dispel the taboos surrounding the issue of menstruation in our country. This was followed by an in-house discussion and exchange of stories and experiences.

A book discussion with **Shaili Chopra** on her book “Sisterhood Economy” was organised in the month



Blood on my hand - Documentary screening



Gender Champions and Volunteers

of October. It saw conversations about the economic scenario of women and the basics of gender in the workforce and economy.

A workshop on “Introduction to Eating Disorders” was organised in the month of November in collaboration with Freed NGO, to instil basic knowledge around eating disorders, their early signs and risks; break stereotypes around diet culture and mainstream social media's focus on a certain body type.



Open Mic-Judges, participants and audience

In February, Unmukti successfully conducted its annual fest on the theme “Parichit”- to make people aware. Under this, we organised:

- A talk session on “Stop Child Sexual Abuse: POCSO ACT 2012” by **Dr. Ramya Nisal** from NGO Sakshi.
- An Open mic on the theme “Women's Revolution”, an opportunity for the students to freely express their ideas and insights.
- A talk session in collaboration with South Delhi Legal Service Authority (South-DLSA) on “Acid Attack”.

Apart from our regular sessions, workshops and screenings, Unmukti continues working in the background. Our Daycare centre for the children of staff and students continues to be useful to the community. Installation of Sanitary Pad Machines on the campus is another such task that was undertaken and delivered. We also have resumed regular counselling sessions for students with a psychologist who comes to campus 3 days



Session on acid attack

of the week. All students of the college can avail this facility by filling up the google form to receive their slot; already scores of students this academic year have benefited from the service.

UPSTAGE - The Dramatics Society

Teacher Convenor:

Dr. Suchitra Bharti

Teacher Co-Convenor:

Dr. Anamika

Student Co-Convenors:

Ms. Papiya Dey, B.A. (Hons.) History, II year & Ms. Sneha Singh, B.A. (Hons.) English, II year

Upstage started off the academic year 2022-23 with a performance during the NAAC visit. We performed an adaptation of 'Seven Jewish Children' by Caryl Churchill. A play on the life and lessons of Helen Keller and how Anne Sullivan, her teacher gave a new direction to her life was devised and performed on the event of Teacher's Day. Upstage took one of its then productions in-the-making, which was an adaptation of the play, 'Constellations' by Nick Payne, where we explored the different dimensions and parallels of the universe on the lines of exploring love, to the preliminary round of Mood Indigo, the signature festival of IIT Bombay. Upstage organized a theatre exhibition in the annual Diwali fest, Zistatva. Paintings of Raja Ravi Varma were chosen, particularly of those women who have suffered



Participated in the preliminary round of Mood Indigo, fest of IIT Bombay



Performance for NAAC visit- an adaptation of 'Seven Jewish Children' by Caryl Churchill

injustice in the past. The members posed as those paintings and came together in the end to show women empowerment. Then was the Orientation Day, which was a self-written piece on the theme of women empowerment through which freshers were introduced to Upstage and theatre. Upstage made another short production for the Freshers' event. The highlight of the

year has been our performance at LTG Black Canvas that was a workshop outreach production House/Haus, direction and curation by Sir Mukherjee P. 'House/Haus' is an adaptation of the story 'Tiger on the tenth day' by a Syrian Arabic writer Zakaria Tamer translated into English by Mahmoud al-Zayed with a confluence of poets. Through its performance, Upstage attempted to learn and understand theatre beyond the proscenium and explored an experimental performance space in LTG Blank Canvas. Towards the end of the academic year of 2022-23, Upstage is making two annual productions, both on the themes of questioning the social and systemic justice systems as well as our silences.



Theatre exhibition organized at Diwali fest, Zistatva imitating the paintings of Raja Ravi Varma



Performing workshop outreach production- 'House_Haus', direction and curation by Mukherjee P

Department Associations

GARGI COLLEGE

Department of Botany

Faculty Advisors: Dr. Leisan Judith, Dr. Pritam Kaur & Dr. Neha Singh

The academic session 2022-23 was one of the much-awaited sessions post-covid. Students were waiting with great anticipation and enthusiasm to begin their offline life on campus. To kick start, Gargi College Botanical Society-TARU, conducted an "18-word Story Competition" to commemorate Azadi ka Amrit Mahotsav on the theme 'Green India Post Independence'. Not letting an opportunity to celebrate go by, students joined to

acknowledge the essence of teachers on Teachers' Day 2022.

An Inaugural lecture took place in the presence of our principal **Prof. Sangeeta Bhatia** on 9 September 2022 on the theme 'Connecting Agriculture to Nutrition and Climate: What are the Opportunities?' by **Dr. Srivalli Krishnan**, Senior Program Officer, Bill and Melinda Gates Foundation.



Inaugural Lecture by Dr Srivalli Krishnan along with faculty members and students



Food Donation Drive on the occasion of World Food Day

On the occasion of World Food Day, GCBS conducted an Inter-college Food Quiz on Healthy and Safe foods-'It's Food O'Clock' on 16 October with overwhelming participation from other colleges of the University. In addition, a collaborative 'Food Donation Drive' was undertaken with an NGO, Sewa Bharti to extend our little help to the less fortunate children and families by distributing food and essential items collected from the college fraternity and students. 'An interactive session with the freshers' was conducted to inform the first years about opportunities and challenges within the department and college.

To increase the awareness and significance of millets and to highlight the celebration of the year 2023 as 'International Year of the Millet' a talk on 'Millets: Need of The Day' was delivered by **Dr. Gita Mathur**, a retired teacher of the Department. To complement this, a Hands-on Workshop on Importance of Millets was conducted by **Pallavi Upadhyaya**, Co-founder and MD - Millets for health wherein many interesting recipes using



Hands-on Workshop on the Importance of Millets by Pallavi Upadhyaya

millets were taught. The GCBS with Research Development Cell, Gargi College also organized an informative and challenging lecture on 'Environmental and Social Perspectives on Fashion Industry' by **Prof. Vandana Mishra**, Professor, Department of Environmental Studies, DU. An online essay writing competition, 'Write Out Loud' on topics related to plant sciences and environmental issues was executed to make the students develop their writing skills.

On 15 March 2023, the Garden Committee in association with the Department of Botany, organized the flower show called 'Gargi Blooms 2023'. The flower show was followed by 'sapling distribution' to teachers as well as students. Interactive session was also organised with the gardeners who explained about the various kinds of saplings and how to take care of them. Every year, both students and teachers eagerly wait for this event which beautifully adds on to the beauty of the college. The department of botany also has initiated an inter-college add-on course "Advances in Plant Sciences" with more than 50 enthusiastic participants from different colleges of the University of Delhi. This course was undertaken

with the objective of making students aware of the importance and significance of plant sciences, scope and advancement in each sub-field of botany. Nine lectures and two workshops were delivered by eminent researchers and scientists from prestigious universities and institutes from the course's inception until the end of March. This course is still in progress and will have more engaging sessions in the future.

In continuation with last year's Alumni lecture series, Department has successfully conducted alumni interaction with the next batch of outgoing students to help students to have knowledge about diverse fields available after graduation from Botany.



Sapling Distribution

GARGI COLLEGE

Department of Business Economics

Faculty Advisor: Mr. Amit Rohilla

The Business Economics Department organised its offline orientation session for the batch of 2022-2026 on 22 November 2022. The BBE Association of Gargi College also conducted various interactive sessions throughout the year hosting speakers from prestigious institutions and work fields. One such session was regarding CAT preparation and MBA by **Ms. Shreya Shegal**. The association organized an Alumni Talk with our three alumni students from the batch of 2019 & 2022. Another session on Complexities of Energy Transformation in India and preparation was addressed by **Dr. Gopal Sarangi** who is Assistant Professor at Coca-Cola's

Department of Regional Water Studies. These sessions are aimed at making students aware and more adept. The association also catered to the issues faced by students in their daily lives, and one more session was organized on Budget 2023 by **Dr. Parang Wakins** who is Associate Professor of Economics at Ambedkar University. All these seminars benefitted students across all the years in many ways. On 30 March, an industrial visit to 'Coco Cola Happiness Factory' was conducted for third year students.



Alumni Talk



How to ace MBA by Shreya Shegal



Complexities of Energy Transformation in India and preparation by Dr. Gopal Sarangi



Budget 2023 by Dr. Parang Wakins

GARGI COLLEGE

Department of Chemistry

Faculty Advisors: Dr. M. Sarath Babu & Dr. Himani Chauhan

Rasgandhayan, the Chemical Society of Gargi College has organised several events and competitions in the academic year 2022-23. Teachers' Day was a fun-filled event with games and performances enjoyed by the teachers, students and lab staff. To celebrate Ozone Day, on 16 September 2022, two competitions were conducted on an inter-department level "Poster-Making Competition" and "Best Out Of Waste". The Inaugural Lecture on 21 September 2022 on the topic 'Recent Advances in Drug Design and Development' was delivered by **Prof. Sunil Kumar Sharma**, Department of Chemistry, DU, North Campus.

"Khoobiyaan", a Talent Hunt was conducted for the students of the Chemistry Department on 14 October 2022. The audience was amazed by the mesmerising performances. On 4 November 2022, **Dr. Himanshu Ojha**, scientist and Joint Director at the INMAS, DRDO was invited to deliver a lecture on the topic "Understanding the Harmful Effects



Teachers' day



Ozone Day

and Damages of Radioactivity During a Nuclear Emergency”.

Dazzle, the most awaited event of the year, Freshers' 2023 was held on 14 January 2023 to welcome the freshers. On 28 January 2023, an online Alumnae Meet was held. **Dr. Ashima Mehta**, (PhD, University of Texas) and **Dr. K. Aparna**, (PhD, Iowa State University) shared many of their experiences and made the event successful. A session was organized on 3 February 2023 in collaboration with Chem Academy with the motive to make students aware of their career options after completing graduation. In the loving memory of **Dr. C.K. Khurana**, a lecture was organized on 8 February 2023. **Dr. Madhu Chopra**, a renowned professor



Freshers' day

and coordinator of the BIF facility delivered a lecture on the topic, “Strategies of Computer Aided Drug and Design and Development: A new perspective”



A Lecture by Dr. Madhu Chopra

GARGI COLLEGE

Department of Commerce

Faculty Advisors: Dr. Nidhi, Dr. Anjni Anand, Ms. Sumant Meena, Dr. Payal Jain, Ms. Anam Khan, Ms. Sunita Kumari, Ms. Isha Chugh & Ms. Iti Verma

Everyone was forced to the sidelines by the pandemic but for the development of a more all-encompassing learning environment with a diverse range of extracurricular and academic pursuits for the students, The Commerce Association once again took the reins. They set out on a quest to make up for all the experiences missed due to the pandemic, starting from launching the Level-up Sessions to commemorating the Spirit of Entrepreneurs, and turning the annual fest into an exhilarating event.

The year commenced with the 75th Independence Day quiz, Freedom Trivia, which was organised under the aegis of Azaadi Ka Amrit Mahotsav. The quiz commenced on 14 August 2022 and concluded on 15 August 2022.

To honour the entrepreneurial spirit, Entrepreneurship Conclave 2022 was held on 12

October 2022 with the theme "Revival of India's innovative spirit-strengthening entrepreneurs". The Chief Guest, **Mr. Anil Khaitan**, Chairman of SNK Corporation and Former President of PHDCCI, and the Keynote Speaker, **Dr. Munish Jindal**, Founder and CEO of HoverRobotix, addressed the audience. In addition, a panel discussion with distinguished speakers from several industry sectors including **Mr. Nikhil Aggarwal**, Head of Ecommerce at Luxor Group, **Ms. Meeta Gutgutia**, Co-Founder of Ferns N Petals and Sipping Thoughts, **Mr. Saurab Aggarwal**, Business Head of IMEA, Sekisui Chemical Co. Ltd., and **Mr. Prashant Pitti**, Co-Founder of EaseMyTrip, was also organised. **Dr. Nancy Juneja**, CEO and Co-Founder of MentorX, moderated the discussion. The Association also organised two intercollege competitions, "Case Junction" and "Pitch-A-Glitch". Pitch-A-Glitch



Entrepreneurship Conclave 2022



YouTube Campus Champions Program

focused primarily on elevator pitches for failed start-ups, whereas Case Junction focused on building a start-up company.

An Orientation Programme was organised on 2 November 2022 to help first-year students familiarise themselves with the program's academic requirements and extracurricular activities.

One constantly feels the need for a platform as a content creator to hone their abilities and realise their aspirations. Keeping this in mind The Commerce Association in collaboration with The Student Council organised a YouTube Campus Champions Program at Gargi College. This program is a part of a Youtube and Yuva initiative to help students

hone their skills. The Delhi University's Gargi College is the only college selected for this Program. An Interactive Session on Content Creation featuring **Ms. Aastha Malhotra**, Strategic Partnership Manager at YouTube India, and **Ms. Shivesh Bhatia**, Baker, Food Blogger and Author, was held under this program on 3 February 2023.



Annual Departmental Fest - CASCADE_23

The eagerly anticipated Annual Commerce Fest CASCADE took place on 10 February 2023. The theme was "Elevating Your Personal Growth: The Power of Personal Branding and Personal Finance". The event allowed the students to better understand how important personal branding and finance managing are for personal growth. The audience heard from notable speakers **Mr. Anant Ladha**, the founder of Invest Aaj Kal and a financial counsellor, and **Ms. Shivangi Narula**, a skilled coach and content developer. A Stand-Up Comedy Session was also held where **Mr. Nishant Suri**, the winner of the Comicstaan Season 1, provided the crowd with hilarity.

Two intercollege contests were also organised by the association: "The Case Confluence" and "Mark-It Your Way!". The Case Confluence concentrated on solving the creator economy problems, whereas Mark-It Your Way challenged the marketing acumen.

For the betterment of the students, The Commerce Association launched the Level-up Sessions, which consist of a variety of workshops and seminars. Instead of the traditional textbook-based

instruction, these sessions are designed to provide students with more hands-on skill-based learning. The sessions and workshops were based on various topics related to business and commerce. These sessions were Research Visibility For Academic Success by **Dr. Babita Gaur**, Resumé and LinkedIn Profile Building workshop by **Mr. Vikramaditya Kumar Taneja**, MBA: The Best Career Option by Career Launcher and Start your dream and Study Abroad Program by Jamboree.

The first issue of Comascent, the bi annual magazine of the Commerce Department, was released at the Entrepreneurship Conclave with the theme "Entrepreneurial Spirit: Revitalised with Digitalisation" and covered articles around Entrepreneurship and Youth, Small Business, and Cryptocurrency. The second issue of Comascent revolved around the theme of Cascade: "Elevating Your Personal Growth: The Power of Personal Branding and Personal Finance". "Moonlighting and its ethical value" was a subtheme covered in the magazine. The magazine covered a variety of topics and talked about Personal Branding, Importance of Personal Finance, and Delectable Treat of Serendipity.



Mime-attachment

GARGI COLLEGE

Department of Economics

Faculty Advisors: Dr. Jyoti Mavi & Ms. Aishwarya Goel

Ecomantra, the Economics Association of Gargi College, commenced the 2022-23 session by conducting a speaker session on Master's Applications in India by **Ms. Poonam Kumari**, an eminent speaker and economics instructor, on September 7 2022, and an online webinar on Master's Applications Abroad by **Mr. Gulhaider Zaidi**, **Ms. Ridhima Singh**, and **Ms. Vasanthi Swetha** on 14 September 2022.

Following this, Ecomantra was honored to host a Speaker Session on India-Brazil Relations: Combating Climate Change through Biofuels, presided over by **Prof. Plinio Nastari**, Founder-President of Datagro Consulting, in coordination with the Brazil Embassy, which was held on 23 September 2022.

On 2 November 2022, Ecomantra organized an orientation to welcome the freshers into the

department and inform them about their course structure. Ecomantra also took immense pride in hosting Kerfuffle'22: The Economics Debate Forum, which was conducted on 10 November 2022 and received media coverage in national newspapers.



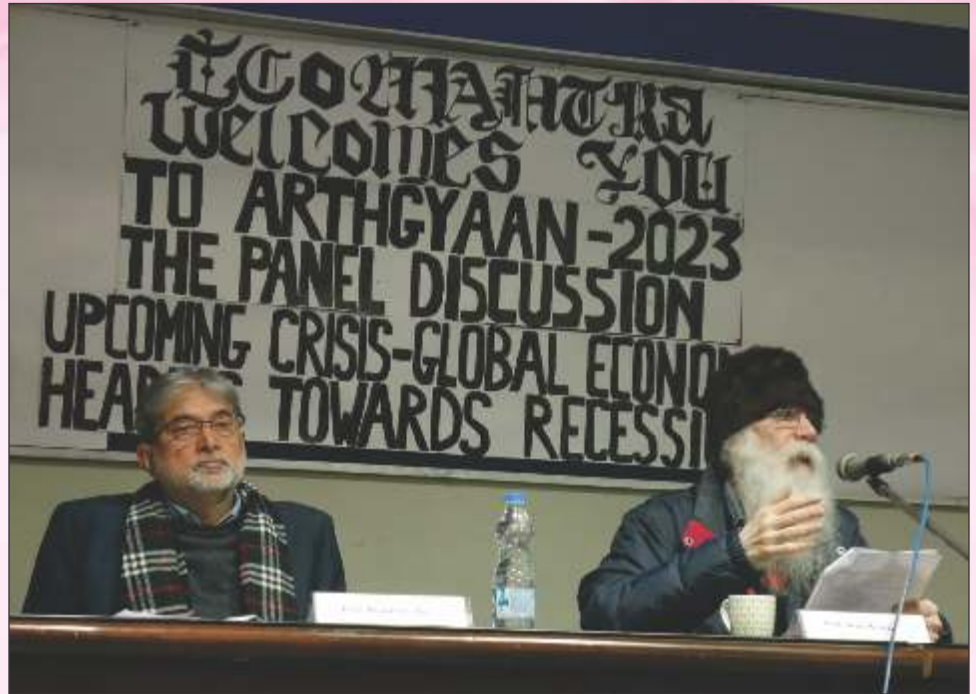
Kerfuffle'22 : The Economics Debate Forum



Speaker Session on India-Brazil Relations

The department hosted its 11th annual Economics Fest, Arthgyaan, themed Upcoming Crisis: The Global Economy Heading Toward Recession on January 13, 2023. Pre-jitters for the fest included Revival of Childhood: Sports Activities and a Dance Off held on 10 and 11 January 2023. The festival commenced with a Speaker Session on the theme by renowned speakers and authors, **Prof. Arun Kumar** and **Prof. Praveen Jha**. It was followed by three events - Colloquy: The Group Discussion, The Escape Rooms and the Treasure Hunt.

Towards the end of the academic session, an official



11th Annual Economics Fest Arthgyaan

department trip to Kanatal-Tehri- Mussoorie was organized by Ecomantra from 2-5 March 2023, to inculcate intra- department bonding.



Department Trip to Kanatal-Tehri-Mussoorie

GARGI COLLEGE

Department of Elementary Education

Faculty Advisors: Dr. Prachi Kalra & Dr. Suman Lata

A series of five workshops on 'Language Teaching' was organised with **Ms. Kriti Srivastava**-District Coordinator, Azim Premji Foundation- 07 September - 14 September 2022. These workshops were organised for 3rd and 4th year students with the objectives of understanding the process of language learning in first and second language; to examine the connection between oracy, reading, writing and to design activities using stories and poems to facilitate literacy learning. A talk with Hindi language author and gender activist **Ms. Neha Singh** on 29 September 2022 was organised for 2nd and 3rd year students. The focus was on how classrooms could create spaces for discussions around gender, teen love and LGBTQI issues, through literature. A talk with author Anil Singh was organised on 16 November 2022 which revolved around two of his published stories. It was a valuable experience for students as they engaged with questions of interpretation and co-creation of meaning with the author of the two stories. A Panel Discussion was organised on 10 January 2023 on School Education: Policy- Practice Gaps. The topics

on which the panelists spoke are as follows 'Contemporary socio-political context of School Education Policy', **Prof. Manisha Priyam**, Department of Educational Policy. National Institute of Educational Planning and Administration, New Delhi.

'Post- independence Educational Development: Kothari Commission and after', **Dr. Ravi Kumar**, Department of Sociology. South Asian University. New Delhi. 'Teacher Education in India: Global Policies and National Reforms' **Dr. Gunjan Sharma**, School of Educational Studies. Ambedkar University New Delhi. 'Persistent Inequalities in Indian Education: Old Conditions, New Directions',

Dr. Maya John, Jesus and Mary College. New Delhi. The programme was chaired by **Prof. Shyam B. Menon**, Founder Vice Chancellor, Ambedkar University, New Delhi. More than 250 students and teachers attended the programme from Gargi College as well as other colleges.



Author Neha Singh in the classroom



Talk by author Anil Singh

The B.El.Ed. department's annual festival, EduFest was organised on 21 February around the theme of Dastangoi, the traditional art of Urdu storytelling, which evolved several centuries ago, and is now being revived by oral storytellers. The two dastangos **Fauzia Dastango** and **Ritesh Yadav** narrated 'Dastan-e-Mahabharat', a lyrical and evocative story of the Mahabharat in Urdu, but also assimilating the poetic re-telling of the Mahabharat by many Hindi writers. On the international day of the mother tongue the performance was truly a celebration of the rich diversity of languages in India. The performance was attended by students of all eight DU colleges which offer B.El.Ed. and was followed by students narrating their own stories in various Indian languages.



Poster of Edufest 23



Dastan-e-Mahabharat

GARGI COLLEGE

Department of English

Faculty Advisor: Dr. Arunima Das & Dr. Mudita Mohile

English Literary Society, Gargi College aims at fostering students love for language and literature. It gives them a platform to display their intellectual and independent thinking skills by imbibing a sense of self-efficacy and self-confidence.

The English Literary Society has tried their best to organise events for the holistic development of its students and make up for the loss incurred during the pandemic. In the series of various events that we hosted, we began our academic year with a book discussion event on 7 September 2022, in collaboration with Samarth the Enabling Unit, under the theme of “Celebrate the difference” on Malini Chib's novel One Little Finger. The session was moderated by **Mr. Suraj Agarwal** and the discussion panel consisted of five students. This was followed by Departmental Research Symposium, on 9 September, 2022 in which, as a part of the “Faculty Lecture Series”, we invited **Dr. Sutapa Dutta** to give a talk on her research work. She delivered a talk on the topic: “Development of

Early English Educational Materials”. The event was moderated by **Dr. Chhaya Sawhney** from the Department of Elementary Education. Further ahead, on 16 September 2022, the English Literary Society of Gargi College invited **Ms. Shobha Gupta**, an advocate on Record of the Supreme Court for a talk on 'Liberalisation of Women', moderated by Dr. Puja Rani, as part of the 'Azaadi Ka Amrit Mahotsav' celebration in the college. Proceeding, On 14 October, 2022, English Literary Society of Gargi College, under the aegis of IQAC organised a talk on the subject 'The Opening of the Human Mind' by **Dr. Hema Raghavan**, the esteemed former principal and former faculty of the Department of English, Gargi College. The insightful talk was engaging as well as stimulating for students. The talk was moderated by **Dr. Rekha Navneet**. Post such enriching sessions, On 13 December 2022 The English Department and B.A. Programme at Gargi College got the amazing opportunity to go on an enlightening Heritage



Departmental Research Symposium



'The Opening of the Human Mind' by Dr. Hema Raghavan

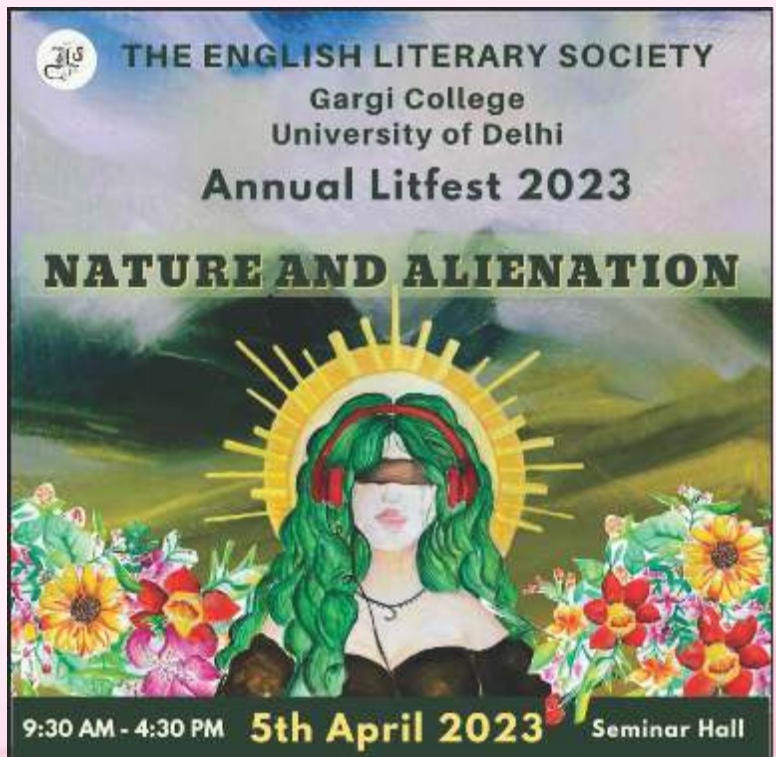


Faculty Research Symposium

Walk to Purana Qila in New Delhi. **Dr. Mudita Mohile, Prof. Sutapa Dutta, Dr. P.V. Haseena, and Dr. Alka Michael**, a resource person from the Department of History, travelled by bus with the students from Gargi College to Purana Qila, and explored the heritage monument along with ASI museum, in context to the literature of 'Mahabharata' prescribed in the syllabus. Furthermore, on 13 January 2023 we organised 3rd faculty research symposium, featuring a lecture by **Dr. Mudita Mohile**, Professor, English Department, Gargi College. The lecture's subject was "Notes from Within: Bhakti Voices and Secular Modernism" and moderated by Dr. Monica Gupta.

The society has conducted the Annual Literary Festival on the theme of "Nature and Alienation" where enriching talks and various competitions were organised to spread out the message of nature and its connection with human beings. **Dr. Rekha Navneet**, Associate Professor from the department of Philosophy, Gargi College; **Surabhi Goel**, Assistant Professor from Miranda House, and **Shikha Vats**, Assistant Professor from

IIT Bhubaneswar joined the panel for a fruitful academic discussion. Various competitions mainly Paper Presentations, Collage Making, and Soliloquy competitions were organised along with pre-jitters. The festival welcomed participation from both Post-Graduate and Undergraduate students.



गार्गी कॉलेज हिन्दी साहित्य परिषद्

शिक्षिका संयोजिका: डॉ. मीना
शिक्षक सह-संयोजक: प्रो. श्रीनिवास त्यागी

हिन्दी साहित्य परिषद् ने शैक्षिक वर्ष 2022-2023 में अनेक कार्यक्रमों का आयोजन किया। सत्र का आरंभ परिषद् के छात्र संघ के विविध पदों के प्रतिनिधियों के चुनाव से हुआ। पदाधिकारियों के नाम इस प्रकार हैं —

हिंदी साहित्य परिषद् द्वारा 21 जनवरी 2023 को छात्र संघ के चुनाव का आयोजन किया गया, जिसमें अध्यक्ष के रूप में तृतीय वर्ष की सोनम यादव, उपाध्यक्ष के रूप में द्वितीय वर्ष

की राधा सिंह, महासचिव के रूप में द्वितीय वर्ष की रचना कुमारी, सांस्कृतिक सचिव के रूप में तृतीय वर्ष की मनीषा, कुलानुशासक के रूप में तृतीय वर्ष के मनीषा एवं कोषाध्यक्ष के रूप में स्मिता राज चुनी गई।

हिंदी साहित्य परिषद् द्वारा कक्षा प्रतिनिधि के रूप में प्रथम वर्ष की रितु, मोनिका गुप्ता द्वितीय वर्ष की कनिका, दामिनी, तृतीय वर्ष से एकता, हंसिका को चुना गया। हिंदी साहित्य



काव्य पाठ प्रतियोगिता

परिषद द्वारा 5 सितंबर 2022 को शिक्षक दिवस कार्यक्रम का आयोजन किया गया, जिसमें समस्त हिंदी विभाग के शिक्षक की एवं छात्र संघ के समस्त सदस्यों की उपस्थिति रही।

‘हिंदी दिवस’ के उपलक्ष में हिंदी साहित्य परिषद एवं अनुभूति – हिंदी सृजनात्मक लेखन समिति द्वारा “हिंदी सप्ताह समारोह” दिनांक 15 सितंबर से लेकर 22 सितंबर 2022 तक प्रस्तुत किया गया। 15 सितंबर 2022 को स्वरचित कविता वाचन, 16 सितंबर 2022 को चित्र देखकर सृजनात्मक लेखन, 17 सितंबर 2022 को साहित्य प्रश्नोत्तरी, 19 सितंबर 2022 को शिक्षकों द्वारा काव्य पाठ, 20 सितंबर 2022 को अनकहे अल्फाज, 21 सितंबर 2022 को लघु कथा वाचन एवं 22 सितंबर 2022 को कवि सम्मेलन का आयोजन किया गया।

हिंदी साहित्य परिषद द्वारा 74 वें गणतंत्र दिवस के उपलक्ष में स्वरचित काव्य पाठ प्रतियोगिता का आयोजन 28 जनवरी 2023 को 11 बजे संगोष्ठी कक्ष में हुआ। इस स्वरचित काव्य पाठ प्रतियोगिता में 30 छात्राओं ने भाग लिया। प्रतियोगिता के निर्णायक मंडल द्वारा स्वरचित काव्य पाठ प्रतियोगिता में विजेता के रूप में प्रथम पुरस्कार सलोनी शर्मा बी. ए. पॉलीटिकल साइंस (ऑनर्स), तृतीय वर्ष; द्वितीय पुरस्कार श्रेया बी. ए. (प्रोग्राम), तृतीय वर्ष; तथा तृतीय पुरस्कार समायरा अनवर बी. ए. हिस्ट्री (ऑनर्स), प्रथम वर्ष को दिया गया। इसके साथ में 3 सांत्वना पुरस्कार भी प्रदान किये गए। पहला सांत्वना पुरस्कार सुमित्रा मंडा, बी. ए. हिस्ट्री (ऑनर्स); दूसरा सांत्वना पुरस्कार अनामिका सिंह बी. काम. (प्रोग्राम) एवं तीसरा सांत्वना पुरस्कार अंजली पाल, बी. ए.

हिंदी (ऑनर्स) को दिया गया। 27 फरवरी 2023 को अंतर्राष्ट्रीय मातृभाषा दिवस के उपलक्ष्य में, राजभाषा समिति के सहयोग से निबंध प्रतियोगिता का सफल आयोजन किया गया।




हिन्दी साहित्य परिषद

गार्गी महाविद्यालय दिल्ली विश्वविद्यालय

अन्तर्राष्ट्रीय मातृभाषा दिवस के उपलक्ष्य में
राजभाषा समिति, गार्गी महाविद्यालय
के सहयोग से प्रस्तुत करता है-

निबंध लेखन प्रतियोगिता

विषय- "मेरी मातृभाषा, मेरा गर्व"

दिनांक - 25 फरवरी, 2023
समय - 11:00
स्थान - एलटी-1

<p style="color: red;">सोनम यादव अध्यक्षा +91 9628210603</p>	<p style="color: red;">राधा सिंह उपाध्यक्षा +91 98212 34872</p>
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निबंध लेखन प्रतियोगिता



निबंध लेखन प्रतियोगिता



शिक्षक दिवस

GARGI COLLEGE

Department of History

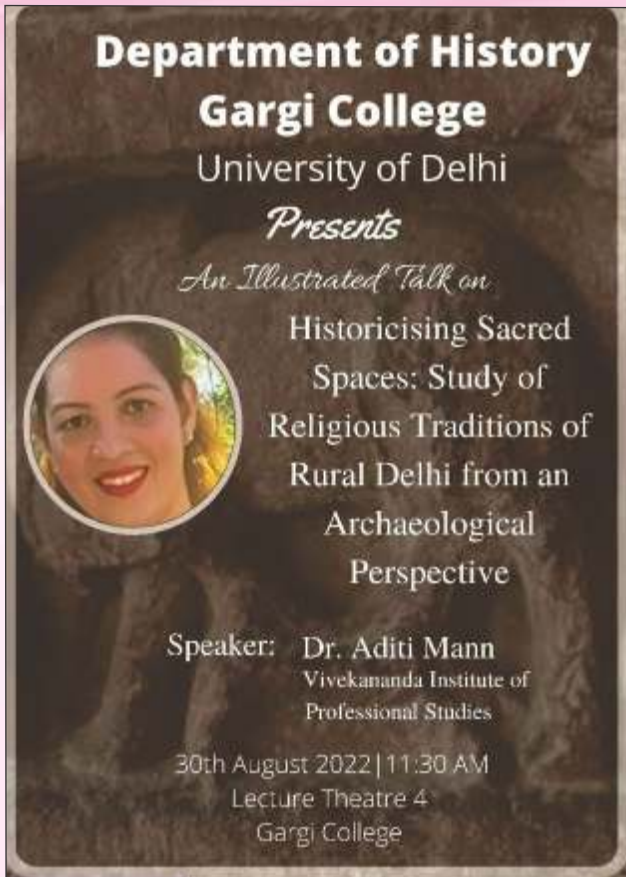
Faculty Advisors: Dr. Deeksha Bhardwaj, Dr. Megha Shukla & Mr. Shashi Bhushan Gupta

It has been a year of multifarious events for the Department of History. The session started with a talk on the 27 July 2022 by **Dr. Archana Ojha**, Associate Professor of History, Kamala Nehru College, titled "History of Trail of Devastation and Marginalization of the Original People by the Settler Societies in Turtle Island". On 18 August 2022, **Dr. Manjushree Singh**, superannuated Associate Professor of History, Gargi College gave

a lecture on "Reconstructing Representation and Agency of Women Activists in the National Movement in Delhi 1930-35". On 30 August, **Dr. Aditi Mann**, Vivekananda Institute of Professional Studies, shared her research in a talk titled, 'Historicizing sacred spaces: Study of Religious Traditions of Rural Delhi from an Archaeological Perspective'. **Dr. Babita Gaur**, Librarian, Gargi College conducted a workshop for faculty and



Visit to Museum



Poster for the talk by Dr. Aditi Mann



A workshop by Dr. Babita Gaur

students of the department focusing on "Online Searching Tools and Techniques for Academic Writing". The department had a book talk by **Dr. Aditya Pratap Deo**, St Stephen's College, on 9 November 2022 on his recent publication "Kings, Spirits and memory in Central India: Enchanting the State". **Prof. Swapna M. Banerjee**, a Distinguished Scholar for the Advanced Research Collective (2023) at The Graduate Center, The City University of New York discussed her research and recent book on 10 January 2022. The talk was titled "In Search of Fathers and children in Indian Colonial History: A discussion of the book - Fathers in a Motherland: Imagining fatherhood in Colonial India". On 22 February 2022, **Dr. Swapna Liddle**, Convenor of the Delhi chapter of the Indian National Trust For Art And Cultural Heritage

(INTACH) gave a lecture on "Shahajahanabad : Mughal Town planning and Urbanism".

The Department also conducted a Heritage walk to Ferozeshah Kotla for the students of B.A. Programme studying the 'Popular Culture' paper. Also, students of BA Programme studying the paper 'Delhi through the ages' were taken on a field visit to the Purana Qila excavation site. Both walks were conducted by **Dr. Alka Michael**. Further, the Department organised an educational trip to Gwalior, Datia Fort and Orchha from 3-5 February 2023. Four faculty members and forty History Honours students were part of the trip. On the 31 March 2023, the Department celebrated its annual festival - Antaraal. The title for this year's festival was 'Decoding Pleasure: Aesthetic Sensibilities and Social traditions'. Our distinguished speakers were

Prof. Seema Bawa, Head, Department of History, University of Delhi who spoke on “Prescribed and Proscribed Pleasures in Indian History” and **Dr. Pankaj Jha** from Lady Shri Ram College whose

lecture was titled “Practicing and Policing Pleasures: Glimpses from Medieval Indian Literary Archives”. The festival also successfully included academic and cultural activities for students.



Department Fest

GARGI COLLEGE

Department of Mathematics

Faulty Advisors: Ms. Arshmeet Kaur, Ms. Bhawna Kapoor, Ms. Anshika Agrawal & Dr. Deepika Dhall

The Mathematics Association, Mathema, organised various events and activities during the academic year 2022-23. Two days' workshop on "Learning Python" by **Dr. Jaya Gera**, Department of Computer Science, Shyama Prasad Mukherjee College, University of Delhi was organised to enhance the programming skills. It was open to second- and third-year students of Gargi College. A lecture by **Prof. Ajay Kumar**, a NASI senior scientist, was held on "Continuity and Uniform Continuity". A career counselling session on data science was also organised by **Dr. Anubhav**



Career Counselling Session

Srivastava, Head of Data Science and Analytics at Viacom18 Media. The focus of the session was to understand the career prospects and the know-how related to the data science field.

The department organised a number of other competitions including the quiz contest MATHARON over the course of the session. There was also a story telling event called "Maths ke kisse" where the participants were urged to use sticky notes, art supplies to record their stories and mathematical experiences.

Several online tournaments were also staged in addition to these offline events. One of the highly anticipated competitions among students was the reel-making challenge, REELMATICS, and the photography competition, MIRAGE. The article writing competition also attracted the attention of the thriving writers interested in mathematics

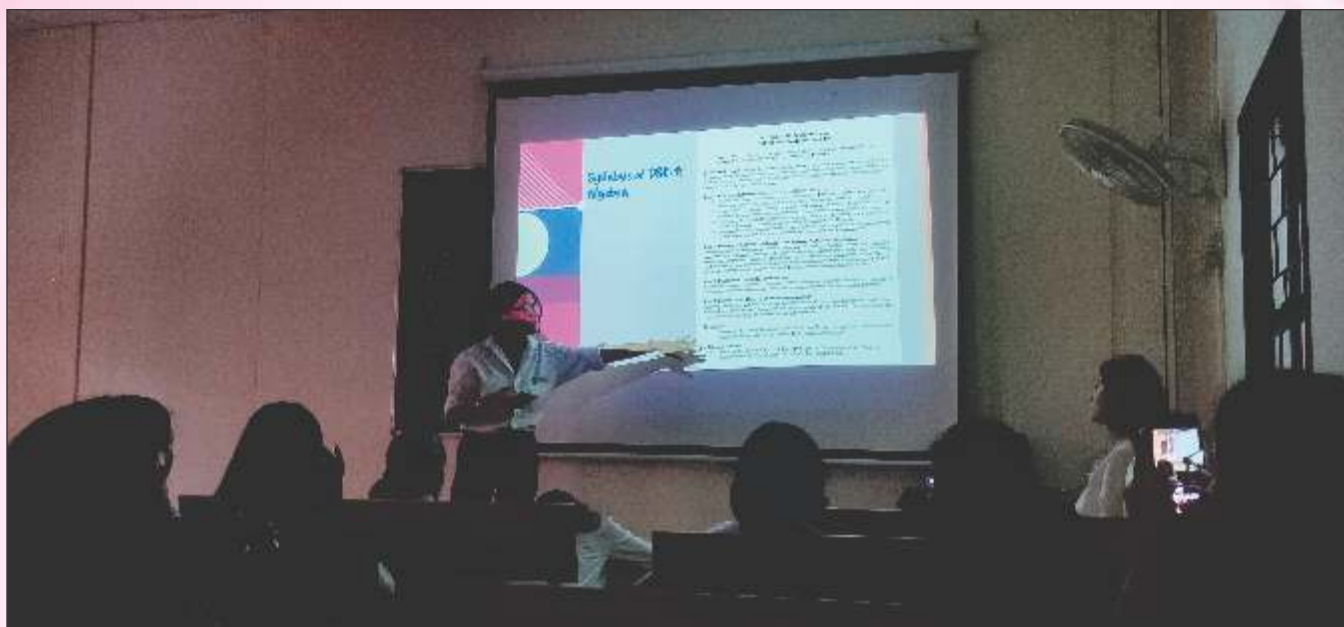


Lecture by Prof. Ajay Kumar

The department also held an orientation program for first-year students. **Ms. Arshmeet Kaur** addressed the group, introducing everyone to the department teachers, students' union and motivating them for the wonderful journey that lay ahead. During the orientation, the details regarding

the new course structure (NEP), timetable, and internal assessment were explained to the students.

MATHEMA also organised various informal and interactive sessions with first and second years to encourage them to participate and interact among all other students of the mathematics department.



Orientation programme for first year students

GARGI COLLEGE

Department of Microbiology

Faculty Advisor: Dr. Anita Kapila

The Department of Microbiology organized a plethora of academic and extracurricular activities as the college switched to the offline mode in February 2022. The switch back from online to offline mode was surely a difficult task but with the collective efforts from teachers and the students, G.E.R.M.S. (Gargi Establishment Representing Microbial Sciences) and M.A.S.I.F. (Microbiology Alumni Student Interaction Forum) organized the various mentioned activities through the academic year of 2022-23.

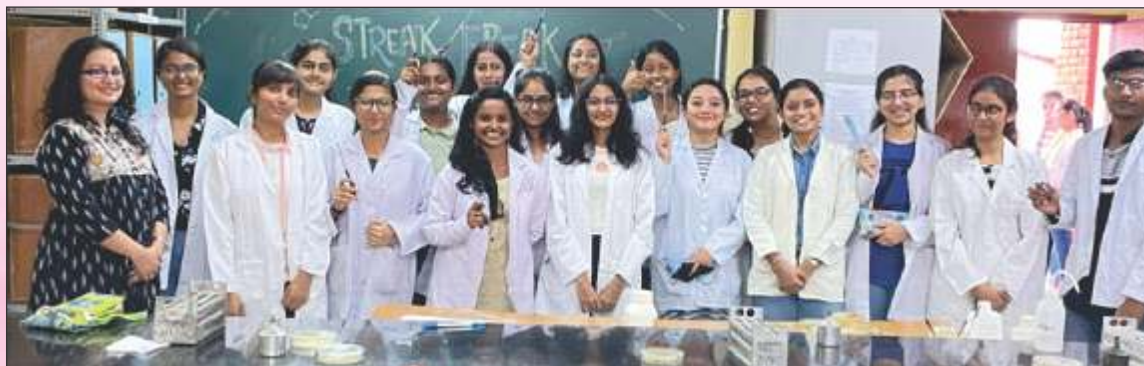
To start off the new session, an online writing

competition 'Vidyan Vidushi' on the occasion of Independence Day was organized. Following it soon after, to re-energize the students and refresh the minds, a nature walk was undertaken to the Aravalli Biodiversity Park. An educational visit to the Electron Microscope Facility, AIIMS, Delhi was organized for better knowledge and learning based on our curriculum and papers for the third year students. They also attended the IARI Global Millet Exhibition.

Various competitions like 'Streak Freak'- Agar Art Streaking competition, in association with NASI



Educational Visit to Electron Microscope Facility, AIIMS



Streak Freak - Agar Art Streaking Competition

and MSI hosted by GERMS, 'Lumière' - The Candle Making Competition and 'Breaking The Myths' - The Video Editing competition were organized as monthly events for greater interaction and exposure to the arts outside the laboratories and to sharpen their creativity amongst individuals from various disciplines, who were rewarded with cash prizes.

A webinar was hosted by MASIF with **Dr. Mridula Nambiar**, an alumni of the Department of Microbiology, on the topic "Genome Instability in

Human Diseases" and a seminar session was hosted by GERMS with **Prof. Shweta Saran**, JNU, who talked about "Cell Signaling and Animal Development". They helped enhance the knowledge of the students. The interactive Q and A session with the speakers which soon followed, helped them eliminate any doubts regarding entrance exams, research opportunities, successful career paths and possible alternatives in microbiology as a subject of study. 'The Fast and the Curious' - Quiz competition held as the monthly



Webinar with Dr. Mridula Nambiar, Associate Professor at IISER Pune



Seminar with Prof. Shweta Saran, School of Life Sciences, JNU

inter-college event by GERMS, also gathered a huge crowd both from and outside Gargi College, which tested the participants on their knowledge in General Science. The collective events have seen participation from almost 200 students.

The students of the department have also attended various workshops at BSC BioNEST Bioincubator, Regional Centre for Biotechnology, both hands-on and lectural ones, on Antibiotic Susceptibility

Testing Methods and RT-PCR, respectively. They also attended various extra-curricular competitions like quizzes, doodle making, poster making, creative writing and various other fun competitions at other colleges and institutes like NII (National Institute of Immunology), New Delhi and IARI, Delhi and have brought accolades and glory to the department.

GARGI COLLEGE

Department of Philosophy

Faculty Advisor: Dr. Rekha Navneet

The department of Philosophy has actively and successfully conducted a series of talks by experts, both from India and abroad (National and International level speakers). The lecture series entitled 'varta' is conducted to facilitate additional learning for students in various sub-divisions of Philosophy and in giving them an exposure in multi-disciplinary disciplines too. The invited speakers are highly accomplished people from

academia; Primarily from Philosophy, and other fields of study, skill and governance. The department also conducts an intra-disciplinary students' activity Mimansa (critical investigation) which is a platform for the students to deliberate on and present their research on a polemical issue.

Conferences and talks conducted by Department of Philosophy for the Session 2022-2023:

Date	Title	Speaker	National/International levels
14 October 2022	Varta Session: How to find a research question? A case study of Ego in Descartes, Kant, Husserl and Heidegger.	Dr. Huzaifa Siddiqi	National level
3 November 2022	Varta Session: A Lecture on Merleau-Ponty's Essay 'The Battle Over Existentialism'	Dr. Huzaifa Siddiqi	National level
17 January 2023	Varta Session: Role of Philosophy in Shaping Diplomacy	Mr. Ambarish Vemuri	National level
1 February 2023	Panel Discussion on 'Fitness, Mental Wellbeing, and Living Meaningfully'	Dr. Manasvini M. Yogi, a Panelist at a technical session	International Multidimensional Conference on 'Revisiting Wellbeing: Perspectives, Challenges, and the Road Ahead'
2 February 2023	Talk on 'Equanimity and Wellbeing: An Inquiry into Indian Tradition'	Prof. Balaganapathi University of West Indies Keynote address	International Multidimensional Conference on 'Revisiting Wellbeing: Perspectives, Challenges, and the Road Ahead'
24 February, 2023	Lecture on 'Socratic Dialogue as an Ethical Practice'	Dr. Frisbee C. C. Sheffield, University of Cambridge	International



Dr. Huzaifa Siddiqi



Mr. Ambarish Vemuri



Dr. Manasvini M yogi



Prof. Balaganapathi

The forthcoming activities of the Department includes a lecture by an author to discuss literature and Philosophy on 5 April 2023. This shall be done in collaboration with English Literary Society.

On 25 April 2023, the department plans to conduct its annual festival, Dialectica on the theme,

Relevance of Ambedkar's Philosophy in the Current Times' and the key address will be delivered by **Prof. Akash Singh Rathore**. The department Magazine Gnosis will be released simultaneously.

GARGI COLLEGE

Department of Physics

Faculty Advisors: Dr. Hira Joshi & Ms. Mansi Agrawal

QUASAR, the physics society of Gargi College, organized lectures, competitions, and fun activities in the academic session 2022-2023. The society provides a platform to young minds to come together and explore themselves. It has been a constant endeavor by the union members and faculty members to raise the bars with each passing year by consistent efforts.

The elections for the Quasar union members were held on 27 August 2022 by e-polling. Quasar, the physics society celebrated "Teachers' Day" on 5 September 2022. The students were thankful to the teachers for being their support and guiding light to move forward in their lives.

The Department of Physics and Eco Club in association with National Academy of Sciences (India) Science- Society Program in association with NASI, Delhi Chapter organized an e-waste collection

and awareness drive from 12-18 September 2022. The faculty members and students actively participated. The drive encouraged the faculty members and students from the other departments to throw e-waste in the designated bins only.

The inaugural lecture was organized on "How do we study black holes?" which was delivered by **Dr. Jaiverdhan Chauhan** working as a Postdoctoral Researcher at Montana State University, USA on 23 September 2022. He familiarized the students with the latest research in the field as well as with the career opportunities available at different research institutes. Along with the lecture, the newly formed Union of Quasar was introduced and the annual magazine "Physikos" for the session 2021-22 was launched.

Under the aegis of National Academy of Sciences India, Science-Society Program a talk and demo



PHYSIKOS Inaugural



National Science Day Celebrations

session on “Exploring the Exciting Worlds of Exoplanets” was delivered by **Dr. Priya Hasan**, Maulana Azad National Urdu University, Hyderabad on 30 September 2022 in online mode. The session provided insights of the astronomical mysteries beyond the solar system.

A hands-on workshop on “Foldscope: A versatile low-cost tool for Interdisciplinary Research” and a familiarization session on “Antimicrobial Resistance (AMR)” delivered by **Dr. Anupama Harshal W**, Woman in STEM, Superheroes against Superbugs Fellow was organised under the aegis of IQAC, National Academy of Sciences India, Science-Society Program and as a part of centenary celebrations of University of Delhi on 14 October 2022. The patrons of the workshop were **Prof. Sangeeta Bhatia**, Principal (Acting) Gargi College and **Prof. Ajoy Ghatak**, formerly at IITD and President NASI. **Prof. Anurag Sharma**, Emeritus Professor, IITD and Chairman NASI, Delhi Chapter was the chairman of the workshop.

Quasar, the Physics society organised a workshop



Foldscope Workshop

on “Optics, evolution and demo on the Assembly of Telescopes & A Night Gazing Session” under the aegis of IQAC, National Academy of Sciences India, Science-Society Program and as a part of centenary celebrations of University of Delhi on 17 October 2022. **Prof. Ajoy Ghatak**, formerly at IITD and President NASI was the guest of honour. The keynote address was delivered by **Prof. Anurag Sharma**, Emeritus Professor, IITD and Chairman NASI, Delhi Chapter. **Mr. Tushar Purohit**, Telescope Making Intern at IUCAA, Scipop Pune delivered a talk on “Demo on the Assembly of Telescopes”. The “Night Gazing Session” was delivered by **Mr. Tushar Purohit** and **Mrs. Kavita**

Sansanwal, Jagdish Chandra Basu Sci. Club.

Quasar then organised Film Statistics competition on 3 February 2023 as a fun way to engage students in film related trivia. The students from first year won the trivia.

The students accompanied by **Dr. Hira Joshi** visited IUAC to celebrate the “National Science Day” on 28 February 2023. Quasar, the Physics society celebrated National Science Day with an interdepartmental video making competition on the lives of Indian scientists, their discoveries and women in science on 1 March 2023.



IUAC Visit

GARGI COLLEGE

Department of Political Science

Faculty Advisors: Dr. Maneesha Roy & Dr. Ragini Singh

The academic activities conducted by the Department of Political Science in the year gone by reflects its academic vibrancy and richness. The academic calendar of the Department for 2022-23 began with the Reel Making Contest on the theme 'Reimagining Democratic Discourse in New India' to mark the 75th Independence Day 2022 under the aegis of Azaadi ka Amrit Mahotsav. Many creative submissions were received from the different departments of Gargi College. An activity-based event was organised to celebrate the 'Hindi Diwas 2022' on the theme 'हिंदी भारतीय एकता और संस्कृति का प्रतीक' where students were given the opportunity to express themselves creatively through poetry, paragraph, limerick, anecdotes and free writing.

On 13 October 2022, the Department in collaboration with the Global Youth Gargi Chapter, an apolitical not-for-profit organisation that aims to empower student ambassadors for a global generation conducted a seminar on the theme 'India@75: Foreign Policy Making in New India'. The esteemed speakers for the webinar were **Ambassador Rahul Chhabra**, Former Secretary (Economic Relations), Ministry of External Affairs and **Dr. Sreeram Chaulia**, Professor and Dean at Jindal School of International Affairs. The session proved to be stimulating and thought provoking for young minds of the Department and it enlightened them about several aspects of Indian Foreign Policy and India's future in global politics.



The Department of Political Science conducted a National Seminar on 'India@75: Foreign Policy Making in New India' on October 13, 2022. The speakers for the occasion were Ambassador Rahul Chhabra and Dr. Sreeram Chaulia.

National Seminar on India @75 - Foreign Policy Making in New India

The next major event in the academic calendar of the Department was the Freshers' Orientation held on 2 November 2022. In the programme, the students were introduced to the department and the changes brought about by the New Education Policy in their academic plan. The faculty members present in the orientation were delighted to meet their new students and the new first year batch reciprocated with utmost enthusiasm.

Due to the easing of covid restrictions, the Department conducted a study tour on Children's Day 2022 (14 November), under the aegis of Azaadi Ka Amrit Mahotsav. This special programme was organised by Parliamentary Research and Training Institute for Democracy, Lok Sabha Secretariat in collaboration with Ministry of Education and Ministry of Youth and Sports Affairs, Government of India to pay homage to our national leaders.



The Political Science Department conducted a study tour to the Parliament of India on November 14, 2022 which was organized by Parliamentary Research and Training Institute for Democracy, Lok Sabha Secretariat in collaboration with Ministry of Education and Ministry of Youth and Sports Affairs, Government of India.

With the collective efforts of the Department and Association, ten students and two faculty members got the opportunity to participate in this prestigious program that was held in the Historic Central Hall of the Parliament. Several dignitaries were present on the momentous occasion including Honourable Speaker Shri Om Birla, Shrimati Sonia Gandhi, Shri Malikarjun Kharge and Dr. Shashi Tharoor.

The Department also hosted the celebration of 'Constitution Day' in the College on 25 November 2022. The event was graced by the College Principal, **Prof. Sangeeta Bhatia** and distinguished speaker, **Prof. Rekha Saxena**, who delivered a speech on the theme 'Indian Constitution: Theory and Practice'. The event also included an oath taking ceremony and preamble reading. The primary objective of this event was to create awareness about the significance of the Indian Constitution. On January 25 2023, an interactive session was organised on the theme 'Electoral Democracy and Poll Preparedness: An Administrator's Perspective' to commemorate the National Voter's Day. The eminent speakers for the

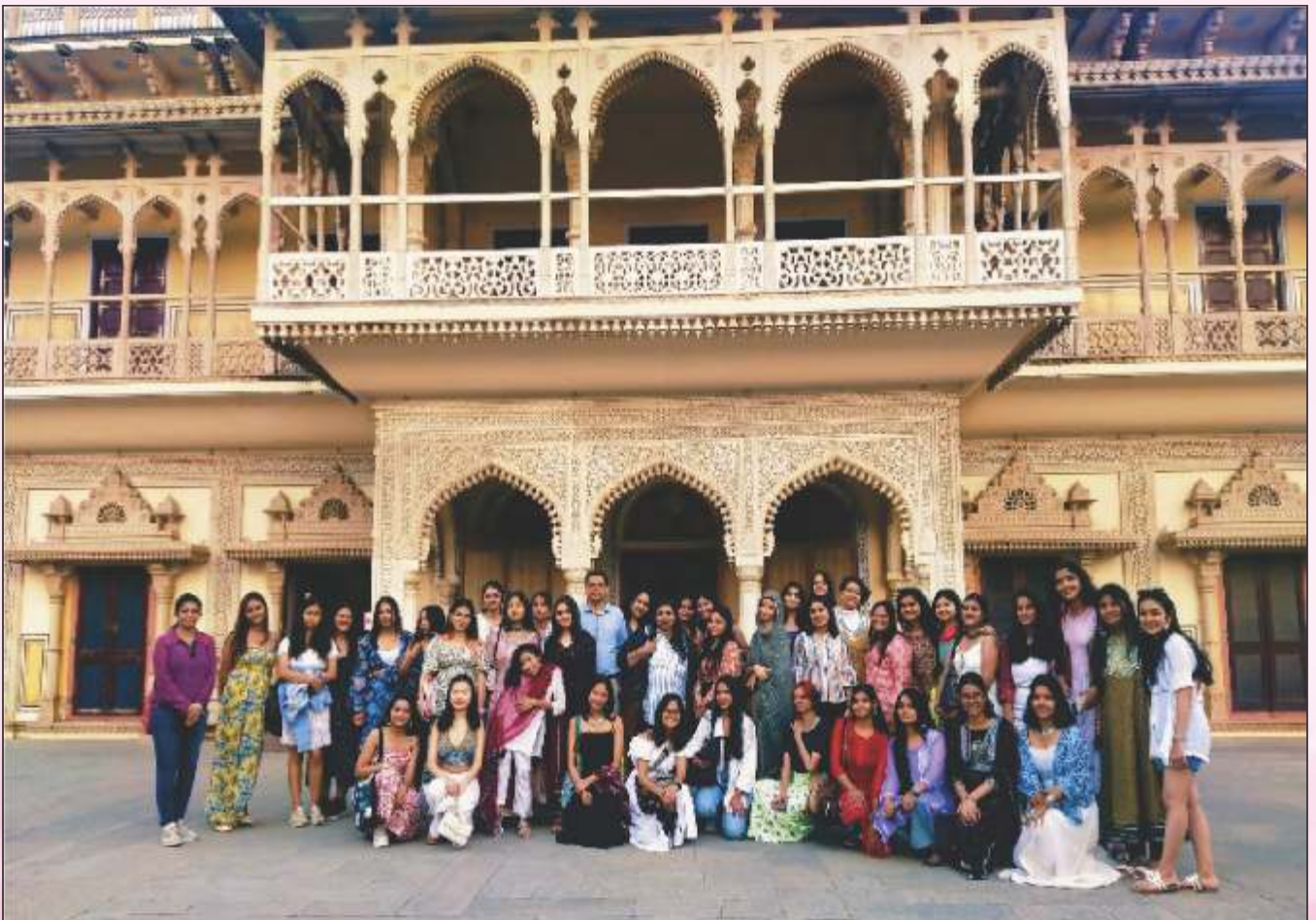


The Political Science Department hosted the celebration of 'Constitution Day' in the College on November 25, 2022. Professor Rekha Saxena, the distinguished speaker for the event, delivered a speech on the theme 'Indian Constitution: Theory and Practice'.

session were **Sh. Kumar Mahesh**, IAS, Special Director (UTCS), Government of NCT, Delhi and **Prof. Sangeeta Bhatia**. **Sh. Kumar Mahesh** encouraged the students to carry out their national duty as an Indian citizen. The session was concluded with the students being administered the oath of a responsible Indian voter.

Like every year, the Department also engaged in some green initiatives. The most notable of these was the 'Best Out of Waste' competition which took place on 15 February 2023, and which required students to create something out of waste that was biodegradable, recyclable, or reusable. The aim of this competition was to reflect the idea of sustainable art and the three Rs of waste

management: Reduce, Reuse and Recycle. With the aim of bringing about a holistic development and inculcating confidence in the students, a three-day educational excursion to Jaipur, Rajasthan was organised by the Department (26-28 February 2023). During this excursion, the students learnt about the rich and vibrant history of Jaipur and nearby areas. Keeping with the spirit of womanhood, the International Women's Day was celebrated on 22 March 2023 with an inter-College open mic event on the theme 'Digiall: Digital Innovation and Technology for Gender Equality'. The event saw active participation of students from different colleges.



A three-day educational excursion to Jaipur, Rajasthan was organised by the Political Science Department from February 26-28, 2023.

GARGI COLLEGE

Department of Psychology

Faculty Advisors: Dr. Shweta Chaudhary & Ms. Vibhuti Mehta

The Department of Psychology is committed to helping students develop an understanding of psychology, imbibe skill-based learning and explore diverse careers through activities and events throughout the year. **Dr. Vidhya Nair**, Holistic Psychologist, helmed a session on 'Mental Health and Well-being of the Student Community' as part of our World Mental Health Day Celebrations. **Dr. Sneha Sharma**, Consultant Psychiatrist, shed light on 'Pharmacotherapeutic Interventions for Psychological Disorders'. **Ms. Jhanvi Jain**, Counselling Psychologist, familiarised students with several aspects of counselling in 'Counselling Psychology: Therapists Practice and Perspective'. **Ms. Sonakshi Gandhi**, Clinical Psychologist brought her experience and expertise in 'Clinical Psychology - An Applied Perspective'.

As part of the 75th Independence Day, we organised a talent showcase, creative writing competition and photo exhibition. Our students participated and won awards in inter-and intra-



Interactive session with Dr. Vidhya Nair

college competitions, paper presentations, and national and international academic conferences. Izhaar, Gargi's Mental Health Initiative, organised a series of events during their Suicide Awareness Week, to increase awareness and reduce stigma surrounding suicide.



Students presenting at International Conference

An experiential learning workshop on 'Stress Management' conducted by **Ms. Anushka Khanna**, Yoga and Wellness Expert, taught students techniques to manage stress and improve quality of life. Exploratory field visits to orphanages, corporates, research institutes, and publishing houses were carried to help students connect classroom education with practical application. As part of our alumni engagement efforts, **Ms. Nandini Maheshwari**, Senior Consultant, provided valuable insights on 'Careers in Organisational Psychology and Allied Fields'.

Ms. Ritika Marwaha, Special Educator and also a Gargi Psychology alumna, conducted an interactive expert session on 'Special Education: Inclusion and Implementation'.



Teachers Day Celebrations



Workshop with Ms. Anushka Khanna

GARGI COLLEGE

Department of Sanskrit

Faculty Advisor: Dr. Anamika

विद्या प्रशस्यते लोकैः विद्या सर्वत्र गौरवा ।
विद्यया लभते सर्वं विद्वान सर्वत्र पूज्यते ॥



Inaugural lighting of the lamp

The department of Sanskrit believes truly in these words of Chanakya "Knowledge is extolled and is considered great by everyone everywhere; one can attain everything with the help of knowledge. A

person with knowledge is respected everywhere". It encourages us to work with enthusiasm in imparting holistic education to our students. The department organizes numerous activities throughout the year to materialize this goal.

In the academic year 2022-23, the Department of Sanskrit organized many cultural and educational activities. In order to inculcate the love for Sanskrit and to commemorate Sanskrit Diwas, the department organized a week-long celebration as Sanskrit week. A number of events were organized for the promotion of this rich and ancient language which culminated with a lecture by Prof. Om Nath Bimli on the topic "शंकराचार्य भगवत्पाद और उनका अद्वैत वेदांत" on 17 August 2022.

The annual fest of the department "SWASTI" was celebrated on 28 March 2023. Various activities



Departmental Fest



Speech Competition in the Departmental fest



Active participation of students in the Rangoli competition

including competitions and lectures by eminent speakers were organized as part of the event. The alumni of the department, those engaged in teaching, and faculty members of different universities were invited to be the judges of the competitions. This encouraged the students to establish a connection with their seniors and faculty members from different colleges. Highlights of the

events were the lectures on “Bhartiya Darshan ki Mool Dhrishti/भारतीय दर्शन की मूल दृष्टि” and “Bharat ki Aitihāsik Dhrishti/भारत की ऐतिहासिक दृष्टि” delivered by **Prof. Om Nath Bimli**, Head of the Sanskrit Department, University of Delhi and **Prof. Brajesh Kumar Pandey**, School of Sanskrit and Indic Studies, Jawaharlal Nehru University respectively.



Lecture by Prof Om Nath Bimli at the Departmental fest Swasti



Lecture by guest speaker

GARGI COLLEGE

Department of Zoology

Faculty Advisors: Dr. Madhu Yashpal & Dr. Kuntal

The Department of Zoology endeavours to create an environment to instill creativity, teamwork, responsibility, and other values in the students apart from academics. Our department has organized and remained active all year round with Guest lectures, competitions and extracurricular activities to engage students beyond curricular activities to explore different areas of interest and build self-confidence and social skills.

The event timeline started with an interactive session, 'Purple Awareness' to mark World Alzheimer's Day on 21 September 2022 with **Dr. Sushma Chawla**, Founder President of Hope Ek A.S.H.A. National Nutrition Week from 1-7

September was observed to raise awareness regarding proper eating habits and Nutrition.

To provide an opportunity to students beyond the curricula, an Intercollege Paper Presentation Competition on the topics 'Brain structures: Male brain vs Female Brain' and 'The use of electromagnetic field for navigating by sharks and sea turtles' was organized on 6 January 2023, to bring students out of stage fear, improve their communication skills and develop effective presentation skills. An Intercollege Debate Competition on "De-Extinction Debate: Should We Restore Long Gone Species" was held on 15 February 2023 to commemorate Darwin's day. On



Events Organized

17 February 2023, in association with the RDC, Gargi College, a lecture series HERwellbeing was initiated to focus on prioritizing women's overall holistic wellness. To create awareness about millets' nutritional value and health benefits, students visited a global event on Global Millets (Shree Anna) organized by the Ministry of

Agriculture & Farmer Welfare at the IARI campus, PUSA, on 18 March 2023. Students witnessed the exhibition showcase millets and millet-based ready-to-cook and ready-to-eat products by millet-based start-ups and exporters and live cooking sessions by various international and national chefs.



Events Organised by Albatross

GARGI COLLEGE

B.A. Programme Association - NAVDRISHTI

Faculty Advisor: Dr. Rima Chauhan

Navdrishti, the union body of the Department of BA Programme, never fails to educate the students in any way, thanks to its interdisciplinary structure and opportunities. With a history of numerous initiatives, activities, and events, Navdrishti has succeeded in overcoming the pandemic's challenges while students are in high spirits. Now that the pandemic is ended and we are back in offline mode, Navdrishti ensures that the students will have lots of possibilities to discover who they are and learn a wealth of information.

"Little opportunities are frequently the start of large companies", as Demosthenes once stated. In

order to achieve this goal, the association held a workshop on "How to market yourself in an Interview" as its first event of the session 2022-2023. Ms. **Sahibaa Singh**, an alumna of Gargi, a qualified image consultant, soft skills instructor, and counselling psychologist, led the programme. On 24 September 2022, starting at 11 am, the session was held in Gargi College's Seminar Hall. It gives us great pleasure to declare that this workshop was a success.

The Navdrishti Association, which had been leading the workshop, returned with an exciting event called "Ethnic Day". Our event's motto was



Session by
Sahibaa Singh

Ethnic Day



to express and embrace the ethnicities and cultures of the college. The students were instructed to begin matching their kurti with certain jhumkas and be prepared to perform those thumkas before the showtime began. The event took place on 14 October 2022, ECA break in the basketball court. Everyone enjoyed themselves while attending the occasion and was dressed traditionally.

The association welcomed the new batch of '22 - '26 with an Orientation Programme that took place after the ethnic day on 2 November 2022. The orientation helped the newcomers learn about the Navdrishti Association and the programme. They can investigate and seize several opportunities. The association then hosted a session on the importance of handwriting analysis for determining personality qualities that are ingrained and for bringing about desired changes through Graphotherapy, which will improve their performance. The speaker, **Dr. Rishi Mathur**, is one of the top graphologists in India and a peak performance counsellor as well. The session was held on 25 January 2023 in the Seminar Hall. We are



Orientation Programme First Years

pleased to report that the session was a full success, with a large number of students attending and comprehending the material, as it was something so new to be brought to them.

As members of the Navdrishti Association, we are really pleased to be able to plan and carry out activities that will benefit and influence students. In the last week of April, we are going to wrap this session up by the Department's Annual Fest: Epiphany. The Navdrishti Association sincerely hopes to continue hosting similar activities in the future for the benefit of the students.



Workshop by Dr Rishi Mathur

GARGI COLLEGE

B.Sc. Program Association - ZENITH

Faculty Advisor: Dr. Niyati Singh & Dr. Anita

Zenith Association began the session with Inaugural lecture by **Dr. Meena Bhandari** (Dean of the School of Basic and Applied Sciences, K. R Mangalam University) on the topic Spectroscopy in September 2022. Another engaging session with students of our association "Rangmanch" was organized where the participants showcased spectrum of their talent. A seminar on the occasion of the international year of millets -2023 was taken

by **Dr. Bharti Chaudhary** (Associate Professor, Ramjas College, DU) on the topic: Traditional Grains, Pseudocereals and Millets for good and Nutritional security, in November 2022. With the beginning of 2023 a poster making competition was held on the topic "Today's India" celebrating the Amrit Mahotsav. A mysterious Treasure Hunt was organised in March 2023 on the theme "Labyrinth of Science". Realising the importance of meditation



Inaugural Lecture by Dr. Meena Bhandari



Dr. Bharti- International Year of Millets



Rangmanch

and mental health, a session was held on the topic “Connect I with God” by **Dr. Neha Singh** (Assistant Professor, Department of Botany, Gargi College). On the same line mental health initiative “Happy Hours” are held every month twice for students to release the stress and have a healthy interaction. In the month of March an online interacting was held as the career counselling session where our esteemed international alumnae **Dr. Sneha Yogindran** (Assistant Professor, Cochin



Treasure Hunt

University of Science and Technology), **Dr. Anamika Upadhyay** (Thermo Fisher Scientific Inc.) and **Prof. Divyangana Dhankar** (Associate Professor at Jindal Global Law School) were invited. The Union also designed and distributed T-shirts and sweatshirts with college logos. Zenith Association is keenly looking forward to a few upcoming events of “Scintillation-2023”, student farewell and valedictory.

GARGI COLLEGE

Library

Librarian: Dr. Babita Gaur

The Library Orientation Program held by the College Library on 16 November 2022 for all students to spread awareness and to train new library users to use Library collection and services to finding and evaluating information available. Talk was delivered by clearing their doubts about the usage of library and its resources. Students and faculty from Arts, Humanities and Science attended the session. WEBOPAC and facility of UGC INFLIBNET and access to DU Library Catalogue continued during the year. Gargi Library website <http://gargicollege.saraswatilib.com/> and online use of e-resources increased during the year for easy understanding and online access to Library resources and facilities. 452 books were added till 31 March 2023 making total of 76946 accessioned books in all. At present library has an asset of 381 CDs/videos and have access to 42 periodicals and 10 newspapers.

Electronic Resource Management package for e-resources: User control provided by NLIST. The library subscribes to a large number of Electronics Resources through UGC-Infonet which includes e-resources (6,000 + e-journals and 199500+ e-books under N-LIST and 600000 e-books through NDL) and University of Delhi connectivity which includes Delhi University Library System. It includes the Reference Sources, Bibliographic Sources, Statistical Sources, and Full Text Sources. A brief description of these under given resources including the Subject Coverage, Search Features, Database Services, Document Category, etc. are

GARGI COLLEGE
UNIVERSITY OF DELHI

LIBRARY COMMITTEE
INVITES STUDENTS FOR
LIBRARY ORIENTATION 2022

16 November
TIME: ECA BREAK
VENUE: AUDITORIUM

PATRON
PROF. SANGEETA BHATIA (PRINCIPAL)
CHAIRPERSON/LIBRARIAN
DR. BABITA GAUR
CONVENER
DR. SONALI AHUJA DUA
CO-CONVENER
MS. RIMA CHAUHAN, DR. REEMA MISHRA
LIBRARY COMMITTEE MEMBERS

KNOW YOUR LIBRARY

Library Orientation Program

Gargi College Library
in collaboration with IGAC and
under the aegis of
Azadi ka Amrit Mahotsav
is organizing

BOOK
Exhibition

or
Gandhi Ji

03 - 07 October 2022
Venue: Library, Gargi College

All are cordially Invited

Prof. Sangeeta Bhatia
Principal (Acting)

Ms. Debuja Prasad
KAC Coordinator

Dr. Babita Gaur
Librarian

Book exhibition on Gandhi Ji



Lecture series on exchange of ideas



available through more information for the help of users. The given URL Address directly takes to the concerned database. For more details visit <https://duelibrary.in/> available in the present library with Wi-Fi connectivity in cyber Library.

Library Activities

1. Gargi Library initiated "TOKO" for students and teachers during the year 2022.
2. Library organized motivation and awareness session for students to use mobile to access academic e resources on 10 May 2022.
3. Two lectures under Vidya Vistar Scheme for Gargi College and Zanskar College, Ladakh University on Reading Habits and INFLIBNET (7 July 2022) were delivered by the librarian.
4. Library initiated online Feedback, User awareness program and website upgradation in 2022.



TOKO





GARGI COLLEGE
University of Delhi
Accredited by NAAC with Grade 'A'

The College Library Celebrates 75 years of India's Independence
'Azadi Ka Amrit Mahotsav'


By Organizing a Book Exhibition from 12th Aug. -16th Aug.
Through the words of Books let's remember our freedom fighters
Book exhibition on Freedom Fighters on National Librarian's Day
(12th - 16th August, 2022)
VENUE – COLLEGE LIBRARY
TIMING – from 10 am. Onwards

GS Chairman
Shri Amitav Virmani




Chief Guest
Shri Amitav Virmani
Chairperson, Governing Body

Librarian



Prof. (Dr.) Sangeeta Bhatia
Principal Gargi College, DU



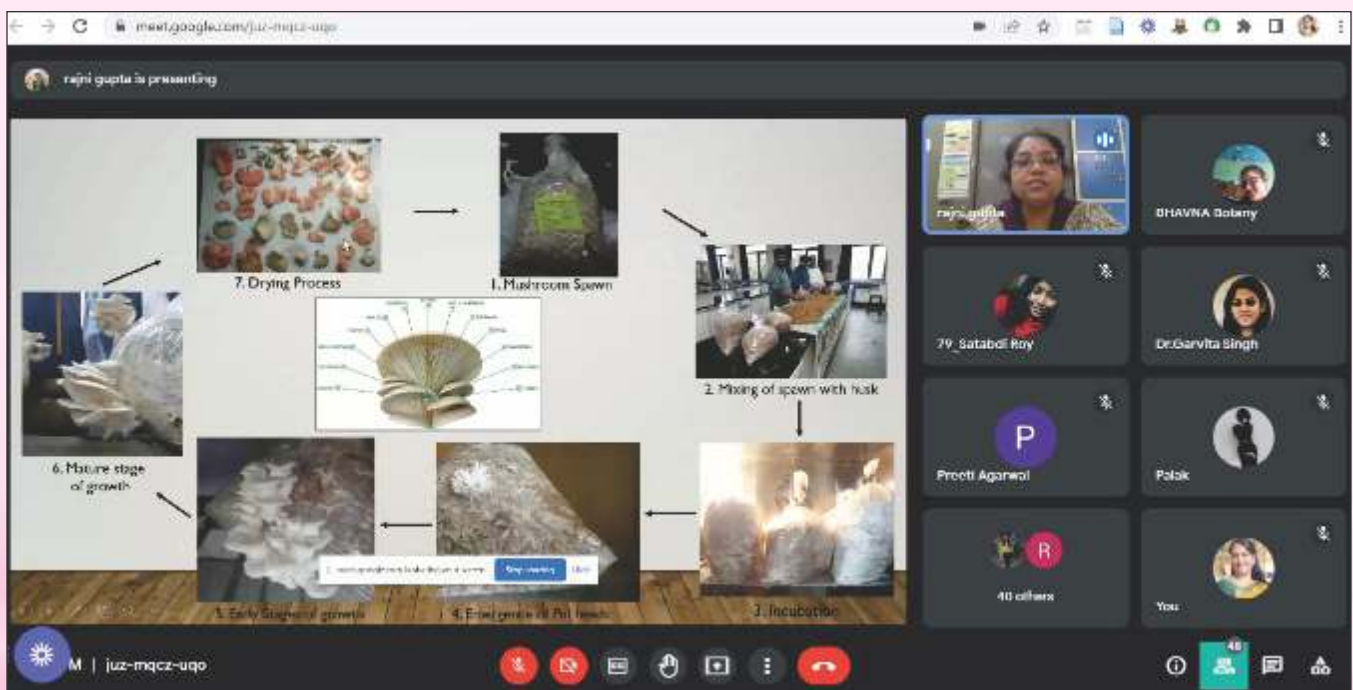
5. Every Book has a story to tell. Librarian Organized 5 days Book Exhibition on freedom fighters (12 -16 August 2022) under the aegis of Azadi ka Amrit Mahotsav.
6. Librarian delivered a lecture and hands on training program as Resource person during workshop cum hands-on-training for department of commerce, Gargi College on the topic "Research visibility for academic success" on 28 September 2022.
7. In collaboration with IQAC, Librarian organized 5 days Book Exhibition under the aegis of "Azadi ka Amrit Mahotsav" (3-7 October 2022).
8. Librarian delivered an online talk during Orientation Lecture for inter-college add -on-course 2022-23 "Advances in Plant Sciences" organized by Botany Department, Gargi College, on "Plagiarism in academic writing and how to avoid it" (15 October 2022).
9. Librarian delivered a lecture for Department of History, Gargi College, on "Online Searching Tools and Techniques for Academic Writing" (28 October 2022).

Beyond the Curriculum

Add-on Course by Department of Botany "Advances in Plant Sciences"

Course Convenors: Dr. Renu Soni, Dr. Reema Mishra & Dr. Garvita Singh

The department of botany has initiated an inter-college add-on course "Advances in Plant Sciences" with more than 50 enthusiastic participants from different colleges of the University of Delhi. This course was undertaken with the objective of making students aware of the importance and significance of plant sciences, scope and advancement in each sub-field of botany. Research on plants enriches and adds to our knowledge about plant life processes. The study of plants can teach us how to address issues pertaining to agriculture, public health, and the environment. Advancement in Plant Sciences is an important progress to cater for the need of Modern times. Nine lectures and two workshops were delivered by eminent researchers and scientists from prestigious universities and institutes from the course's inception until the end of March. This course is still in progress and will have more engaging sessions in the future.



Add-on course on "Advances in Plant Sciences"



Add-on course "Invited Lecture"

List of invited speakers of Eminence

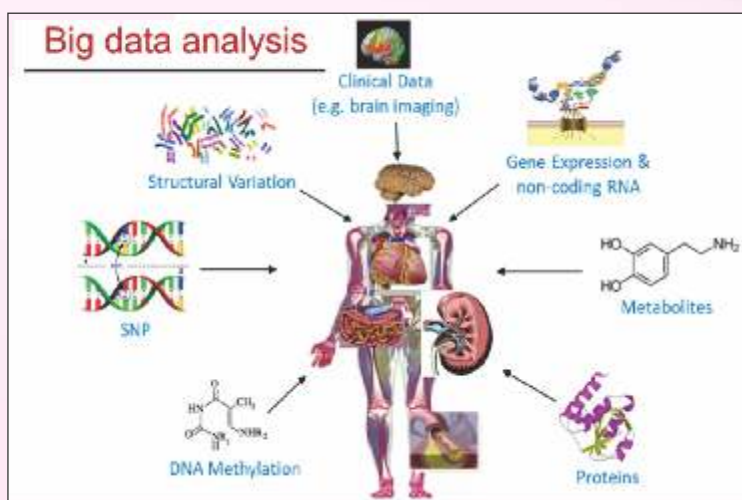
Add-on Course	October 28, 2022	Dr. Babita Gaur	Librarian, Gargi College	"Plagiarism in academic writing and how to avoid it"
	October 29, 2022	Dr. Gita Mathur	Former Associate Professor, Department of Botany, Gargi College, University of Delhi	Diverse Plant Groups and Their Relevance Today
	November 12, 2022	Dr. Prashant Singh	Assistant Professor, Department of Botany, Banaras Hindu university	Introduction to Algal Biodiversity: The Past, The Present and The Future
		Prof. Rajni Gupta	Professor, Department of Botany, Kirori Mal College, Delhi University	Journey of fungi from lower to higher group
	January 21, 2023	Prof. Prem Lal Uniyal	Senior Professor, Dept. of Botany, Delhi University	Archegoniates: A System To Understand Evolutionary Diversification

January 28, 2023	Dr. Renu Soni, Dr. Reema Mishra, Dr. Pritam Kaur	Assistant Professor, Dept. of Botany, Gargi College, University of Delhi	Workshop on Plant Propagation and Multiplication for Environment Conservation
February 11, 2023	Dr. Prashant Kumar Singh	SERB-SIRE Fellow, Israel; Assistant Professor Dept. of Biotechnology, Mizoram University	Genome and Epigenome Editing in Plants
February 25, 2023	Dr. Nithaniyal Stalin A	Central Regional Centre, Botanical Survey of India	How To Authenticate Indian Botanical by DNA Barcoding? Methods and Challenges
March 4, 2023	Dr. Rita Sharma	Associate Professor Dept. of Biological Sciences, BITS Pilani, Rajasthan	When Computational Biology meets Botany: Impact of Bioinformatics on Plant Research
March 11, 2023	Dr. Dwaipayan Sinha	Assistant Professor, Dept. of Botany, Govt. General Degree College, Mohanpur, Paschim Medinipur, West Bengal	Hands-on Workshop on " Reference Management and Automation (Mendeley and Zotero)
March 18, 2023	Ms. Preeti Vohra	Nature Education Officer, Yamuna Biodiversity Park	Virtual Visit to Yamuna Biodiversity Park

Add-on course by Department of Zoology “Bioinformatics – tools and applications”

Course Co-ordinators: Dr. M. Divya Gnaneswari & Dr. Smriti Sharma

Bioinformatics is an essential part of every biological research and integrates molecular biology, genetics and genomics research, drug screening, drug development and has a huge impact on biomedical and biotechnology research. Considering the importance and its necessity this course was offered for the second time to the students with the aim to expose them to various basics tools of bioinformatics. The inaugural lecture was given by budding scientist from Indraprastha Institute of Information Technology, New Delhi, **Dr. Jaspreet Kaur Dhanjal**, on



Inaugural Lecture by Dr. Jaspreet Kaur, IIIT



Teachers and students of the Add-on course

introduction to bioinformatics. It was followed by **Dr. Prabhakaran, S** (Ph.D), Scientist III, National Institute of Plant Genome Research (NIPGR) and **Dr. Indrakant Singh**, Associate Professor, Deshbandhu College, New Delhi. After each invited talks, we also conducted practical sessions where both the coordinators guided the students to perform respective exercises using several tools of bioinformatics. After every practical session, students were assigned with small exercises which they were asked to complete and submit in Google classroom. The conduct of lecture and practical sessions, the quality of the lecture and the knowledge shared by the resources person and its usefulness were assessed by collecting feedback from the participants after every session. We hope that this course helped the students to enhance the knowledge on computational biology, and thus will help the students in their future scientific endeavours.



Practical Session by Dr. Smriti Sharma

Milestones in Genome Sequencing Techniques: Past, Present, and Future Perspectives

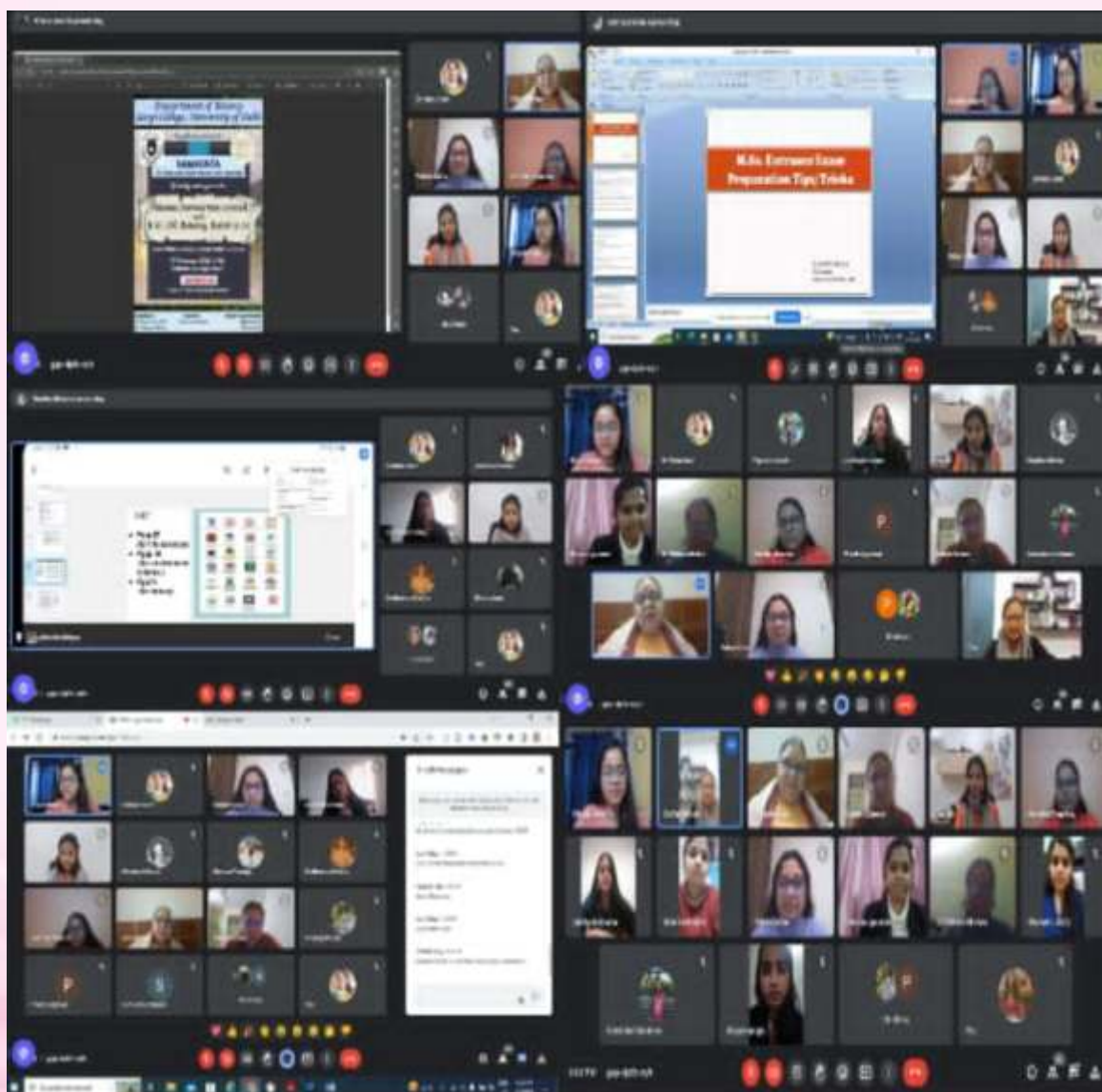


Dr. Prabhakaran, S (Ph.D)
Scientist III
National Institute of Plant Genome Research (NIPGR)
Aruna Asaf Ali Marg, P.O.Box 10531
New Delhi 110067

Invited Talk by Dr. Prabhakaran, NIPGR

Alumni Interaction

The Alumni Interaction is held to provide the current batches with information for future careers they might want to pursue. Thus, to share the know-how of the fields available after graduation, the Department of Botany, Gargi College, University of Delhi in association with Samavaya, The Botany Alumni-Student Interaction Forum, Gargi College conducted the Virtual Alumni Interaction on 4 February 2023 on the Google Meet platform. The alumni of B.Sc. (Hons.) Botany, pass out batches 2021 and 2022 and superannuated teacher **Dr. Gita Mathur** of Botany department, Gargi College, University of Delhi shared their experiences and success mantras with the undergraduate students of B.Sc (Hons) Botany and B.Sc (Prog) Life Science. The Department of Botany of Gargi College, continues to aim for the best provisions for their students so that they make use of the best of their potential.



IQAC Report

Co-Ordinator: Ms. Sailaja Modem

Chair Person: Prof. Promila Kumar (superannuated in July 2022) &
Prof. Sangeeta Bhatia, Head of the Institution.

Internal Collaborations

Collaboration with NAAC Steering Committee: Gargi College successfully completed the 2nd cycle of NAAC Accreditation & Assessment process by securing CGPA of 3.43 on four point scale at A+ valid up to 5 September 2027 and moved into 3rd cycle of NAAC A & A process.

Placement Cell: Continuous updating and refining of SOPs, annual reviews & reflective reports; Education Fair by Seed Global Education on 26 September 2022 for study outside India; Elevate 3.0, Internship Fair open to all institutions of NCR in April & collaboration with industry for grooming and training sessions; 240 hour Student Transformation Program (Skill Centre) sponsored by ICT Academy X DXC Technology; 20-30 hr Cyber Security Courses (WeGyanam) in April; 20 hr Women in Data Program (Skill Centre) by Dell Technologies X Learning Links Foundation in April.

Department of Business Economics: A Formal session of Advitya'22 on Budget'22-Capturing The Prospects for Today's Youth on 9 April 2022.

Department of History: In collaboration with Kamala Nehru College on The History of 'Trail' of devastation and marginalization of the Original People by Settler Societies in Turtle Island on 27 July 2022.

The collage features six posters for various programs at Gargi College:

- ELEVATE 3.0 INTERNSHIP FAIR 2022-23:** Presented by the Placement Cell, Gargi College, University of Delhi. It focuses on Knowledge, Skills, and Experience.
- EDUCATION FAIR:** Presented by the Placement Cell, Gargi College, in collaboration with SEED Global Education. It is for students looking to study outside India.
- WOMEN IN DATA PROGRAM:** A 20-hour skill-building workshop presented by the Placement Cell, Gargi College, in collaboration with Dell Technologies and Learning Links Foundation. It is open for all years of all progressions.
- CYBER SECURITY COURSES:** 20-30 hour certification training programs in collaboration with Skill Centre and WeGyanam. Courses include Ethical Hacking and IT Security - Foundation, Intermediate, and Cyber Crime Investigations and Digital Forensics.
- STUDENT TRANSFORMATION PROGRAM:** A 240-hour program sponsored by ICT Academy X DXC Technology. It includes 380 hours of training, 100 hours of instructor-led training, and 100 hours of self-learning.
- WOMEN IN DATA PROGRAM (Another instance):** A 20-hour skill-building workshop presented by the Placement Cell, Gargi College, in collaboration with Dell Technologies and Learning Links Foundation. It is open for all years of all progressions.

Collaboration with Placement Cell

Department of History
GARGI COLLEGE
(Under the aegis of IQAC)
 In collaboration with
KAMALA NEHRU COLLEGE
Present a talk on
**THE HISTORY OF 'TRAIL' OF DEVASTATION
 AND MARGINALIZATION OF THE ORIGINAL
 PEOPLE BY THE SETTLER SOCIETIES IN
 TURTLE ISLAND**



Speaker: Dr. Archana Ojha,
 Kamala Nehru College

27.07.22 | 11 AM
 Seminar Hall
 Gargi College

The Literary Society, Department of English,
 Gargi College

Invites you to

EMINENT FORMER FACULTY
 LECTURE SERIES
 in collaboration with IQAC

**Opening
 of
 Human Mind**

Moderator - Dr. Rekha Navneet
 Department of Philosophy

14 October
 12:20 - 1:25 PM
 Seminar Hall



Dr. Hemta V. Raghavan
 Former principal



Prof. Sangeeta Bhatia
 Principal of Gargi

University of Delhi 

'UNDER THE AEGIS OF IQAC'

Presents you

**SCINTILLATIONS
 2023**

**The Annual
 Science Fest**

Save the Date

: 28th, 29th March, 2023

K.R. MANGLAM UNIVERSITY
 THE COMPLETE WORLD OF EDUCATION
 Gurgaon, Delhi-NCR

GARGI COLLEGE
 UNIVERSITY OF DELHI

SCHOOL OF BASIC AND APPLIED SCIENCES
 K.R. MANGLAM UNIVERSITY
 AND
 GARGI COLLEGE, UNIVERSITY OF DELHI
 Organizes

Faculty Development Program
"Research Techniques in Science and Technology"
 18th - 23rd July, 2022

Themes of FDP:

- Experimental Research Techniques
- Article of Intelligence in Research
- Various International Conferences/Workshops
- Research Paper writing Techniques
- Mathematical tools and software

Eligibility:
 The FDP is open to Faculty members (graduate & above category) Post-Graduate (M.Sc./M.Tech) and regular M.Phil., Ph.D. faculty in the field of the disciplines of Physics, Chemistry and Mathematics.

Registration fee: 700 ₹

Certificate:
 Certificate will be provided to all the participants who successfully complete the FDP.

Registration form link:
<https://www.krmu.ac.in/portal/academic/development/2022/07/18-23%20July%202022>

Payment details:
 Name: K. R. Manglam University Name of the bank: ICICI Bank - Jan. No. 5015-000221 PFC Code: 60000011
 Branch: Sector 14B, Gurgaon (For online payment: <https://www.krmu.ac.in/portal/academic/development/2022/07/18-23%20July%202022>)

Make/Student needs (for Online - MS Teams)

Day	Time	Technical Program Schedule
Day-1 18 July	08:30 AM-01:00 PM	Registration/Session
	11:30 AM-01:30 PM	Technical Session-1: Prof. Vinodha Lakshmi Basic and fundamental Applications of Molecular Learning
Day-2 19 July	08:30 AM-01:00 PM	Technical Session-2: Prof. Shashi Kumar Statistical tools and software
	11:30 AM-01:30 PM	Technical Session-3: Dr. Tarek Ghafar Research Methodology
Day-3 20 July	08:30 AM-01:00 PM	Technical Session-4: Dr. Jit Verma Chemical Analysis for X-ray diffraction for structural analysis of crystalline and amorphous solids
	11:30 AM-01:30 PM	Technical Session-5: Dr. Rajendra Kumar Applications of machine learning in Physics
Day-4 21 July	08:30 AM-01:00 PM	Technical Session-6: Dr. Shweta Goyal Optical Based Research & Smart systems
	11:30 AM-01:30 PM	Technical Session-7: Dr. Anil Garg SDA: Strategy and its successful implementation
Day-5 22 July	08:30 AM-01:00 PM	Technical Session-8: Dr. Sushila Sharma Current Management & Role for Editorial Workload
	11:30 AM-01:30 PM	Technical Session-9: Dr. Anamika Basis on Soft computing in the current scenario
Day-6 23 July	11:30 AM-01:30 PM	Feedback & Farewell Session

Patron:

- Prof. C.S. Dubey
Vice-Chancellor, KRMU
- Prof. Proneeta Kataria
Principal, Gargi College (DU)

Co-Patron:

- Prof. E. Tripathi
Prof. Vice-Chancellor, KRMU
- Dr. Rupa Agrawal
Nodal officer, Gargi College (DU university)

Chairperson:

- Dr. Meera Bhandari
Dean, School of Basic and Applied Sciences, KRMU

Convener:

- Dr. Rishi Jindal
Asst. Professor, SIAS, KRMU
- Dr. Nishi Gaur
Asst. Professor, SDAS, KRMU
- Dr. Anshu Tripathi
Asst. Professor, Gargi College, DU

www.krmu.ac.in

Internal Society and External Institutional Collaborations

ALBATROSS
THE ZOOLOGICAL SOCIETY
IN ASSOCIATION WITH IQAC
FORMERLY KNOWN AS THE ZOOLOGICAL SOCIETY OF GARGI COLLEGE

INAUGURAL LECTURE

ON THE OCCASION OF
ALZHEIMERS' DAY
Purple Awareness

JOIN US ON
SEPTEMBER 21, 2022
12:15 PM, LT 3

SPEAKER:
DR. SUSHMA CHAWLA
FOUNDER PRESIDENT
HOPE EX A.S.H.A

REGISTER NOW

Gargi College Library
In collaboration with IQAC and under the aegis of
Azadi Ka Amrit Mahotsav
is organizing

BOOK Exhibition

on
Gandhi Ji

03 - 07 October 2022
Venue: Library, Gargi College

ALBATROSS
In association with IQAC

The Zoological Society of
GARGI COLLEGE
UNIVERSITY OF DELHI
CELEBRATES

AZADI-KA-AMRIT MAHOTSAV

invites you
to participate in

Protecting Biodiversity
Paint Your Dream

POSTER MAKING COMPETITION

DATE: 12 AUGUST 2022
TIME: 1PM - 3PM
VENUE: LAB 3, DEPARTMENT OF ZOOLOGY

REGISTRATION LINK
<https://forms.gle/Q1g1MSVkrz28T52Pa9>

GARGI COLLEGE
UNIVERSITY OF DELHI
College of Sciences

Quasar, The Physics Society of Gargi College Presents
A Workshop on "Optics, evolution and demo on the Assembly of Telescopes
is a NIGHT GAZING SESSION

ENTER THE ABODE OF IQAC, NATIONAL ACADEMY OF SCIENCES INDIA, SCIENCE SOCIETY FREEMAN
AND A PART OF CENTENARY CELEBRATIONS OF UNIVERSITY OF DELHI

PATRONS
WELCOME ADDRESS: Prof. Sangaree Bhatia, Principal (Acng), Gargi College
GUEST OF HONOR: Prof. Ajay K Ghatak, Former Professor, IITD, President, NASI
KEYNOTE SPEAKER: Prof. Anurag Sharma, Emeritus Professor, IITD, Chairman, NASI, Delhi Chapter

ORGANIZING TEAM
Dr. Debanu Lahiri (Gargi College)
Dr. Alka Garg (Gargi College)
Dr. Anshu Bhat (Gargi College)
Dr. N. Chandrika Das (Gargi College)
Dr. Niva Ashi (ICMR, IISCT)
Dr. Anika (Gargi College)
Dr. Munira (Gargi College)
Dr. Archana Tripathi (Gargi College)
Mrs. Mani Agrawal (Gargi College)
Dr. Manoj Talwar (Gargi College)
Mr. Manoj (Gargi College)

Prof. Kishor Soodal (Hindustan College)
Prof. S.K. Shukla (Jawahar College)
Dr. Rajesh Arora (Maitreyi College)
Prof. Anshu Verma (Hindustan College)
Dr. Anshu Mishra (Dyal Singh College)
Dr. Geetika Anand Sharma (Gargi College)
Dr. Anshu Singh (IISCT College)

A QUIZ on the Sessions!

RESOURCE PERSON
Mr. Tushar Parohit, Telescope Making Intern, IUCAA, Scipop, Pune

Night Gazing Session
Mr. Tushar Parohit (IUCAA, Scipop)
Mrs. Pooja Sarin (Jagdish Chandra Bose Ed. Coll)

IQAC CO-ORDINATOR
Ms. Sallija Madam, IQAC Department, Gargi College

CONVENERS
Prof. Vandana Luthra, Physics Dept, Gargi College
Prof. Shashi Chawla, Microbiology Dept, Gargi College

Student Union
Ms. Priya Rajput
Ms. Anwesha
Ms. Priya Kumari
Ms. Anjali Thakur

Internal Society and External Institutional Collaborations

Department of Zoology: ALBATROSS, The Zoological Society of Gargi College on Protecting Biodiversity, Paint your Dream, Poster making competition on 12 August 2022; Purple Awareness on Alzheimers' Day, 21 September, 2022; An overview of Biotechnology Industry on the inauguration of WeGyanam (the research wing of Scintillations), 4 August 2022.

Quasar, The Physics Society: A workshop on 'Optics, evolution and demo on the Assembly of Telescopes and A Night Gazing Society on 17 October, 2022; A Hands-on Workshop on Foldscope: A Versatile Low-cost tool for Interdisciplinary Research & Familiarization Session on Antimicrobial Resistance (AMR) on 14 October, 2022; Interdepartmental Video making competition on the Lives of Indian Scientists/their discoveries and Women in Science on 28 February 2023.

Department of Chemistry: Inter-college Workshop for Laboratory Staff from 13-15 July 2022 for updating laboratory & IT Skills & managing Physical fitness.

Library: Book exhibition on writings on Gandhiji from 3-7 October 2022.

The Literary Society, Department of English: Inauguration of Public Lecture Series by Eminent Former Faculty with Opening the Human Mind by Dr. Hema Raghavan, Former Principal, Gargi College.

Research and Development Cell: Talk on Research and Teaching in the Digital Age-Methods and Metrics by Dr Asani Bhaduri on 12 October 2022. It is a part of the series of talks to complement teaching and research in view of NEP; Workshop on Understanding Spreadsheets with specific reference to Reaching and Learning usage by Prof Vandna Luthra on 30 November 2022.

Scintillations: The Annual Science Festival on 28-29 March 2022 with STEMerald: Lineage of Well Being as the theme.

Science and Mathematics departments organized REVEL, A Paper Presentation on topics related to sustainability to celebrate the ethos of the National Science Day and Nobel Prize of Sir C.V Raman.

External Collaborations

Vidya Vistar Scheme: The MOU between Gargi College



Vidya Vistar Scheme-Collaboration with Zanskar College

and Government Model Degree College, Padum Zanskar, University of Ladakh, under the Vidya Vistar Scheme, initiative of University of Delhi: The Exchange of Ideas between GMDC-ZANSKAR, LADAKH-GARGI COLLEGE, DELHI-Introduction to Zanskar, Cultural and Ethnic Festivals of Zanskar, Reading Habits-importance; Role of INFLIBNET in Higher Education; Search engine functionalities & Digital initiatives in Education by Indian government; Approaching Mathematics without Fear; Why do we Forget? Neuroscience Research Path from Laboratory to Humanity.

MOU with ICT Academy: On campus 3 day Faculty Development Program on Stress Management for institutions in Delhi sponsored by ICT Academy from 20-22 June 2022; Student session and placement opportunities; 240 hours certificate program titled, "Student Transformation Program"- Skill Training in BPS Insurance (US Process) and Self-Management (Placement Cell & Skill Centre) inaugurated on 10 January 2022. The Skill Training is a CSR initiative of DXC Technology and ICT Academy to train and skill the students as per the industry requirements which will enable students to become an industry-ready resource. Faculty Mentors: Prof. Shashi Chawla, Mr. Mohit Abrol & Dr. Varun Bhandari.

MOU with K R Mangalam University: It was signed on 17 June 2022; Faculty Development Program on Research Techniques in Science and Technology from 18-23 July 2022.

Work in Process: MOUs with Delhi Effective Education and Pedagogical Cluster(DEEP-C) one of the verticals of Delhi Science and Technology Cluster(DSTC), Indian Pollution Control Association(IPCA), Bodoland University, Deborogaon, Assam, Institute of Human Behaviour and Allied Sciences(IHBAS), Delhi & International Skill Development Corporation(ISDC).

NAAC Report

Committee Convenor: Dr. Renu Aggarwal

Self Study Report (SSR) was submitted to National Assessment and Accreditation Council (NAAC) by NAAC steering committee in February 2022 for the second cycle Accreditation. The NAAC peer team visited the College on 1-2 September 2022. The college received certificate of accreditation on 06 September 2022 with CGPA of 3.43 (A+) on a four point scale.



NAAC Steering Committee & IQAC Team

Top Row (From Left to right): Mr. Khan V S, Mr. Deepak Chandra, Dr. Veena Sharma, Dr. Reema Mishra, Prof. Vandana Luthra.

Middle Row (From Left to right): Dr. Geeta, Dr. Payal Jain, Ms. Deepika Rana, Dr. Shweta Chaudhary, Dr. Babita Gaur, Dr. M. Divya Ganeswari, Dr. Jasvinder Kaur, Dr. Anita Bhat, Prof. Aparajita Mohanty, Dr. Madhu Yashpal.

First Row (From Left to right): Ms. Aakriti Chaudhary, Dr. Sangeeta Jerath, Dr. Supreeti Das, Ms. Sailaja Modem, Prof. Sangeeta Bhatia, Dr. Renu Aggarwal, Dr. Poonam Phogat, Dr. Preeti Pant, Dr. Geeta Kichlu, Dr. B. Vaijyanthi.

NIRF Report

Committee Convenor: Dr. Reema Mishra

Gargi College was ranked 23 (college category) in the all-India NIRF ranking for the year 2022.



NIRF Committee members

(From Left to right): Mr. Deepak Chandra, Dr. Vibha Madaan, Ms. Arshmeet Kaur, Dr. Reema Mishra, Dr. Deepika Dhall, Prof. Sangeeta Bhatia, Dr. Nisha Saini, Dr. Jyoti Mavi, Dr. Manpreet Kaur, Ms. Sailaja Modem, Ms. Rupal Arora, Prof. Aparajita Mohanty.

Pathfinder Competition (Commerce)

Convenor : Dr. Manju Sahai

The Pathfinder Competition 2022-23, organised by Department of Commerce, Gargi College, was held on 19 April 2023. The judges were Dr. Rajni Jagota, Associate Professor, PGDAV College, and Dr. Sonali Ahuja Dua, Associate Professor, Gargi College.

The Pathfinder Committee, comprising Dr. Manju Sahai, Dr. Sonali Ahuja Dua, Dr. Payal Jain and Ms. Iti Verma coordinated the event.

18 teams had registered for the competition and 15 teams participated in the final round by making a 10-minute presentation on their topics.

5 teams won prizes, as mentioned below:



Commerce Pathfinder Competition 2022-23

Position	Title	Students	Course	Teacher Mentor
I	New IT Rules: A Threat to Consumer Privacy and E-Commerce	Drishika Bajaj	B.Com., III Year	Ms. Mohini Rajput
		Jahnvi Rai		
		Jahnvi Saini		
II	Global Economic Impact of the Energy Crisis of 2022	Agrima Kumar Rajvanshi	B.Com. (Hons.), II Year	Dr. Sonali Ahuja Dua
	Impact of Clickbait on Users: Perception, Detection, and Prevention	Ananya Kumra	B.Com. (Hons.), III Year	Ms. Isha Chugh
III	The Economic Impact of Counterfeiting	Sanjana Rastogi	B.A. (H) Business Economics, II Year	Dr. Manju Sahai
		Tripty Wig	B.Com., III Year	Dr. Varun Bhandari
	Financial Literacy of College Going Students in Delhi Region	Priyadharshini Anupuram	B.Com. (Hons.), II Year	Dr. Anjali Siwal
		Samiksha Saini		
	Smriti Kashyap			

Pathfinder Award (Humanities)

Teacher Convenor: Dr. Veena Sharma

Teacher Co-Convenor: Dr. Tanjot Singh

The Covid-19 has had a significant and long-lasting impact on socio, economic and behavioural practices. Extreme setbacks have been brought by pandemics across the world. Various sectors such as health, education, hospitality and tourism, media and entertainment, marketing, etc have undergone a radical change and are continuing to change in order to be resilient to future challenges. Human resource policies, structures, and practises are evolving to align the new way of working. Employee social safety and health, remote working, shifting the main target from efficiency to resilience, and identifying digital tools for future sustainability. There has been a paradigm shift towards digital technology. With changing times, we need to adapt to the volatile and uncertain environment. One must move beyond from being reactive to proactive, adopt strategic practices with more futuristic perspective. Hence, this year's theme is, 'From Resilience to thriving: Pathways and Perspectives'. The subtheme under this broad theme can be from the following areas:

- Health and Health Care Sector
- Education
- Hospitality and Tourism
- Media and Entertainment: social media and content marketing opportunities
- The adoption of digital technology



Pathfinder Humanities 2022-2023

The committee received 15 projects for the first round of abstract presentations and for the final round 9 teams presented their research projects. The final event took place on 17 March 2023 at Seminar Hall. Two experts from social sciences were invited to judge the event, **Prof. Arvind Kumar Mishra** from JNU and **Dr. Namita Pandey**, Associate Professor from Sri Venkateswara College. The students had presented very well research and articulated projects and each team was judged on the basis of the research project, presentation and question & answer round. The following teams secured the first three positions:-



Pathfinder Project Presentation



Question-answer with the judges

Position	Name of the Students/ Team	Title of the Project	Mentor
First	Kasturi K. Deka B.A. (Hons.) English II year Himani Bisht B.A. (Hons.) English III year	Demystifying Cyberfeminism: Contextualising Cyberspace as a Reflective Framework of the Social Narrative	Dr. Shatarupa Sinha
Second	Anushree Gaykward B.A (Prog.) II Year Shreeja Raj B.A (Prog.) II Year	Changing Notions of Gender & Sexuality in Contemporary India OTT Shows	Mr. Sameer Chopra
Third	Fatima Talat B.A. (Hons.) Economics III Year Shambhavi Bhushan B.A. (Hons.) Economics III Year	Blue Tourism as a Revival Policy in Post Pandemic India	Ms. Gunjan Tuteja

Pathfinder Award (Science)

The pathfinder project presentations were held on 15 April 2023. Seven groups of students participated in the final presentations. The project presentations were judged by **Dr. Avantika Bhaskar**, Forestry and Biodiversity Advisor and **Dr. Jaya Lohani**, Solid State Physics Laboratory. The pathfinder award was given to a single team consisting of three students. Details are given below:

Name of the students: Pranshu Jain, Prachi Gupta, Vishakha

Course: B.Sc. (Hons.) Chemistry, III year

Title of project: Synthesis of bioplastic from starch: Incorporated with Silver nanoparticles using Cocoa powder and turmeric

Name of mentors: Dr. Chingrishon Kathing, Dr. Poonam Kumari



Photograph of the winners with their mentors and judges

Visit to National Institute of Immunology (NII)

On the occasion of National Science Day (28 February 2023), NII invited students and teachers from various colleges. Six students and two faculty members from Gargi College attended the event. The event showcased various research work going on in NII through power point presentation followed by a poster presentation.

Following students participated in this one day event. Ingita Deymunshi,



National science day celebrations at NII, New Delhi



Winners of quiz competition with NII scientists.

B.Sc. (Hons.) Microbiology, III year; Subham Priya, B.Sc. (Hons.) Microbiology, III year; Reetusneha, B.Sc. (Prog.) Life Sciences, III year; Vanshikha, B.Sc. (Prog.) Life Sciences, III year; Ananya Chamola, B.Sc. (Hons.) Botany and Shruti Apurva, B.Sc. (Hons.) Botany. The event concluded with a quiz competition in which the Gargi College Team (Ingita, Subham Priya and Reetusneha) won the first prize.

Weज्ञानम् - The Research Wing of Scintillation

Weज्ञानम् - The Research Wing of Scintillations is an initiative of Ms. Divyanshi Chauhan, Ms. Smriti Verma, Ms. Aarti Venkatesan and Ms. Bisma Khan, all from B.Sc. (Hons.) Zoology III year, to encourage scientific temperament among students and inculcate a sense of curiosity towards science. Furthermore, Weज्ञानम् serves as a platform for science enthusiasts to nurture skills, collaborate with others and utilize the resource pool with a vision to pave their path as budding researchers. With an idea to develop a multidisciplinary aspect of science and help build a STEM network and community for students of Gargi College, Weज्ञानम् embarked on its journey with highly inspirational and motivational words of **Prof. Sangeeta Bhatia**, Principal, Gargi College on 4 August 2022. During the inaugural ceremony, the core team presented an overview of the research wing's mission and vision and how it will strive to instil, cultivate, and nurture a spirit of curiosity toward neighbour disciplines and an interdisciplinary approach to science. An insightful lecture on "An Overview of the Biotechnology Industry" by **Prof. Parvesh Bubber**, School of Bioscience, IGNOU was also held on the same day.

In collaboration with Albatross- the Zoological Society of College, Weज्ञानम् observed nutrition week from 1-7 September 2022. The motto was to spread the message to "make nutrition a personal mission" by displaying a detailed poster on the characteristics of the nutritional facts given on edible items and their significance as part of the campaign.

To provide an opportunity to students beyond the curricula and to equip students with the fundamentals of Microsoft Excel, allowing students to be more efficient at work and enhance their careers, Weज्ञानम् organized a hands-on workshop, "Excel 101: Master the Foundations of Excel," on 17 October 2022. The workshop was conducted by **Prof. Promila Kumar**, Former Principal, Gargi College, University of Delhi.



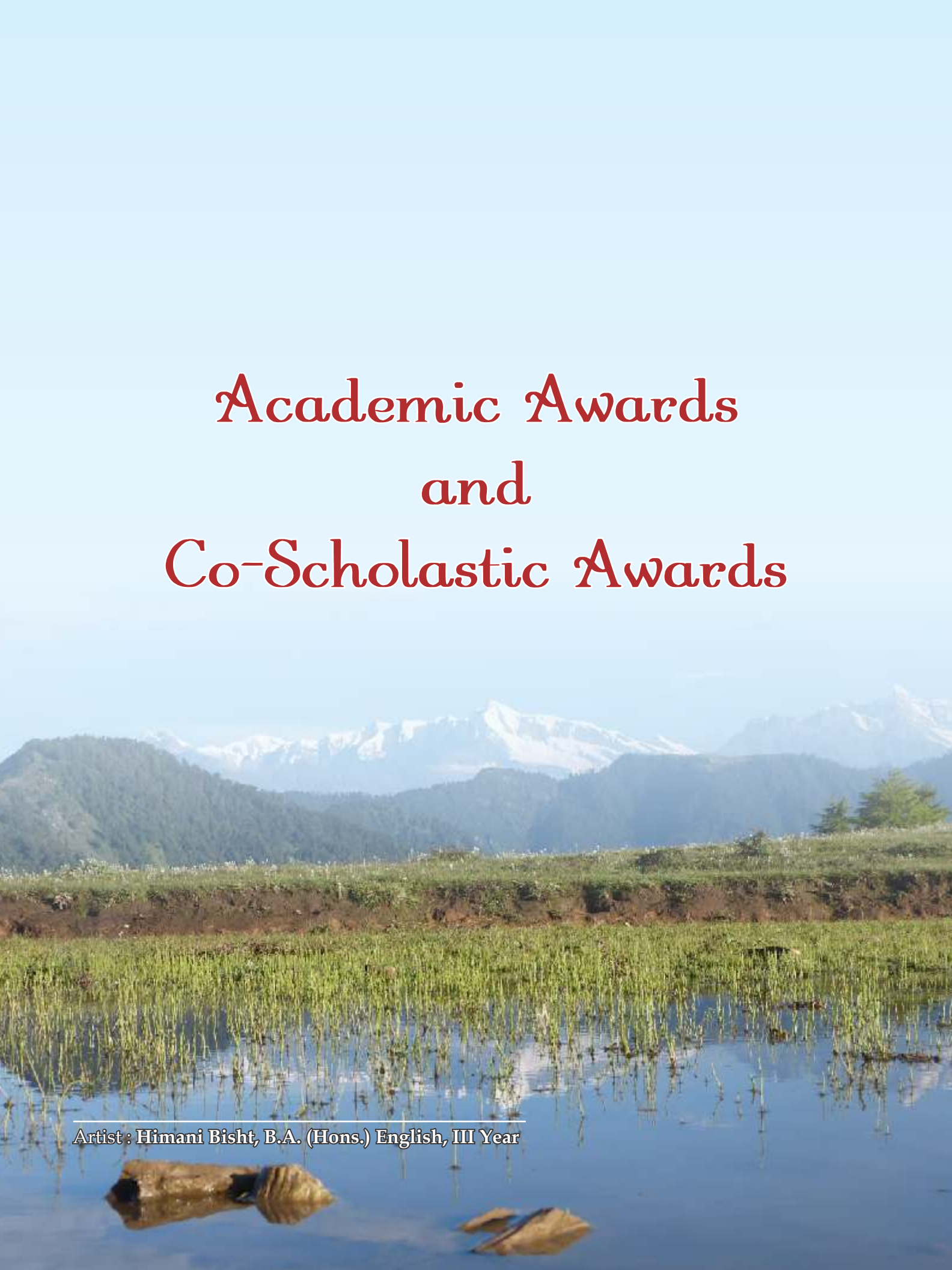
Glimpses of events organized by Weज्ञानम्



Events Organized by Weज्ञानम्

In collaboration with Prof. Pradeep Kumar Burma, Department of Genetics, University of Delhi and former chairman, Governing Body of Gargi College, Weज्ञानम् also organized an Outreach program for the students of Ramjas Senior Secondary School No. 3, Chandni Chowk on 4 February 2023. The workshop aimed to introduce senior secondary-level students to real-world science experiments, like blood group typing and its applications. During Scintillations 2023, Weज्ञानम् conducted an inter-college competition named "HEADS UP- Charades with a Twist" on 29 March 2023, to experience a playful take on the FUNDamentals of Science!





Academic Awards and Co-Scholastic Awards

Artist : Himani Bisht, B.A. (Hons.) English, III Year

Academic Excellence Award 2021-22

Dr. Hema V. Raghavan Long Strider Award



Ms. Nikita Jain
B.A. (Hons.) Economics
2016

Sarah Thomas Memorial Award



Ms. Akshita Sharma
Best All Rounder Student of
B.Sc. (Hons.) Botany, III Year



Ms. Shraddha R Bhat
Best All Rounder Student of
B.Sc. (Hons.) Chemistry, III Year



Ms. Anwasha Dey
Best All Rounder Student of
B.Sc. (Hons.) Zoology, III Year

Best All Rounder Awards



Ms. Rushda
B.Sc. (Hons.) Mathematics,
III Year

Dr. Chhaya Biswas
Best All Rounder Award
in Science

Dr. Meera Ramachandran
Best All Rounder Award
in Humanities



Ms. Muskan Aggarwal
B.A. (Hons.) Economics
III Year



Ms. Shunyam Gupta
B. Com. (Hons.)
III Year

Shrimati Lajwanti Malik Memorial
Best All Rounder Award
in Commerce

Co-Scholastic Awards 2022-23

(A) Best article in the creative section of the college magazine "Voices/अभिव्यक्ति 2022-23"

English Creative
Section



Ms. Amna Mannan
B.A. (Hons.) English
II year

Title of Article:
"Where men cannot
bear arms"

German Creative
Section



Ms. Ayushi Jedia
B.A. (Prog.)
III Year

Title of Article:
"Gemeinsam IM
Anderssein"

Hindi Creative
Section



आकृति पटोरिया
बी.ए. (प्रोग्राम)
तृतीय वर्ष

Title of Article:
"फौजी बापू"

Sanskrit Creative
Section



वैष्णवी शर्मा
बी.ए. (ऑनर्स)
तृतीय वर्ष

Title of Article:
"भारतीयज्ञानपरम्परायां
वास्तुविद्या"

(A) Best cover design for the college magazine
"Voices/अभिव्यक्ति 2022-23"



Ms. Aditi Rao
B.El.Ed, I Year

Department of Physical Education and Sports Sciences

Faculty Advisors : Dr. Sheela Kumari S. & Dr. Rakesh Kumar

From the Sports President's Desk

The Department of Physical Education and Sports Sciences has been entrusted with the objective of promoting sports and achieving sporting excellence by each and every student of our college. The Department provides ample opportunities to not only sportspersons but also to general students by conducting various activities every year. The events were conducted by the Department are being detailed below:

Get-Together '22 (22 April 2022)

A Get-Together was hosted for the graduating batch of 2021-2022 on 22 April 2022. The theme of the event was a Bollywood tagline 'Picture Abhi Baaki Hai!'. The event was exuberantly hosted and the room was filled with love and laughter. A total of 32 students joined the get-together including the seniors.

The seniors loved the event and it ended on a cheerful note.



Get-Together 2022



8th International Day of Yoga

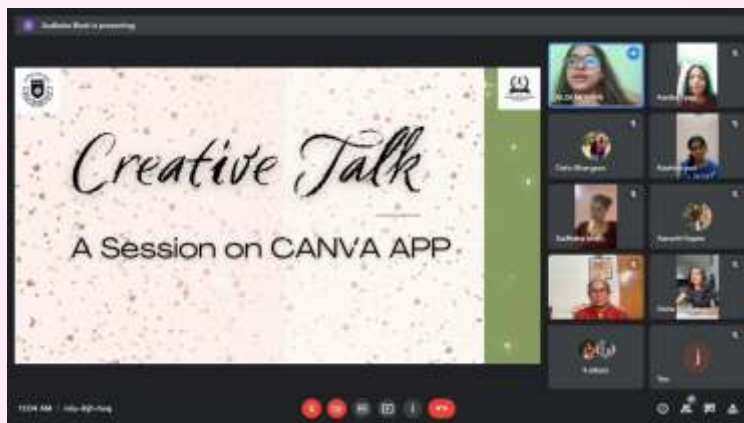
8th International Day of Yoga (21 June 2022)

Yoga day is the best way to initiate yourself into self-practice of yoga asana and pranayama. This year the theme of the International Yoga day was 'Yoga for Humanity'. Department of Physical Education and Sports Sciences and Student Sports Council successfully organized the practice of Yoga Protocol on 21 June 2022, International Day of Yoga, the College Auditorium Basement. **Ms. Neha Vasishst,**

Founder member of Women Health Research Foundation (Trust) and YogaGuru Institutions was invited as the Yoga Expert. A total of 55 participants including Teaching Staff, Non-Teaching Staff and Students attended the session. The department also conducted a Poster Making Competition on the theme of 'Yoga and Health' under the 'Gargi Olympiad' Inter stream Competition. This is an online event where the students submitted a handmade or digital format poster. Certificates to all the participants and Medals to position holders will be awarded on the Annual Sports Day.

Creative Talk: A Session on Canva App (9 July 2022)

The Department of Physical Education and Sports Sciences and Students Sports Council conducted an online workshop on 'Creative Talk- A Session on Canva App' on 9 July 2022. A total of 22 students participated in the session. It was an informative session on the Australian graphic design platform Canva App which is used to create social media graphics, presentations, posters, documents, and other visual content. Our alumnae **Ms. Kashish Puri** and **Ms. Osho Bhargava** served as guest speakers for the informative session.



Creative talk- An online Workshop on CANVA APP 2022



Fitness camp for beginning the session

Fitness Camp

A fitness camp was organised to encourage the students from 20 July to 1 August 2022. The objective was to provide opportunity to all the students to help them get into shape after the two-year break. About 50 students who attended the camp experienced some changes in their fitness after 10 days, thus fulfilling the objective.

Farewell'22- 'Homecoming: Woh Din Bhi Kya Din The' (27 August 2022)

Farewell'22 was organised by Student Sports Council for the batch 2020-2022 on 27 August 2022. The theme of the event was 'Homecoming: Woh din bhi kya din the!' A total of 30 sports alumnae attended this event and enjoyed college once again, revisiting the place that they called their second home and meeting friends who were their family. Everyone was a part of it and together brought back the past, the present, and the future.



Farewell 2022- Homecoming: Who Din Bhi Kya Din The

Teacher's Day Celebration (6 September 2022)

Teacher's Day was celebrated on September 2022 due to 5 September being busy with college celebration. Our Teachers, coaches and Staff members (Mr. Xavier Mr. Rajesh, Mr. Dharam Das, and Mrs. Sabina Ma'am) joined us in the celebration. The programme comprised games, felicitation of those present and motivating speeches by our esteemed teachers.



Teacher's Day celebration - L to R (Mr. Deep Singh Rathi, Volleyball Coach; Mr. Ravinder Dahiya, Judo and Kurash Coach; Mr. Surjit Verma Cricket Coach; Dr. Sheela Kumari TIC; Dr. Rakesh Kumar; Ms. Sabina Ekka, College Nurse; Mr. Vipin Kumar, Aerobics Coach and Mr. Xavier Ekka.



Grievance Meeting Conducted by Student Sports Council

Grievance Meeting (16 November 2022)

The Student Sports Council 2022-23 held a Grievance Meeting on 16 November 2022 for all the sportspersons of Gargi College. The meeting was conducted to resolve the issues faced by them during the practice session and after it. This meeting aimed to make them feel heard. This meeting concluded by Ms. Kanika Tyagi, President of the Student Sports Council 2022-23 assuring them that all issues will be resolved soon.

Freshers'22 (11 January 2023)

Another event organised by the Student Sports Council under the guidance of Faculty advisors was an orientation cum Fresher's Programme on 11 January 2023. This year a total of 36 students

took admission in Gargi College on the basis of Sports. The theme of the day was 'New Beginnings'. A total of 85 students attended this event. Ms. Vanshika Singh from Athletics Team won the Ms. Fresher Title followed by Ms. Adya Sarin from Basketball Team as first runners-up, and Ms. Warisha Shahid from Athletics Team as second runners-up.



Freshers 2023

Walkathon (18 January 2023)

The Department and Student Sports Council organised a 'Walkathon' as a prequel to the Centenary Conference for academic and non-academic staff on 18 January 2023. The event was flagged off by our Principal, Professor Sangeeta Bhatia. A total of 50 participants both male and female, participated in this event. Mr. Harveer from Administration Section finished first followed by Mr. Mahesh from Accounts section and then Mr. Mukesh from Administration Section. From the female section, Ms. Rajni from Botany finished first followed by Ms. Manju Sati from Chemistry and then Ms. Sabina Ekka, Staff Nurse. All the 50 participants will be felicitated during Annual Sports Day 2023.



Walkathon Event

Team of the Year (13 February and 14 February 2023)

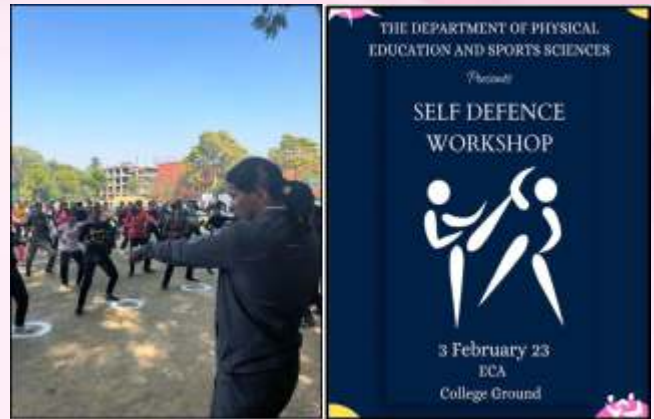
The much-awaited event 'Team of the Year' was conducted on 13 February and 14 February 2023 by the Student Sports Council under the guidance of the faculty advisors. Every sports team enthusiastically participated in the event. A total of ten teams participated in Arm Wrestling, Super Track Set, Plank Competition, Relay Race and Netball competitions. Team Athletics won the 'Team-of-the year' title with highest points. Team Tennis was the first runner-up. The Winning and Runners-up Teams will be celebrated on the Annual Sports Day.



Athletics Team won the Title of 'Team of the year 2022-23'

Self-Defence Workshop (10 - 17 February 2023)

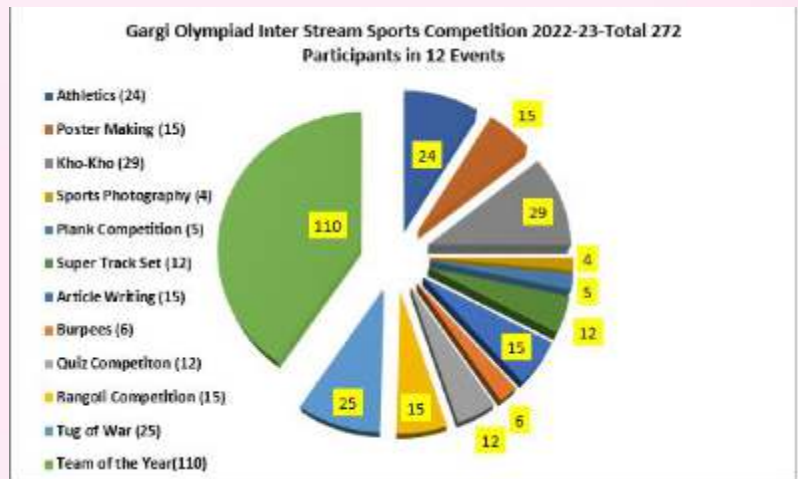
The Student Sports Council conducted the last event of the year i.e. a Self-Defence workshop for College Students organised from 10 to 17 February in collaboration with the Delhi Police Women's Cell. The objective of the workshop was to provide students with the opportunity to learn the most effective self-defence skills in a safe setting, thus enabling them to empower themselves physically, mentally, and emotionally. This workshop was available to all Gargi College students at no fee. A total of 380 students participated in the workshop.



Self-Defence Workshop

Gargi Olympiad 2022-23

Gargi Olympiad is an annual Inter-Stream Sports Competition organized by the Students Sports Council under the guidance of faculty advisors. This year a total of 272 students of the college participated in 12 events under the banner of Gargi Olympiad Inter Stream Competition from all the three streams. The winners will be felicitated on the Annual Sports Day. Their videos were also featured on the official Instagram page 'gargi_sports_official'.



Gargi Olympiad Events 2022-23



Gargi Olympiad Online Poster Making Competition



Gargi Olympiad 2022-23

Annual Sports Magazine 'Ablaze'

Every year the Department of Physical Education and Sports Sciences releases its Annual Sports Magazine 'Ablaze'. The theme of the 13th edition of Ablaze this year is 'One for All, All for One'. The rationale behind the theme is how an individual can contribute to the success of a team and how a team can push an individual to certain heights.

Team Saarthi Events

Saarthi is a friendly peer-support initiative by the Department of Physical Education and Student Sports Council. It works towards providing peer to peer support for sportspersons. This is a mental health initiative started in 2019 which is based on coping with stressful situations in academics, sports and in interactions with others.

- **Mind Games** - Team Saarthi has continued with its tradition of 'mind games', which were introduced in an effort to help the students to better interact with their teams. In this activity, team Saarthi posts various kinds of activities twice a month on its Instagram page. The activities are both competitive and non-competitive.
- **Sports Updates** - Team Saarthi undertook a new initiative, wherein currently trending national and global sports news would be posted weekly on its social media handle. The purpose was to provide students with a quick review of any news or information they may have missed, and to spread awareness regarding current events pertaining to sports.
- **Awareness Posts** - Every week, or every fortnight, the team would select a topic connected with mental health, sports, or both, and then update its social media handle with information relevant to the chosen topic. The information is thoroughly researched, and then compiled in an easy to understand manner.
- **Express over Espresso 9.0** conducted on 8 September 2022 with a theme of 'Unwind' keeping in mind the hectic schedule most Sports persons had. We often tend to forget to take time out for themselves, to stop and rest for a moment. The event was conducted with the hope that students would be able to take the opportunity to slow down and simply relax for a while. This event had a participation from 37 sportspersons.
- **Express over Espresso 10.0** conducted on 22 February 2023 with a theme of 'Finding Ourselves: Khud Se Khud Tak' signifying our efforts at discovering and becoming the version of us that we wish to be. Although it is different for everyone, it was hoped that this event will bring everyone one step closer to their goal.

Annual Sports Performance 2022-23

Team Sports Performances

- The **Aerobics Team** Secured 1st Position in Invitational Inter College Aerobics Tournament held at Shaheed Rajguru College of Applied Sciences for Women, 2nd Position in Invitational Inter College Aerobics Tournament held at Kalindi College, 3rd Position in Invitational Inter College Aerobics Tournament held at Miranda House, and 1st Position in Invitational Inter College Aerobics Tournament held at Ramanujan College.
- The **Basketball Team** participated in the 24th YMCA Invitational Basketball Tournament, 59th Royal Club Basketball Tournament, SRCC Invitational Basketball Tournament, LSR Sports fest and Miranda House Sports Fest 'Erobern' (2nd Position) this year. The team also achieved 3 National level representations.
- The **Chess Team** participated in Chess Inter College Tournament organised by Delhi University Sports Council and secured 7th position. Chess team also participated in SRCC Chess invitational tournament, LSR Sports fest (2nd position) and Miranda House Sports Fest 'Erobern' this year.
- The **Cricket Team** participated in Red Bull Cricket Tournament (2nd position) and Khelo India 10 ka Dum Cricket Tournament organised by Sports Authority of India and Ministry of Youth Affairs and Sports under Khelo India on 10 March 2023. This year college Cricket Team achieved 16 National Level representations.
- The **Judo Team** participated in Dronacharya Shri Gurcharan Singh Gogi Memorial Judo and Kurash Championship held at Lingayya's Lalita Devi Institute of Management & Science from 22-23 September 2022. Judo Team also participated in LSR College Judo and Kurash Competition (1st position) from 20 to 22 March 2023. The team achieved 18 National and 9 State level representations in Judo and Kurash.
- The **Kabaddi Team** participated in Invitational Kabaddi Inter College Tournament organised by Kalindi College on 2 February 2023. Two kabaddi players were also shortlisted for North Zone Inter University Kabaddi Camp.
- The **Powerlifting Team** participated in different tournaments and claimed several medals.
- The **Tennis Team** participated in the Selection Trials for North Zone Inter-University on 7 November 2022 at LSR College and one player was selected for Delhi University Team. They also participated in MH Sports Fest and IP College Competition. The team achieved 16 National level representations.
- The **Volleyball Team** participated in 7 Invitational Inter College Tournaments i.e. BITS Plani Volleyball Tournament, Shiv Nadar University Volleyball Tournament, UCMS Volleyball Tournament, Kalindi College Volleyball Tournament, Christ University Volleyball Tournament, Shaheed Rajguru College of Applied Science for Women Volleyball Tournament, and LSR Sports fest this year and won Gold Medal in all of them. The team also achieved 12 National level representations.

- The **Yoga Team** secured 3rd position in Suryanamaskar Competition in Shaheed Rajguru College of Applied Sciences for Women and 1st Position in Rhythmic Category in Kalindi College and Ramanujan College respectively. In the team event at LSR College Sports Fest', they were again the Champions and also bagged the 2nd position in the Rhythmic Yoga event.

Individual Representations - State and National

1. **Ms. Kirti Isharwal, B.A. (Hons.), III Year** Gold Medal in Heptathlon in 33rd North Zone Junior Athletics Championship from 2 to 4 September 2022 at Karan Stadium, Karnal Haryana.
 - Gold Medal in Javelin Throw and 100 M Hurdle Open Delhi State Athletics Championship held at JLN Stadium from 25 to 27 October 2022.
 - 10th position in All India Inter Zonal Athletics Inter University Championship held at Mangalore University, Mangalore from 7 to 10 January 2022.
 - 5th position in 37th National Junior Athletics Championship 2022 held at SAI Athletics Stadium Guwahati, Assam from 11 to 15 November 2022.
 - 7th position in North East Zone Inter University Athletics (M&W) Championship, held at KIIT Bhubaneswar from 20 to 23 December 2022
 - Silver Medal in 33rd North Zone Junior Athletics Championship from 2 to 4 September 2022 at Karan Stadium, Karnal Haryana
2. **Ms. Ritika Gaur, B.A. (Hons.) Political Science, II Year** Gold Medal in 4×400 M Relay in 33rd North Zone Junior Athletics Championship from 2 to 4 September 2022 at Karan Stadium, Karnal Haryana
 - Silver Medal in 200 M in Haryana State North Zone Athletics Championship on 20-21 August at Rohtak, Haryana
 - Bronze Medal in 400 Meter in Haryana State North Zone Athletics Championship on 20-21 August at Rohtak, Haryana
 - 4th position in 4×400 Meter Relay in North East Zone Inter University Athletics (M&W) Championship, held at KIIT Bhubaneswar from 20 to 23 December 2022
 - Participated in 4×400 Meter Relay in All India Inter Zonal Athletics Inter University Championship held at Mangalore University, Mangalore from 7 to 10 January 2023
 - Bronze Medal in 4×400 Mix Relay in 33rd North Zone Junior Athletics Championship from 2 to 4 September 2022 at Karan Stadium, Karnal Haryana
3. **Ms. Aarushi Gupta, B.A. (Hons.) Applied Psychology, II Year** Bronze Medal in 72nd Senior National Basketball Championship, Udaipur from 27 November to 4 December 2022
 - Gold Medal in Delhi State Basketball Championship held at IGI Indoor Stadium, Delhi from 4 to 7 June 2022
 - Participated in North Zone Inter University Basketball held at Punjab Sports University, Patiala (PB) from 2 to 7 January 2023

4. **Ms. Shruti Kasana, B.A. (Prog.), I Year**

Participated in 72nd Senior National Basketball Championship, Udaipur from 27 November to 4 December 2022

5. **Ms. Pooja Singh Kushwaha, B.A. (Prog.), III Year**

- Participated in Senior Women's T 20 Ranji Trophy from 1 to 25 May 2022 held at Rajkot, Gujarat
- Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022

6. **Ms. Bharti Kashyap, B.A. (Hons.) History, III Year**

Participated in Women's Senior T 20 Ranji Trophy organised by Board of Control for Cricket in India represent from Haryana Senior Women's Team from 18 April 2022 to 30 April 2022 at Ranchi, Jharkhand

7. **Ms. Jyoti Yadav, B.A. (Hons.) Sanskrit, II Year**

- Participated in Women's Senior One Day Trophy National held at Mumbai from 15 to 29 January 2023
- Participated in Senior Women T-20 Ranji Trophy National From Haryana Team from 8 to 20 October 2022

8. **Ms. Pragya Rawat, B.A. (Hons.) English, III Year**

- Participated in Senior Women T-20 Ranji Trophy National From Delhi Team from 11 to 22 October 2022 held at Surat, Gujarat
- Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022

9. **Ms. Ummeshwari Jethwa, B.A. (Prog.), III Year**

Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022

10. **Ms. Nitika, B.A. (Prog.), III Year**

- Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022
- Senior Women T-20 Ranji Trophy National From Haryana Team from 8 to 20 October 2022

11. **Ms. Khushi, B.A. (Prog.), III Year**

Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022

12. **Ms. Vandana Sain, B.A. (Hons.) Hindi, II Year**

- Participated in Senior Women T-20 Ranji Trophy National From Haryana Team from 8 to 20 October 2022

- Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022
- Participated in Women's Senior One Day Trophy National held at Mumbai from 15 to 29 January 2023

13. **Ms. Munni Khan, B.A. (Hons.) Philosophy, III Year**

Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022

14. **Ms. Sapna Rawat, B.A. (Hons.) Sanskrit, II Year**

Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022

15. **Ms. Manogna Jukanti, B. Com. (Hons.), I Year**

Participation in Hyderabad All India Open Fide Rating Tournament

16. **Ms. Jyoti Tokas, B.A. (Prog.), III Year**

- Gold Medal in Khelo India Senior Women's Judo National League from 20 to 23 October 2022 at New Delhi
- Gold Medal in Khelo India Junior Category Judo National League from 20 to 23 October 2022 at New Delhi
- Bronze Medal in Senior National Judo Championship held at K D Singh Babu Stadium, Lucknow, Uttar Pradesh from 16-20 August 2022
- Bronze Medal in All India Inter University Judo Championship from 2-6 January 2023 at LPU Jalandhar
- Gold Medal in Junior National Judo Championship held at Jharkhand, Ranchi from 16 to 20 December 2022
- Participated in khelo india National Games 2022 held at Narendra Modi Stadium, Gandhinagar, Gujraat Ahmedabad from 4-11 October 2022
- Gold Medal in 78 kg in 38th Delhi State Judo Championship held at Dada Dev Judo academy held on 1 December 2022

17. **Ms. Akansha Chaudhary, B.Sc. (Hons.) Chemistry, III Year**

- Gold Medal in Khelo India Women's Judo North Zone League from 5 to 9 September 2022 at Mussoorie, Dehradun
- Bronze Medal in Khelo India Women's Judo National League from 20 to 23 October 2022 at New Delhi
- Participated in Junior National Judo Championship held at Jharkhand, Ranchi from 16 to 20 December 2022

- Participated in 2nd Women League Khelo India Ranking Tournament From North Zone from 27 to 31 January 2023 held at Kurukshetra, Haryana

18. **Ms. Jasmine, B.A. (Hons.) Philosophy, III Year**

Participated in 2nd Women League Khelo India Ranking Tournament From North Zone from 27 to 31 January 2023 held at Kurukshetra, Haryana

19. **Ms. Anshika Solanki, B.Com (Prog.), III Year**

- Gold Medal in 57 kg in 38th Delhi State Judo Championship held at Dada Dev Judo academy held on 1 December 2022
- Participated in Khelo India Women's Judo North Zone League from 5 to 9 September 2022 at Mussoorie, Dehradun

20. **Ms. Surya, B.A. (Prog.), II Year**

- Gold Medal in Tamilnadu State Junior Judo Championship from 25-26 November 2022 held at Tamilnadu
- Gold Medal in Tamilnadu State Senior Judo Ranking Tournament 2022-23 organised by Tamilnadu Judo Association on 9 October 2022
- Participated in 63 kg in Khelo India Junior Women's Judo National League & Ranking Tournament South Zone from 1 to 5 September 2022 at Tamilnadu
- Participated in 63 kg in Khelo India Senior Women's Judo National League & Ranking Tournament South Zone from 1 to 5 September 2022 at Tamilnadu
- Participated in All India Inter University Judo Championship from 2-6 January 2023 at LPU Jalandhar
- Participated in Junior National Judo Championship held at Jharkhand, Ranchi from 16 to 20 December 2022

21. **Ms. Preeti, B.A. (Hons.) Hindi, I Year**

- Selected for 1st South Asian Kurash Championship which is going to be held at Dhaka, Bangladesh from 16 to 19 March 2023
- Participated in Khelo India Women's Judo North Zone League from 5 to 9 September 2022 at Mussoorie, Dehradun
- Silver Medal in Junior National Kurash Championship held at Rajasthan from 27 to 29 July 2022
- Silver Medal in 38th Delhi State Judo Championship in Junior Category held at DD Judo Academy from 29 November to 3 December 2022

22. **Ms. Vanshika Chaudhary, B.A. (Hons.) English, III Year**

- Gold Medal in North Zone Inter-University Tennis Tournament held at DCR Murthal from 1-6 December 2022

- Gold Medal in All India Inter Zonal Tennis Inter University held at DCR University Murthal from 10-15 December 2022
- Gold Medal in AITA Women's 1 lakh Prize money held at Faridabad, Haryana on 23 May 2022
- Silver Medal in AITA Women's 1 lakh Prize money held at Faridabad, Haryana on 13 June 2022
- Silver Medal in AITA Women's 1 lakh Prize money held at Faridabad, Haryana on 18 July 2022
- Represented Uttar Pradesh in National Games Tennis Competition held at Gujarat from 27 September to 10 October 2022 as a UP Team Captain
- Participated in Fenesta Women's National Tennis Championship held at New Delhi on 10 October 2022
- Participated in ITF Women's \$ 15K Prize money held at Jhajjar 6 February 2023
- Participated in ITF Women's \$ 15K Prize money held at Jhajjar 13 February 2023
- Participated in ITF Women's \$ 15K Prize money held at Jhajjar 20 February 2023
- Participated in AITA Women's 1 lakh Prize money held at Gurgaon, Haryana on 21 November 2022
- Participated in AITA Women's 1 lakh Prize money held at Jhajjar, Haryana on 5 September 2022
- Participated in ITF Women's \$ 25K Prize money held at Gurgaon on 27 June 2022
- Participated in ITF Women's \$ 25K Prize money held at Gurgaon on 20 June 2022
- Participated in AITA Women's 1 lakh Prize money held at Jhajjar, Haryana on 2 May 2022
- Participated in AITA Women's 1 lakh Prize money held at Jhajjar, Haryana on 11 April 2022

23. **Ms. Ananya Nagpal, B.Com (Prog.), III Year**

- Gold Medal in Himachal State Powerlifting Competition on 30-31 July 2022 organised by Fitness First The Gym Rait & HPPA
- National record holder in Full Powerlifting with a total of 242.5 kgs lifted at a bodyweight of 53.1 kgs, 264.15 Glossbrenner Score in the Women's Teen-3 Division, Under 56kg category. The record was validated at PRO 6 Delhi State Championship held in Delhi on 10-12 February 2023

24. **Ms. Muskan Tanwar, B.A. (Prog.), III Year**

- Participated as a D.U. Team Captain in North Zone Inter University Volleyball Championship held at Chitkara University Himachal Pradesh (HP) from 18 to 20 December 2022
- Participated in 71st Senior National Championship held at Assam, Guwahati from 2 to 9 February 2023
- Participated in 35th Beach Volleyball National Championship held at Chennai from 20 to 22 May 2022

- Participated in 36th National Beach Volleyball Championship held at Gujarat from 5 to 9 October 2022

25. **Ms. Siddhi Chhatwani, B.Com. (Prog.), II Year**

- Participated in 24th Youth National Volleyball Championship held at Islampur, Maharashtra from 10 to 15 May 2022
- Participated in 71st Senior National Championship held at Assam, Guwahati from 2 to 9 February 2023
- Participated in North Zone Inter University Volleyball Championship held at Chitkara University Himachal Pradesh (HP) from 18 to 20 December 2022

26. **Ms. Naina, B.A. (Hons.) Hindi, II Year**

- Participated in North Zone Inter University Volleyball Championship held at Chitkara University Himachal Pradesh (HP) from 18 to 20 December 2022
- Participated in 36th National Beach Volleyball Championship held at Gujarat from 5 to 9 October 2022

27. **Ms. Saniya, B.A. (Prog.), I Year**

Participated in 48th Junior National Volleyball Championship held at Jammu, Jammu & Kashmir from 14 to 19 November 2022

28. **Ms. Premika, B.Com. (Prog.), I Year**

- Participated in Junior National in Volleyball held at Jammu Kashmir from 14 to 19 November 2022
- Participated in 25th Youth National Volleyball Championship held at Panna, Madhya Pradesh from 16 to 22 December 2022

- **Kanika Tyagi**
Sports President 2022-23
Student Sports Council

Achievers Galaxy



Ms. Jyoti Tokas
B.A.(Prog.), IIIrd Year
Bronze Medal in Senior National Judo Championship held at K D Singh Babu Stadium, Lucknow, Uttar Pradesh from 16-20 August 2022



Ms. Vanshika Chaudhary
B.A. (Hons.) English, IIIrd Year
Gold Medal in North Zone Inter-University and Gold Medal in All India Inter Zonal Tennis Inter University held at DCR University, Murthal



Ms. Muskan Tanwar
B.A. (Prog.), IIIrd Year
Participated as a D.U. Team Captain in North Zone Inter University Volleyball Championship held at Chitkara University, Himachal Pradesh (HP) from 18 to 20 December 2022



Ms. Kirti Isharwal
B.A (Hons.) English, III Year
Gold Medal in Heptathlon in 33rd North Zone Junior Athletics Championship from 2 to 4 September 2022 at Karan Stadium, Karnal Haryana.



Ms. Akansha Chaudhary
B.Sc. (Hons.) Chemistry, III Year
Gold Medal in Khelo India Women's Judo North Zone League from 5 to 9th September 2022 at Mussoorie, Dehradun



Ms. Pragya Rawat
B.A. (Hons.) English, III Year
Participated in Senior Women T-20 Ranji Trophy National From Delhi Team from 11 to 22 October 2022 held at Surat, Gujarat



Ms. Pooja Singh Kushwaha
B.A. (Prog.), III Year
Participated in Senior Women's T 20 Ranji Trophy from 1 to 25 May 2022 held at Rajkot, Gujarat



Ms. Nitika
B.A (.Prog.), III Year
Participated in North Zone Inter University in Cricket held at Shimla from 23 November to December 2022



Ms. Munni Khan
B.A. (Hons.) Philosophy, III Year
Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022



Ms. Bharti Kashyap
B.A. (Hons.) History, III Year
Participated in Women's Senior T 20 Ranji Trophy organised by BCCI from Haryana Senior Women's Team from 18 April 2022 to 30 April 2022 at Ranchi, Jharkhand



Ms. Khushi
B.A.(Prog.), III Year
Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022



Ms. Jasmine
B.A. (Hons.) Philosophy, III Year
Participated in 2nd Women League Khelo India Ranking Tournament From North Zone from 27 to 31 January 2023 held at Kurukshetra, Haryana

Achievers Galaxy



Ms. Ummeshwari Jethwa
B.A. (Prog.), III Year
Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022



Ms. Anshika Solanki
B.Com (Prog.), III Year
Participated in Khelo India Women's Judo North Zone League from 5 to 9 September 2022 at Mussoorie, Dehradun



Ms. Aarushi Gupta
B.A. (Hons.)
Applied Psychology, II Year
Bronze Medal in 72nd Senior National Basketball Championship, Udaipur from 27 November to 4 December 2022



Ms. Ritika Gaur
B.A. (Hons.) Political Science, II Year
Gold Medal in 4x400 M Relay in 33rd North Zone Junior Athletics Championship from 2 to 4 September 2022 at Karan Stadium, Karnal Haryana



Ms. Jyoti Yadav
B.A. (Hons.) Sanskrit, II Year
Participated in Women's Senior One Day Trophy National held at Mumbai from 15 to 29 January 2023



Ms. Vandana Sain
B.A (Hons.) Hindi, II Year
Participated in Senior Women T-20 Ranji Trophy National From Haryana Team from 8 to 20 October 2022



Ms. Siddhi Chhatwani
B.Com. (Prog.), II Year
Participated in 24th Youth National Volleyball Championship held at Islampur, Maharashtra from 10 to 15 May 2022



Ms. Naina
B.A. (Hons.) Hindi, II Year
Participated in North Zone Inter University Volleyball Championship held at Chitkara University Himachal Pradesh (HP) from 18 to 20 December 2022



Ms. Ananya Nagpal
B.Com. (Prog.), III Year
Gold Medal in Himachal State Powerlifting Competition on 30-31 July 2022 organised by Fitness First The Gym Rait & HPPA



Ms. Sapna Rawat
B.A. (Hons.) Sanskrit, II Year
Participated in North Zone Inter University in Cricket held at Shimla from 23 November to 5 December 2022



Ms. Surya
B.A.(Prog.), II Year
Gold Medal in Tamilnadu State Junior and Senior Judo Championship from 25-26 November 2022 held at Tamilnadu



Ms. Saniya
B.A.(Prog.), I Year
Participated in 48th Junior National Volleyball Championship held at Jammu, Jammu & Kashmir from 14 to 19 November 2022

Achievers Galaxy



Ms. Preeti

B.A. (Hons.) Hindi, I Year
Year Selected for 1st South Asian
Kurash Championship which is
going to be held at Dhaka,
Bangladesh from 16 to 19 March
2023



Ms. Shruti Kasana

B.A. (Prog.), I Year
Participated in 72nd Senior
National Basketball Championship,
Udaipur from 27 November to 4
December 2022




Ms. Manogna Jukanti

B.Com. (Hons.), II Year
Participation in Hyderabad All India
Open Fide Rating Tournament



Ms. Premika

B.Com. (Prog.), I Year
Participated in Junior National in
Volleyball held at Jammu Kashmir
from 14 to 19 November 2022



You will be missed
Our esteemed Colleagues
who Superannuated
from Active Service
in 2022-23

Artist : Himani Bisht, B.A. (Hons.) English, III Year

Teaching Faculty

From the memory lane....

My journey to Gargi started long back in 1983 when I applied for the post of lecturer (now assistant professor) while sitting with my classmates in the north campus where I was pursuing M.Phil. We all travelled from north campus to Gargi by public transport, of course, because of limited means. It took us one and a half hours to reach the college and after filling the application form, extremely tired, I decided not to come here ever again even for the interview because of the distance and limited public transport. But destiny had some other plans for me, and my family didn't appreciate my stupid idea and forced me to appear for the interview. As an obedient daughter I appeared for the interview and with the grace of God and blessings of my parents and I got selected and became part of Gargi family. No regrets after that! I have always been and will remain thankful to my stars for making me part of this premium institute. I was welcomed so warmly by my seniors that Gargi became my second home instantly. The aura was too positive to overcome any problem, personal or professional. This helped me to grow day by day. The warmth of seniors and cooperation of peer groups had always been so encouraging to participate, contribute and enjoy almost all activities. The junior colleagues were so loving and respectful. Interacting with these young minds became instrumental in learning new skills. Apart from regular teaching I got the opportunity to work in various administrative positions which further expanded my horizon and made me closer to the Gargi fraternity. Interaction with students as proctor and later as student advisor was so challenging yet satisfying and enjoyable that I cannot forget those golden years.



The biggest challenge was to be at the helm of an institute that nurtured me to take this prestigious position of Principal. Versatile assignments, zero experience, a new challenge each day made me a little anxious but with the unparalleled teamwork with my colleagues and staff, I could accomplish the responsibilities. I am obliged to Gargi again for grooming me to do justice to the chair. Celebrating Golden Jubilee with Dr. Pranab Mukherjee, Starting New Academic Block, Managing Corona Period, constructing Porta Cabins etc., all these endeavours and many more, could not have been possible without the cooperation of faculty, staff and students. I am thankful to all functionaries from the humblest to the highest who made this journey so smooth and enjoyable. However, there were some jerks in between, which we collectively could cross because of United Gargi Fraternity. I will not say goodbye to such a long and substantial association as I am and will remain an integral part of Gargi, however physical boundaries have changed.

पुराना जाएगा तभी तो नया आएगा, नई धारणा के साथ, नवीन विचारों के साथ।

रुका हुआ पानी तो दुर्गन्ध देता है, बहती नदी का पानी ही शुद्ध होता है।

तो नदी को बहने देते हैं, इसी में सर्वत्र का भला है।

इसी के साथ मेरी ढेरों शुभकामनाएँ आप सब के लिए !!

Wishing you all the best with your endeavour's!!

Dr. Promila Kumar
(Former Principal, Gargi College)
Department of Mathematics



Dr. Sheela Dubey
Associate Professor,
Department of Commerce
Gargi College



Dr. Anita Chug
Associate Professor
Department of Chemistry
Gargi College

Non-Teaching Staff



Ms. Amita Verma
Section Officer-Accounts

“गार्गी महाविद्यालय से सम्बन्धित सभी सहकर्मी (शिक्षण – गैर शिक्षण) जो लगभग पिछले 35-40 वर्षों में मुझसे प्रत्यक्ष-अप्रत्यक्ष रूप से जुड़े और मुझे सहयोग किया सभी को दिल से धन्यवाद। डॉ कृष्णा शर्मा (पूर्व प्रधानचार्य, गार्गी महाविद्यालय) जी का हार्दिक आभार, जिन्होंने मुझे इस संस्थान से जुड़ने का अवसर दिया।”

– भीम नारायण



Mr. Bhim Narayan



endaimonia

English Creative Section



Artist : AKSHITA SINHA, B.A. (Prog.), I Year

aksh

Eudaimonia: The Key to a Fulfilling Life

In the pursuit of happiness, we often forget that true contentment and satisfaction come not from material possessions or external circumstances, but from within. Eudaimonia, a Greek term for "flourishing" or "well-being," is the concept of a life well-lived, characterized by a sense of purpose, fulfillment, and happiness.

While eudaimonia has been studied and discussed for centuries, it is only in recent years that researchers have begun to explore the science behind what makes us truly happy. Studies have shown that people who experience eudaimonia have several key characteristics in common, including a sense of meaning and purpose in life, strong relationships with others, a positive outlook, and a sense of personal growth and development.

One of the most important factors in achieving eudaimonia is having a sense of purpose. This means identifying what matters most to us and pursuing it with passion and determination. Whether it's a career, a hobby, or a cause we believe in, having a clear sense of direction gives us a sense of accomplishment and meaning in life.

Another essential component of eudaimonia is cultivating positive relationships with others. Human beings are social creatures, and we thrive when we have meaningful connections with others. Whether it's through friendships, romantic relationships, or community involvement, having strong social connections gives us a sense of belonging and support that is essential to our well-being.

In addition to having a strong sense of purpose and positive relationships, those who experience eudaimonia also tend to have a positive outlook on life. They focus on the good in the world, practice gratitude, and cultivate optimism even in the face of adversity. This positive mindset not only helps us feel better in the moment but also has been linked to better physical health and increased longevity.

Finally, those who experience eudaimonia also prioritize personal growth and development. They are committed to learning, trying new things, and challenging themselves to be better. This continuous self-improvement not only helps us develop new skills and talents but also gives us a sense of accomplishment and pride in our abilities.

In conclusion, eudaimonia is not just a philosophical concept but a tangible and achievable state of being. By cultivating a sense of purpose, building strong relationships, maintaining a positive outlook, and pursuing personal growth, we can all experience the fulfillment and contentment that come with a life well-lived. So let us all strive to live a life of eudaimonia and find true happiness and meaning in our existence.

– Aisha Sharma

B.A. Prog. (Psychology + Economics)

4th Semester

Commercial Cinema vs Parallel Cinema: Representation of Reality

The generation now, the one who loves films, do know cinema as cinema, a source of entertainment and pastime. They enjoy discussing and debating films, and if you find yourself in one of these discussions, discard the terms Parallel Cinema or, Art Film and You end up having a longer debate and spending a lot of time articulating your point!

Cinema is a popular mass-consumption medium that plays an important role in shaping opinions, forming perceptions, and reinforcing dominant cultural norms. Cinema is intended and believed to entertain, to convey the audience to a world that is vastly different from the real one, a place that provides an escape from the monotony of daily life. However, as opposed to the 'Presentational Element' in art, it is 'Representation' that elicits more of aesthetic connect between Cinematic art and its receivers, viz., the audience. It is probably this lack of idealisation or imaginative re-construction of the givenness of reality in terms of cultural context and traditional legacy which marks that commercial cinema can't be taken as form of art.

To be sure, there was always a conflict between cinema as an industry and cinema as an art, cinema as a routine, and cinema as an experiment. But the conflict was not such that it made the creation of beautiful films impossible, both in and out of mainstream cinema. Now the balance has tipped decisively in favour of cinema as an industry. In the earlier decades, the creators were concerned about making movies that have a message and touch the understanding of the general public. Actors were focused on essaying roles that had depth and being part of films that reflects society. Movies like *Do Bigha Zameen*, *Jaagte Raho*, *Baharon Ke Sapne*, *Mother India*, *Pather Panchali*, *Mera Naam Joker*, *Neecha Nagar*, *Pyaasa*, *Mughle azam*, *Anand*, etc had many big names associated with it in making and also had good commercial success but what remained the essence was that such films weren't marginalized from the mainstream. These were made primarily for the sake of cinema as an art and not a way of commercialization. The stories were original, easily connecting with the masses. Gradually such films lost their charm and in post 80s and 90s, cinema as an industry took priority. Movies from then were made not to maximize the message but to maximize viewers and get theatres filled. To be able to achieve this, the plot of movies moved away from the common man toward fictional characters in over top fictional world with loud music and out-of-place dance sequences. This soon became the main stream cinema and the former got categorised into parallel cinema that people only got to know about when it won an award or got screened at a film festival.

Speaking specifically the primary intent of cinema making during this phase contradicted the Kantian theory where cinema was not made for the sake of art but for the sake of business. Theme and quality got overshadowed by the objectification of women, item numbers, and insensitive dialogue sequences. These things were smartly placed in the movies to garner more audience. In parallel to this, there were meaningful films that couldn't attain commercial success yet were message-driven having the essence of art and creativity. Such movies came to be known as parallel cinema or alternative cinema. *Albert Pinto Ko Gussa Kyon Aata Hai*, *Bandit Queen*, *Rudaali*, *Monsoon Wedding*, *Blue Umbrella*, etc are some examples of the underrated art films from this time. Somehow the balance post-90s shifted towards commercial

cinemas in larger. Then entered the 21st century which gradually saw talented filmmakers making attempts at creating meaningful projects. The parallel cinema slowly started gaining back its recognition. Many of them got featured at various international film festivals winning many laurels for their creative storyline and performances. Actors soon were driven towards being part of such meaningful cinema. The tone also shifted from foreign exotic locations to small-town stories of the common man. *Masaan*, *Omkara*, *Lunchbox*, etc are some examples of this. However, the major hindrance that these movies faced was a commercial failure, the audience was not into watching content-oriented movies, they were still hung over the typical "masala" movies. Take an example, Shahrukh Khan who is a celebrated star, one of his movies is *Swadesh* which despite having such a thoughtful storyline failed in earning audience attention. People were basically hibernating on the type of content that they were being fed in the past decades. But recently after the Covid-19 Pandemic, we can notice a significant change with the incoming of various mediums in movie viewing experience like over the top platforms, discussion over the internet, and social media platforms. In fact, most of the films made these days are inspiring, meaningful and entertaining at the same time. They may be fiction or reality based. They work well with the audience. Films like "Shershaah", "A Thursday", "The Kashmir Files", "Jalsa", "Dasvi", "Sita Ramam", "Maja Ma", "Kantara", "Daman" are just a few examples that come to mind. There is a rise in awareness among the audience who mostly now has an active role in deciding what to watch rather than being fed. Such platforms have also given chance to the parallel cinema to thrive back into the main frame.

Commercial cinema as we see despite being such powerful tool and having a massive outreach, have contributed minimally in alleviating social-cultural maladies like especially misogyny, unrealistic portrayal of women and giving no subjective agency to women. The tragic part of this medium is that, being a commercial venture, it has to choose between monetary gains and protecting moral and social idealism: it has to make all kinds of compromises for the box-office success and forget all other purposes or forego the commercial profits for the sake of idealistic propositions. This nature of commercial cinema contradicts the objective of an art film or a parallel cinema. But this doesn't mean that commercial cinema is not a medium of expressing creativity. Filmmaking in general is a very long process that mostly takes years to actualize. The process involves many people in various different roles, including task like set designing, costume designing, script writing, music composition etc, which individually are a creative process. But when we talk about achieving the generation of an experience closer to reality, it is parallel or art films that takes the upper hand.

– **Arya Aradhana Routray**
B.A. (Hons.) Philosophy
6th Semester

Beyond Happiness: The Pursuit of Eudaimonia

The meaning of the ancient Greek concept of eudaimonia has been variously interpreted over time. Its core idea is living a full, successful, and happy life. Living a life of excellence, meaning, and purpose rather than just enjoying yourself or having fun is the aim of eudaimonia. To understand the idea of eudaimonia, it is essential to look at the perspectives of some of the greatest Greek philosophers, such as Aristotle and Plato. According to Aristotle, eudaimonia is the ultimate end of life and can only be realised via morally superior conduct and good acts. According to him, eudaimonia was more of a way of life that entailed cultivating and employing one's virtues than it was a psychological state. Contrarily, Plato saw eudaimonia as a state of harmony between the individual and the larger community. He believed that eudaimonia could only be realised in a just society where each person's role was determined by their abilities and talents. In addition to being a personal aspiration for Plato, eudaimonia was also a social and political ideal. A range of thinkers, notably philosopher Martha Nussbaum and psychologist Martin Seligman, have rediscovered and reinterpreted the concept of eudaimonia in modern times. Seligman, for example, has proposed the concept of "real happiness," which requires seeking a life of meaning, participation, and purpose. According to Nussbaum, eudaimonia is a universal ideal that includes social justice and equality as well as individual well-being.

Eudaimonia is a powerful and timeless notion that speaks to our deepest human ambitions despite these various interpretations. It serves as a reminder that life is about cultivating our virtues, living in harmony with others, and working to improve the world rather than just pursuing pleasure or worldly achievement.

Wisdom is one of the primary virtues that is essential to eudaimonia. Wisdom is crucial in the quest for eudaimonia because it enables us to recognise what is actually meaningful in life and prevents us from being duped by surface-level pleasures or illusions. Another essential quality that is essential to eudaimonia is compassion. Empathy for other people, a desire to assist those in need, and a dedication to justice and equality are all characteristics of compassion. It is challenging to have the kind of harmonious relationships with people necessary for a successful existence without compassion. Eudaimonia's pursuit is not always simple because it frequently entails overcoming challenging obstacles and making sacrifices. The benefits of such a life, however, are enormous since they enable us to live with a sense of greatness, meaning, and purpose.

The eudaimonic well-being of India's population is currently threatened by a number of problems. Millions of people all around the country have suffered severe damage to their physical, emotional, and financial health as a result of the COVID-19 pandemic. Divisions and inequality have gotten worse, affecting India's social fabric as well. In spite of these difficulties, many Indian people and communities have shown amazing fortitude and inventiveness in their quest for eudaimonia. During the epidemic, for instance, a lot of individuals have banded together to support and help those in need, from delivering food and medical supplies to offering emotional support and counselling. Additionally, a lot of people and groups have been fighting to make society more just and equitable by standing up for the rights of underprivileged groups and attempting to address problems like poverty, caste discrimination, and gender inequality. Even though there is still much work to be done to bring about eudaimonia for all

Indians, these efforts serve as a tribute to the country's people's tenacity and inventiveness as well as the strength of human agency and group endeavour in the pursuit of a better world. The pursuit of eudaimonia continues to be an important objective as we traverse these trying times because it serves as a reminder of our shared humanity and our ability to improve both our own and other people's futures.

For Indian youth, who are currently faced with special opportunities and challenges, pursuing eudaimonia is particularly crucial. Many young people's educational and professional pathways have been disrupted by the COVID-19 pandemic, creating uncertainty and fear about the future. But, in their quest for eudaimonia, Indian young have also shown astounding fortitude and inventiveness.

Youth in India have also been in the forefront of social and environmental activism, fighting for causes like gender equality, climate change, and social justice. For a more fair and sustainable future for everybody, they have planned protests, started social media campaigns, and engaged in various forms of collective action. The youth of India are a source of inspiration and optimism in the pursuit of eudaimonia despite the difficulties and uncertainties they encounter.

Their ingenuity, zeal, and fortitude serve as a reminder of the capacity for human agency and group action to improve the world. In order to help the youth of India achieve eudaimonia and to acknowledge their special influence on the future of the globe, it is crucial that we do so as we look to the future.

– **Nandita Lata**

B.A. Political Science (Hons)

1st Semester



Eudaimonia

Eudaimonia is to live life to the fullest
 The sorrow, the trouble we are in today.
 Will end on joyfulness one day !
 Pandemic we all have been through;
 Is nothing, but a hard examination though
 We're almost out of it;
 Contentment is the only thing that can fix this !
 Happiness is in everything
 Not finding it is the only mistake
 Know what is your worth
 As eudaimonia is a word that means fulfillment.

– **Anushka Das**

B.Sc. (H) Botany

1st Semester

Insecurities

Standing in a room with no one around
Looking at my figure while are tears rolling down.
Staring at the reflection with hatred inside
Why am I not like girls online.

The smile which used to reach my eyes
Now turned into another insecurity of mine.
The big doe eyes are now sleep deprived
The insecurities are killing my insides.

The body once I was so confident about
Now makes me anxious and fills me with self-doubt
My laugh that everyone liked
Makes me feel timorous day and night.

I tried, I tried sharing my pain
Yet again the taunts of being a crybaby & attention
seeking sustained.
Everything inside me is falling apart
Oh I think the impulsive thoughts are doing their part.

All the demons inside my mind
Finally made me leave my confidence behind.
No one notices the pain I am feeling
Well, for them it's a victim card I am playing.

Oh it looks like it's time to step outside
And start pretending like everything is alright.

– **Pavani devtalla**
BA (H) English,
1st year, 2nd semester

Just Move On...

The sadness somewhere hid
Behind sweet smile,
Just coz feeling ashamed
Of anger and fear,
Take it as equal value to
Happiness and inspiration.

Whenever you feel sad,
Just look out of the window
The trees rippling,
The birds flying,
The wind whipping around like a whisk,
Will make you feel better.

If there's no window,
Just begin with your hobbies,
It can be drawing out of the box,
Jotting down your feelings,
Listening to music, or
Strumming a guitar.
Just let your feelings come out of your heart
in any way,
Either in form of tear or quiteness,
But it is said that
Tear filled eyes are capable
Of seeing the beauty of life.

You need to be strong now,
Things will be better
It may be stormy now,
But it will never rains forever
There is always a new beginning...
After every ending...
Just follow your instincts
And move on....

– **Nomeeta Choudhary**
B.Com Hons
3rd Year

Best Creative Piece in English

Where Men Cannot Bear Arms

I have a eudaimonic string of thoughts at loose ends,
it wraps itself around
the last speck of compassion,
which the end of a tiring day
threatens to get rid of.
It calls itself a train
and moves to a destination
where men cannot bear arms.
It believes that
I'm terrified of losing the ability
to fantasise life
at the most unlikely places.
A northern light as the
metro drags me to a concrete building,
a coffee brewing in a bookstore
as the
minutes of the day become bygones,
a gentle imagery of a warm hug
as crude glances eye me.
I use escape, a lilac sky of infinite possibilities.
Losing what I know
to be an expression of grief,
I wallow in inscrutable hate of the self.
A hollow, musical laugh
escapes me as I make fun
of a perpetual shade, denial denial denial.
It is the loneliness that sharpens
the blades of fire,
the utter loneliness of inescapable grief.
Losing what I know
becomes losing myself, without words and phrases.
Losing what I know
becomes losing my identity as a marginalised woman.
I'm also terrified of losing

an emotional outlet.
 a person, a pen, a pillow, a pet, a prayer.
 A voice that screams
 resentment to perpetrators of oppression
 and catharsis that creates a bridge
 between my identity
 and others who are trying to assert their own.
 Love is what binds me to everything that I'm afraid to lose
 but loving comes at the cost of sanity.
 Losing sanity,
 fear is tangible in parts of me
 I never thought were worth paying attention to.
 Losing memory is where the fear is the most tangible.
 Losing memory of eternal freedom when the night never ends,
 having to imagine light, impenetrable light, without ever knowing it, feeling it.
 These strings at loose ends are
 far-fetched
 and way into a future in which I won't exist,
 they call themselves a train
 and move to a destination
 where men cannot bear arms,
 where the shade of my race,
 will be seen as beauty in a spectrum.
 where the state loves its people
 without prejudice, without majoritarianism,
 where the truth - seekers
 are not behind bars,
 where calls for Inquilab are not met with
 repression and silencing,
 where difference does not
 result in hierarchy,
 where women of the marginalized come together to form an inclusive world,
 where marginality becomes power,
 and that power
 becomes revolution.

– Amna Mannan
 BA (H) English
 2nd Year, 4th Semester

Let Me Sail to the Nearest Shore

Grasping water for survival,
 let me sail to the nearest shore
 hovering above the green water
 slightly touching the sky,
 it has been
 years of swimming inside the lost sea.
 An invisible littoral sliding onto the edge
 of my vision
 longing for its twin, a grain of white sand
 painted onto a sunless ocean.
 The waves of love
 I had imagined
 to be perfectly elevated, towering over the past,
 but conquering reality by
 slipping into a shadowy trench
 of forgetfulness.
 Let me sail to the nearest shore
 which seems welcoming
 more welcoming and eudaimonic than the
 loveless charms of detaching illusions
 I had formed.
 The crestfallen cupid is sulking
 on the beach rock beside me,
 onlooking the unfathomed green marine.
 Its dignity and confidence

subsided by the numbing solitude
 of the island.
 Let me sail to the nearest shore
 which can timelessly drown in a flood
 of resentment,
 no amount of relief can ameliorate the disaster it'd
 cause.
 It is always somewhat attached to the real world
 but there are no chronicles of its detached existence
 in the yellowing ringlets of paper
 that are subsumed by my memory.
 Let me sail to the nearest shore
 or rather drown in its anchored water,
 I have no will to continue breathing in it.
 Already submerged in grief
 the last sight of my eyes
 did see a shoreline
 but no resolution and will to
 swim
 to
 it
 and embrace.

— **Amna Mannan**
 BA (H) English
 2nd Year, 4th Semester

Roads Ahead

An hour of relinquishment
 From our swamped existence
 May heal the stress augmented
 Through letting us feel our every sense
 The light of suspense
 In the might of progress
 Captures our heart pleased with happiness
 Merely for acquiring/collecting some cents
 And it let our souls ripe to represent
 Our work's true essence

And fence our meaningful lives
 To fit into a never changing landscape
 A golden hour after working so far
 Helps escaping us from the forest so dark
 And lets us feel free from being tied up
 From the shackles of torment and rise up
 And cheer every day of our calendar.

— **Gul Afsheen**
 BA Programme (English + History)
 6th Semester

An Open Letter to Dying Hope

To dying hope,

I saw you flapping your wings tiredly waiting to be picked up. I want to ignore that you exist because the entire possibility of your existence brings me down to my knees and beg for all of it to end. and it doesn't. I don't know why you hold my hand everyday and force me to wipe my tears off. You know that my eyes will start to flood again.

Why don't you give up? You're already dead to me. You make me delusional. delusional that everyone I love will stay and everything that you're alive for, even barely, will not become a mass of blurry nothingness. I expect your death but the dawning sun gives you unusual strength everyday. It makes me wonder whether you'll stay with me till the day I die, unlike the people who gave you life by promising to stay forever.

It's not that I don't want you to be with me. I, so direly, wish that you'd stay but the pain you cause to me by creating unfiltered expectations out of your strange wings is without bounds. I absolutely loathe your audacity to trust. The irony is that you cannot be trusted. You are a live undead whirlwind of stupid fantasies and starry illusions. I wish to frame you with villainy but my unending desire to cling to you makes me villainous too.

You push me out of bed every morning after I sob through the night, to make me do tedious tasks just to flash an image of my own deathly humanness and my rotten way of hopeless living. You're a lost cause. you're a delusion I created in denial. Your persistence is meaningless. I anticipate your departure with every ounce of breath and tears.

With resentful love,

your object of drudgery

— Amna Mannan
BA (H) English
2nd Year, 4th Semester

Pretense, Peril and all that Remains

When I, in an unutterable piognancy,
say I don't believe in love,
you think I'm a cynic.
You think I'm a cynic who has been tearing off
handwritten letters, and breaking hearts and hopes
with bony malignancy
since time
began.
You think I'm a flowery doomsayer who
predicts nothing but
desolation in a wildfire
which eats up the leaves,
and blackens the day with smoke
of peril and all that remains.

What you fail to look beyond
a thousand layers of inhumane curves
of my mouth
and I don't know what are they called
in reality but people say I look
beautiful wearing the curves
plastered on my wax face,
unknowingly giving off something
I can't recall, why I was wearing it for,
who I was wearing it for
and why it is not as beautiful anymore.

Why I, oh so heartrendingly,
say I don't believe in love,
you think I'm a nihilist.
You think I'm a nihilist who hates and nothing but.
And I know I hate bloom and rain and cottony
petals of
dewed blossoms,
I hate that musical laughter
which pierces through my soul beautifully but
incurring a huge wound,
like a silver dagger sitting out in the snowy winters
wet in cold blood.

I hate happiness, I hate everything good in the
world, it reminds me that I don't possess any of that.
And never will.

What you see is not a nihilist,
but a helpless creature without any hellish hope of
finding
entities through which
it can carve forbearance out of.
A creature jettisoned out of hearts,
out of blue skies,
out of green leafy fragrance,
out of love
which it never deserved in the first place.

When I, unreservedly throw myself
out of love,
saying it doesn't exist at all.
You think I'm a disbeliever.
You think I'm a disbeliever of life who creates
hearts and breaks them herself, who creates life and
shrinks it herself and who creates love and pushes it
light years away into unparalleled space.
Who only knows how to break and hate and push
away and scream and blame.

Maybe you could not fathom
the depth of blackness
a life can drown into and let me
tell you
that I wasn't always like this.
I used to fly and stroll through candy showers
my heart did an astral journey through.
I wasn't born
this way.

— Amna Mannan
BA (H) English
2nd Year, 4th Semester

Echoes of Connection

In a world that's constantly moving,
We often forget the power of human connection.
But in truth, it's the relationships we're choosing
That help us achieve our eudaimonic perfections.

For eudaimonia is more than just wealth and health,
It's a state of being that encompasses all aspects of life.
And in order to achieve this state of ultimate wealth,
Positive relationships are the keys in our strife.

For what is life, without the love we give and receive?
What is happiness, without someone to share it with?
Our relationships are the foundations on which we build and believe,
And the bonds we forge, are the ones that truly uplift.

From the moment we're born, we crave human touch,
The need to connect and form relationships innate.
From our first smile, to our first words and such,
Our social connections begin to cultivate.

Through childhood, we find our first friends and foes,
Learning how to trust, how to forgive, and how to grow.
Our relationships shape us, as anyone knows,
And provide us with the support that we need to show.

As we enter adulthood, our relationships evolve,
We make new friends and partnerships begin to form.
We understand the value of our connections that involve
Our happiness, fulfillment, and mental calm.

But life can be tough, and we can feel alone,
Our relationships are tested when things get rough.
But it's in these moments that we're shown
How many of our connections can be enough?

For it's not just the good times that bring us together,
It's the tough times too that make us strong.
Our relationships can stand up to any stormy weather,
And guide us to where we truly belong.

So, let's cherish the relationships we have,
 And cultivate new ones wherever we go.
 For they bring us the happiness that we crave,
 And help us achieve our eudaimonic flow.

In a world that's constantly changing,
 Our relationships remain a constant source of love.
 And it is through them that we keep on gaining,
 The eudaimonic state that we're all dreaming of.

– Prachi Rawat
 English (Hons.), 1st Year

Caricature of Hope

I open my windows to a zephyr of hope
 as carriers of faith chirp
 on my window pane.
 They come in colours of love and hate, fear and disgust
 But I am propelled by
 the teachings of humanity
 discarding the path for the enmity of magnanimity.

Virus lingers on chests of mankind
 leaving scars for a lifetime
 But the wounds glow with hope as they flourish into compounds of optimism

I see angels serving themselves to the ones in distress,
 Uniforms, their cape
 Service, our silver lining
 I see people standing in unity offering prayers for the ones who are suffering
 As their hearts wear uniform of selfless service
 as we try to tide over waves of misery.

Remember,
 The Light at the end of the tunnel shines bright
 as we march towards glory
 with our heads held upright.

– Chehak Mehra
 BA (Hons.) Economics
 2nd Semester

The Warmth of Belonging: The Importance of Positive Relationships in Life

"The most important thing in life is to learn how to give out love, and to let it come in." - Morrie Schwartz, Tuesdays with Morrie.

eudaimonia, also known as human flourishing, is a state of well-being that encompasses various aspects of life, including physical, emotional, intellectual, and moral aspects. Positive relationships with others are a crucial component of achieving eudaimonia. Building friendships, cultivating a sense of belonging, and establishing connections with others can lead to increased happiness and fulfillment.

Positive relationships play a significant role in our lives. They provide us with support, companionship, and a sense of belonging. They can also lead to increased self-esteem and confidence. Studies have shown that individuals who have positive relationships are more likely to report higher levels of happiness, lower levels of stress and anxiety, and better physical health. These relationships can also lead to a sense of purpose and meaning in life, which is essential for achieving eudaimonia.

It is essential to start by building trust and respect with others. This can be achieved through open communication and active listening. When we listen to others, we show that we value their opinions and perspectives. In turn, this creates a sense of trust and mutual respect. Additionally, expressing gratitude and appreciation towards others can help to strengthen relationships. Showing kindness and offering support in times of need can also be beneficial in building positive relationships.

Oxytocin is a hormone that is released during social interactions, such as hugging or eye contact and is associated with increased feelings of trust and connection. Studies have shown that higher levels of oxytocin are linked to greater happiness and well-being. This hormone plays a key role in social bonding, helping us to form strong connections with others and feel a sense of belonging and attachment. When we experience social interactions that release oxytocin, we are more likely to feel positive emotions and build stronger relationships with others. This suggests that oxytocin plays an important role in achieving eudaimonia, as it helps us to build positive relationships and experience greater happiness and well-being.

Loneliness is associated with a range of negative health outcomes, including an increased risk of heart disease, stroke, and cognitive decline. Feeling lonely or socially isolated can also lead to negative psychological outcomes, such as depression and anxiety.

Exercise also plays a key role in maintaining physical health, which is another important aspect of eudaimonia. Regular exercise can help prevent chronic diseases such as obesity, type 2 diabetes, and heart disease, and can also improve overall physical fitness.

One real-life example of the role of exercise in eudaimonia is the story of Arthur Boorman, a disabled veteran who was told by doctors that he would never be able to walk again without the use of braces. However, Boorman refused to give up and began practicing yoga, which eventually led to him regaining

the ability to walk without braces. Through his journey, Boorman discovered not only physical healing but also a sense of purpose and fulfillment.

Critiques of the role of exercise in eudaimonia suggest that there may be limitations to the benefits of exercise, particularly when it comes to mental health. For example, a study published in *The Lancet Psychiatry* found that while exercise was associated with reduced symptoms of depression, it was not effective for everyone, and there may be other factors that contribute to the effectiveness of exercise as a treatment for mental health issues.

Another crucial aspect of cultivating positive relationships is developing empathy and compassion toward others. Empathy allows us to understand others' feelings and perspectives, which is necessary for building meaningful connections. By demonstrating compassion towards others, we can establish deeper bonds with them and develop a sense of closeness. Additionally, we can cultivate positive relationships by participating in shared activities and experiences. By engaging in hobbies, volunteering, or joining a group or club, we can meet new people with shared interests and develop positive relationships.

Hence, positive relationships are essential for achieving eudaimonia. Building friendships, cultivating a sense of belonging, and establishing connections with others can lead to increased happiness, fulfillment, and a sense of purpose. To cultivate positive relationships in our daily lives, we must focus on building trust and respect, developing empathy and compassion, participating in shared activities and experiences, and maintaining and nurturing existing positive relationships. By making a conscious effort to prioritize positive relationships in our lives, we can achieve a state of well-being and fulfillment.

Research has shown that individuals with strong social support networks are more likely to report better mental and physical health outcomes. Positive relationships can provide emotional and practical support, leading to lower levels of stress, anxiety, and depression. Having positive relationships can also contribute to a sense of purpose and meaning in life, which is a key component of eudaimonia.

Therefore, let us strive to give and receive love and create meaningful connections with those around us. By doing so, we can achieve a state of well-being and flourish in all aspects of life.

– Prachi Rawat
English (Hons.), 1st Year

Falling Star

Little Mary sat under the night sky
 Looked at the falling star, and closed her eyes.
 She wished a happy and a peaceful life
 She wished no pages to be stained in red
 For her father was killed, as his pen bled
 Those words were mighty, threatening their chair.
 Her father was killed in an innocent war
 They wanted his words to be whitewashed.
 hundreds like her father, are put behind bars,
 Are jailed or killed for their voices to be heard
 She wants no Gauri Lankesh, to pay for their voice
 none like her mother to die in silence
 She wants no other Mary to be orphaned by politics
 She knows no religious divide
 All she wants is a happy and peaceful life.

Little Abdul sat under the night sky
 Looked at the falling star and closed his eyes
 He wished for a happy and peaceful life
 He wished his sister to study in q Burqa or jeans
 None like his brother to be called a terrorist
 No one in Jamia or JNU to be jailed for their voices
 For no other ammi and abbu, to die in mob lynching
 He wished no Abdul to be orphaned by politics
 Their system that knows no colour but red
 Their flag with no saffron and green
 But their chairs are cushioned
 with curbed voices of hundreds
 Of Abdul's brothers and sisters.
 He wants none of them succumb to this system

All he wants is a happy and peaceful life.
 Little Krishna sat under the night sky
 Looked at the falling star and closed his eyes
 He wished for a happy and peaceful life
 He wished no other like his maa and paa
 to die in those riots,
 Which they didn't know who started,
 Little Krishna, hiding under the table
 saw those enter his house
 With a sword, gun and a bomb in bottle
 Asked maa to throw on those terrorists,
 Maa hugged him and paa asked him to be brave,
 Told that the lord is with him.
 They left the home and never returned
 Little Krishna, knew no reason why his life was
 snatched from him.
 He wants no other Krishna to be orphaned by riots
 All he wants is a happy and peaceful life.

Mary, Abdul and Krishna sat together,
 At the roof of their shelter home
 Looked at the night sky,
 Hand in hand, little fingers crossed
 Wished from the falling star
 For their friendship to last forever
 For their lives to be happier than ever.

– Deepshikha
 BA English (Hons.)
 4th Semester

Blue of a limitless world

It's the same road we're walking on,
 There's no good where it's leading to.
 A thousand thoughts buried dead,
 A million words unsaid,
 We walk on eggshells down this lane.
 We walk with hope and love
 To stop and rest and think for us
 To be ok someday, to be there for each other.
 You walk with hope when your heart's still screaming
 I walk when I have no feelings
 You're hating things and still smiling
 Maybe I also am faking laughs
 Because my heart is too numb to feel it.
 You're making sense of our nonsense
 I resort to meaningless things for our normal conversations
 You're distressed, disheartened at yourself or others
 My forced confident personality,
 Doesn't anymore know how to express what's going on.
 My vulnerable self is hiding behind self love.
 We walk lonely alone but so happy together
 Acting normal, almost thinking we fooled each other
 This road is of no good, but our presence makes it hopeful
 Walking towards a day which isn't your blue of gloom
 But my blue of a limitless world,
 And pink of a colourful future.
 I know no better way to convey this
 but you don't burn alone in fire
 You burn with the ones you shared your soul.
 There's no other way to get out of it
 but to walk down this street
 As strong as we always did,
 maybe together, maybe separate
 But walk fragile with confidence.
 We make this road change it's way.
 We walk of hope to be ok someday.

– Deepshikha
 BA English (Hons.)
 4th Semester

White Ink

Its midnight and she has nothing but a pen
 Mind starts crossing its path with the past again
 She sees her reflection like phases of moon
 Darkness of which creeps in, to cripple her heart
 That's when she choses to heal through the art
 She wants to write what she felt,
 But the Vocabulary falls short of words
 she called what's written, exaggerated emotions
 But the unspeakable bled through the white ink
 The words in black are white washed
 Like the appearance of moon covering it's wounds
 This writer shields vulnerability behind words
 So to stand and smile eyes to eye
 And call them just a bunch of heartfelt lines
 Drawing curtains over the nights she survived
 And all the breakdowns she smiled
 Only she feels the stain of the words, that bled in white ink.
 She continues to pen it down
 Vents ugly days in pretty similes
 Carefully picked words and difficult metaphors
 To make heartbreaks romantic and pain poetic
 This poet dances to the rhythm of her sorrows
 And means exactly what she writes
 You read exactly what she has written,
 She feels whats can't be seen
 And the words continues to bleed in white ink.

– Deepshikha
 BA English (Hons.)
 4th Semester

Born Again

He is human,
 He is a conceited ape,
 He is a coronavirus survivor,
 Excessively dissatisfied with himself,
 Striving after happiness.
 Believing in comfort and fashion
 As the ultimate passion.
 Corona slapped him with an answer,
 His dead,
 Short-lived pleasures
 Were mistaken for eudaimonism.
 He is human,
 He is mammonistic.
 In the pursuit of upper pigeonholes
 He runs towards money,
 Abandons flourishing
 With age
 To suffer on the stage.
 Living between pleasure and pain,
 Road to fulfilment
 Hanging over his head.
 Is his spirit free yet?
 Or he half-killed himself
 With his disregarded health.
 What is worthwhile in life?
 A brief moment of entertainment?
 Truth escaped last year,
 Shutting him inside his world
 Odd with contentment
 To find life again
 In health,
 In Nature,
 In Virtue,
 In family
 And in courage.
 Only to see
 That he's born again.

– Lavanya Gaur
 BA Programme (English+German)
 1st Semester

For my Nana ji (Lost him in 2021 during COVID)

Today,
I stood in your room
Staring at your bed,
Reminiscing the time
You sat there,
listening to my speeches
Clapping for my poems
And supporting my aspirations.
I thought I won't fail this time,
Trying to put my emotions into words,
But as I proceeded to the second line,
Tears rolled down my eyes.
Nothing felt as difficult
As penning these sentences

Two years ago,
I lost someone precious to me
I'd be lying if I say
I never imagined his funeral
In those frightening dreams.
As you grasped for breaths,
My heart sank
I died every time the phone rang
frantically asking if he got oxygen.
Nightmares when come true,
It becomes the ghost of you
At night it hurts,
On days it haunts.

As time passes by
We feel we're okay,
days get better
Nights gets shorter
And one day a memory
Suddenly crosses your mind
And leaves you Reminiscing.
It clutches us into the fear,
As my heart starts racing
With the thought of
Losing someone again.
They say that time heals,
But didn't tell us,
The scars hurt the same sometimes.

I was strong enough to keep a straight face
And smile on those days
Which should've been cheerful with you around
But, I loved you enough,
To break down at nights
Miss you in silence
And to never talk about you.
Avoiding to take your name
so that I do not cry in the crowd.
I loved you enough
To never be able to express it into words.

– Deepshikha
BA English (Hons.)
4th Semester

Consumed by a thought, I can't point what

I journal everything and everytime
I feel the feelings, I haven't felt before.
More often than not, they don't have a name
or have a name that I don't know of,
for I live with a mind very mis-lore,
and a heart whos almost always sore.

I reckon the feeling of closing a lovely book.
I have created-memories,
about the first time I saw a yellow rose
about Dadaji's death
and about that stranger's look.

And still
I am never sure how I feel.
I feel contained
but, I also feel vague.
I feel guilty for not being happy,
and also for not sugar-coating it fake.
I embrace and acknowledge
everything that I have
and I have a lot,
yet I find it hard to smile.

I relate to every poem I read,
and I relate to every being crying.
I fancily call it empathy,
for until, the worlds' buying.

Vision continues to gnaw at me.
Its frustrating to not know why.
I feel everything and I feel nothing,
and yet, I sink everytime I lie.

The search has costed me peace, time and love.
It has consumed me to a point that,
I deny being a true friend, a kenny relative
Or wearing a warm lover's hat.
But there has always been solace in ignorance.

Alex from Modern family says
"Embrace ignorance" can not be the solution to
everything mom!!
And while Alex seems like someone I would highly
relate to on ordinary days,
I do believe that more often than not,

Ignorance is all you should crave.
And it does not come easy.
Sometimes you will have to take a few of your
Feelings, words, actions unbound
Directly to their (or your) grave.

We stand here and shout out
Our feelings.
Feelings, arranged in a pattern of words.
A pattern which gives me the power to
Throw my feelings at you
So hard, that you will have nothing left
But to feel what I am feeling.
Or resist it so hard that tears roll down.

And even post knowing the strength that this holds,
I'll most probably choose to hold back
A word or two. Cause I dont know them.
The search has costed me peace, time and love.
But there has always been solace in ignorance.

So-
Maybe the emptiness is who I am.
Maybe this emptiness is the only thing completing
me.
Maybe, emptiness is what I want to feel.
And maybe, being lost in my thoughts,
Being consumed in an arena of lost words
Is my guiding light.

Emptiness represents space
Space, is opportunity
space is hope.

So,
I still smile
maybe sometimes without my eyes,
A smile of compromise,
Maybe sometimes for the worldly prize,
The smile of old and wise
And sometimes, as the sun rise,
giving in to the aches
one never identifies.

- Bhavya Gupta
B.Com. (Hons.)
6th Semester

Counting Candles

In the 'corner room', on a weekend night,
 amidst of the blue hues of overwhelming sundays,
 the noise of the disappointed pressure cooker whistle
 outside,
 and the frustrated fan, struggling to disperse the air of exhaustion-
 a candle is lit, turning the room to a garden of jasmines blooming and rotting
 both at the same time,
 it's flame flickering with immense burden of hope
 to solve
 everything:
 unhappiness, broken phone screen
 hateful body, world hunger.

"3 ways you can turn your life around"
 said that girl on the internet with toned arms
 flawless skin and a monochrome modern soho apartment.
 step one, light a candle.
 only to discover later
 a hidden step, before step one,
 step zero point five-
 buy the candle
 for three ninety nine,
 limited time only.

the jasmine scent,
 a hateful reminder,
 of everything in life that needs to be better,
 of prayers that were never fulfilled.
 of the amount candles
 that will never seem enough
 to solve the heartaches.

outside the room,
 the candle is lit
 yet again.
 the flickering flame empowered by collective cries,
 hope protected
 by dozens of other candles
 lit together.
 still under suspicion of 'solving'
 but reassuring still,
 in the act of being
 together while aching.

— Shreya Sharma
 B.A. (Hons.) English, III Year

Musings of a Free Mind

Ever wondered how a child feels when he/she is lifted off the ground into the air- the rush of emotions flows like a dancing light playing softly in the eyes and crackling laughter seeps through the cracks engulfing his/her mini-cosmos in a luminous halo of euphoria. Isn't the joy contagious? It takes you by surprise but even before you know it, the smile has already crept in. Making its way through. Or have you ever come across the story of a young girl on the threshold of deciding between walking down the aisle or climbing up the professional ladder and her choice for the latter option despite a million other things vying for her attention? That's Freedom: stepping up to make an informed choice, innocent, pure, having implicit faith in the roots one emerged from but breaking away just in time and just as much to look beyond the familiar mundane heads. Freedom is an all-encompassing spectrum and a canvas splashed with hues of every imaginable shade, open to diverse possibilities and multiple interpretations. Its essence lies in embracing multiplicity, granting every soul a right to the sense of belonging, and dismissing a homogenizing concrete tangible definition.

For me, freedom is manifested in a kite touching the silky clouds forcing the spool of string holding it back to unwind and carrying it along on an enchanting journey. Unraveling the mysteries of cotton candy clouds with the paintbrush dipped against a rosy palette. It is blissfully imaginative; filling you with vicarious pleasure. Or it can be as simple as riding a bicycle downhill. With no brakes to break the gush; like a flap of the wave, sharp, yet for an Indian teenage girl daring to step out - more like a solemn kiss brushed against the blushing cheeks while chasing the frolics of the wanton wind. Freedom is like a flock of birds dotting the azure of the sky- swooping, swerving, flinging in and out of the expanse. Draped with changing shades. A gurgling brook seeking its way amid a forest dazzling with pure gold. A world uninhibited yet yielding to acceptance of others' rights at the same time. The ripples of carefree laughter bubbling from an unveiled face. The chime of oneness tinkling divinely under a star-studded night sky with no refugee camps in sight. A place where every flower collects a drop of golden sun, where it does not matter if it's a blue hydrangea, an orchid, or a sunflower for that matter.

It's the cool summer breeze caressing a weary soul and tantalizing it with tufts of a dandelion blowing without a care in this world of automated coolers and capitalistic manoeuvres. It's the beauty of being a misfit and still holding one's head high yet never letting go of the healing touch. Freedom is the art of writing an article allowing one's creative juices to flow yet restraining oneself from slander. It means waking up each day by lovingly embracing the fluttering life with its reflections, impressions, miracles, and marvels. Fresh dewdrops, misty moonshine, salted caramel sea breeze, turquoise tinted ocean waves lapping at your feet, traversing the unknown with a compass in the pockets which doesn't weigh you down but pulls you out of the quagmires of repetition, raising the banner of humanity amidst the darkest dungeons of chaos, seeking for love while shunning hatred is what being free looks like. It entails the envisioning of a community where all dreams gain their fair share of respect and are not turned down as unimportant just because they are markedly different from the others.

Centuries ago, the word 'Freedom' was considered to be taboo for a lot of communities which further spread its tentacles after the colonization period took off. Today, at this very moment when you are

reading about Freedom transcending the boundaries of cloistered words, the very idea that repressed emotions can be expressed and that it's perfectly OK to have a seemingly abstract stream of consciousness - is Freedom itself whose richness and exquisite beauty the ancient folks were unable to enjoy.

As a young voracious mind greedily consumes the myriad of concoctions brewing in this world of wonder and fascination, I often tried to think beyond the ellipses of what Freedom stands for. History rushed to the rescue (uninvited of course) but somehow I felt it restricted my flights of imagination and didn't allow me to approach the story of Freedom from the other side of the fence. Years ago, in the quest for establishing a free national identity, the contours of arriving at an absolute definition of Freedom underwent a radical shift. Flashback to the two World Wars where the flap of the butterfly's wings in Brazilian rainforests could lead to bomb shelling of entire Europe! From the distant hillocks, a loud bang sent tremors for miles at a stretch that shook the heart of the hinterland. War for acquiring the elusive seven-letter word had scarred the face of humanity but the victor's battered, rusty typewriter had missed the thin line of space between freedom and the guilty pangs of triumph yet again. Can't blame the misinterpretations now can we - don't old habits die hard? In another corner tucked away in the quaint hamlets raised and nurtured in the lap of the broad expanse of nature, silence tiptoed casting a luminous halo of misty moonshine. Breathing in the chaotic fumes of bondage whirling from the shanties, girdling the 'plantations' and breathing out whiffs of libertine ideas with the morning's declaration of 'Emancipation'. After nearly two centuries of foreign depravity and the resurgence of the bygone epoch of glory, in the throbbing cultural heart of diversities, the stroke of the midnight hour reverberated with chimes of freedom while the crisp air mourned for the loss inflicted on families torn asunder. Borderlines drawn with inks of blood stand as living edifices of the struggle, pain, sweat, and tears that go into the making of the elixir of Freedom.

Simply put, at the end of the day it's not a question of green or saffron, white or black, pink or blue, grey or the colors dipped in a rainbow flag. The voices clamoring for Freedom must place it on a broader horizon and strive to pull it out from the pile of truncated visions, take it beyond the jargon of common everyday ideologies one bumps against while chasing a leaf quivering in the rush of air. In short, Freedom is the realization that the chains binding Life can be melted by burning down the turrets fettering one's mind - Death of the soul isn't the only solution. So choose wisely as few get the privilege to do so: honoring the lives of those Bravehearts who happily marched to the grave to bless you with Freedom!

– Himani Bisht
B.A. English (Hons.)

Homecoming

Maybe things were better here yesterday or perhaps a day before yesterday or perhaps before 17 yrs. No they were not. This house is an aggregate of objects - a unique clock from Mysore, a couple of cheap moisturizer and creams, an old rugged sofa, electric wires, old bulbs and no tube lights. This house is an aggregate of yes or no - of black or white, or reason and pride, of I or us.

Why does this house exist?

It's brick walls are useless. They can't contain the noises when "us" is fighting with "I". Everyone listens to it. It is a symbol of pride. Is every house just a symbol of pride?

No wonder vagabonds and peddlers seems a repository of love to me. We can't even grow flowers or vegetables here. I can't create a window near my desk to see the sky. My Art says paint it over there, create your own sky and stuff but the reality is that art can't feed us after all. So I choose to paste a To-do-list over there-to study and earn and buy a house where there will be a window by my desk. But still this art keeps wandering helter Skelter. When the night meets me at the juncture of my desk I can't resist but start drawing stars around the To-do-list.

The old blemished walls filled with layers of paint, some oil spots, splashes of tea and uneven shades like the face of the people who live here. However, these walls suffuse a kind of freedom in the room. It gives you a permit to escape. The floor are lit with the mark of rust where once the old almirah stood. The mirrors- the most interesting part of the house. They are everywhere and useless. No one in this house wants to meet the self.

We have lost our hopes to visualize a home in this house. We experience a longing here all the time to be somewhere that belongs to us. There are no showpieces in the racks. The shell with "I love you" embedded on it gradually lost there shine. A bunch of relics lie in the racks with attract nothing but hope and delusions. The most strange thing is we don't want to clean this place ever. Not because we are sluggish or lazy. We often clean our bike and vehicles. But cleaning this house does nothing to us. It's as if the dirt of pride and pretensions, it's roots hold diminishes the urge to clean it. We are tired of cleaning it. The clothes will always occupy the bed and the wires will always be clustered like now. It's like we will never have enough space in this house to hide all the sufferings it has bestowed upon us.

Hope.

We will soon find a house where lights would never be dim and chandelier would lit, where the kitchen would prepare food for all and by all, where giggles would float in air, each evening would be a party, love would prevail and the racks will be filled with shells with the engraving "I love you".

– Anchal Soni
BA English Hons.
2nd Year

Silver Lining

In the middle of the night when the world's asleep,
 I discover myself contemplating,
 Restless, my eyes wide open.
 My mind's fogged with the wounds of the past memories,
 My body aches as I ruminate on the next chapter that awaits me.
 I shudder under the noise of my parent's expectations,
 If you ask mine? I may not know what purpose am I hustling everyday for.

It gets the best of us right?
 In the breakneck arena of mutability,
 Where empathy weeps silently in a corner and pride sways over all,
 I witness myself internalizing utter dejection and haplessness that society breeds us to normalize.
 I find myself trapped in a quagmire
 That treats me like a trial subject
 Being trained to run the rat-race.
 I am but a human, flawed yet deserving of agency.

I gasp, I gasp for that eupnoea of freedom,
 To experience the petrichor when it rains,
 To ease my brows and tensed forehead for once.
 To feel what is to exhale exuberating joy
 And inhale ecstasy.
 Even when I feel entangled in a web of black and white,
 I wish to paint the facets of comprehension not with the brush of monochromes
 But hues of mortal experiences.

Habitually I do let the pandemonic manifestations override my mind and soul,
 But then I face the mirror
 To watch the silhouette that casts a reassuring smile
 When I nail the pinnacle of my true potential,
 One that inhabits me as i sob through the dreary nights, fighting my inner battles.
 It whispers to me, "you cant let her down".

As I desperately search through the crevices of my fragmented existence, I find her.
 That small girl, chuckling through the photo frame,
 With gleaming eyes and chimera dreams,
 Seated at the horizon of sanguinity,
 Waiting to explore panoramic vistas.
 She dares to rejoice even if it is delusion,
 It becomes her comfort.

Amidst self-doubt, diffidence, toxicity and deceit,
 Amidst the world blazing all around me with a strife to finish first,
 I wait for someone to seize me by the hand
 To tell me it's okay to recline and introspect.
 Even in the foreboding darkness,
 I yearn for a glimmer of euphoria
 Only to realize that I am the radiating source and custodian of my felicity.

I wake, I wake up everyday grateful
 That out of the thousands who couldn't even see the dawn of a new day,
 I was chosen to live,
 To live a life not to simply squander it in vain.
 Perhaps then this is the silver lining of the odyssey called life
 And i choose to reign mine with utmost conviction.
 What about you?

– Ria Saran
 BA (Hons) English
 4th Semester, 2nd Year

Reclaiming Herself

The rain was pouring,
 And her heart was busy exploring.
 The serenity of petrichor, dancing on the sea shore,
 And suddenly it all became roaring.

She glanced over the window-sill,
 And experienced an eerie chill.
 Dipped in the pitter-patter of the rain,
 She forgot her pain.

The thunderstorms grew more intense,
 To evoke a scary sense.
 Little did they know,
 The hell was never her foe.

Gulping all the drops of her pain,
 The effort of the thunderstorms was in vain,
 Because she had become a hurricane.

– Tanisha Bharadwaj
 BA (Hons) English
 2nd Year

Eudaimonia- Fulfillment and Friendships

March is that month of the year that is perceived as a “terror month”, because of its encounter with exams all over the country. Amidst this, we forget to mention how it's also the month of hope. In this month all of us give our absolute best in the hope of achieving our dream life or if I say so, a life of liberation and exploration. It's a hope for a new life, one that might not be visualized in comparison to our sheltered school life but is certainly a desired change that we willingly seek. We were seeking a change and March 2020 gave us one, a thunderous one at most, one that we never anticipated and never really wanted as well. March gave us a change but it was to be stagnant and static in the “comfort” of our lovable abodes. No one anticipated the length of the comfortable constant that this change gave us. However, when it was extended beyond our expectations, most of us started losing hope while some of us even started losing lives. Soon after a mass-level panic the privileged ones like us gave up all hope and succumbed to whatever antics we could engage ourselves into. Sooner or later it became a period of depression where even the enticing video calls weren't helping. We were craving all the mundane and petty joys of our lives that we took for granted. Attaining fulfillment or happiness was the least of our concerns in this period of mental, physical, and economic trauma. When one is striving to merely survive, how can one afford the liberty of happiness?

I on the other hand didn't even try the antics of social media to get that temporary dose of dopamine to feel productive and eventually completely gave up. My life was reduced to my computer screen where a once so bubbly girl wasn't even left with one “real” friend to talk to. Online classes seemed like one long monotonous monologue and family dinners were all about the sad condolences for our loved ones. Until one fine day two of my closest friends landed at my place in their sportswear and called me outside. I was sleeping just to avoid the monotony of “nothingness”. They had their rackets ready and were aggressively asking me to get ready to go to the Badminton court. My mother just beamed at the mere mention of me moving. I was shocked and in that state itself, I had to go with them to restart my once favorite activity-Badminton. I had nothing in my mind when I went to the court to play, but as soon as I warmed up, and picked up my racket to hit the first smash I felt my blood rushing through my veins screaming at me “you're still alive, you aren't just a mass of limbs lying around”. It was a moment of change, a change in the constant of my life, a change I never imagined but a change I desperately needed. We started playing regularly, now I could feel alive and “me” every day. It was like the old days but it wasn't the same as it used to be. It was better, way more intimate, and our friendship was booming like it never had, even when we were together for years. The amusing irony was that the monotony of the pandemic brought us closer than compared to the rush of teenage days. When I told my other good friends about this little endeavor they also took the leap and we safely started hanging out at my place quite often. We would do nothing productive, we would just rant a little, reminisce about good old days and share the hope of getting the change that we always desired. I would meet my friends and we would just talk, and talk so much that we started sharing our deepest insecurities and secrets. We initiated the exploration of our personalities, and got to know about ourselves in a way we would never have and that too by just talking!!! This was my eudaimonia and I found it in my old, wise friends. It was magical, we didn't realize it back then but now

when we think about that time, we do understand how it shaped our lives. We didn't click enough photos or recorded our growth because it was more of an emotional and spiritual journey than a superficial one that we often run behind. We all found our very own guide to fulfillment in each other. To date when we're out in the "new normal" open, the very idea of seeing those familiar faces after months during holidays cheer me up as nothing can. In times of illness, sadness, and failure all I crave is their reassuring words and relatable nods. We sail together in the boat of successes and failures of each other. That's what eudaimonia means to me, it means having constant companions in the ups and downs of my life. For me, eudaimonia is a life journey, a journey of togetherness and companionship.

As Aristotle mentions eudaimonia isn't a destination, it's a process in which the ideas of happiness or fulfillment are explicitly subjective. There wasn't one universal method to cope with the struggles of the pandemic. Every individual had to deal with his/her own set of internal and external struggles. Some struggles were real and out there while others dealt with their internal havoc.

My struggles came in the form of being unproductive and demotivated. It was the fear of isolation, being left behind, and becoming a failure. Covid exclusively triggered my innate ability to overthink and analyze the past which made the whole survival even more difficult. However, reconnecting the dots to old roots was all that could uplift me. My 18-year-old self very selfishly assumed that she wanted to move on in life, go big and achieve all that she could and wanted to but little did she know that her happiness lay in the embrace of her near and dear ones. Nothing could light her up more than a good laugh with her friends. In no time the cruelty of the pandemic didn't matter to us and it was just like as if we were on a long vacation in the lap of our serene city exploring the depths of these worthy relationships. We secretly didn't want this vacation to end but also were (still) hopeful to discover the lives ahead of us with a new perspective.

The Pandemic did hit us hard in the gut but for me, it was also a period of exploring myself and finding that one thing that genuinely made me happy other than my superficial academic and career goals. In this process of finding a ray of survival amidst the chaos, I found my way toward utter fulfillment. Discovering this side of my friends didn't only help me get through the pandemic but also put me on the path of discovering eudaimonia which was hidden in the comfort of my closely tied relationships.

– Sumedha Vats

BA Program (History+ English)
6th semester

World Happiness Report 2023

A Country governed by the principles of spirituality fails in keeping its people happy

India, despite being one of the fastest-growing economies in the world, has been ranked 126 out of 137 countries on the Global Happiness Index. The World Happiness Report is released by the United Nations' Sustainable Development Solutions Network. The report takes into account various factors other than GDP to determine the extent to which citizens of a country live a happy life. Some of the criteria of evaluation are social support, freedom to make choices, generosity, corruption and most importantly, dystopia.

Other than the fact that we stand 12th from the bottom, what is truly disappointing is that India has been ranked lower than countries such as war-hit Russia and Ukraine and even countries that have recently faced the worst economic crises such as Pakistan and Sri Lanka. The least developed nations in the world such as Ethiopia, Uganda and Mali among many others stand at a higher position than India.

As easy as it is for people in power to release a tweet announcing that the report is biased and should not be trusted, we are underestimating the pace of India's race towards reaching its final destination—dystopia with no pursuit of happiness. The saffron cloak put on numbers and stats has failed to conceal India's hate crimes against its minorities from the rest of the world. We have been featured by the United Nations Human Rights Watch innumerable times in recent years. India faced one of the worst covid waves in 2021, uprooting lives and livelihoods at an unprecedented scale. It seems that the happiness index has only been stooping lower ever since. With unemployment, corruption and crimes against gender and religious minorities at an all-time high in the country, the idea of eudaimonia appears almost delusional.

To be happy in this country would require having a sense of belonging, safety and security, especially to the most vulnerable section of the society. If the happiness of a few is earned at the cost of the suffering of many, is it really eudaimonia? As a country, are we happy?

— Areeba Abrar
BA (Hons) English,
2nd year

Poetry in a Prosaic Pit

I sit back and implore into the red-coloured passion
 That takes my soul to all celestial bodies
 And slashes it open-
 I call it 'love' because I know it seeps beyond the colour of my crude skin and the waves of my frizzy hair-strands,
 I call it 'love' because it takes my blemished body and untamed nails for flawed beauty stocked up in stands.
 I call it 'love' because it has been synonymous with my existence.
 And while swimming in the pools of this passion, I know the vitality it holds -

I close my eyes and I think about the one thing I always go back to-
 My roots,
 My roots are at my home,
 The people I live with, the place where I belong.
 It is a house in a small town and I clearly remember the dreamy walks into the nearby woods.
 I call it 'peace' because I know I yearn for it in all my dishes and every cup of tea.
 I call it 'peace' because the sun's rays do not scorch me there at half past three.
 I call it 'peace' because sleep does not slow down there before it reaches me.
 And while fantasizing about the smell of clear air it retains -
 I know how I am forever connected to it -

I smile gently as I remember all the merriment that I have had
 Through all the different recreational set-ups around.
 I smile because I know I have not let a moment of fun go in vain.
 I call it 'joy' because I know that it has made me sleep better after a long day,
 I call it 'joy' because it has led me to delight from dismay.
 I call it 'joy' because I will hold it dearly every day.
 And I traverse through every pursuit that has offered me the ease of joy.

But then,
 I ponder over this ornamented word, 'eudaimonia'.
 Maybe it is one of those complex emotions which simple people like me do not perceive.
 But I try to comprehend it hard - endeavoring to substitute one of the emotions - love, peace or joy, with it.
 I find none.

I listen deep into the swells of my emotions and, after multiple times, I can outline the shape of it.
 I can outline it in mundane things -
 In proper sleep schedules and in consistent exercise sessions,
 In wholesome habits and in struck-off things on my to-do lists,

But most notably, in work -
 Hard, sweat-soaked, mind-provoked work
 The type that makes a life worth living-
 Or,
 Honestly fulfilling.

I can trace eudaimonia now -
 It is love, peace, joy and more.
 It is the anchor of life that brings overall satisfaction to the shore.
 It is the prosaic sentiment that brings poetry out of life.

- Vaishnavi Prasad
 BA(Hons) Economics, 3rd Year

Grief as Hope's Muse

The past has shown me no mercy. Pure, unadulterated hatred that churns in the darkest pits of my body where my thoughts are dragged into, is its proudest creation. There were days when the only time I'd bruise was when I'd fall chasing the moon in the garden, and my mother would tell me that the dusky sky had come down to earth to kiss my feet, because I wasn't old enough to reach up to it yet. I remember how the sky came to love me so much, there was no part left untouched by it.

I spent years nurturing my ache, till I accepted that there was no alternative to a cynical life. Pain is a paralytic, mobilising everything it brushes against for silence and stillness, while claiming itself the most powerful inhabitant of the psyche it settles into. Bitterness filters into every tangent of life, shaping the spirit with which we face the cruelty of the world, that we have dismissed could ever be pure. All my humanity withered away into itself, as it found itself defeated by the destruction that I had accepted.

However, grief inspires hope, the latter thrives where it has most unrestricted access to the former, weaving together two emotions that otherwise are destructive in themselves, or have no cause for existence. For whatever that caused me to despair, there was love I found in another's soul that gave me the strength required for hope, the revolt against its muse grief, which breathed life into the faint residue that was left of the good that I had not been able to bring myself to kill.

So, when the rotting flesh of my misery expanded in attempt to subdue the intensity of hope, the second of the two reached out and held the decay in its tender hands, whispering, "Reach up to the sky, for you have understood that it does not wish you pain," and all the built-up sorrow melted into the warmth, to find itself take the form of what it had been all along - a yearning for amnesty from itself, that only the hope it had derived could provide.

- Urvie Bhattacharya
 BA (Hons) English,
 2nd year

Embracing Self-Awareness and Personal Growth: Eudaimonia in Dear Zindagi

Dear Zindagi (2016) is a critically acclaimed Indian film directed by Gauri Shinde that explores the theme of Eudaimonia, the idea of living a fulfilling and meaningful life. The film revolves around the life of Kaira, a young cinematographer who is grappling with personal and professional problems, and her journey towards self-acceptance and rediscovering the joy of life with the help of her therapist Dr. Jehangir Khan.

One of the major themes explored in the film is the concept of Eudaimonia, which is a Greek term for "happiness" or "flourishing" that comes from living a life of purpose and meaning. Eudaimonia is not just about experiencing pleasure or avoiding pain, but rather it is about living a life that is fulfilling and meaningful. Throughout the film, Kaira is shown to be struggling with various aspects of her life, including her troubled childhood, fear of commitment, and career setbacks. She is unable to find a sense of purpose and fulfillment in her life, and this is reflected in her constant mood swings and emotional outbursts toward friends and family. It even takes the form of ineffective retail therapy where she tries to build a safe space by constantly ordering and adding new things to her home.

There's a consistent emphasis maintained on the importance of mental health and well-being and how seeking help is a courageous act that can lead to personal growth. Kaira, like many of us, is haunted by her past and struggles to come to terms with her emotions. Dr. Khan introduces her to a new perspective on life, encouraging her to focus on the present moment rather than dwelling on the past or worrying about the future. This philosophy is rooted in the principles of Eudaimonia, which stresses the importance of personal growth and self-actualization. He encourages Kaira to explore her thoughts and emotions, identify the underlying causes of her problems, and develop a more positive and self-affirming outlook toward life through the power of introspection.

By the end of the film, she has undergone a significant transformation and has found something close to contentment. Her home, Goa, which she dreaded visiting welcomed her with open arms and became a center of rejuvenation. Kaira's restlessness was depicted in her sleeplessness, which she also battled through. Her core support system remained rooted in her friends and extended to a healed relationship with her brother. By showing her short film to all those around her at the end, Shinde also depicts Kaira's restored comfort in her work- a crucial element of her character development. It no longer serves as a distraction, a source of anxiety, or a coping mechanism rather it's simply an outlet for her creativity.

The film also explores the role of relationships in one's pursuit of Eudaimonia. Kaira's relationships with her family, friends, and romantic partners play a crucial role in shaping her attitude. She learns that healthy relationships are based on mutual respect, understanding, and acceptance and that they can provide a sense of support and belonging that is essential for one's well-being. The film also touches on the idea of resilience and how the ability to bounce back from adversity is essential in achieving happiness and fulfillment.

The character of Dr. Khan, played by Shah Rukh Khan, embodies the philosophy of Eudaimonia as well. Rooted in empathy, he uses unconventional methods to help his patients. His approach is based on the

idea that every person has the potential for growth and self-improvement, and that happiness is not a destination, but a journey.

In conclusion, Dear Zindagi is a powerful film that explores the theme of Eudaimonia and its relevance to modern society. Through its relatable characters and sensitive storytelling, the film highlights the importance of mental health and well-being and encourages viewers to embrace a more positive and growth-oriented outlook on life.

- Dipti Janghu
BA (H) English

Smiles inside a Looking Glass

I remember seeing her every day,
in the early hours of the morning,
from inside a looking glass, she used to smile,
and I knew that everything would be fine

Trapped in a room
trapped in my mind,
having shut all windows and confined
myself, locked away from the world;
I saw her again through a phone screen,
smiling, bright and rosy cheeked,
'I grew to love myself' she said online
but I knew what she had couldn't be mine

'Workouts, makeup, skin care' she had preached,
'Cut out the carbs, cut out the meat'
Would I be able to be her if I followed,
regardless of my body being hollowed,
is this the price that I pay for beauty and love?
or would I end up like Helen of Troy,
used for my looks then gotten rid of.
Just another chess piece in the game,
my happiness the cost for her fame.

The memory of that girl is so vague,
the one I used to see every day
the upward turn of those lips
the redness in her fair face
the pieces she had left behind
now exist as blurs in my life.
No longer behind the looking glass,
almost like she has disappeared into the night.

Trapped in a room
trapped in my mind,
having shut all windows and confined
myself, locked away from the world
bereft of joy, of peace, of smiles
dark circles decorating my eyes,
I look in the mirror for one last time
knowing now, that nothing would be fine

- Mouli Joshi
BA (Hons) English, II Year

German Section



Artist: ROSE, B.A. (Prog.), I Year

Das Glück

Ich frage mich:

Was ist Glück?

Meine Seele hatte eine Antwort.

Die Wärme der Sonne,
Und der beruhigender Regen.
Der klare Himmel mit Regenbogen,
Und die dichten Wälder.

Das sind die kleinen Freuden des Lebens.

Wie süß ist dieses Leben!

Ich bin wirklich sehr gesegnet,
Um jede Sekunde davon zu genießen.

– **Aayushi Rawat**
BA (Prog.)
IV Semester, II Year



Bedeutung der Gesundheit

Glück und Selbstverwirklichung klingen für viele unerreichbar, aber was sie nicht erkannt haben, ist, dass sie in den einfachen Dingen des Lebens direkt vor ihren Augen liegen. Als die Covid-Pandemie 2020 zuschlug, änderte sich die Definition von Glück und Erfüllung für viele Menschen in eine ganz neue Bedeutung. Vom Wunsch nach teuren Autos und Designerkleidung bis hin zum Wunsch nach einem gesunden Leben für ihre Familie. Die Pandemie hat uns daran erinnert, was im Leben wichtiger ist als materieller Besitz. Wenn Sie und Ihre Lieben gesund und wohl auf sind, gibt es genug Liebe um Sie herum, um Sie glücklich und erfüllt zu machen. Ohne Liebe und Glück werden Menschen in Depressionen geraten, also ist es sehr wichtig im eigenen Leben. Die Pandemie hat uns auch gelehrt, wie wichtig es ist, Krankheiten vorzubeugen und gesund zu bleiben. Krank zu sein, betrifft nicht nur Sie, sondern auch Ihre Lieben und Ihre Familie. Wenn alle gesund sind, sind Sie vom Glück umgeben. Ich habe selbst erlebt, wie hart das Leben werden kann, wenn Ihre Familienmitglieder krank sind, und während der Pandemie ist es noch schlimmer, weil Sie hilflos sind. Mir wurde klar, wie wichtig Gesundheit und Familie für unser eigenes Wohlbefinden sind. Ich wünsche allen, allen meinen Freunden und meiner Familie, dass sie ihr ganzes Leben lang gesund und glücklich sind. Damit sie ein erfülltes Leben voller Liebe und Fürsorge führen können.

– **Krishtina Chakpram**
BA (Prog.)
VI Semester, III Year

Best Creative Piece in German

Gemeinsam IM Anderssein

Du Und Ich Sind Völlig Verschieden
 Keiner Steht Oben, Keiner Steht Unten
 Warum Sind Wir Dennoch Unzufrieden?
 Nicht Du, Nicht Ich,
 Gemeinsam Machen Wir Die Welt Bunter.
 Die Schönheit Der Welt Entsteht Aus Der Farbenpracht,
 Nicht Aus Schein, Sondern Aus Der Seele - Tracht.
 Gefüllt Mit Seelentiefe
 Verleiht Es Uns Neue Wege Und Macht
 Die Welt Ist Das Maltuch,
 Es Erstreckt Sich Bis Zur Unendlichkeit
 Unsere Tat Ist Der Pinsel, Unsere Gedanken Sind Die Farben,
 Bemalen Wir Weit Und Breit
 Wir Ziehen Dieses Maltuch An,
 Das Von Einigen Bereits Zerfetzt Ist,
 Verpflichtet Sind Wir Nicht Nur Dem Weltall, Sondern Auch Zueinander..
 Gegenseitig Einhüllen, Du Als Du Und Ich Als Ich
 Die Zeit Ist Reif, Die Trennenden Schranken Abzubauen
 Dieses Tun Ist Wie Ein Zauberspruch
 Seid Bereit Für Den Aufbruch!
 Wir Sind Ganz Anders In Dem Zusammenhalt,
 So Schön Ist Die Vielfalt
 Oh Vielfalt Der Natur, Der Farben
 Oh Vielfalt Der Menschen Ob Groß Oder Klein..
 Wir Werden In Uns Immer Verbunden Sein

- Ayushi Jedia
 BA (Prog.)
 IV Semester, II Year

Glück

Worte von Don Marquis:

„Glück ist die Zeitspanne zwischen Phasen des Unglücks.“

Es ist etwas, das wir alle anstreben müssen. Selbst die glücklichsten Menschen können sich von Zeit zu Zeit verzweifelt fühlen.

- Man soll regelmäßig Sport treiben.
- Körperliche Aktivitäten sind gut für die geistige und körperliche Erfrischung. Es sorgt dafür, dass ein Individuum aktiv bleibt und es reduziert Stress, Angst und Depression.
- Man soll versuchen, jede Kleinigkeit in seinem Leben zu genießen.
- All die kleinen Dinge, die in unserem Leben passieren, sind sehr wichtig.
- Indem man dankbar ist, erkennt man Dinge, die das eigene Leben lebenswert machen.
- Jeder soll versuchen, einen Sinn, einen Zweck in seinem Leben zu finden.
- Es ist nicht einfach, den ultimativen Sinn unseres Lebens zu finden, aber man kann einen Sinn für Sinn entwickeln, indem man sich Ziele und eine Richtung im Leben setzt.
- Man soll immer versuchen, glücklich, positiv und optimistisch zu sein und in sich selbst glauben. Das ist der Schlüssel zum Glück.

- Prathna Vatsalya
BA (Prog)
IV Semester, II Year



Glück zu finden heißt, tugendhaft zu handeln

In der schweren Zeit helfen, Handlungen der Freundlichkeit und des Mutes Menschen sich einander hochzuheben. Diese sind Tugenden wie Sittlichkeit, Freundlichkeit, Mut, Justiz, usw. Sie machen leben diszipliniert aus moralischen Gründen. Diese Handlungen von Tugenden ermutigen einander auch gleich aufzutreten. Ein freundlicher Mann ist freundlich, weil die Menschen freundlich zu ihm waren. Daher ist es wichtig, Beispiele von guter Tugend zu zeigen. Das ist der Weg zur Eudaimonie.

- Rupa Dangwal
BA (Prog)
VI Semester, III Year

Ein Tag zum Erinnern

Ich erinnere mich noch an diesen Tag. Ich saß in einem Park auf einer Bank und genoss den Tag, wie er kam. Neben mir saß ein alter Mann. Er schien in seiner eigenen Welt zu sein, saß einfach nur da und blickte nach unten. Plötzlich fragte er mich „Bist du glücklich?“ . Ich war erschrocken über seine Frage. Er fragte mich wieder „Bist du glücklich?“ Diesmal sah er mich an. Ich lächelte ihn verwirrt an und sagte „Ja... Ja, ich bin glücklich“. Der alte Mann sah mich nur an, unzufrieden mit meiner Antwort. Er fragte mich dann „Woher weißt du das?“. Dieses Mal war ich noch verwirrter, weil ich ihn nicht kannte. Ich besuche diesen Park zwei oder dreimal pro Woche und aus irgendeinem Grund finde ich ihn dort immer an der gleichen Stelle sitzend, die ich seit 7 Monaten mit ihm teile. Trotzdem hat keiner von uns jemals ein Gespräch begonnen. Obwohl ich mich mit dieser Frage nicht wohl fühlte, fing ich aus irgendeinem Grund an, ihm meine Erklärung zu geben.

„Nun, weil ich bei guter Gesundheit bin. Ich habe einen liebevollen Ehemann und drei wunderschöne Kinder. Ich habe einen guten Job mit tollen Kollegen und einem verständnisvollen Chef. Ich stehe in regelmäßigem Kontakt mit meinen Freunden und meiner Familie.“

„Und?“

„Und, ich habe keinen Grund, nicht glücklich zu sein.“

„Und?“

„Und... Und ich glaube nicht, dass ich mehr brauche.“

„Natürlich, mehr braucht man nicht. Aber andererseits war meine Frage nicht, was man braucht, um glücklich zu sein. Meine Frage war, woher weißt du, dass du glücklich bist?“ Ich sah nur in seine neugierigen, aber weisen Augen, aber ich hatte keine Antwort auf seine Frage.

Es verging einige Wochen, bevor ich wieder in diesen Park ging. Es war nicht so, dass ich plötzlich ein erhöhtes Arbeitspensum oder einen familiären Notfall hatte, der meinen Parkbesuch verhindern würde. Aber stattdessen war es meine fehlende Antwort auf die Frage des alten Mannes. Ich wusste, dass ich glücklich war, aber jetzt fragte ich mich, ob dieses Glück hohl war. Da ich keine Antwort auf die Frage des alten Mannes finden konnte, ging ich nach drei Wochen nach unserem ersten Gespräch in den Park. Nur dieses Mal fragte ich denjenigen, der mich gefragt hat: „Woher wissen Sie, dass Sie glücklich sind?“ Er sah mich nur an, dann den Himmel, dann die Bäume. Nach einiger Zeit sah er mich wieder an und sagte: „Also, weißt du, dass ich glücklich bin?“ Ich dachte nicht viel über seine Antwort nach, stattdessen sah ich ihn an und wartete auf die Antwort auf meine anfängliche Frage. Dann sagte er –

„Ich bin glücklich, nicht weil ich meinen Traumjob hatte und jetzt pensioniert bin. Nicht weil meine Frau die schönste Frau der Welt war und jetzt in ihrem Grab ruht. Nicht weil meine beiden Söhne erfolgreiche Jobs haben und ich mit wunderschönen Enkelkindern gesegnet bin. Auch nicht, weil ich ein Leben gelebt habe und keine unerfüllten Wünsche habe.“ Ich sah ihn neugierig an, unfähig, seine nächsten Worte vorherzusagen. Aber dann sagte er –

„Ich bin glücklich, weil ich fühle, dass ich meine Aufgabe in dieser Welt erfüllt habe. Ich bin glücklich, weil ich mein Leben als gütiger Mann mit Tugend gelebt habe. Ich bin glücklich, weil ich erkannt habe, dass ich

ein Teil der Natur bin und mich nicht von ihr trenne. Ich bin glücklich, weil ich einmal so war wie du, als ich glaubte, ich brauche nichts mehr, um glücklich zu sein, aber dann sagte mir ein alter Mann, der auf genau dieser Bank saß, dass ich nicht mehr brauche, um glücklich zu sein, aber vielmehr muss ich mehr werden, um glücklich zu sein.“

Dann fragte er mich, wie ich heiße und sagte: „Susie, du brauchst nichts mehr, aber du musst erst freundlicher, toleranter, geduldiger, aufgeklärter werden, dann wirst du wissen, ob du wirklich glücklich bist, weil nur dann du mehr als glücklich wärst.“

Nachdem er dies gesagt hatte, stand er auf und ging weg. Ich habe ihn danach nie wieder gesehen. Ich erinnere mich noch an diesen Tag, an den ich Eudaimonie fand.

- Preeti Choudhary
BA (Prog)
IV Semester, II Year

Sie fällt auseinander

Sie fällt auseinander.
Aber es gibt nichts, was sie tun kann,
Aber sie sitzt einfach da und schaut zu, ob etwas Gutes passiert
und das tut es nie.
Noch bevor ich darüber hinwegkomme,
Es gibt noch etwas zu weinen.
Sie sitzt und sieht ihrem Sterben zu,
Aus der Ferne.
Sie sitzt allein,
schreiend, weinend und dann lächelnd.
Als sie ein paar Kinder spielen sah,
Ihr Lächeln und ihre Schreie,
Und ein Lächeln kräuselt sich langsam auf ihren Lippen.
Es fühlt sich jetzt gut an,
Manchmal fühlt es sich gut an, hier zu sein,
Während sie sich an manchen Tagen wünschte, sie hätte nie existiert.
Sie gedeiht weiter,
bis sie ihre Eudaimonie findet.

- Princi Yadav
BA (Prog)
IV Semester, II Year

Begegnungen mit Freude

*“Pflicht ohne Liebe ist bedauerenswert,
Pflicht mit Liebe ist wünschenswert,
Aber Liebe ohne Pflicht ist göttlich!”*

Das habe ich vor allem während der COVID-Lockdown hautnah erlebt. Es bedurfte einer Pandemie, damit ich einen anderen Weg einschlug, um mich zum Besseren zu entwickeln, indem ich Zeit mit meiner Familie zu Hause in der Quarantäne verbrachte.

Manchmal unterschätzt man im Leben die Bemühungen und die Liebe, die bestimmte Menschen aufbringen, und wie manche Aktivitäten dazu führen können, dass man sich wohl, entspannt und besonders fühlt. In diesem Artikel möchte ich meine Begegnungen mit dem Glück durch die Beschäftigung mit neuen Hobbys und die Wertschätzung der Menschen in meinem Leben schildern.

Als erstes möchte ich die Rolle einer Frau, die der Grundstein einer Familie ist, unter die Lupe nehmen. Während dieser Zeit habe ich die zahlreichen Rollen meiner Mutter bemerkt und begriffen. Als eine Hausfrau verrichtet sie die Hausarbeit tagsüber aber diese anstrengende Arbeit ist ohne Anerkennung und ohne Belohnung. Eine Frau spielt die Rolle einer Mutter, wenn sie die Kinder pflegt und großzieht. Sie weiß, wo den Kindern der Schuh drückt. Sie bringt ihnen gute Manieren, Gewohnheiten und Werte bei. Noch dazu hat sie noch eine bedeutende Rolle zu spielen, besonders während Covid-Zeiten – als Krankenpflegerin. Immer wenn jemand zu Hause krank ist, nimmt die Frau diese Person unter die Fittiche. Sie sorgt für diese Person bis sie wieder auf dem Damm ist. Diese Taten einer Frau, die normalerweise nicht hochgeschätzt werden, verdienen nun unseren Dank und unseren Respekt.

Darüber hinaus habe ich während der Quarantäne festgestellt, dass alle – sowohl die alten als auch die jungen Leute - sich stark von der Pandemie betroffen sind. Durch das Benehmen meiner Großeltern wurde mir klar, dass fast alle Greisen mit Haufen von Ängsten leben. Ob es um Krankheiten geht oder um den Tod, Furcht von irgendwas macht sie unsicher und nervös. Außerdem brauchen sie Gesellschaft. Menschen sind soziale Tiere und wenn sie alt werden, ist es doch wichtiger, jemanden zu haben, mit dem man reden kann, um die Leere der Einsamkeit zu überbrücken. Das Home-Office hat es für mich ermöglicht, mehr Zeit mit meinen Großeltern zu verbringen. Mit denen habe ich versucht, neue Hobbys auszuüben; eins davon ist Kunst.

Kunst ist die Vermittlerin des Unausprechlichen und ist ein Heilmittel für die Seele sowie eine Quelle von Energie. Wir malen Bilder und glauben, dass Kunst eine Therapie ist, wodurch man positive Gedanken erzielen kann. Noch dazu als mein Bruder und ich zu dieser Zeit gemeinsam zu Hause waren, haben wir diese Gelegenheit am Schopf gepackt und mit einem gemeinsamen Blog “The Duo Delves” angefangen. Durch diesen Blog versuchen wir, unsere Perspektive aufzuschreiben, unsere Gefühle zu teilen und Positivität zu verbreiten.

Daraus ergibt sich die Schlussfolgerung, dass die Pandemie auch viele optimistische Einflüsse hatte und man sich bemühen soll, um die positiven Werte weiter zu vermitteln.

- **Simran Dhingra**
Alumna

Eudämonie

*„Wir bemerken selten, dass jeder Tag ein heiliger Ort ist
Wo die Eucharistie der Gewöhnlichen stattfindet
Transformation unserer zerbrochenen Fragmente
In eine ewige Kontinuität, die uns hält.“ -
John O'Donohue*

Durch diese von John O'Donohue geschriebenen Zeilen in Bezug auf die harten Zeiten der Pandemie wird gesagt, dass wir uns alle inspirieren lassen und Gott uns Kraft geben wird, all diese Leiden und Kämpfe zu überwinden, die durch jede der allgegenwärtigen Situationen mit sich gebracht werden.

Die Pandemie hat eine Krisensituation für das physische, soziale, psychische und wirtschaftliche Wohlergehen unseres Lebens geschaffen.

Die Kämpfe waren für jeden anders. Wir haben alle sie alleine durchgemacht, aber was gleich war, ist die gute Tugend und der unendliche Glaube an den Allmächtigen.

Das alte Mantra, das das Thema unseres Magazins ist, ist nicht nur, Wohlstand und Glück um uns herum zu wünschen, sondern es ist auch eine Lebensweise, die uns Inder als Kinder erzählt wurde und die tatsächlich über Generationen weitergegeben wurde. Wir sind gewachsen, um die Kunst zu lernen, gesund und in Harmonie zu leben und uns eine Welle ewigen Weltfriedens zu wünschen.

Und gerade deshalb haben wir alle Schwierigkeiten durchgemacht und überlebt, indem wir dem Geist von „Sarve Janah Sukhino Bhavantu“ gefolgt haben.

- Manmeet Kaur
B.A. (Prog.)
VI Semester, III Year

हिन्दी खाण्ड



अंग्रेजी एक महामारी

विश्व में एक दौर चली,
जहां अंग्रेजी की होड़ चली।
भुलाया अपने आप को,
अपनाया परदेशो के संस्कार को।
भाषा के आधार पर जहां,
तोला गया ज्ञान को।
समाज की मानसिकता में,
हुआ एक बदलाव यह।
बोली जिसकी अंग्रेजी सुनी,
बनाया गया महान वह।
मानसिकता के इस व्यवहार ने,
तोड़ा ज्ञानियों के आत्मविश्वास को।
बैर ना मेरा किसी से कोई,
नजर में मेरे बराबर सब कोई।
निराशा केवल इस बात की थी,
क्यों भुलाया सबने अपने आप को ही।
पर भूल गए वह इस बात को,
भाषा और ज्ञान के आधार को।
भाषाओं का अपना एक स्वरूप है,
यह केवल और केवल ज्ञान प्राप्ति का एक रूप है।

— प्रियंका मंडल
बी.ए. (ऑनर्स), हिन्दी
प्रथम वर्ष

जीवन को आकार देते शिक्षक

शब्द कम पड़ जाएंगे ये बताने में,
एक शिक्षक और विद्यार्थी के रिश्ते को जताने में,
इतिहास में कई उदाहरण होंगे,
कई चाणक्य और चन्द्रगुप्त आज भी मौजूद होंगे,
जो हार में भी जीतना सीखा जाएँ,
जो अंधेरो मे उजालों की ओर ले जाए,
दीपक की लो की तरह हमको प्रकाशित करदे,
जो हमको अलग पहचान दिला जाएं
जिसकी डांट में भी स्नेह का अहसास हो,
जो हमारे जीवन का आधार हो,
ऐसे शिक्षकों को मैं धन्यवाद देना चाहूंगी,
शिक्षक दिवस पर उनका आभार प्रकट करना चाहूंगी
सारे विद्यार्थियों की ओर से नमन करना चाहूंगी।

— लावण्या पुरोहित
बी.ए. प्रोग्राम
तृतीय वर्ष



अनकही चीख

चीख एक स्त्री की,
एक अकेली औरत ने अपने मर्द की पिटाई कैसे सही होगी,
उसके दर्द की चीख आखिर किसने सुनी होगी,
उसके अंदर के मार के डर को लेके वो अकेली कैसे जीती होगी,
वो पीड़ित स्त्री कैसे अपने पति की यातनाओं को सहती होगी,
एक नहीं, दो नहीं जब उस पर लगातार थप्पड़ लगाए गए होंगे,
तो उसकी रूह और तन की हालत कैसी होती होगी,
सब देखकर चले जाते हैं, तमाशा उसकी बदकिस्मती का,
उसके चीखने का, पर उसके दर्द की आह किसी ने भी न देखी होगी।

— शालू
बी.ए. (ऑनर्स), हिन्दी
द्वितीय वर्ष

कोरे कागज पर उकेरी मन की संवेदना

कोरे कागज पर उकेरी हुई रचना के प्रत्येक शब्द का मर्म तुम हो,
ब्रह्मांड सरीखे इस जीवन का संपूर्ण आकाश तुम हो।

ये मन तो बस एक जरिया है, जिससे बंधती है उम्मीदें,
उम्मीदों के जत्थों के पीछे, वो सुखद एहसास तुम हो।

और मैं क्या हूँ?

उन्मादों में बहती हुई कोई काया,
जो तुम्हारे प्रेम कवच में समा गई है,
अंत और अनंत के बीच कहीं किसी कोने में,
जिसने कोरे कागज पर हर शब्द के पीछे तुम्हारे भेद को छिपा दिया है।

— शान्या दास
बी.ए (ऑनर्स), हिंदी
तृतीय वर्ष

तुम मेरे लिए प्रेम चुनोगे ?

जब सभी कलियां, मुरझा जाएंगी।
सभी पत्ते, पेड़ों से झड़ जाएंगे।
तो क्या पतझड़ के ऐसे मौसम में,
तुम मेरे लिए प्रेम चुनोगे?

जब आंखों से अश्रु धारा बहेगी।
अधरों में कंपन तेज होगा।
तो क्या हृदय की ऐसी स्थिति में,
तुम मेरे लिए प्रेम चुनोगे?

जब कपोलों के स्पर्श को हाथ कांपेंगे।
हाथों में प्रेम पत्र नहीं, लाठी होगी।
तो क्या उम्र की उस अवस्था में,
तुम मेरे लिए प्रेम चुनोगे?

जब चहुं ओर अंधेरा छाया होगा।
चांद तारों पर भी बिसराया होगा,

तो क्या जीवन के ऐसे पड़ाव पर,
तुम मेरे लिए प्रेम चुनोगे?

जहां हर कोई झूठा और फरेबी है।
एक ओर अपना तो दूसरी ओर भेदी है।
तो क्या रिश्तों के ऐसे डगर पर,
तुम मेरे लिए प्रेम चुनोगे?

जब मृत्यु द्वार पर खड़ी होगी,
आखिरी इच्छा की बात चली होगी,
तो क्या सफर के इस विछोह में भी
तुम मेरे लिए प्रेम चुनोगे?

— सोनम यादव
बी.ए. (ऑनर्स), हिन्दी
तृतीय वर्ष

पर्यावरण

आज फिर याद दिलवाया जा रहा है,
 एक नाम है,
 जिससे हुआ है पूरी संसार का निर्माण है,
 वो ही खुबसुरती की सही पहचान हैं,
 ओर वही जीवन दान है,
 लेकिन मनुष्य बनता जा रहा है
 उसके विनाश का दृष्टांत है,
 शायद मनुष्य को नहीं पता,
 जीवन का प्रकृति से ही,
 अंत और आरंभ है।

माँ

जो अपने को भुलाकर,
 हमको जीना सिखाती है,
 जो हमको खिला कर,
 खुद भूखी सो जाती हैं,
 जो अपने अस्तित्व को भुलाकर,
 हमारा अस्तित्व बनाती हैं,
 सारे दुख खुद लेकर,
 हम पर सुख बरसाती है,
 तभी तो वो रब की जगह ले जाती हैं,
 और माँ कहलाती है।

— गीतिका घई
 बी.ए (ऑनर्स), हिंदी
 द्वितीय वर्ष

महात्मा गांधी

'राष्ट्रपिता' कहलाने वाले गाँधी थे हमारे,
 आदर्शों के बलबूते विजय हक आया हमारे ।
 यूँ ही नहीं यह उपाधि को पाया,
 पराधीन को स्वराष्ट्र बनाया ।
 राष्ट्र निर्माण हेतु कई मोती चुने,
 राष्ट्रवाद की माला में उन सबको बुने ।
 सपनों का भारत, सच करने की थी चाह,
 उसके लिए कई लड़ाईयाँ लड़ी,अहिंसा की ली पनाह ।
 विरोधी स्वर उठाए अंग्रेजी हुकूमत के खिलाफ,
 हिला कर रख दिया, वह षड्यंत्रकारी दिमाग ।
 स्वराष्ट्र बनाने का ठाना था मन,
 जिसके लिए छोडा सारा वैभव—धन ।
 विजय का कम नहीं था उल्लास,
 पर आपसी मतभेद ने किया आहत ।
 कईयों ने किया गाँधी का पुरजोर विरोध,
 गांधी पर आया सबको क्रोध ।
 धर्म निरपेक्ष हो भारत, स्वाधीन हो भारत,
 पा ले महारत, विकास करे भारत ।
 राष्ट्रवाद को इसी प्रकार सूत्र में बाँधने का था विचार,
 सपनों के भारत का लेखा—जोखा किया तैयार ।
 परंतु दुःख से कांप गया देश अपना,
 जीते जी, पर पूरा न हुआ सपना ।

— श्रुति
 बी.ए (ऑनर्स), हिंदी
 द्वितीय वर्ष

Best Creative Piece in Hindi

फौजी बापू

अच्छा चलता हूँ अब। रीता का ख्याल रखना। जल्द वापस आऊंगा। बस इतना कहते ही बापू बस अड्डे की ओर निकल पड़े। माँ उन्हें अश्रुपूर्ण आंखों से एकटक देख रही थी, जैसे बापू की हर हरकत होते ही वह उन्हें रोकना चाहती हो।

बापू की आंख में भी इस बार कुछ आंसू थे जो वो पीछे मुड़ कर छुपते-छुपाते अपनी बस की ओर निकल पड़े। माँ अभी भी इंतजार में एक ही जगह पर मौन खड़ी थी इस आशा में कि बापू एक बार पलटें, पर कहाँ। शायद बापू जानते थे कि इस वक्त उनकी जरूरत माँ से ज्यादा देश को है।

बापू काफी दूर निकल गए थे जब माँ ने जोर की आवाज लगा कर कहा — जीत कर आना। ये सुनते ही बापू की आंखें अपार संतोष से भर आईं जैसे वो केवल माँ के सिर्फ इस ही वाक्य के इंतजार में थे।

मैं अपने कमरे के एक कोने में खड़ी ये सब देख रही थी।

भारत-पाक का युद्ध चल रहा था। बापू फौज में थे। बापू अभी पिछले हफ्ते ही हमारे साथ दीवाली मनाने आए थे। मोहल्ले में सब बहुत खुश थे। बापू के साथ हम दो साल बाद दीवाली मनाने वाले थे। कल बापू को एक बड़े अफसर का फोन आया था और सरहद के लिए जल्द से जल्द निकलने का हुक्म हुआ था। तब मालूम चला कि सरहद पर तो दीवाली में अलग ही आतिशबाजी चल रही है।

बापू कल रात से ही बहुत परेशान थे। फोन रखते ही मुझे अपने पास बुलाकर गोद में बिठा लिया, मानो अपना जाने तक का सारा समय अब मेरे साथ हो बिताना चाहते हों। मेज पर रखी किताब मेरे हाथ में थमाते हुए बोले— 'खूब मन लगा कर पढ़ाई करना। फौजी की बेटा है तू, फौजी बनना है तुझे।'

माँ और बापू के बीच तो रात भर समझाइश का सिलसिला जारी रहा।

बापू हर बार जाते थे पर इस बार कुछ अलग था। इस बार माँ स्तब्ध थी। माँ को समझाने के लिए बापू के पास अब शायद शब्द नहीं थे। वो माँ से मानो बिन कहे ही सब कुछ कह देना चाहते हों। बापू इस बार जाते वक्त मुझसे भी मिल कर नहीं गए क्योंकि उन्हें पता था कि मुझे गोद में उठाते ही उनके लिए जाना और भी कठिन हो जाएगा।

बापू के जाते ही माँ ने रेडियो चालू कर लिया और दिन भर बस रेडियो के सामने ही बैठी रहती, इस डर में कि कहीं कोई खबर छूट ना जाये। जैसे ही किसी जवान के शहीद होने की खबर आती उसकी आँखें नम हो जातीं और वो मेज पर रखी बापू की तस्वीर देखते हुए उनके लिए ईश्वर से दुआ करती।

बापू को गए तीन दिन हो गए थे पर माँ अभी तक ठीक नहीं हुई थी। माँ रसोई में खाना पका रही थी और मैं अपने कमरे में थी। दरवाजे पर किसी के आने की आहट हुई। मैं हर बार की तरह माँ से प्रतियोगिता करती हुई भागी, कहीं माँ पहले दरवाजा ना खोल दे। पर फर्क सिर्फ इतना था कि इस बार माँ प्रतियोगी ही नहीं थी।

दरवाजा खोलते ही कुछ फौजी भाई मेरी आँखों के सामने थे। मुझे लगा बापू वापस आ गए। मैंने आवेश में माँ को जोर से आवाज लगाई — 'माँ बापू वापस आ गए।' ये शब्द सुनते ही उनमें से एक फौजी भाई की आंख में से एक आंसू की बूंद छलकी। माँ मानो समझ गई थी पर खुद को संभाल ना सकी। माँ आज ज्यादा नहीं रोई, शायद उसे बापू पर बहुत गर्व था।

बापू की अंतिम यात्रा में पूरा समाज, पूरा मोहल्ला, पूरा देश रो रहा था।

बापू तो चले गए और दिन भी यूँ ही बीतते गए। माँ ने तो बस चुप्पी धारण कर ली थी। मोहल्ले की सारी औरतें आती माँ को समझाने, पर वो अपने मुख से एक शब्द तक नहीं निकालती।

सात दिन हो गए थे। माँ इस ही तरह मौन रेडियो के सामने बैठी हुई थी। भारत के विजयी होने की घोषणा हुई। माँ की खुशी का कोई ठिकाना ही नहीं था। आज सात दिन बाद माँ के चेहरे पे मैंने मुस्कुराहट देखी – मुस्कुराहट, भारत की जीत की, बापू का बलिदान सफल होने की, गर्व की।

खबर सुनते ही उसने अपने अंदर की सारी ऊर्जा एकत्रित करके जोर की चीख लगाई— 'भारत माता की जय।' मानो पूरे मोहल्ले को इस बारे में बता देना चाहती हो।

उसने मेज पर रखी बापू की तस्वीर को उठाया और दीवार पर लगा कर उसके सामने एक दीप जला कर रख दिया। आज उसे बापू पर सबसे ज्यादा गर्व था क्योंकि आज उसे इस बात का अहसास हुआ कि बापू शहीद नहीं अमर हो गए। अब शायद माँ फिर पहले जैसी हो जाएगी।

बापू को गए आज सत्रह साल हो गए हैं। उस वक्त सात की थी मैं। फौज में हूँ, बापू का अधूरा सपना पूरा करने आई हूँ।

— आकृति पटोरिया

बी.ए. प्रोग्राम

तृतीय वर्ष

यादें

यादों की तासीर ओढ़,
मैने नए रंग बुने है।
वो पापा का कंधा छोड़,
कुछ ख्वाब गढ़े है।
इन ख्वाबों की कश्ती में,
काले नीले रंग का संसार बना है।
इस संसार के बीच,
ना जाने मुझे कौन सा कांटा चुभा है।
गांवो की महफिल में शोर मचाती वो आवाज,
आज शहर के फकसी कोने में गुम पड़ी है।
पुराने दिनों में खुशनुमा समुंदर में गोता लगाता हुआ
वो दिल,

आज उलझनों के भंवर में फंसा है।
कुछ पुरानी यादों के सहारे,
ये ना जानें क्या धुन बना रहा है।
आज भी कभी रात को नींद न आने पर,
समाज के बेबुनियाद सवालों के बीच,
ये एक मां की गोदी ढूंढ रहा है।
सपनों का ताजमहल वो फिर बना रहा है,
नए सपनों को वो फिर सजा रहा है।

— लवली अपराजिता

बी.ए (ऑनर्स), हिंदी

द्वितीय वर्ष

मैं मर चुकी हूँ...

मैं वो हूँ आज हर गली, मोहल्ले, नुक्कड़ पर नीलाम हो जाती हूँ

मैं तुम्हारी देखी, अनदेखी गलतियों पर बीच बाजार बदनाम हो जाती हूँ।

मैं वो हूँ जो एक मासूम की आँखों से आँसू बन तो बहती हूँ,
पर मैं वो भी हूँ, जो बेकसूर को मरते देख चुप खड़ी रहती हूँ।

मेरी कीमत, बहीखातों से मत लगाना, मैं सबकी जेब में नहीं आऊँगी,

पर नजर टिकाए बैठी हथेली को कुछ खाने को जरूर देते जाना, वरना मैं भूखी मर जाऊँगी।

क्या हुआ, सोच रहे हो, मैं कौन हूँ?

ज्यादा मत सोचो, मैं मिल गई तो, इतनी मुश्किल से तो भुलाया था।

मैं, मैं जमीर हूँ तुम्हारा,

हाँ वही, जिसे अभी आते—आते मार कर आए हो।

जब रिश्वत दी या देने—लेने वाले को रोका नहीं,

बदसलूकी करते देखा जरूर, मगर टोका नहीं।

माफ करना, मैं भी कहाँ तुमसे बातें करने लग गई,

इंसान के अंदर की इंसानियत तो हूँ मैं, पर मर चुकी हूँ।

मैं हर उस पल जार—जार तो होती हूँ

इंसान का तो बस परदा है, जब शकलों में हैवानियत दिखाई देती है।

मैं इंसानियत हूँ, माफ करना मैं इंसानियत थी,

मैं रहती थी, आप जैसे शरीरों में, इन सूट—बूट वाले फकीरों में।

मैंने खुदखुशी करी थी, जानते हो कहाँ?

उस सेठ के गोदाम में जहाँ, भुखमरी के दिनों में अनाज भर कर रखा था।

मैं मर चुकी हूँ, हर उस इंसान के भीतर से, जिसे अब जज़्बातों की कद्र नहीं,

गुमान है पैसों पर, अपने ईमान पर फक्र नहीं।

मुझे शौक नहीं था मरने का, मैं जीना चाहती थी,

हमदर्द बन, साथ बैठ आँसू पीना चाहती थी।

पर... मैं मर चुकी हूँ, मेरी भी कुछ कीमत तो थी,

पर अब मैं लाश बन जल चुकी हूँ, मैं मर चुकी हूँ...।

— महक बजाज
बी.कॉम. ऑनर्स
प्रथम वर्ष

सरकारी बाबू का भोग

(इस व्यंग्य कथा में भारत का एक आम आदमी जल विभाग के दफ्तर में अपना कुछ कार्य कराने गया है, वहां की स्थिति का चित्रण किया गया है)

मैं, भारत का एक आम—आदमी। मुझे नहीं पता, मेरा नाम देने के लिए इस विशेष फल आम का ही चयन क्यों किया गया, शायद यह राष्ट्रीय फल हो, इसलिए या और कोई वजह। पर चलो जो है सो है। आज मैं एक बहुत बड़ी जंग पर निकला हूँ। मेरे परिवार को मुझसे बहुत उम्मीदें हैं। आज मुझे जल विभाग जाके कुछ जरूरी काम जो निपाटना है। चलो, कुछ एक—दो चवन्नी रख लू, हो सकता है कुछ काम पड़ जाए। सरकार ने तो हम जैसे गरीबों के लिए वैसे भी सब मुफ्त करा ही रखा है, पैसों का क्या काम। अभी जेब वैसे भी काफी छोटी चल रही है।

मैं वैसे पहले भी दस—पंद्रह बार विभाग के चक्कर लगा चुका हूँ, पर हर बार साहब के न होने का आश्वासन दे के वापस भेज दिया जाता हूँ। आज शायद काम हो जाए। सरकारी दफ्तर पहुँच गया हूँ। एक बड़ा—सा बोर्ड जल विभाग में पहुँचने की पुष्टि कर देता है। एक जर्जर इमारत के अंदर एक छोटा—सा आरामनुमा कमरा जिसके अंदर एक लंबे, सुंदर, बड़े कद के व्यक्ति के दर्शन होते हैं। ये ही यहां के साहब जी हैं।

मैं कमरे के अंदर पहुँचा और साहब को मैंने अपनी पूरी आपबीती सुनाई ओर काम कराने का आग्रह किया। साहब ने मेरी पूरी बात को ध्यान से सुना और फिर बात खत्म होने पर बोले— 'काम तो आपका हो जाएगा, पर अगर कुछ चाय—पानी हो जाता तो काम बढ़ाने में आसानी होती।' मैंने बाहर खड़े चपरासी से दो कप चाय लाने को कहा। ये देख के साहब कुछ परेशान से हो गए। उन्होंने कहा— 'अरे! मैं मेज के नीचे से कुछ देने की बात कर रहा हूँ।' मैंने चाय का कप उठाया और मेज के नीचे से साहब के हाथ में थमा दिया। साहब गुस्से से लाल हो गए। खुद को संभालते हुए बोले— 'अरे! घर में एक टीवी काफी समय से लगवाने का सोच रहा हूँ, अगर वो लग जाता, तो आपका काम करने में आसानी होती।'।

मुझे लगा साहब सच में इस बात से परेशान हैं। मैंने अपना व्यापारी दिमाग दौड़ाया और झट से साहब को एक 20000 का बिल फाड़ के दे दिया। 'वैसे तो सभी 20 का देते हैं, मेरी पहचान में एक हैं, उनसे लेंगे तो 18 में दिलवा दूंगा।' अब साहब शायद मुझे कमरे से भगा देना चाहते थे पर फिर भी खुद को नियंत्रण में करते हुए बोले— 'अरे कुछ भोग—वोग लग जाए तो बात बन जाए।' मैंने अपनी पत्नी को फोन मिलाया ओर निर्देश दिए कि आज का भोग मातारानी को नही बल्कि सरकार बाबू को लगेगा। वो भी भागी—भागी एक टिफिन में भोग का सारा सामान ले आई। साहब को लगा इस डिब्बे में उनके काम की ही चीज है शायद। पर डिब्बा खोलते ही जैसे वो भी अपना आपा खो बैठे।

गुस्से से चिल्लाते हुए कहा— 'अरे मैं मेवा—वेवा मिल जाने की बात कर रहा था। तुम समझते ही नहीं हो।' मैंने उन्हें इसका जुगाड़ कर जल्द वापस लौटने का आश्वासन दिया। घर पहुंचा तो पूरे में ढूँढ लेने पर बड़ी मुश्किल से कुछ पाव—किलो काजू इकट्ठा कर पाया। वही ले कर साहब के दफ्तर पहुँच गया। साहब ने मेरे हाथ की ओर देखा और चपरासी से मुझे बाहर ही बैठे रहने के आदेश दिलवा दिए। सुबह से शाम हो गई और मैं वहीं बैठा रहा। जाते वक्त साहब ने कहा— 'तुम्हारा काम हो जाएगा 20000 लगेंगे।' मेरी जिह्वा पर सरकार की तमाम नीतियां निवास कर बोली— 'पर सरकार ने तो हम जैसे गरीबों के लिए सब मुफ्त कर रखा है न?' ये सुनते ही सरकारी बाबू अपने आलीशान बंगले की तरफ कदम बढ़ा चुके थे। पलट कर बोले— 'काम करवाने का अगर मन हो तो 20000 ले आना वरना खाली चक्कर काटने से कुछ नहीं होगा।'।

में शायद अब समझ गया था कि किस भोग, मेवे और चाय की आवश्यकता थी। मेरे पास तो इन भ्रष्टोत्तम को भोग लगाने जितनी भक्ति थी नहीं तो बस अपनी छोटी जेब को साथ लिए लौट आया। पर कुछ मेरे जैसे और भी बैठे थे वहां जो इन सरकार बाबुओं की जेब बड़ी करने में लगे हुए हैं। आने वाले समय में हो सकता है इन लोगो के लिए हमारे दर्जी बड़ी जेब के पैंट का आविष्कार भी कर ही दे। और अगर ये ना हो पाए तो इतना भोग लग-लग कर ये मोक्ष तो पहुंच ही जाएंगे।

खैर, मैं एक निराश आम आदमी आज आपसे यहीं विदा लेता हूं।

— आकृति पटोरिया,
बी.ए. प्रोग्राम
तृतीय वर्ष

समय

आओ, दीदार उसका भी कर लो,

जो हर एक—एक पल याद तुमको रखता है।

लम्हों—लम्हों को दोहरा दें और पल—पल लौटा दें,

तुम भी जरा उसको याद कर लो।

वो तेरे आने के और तेरे जाने के,

हर सुख—दुख के पल को बता दे।

तू भी उसके पन्नों को एक और बार झलका दे,

वही है वो जिसे लोग कहते हैं कभी है।

नहीं और कभी कहते हैं, कटते नहीं,

रहता तो वो सबके साथ हैं।

लेकिन जो उसको साथ लेकर चलें,

वही तो समय के समय को समझें।

जो उसको समझ ले वो दुनिया को भूल जाए,

और अपनों में खो जाए, तभी तो जिंदगी मुस्कुराये।

— एकता
बी.ए (ऑनर्स), हिंदी
तृतीय वर्ष

हरित ऊर्जा, प्रौद्योगिकी और भारत का भविष्य

पर्यावरण और मानव कल्याण का सीधा संबंध है। मनुष्य जाति ने सदैव प्रकृति के संसर्ग में निवास किया है। प्राकृतिक परिवेश व्यक्ति के चरित्र निर्माण, मानसिक स्थिति और स्वास्थ्य को प्रभावित करता है। अतः जन कल्याण के लिए प्रकृति से सुगम संबंध आवश्यक है। प्रकृति के संरक्षण का यह दायित्व भारतीय संस्कृति का महत्वपूर्ण अंग है। हमारी प्राचीन सभ्यताओं में प्रकृति को देवतुल्य समझा गया है क्योंकि यहां दोहन की नहीं उत्कर्ष की वृत्ति विद्यमान है। जैसा की गांधीजी का महत्वपूर्ण कथन है, 'यह धरती हरेक की जरूरत को पूरा कर सकती है, लेकिन किसी एक के लालच को नहीं'। किंतु ऊर्जा प्राप्ति की होड़ में लगी मनुष्य जाति ऊर्जा का संरक्षण और प्रकृति का संवर्धन करने में पीछे छूट गई। परिणामतः जीवाश्म ईंधन समाप्ति की ओर है, ग्लोबल वार्मिंग का कहर है। इस प्रकार के दौर में ऊर्जा का सतर्कता से उपयोग आवश्यक है क्योंकि समकालीन समय में तीव्रता से बदलती हुई प्राकृतिक परिस्थितियों के चलते मानव जीवन प्रभावित हुआ है तथा शारीरिक व मानसिक स्वस्थता के लिए शुद्ध वातावरण भी उतना ही महत्वपूर्ण है जितना सेहतमंद आहार।

कोरोना महामारी ने वैश्विक मंदी को बढ़ावा दिया तथा रूस और यूक्रेन के बीच युद्ध ने ऊर्जा संकट को बड़े पैमाने पर बढ़ोतरी दी। इस युद्ध में अधिक मात्रा में संसाधनों का दोहन किया गया जिससे ऊर्जा की मांग में बढ़ावा हुआ। अतः वर्तमान समय में नवीकरणीय ऊर्जा व इस ऊर्जा के स्रोत प्रासंगिक है। भारत देश इस दिशा में महत्वपूर्ण भूमिका निभा रहा है। हमारे देश द्वारा हर मंच से इस बात को गंभीरता पूर्वक कहा गया है। ऐसे महत्वपूर्ण दौर में देश में होने वाले प्रौद्योगिकी विकास का दर वैश्विक परिदृश्य पर हमारी उचित छवि निर्माण में सहायता करते हैं। जी-20 से पूर्व शर्म-अल-शेख में आयोजित सीओपी-27 की बैठक में भी जलवायु परिवर्तन तथा कार्बन उत्सर्जन के दर को कम करने की आवश्यकता महसूस की गई।

21वीं सदी प्रौद्योगिकी का युग है। यह मानवता के लिए बड़ी धरोहर और संपदा है। अनुसंधान और नवाचार देश की प्रगति के महत्वपूर्ण विकास सूचक हैं। भौगोलिक दृष्टि से देखा जाए तो भारत देश उचित तकनीकी के माध्यम से कुशलता पूर्वक हरित ऊर्जा, सौर ऊर्जा इत्यादि नवीकरणीय ऊर्जा का उत्पादन कर सकता है। इस दिशा में एक बड़ी पहल हाइड्रोजन मिशन को केंद्र मंत्रिमंडल द्वारा मिली स्वीकृति है। राष्ट्रीय हरित हाइड्रोजन मिशन का उद्देश्य कार्बन उत्सर्जन में कटौती तथा देश को ऊर्जा के स्वच्छ स्रोत के उत्पादन का वैश्विक केंद्र बनाना है। इसके तहत पचास लाख टन हरित हाइड्रोजन उत्पादन का लक्ष्य रखा गया है जिसका उपयोग ईंधन के रूप में वाहनों और इस्पात तथा तेल शोधन संयंत्रों में किया जाएगा। यह परियोजना प्रौद्योगिकी आधारित विकास की ओर संकेत करती है। सौर ऊर्जा व पवन ऊर्जा भी इन्हीं में से एक है जिसमें उचित तकनीकी के माध्यम से स्वच्छ व पर्यावरण के अनुकूल ऊर्जा प्राप्त की जाती है, क्योंकि सूरज की रोशनी यहां निरंतर बनी रहती है तथा पवन चक्की के स्थापन के अनुकूल क्षेत्र भी मौजूद है। इसी प्रकार से हरित ऊर्जा के उत्पादन के लिए हमारे देश में पर्याप्त जल भंडार उपलब्ध है। यह मिशन तथा नवीकरणीय ऊर्जा के उत्पादन से संबंधित अन्य कई कार्य स्वच्छ परिवेश के साथ-साथ सशक्त प्रौद्योगिकी को बढ़ावा देंगे।

भारत देश में क्षमता है विकसित व विकासशील देशों को एकसाथ लाकर 'एक पृथ्वी, एक परिवार, एक भविष्य' के मुद्दे पर सर्वसम्मति बनाने की। यह मिशन भारत देश की विश्व नेता के रूप में छवि निर्मित करेगा, निवेश के नए बाजार उत्पन्न करेगा जिससे अर्थव्यवस्था को बल मिलेगा, रोजगार उत्पन्न होंगे तथा अनुसन्धान के क्षेत्र में बढ़ोतरी होगी। आखिरकार ऊर्जा की बचत ही ऊर्जा का उत्पादन है।

— संजना सोनी
बी.ए (ऑनर्स), हिंदी
तृतीय वर्ष

संस्कृत खण्ड



Artist: SANIYA FEROUZ, B.A. (Hons.) English, III Year



रामायणस्य समाजोपयोगिता

भारतीयज्ञानदर्शनपरम्परायाः अग्रदूतभूतं संस्कृतसाहित्यं प्राक्कालादेव 'वसुधैव कुटुम्बकम्', सर्वे भवन्तु सुखिनः इत्यादयः विचारवैलक्षण्यमाहवन्तो वर्तन्ते । आदिकविना महर्षिणा वाल्मीकिना विरचितं रामायणम् इति महाकाव्यं तथा च लोककविना तुलसीदासेन प्रणीतं रामचरितमानसम् इत्युभे सामाजिक-सांस्कृतिकविचारवारस्यार्णवाविव वर्तेते । लोकल्याणभावसमन्वितसंस्कृतसाहित्यं नूनमेव सर्वान् अहिंसादिसामाजिकसमरसतायाः महान्सन्देशाः प्रयच्छन्तो विद्यन्ते ।

आर्यावर्तस्य गुरुतरं गौरवं वर्ततेऽसौ ग्रन्थः रामायणमिति नामकं । इदन्तु असन्दिग्धमेव यद्विश्वस्यः प्रप्रथमः महाकाव्यकाव्योऽयम् ।

श्रुतिस्मृत्युपनिषदः निगदन्तो वर्तन्ते यत् चराचरजगत्सञ्चालनाय पापपाखण्डपातकीनां संहारणाय धर्मप्रतिष्ठापनाय च समवाप्तजनिर्भगवान्शङ्खचक्रगदाधरः मधुसूदनः युगे युगे अवतरन्ति ।

यथोक्तं गीतोपनिषदि—

यदा यदा हि धर्मस्य ग्लानिर्भवतिभारत ।
अभ्युत्थानं धर्मस्य तदात्मानं सृजाम्यहम् ॥
परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।
धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ॥

इत्योक्तरीत्या त्रेतायां भगवान्मर्यादापुरुषोत्तमः श्रीरामचन्द्रः जनिमवाप । तेषामेव जीवनचरित्रमुद्घाटयति ततः लोककल्याणायोपदेशान्सम्पादयति श्रीमद्वाल्मीकीयरामायणं पुण्यग्रन्थम् ।

औदार्योपकाररूपभावभरिते रामायणमहाकाव्ये सांस्कृतिकसामाजिकचेतनायाः पदे पदे गुम्फनं महामहत्त्वमुपस्थापति अस्य ग्रन्थस्य । वाल्मीकीयमानससागरान्निसृतः रामायणरूपज्ञानगङ्गायां मानवीयसभ्यतायाः उदात्तचित्रणं समाविष्टं वर्तते । अस्यां ज्ञानविज्ञानसरितायां क्वापि सभ्यता स्वान्तःस्थम् आत्मिकबौद्धिकमानसिकदोषानपाकर्तुं शक्यते । कस्यचित् सभायां समुदाये समाजे च यः स्थितिर्योग्यो भवति सैव सभ्यपदबोध्यः अथ च सभ्यस्य भावः सभ्यता इति वक्तुं शक्यते । सभ्यता अस्माकं बाह्याचरणस्य निवासप्रवासभोजनवस्त्रादीनां भौतिकविकासस्य तज्जन्यसामाजिकसंस्कारस्य स्वभावशीलादिकस्य च बिम्बभूतं नाम परिचायकं भवति । अस्माकं संस्कृतिरेवान्तःस्थितं चिन्तनं ज्ञानविज्ञानादिप्रेरकतत्वान्प्रकटयति । आध्यात्मिकमेव बाह्याचरणस्य कारणं भवति । अतः ऋतमिदं यत् वाल्मीकीरामायणं मानवसभ्यतायाः विकासे परमप्रधानभूतं वर्तते । मन्ये एतादृशं मानवानुकूलकल्याणमार्गप्रचोदकः पुण्यतमः ग्रन्थः न भूतो न भविष्यति ।

उक्तञ्च रामायणविषयकं पद्यमेकं —

यावत् स्थास्यन्ति गिरयः सरितश्च महीतले ।
तावत् रामायणकथा लोकेषु प्रचरिष्यति ॥

रामायणमिदं महाकाव्यमस्मान्सर्वान्शिक्षयति यद् श्रेष्ठपुरुषाणां रामकृष्णादीनाम् आचरणं कर्तव्यम् । न तु इतरेषाम् ।

यतोऽहि काव्यप्रकाशकृता अपि काव्यप्रयोजनप्रक्रमे तत्र काव्यप्रकाशस्य प्रथमोल्लासे निगदितं यत् 'रामादिवत् प्रवर्तिततव्यं न रावणादिवत्' इति ।

यद्यपि रामायणे सामाजिक-सांस्कृतिकविषयाणां भृशं निगुम्फनं वर्तते परं यथामति कानिचनोदाहरणानि उपस्थाप्यन्ते ।

रामायणे सामाजिकदर्शनम् = सर्वे मनुष्याः स्व स्व ज्ञानविचारानुकूलमेव कार्याणि कुर्वन्ति अथ च ये यथा चिन्तयन्ति तथैव भवन्तीदमेव जीवनसूत्रं। महर्षिणा वाल्मीकिना श्रीरामचरित्राख्यानमाध्यमेन मानवजीवनस्य वा मानवसभ्यतायाः विकासे अपेक्षितानां सर्वेषां समुचितगुणानां चर्चा विहिता। यस्य विश्वस्य प्रत्येकसभ्यतायै परमावश्यकमिति।

रामायणोपवर्णितस्य रामराज्यस्य सर्वाः प्रजाः वेदज्ञानसम्पन्नाः आसीत्। ज्ञानसम्पन्नाः शूरवीराः संसारोत्तारणाय संलग्नाः तथा च मानवोचितधर्मैः यथा दयादानदाक्षिण्यैः सत्यता, पवित्रता, उदारतादिगुणैर्युक्ता आसन्।

यथोक्तं –

सर्वे वेदविदः शूराःसर्वे लोकहिते रताः।

सर्वे ज्ञानोपसम्पन्नाः समुदिता गुणैः।।

(बा.का.वा.रा. 18/25)

तत्र समाजस्य सर्वे वर्णाः ब्राह्मणक्षत्रियवैश्यशूद्राः परस्परं सहयोगपूर्वकं सौहार्द्रयुक्तं च निवसन्ति स्म। रामराज्ये तु जातिगतवर्णगतभेदभावना नासीत् अथ च सर्वेभ्यः समानाधिकारः समानन्यायश्चासीत्।

‘ब्रह्मक्षत्रमद्विसन्तस्ते कोशं सम्पूरयन् सुतीक्ष्णदण्डाः सम्प्रेक्ष्य पुरुषस्या बलाबलम्...इति।।’

प्राचेतसरामायणम् एतादृशं समाजनिर्माणस्य शिक्षां प्रददाति यस्मिन् धार्मनिष्ठन्यायप्रियराज्ञां सुशासने सम्पूर्णसमाजः धनधान्येन युक्तो भवेत्। सर्वे गवादीनाम् अश्वादीनाञ्च पशुभिर्धनिकाः अनिर्धनाः भवेयुः।

सम्प्रति आधुनिकसभ्यतायां वयं सर्वे विकासक्रमे अग्रे धावन्तः स्मः।

यत्र च सम्पूर्णविश्वः विकासनाम्ना स्वविनाशमार्गमवचिन्वन्तो वर्तन्ते। औद्योगिकयानेन यादृशं वायुप्रदूषणं प्रसरति येन च पर्यावरणस्य महच्छक्तिर्जाता। वृक्षादीनां सर्वत्र समूलनाशः कुर्वन्तो विद्यन्ते सर्वे। रामायणानुसारं धानधान्यसमृद्धेः मूलभूता गौमाता। यथोक्तं वेदेऽपि –‘धेनुः सदनं रयीणाम्’ अर्थात् गावः सर्वविधसमृद्धेः पुण्यस्थानम्।

रामायणकालीनसभ्यतायाः वर्णनक्रमे वाल्मीकिना प्रोक्तं यत् अयोध्यायां कोऽपि कामी कन्दर्पः निष्ठुरः मूर्खः अविद्वानः नास्तिकश्च नासीत्। सर्वे धार्मिकाः स्त्रीपुरुषाः जितेन्द्रियाः सच्चरित्राः गुणशालिनः चासन्।

रामायणे सर्वे श्रौतस्मार्त्तकर्मपारायणाः आसन् पञ्चमहायज्ञादियुक्तं तेषां जीवनमासीत्।

अतिथियज्ञाः—

रामायणे अतिथियज्ञानां अनेकोदात्तप्रसङ्गाः येन गृहागतस्य अतिथेः देवतुल्यं सेवाभावं समादरं चाभिव्यनक्ति। यथा सीतासहितं रामलक्ष्मणौ वनमजगां तदा ऋषिमुनयोऽपि तान्विधिवत्सत्कृताः।

अतिथिं पर्णशालायां राघवं सन्यवेश्यन्—

मङ्गलानि प्रयुञ्जानाः मुदा परमया युताः।

मूलं पुष्पं फलं सर्वमाश्रमं च महात्मनः।।

रामायणमिदं मातृपितृगुरुणां सम्मानस्य शिक्षां प्रददाति। अद्यत्वे मानवाः स्वहितसाधनाय बहूनि जीवजन्तूनि हन्ति। परञ्च रामायणोक्तबलिवैश्वदेवयज्ञेन प्राणिमात्रस्य जीवनरक्षासन्देशं ददाति। रामायणोपवर्णिताः ऋषिमुनयोऽपि नित्यबलिहोमादियज्ञपरायणाः आसन्।

बलिहोमार्चितं पुण्यं ब्रह्मघोषनिनादितं...इति।

एवम्प्रकारेण वाल्मिकीरामायणस्य अनुसरणम् आधुनिकसमाजस्य आध्यात्मिकाधिभौतिकाधिदैविकसामाजिकपारिवारिकादीनां समस्यानां समाधाने परमं साहाय्यं प्रददाति ।

रामायणं परिवारे परस्परं कथं जीवितव्यं कथञ्च समाजे व्यवहारं करणीयमिति सर्वं विस्तरेण शिक्षयति अस्मान् सर्वान् । तदानीं नारीणां सम्मानं देवतुल्यमासीत् । नार्यस्तु सदैव पूज्याः देव्याः भवन्तीति रामायणं शिक्षयति । नारीणां सम्मानस्य पराकाष्ठां व्यनक्ति महाकाव्यमिदम् ।

यथोक्तमपि—यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः ।

एवम्प्रकारेण पर्यावरणस्य, राजनीतेः, भगवद्भक्तेः, सामाजिकेकात्मभावस्य शिक्षां प्रददाति रामायणमिदम् ।

किमधिकं ब्रूमः वाल्मिकीरामायणस्य कियन्महत्त्वं वर्तते आस्माकीने समाजे तत्तु वर्णनातीतः ।

मया निश्चप्रचम् उच्यते यत् अखिलब्रह्माण्डस्य आदर्शभूतोऽयं रामायणग्रन्थः । येन जीवनयापनस्य व्यवहारविज्ञानस्य च प्रतिपदं निगुम्फनं विहितं वर्तते ।

॥ इति शम् ॥

— डॉ. ममता त्रिपाठी
संस्कृताचार्या
गार्गी महाविद्यालयः

सदाचारः

सत्यविचाराः, सत्यभावनाः गुणा उच्यन्ते । सज्जनाः येन प्रकारेण कार्यं कुर्वन्ति, अस्माभिः अपि तथैव कर्तव्यम् । निन्दनीयं च आलस्यं कार्यं तु कर्तव्यमिति मुनिभिः प्रोक्तम् । अस्माभिः स्वगुरुणां सेवा कर्तव्या, सत्यं वक्तव्यं, इन्द्रियाणि नियन्त्रणं कुर्याम, न द्रोहं कुर्याम, मातापित्रोः, आचार्याणां, ज्येष्ठानां, वृद्धानां च आदरं कुर्मः, तेषां आज्ञां पालयित्वा सुकृतेषु प्रवृत्ताः भवेयुः । सदाचारिणः जनाः दीर्घायुः भवन्ति । ते स्वस्य सर्वाणि कार्याणि समये एव कुर्वन्ति । सदा मधुरं वदति । सः कस्यचित् कष्टं न करोति । प्राचीनभारते सर्वे सदाचारिणः आसन् । अस्मिन् समये मर्यादापुरुषोत्तमरामस्य जीवनं सदाचारस्य उत्तमम् उदाहरणम् अस्ति । अस्माभिः तस्य जीवनस्य अपि अनुसरणं कर्तव्यम् । अस्माकं भारतीयसंस्कृतिः मुख्यतया नैतिकयुक्ता वर्तते । आचरणं द्विविधं भवति— दुराचारः सद्वृत्तिः च । सदगुणस्य आचरणं गुण उच्यते । सदाचारः सद्विद्वान् इव व्यवहारः । सर्वेषां च शिष्टाचारेण व्यवहारं कुरुत ।

जनानां, समाजस्य, राष्ट्रस्य च प्रगतेः कृते सदाचारः आवश्यकः अस्ति । सदिशष्टाचारः बाल्यकालात् आरभ्यते । गुणेन पुमान् विनयशीलः बुद्धिमान् च भवति । जगत् गुणस्य महत्त्वं पश्यति । ये सदाचारिणः भवन्ति सर्वत्र सम्मानं प्राप्नुवन्ति, यस्मिन् देशे सदगुणी भवति सः देशः सर्वत्र प्रगच्छति । अत एव महर्षिः “आचारः परमो धर्मः । सदगुणी पुरुषः परपत्न्याः मातरं, परधनं स्वस्य यष्टिरूपेण, सर्वाणि भूतानि च स्वकीयानि इति मन्तव्यम् । सदगुणस्य चरित्रं महत्तमं आभूषणम्” इति ।

— प्रिया
स्नातकतृतीयवर्षम्

Best Creative Piece in Sanskrit

भारतीयज्ञानपरम्परायां वास्तुविद्या

वास्तुविद्यायाः प्रादुर्भावः :-

भारतीयज्ञानपरम्परायाः प्रारम्भः वैदिककालद् एव मन्यते । अत एव यत् किमपि अस्मिन् जगति वर्तते तस्य प्रप्रथमम् अन्वेषणं वयं वेदेषु एव कुर्मः । एतदर्थं यदा वास्तुविद्यायाः विषयः आगतः तदा जनैः तस्य अन्वेषणं सर्वादौ वेदेषु एव कृतम् । तत्र वयम् एक-भिन्नशास्त्ररूपेण तां वास्तुविद्यां स्थापितिसंज्ञकवास्तुशास्त्रम् अथर्ववेदस्य उपवेदरूपेण लभामहे । यतोहि वैदिकसाहित्ये वास्तुदेवतारूपेण “वास्तोष्पति” नाम्ना देवतायाः स्तुतिपरकमन्त्राः अपि दृश्यन्ते एवं च ऋग्वेदे तु गृहस्य कृते द्वात्रिंशत् संज्ञाः उक्ताः सन्ति । तत्पश्चात् शुल्बसूत्रेषु अपि कुंडानां, मंडपानां इत्यादीनां निर्माणाय वास्तुविद्या-सूत्राणि वर्णितानि सन्ति । अतः एतैः प्रमाणैः सिध्यति यत् वास्तुविद्यायाः प्रादुर्भावः वैदिककालाद् एव जातः ।

एतस्य विकासक्रमे कालान्तरे आचार्य-वराहमिहिर प्रणीत ज्योतिष्शास्त्रस्य “बृहत्संहिता” ग्रन्थे तेन ज्योतिष्शास्त्रस्य त्रयः स्कन्धाः कथिताः :- पुरा, सिद्धान्तः, संहिता च । तत्र संहिता-स्कन्धे तेन वास्तुशास्त्रस्य गणना कृता तथा च वास्तुशास्त्राधारिताः चत्वारः अध्यायाः लिखिताः । तथैव मत्स्यपुराणे, अग्निपुराणे च वास्तुविद्यायाः, तस्याः प्रवर्तकानाञ्च वर्णनं प्राप्यते । तत्पश्चात् परवर्त्याचार्यैः अस्याः विद्यायाः प्रशंसकरूपेण अस्याः महत्त्वम्, अस्याः कार्यं च उक्त्वा पृथक्-ग्रन्थानां रचना कृता । यथा मयासुरेण “मयमतं”, विश्वकर्मदेवेन “विश्वकर्मा प्रकाशः”, “विश्वकर्मा वास्तुशास्त्रम्” इत्यादयः शताधिकाः ग्रन्थाः रचिताः ।

वास्तुविद्यायाः प्रमाणानाम् अनुकरणम् :-

पुरातात्विक-अवशिष्टेनापि वास्तुविद्यायाः, कार्यं, महत्त्वञ्च ज्ञातुं शक्यते । यथा सर्वाधिका प्राचीन-नगर्याः द्वारिकायाः अवशिष्टेन तस्याः नगर्याः निर्माणं, तस्याः भित्तेः निर्माणं, गृहाणां निर्माणं कीदृशेन नियमबद्ध-रूपेण बभूव इति । तथैव मध्यकालीन-भारते याः सिन्धु-उपत्यका आदयः सभ्यताः आसन् तासां ये मोहनजोदड़ो, हड़प्पा, कालीबंगा, धोलवीरा आदयः नगराणि आसन् । तेषु गृहनिर्माणस्य, कूपनिर्माणस्य, मार्गनिर्माणस्य, भवन-निर्माणस्य च प्रयोगे या वास्तुविद्या आसीत् । तस्याः एव अद्यापि किञ्चित् प्रभावेण प्रयोगः दृश्यते ।

तदा या वास्तुविद्या प्रयोगे आसीत् तया जनाः न केवलं शारीरिक-सुखम् अपितु मानसिक-सुखम् अपि अलभन्त । तस्मिन् काले प्रदूषणस्य कापि समस्या नासीत् । पूर्वम् पर्यावरणसंरक्षणदृष्टिः आसीत् ।

वास्तुविद्यायाः फलानि :-

अस्मिन् जगति यत् किमपि वर्तते तस्य फलं वर्तते एव । तथैव या वास्तुविद्या वर्तते तस्याः फलानि अपि सन्ति । यथा

(i) सर्वादौ अत्यधिक महत्त्वपूर्णं वर्तते वातावरणशोधनम् -

प्राचीनकाले या वास्तुविद्या आसीत् सा वातावरणशोधिका आसीत् ।

- तदा ग्रामाणि दूरं दूरं भवन्ति स्म ।
- ग्रहाणां संरचना ईदृशी आसीत् यत् किमपि अत्यधिक-समीपस्थं न भवेत् ।
- गृहेषु उपवनं भवेत् ।

वास्तुविद्यानुगुणं गृहनिर्माणम् विधीयते वातावरणशुद्धम् जायते पर्यावरणसुरक्षादृष्ट्या यतः तदनुगुणमेव वा गृहनिर्माणम् जायते स्म । तेन वातावरणस्य पूर्णतया शोधनं जायते स्म ।

(ii) द्वितीयं वर्तते पञ्चमहाभूतनियंत्रणम् —

- वास्तुशास्त्रानुसारेण जलं तत्र स्थापनीयं यत्र सूर्यस्य तेजः न्यूनः भवेत् । अतः जलस्य शोधनम् ।
- गृहं परितः गृहे वा वृक्षाः भवेयुः । येन शुद्ध-वायोः प्रवाहः भवेत् । अतः वायोः शोधनम् ।
- होमादि विधिनां आचरणम् एवं च अग्नौ प्रदूषणकारिवास्तुनां अज्जवालनम् । अतः अग्नेः शोधनम् ।
- यथा वस्तु यथास्थानं स्थापनीयम् । अतः पृथ्व्याः शोधनम् ।
- जलस्य शोधनं भवेत् , वायोः शोधनं भवेत् , अग्नेः शोधनं भवेत् एवं च पृथ्व्याः शोधनं भवेत् तदा आकाशस्य शोधनं स्वतः एव भविष्यति ।

(iii) तृतीयम् अस्ति इष्टप्राप्तिः —

वास्तुविद्यायाः अनुगुणं भवति तर्हि इष्टसाधनता उत्पद्यते ।

“जपतपोहोमादिभिः केवलम् इष्टप्राप्तिः!”

(iv) सौरोर्जनियन्त्रणम् —

गृहनिर्माणं ईदृशः भवेत् यत् गृहे यथावश्यकं सौरोर्जा भवेत् । प्रकृत्या सह एकाकारः स्यात् ।

(अ) वास्तुविद्यया मानसिकसुखं, शारीरिकसुखं च भवति । मनोबुद्धि आत्मविषयकशान्तिः विधीयते स्म । प्रकृत्या सह समञ्जनम् कर्तुं महत्त्वभूतम् भवति ।

वास्तुविद्यायाः कार्याणि :-

नगरनिर्माणम्

भवननिर्माणम्

पूर्वभागे उच्चस्थानस्य स्थापनम्

वाटिकानिर्माणं

पाकशालानिर्माणं

पाठशालानिर्माणं

कूपनिर्माणं

क्रीडाङ्गणनिर्माणं

छात्रावासनिर्माणं

प्रासादननिर्माणम्

देवालयनिर्माणं

वास्तुविद्यायाः महत्त्वभूतं स्थानं भवति । अनया विद्यया मानवानां शारीरिकं मानसिकं सर्वविधसौख्यं समुपद्यते । मानवजीवनस्य परमं लक्ष्यं परम्पराप्राप्तिः इष्टसाधनताप्राप्तिश्च वर्तते । एतदुभयं प्राप्तुं संस्कारं कुरुते वास्तुविद्या ।

वास्तुविद्या जीवनलाभोऽपि भविष्यति । निष्कर्षतः —

- सर्वविधसौख्यप्राप्तिः भवति ।
- प्रकृत्यनुगुणं जीवनाश्रितता भवति ।
- प्रकृत्या ई दूहनं न क्रियते ।
- प्रकृतिनियमानां पालनेहा उत्पद्यते ।
- वातावरण—पर्यावरणसंरक्षणदृष्टिः जायते ।
- जीवनस्य यथार्थचिन्तनं स्मारमते ।
- कार्यवैविध्यं जायते ।
- मनः अभिरञ्जितं भवति ।

— वैष्णवी शर्मा
स्नातकतृतीयवर्षम्

पर्यावरणम्

स्वस्थं पर्यावरणम् अस्माकं स्वस्थजीवनस्य आधारः अस्ति । यथा निर्मलं कीटाणुरहितं जलं वायुः च अस्मभ्यं स्वस्थजीवनं प्रयच्छतः । सम्प्रति वैज्ञानिके युगे उद्योगानां विकासात् पर्यावरणस्य महती समस्या उत्पन्ना । औद्योगिकसंस्थानेभ्यः निर्गतं दूषितं जलं तत्रत्यं परिवेषं दूषयति येन बहुविधाः रोगाः जायन्ते । इदमेव दूषितं जलं नदीं प्राप्य तत्रत्यं जलमपि दूषयति । एतेनैव कारणेन पवित्रतमायाः गंगायाः जलमपि बहुशः प्रदूषितं जातम् । गंगाजलं प्रदूषणमुक्तकर्तुं राष्ट्रिया योजना निर्मिता तदनुरूपः प्रयासश्च प्रवर्तते ।

एवमेव औद्योगिकसंस्थानेभ्यः निर्गतेन दूषितेन वायुना वायुमण्डलं दूषितं । तत्परिवेशस्य जनान् च विविधरोगप्रदानेन भृशं पीडयति । जनसंख्यायाः तीव्रविकासेन महानगरेषु जलवायोः प्रदूषणस्य भीषणा समस्या उपस्थिता अस्ति । एतदर्थं शासनेन प्रभाविनः प्रवासाः विधीयन्ते । अस्माभिः अपि स्वपर्यावरणं शोधयितुं यथासंभवप्रयत्नः करणीयः यतो हि शुद्धे पर्यावरणे एवं वयं सुखेन जीवितुं शक्नुमः ।

वयं वायुजलमृदाभिः आवृत्ते वातावरणे निवसामः । एतदेव वातावरणं पर्यावरणं पर्यावरणेनैव वयं — जीवनोपयोगिवस्तूनि प्राप्नुमः । जलं वायुः च जीवने महत्वपूर्णं स्तः । साम्प्रतं शुद्ध — पेय जलस्य समस्या वर्तते । अधुना वायुरपि शुद्धं नास्ति । एवमेव प्रदूषितपर्यावरणेन विविधाः रोगाः जायन्ते । पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते । प्रदूषणस्य अनेकानि कारणानि सन्ति । औद्योगिकापशिष्ट — पदार्थ — उच्च — ध्वनि — यानधूम्रादयः प्रमुखानि कारणानि सन्ति । पर्यावरणरक्षायै वृक्षाः रोपणीयाः वयं नदीषु तडागेषु च दूषितं जलं न पातेम् । तैलरहितवाहनानां प्रयोगः करणीयः । जनाः तरुणां रोपणम् अभिरक्षणं च कुर्युः ।

— चन्दा कुमारी
स्नातकद्वितीयवर्षम्

निद्रा

निद्रा शरीरस्य एका विशेषा प्रक्रिया वर्तते। या मनुष्याः कुर्वन्ति। ये पर्याप्तं निद्रयन्ति ते मनुष्याः जीवने संयमिताः स्वस्थयुक्ताश्च भवन्ति। यदि अल्पनिद्रयति तर्हि मनुष्यस्य स्वास्थ्यः असम्यक् तथा च दिनचर्यापि असम्यक् भवति। निद्रा एका एनाबोलिकस्थितिरस्ति। यत् शारिरिकः मानसिकः च विकासौ ददाति। यदि निद्रायाः प्रकारः सम्यक् भवति तर्हि इम्यूनसिस्टम्, नर्वससिस्टम्, मांशपेशी प्रणालीया च स्वयमेव सुदृढं कुर्वन्ति। पर्याप्तनिद्रायाः कारणेन हृदयरोगः, डायबिटीज, स्ट्रोक, ओबीसिटी च अल्पं भवति। मनुष्याणां कृते अष्टहोरात्मिका निद्रा सम्यक् अस्ति। निद्रायाः एकः विकारः बहुनिद्रा भवति तेन कारणेन मनुष्या दिने बहु निद्रयन्ति। दिने निद्रायाः कारणेन कफः पित्तः च असंतुलितो भवति। शरीरे जलस्य अल्पमात्रायाः कारणेन अपि प्रत्येकं काले निद्रा आयाति। तस्याः कारणं मनुष्यस्य स्वास्थ्यः असम्यक् भवति।

अतः प्रत्येक मनुष्यान् रात्री काले सप्त-अष्टहोरा वा निद्रेत्।

— सलोनी कुमारी
स्नातकतृतीयवर्षम्

कदाचित्

कदाचित् शुभं कदाचिद् अशुभम्।
केषाञ्चन कृते हितं, अन्येषां कृते दुष्टम्।
केचन मां दुष्टः इति वदन्ति, केचन अहं भद्रः इति वदन्ति।
केषाञ्चन मनसि दुष्टं, केषाञ्चन मनसि शुभम्।
अहं स्वयमेव दुष्टा अस्मि, अहं स्वयमेव कुशला अस्मि।
अहं सर्वथा बालिका एव अस्मि।

— आयुषी सिंहः
स्नातकतृतीयवर्षम्

भविष्यस्य भारतम्

जगत् नैकाभिः समस्याभिः पूरिते सर्वसमस्याः एकदैव परिहर्तुं शक्यते इति भारतं प्रादर्शयत्। अतएव भारतं भविष्यस्य जीवनाय दृढीकरणं प्रदास्यति इति मैक्रोसाप्ट् संस्थापकः बिलोट्स् अकथयत्। स्वकीये ब्लागटिप्पण्याम् एवं लिखित्वा, सद्यः जगत् दशाधिक-समस्याः सम्मुखीकुर्वत् वर्तते। परं सर्वमेतत् परिहर्तुं धनस्य समयस्य च आवश्यकता भवति, वयम् ऊहां कृतवन्तः। परं भारतम् ऊहां दूरीकृतवान्। अतः भारतं सम्पूर्णतया भविष्याय आश्वासनं प्रददाति। भारतं समस्याजालैः बहिः आगच्छत्। पोलियो सम्पूर्णरूपेण विनाशतां गतः। एच. आई. वी. प्रसरणं दारिद्रतां च दूरमकरोत्। शिशुमरणं न्यूनं जातम्। अपि च आर्थिकसेवाभ्यः प्रवेशमवर्धयत्। संशोधनायै प्राशस्त्यं प्रादात्।

— तन्वी
स्नातकद्वितीयवर्षम्

संस्कृतभाषायाः महत्वम्

संस्कृतभाषा विश्वस्य सर्वासु भाषासु प्राचीनतमा सर्वोत्तमसाहित्यसंयुक्ता चास्ति। संस्कृता परिशुद्धा व्याकरणसम्बन्धिदोषादिरहिता संस्कृतभाषेति सार्वजनीनम्। सर्वे जनाः संस्कृतभाषाम् एव वदन्ति स्म। एषा एव अस्माकं पूर्वजनानाम् आर्याणां सुलभा, शोभना, गरिमायुयी च वाणी। संस्कृतभाषायामेव विश्वसाहित्यस्य सर्वप्राचीनग्रन्थाः चत्वारो वेदाः सन्ति येषां महत्त्वमद्यापि सर्वोपरि वर्तते। भास-कालिदास-अश्वघोष-भवभूति-दण्डि-सुबन्धु-बाण-जयदेव-प्रभृतयो महाकवयः नाटककाराश्च संस्कृतभाषायां एव भवन्ति।

— रिचा कुमारी
स्नातकद्वितीयवर्षम्

पञ्चतन्त्रस्य शुभाषितानि

1. न स्वल्पस्य कृते भूरि नाशयेन्मतिमान्नरः ।
एतदेवान्न पाण्डित्यं यत्स्वल्पाद् भूरिरक्षणम् ॥
2. सुपूरा स्यात्कुनदिका, सुपूरो मूषिकाञ्जलिः ।
सुसन्तुष्टः कापुरुषः स्वल्पकेनापि तुष्यति ॥
3. जातस्य नदीतीरे तस्यापि तृणस्य जन्मसाफल्यम् ।
यत्सलिलमज्जनाकुलजनहस्तालम्बनं भवति ॥
4. कनकभूषणसङ्ग्रहणोचितो यदि मणिस्त्रपुणि प्रतिबध्यते ।
न स विरौति न चापि शोभते भवति योजयितुर्वचनीयता ॥
5. यदृच्छयाऽप्युनतं सकृत्सज्जनसङ्गतम् ।
भवत्यजरमत्यन्तं नाभ्यासक्रममीक्षते ॥
6. न गोप्रदानं न महीप्रदानं, न चान्नदानं हि तथा प्रधानम् ।
यथा वदन्तीह बुधाः प्रधानं सर्वप्रदानेष्वभयप्रदानम् ॥
7. त्याज्यं न धैर्यं विधुरेऽपि काले, धैत्यात्कदाचित्स्थितिमाप्नुयात्सः ।
ते समुद्रेऽपि च पोतभङ्गे सांयात्रिको वाञ्छति तत्तुमेव ॥
8. मित्रार्थे बान्धवार्थे च बुद्धिमान् यतते सदा ।
जातास्वापत्सु यत्नेन जगादेदं वचो मनुः ॥
9. अनागतविधाता च प्रत्युत्पन्नमतिस्तथा ।
द्वावेतौ सुखमेधेते यद्भविष्यो विनश्यति ॥
10. बहूनामप्यसाराणां समवायो हि दुर्जयः ।
तृणैरावेष्ट्यते रज्जुर्येन नागोऽपि बद्धयते ॥

— संकलनकर्त्री
निक्की कुमारी
स्नातकद्वितीयवर्षम्

आचार्य देवो भव

किम् अस्ति तत् पदम्,
यः लभते इह सम्मानम् ।
किम् अस्ति तत् पदम्,
यः करोति देशानाम् निर्माणम् ॥
किम् अस्ति तत् पदम्,
यम् कुर्वन्ति सर्वे प्रणामम् ।
किम् अस्ति तत् पदम्,
यस्य छायायाः प्राप्तम् ज्ञानम् ॥
किम् अस्ति तत् पदम्,
यः रचयति चरित्रं जनानाम् ।
'गुरु' अस्ति अस्य पदस्य नाम,
सर्वेषां गुरुणां मम शतं शतं प्रणामः ॥

— सविता
स्नातकतृतीयवर्षम्

जलं विना जीवनं कथम् अस्ति

यथा पक्षं विना पक्षी
किं जलं विना भवति — भवन्तः जीवितुं शक्यते वा ?
अस्माभिः जलं संरक्षणीयम्,
तर्हि स्वः वयं सुःखेन
जीवनं जीवितुं शक्याः ।
नः जीवनं व्यर्थम् अस्ति
कथं सफलः भविष्यति सर्वेषां स्वप्नः?
जलं विना जीवनं कथम् अस्ति?
यथा पक्षं विना पक्षी,
यथा पक्षं विना पक्षी ।

— सीमा पाठकः
स्नातकतृतीयवर्षम्

अद्यतनीयपरिप्रेक्ष्ये संस्कृतस्योपयोगिता वैज्ञानिकत्वञ्च

भारतीयसंस्कृतिप्राणस्वरूपा भारतीयधर्मदर्शनादीनां प्रसारयित्री, विश्वस्य सर्वासु भाषासु प्राचीनतमा सर्वमान्यरूपा च गृहीता संस्कृतभाषा। भारतीयभाषाणां प्राणस्वरूपमिव संस्कृतम्। ज्ञानविज्ञाने कलासाहित्ये किं बहुना सर्वज्ञतायां गुरुरूपेण विश्वमूर्ध्नि स्थितः भारतदेशः। विश्वस्य सर्वासु भाषासु संस्कृतशब्दाः षष्टिप्रतिशताः राजन्ते। जर्मन-फ्रेंच-आंग्लभाषासु संस्कृतशब्दाः तत्समतद्भवरूपेष्वपि प्रचुरास्सन्ति। एकज्ञाते सर्वं विज्ञातं भवति इत्यनेन कथनेन संस्कृतज्ञानेन वैदेशीभाषाज्ञानं सरलं सुगमं च भवति।

आधुनिकपरिप्रेक्ष्ये संस्कृतावश्यकता 'भारतस्य प्रतिष्ठे द्वे संस्कृतं संस्कृतिस्तथा' इत्युक्त्या भारतस्य द्वे प्रतिष्ठे स्वीक्रियते संस्कृतं संस्कृतिः च। विना संस्कृतरक्षणं संस्कृतिरक्षा नहि भवितुमर्हति। वर्तमानसमये संस्कृतसाहित्यस्य मूर्ध्नि विदुषा डॉक्टर हरीनारायणेन स्वकृतं निगदितञ्च –

**रक्षितुम् च न शक्यन्ते विना संस्कृतशिक्षणम्।
सभ्यतासंस्कृतिः लोके भारतस्य च शेवधीः।।**

अर्थात् संस्कृताध्ययनमध्यापनं विना समाजे भारतीयसभ्यतायाः भारतीयसंस्कृतेः तथा च भारतीयन्यासस्य रक्षणम् असंभवम्।

भाषास्याः वैज्ञानिकतायाः रूपमधीत्यैव 'नासा' इत्यनुसंधानसंस्थया 1987 (सप्ताशीत्युत्तर एकोनविंशतितमे) वर्षे संङ्गणकस्य कृते संस्कृतं सर्वोत्तमभाषारूपेण स्वीकृतम्। कारणेनानेन नैकानि शोधकार्याणि क्रियते संस्कृतग्रन्थेषु क्षेत्रेषु। पाश्चात्यभाषा विद्वद्भिः पाणिनीयम् "BEST CREATION OF HUMAN INTELLIGENCE" प्रोक्तम्। वैज्ञानिकैः विज्ञानं ज्ञेयं चेत् "SCIENCE IN SANSKRIT", "PRIDE OF INDIA" च ग्रंथम् द्वयम् अध्येयम्।

संस्कृतमहत्त्वविषये महत्त्वपूर्णाः संदेशाः – षष्टिसहस्रत्रपाण्डुलिपयः नासाधिकारे सुरक्षिताः सन्ति। नैके निष्कर्षः तेषामध्ययनेन प्रादुर्भवन्ति। पाणिनेः माहेश्वरसूत्रैः कंप्यूटर प्रोग्रामिंग इत्यस्मिन् संदर्भे संतोषजन्यं साफल्यं जातम्। फोर्ब्स पत्रिकायाः 1987 संदर्भे संङ्गणकस्य कृते संस्कृतभाषा उपयुक्ता भाषा अस्ति।

निष्कर्षः— संस्कृते वैज्ञानिकतायाः कारणादेव अमेरिका जर्मनी, फ्रांस-जापान-ऑस्ट्रिया इत्यादयः देशाः अक्षरज्ञानकालादेव (नर्सरी) संस्कृतम् पाठयन्ति। एवं न भवेत् अस्माकं संस्कृतं श्वः वैश्विकभाषा भवेत्। अस्मद्देशीयाः नवयुवानश्च संस्कृतं मृतभाषा अवमन्येयुः संस्कृतिसंस्कृतमनुसरन्तः अन्यदेशाः द्रुतगत्या अग्रेसरिताः भवेयुः। स्वकीयेनानेन लेखमाध्यमेनाहं भारतस्य यूनाम् आह्वयामि यत् भविष्यत्काले संस्कृतं संङ्गणकभाषा भविष्यति पञ्चविंशत्युत्तरद्विसहस्रत्रतमे यावत् स्वीयानि सर्वकार्याणि संस्कृतमाध्यमेन करिष्यन्ति इतिलक्ष्यम् लक्षितं नासा इति संस्थया। अतः प्रयतितव्यं यत् भवन्तः यथा आङ्ग्लज्ञाः स्युः तथैव संस्कृतज्ञाः अपि स्युः। यतः संस्कृतं देवभाषेति।

— अनुराधा
स्नातकद्वितीयवर्षम्

उपनिषद्

वेदाःसर्वतन्त्रस्वतन्त्रग्रन्थाः एतेषु च विषयाः ये ये यथोपनिबद्धास्ते ते नान्यत्र कुत्रचिदिति विषये मा स्यात् केषाञ्चन विप्रतिपत्तिः। चतुर्धा विभक्ताश्चेमे वेदाःसर्वजनहिताय केनचित्पुरुषेण विस्तारिता इति ग्रन्थाः। अनादिकालादेव सृष्टिर्यतःकल्पिता ततः वेदानां सत्तास्तीत्यपि प्रतिपादनतत्पराःसन्ति बहवः। नैके च विद्वांसः कालक्रमनिर्धारणात् ख्यातवन्तोपि सन्ति। केचन वेदनिन्दनादपि प्रशंसिताः सन्ति। केचन वेदानुयायिनोपि महायशस्काः सन्ति। इत्येवम्प्रकारेण वेदाःसमेषामपि उपकारकाः सन्ति। वेदशब्द एव तेषां वैभवस्य परिचायकः। एवम्भूतेषु वेदग्रन्थेषु के विषयाः न संवलिताः ये जगत्यां दरीदृश्यमाणाः सन्ति। दृश्यमाणैश्च साकमामुष्मिकाणामपि लोकानां विषयाणां वा मन्त्राणां वेदे वर्तते। चत्वारश्च विभागाःवेदस्य—संहिताब्राह्मणारण्यकोषनिदाख्याः। वेदशब्देन प्रायेण मूलतःएत एव चत्वारो विषयाःसमुपचर्यन्ते। चतुर्षु भागेष्वपि भाग एको वर्तते उपनिषदाख्यः। उपनिषच्च अन्तिमो भागः निगद्यते। अस्यामुपनिषदि नैके तथाभूता विषयाःसंवलिताःसन्ति येषां जिज्ञासा समेभ्यःप्रायेण भवत्यपि न भवत्यपि। इदृश्यां स्थितौ ये जिज्ञासवःश्रद्धालवश्च अधिजिगांसन्ते तेषां कृते एतदतिरिच्यान्यविषयो मनोविनोदाय न प्रकल्प्यते। दर्शनशास्त्राणि अस्या एव विस्तीर्णतां यातानि।

इयं चोपनिषद् नैकप्रकारेण व्यस्ता वर्तते। उपनिषदां चर्चायां प्रायेण दशोपनिषदो नाम आयाति। तासु च दशसु आद्यात्मिका उपनिषद् साक्षात्संहितया सम्बद्धा ईशावास्योपनिषद् वर्तते। ईशावास्योपनिषद् नाम चास्या आदौ मन्त्रांशे पठित्वात् निर्धारितम्। शुक्लयजुर्वेदस्यान्तिमेऽध्याये निगदिता वर्तते चैयमुपनिषद्। अथास्याः प्रथमो मन्त्र एवोदाहरणत्वेन द्रष्टुं शक्यते यदियं लोकोपकाराय कति प्रशस्ता वर्तते इति। तद्यथा—

**ईशावास्यमिदं सर्वं यत्किञ्च जगत्याञ्जगत् ।
तेन त्यक्तेन भुञ्जीथा मा गृधःकस्यस्विद्धनम् ॥**

एवमेवास्याःसमे मन्त्राः लोकोपकारकाः दार्शनिकरीत्या सम्भूत्यसम्भूत्योः, कर्माकर्मणोः, विद्याविद्ययोः, जीवब्रह्मणोः पृथक्त्वं प्रतिपादनाय महत्त्वपूर्णाः वर्तन्ते।

एवमेवास्मिन् क्रमे द्वितीयोपनिषद् वर्तते केनोपनिषद्। अथास्यनामकरणरीतिःपूर्ववद्वर्तते। अस्यामुपनिषदि जिज्ञासा वर्तते केन सर्वाणीन्द्रियाणि मनोवचांसि धार्यन्ते कःसमेषां वस्तूनां धातेति। तद्यथा आदौ मन्त्रे—

**केनेषितं पतति प्रेषितं मनः केन प्राणः प्रथमःप्रैति युक्तः ।
केनेषितां वाचमिमां वदन्ति चक्षुःश्रोत्रं क उ देवो युनक्ति ॥**

अग्रे गत्वा एकेश्वरवादः देवानां च अभिमाननिरसनं चास्यामुपनिषदि प्राप्यते। उपनिषद्यस्यां यक्षसंवादःप्रशस्तः। तृतीयोपनिषत्कठारख्या वर्तते। उपनिषदियं सर्वमनोहारिणी वर्तते। अस्यामुपनिषदि दाता कथं भवेत्, ग्रहीता च कथं भवेत्, गुरुःकथं भवेत्, शिष्यः कथं भवेत् इति सामान्येन वर्णितमस्ति। साकमेव त्रिप्रकारकाणामग्नीनामतिथिसत्कारःकथं भवेदिति च निर्दिष्टं वर्तते। अथास्याः प्रथमो मन्त्रः—

**उशन्ह वै वाजश्रवसः सर्ववेदसं ददौ । तस्य नचिकेता नाम पुत्र आस ।
यमनचिकेतयोःसंवादोस्यामुपनिषद्युपनिबद्धा वर्तते ।**

चतुर्थोपनिषद् श्वेताश्वतरोपनिषद् नामकरणसन्दर्भे किं कारणमिति अज्ञातविषयो मत्कृते। उपनिषद्यस्यां त्रैतवादःसामान्येन दृश्यते। अस्यामप्युपनिषदि जिज्ञासा आरम्भे एव दृश्यते। ब्रह्मवादिनां समवायः ब्रह्मनिष्ठं पृच्छति—

**किं कारणं ब्रह्म कुतःस्म जाता। जीवाम केन क्व च संप्रतिष्ठाः ।
अधिष्ठिताःकेन सुखेतरेषु वर्तामहे ब्रह्मविदो व्यवस्थाम् ॥**

अत्र षण्णां कारणानां कारणत्वेन चर्चा ततस्तेषां समेषां षण्णां निरसनम् । ततश्च जीवात्मनि परमात्मनि च को भेदः, प्रकृतौ जीवात्मनि च को भेदः, परमात्मनि प्रकृतौ च को भेद इत्येते विषयाःसंवलिताःसन्ति । मूलकारणत्वेन च देवात्मशक्तिरस्या उपनिषदःप्रतिपाद्यो विषयः । अत्र उपनिषदि एकेश्वरवादो दृश्यते—

सर्वतःपाणिपादं तत्सर्वतोक्षिशिरोमुखम् ।

इत्येवम्प्रकारेण लोकख्याताः नैके मन्त्राःसन्ति । शुक्लयजुर्वेदस्थस्य सर्वमेधसूक्तस्यानेके मन्त्रा अस्यामुपनिषद्युपनिबद्धा वर्तन्ते ।

— वन्दना

स्नातकप्रथमवर्षम्

भारवैः सूक्तयः

1. हितं मनोहारि च दुर्लभं वचः ।
2. सुदुर्लभाः सर्वमनोरमा गिरः ।
3. वरं विरिधोऽपि समं महात्मभिः ।
4. गुणानुरोधेन विना न सत्क्रिया ।
5. सतां हि वाणी गुणमेव भाषते ।
6. सहसा विदधीत न क्रियामविवेकं परमापदां पदम् ।
7. न रम्यमाहार्यमपेक्षते गुणम् ।
8. भवन्ति भव्येषु हि पक्षपाता ।
9. न्यायाधारा हि साधवः ।
10. प्रकर्षतन्त्रा हि रणे जयश्रीः ।
11. न दूषित शक्तिमता स्वयंग्रह ।
12. न तितिक्षा सममस्ति साधनम् ।

— संकलनकर्त्री
इति माहेश्वरी
स्नातकतृतीयवर्षम्

जननी

जननी समा न भवति काऽपि शक्तिः,
शक्तिस्वरूपा जननी भवति ।
जनयति रक्षति लालयति पालयति,
जीवनस्याधारः जननी भवति ॥
जननी सिन्धुसमा गहना,
जननी गिरिसमा गंभीरा ।
धरित्री समा धैर्ययुक्ता,
अस्माकं जीवनस्य सरिता ॥
जननी एव प्रथमशिक्षिका,
प्रथमप्रबोधिका मार्गदर्शिका ।
जननी सर्वेषां पथप्रदर्शिका,
जननी सदा भवति प्रबोधिका ॥
जननी अद्भुतवात्सल्यमयी ॥
जननी अपूर्वस्नेहमयी ।
ममतामयी करुणामयी ।
जीवनदायिनी नेहमयी ॥

— शिवानी पाण्डेयः
स्नातकतृतीयवर्षम्



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GARGI COLLEGE

(University of Delhi)

Siri Fort Road, New Delhi-110049

Tel. : +91-11-26494544

Web. : www.gargicollege.in

