

Voices

आभिव्यक्ति

2021-22

Embracing
Change

परिवर्तन
की ओर





Voices

आभिव्यक्ति

Gargi College Magazine
2021-22

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(University of Delhi)

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From the Principal's Desk...



The onerous task of moulding the thoughts can be performed only through education. The holistic education is one that swells the intellect and strengthens the mind. At this crucial juncture when the tidal wave of transition is sweeping across the world, old is collapsing and new is struggling to be born. Embracing Change: परिवर्तन की ओर, Most appropriate theme for Voices: The Annual Magazine of the College. Such periodicals reflects the accomplishments of the students and provides them an opportunity to showcase their latent creative potential.

Change is inevitable, we must accept it. In fact, change is the only constant but there is always resistance in accepting any change whether its change of place, change of job or change in environment etc. Probably, because we feel comfortable and secure in doing things the way we have always done them.

Once we start accepting any change as a positive development it will surely integrate in our life without any anxiety. The pandemic period is the greatest example of why it is important for all of us to cultivate the ability to embrace change. Change of teaching from offline mode to online mode and now again to off line mode is testimony to this. Let's master new skills and become positive, wiser and fearless by embracing change.

This is possible only if one is focussed at the goal and yet relaxed internally. It's because focus sharpens the mind and relaxation expands the mind. Just an expanded mind without sharpness cannot bring the holistic development. At the same time, just the sharp mind without expansion causes tension, anger and frustration. The balance between the focussed mind and expanded consciousness brings perfection.

परिवर्तन तो सृष्टि का अटल सत्य है, जैसे रात के बाद दिन का आना अनिवार्य है, वैसे ही दिन के बाद रात का आना अनिवार्य है। ऋतु भी सदा एक सी नहीं रहती! हम भी हर पल बदल रहे हैं। जैसे हम 10 वर्ष पूर्व थे वैसे आज नहीं हैं, जैसे आज हैं वैसे आगे नहीं रहेंगे। केवल परिवर्तन अटल है बाकी सब बदल रहा है, जब परिवर्तन अटल है तो क्यों न उसको एक चुनौती की तरह स्वीकार करें?

परिवर्तन को अपनाने का अर्थ है कि आप परिवर्तन को अनुकूल दृष्टि से देखते हैं, और खुद को बेहतर बनाने या नई चीजों को आजमाने के अवसर के रूप में इसका उपयोग करते हैं।

आपको अपनी क्षमताओं के प्रति सकारात्मक होना आवश्यक है। परिवर्तन का रहस्य अपनी सारी ऊर्जा को पुराने से लड़ने पर नहीं, बल्कि नए निर्माण पर केंद्रित करना है। यदि हम पीढ़ी दर पीढ़ी परिवर्तन को स्वीकार नहीं करते तो आदि मानव से आज के मानव की यात्रा कैसे तय करते।

**करम बंधन में बन्ध रहियो, फल की ना तज्जियो आस,
कर्म मानुष का धर्म, सत् भाखै रविदास**

संत रविदास जी कहते हैं कि हमें हमेशा अपने कर्म में लगे रहना चाहिए और कभी भी कर्म के बदले मिलने वाले फल की आशा भी नहीं छोड़नी चाहिए क्योंकि कर्म करना हमारा धर्म है तो फल पाना भी हमारा सौभाग्य है।

तो फिर, चलें अपने सौभाग्य की ओर, परिवर्तन की ओर...

With best compliments to the editorial team.



Promila Kumar
Ph.D. (Mathematics)
Professor & Principal (Offg.)
Gargi College
University of Delhi

Editorial

Words put together are the strongest instruments of change. They are capable of inflicting the harshest wounds, and soothing the pains of yesteryears. This year's theme is relevant for all of us; the past few years have brought about a lot of tumultuous changes and we have all seen them go by. But have we actually accepted and acknowledged them? This question merits some thought and discussion. Thus, we present to you, the theme for this year's edition of Voices, 'Embracing Change.' We have all encountered and embraced change from our own unique perspectives, many of which are captured in the various creative contributions to the magazine.

Change is imperative to nature, and consequently, to our lives. The world has recently been phasing into different stages of the pandemic, oscillating between hope and its lack thereof. After adjusting to the internet as our principal medium of communication and work, the return to the physical mode of functioning has been difficult for all. Despite spending the entirety of the lockdown wishing for the resumption of offline classes, readjusting to this way of life is not without its challenges. In such trying times, art often acts as a vehicle to relieve distress. This meditation on change as an ever-constant presence is reflected in this carefully curated collection of work.

As rightly noted by Charles Darwin, "It is not the strongest or the most intelligent who will survive, but those who can best manage change." As our lives came to a standstill owing to the pandemic, we all faced moments of uncertainty, insecurity and fearfulness. Yet, we all emerged out of it stronger, and more courageous than ever before. This new, sudden and inevitable change bound us all together - uniting communities, castes, races, ethnicities and nations. Thus, the most resounding thing about change is that it inspires us to tackle every curveball of life yet binds us together under the umbrella of hope, faith, and harmony. The purpose of individual existence is not invariability or consistency; it is adaptability and versatility. So, let us all act together in this mission, purpose, and vision to 'embrace' change.

Written words have the creative power to mould the future while simultaneously speaking of the past and, in a world with change as the only constant, it is words that enable humans to remember the moments that have gone by and prepare us for the moments to come. Throughout the years, revolutions have been started, motivated by the desire for a change in the existing system and the written word has been an ally in the struggle for a better tomorrow. We are influenced by the same aspiration and consequently, this year's theme unveils a world of new possibilities; that is, a world fascinated by a different everyday in the same cycle of life.

Change is the core of life. Our lives revolve around every single change that shapes up our existence and attune it to the continual evolution of everything around us. Our happiness, suffering, the best moments and the hardest days, all become a part of the passage of time that remains unchanged. We grow through each moment, and emerge as better, new, changed individuals. We survive, learn and prosper. Truly,

nothing is permanent but change, not our grief, happiness, success or our failure. All it takes is a single defining moment of embracing change to open the door to all possibilities. So, this year, "let's embrace change, let's embrace our new selves."

As we grow, we find comfort in our lives, and only because of that we find it hard to change. We stand at that same place, while everything around us changes. Nobody can stop change; the essence of life itself is change and even if we choose to change, we can be frozen in the same place for years. It takes time, conscious effort, and kindness toward oneself to match with the rhythm of ever-changing life.

Therefore, we bring to you Voices - of eager hearts and brave minds - navigating the murky waters of questioning, reflecting and introspecting intent and imperfection, for if we really had all the answers, perhaps we wouldn't ever try to change the world.

– *The Student Editorial Board,*
Voices 2021-22

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**Co-Curricular Societies
and
Department Associations :
Activities and Achievements
2021 - 22**



Events 2021-22

Annual Day 2021

Annual Day was conducted on 8 June 2021 via online mode. **Dr. Vinay Sahasrabuddhe** was invited as the Chief Guest for the event. He is an Indian politician and Member of Parliament of India representing the state of Maharashtra in the Rajya Sabha. He has also served as National Vice President of Bharatiya Janata Party from August 2014 to September 2020. Dr. Sahasrabuddhe has been appointed as President of Indian Council for Cultural Relations since 2018. He is known as a political scholar and an occasional columnist. He is the Vice Chairman of Rambhau Mhalgi Prabodhini, a research and training academy for elected representatives & social activists. Currently, he is also Chairman of the Parliamentary Standing Committee on Education, Women, Children and Youth & Sports. The prize distribution ceremony was organised to acknowledge the talented students of the Gargi College.

Independence Day

रहे अमर ये देश मेरा
अमर इसका गौरव गान रहे
रहूं कहीं भी मैं जग में
मेरे दिल में हिंदुस्तान रहे!!!

On the occasion of the 75th Independence Day, we celebrated by hoisting the national flag on 15 August 2021, followed by NCC's Drill which represented synergy and discipline. We also had the members of the National Service Scheme come and perform a beautiful song 'Ae



Vatan". A member recited a poem paying respect to our ancestors who fought and sacrificed their lives for our freedom. The entire event focused on being grateful and understanding the value of this day. Students' Council wished all the students' who couldn't attend the event due to the pandemic by sharing a video with snippets of the event and by sending a heartfelt video showcasing our shared love for India and its diversity.

Teachers' Day

On 3 September 2021, we celebrated Teachers' Day. The event was organised by the Students' Union. The theme of the event was "Rehnuma: Our Guiding Lights". The theme defines the value teachers hold in the life of each and every student. Teachers are our mentors and they don't just teach us a few subjects but guide us throughout our lives, their teachings help us become better and lead a better life. You might not know this but every time you tell us something other than what's in the books, when you tell us about your experiences or connect what's written to what's out there, it changes our perspective, it broadens our horizon.

Every lesson taught is a new experience and a journey towards improvement. Teachers help us develop into good humans who then go on to change the world.

Teachers affect eternity, no one can tell where their influence stops. Teachers can change lives with just the right mix of chalk and challenges. The event was to thank all our teachers for constantly guiding and nurturing us, for being our light when everything seemed dark, and making us what we are today.

Due to the ongoing pandemic the event was held online. The event was started with a welcome speech by Saundarya Rastogi, the Students' Union president, she then welcomed our beloved Principal Dr. Promila Kumar to say a few words.

गुरु गोविंद दुरु खड़े, काके लागूं पाए।
बलिहारी गुरु आपने, गोविन्द दियो बताय ॥



The event had various enthralling performances by the societies of Gargi College, the first was a beautiful Guru Vandana by Nazakaat - The Indian Dance Society. All the societies put in a lot of effort to put a smile on the faces of our teachers.

To show how much they mean to us, the Students' Union presented a token of appreciation for all the teachers. It was followed by a Question and Answers session conducted by the Students' Union with the

students. The students were asked questions such as "How have teachers inspired you?", "What is the best advice given to you by a teacher?", the answers were extremely heart-warming and beautiful. A video to thank all the teachers was played with a beautiful message expressed by this poem:

छात्र है कच्ची माटी
और शिक्षक एक कुम्हार
गढ़ते स्नेह भरे हाथों से
उनका सुंदर संसार

छात्र अगर खरा सोना है
शिक्षक सामान सुनार
अपनी पारखी नजरों से
करते बहुमूल्य रत्न तैयार

ईश्वर से भी ऊपर है
गुरु का जीवन में स्थान
सही गलत का बोध कराकर
करते जीवन पथ आसान...

अपने रहनुमा को करते
हम शत शत प्रणाम
हम शत शत प्रणाम

छात्र है अनगढ़ पत्थर
और शिक्षक है शिल्पकार
अपने सधे हुए हाथों से
देते हर मूरत को एक नया आकर

छात्र एक लकड़ी की नौका
शिक्षक उनकी पतवार
सही दिशा जीवन को देकर
रखते समृद्ध भविष्य का आधार

गुरु के ऋण से उच्छ्रय
कभी नहीं हो सकता इंसान
गुरु मंजिल की राह दिखाए
दे उड़ने को आसमान

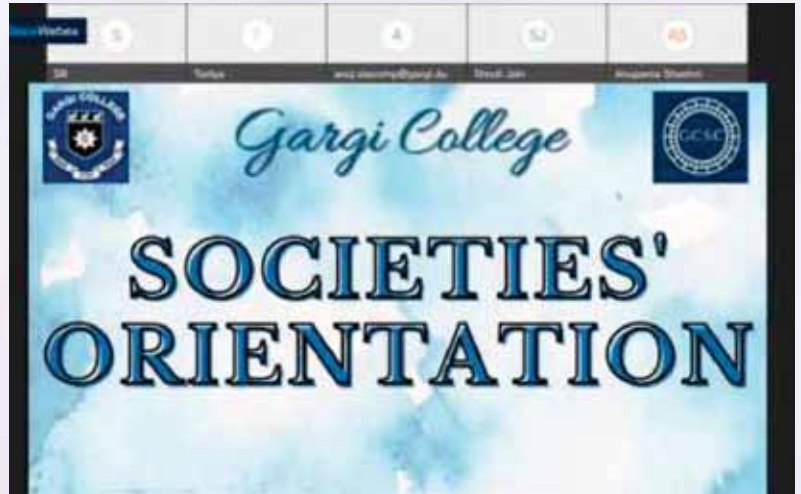
The event ended with the vote of thanks delivered by the president of the Students' Union.

After the vote of thanks, we had an open mic, where all the Union members as well as many students wished the teachers a very Happy Teachers' Day and gave various performances such as singing, poetry recitation etc. The teachers too participated in the open mic session and appreciated the event and gave us their blessings.

Societies' Orientation

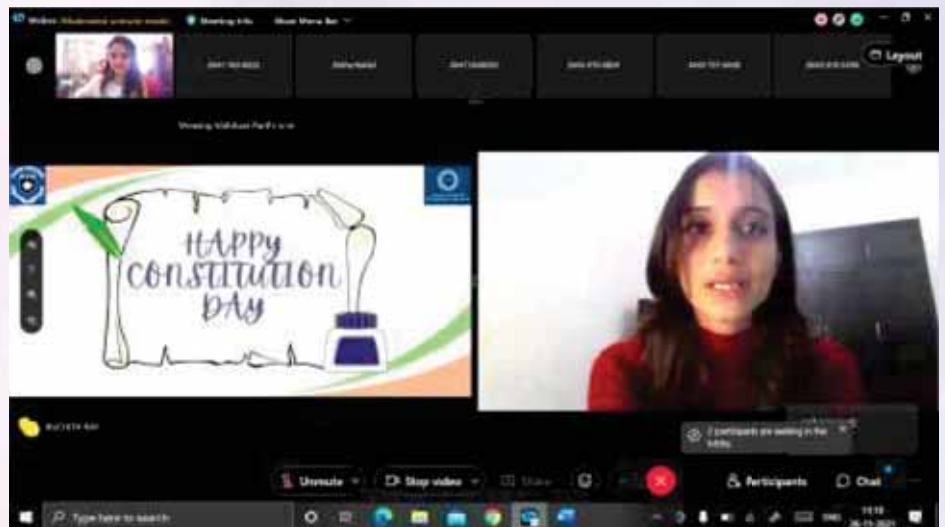
An event was organised on 23 November 2021 by the Students' Union to welcome freshers and make them familiar with the institution and its various societies. Gargi provides a meeting ground for the diverse cultures of students through the well-established cultural and co-scholastic societies of the institution. The event started with a welcome speech by the President of the Students' Union, Saundarya Rastogi and was followed by an introduction of all the union members.

The union made efforts to ensure that students have full knowledge about the various activities and opportunities Gargi has to offer. During the orientation all the societies were asked to introduce themselves. Various powerpoint presentations and videos were provided to the students to help them choose between the wide range of options. Many thrilling activities were conducted to make the event more engaging. We explained the process of registration, dos and don'ts, and terms and conditions associated with the process of applying for the societies. At the end of the event, we conducted a question answer round to solve any queries. The union also provided a list of all the societies of the college on its Instagram page along with the Instagram ids of all the societies for easy communication.



Constitution Day

लोकतंत्र का धर्मग्रन्थ है
जिसमें निहित सभी मूलमंत्र हैं
बेहद विस्तृत बेहद उदार है
विश्व के सबसे बड़े लोकतंत्र का
यह लिपिबद्ध विचार है
कर्तव्य हैं, अधिकार हैं, नीति सूत्रों
का अम्बार है
देश की एकता व अखंडता
इसका आधार है
ये संविधान हमारी ताकत है
यही लोकतंत्र का सार है
यही लोकतंत्र का सार है!!



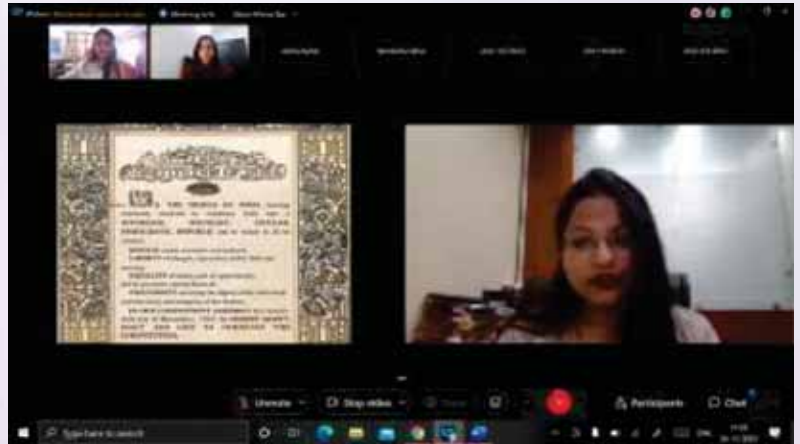
Constitution Day is celebrated to commemorate the adoption of the Constitution of India. To celebrate the same, we organised an event on 26 November 2021. The Objective of the program was to inculcate constitutional obligations among students, to create awareness about the constitution, to sensitise the students about the importance of constitution day. The event took place on an online mode due to the

prevailing Covid-19 situation. Students' Union President, welcomed the teaching, non-teaching staff and students of the college. She also welcomed our esteemed guest **Ms. Prakshi Aggarwal**, an advocate as well as Law researcher at Delhi State Legal Services Authority. In her speech, she highlighted the significance of the day and the history of constitution day.

An oath taking ceremony was held which was led by our principal Prof. Promila Kumar. This was followed by a melodious

performance by Samranjini, the Indian Music Society and Nazakaat, the India Dance Society too gave a very patriotic performance. After this the union's General secretary recited a poem which expressed the emotions of every Indian. We then had a reading of the Preamble by our guest Ms. Prakshi Aggarwal who also explained to us the meaning and importance of the same.

On the occasion of Constitution Day, the Students' Union also organised a poster making competition. The theme for this competition was "हमारा संविधान, हमारा अभिमान". We received more than a hundred entries. The competition was judged by Union Advisors: Dr. Sheela Dubey, Dr. Seema Sharma and Dr. Niyati Singh. Winners were awarded certificates as well as cash prizes.



Legal Awareness Programme

On the occasion of National Voters Day, a legal awareness programme was organised on 25 January 2022 to discuss the role and responsibilities of a voter. Our guest **Ms. Nidhi Sirohi**, Sub Divisional Magistrate, Hauz Khas was invited for the same. Being first time voters, students asked various questions which were answered by Ms. Nidhi.



Reverie



Felicitation of Chief Guest by Principal.

Reverie 2022 took place on 4 and 5 March 2022. The theme of the fest was 'Embracing Change'. The fest was held online. The inauguration ceremony was held on 4 March 2022 in the Auditorium, and was live telecasted on youtube for the students. It was inaugurated by our Chief Guest **Mr. Rabbi Shergill**, a legendary Sufi Musician and Singer who is known for his playback singing in movies like Jab Tak Hai Jaan, the Chairperson of Gargi College Mr. Amitav Virmani and our Principal Prof. Promila Kumar. Samranjini, the Indian Music Society with their mesmerising voices sang the Saraswati Vandana which was followed by the

lamp lighting ceremony. The Chief guest was felicitated by Prof. Promila Kumar, Dr. Sheela Dubey and Saundarya Rastogi, the Students' Union President. Mr. Amitav Virmani was felicitated by Dr. Seema Sharma and Union's Cultural Secretary Diya Deepak. Our principal Prof. Promila Kumar was felicitated by Dr. Niyati Singh, Union's General Secretary Taniya and Vice-President Tanvi Agarwal.

Welcome address was delivered by the principal. Mr. Rabbi Shergill delivered his speech focusing on the transition of education in contemporary times which was followed by his amazing performance. Mr. Rabbi sang many songs including two of his most famous songs Challa and Tere Bin. Mr. Amitav Virmani addressed the gathering and addressed the idea of confidence in oneself to achieve targeted goals. He too performed two beautiful songs and dedicated them to his children. This was followed by the cultural programme. Nazaakat, the Indian Dance Society of Gargi College presented Ganesh Vandana



Glimpse of performance by Nazaakat



Performance in Reverie

This event was followed by the most energetic performance by Kshitij, the Street Play Society whose performance focused on the change pandemic brought in our lives and the harsh realities of the same. The ceremony was concluded by the Vote of Thanks which was delivered by the Student Union's President Saundarya Rastogi.

This year as the fest was held online due to Covid, the focus was on hosting competitions and providing a platform for students all across Delhi University to showcase their talents.

The Students' Union also held four events:

Fandom Fiesta : This was a cosplay competition. The theme was "Fictional Characters". It focused on bringing out the creativity of students.

What Do You Meme : A meme making competition. The theme for this event was "Offline College: Expectations VS Reality."

Picture Abhi Baki Hai : A trailer making competition. This event gave participants a chance to create a trailer about either their life, re-telling a pre-existing movie, or a movie they wish existed.

Miss Gargi : This event was held specially for the 1st and 2nd year students of Gargi College who couldn't get their Freshers' due to the pandemic.

Students participated in large numbers with great zeal and enthusiasm and we received a number of amazing entries.

Other than this societies held their own competitions. There were a total of 32 events. Each of them was extremely successful.

The closing ceremony was held on 5 March 2022 where we shared a glimpse of behind the scenes. Dr. Sheela Dubey concluded the ceremony by thanking all the organisers, participants and performers.

Reverie 2022 was a very challenging event as everything had to be organised in a small duration but despite all odds the Students' Union, Union Advisors, administration and all the members of various event management committees gave it their all to make the event a success.



Glimpse of performance by Northeast Society

Gargi in Spotlight

RAMANUJAN COLLEGE
University of Delhi
Indian Accounting Association
NCR Chapter

Present

Distinguished Teacher Award
Dr. Kamala Kumar

For
Positive Influence on Educational Levels
&
Student Achievement

on
September 5, 2021

Dr. P. Azarwal
Dr. LL. Gupta



Department of Psychology

FREE MENTAL HEALTH RESOURCES

15	10	Kamala Nehru College
18	11	Ramjas College
26	12	Gargi College
28	13	Shaheed Bhgat Singh C

CIRCULAR 1.0

Department of Psychology

For the purpose of the award, the following criteria shall be considered:

Sl. No.	Name of the Candidate	Department	College	Rank
1	Dr. Kamala Kumar	Psychology	Gargi College	12
2	Dr. P. Azarwal	Psychology	Ramjas College	11
3	Dr. LL. Gupta	Psychology	Kamala Nehru College	10
4	Dr.

Department of Psychology

Annual International E-Conference

Indian Network for Soil Contamination Research (INSCR)

In association with
Acharya Narendra Dev College (DU),
Deen Dayal Upadhyaya College (DU), Gargi College (DU),
Kirori Mal College (DU), Ramjas College (DU),
Sri Venkateswara College (DU) & PhiXgen Pvt. Ltd., Gurugram

"Microbes in Sustainable Development"

15th - 18th November, 2021

Work on site: <https://www.inscr.org/india/2021/>

Registration: <https://www.inscr.org/india/2021/registration/>

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Last updated on: 30th June, 2021

GARGI COLLEGE
MAAC Accredited 'A' Grade
(UNIVERSITY OF DELHI)
52/1 FORT ROAD, NEW DELHI - 110029

Gargi College in Collaboration with
South Delhi Campus, University of Delhi
and with the support of
South District Administration, New Delhi
is organizing a

COVID VACCINATION CAMP
(Free of charge)

FOR THE AGE GROUP 18 & ABOVE
on
Monday 23rd & Tuesday 24th August 2021
10:00 AM to 04:30 PM

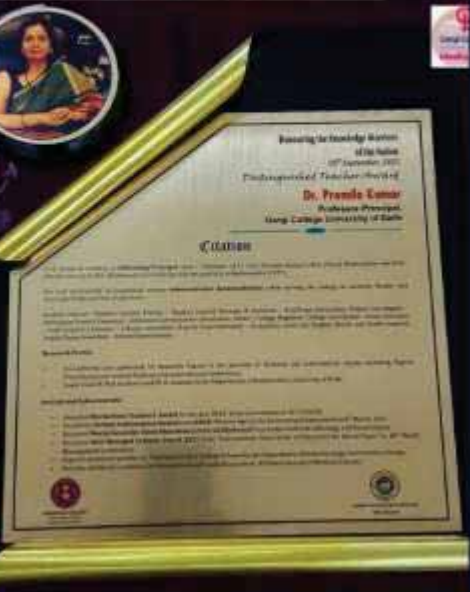
ENTRY THROUGH THE AUDITORIUM GATE ONLY

Carry your Aadhaar Card / PAN / Driving License
& Machine No. for Registration

Vaccine available: COVISHIELD

TOP 10 ARTS COLLEGES

RANK	2021	2020	2019	2018	COLLEGE
1	1	2	3		HINDU COLLEGE
2	2	1	1		ST STEPHEN'S COLLEGE
3	3	3	4		MIRANDA HOUSE
4	4	NP*	2		LADY SHRI RAM COLLEGE
5	6	6	5		HANSRAJ COLLEGE
6	5	5	6		MARIA CHRISTIAN COLLEGE
7	7	7	7		LOYOLA COLLEGE (AUTONOMOUS)
8	8	8	8		DEPARTMENT OF HUMANITIES & SOCIAL SCIENCES, CHRISTIAN COLLEGE UNIVERSITY
9	9	10	11		GARGI COLLEGE
10	10	NP	NP		RAMJAS COLLEGE



Gargi in Spotlight

<https://timesofindia.indiatimes.com>

Meet the Gargi College student who gave Delhi University a new logo in its 100th ...



KRATIKA KHINCHI



100 YEARS 1922-2022

<https://www.shiksha.com> - News

New logo, 100-year celebration tagline by Gargi student released - Shiksha

President of India @rashtrapat... · 3h

President Kovind presents Padma Shri to Dr Meenakshi Jain for Literature and Education. She is a historian who has authored several books presenting a fresh perspective on complex issues of Indian history.




Meet the Gargi College student who gave DU a new logo in its 100th ...

PADMA SHRI 2020

Dr. Meenakshi Jain

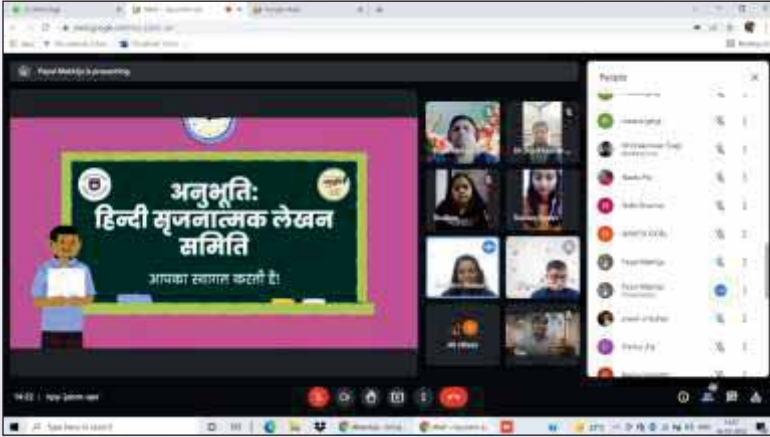
Literature and Education | Delhi

Senior Historian and Political Scientist - known for her scholarly contributions to Indian history



Co-Curricular Societies

अनुभूति - हिंदी सृजनात्मक लेखन समिति



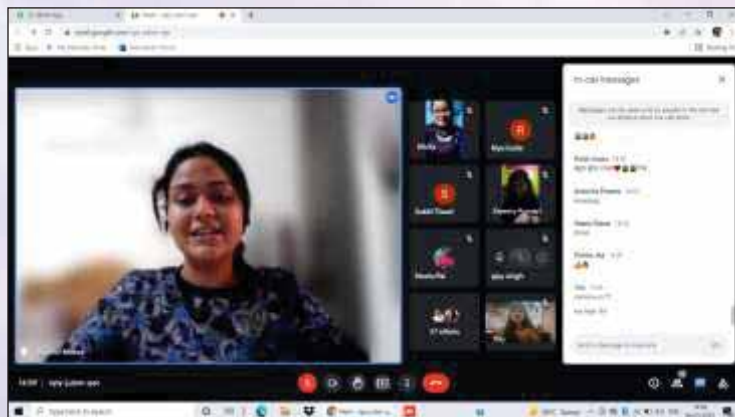
शिक्षक संयोजक :
डॉ. श्रीनिवास त्यागी

शिक्षक सह-संयोजक :
डॉ. कृष्णा मीणा

छात्रा संयोजिका :
सुश्री प्रीति सर्राफ

अनुभूति - हिंदी सृजनात्मक लेखन समिति, गार्गी महाविद्यालय में रचनात्मक एवं सृजनात्मक लेखन

के माध्यम से विद्यार्थियों की अभिव्यक्ति को निखारने में सक्रिय रूप में अपनी भूमिका निभा रही है। अनुभूति का उद्देश्य भावों की अभिव्यक्ति को एक सार्थक दिशा देना एवं विद्यार्थियों में लेखन कौशल का विकास करना है। इस अकेडमिक सत्र में अनुभूति ने ऑनलाइन माध्यम से कई कार्यशालाओं एवं प्रतियोगिताओं का सफल रूप से आयोजन किया है एवं सृजनात्मक लेखन के विभिन्न आयामों से विद्यार्थियों का परिचय करवाया है। शिक्षक संयोजक के रूप में डॉ. श्रीनिवास त्यागी जी ने एक मार्गदर्शक के रूप में अपनी भूमिका के सार्थक निर्वहन किया। सत्र 2021-2022 में छात्रा संयोजिका के रूप में प्रीति सर्राफ ने बखूबी अपने नेतृत्व कौशल से समिति का अद्भुत संयोजन किया जिसके कारण समिति ने एक नया मुकाम

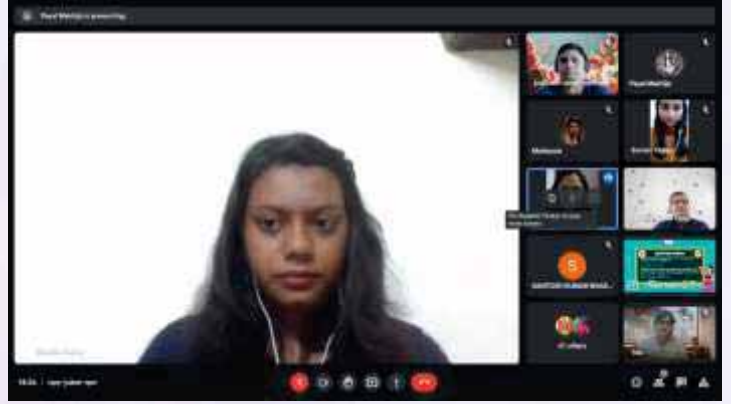


हासिल किया है। अनुभूति के द्वारा सत्र 2021-22 में जश्न-ए-आजादी काव्यपाठ प्रतियोगिता का आयोजन किया गया, हिंदी दिवस के अवसर पर हिंदी सप्ताह मनाया गया जिसमें अनेक रचनात्मक लेखन संबंधी प्रतियोगिताएँ आयोजित की गईं। हमने एन.एस.एस. गार्गी के साथ मिलकर "जश्न-ए-अल्फाज" का सफलतापूर्वक आयोजन किया। इन प्रतियोगिताओं का उद्देश्य विद्यार्थियों की रचनात्मकता को प्रोत्साहित करना और साहित्य एवं भाषा के प्रति सम्मान विकसित करना है।

अनुभूति के सभी सदस्य बहुत ही होनहार एवं एक से बढ़कर एक हैं, और सभी ने अनेको पुरस्कार जीत कर अनुभूति का एवं गार्गी कॉलेज का नाम रोशन किया है :

- संचालिका दास ने एनआईटी अगरतला, श्री अरबिंदो कॉलेज, आईआईटी बीएचयू, आईआईआईटी वडोदरा, गार्गी कॉलेज, द्वारा अयोजित सृजनात्मक लेखन प्रतियोगिताओं में अब तक 9 पुरस्कार जीते हैं।
- प्रीति सराफ ने जिस्ट-ए-अल्फाज, श्री अरविंद कॉलेज, काव्यांजलि, शहीद भगत सिंह कॉलेज, लेडी इरविन कॉलेज, जाकिर हुसैन कॉलेज, विवेकानंद कॉलेज, द्वारा अयोजित सृजनात्मक लेखन प्रतियोगिताओं में अब तक 7 पुरस्कार जीते हैं।
- सलोनी शर्मा ने जाकिर हुसैन कॉलेज, महाराजा अग्रसेन कॉलेज, स्वरचित, कौमुदी पत्रिका, गार्गी कॉलेज, द्वारा अयोजित सृजनात्मक लेखन प्रतियोगिताओं में अब तक 6 पुरस्कार जीते हैं।
- भव्या गुप्ता ने कौमुदी, गर्ल अप, देशबंधु कॉलेज, मोतीलाल नेहरू कॉलेज, शहीद राजगुरु कॉलेज ऑफ एप्लाइड साइंसेज फॉर वीमेन, द्वारा अयोजित सृजनात्मक लेखन प्रतियोगिताओं में अब तक 6 पुरस्कार जीते हैं।
- पलक गुप्ता ने आईआईटी भुवनेश्वर, विवेकानंद कॉलेज, देशबंधु कॉलेज, हिंदू कॉलेज, पीजीडीएवी कॉलेज द्वारा अयोजित सृजनात्मक लेखन प्रतियोगिताओं में अब तक 5 पुरस्कार जीते हैं।

इनके अलावा सीता प्रजापति, महनूर, पायल मखीजा, अंशिका ढींगरा, अमीषा नारायण, सोनम यादव, ने भी कई प्रतियोगिताओं में भाग लेकर पुरस्कार हासिल किए हैं।



AVNI - The Eco Club



Talk on Water conservation

Teacher Convenor :

Dr. Anita Bhatt

Student Convenor :

Ms. Madhupriya Jha

We at Avni by The Eco Club work towards creating an eco-friendly environment in and around our college and thereby contributing towards saving our planet. The Eco Club has been established to provide the values of environmental consciousness and to develop environmental ethics among the students. The aim is to create a

'clean and green consciousness' among students through various innovative methods like talks, various competitions, workshops and training programmes through which students can improve their environmental education and get more engaged in environmental management at the College.

Thus, under the “आजादी का अमृत महोत्सव” (Azadi Ka Amrit Mahotsav) as an initiative of the Government of India to celebrate and commemorate 75 years of independence 'Avni' marked the beginning of its academic year with “Swachhta Pakhwada”, a series of three activities including “Best out of waste”, “Know the water you drink: A survey” and “Plastic Consumption Survey”.

To observe the "Elephant Appreciation Day", members shared their artwork, short stories, posters, slogans and poems through an event entitled as "El'e Expression!". In addition, the “Green Consumer Journal” challenge on the theme “Tackling Plastic Pollution” was initiated. Avni also organised Green Diwali Week from 31 October 2021 to 6 November 2021 on “Green Diwali : Celebrating Diwali in Harmony with the environment” under which various inter-college activities such as poster-making, rangoli-making, speech competition, Green Diwali gallery were organised.

This year, intending to sensitize students about safe disposal of electronic waste (e-waste), Avni has set up an e-waste drop box in the campus on 28 November 2021 as a major initiative.



E-waste Drop Box

Avni organised an online talk by **Ms. Jyoti Sharma**, President, Forum for Organized Resource Conservation & Enhancement (FORCE) on the topic “Each one a Jal Rakshak with the 5Rs of Water Conservation” on 16 November 2021. The discussion encompassed Opening her talk. She said that we should move from just talking about the water problem to focusing on how each of us can contribute to solving the water crisis. Ms. Sharma felt that the water crisis can be averted if everyone collectively works towards it by turning “Jal Rakshaks” and taking a pledge to “Care for Water”, “Work for water” and “Be like water”. Having access to water is a fundamental right, but it also carries with itself a grave responsibility towards the precious resource. Ms. Sharma maintained that one must take individual responsibility towards water and be alert about their surroundings to assure that water is being used judiciously. Ms. Sharma introduced the 5 R's or Mantras propagated by her organization : Reduce wastage, Reuse water at-least once, Recharge ground water, Recycle waste water and Respect water. Citing practical examples from her presentation, she explained each R of the mantra in detail, in the course of her talk. The event got zealous reception from students and teachers and marked the participation of over 100 participants. The session was enlightening and enriching.

Furthermore, we organised a “Plantation drive” in which members actively participated in the plantation campaign. Likewise, members participated in a “Bird-feeding activity” on National Bird Day. To acknowledge the significance of composting, “Compost o'Clock”, a 40-day manure creating challenge was conducted.



Bird feeding



Plantation drive

“Green Footprints”, a unique initiative was adopted with the aim to reduce carbon footprints which encouraged simply deleting junk emails. We were able to junkyard a total of 28,430+ emails, demonstrating how even the tiniest of efforts can make a difference.

Alongside these initiatives, Avni constantly used its social media handles to promote public awareness such as “Consumer Awareness Campaign” which included regularly posting and informing people about sustainable alternatives to daily use commodities.

Enactus Gargi



Civic Awareness workshop under project 'Aagah'

Teacher Convenors :

Dr. Sheela Dubey
Dr. Seema Sharma
Dr. Niyati Singh

Student Convener :

Ms. Shunyam Gupta

Student Co-Convenor :

Ms. Nitya Maniktala

Enactus Gargi is a member-branch of Enactus, an international social entrepreneurship organization aimed at

nurturing the leaders and innovators of tomorrow, and developing their entrepreneurial skills. With over 90+ members, Enactus Gargi successfully runs four projects - Rachna, Aagah, Neev and Vikas. Year 2021-22, was all about digital, scale and digital scale. Enactus Gargi launched its own website (enactusgargi.com) with an online shopping feature to provide accessibility to our products PAN India. Winner of the KPMG Business Ethics Grant 2020, Team Enactus Gargi enhanced the living standard of its beneficiaries by purchasing RO purifier, tools & apparatus for production & sales, and installing an LED TV for continuous growth and learning of its specially abled community. Believing in the values of collaboration, Enactus Gargi is proud to have the best names in the industry as a part of its partner-base. The team has joined hands with industry experts from TCS, Teach For India, Accenture and the like under Project Aagah; ITC through its CSR initiative 'WOW' (Wellbeing out of Waste) and Support Foundation to set-up plastic free chai carts for PwDs under Project Neev.

In the last one year, all the teams have made significant progress and achieved various milestones. Project Rachna (est. 2014) has collaborated with PAN-Indian communities (panning across Patna, Dehradun, and Delhi), and has ameliorated the lives of innumerable underprivileged women, local artisans and small-business owners. Recognized for its initiative towards empowering the society, the project got a special feature in Hindustan Times and All India Radio's "Parwaaz Hai Kaam Tera". With knowledge experts from the National Institute of Fashion Technology, Project Rachna has imparted digital skill



A beneficiary of project 'Neev'



The beneficiaries of project 'Rachna'

training through 35 top-notch product training videos. Leveraging the ease of the digital world, the team has built a network across social media channels, including WhatsApp and Instagram, resulting in over Rs. 50,000 sale proceeds to its beneficiaries.

On the other hand, launched in 2018, Project Aagah has catapulted the lives of 400+ beneficiaries under its following two initiatives - ViMeT (Virtual Mental Therapy) and its new offering, Project Aagah Fellowship Program. To diminish the stigma surrounding mental health, Project Aagah conducts monthly ViMeT sessions with certified Mental Health professionals, on

topics like anxiety and stress management, body positivity, and navigating relationships. Launched in February 2022, the Fellowship Program aims to create a holistic pedagogy, equipping the marginalised students with apt skills and practical know-how. The 25 fellows selected after a rigorous screening & entrance procedure from NGOs and schools all over India, have been inducted into six course-pillars: Verbal & Analytical Reasoning, Civic and Environmental Awareness, Entrepreneurship Studies, Technical Skill Training, Financial Literacy, and Personality Development. The focus of the pedagogy remains on practical, social and emotional learning.

The third project of Enactus Gargi, Project Neev, brought home laurels by being declared Top 48 Teams Globally and Top 19 Teams Nationally in Enactus Global Races - Race to Rethink Plastic.

Some of the notable initiatives taken by the team this year were the month-long Plastic Free July Campaign, during which it conducted a panel discussion with esteemed guests, **Mr. Tim de Ridder**, Co-author of Bare Necessities: How to Live a Zero Waste Life and **Mr. Amit Saha**, Founder- PRO India Recycling, Ex- CSO Coca Cola among others. Furthering the use of Kulhads while substituting single-use plastic and simultaneously uplifting the lives of Indian potters, the team partnered and supplied Kulhads to Enactus Aryabhata (fellow Enactus Team) and GemFields Jaipur (corporate firm). Under the aegis of Enactus Gargi x ITC, the team conducted sessions sensitising tiny tots in DPS Mathura Road and DPS Vasant Kunj with a turnout of 250+ eager participants. Neev's efforts were recognized and appreciated by all participants, parents, teachers and ITC CSR Head himself.



Civic Awareness workshop under project 'Aagah'

The screenshot shows a Zoom meeting interface. At the top, it says 'In "Pitch Room"' and 'Bhavya Jagadishwar is presenting'. The main content is a 'Business Model' canvas with the following sections:

Key Partners	Key Activities	Value proposition	Customer Relationship	Customer Segments
<ul style="list-style-type: none"> Direct beneficiaries Local partners Personas Community of vegetarians and vegans Madhya Pradesh Producers of Clothing 	<ul style="list-style-type: none"> Organic growing by planting their own seeds Distribution of products Production of products Counting of natural costs 	<ul style="list-style-type: none"> Sustainable growing to stop using pesticides Stop using pesticides Equalize synthetic dyes, and toxic pesticides Organic (Madhya Pradesh) Local farmers Small friendly shops Using services to create manufacturing companies 	<ul style="list-style-type: none"> Customer directly contribute to fighting their value for money products 	<ul style="list-style-type: none"> Environmentally conscious consumer market
Key Resources <ul style="list-style-type: none"> Marketing Human resources (software) 		Channels <ul style="list-style-type: none"> Personal selling E-commerce website Third party websites like Flipkart, GoGo Zero 		
Cost Structure <ul style="list-style-type: none"> Production (cost of fabric and raw material) Distribution (cost of having website) 		Revenue Streams <ul style="list-style-type: none"> Sale of products Using services fabric manufacturers 25% of revenue is distributed among the beneficiaries 		

Below the canvas is a grid of 12 video thumbnails for participants, including Bhavya Jagadishwar, Ajwal Khemka, Kshitij C, Shantanu Gupta, Anshu Manikata, Akul Jindal, Two culture Talk, Chaitanya, and You. The bottom status bar shows '4:27 PM | Enactus Gargi Project Vikas B-Plan Event: ...' and various Zoom controls like mute, video, chat, and screen share.

Glimpse of an event under project 'Vikas'

Enactus Gargi's fourth and most nascent project, Project Vikas, took the challenges of virtual setup head-on to impact lives with its various offerings. Expanding its target audience, the project went on to include various new initiatives under its existing spectrum of offerings like online courses, blogs, guest lectures, opportunities etc. Following this, in the month of July 2021, the project initiated its first 'Internship Week' wherein it collaborated with 12 prestigious and landed internships to more than 60+ students, while conducting workshops on themes such as- Branding and Data Science as a career, NoCode-Turning an Idea into Reality and CV Building. Welcoming the year 2022 with its unfaltering ardour, the project hosted its First Business Plan Competition accompanied by an Entrepreneurship Bootcamp which consisted of 3 workshops hosting industry experts **Mr. Sunny Garg** (Founder CRIB, ex-Yourshell), **Ms. Gurpriya Sidhu** (Head of Brand & Social, Leap Finance) and **Mr. Akul Jindal** (Venture Capitalist at Venture Highway). The event saw a turnout of 600+ attendees with more than 80 participating teams from different universities PAN India.

With its functional projects and multiple teams, Enactus Gargi has created an indelible impact in the lives of its beneficiaries, collaborators, and members and emerged as a paragon of change. By channeling social-entrepreneurship we intend to continue to make the world a better place, one social issue at a time.

ENLIVEN – The Western Dance Society



Teacher Convenor :

Ms. Rima Chauhan

Student Convenor :

Ms. Himanshi Arora

Student Co-Convenor :

Ms. Palak Malhotra

Enliven, the Western Dance Society of our college has continued to be one of the top teams in the Western Dance Circuit of Delhi Colleges, for the last few years. They are a harmonious blend of hard work and passion who

with their utmost sincerity towards their work has always made the Enliven flag fly high with pride. Known for their energy and expression, they perform choreography based annual productions that include various styles such as House, Whacking, Locking and many more. The team's resoluteness was at its peak when they hosted the western dance event "Zenith" at Reverie 2020 which enabled the dancers of Delhi University to showcase their talents. Enliven also organised another event called "Short Circuit", which had a line-up of showcases of talented artists from all over Delhi.

With the motive to aspire and achieve more they believe in 4 C's - Confidence, Coordination, Competition and Compassion and have bagged multiple prizes in various Colleges in and out of Delhi, under the guidance of their mentor **Mr. Dheeraj Soni**, the choreographer, in colleges like Shivaji College, Mata Sundri College, DTU, SPMC, Shaheed Sukhdev College, Ambedkar University and many more. They have achieved the top 12 rank within the professional crews in all India and have also been acknowledged as one of the strongest girls' crews in India. With



the surge in Covid cases in 2021 as everything came to a halt, Enliven practices continued in online mode and the crew participated in various college events as well.

Equal Opportunity Cell



Prof. Acharya addressing the gathering

Teacher Convenor :

Dr. Sweta Mishra

Equal Opportunity Cell organised a talk on "Equal Opportunity Vs Equal Outcome: The Theory and Practice of Affirmative Action", by an eminent Political Scientist, **Prof. Ashok Acharya**, Deptt. of Political Science, University of Delhi, on 28 March 2022. Prof. Acharya very convincingly put forward his lucid arguments on an issue that is most intricate in the political debates, specially in the country like India. Prof. Acharya distinguished between equality of opportunity and equality of

outcome. He explained this concept by illustrations from the lives of dispossessed populace who can only aspire for some equality of opportunity but cannot hope for equal outcomes. The lecture was conceptually rich and provided theoretical knowledge to the attendees. He discussed the pitfalls of affirmative action policies in Indian contexts. Prof. rightly pointed that though no neat solutions can be put to this equation of equality of opportunity vs outcome, but gave the audience food for thought that what kind of balance was needed between the two and how much of equal outcome is defensible and stressed that we need to think and ponder on this. And we have to accept that equal outcomes are good but not at the cost of equal opportunities. He illustrated his arguments with data from reports of various commissions and other state documents.

The Cell also organised an Intra College Poster Making Competition on the theme "Unequals cannot be treated as Equals: Affirmative Action in India" on 4 April 2022. The event saw enthusiastic participation from the students.



Student member welcoming the Speaker

EUPHONY - The Western Music Society



Euphony's first offline day at Gargi College.

Teacher Convenor:
Ms. Nzanmongi Jasmine Patton

Teacher Co-Convenor:
Mr. Maisnam Arnopal

Student Convenor:
Ms. Sharanya Arun

Student Co-Convenor:
Ms. Jessica Kerketta

Euphony, the Western Music Society of Gargi College has been a popular name in the Delhi University Western Music Circuit, creating a legacy of hardworking and talented individuals, be it the students or the teachers. Euphony reached new heights in the year 2021-

2022; facing and conquering the struggles of online college head on, with direction from its responsible and supportive leaders, Euphony continues to provide a space to the talented singers and musicians,



Fun online meetings with the new members.

helping them polish their skills and improving their vocal techniques across all genres of music ranging from classical and jazz all the way to pop and rock and roll.

Despite the movement of the entire session to a virtual mode, Euphony remained undeterred and participated and secured key positions in many collegiate competitions hosted by some of the best colleges in Delhi. The Society members performed well and contributed numerous placements to the society's prestigious reputation.

Ealvi Khaling placed first in Syncopation and Adante hosted by Daulat Ram College and Miranda House respectively and third in Fantasia hosted by PGDAV College.

Nitya Malik placed first in Fusion at Motilal Nehru College, second in Dyal Singh College's Annual Solo Competition and Requisition at SSCBS and also placed third in Syncopation.

Sanika Sharma placed second in Arioso at Ramjas College and Fantasia. She also secured third place in Syncopation and Dyal Singh College's Annual Solo Competition.

Euphony also participated in Gargi College's Annual Fest 'Reverie' on 4 March 2022. The group performed 'We Are Young' by the band 'fun'. It was presented to a live audience and the performance was also streamed on YouTube to hundreds of live viewers. In spite of having limited opportunities for performing due to social distancing constraints, Euphony members continued to pave the way for their successors. The society is and always will be one big family with a strong passion for music, which only grows every year when new members are groomed into reaching their full potential.



Day out with the Juniors.



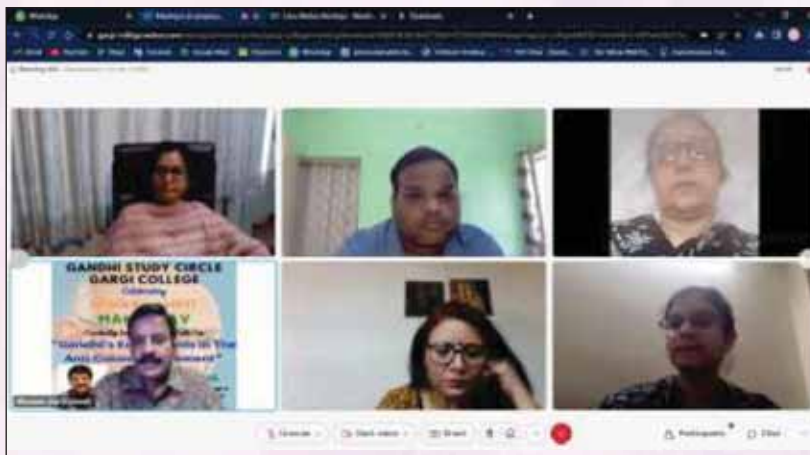
Euphony performing at Reverie.

Gandhi Study Circle



Dr. Manindar Thakur speaking on the occasion of Gandhi Jayanti

the series was a talk on “Gandhi and Search for New Utopia” by **Dr. Manindra Thakur**, Associate Professor at Centre for Political Studies, JNU, on 1 October 2021. Professor Thakur focused mainly on questions like what is utopia, are we living in the world of dystopia, Gandhi and the New Utopia, do we need utopia etc. He talked about the new utopia focusing on creative self, cooperation, non-alienated society, substantive republican democracy, mutual respect for cultural traditions and universalism. He pointed out that there is a need to change our paradigm of thinking and there is an urgent need to engage with philosophers like Gandhi and their writings to develop a new utopia.



Dr. Bhuvan Jha addressing the Gathering

Teacher Convenor:
Dr. Sweta Mishra

Student Convenor:
Ms. Nandini Rai

Gandhi Circle Study, Gargi College, organised a number of programmes/ activities during the year 2021-22 as part of Azadi ka Amrit Mahotsav. The first in



Prof. Kumar addressing the audience on Gandhi Jayanti

On 26 March 2022, the Study Circle organised yet another talk on “Gandhi's experiments in the anti-colonial movement” by **Dr. Bhuvan Jha**, Assistant Professor, Department of History, Satyawati College & Deputy Director, Centre for Global Studies,

University of Delhi. Dr. Jha talked about Gandhi's experiments in the anti-colonial movement. His enriching talk gave deep insights into how Gandhi created a new variant of anti-colonial movement deploying some innovative techniques. While Satyagraha, a creed of the brave, was based on the premise of self-suffering and absence of hatred against the opponent, the focus on spinning and removal of untouchability put equal stress on economic regeneration and social introspection. Together, his experiments created a viable non-violent alternative that provided a strong legacy world over to fight against colonialism, oppression and discrimination. He talked about how Gandhi firmly gripped the national movement at a time when moderates and extremists failed to do so. He emphasized how the popularity of his methods not only transformed India but also went on to influence Mandela, Martin Luther and the Dalai Lama.

Intra-College Poster Making and Slogan Writing Competitions were organised on 30 March 2022 on the theme "Gandhi and Anti colonial Struggle". Both these competitions saw enthusiastic participation from students of different subjects/streams.

Six students participated in the programme AIRNxt, organised by All India Radio on 11 January 2022, as part of Azaadi ka Amrit Mahotsava. The programme focussed on the vision of youth and their voices with regard to India's Independence.



Students participating in AIRNxt programme

GLASSEYE - The Filmmaking Society



Glasseye team 2021-22

Teacher Convenor :

Dr. Sheela Dubey

Student Convenor :

Ms. Nilanjana Chauhan

Student Co-Convenor :

Ms. Nitya Kumar

Initially started with the motive of only screening movies/documentaries on various issues concerning social awareness and the civic scenario of the country, since 2012, GlassEye has stepped

into the field of documentary and movie making. In its ninth year of existence, it has become one of the most active societies of Gargi, and is counted among the notable filmmaking societies of the DU circuit. As a society, when faced with the unprecedented challenge of the COVID-19 Pandemic, we managed to hold fort and create a strong foothold for ourselves in our craft. This year, while adapting to the new online-offline hybrid mode, we've actively experimented in the areas of cinematography, editing, acting and scriptwriting in new genres through a number of productions.

Our session began with a colourful celebration of morals that GlassEye holds close to its heart i.e. Diversity and Inclusion. Throughout Pride month we critically analysed queer films like 'Moonlight' and 'Call me by your name'. We collaborated with Filmtantra (film appreciation and filmmaking society of Shaheed Bhagat Singh College) to conduct a screening of the film 'Out of Thin Air'. This was followed by an enriching discussion with the directors of the film Shabani Hassanwalia and Samreen Farooqui. Subsequently, we collaborated with Pink Legal Panache (an initiative under the esteemed Pink Legal) and held a screening and subsequent discussion of the harrowing documentary on the aftermath of the brutal Nirbhaya case titled 'Daughters of Mother India'.

This year we've endeavoured to create productions that've tested our skills and expanded our horizons. In total, we've managed to work on: 'A Thing Called Love', 'Brain Wars', 'Chasten', 'Chanchala', 'Tw: Blood, A Lot Like Sisyphus', 'Homecoming, Bella Ciao', 'Mr. Brightside', 'Perfect Day' and 'Stunnin'.

The team has participated in several competitions including but not limited to India Film Project's 50 hour filmmaking competition. It is India's biggest filmmaking competition and GlassEye's production - 'Chanchala' was listed in the top 50.

We've also organised a number of competitions. In November 2021, we conducted a successful cinema quiz competition known as 'Quizantine'. We donated the proceeds from this event to Nanhe Pakshi, an organisation devoted towards education and holistic development of children. In February 2022, as part of our college's annual fest Reverie, we organised two competitions namely - Trance, short filmmaking competition and Manic, scriptwriting competition. We received an overwhelming number of submissions. **Mr. Ribhu Ghosh**, an acclaimed film director judged the submissions and offered constructive criticism to the participants.

HUES - The Fine Arts Society



Art work by Ms. Jessica Wadhwa

Teacher Convenor :

Dr. Alka Garg

Student Convenor :

Ms. Rakhi Sharma

Student Co-Convenor :

Ms. Tivisha Singla

HUES, the Fine Arts Society of Gargi College aims at learning different art forms, craft techniques, and overall skill building and creative outlet for the society members.

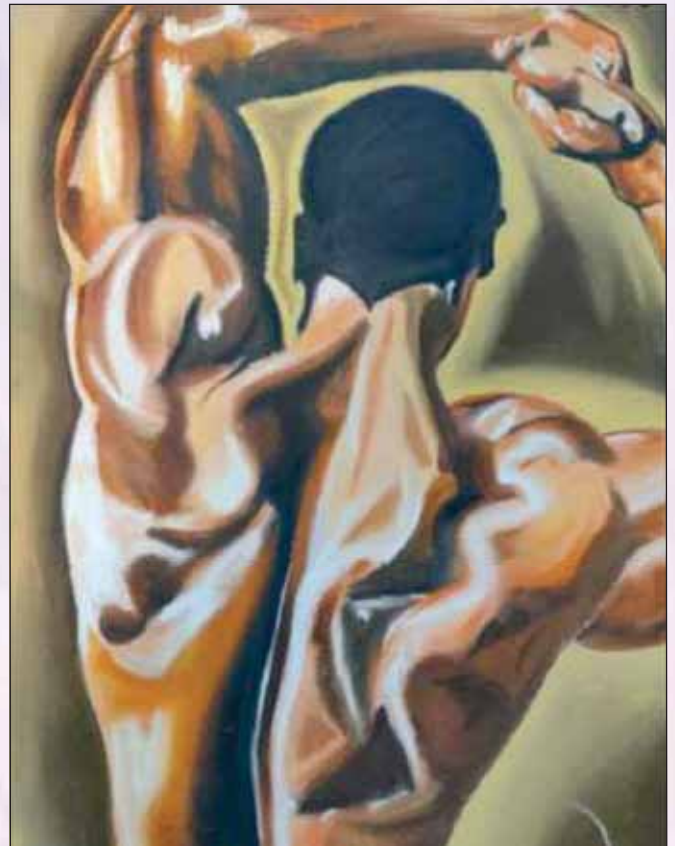
On 2 October 2021, an online on-the-spot painting competition was organised in

online mode on Azaadi ka Amrit Mahotsav. The theme of the competition was Swadeshi.

Throughout the term, we keep Journal Meets, where members show the artworks they have made recently. We feature this on our Instagram page, in the form of stories and posts. For some of the meets, we also keep themes, our recent ones being hues of yellow, hues of blue, nature, etc.

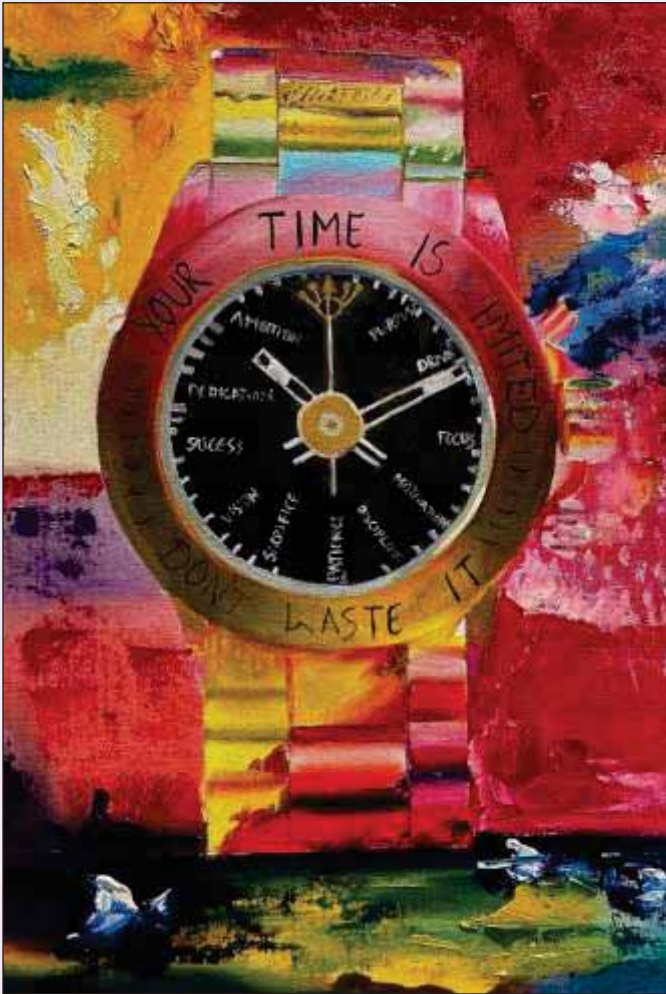
In the month of October, we also encouraged our artists to participate in Inktober, which is a global art challenge, where each day you are given a prompt and one has to create an artwork on it. This helps hone one's skills.

Reverie, our main visual art event was held on the 4 and 5 March 2022. We had the opportunity of having the opening ceremony offline, for which our members worked vigorously. We curated decorations, banners, installation, and a rangoli on the Reverie theme- Embracing Change. The members put in their best creative energies to make it happen.

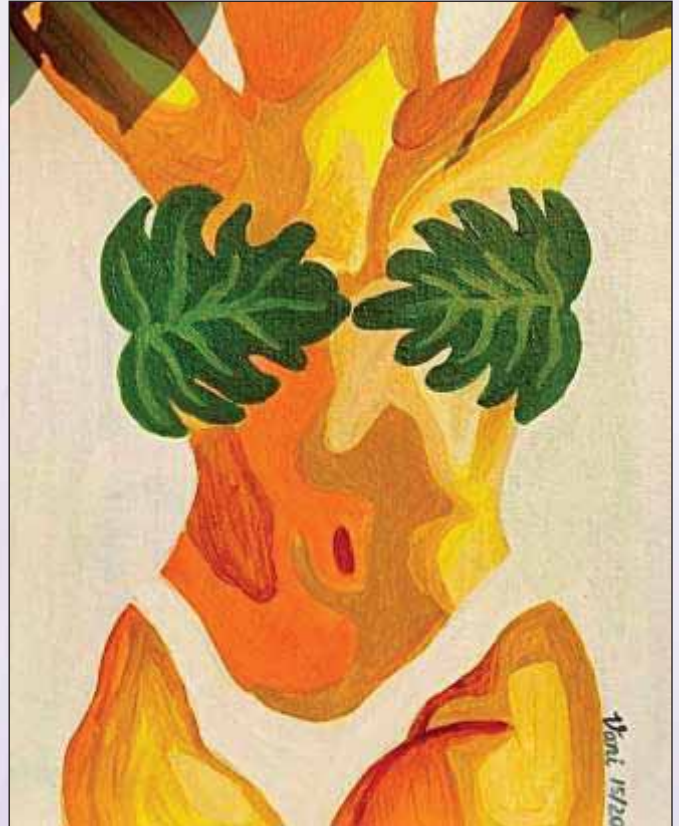


Art work by Ms. Jessica Wadhwa

On the first day of Reverie'22, 4 March 2022, we also conducted one of our competitions- the Dear Diary: Bullet Journal Competition. We kept the theme as self-love as we wanted to prompt the idea of embracing and loving the changes within oneself.



Art work by Ms. Nitya Arora



Art work by Vanshika Gautam

On 5 March 2022, the second day of Reverie, we held our competition- Mukhota: the Mask Painting Competition. They were asked to paint on a mask as during the pandemic we went through a lot of sudden changes. For this, we kept an open theme to allow the artist their creative freedom.

Over the course of the year, our society members also participated in many online competitions organised by different colleges and universities and did bag some prizes along the way.

IRIS - The Photography Society



Team IRIS

Teacher Convenor :
Dr. Poonam Phogat

Student Convenor :
Ms. Anupama Shashni

Student Co-Convenor :
Ms. Vaidehi Hada

IRIS, the Photography Society of Gargi College is a group of enthusiastic young photographers trying to hone their skills and develop their own photography styles. We nurture our members' talents by holding

workshops with professional photographers who help us finesse our techniques and inspire us to experiment with different camera settings, light and genres. We also conduct regular Photo Walks across Delhi NCR, which then manifest into hundreds of photographs for our annual exhibition held during our college fest- 'Reverie'.

We hosted Photo Walks across Delhi NCR to places such as Chandini Chowk, Qutub Minar and Mehrauli Archaeological site, while taking all precautionary measures. While under the lockdown regulations, we conducted online auditions as well as online photography workshops for the freshers.

IRIS is quite possibly one of the most regarded photography societies in Delhi University and partakes in various inter-college competitions. During the course of this session our members bagged 1st, 2nd and 3rd positions in different colleges. Radhika Marwaha was one such member who secured various positions at Hindu College and Jesus and Mary College. Other members who participated got recognition as well.

KSHITIJ - The Street Play Society



Kshitij Workshop with Quilluminati

Teacher Convenor:
Mr. Amit Rohilla

Student Convenor:
Ms. Shradha Jain

Student Co-Convenor:
Ms. Aastha Bisht

During the Academic year 2021-2022, Kshitij has organised an orientation and a fun interactive session for a warm welcome of

freshers for new college life. Kshitij organised various workshops with Quilluminati, the English Creative Writing Society of Gargi College, **Ms. Ritika Sharma** (Kshitij Alumna), Dramatic Society of the Hansraj College, **Mr. Shiv Prateek** (NSD Varanasi Alumnus) and Kahkasha-The Dramatics Society of Jesus and Mary College.

Kshitij organised an online event, "STELLAR" - Hunt for India's next big storyteller. Kshitij partnered with Tape A Tale, India's biggest storytelling platform and brought it to the Gargi College.



Kshitij X Tape A Tale



REVERIE 22 Kshitij team

The Street Play Society of Gargi College performed a Nukkad Natak on the topic - "Covid-19 and the Atrocities". An inter-college monologue competition was organised for students to showcase their acting and writing skills.

Kshitij started a green initiative in the new year for embracing nature and new beginnings. All the

team members planted trees and encouraged family and friends for the same.



Kshitij Green Initiative

NAZAAKAT - The Indian Dance Society



Nazaakat performing at Reverie 22, Gargi College

Teacher Convenor :
Dr. Rashmi Bhardwaj

Student Convenor :
Ms. Sanchita Ambasta

Student Co-Convenor :
Ms. Nandini Khattar

Nazaakat fancies dance as an art form that captivates the sight of the beholder, mesmerizes the very soul of them and keeps them enchanted. Consisting of dancers that believe in propelling themselves forward, the members of the society excel in exhibiting the essence of classical and folk dances across India and believe in touching souls with its elegance, zeal and expressions.

Nazaakat, the Indian Dance Society of Gargi College, has been maintaining its legacy of pure excellence and the session 2021-22 was made noteworthy too. The society has been on top of all the folk dance and Indian dance societies in the Delhi University Circuit (2019-20).

Performing remarkably on every possible event, Nazaakat has proven that the barriers of COVID 19 will not close the door of opportunities for us. The members learnt and have grown to tremendous levels.

When the nation was going through a tough time, all we could do to support each other was to cheer ourselves up with the rhythms. We were blessed enough that we got to get along with each other in the current session and thus were not only able to perform together for competitions as well but also conduct a competition as well.

Our accomplishment to yet another successful year 2021-22 are, first position in Nrityasanskriti (solo classical dance competition) at Janki Devi Memorial College, third position in RAAS (solo folk dance competition) at Daulat Ram College and Consolation prize in artist campaign organised by Elevelin FTA . We also performed at Reverie'22 organised by Gargi College and conducted Lasya - Solo Classical Dance Competition.



Sanchita Ambasta performing for Artiste Campaign by Elevelin FTA



Rajashree Behera performing at Janki Devi Memorial College



Rajashree Behera performing at Daulat Ram College

National Cadet Corps



SUO Shikha Gaur performing the Guard of Honour (Shok Shastra) on NCC Raising Day 2021, at National War Memorial

Associate NCC Officer:
Lt. (Dr.) Purnima Agrawal

Senior Under Officer:
SUO Shikha Gaur

The session 2021-22 commenced with rank panel formation on 18 July 2021 with Shikha Gaur as SUO, 5 JUOs and 4 SGTs and 9 CPLs. Initially, sessions started online but soon witnessed increased offline participation as the

lockdown restrictions were eased by the Government. Year round activities started with a Webinar on Kargil Vijay Diwas hosted by 1 DGBN & 6 DBN on 26 July 2021 in which Cpl Ritu Choudhary participated. Several cadets participated in intercollege competitions (like - slogan writing, essay writing, debate, etc) organised on this occasion. Cpl Gaura Gupta participated in the Webinar organised by St. Stephen's College. Cdt Nitya participated in the Awareness Drive organised on Kargil Vijay Diwas by 4DGBn.

On the same occasion, Gargi NCC conducted Story Telling Competition and Poem Recitation wherein 14 cadets participated by sharing stories about the Kargil heroes and mesmerizing poems to mark the significant occasion. JUO Ankita Rani and JUO Sakshi Kumari participated in the "wreath-laying



JUO Ankita Rani laying the Tri-Service Wreath at Amar Jawan Jyoti, National War Memorial on NCC Raising Day 2021

ceremony" on the occasion of Kargil Vijay Diwas celebration organised at BJP Office. Our Cadets actively helped in the maintenance of the DGNCC Digital Forum, approving entries, repeated quality checks, and sharing content on the Forum. All the cadets registered themselves on the Digital NCC Forum and downloaded the DGNCC Training App. A Quiz on 1971 War was held on MyGov portal on 4 and 5 August 2021 where a large number of cadets participated.



SGT. Ananya Raj at Parasailing Camp 2021-22

Sgt Ananya Raj and Cdt Niva Parmar participated in the Online Poem Recitation Competition organised by the Unit on 10 August 2021. The 75th Independence Day Celebrations were held on 15 August 2021 at 4DGBn in which our 5 cadets participated.

The Gargi NCC conducted an online event on 14 August 2021 called "Word Yarn" Competition in which Cpl Gauri Srivastava was the winner. Our Drill Contingent performed in the event organised by the college on 15 August 2021.

SUO Shikha Gaur and JUO Sakshi Yadav participated in EBSB VIII held from 19-24 July 2021 through online mode between Delhi and Maharashtra directorates.

JUO Ankita Rani, also a recipient of Dr. Renu Sethi Trophy, was selected as the Best Cadet of the year 2020-21 of Gargi NCC.

Sgt Neha, Sgt Ananya Raj and Cdt Niva Parmar attended the EBSB X, a 6 day camp, held online from 20-25 September 2021 hosted by Madhya Pradesh and Chhattisgarh directorate.

Cpl Diksha Tiwari successfully completed the Basic Mountaineering Course 2021, a 28 days camp held at the Nehru Institute of Mountaineering, Uttarkashi, Uttarakhand. She was the only cadet selected from the entire 4DGBN.

The CATC I was held from 18-25 October 2021 at 4 DGB, Safdarjung Enclave, New Delhi. Our 21 cadets attended the camp. Gargi College secured second position in the Inter-college Drill competition held during this camp. The Guard-of-Honour for the ADG visit was commanded by SUO Shikha Gaur. 46 cadets attended the CATC II from 7-16 November held at 4DGBn, Safdarjung Enclave, New Delhi. JUO O. Amravati was CATC- II cum pre RDC cadre 1 Camp



Cpl Diksha Tiwari completed the Basic Mountaineering Course 2021 at Nehru Institute of Mountaineering, Uttarkashi, Uttarakhand

Senior. Gargi College secured First position in both Inter-college Squad Drill and Weapon Relay Race. Our 3 cadets were part of the Quarter Guard Team at CATC-II.

All India Girls Trekking Expedition (Ajmer) 2021 was conducted by 11 Rajasthan battalion, Ajmer under the aegis of NCC group headquarters, Udaipur and NCC directorate Rajasthan from 17-24 November 2021 in which Cdt Kanishka, Cdt Ritika, Cdt Urvashi and Cdt Sonu Kumari took part.

The All India Kanchanjunga (Sikkim) Trek (Girls) 2021 was conducted by 4 Sikkim Battalion. JUO O. Amravati, Cdt Nikita and Cdt Ritika successfully completed the same. JUO O. Amravati was appointed as the Directorate Senior. They also performed a group song on the cultural night of the camp and secured first prize for Delhi Directorate.



JUO O. Amravati, Cdt. Ritika (II yr.) and Cdt. Ritika (III yr) in All India Kanchanjunga (Sikkim) Trek Girls 2021-22

On the NCC Raising Day i.e., 28 November 2021 during the National War Memorial Camp 2021, JUO Ankita Rani was part of the tri-service wreath from the Army wing and SUO Shikha Gaur was a part of the Guard-of-Honour.



SUO Shikha Gaur and JUO Ankita Rani in National War Memorial 2021 (camp)



JUO Oinam Amravati at Special National Integration Camp 2021-22

The selections for the NCC admissions 2021 were held on 29 November 2021 at Gargi College Sports Ground in which around 150 applicants appeared and 60 got selected. The orientation for first years was held in January 2022. Their physical classes started shortly after.

JUO O. Amravati was a part of the Special National Integration Camp 2021 and represented Delhi Directorate in the cultural performance, in collaboration with the NER Directorate.

Our 23 cadets attended CATC III held from 12-18 December 2021 at Safdarjung Enclave, Group 'C' HQ. Some of the cadets from CATC - III were also selected for ushering duties in the SNIC '21.

Cdt Khushboo, Cdt Pinky and Cdt Anushka successfully completed the EBSB XII held from 19-24 Dec 2021 through online mode between Delhi and Uttarakhand Directorate.

The cadets also contributed immensely by sharing articles, poetry, videos and artwork about their NCC experience for the DGNCC Digital Forum with entries reaching a count of 102, helping the Delhi Directorate secure a good score in the RDC.

SUO Shikha Gaur, JUO Ankita Rani, JUO Sakshi Kumari, JUO O. Amravati, Cpl Gauri, Cpl Geetanvi Kandpal, Cpl Ritu Choudhary, Cdt Deepmala Gupta, Cdt Rama Chauhan, Cdt Anjali Chaudhary attended the Army Day Parade 2022.

On the occasion of Republic Day, 26 January 2022, Gargi NCC organised an online short cinematic video/clip making competition which witnessed a strong participation from the cadets. On this occasion, Group 'C', Delhi Directorate organised the event - "Shaheedo ko shat shat naman", felicitating the Next of Kin of the soldiers who laid down their lives protecting our country. Gargi NCC panelists were involved in organising and performing in this event.

Cpl Gaura Gupta, Cpl Diksha Tiwari, Cpl Yamini Swami, Cpl Neeru Yadav, Cdt Diya Kataria and Cdt Nandani Sharma of Gargi NCC zealously participated in the Prime Minister's Rally 2022 - Culturals held on 28 January 2022. SGT Ananya Raj



CPL Gaura, CPL Diksha, CPL Yamini, CPL Neeru, CDT Diya and CDT Nandini of Gargi College at Prime Minister's Rally 2021-22

successfully completed the Prime Minister's Rally 2022 - Parasailing Camp. JUO O. Amravati, Cpl Shreya Srivastava, Cpl Gauri, Cpl Geetanvi Kandpal were part of Prime Minister's Rally '22 - Ushering.

Apart from representing our Unit and Directorate in National Camps, the Gargi NCC has always put their best foot forward in representing Gargi in intercollege competitions as well. The Gargi College Quarter Guard Team secured first position in Deshbandhu College NCC Annual Fest - DESH 2022, on 8 March, 2022. The Gargi College Cultural team secured a special prize in Zakir Hussain Delhi College NCC Annual Fest - SALUTE 2022, on 26 March 2022.

Furthermore, our cadets have always been highly participative in sports. Some of the cadets are or have been part of the college sports team while some have participated individually in National level competitions. One such cadet, Cdt Kashish Thakran from Gargi NCC has been awarded with the esteemed title of the "National Arbiter" (referee) in Chess.

Gargi NCC has always tried to serve society to the best of their capabilities. 10 cadets from Gargi College NCC volunteered at a blood donation camp organised by The Rotaract Club of New Delhi One: ECHO, in collaboration with Gargi NCC on 13 March 2022. Cdt Diya Kataria also donated her blood supporting the cause.

JUO O. Amravati, Cpl Gauri, Cpl Gaura Gupta, Cpl Neeru Yadav, Cpl Yamini Swami, and Cdt Vaishali Sharma - a total of 6 cadets donated blood during "Samarpan" blood donation drive, organised by Gargi NSS.

Northeast Society



Students with Faculty members at Reverie 22

Teacher Convenor:
Dr. Leisan Judith

Teacher Co-Convenor:
Dr. Vera Kapai

Student Convenor:
Ms. Ripu Riba

Student Co-Convenor:
Ms. Jessica Keishing

The society held its inaugural Talk on “Protecting the legacy of traditional attires of North East India” by **Dr. Theyiesinuo Kreditsu**, a feminist poet, academic writer and educator on 4 October 2021 via Google Meet. Northeast India is undoubtedly known for its rich biodiversity but is also a

hub for a traditional knowledge, a knowledge that is developed, sustained and passed on from generation to generation forming an integral part of the people. One of such expressions is the traditional cultural expression in the form of rich traditional attires worn by people. However, in present days, these attires have become diluted and been reduced to mere commodities to be only bought, worn and displayed. This talk was held in an effort to sensitize young minds and promote the need to protect the rich legacy of traditional attire from the region.



Inaugural Talk on 'Protecting the legacy of traditional attires of North East India'



Interaction with the Freshers January 2022

An '18 Words' Story Competition was organised on 1 Nov 2021 to celebrate the creative prowess of artists and writers on the themes such as Pandemic, Covid 19, Quarantine, Social Life, Vaccination and Health.

Interaction with the 1st year students of North East society was held on 22 January 2022 with various activities like dance and music. The students from the Society also performed in the inaugural event of the College Festival Reverie 2022.

National Service Scheme



Programme Officer :

Dr. Nisha Saini

NSS President :

Ms. Anwasha De

GSS President :

Ms. Sanjana Paul

The challenge of COVID well continued through 2021-22 and times were tough but NSS Gargi as an institution of headstrong and determined volunteers, never even once let these hurdles shape its ever progressive trajectory. Celebrating the spirit of freedom

on the occasion of 75th year of Independence i.e., Azaadi ka Amrit Mahotsav, NSS Gargi organised a multitude of activities, sessions and enlightening talks throughout the year further expanding the horizon of the motto "Not me, but you". More than 180+ activities were conducted including various donation drives, group discussions, movie screenings, various competitions, pledges, commemoration of NSS Day, Constitution Day, Republic Day, Independence Day, International Day of Yoga, Voters Day, plantation and cleanliness drives and Pride Month.

Flagship NSS Events like Inaayat - Sadbhavna Diwas and Offline Blood Donation camp - "SAMARPAN" were successfully conducted. NSS Day 2021 - "Umang" was also successfully conducted with an enlightening panel discussion and project presentation competition - Udaan. NSS Gargi also collaborated with the Delhi Government to connect its volunteers to the "Desh Ke Mentors Program". An offline Thalassemia screening camp was also conducted in the college premises. A month-long Pathfinders programme was planned to sensitise the masses on various social issues through unique initiatives by the NSS volunteers.



Blood Donation Camp in the Campus

The Annual Cultural Fest of NSS Gargi - "Zistatva" was successfully conducted virtually where various social entrepreneurial entities, digitally marketed their products through NSS Gargi's website. The cultural programmes by the student volunteers induced an essence of the rich glory and vivid traditional heritage of the country with various competitions like Talent hunt, Quizzes, Motivational talks, Comedy night, Open Mic, Workshops etc.



NSS Gargi organised sustainability leadership in collaboration with UPGSL to further understanding on SDGs. A 2 day environment campaign was run from 5-6 June 2021 to usher environmental awareness. Interviews were conducted through volunteers on World Day against Child Labour. NSS Gargi also joined hands with the Rakshin Project to bring an awareness webinar on Child Abuse. Activities during Pride Month were organised which culminated into a progressive session "Hues of Pride".

A week-long campaign on environment awareness titled "KUDRAT" propagated green sensitisation through various activities. Session and bootcamp on Tide Turners Plastic Challenge was also conducted. In

order to commemorate

International Day of Yoga, NSS organised a 5-day workshop on yoga at home. Plogruns were conducted under Fit India Freedom Run. Activities were also conducted under Swachchhata Pakhwada 2021 for a fortnight span. NSS Gargi with NSUT also organised "Yoga for Nutrition: under the aegis of Poshan Abhiyaan". Several initiatives were taken by volunteers towards the best interest of animals and birds.

Activities under COVID-19 warrior week were conducted to spread COVID Awareness. In order to push towards vaccination awareness during the second wave, NSS Gargi conducted vaccination diaries. Webinars on stress management, Cancer Prevention and Palliative care were also conducted in collaboration with DCFRC.



NSS Gargi zeroed down to youth upskilling and conducted a 3 day Youth Skills Workshop titled "Skill It". Activities were conducted on the occasion of National Youth Day. Breastfeeding week was conducted in an attempt to normalise the same. A know your rights webinar was conducted on the occasion of Women's equality day. Webinars on breast cancer awareness and menstrual hygiene and reproductive hygiene were also organised. A 7 day Menstrual Awareness campaign was also run under NSS Gargi's menstrual café initiative.

Several webinars from the Ministry of Youth Affairs and Sports were attended by the volunteers including impact of NEP on youth and National Youth Award Function and National Youth Festival. White cane awareness day was also celebrated to spread awareness about visual impairments.

A week long special camp was planned where volunteers went to Shahpur Jat for survey and indulged in various other activities oriented towards social service.

With a vision to produce conscientious, smart, and confident citizens who serve humanity, NSS Gargi has grown in different ways. It will always strive to reach out to the larger society through the sacred actions of service and will continue to grow above and beyond boundaries.

Placement Cell



Virtual Internship Fair

Teacher Convener :

Ms. Sailaja Modem

Teacher Co-Convenor :

Dr. Shivani Tyagi

Student Convener :

Ms. Shruti Jain

Student Co-Convenors :

Ms. Pragya Modi

Ms. Sandali Jain

Placement Cell of Gargi College aims at making the students industry-ready with practical applications along with domain knowledge. It is done by providing opportunities for internships to gain hands-on knowledge and through providing exposure and training on patterns of work in the industry; to gain an insight into the expectations of the industry. We groom the

students by providing them training to prepare for personal interviews, group discussions and enhance knowledge with the help of various initiatives. We also conduct various sessions relating to preparation for entrance examinations such as GMAT, GRE, CAT, etc.

Mind Scribble 2.0, the second version of our WhatsApp initiative was planned to enhance the knowledge set of students. We successfully conducted Elevate 2.0, the second edition of the Virtual Internship Fair in which 35+ companies catered to more than 200 students.

A total of 210 companies such as Deloitte USI, KPMG, EY GDS, D.E. Shaw, Accenture, PriceWaterhouseCoopers UK, BD India, Boston Consulting Group hired from our college in 2021-22 wherein 159 final year and 32 alumni students have been placed till now. 304 organisations provided internship opportunities to the students. Some of them are Zomato, D.E. Shaw, The Economic Times, OLX Autos, Garniche, and Decathlon. Articleship opportunities were also offered to the final year and alumni batches from companies such as Pierian Services.



Nation with NaMo Pre Placement Talk

We provide a hands-on training platform for our team members to work in a group by developing and updating Standard Operating Procedures, setting targets, and analysing them. A member of the placement cell not only gains exposure and insights into the working of the corporate world but also learns how to do quality research, sequence out logical thought processes, and give out quality deliverables.



ISB Young Leaders Program-YLP

Abiding by our ethical and professional practices, we ensure transparency in seeking recruitment information from corporations and in sharing the information with aspirants for their benefit. We strive to work hard for the interest of all the students and alumni associated with the college.



Placement Cell Team 2021-22

Q.E.D. - The English Debating Society



Offline Mock and meetings post opening up of college

Teacher Convenor:
Ms. Rajkumari Smejita Devi

Teacher Co-Convenor:
Ms. Neha Khurana

Student Convenor:
Ms. Asmita Bajaj

Student Co-Convenor:
Ms. Shreya Modgil

The year 2021-22 was an exigent yet eventful one for Q.E.D. We started the year off with internal mocks and sessions to get into the

groove of debating and engaging in cross-mocks with college from PAN-India helped us hone our skills and ensured that we only got better. The activities and experiences helped our society embark on a journey of extensive learning and unlearning. We're proud to have members who brought great laurels to our society throughout the year. A few of our achievements include 20+ adjudication breaks; 10+ teams went to quarters; Muskan Thukral and Prarthna Jhawar brought the 'best adjudicator' prizes on board (Vish PD and DSC PD respectively); Asmita Bajaj and Prarthna Jhawar were called as 'invited adjudicators' to Pak Open and GGS respectively. December onwards marked the

journey of our society preparing for its much renowned, Annual Parliamentary Debate competition- 15th Wax Eloquent. The preparation included calling celebrated debaters from all across India to make insightful motions, an experienced equity panel to ensure a safe tournament for all participants, and a number of experienced adjudicators.



Conventional Debate organised to celebrate 75th Independence day



15th Wax Eloquent

We are humbled, yet proud to apprise that we hosted 150+ participants which constituted 30+ teams of both domestic and international participants. To make the tournament engaging for all, we thematized our tournament with 'Marvel Cinematic Universe' references, which was much acclaimed by the participants. During the closing ceremony, our Honourable Principal Ma'am and teacher convenors graced the tournament with their vivacious presence. The journey ahead would be onwards and upwards for Q.E.D.



Online mocks on mixed idea

QUILLUMINATI - The English Creative Writing Society



Ishani Bhardwaj, Member of Quilluminati performing at English Slam Poetry Competition 'Tapestry of Identities'

Teacher Convenor:
Ms. Pragya Gupta

Teacher Co-Convenors :
Ms. Ammu Jeyakirthana
Mr. Mohit Abrol
Mr. Sameer Chopra

Student Convenor:
Ms. Mani Agarwal

Student Co-Convenor:
Ms. Charuvi Dembla

Quilluminati, the Creative Writing Society of Gargi College, is a place where budding writers come together to hone their quills and weave their diverse

narratives from their own unique lens.

Auditions were held at the beginning of the year, after which, the society held regular meetings to create a safe space for our budding writers. To get feedback on our member's existing work, we kickstarted the year with a writing workshop with **Dr. Payal Nagpal**, Professor of English, Janki Devi Memorial College.

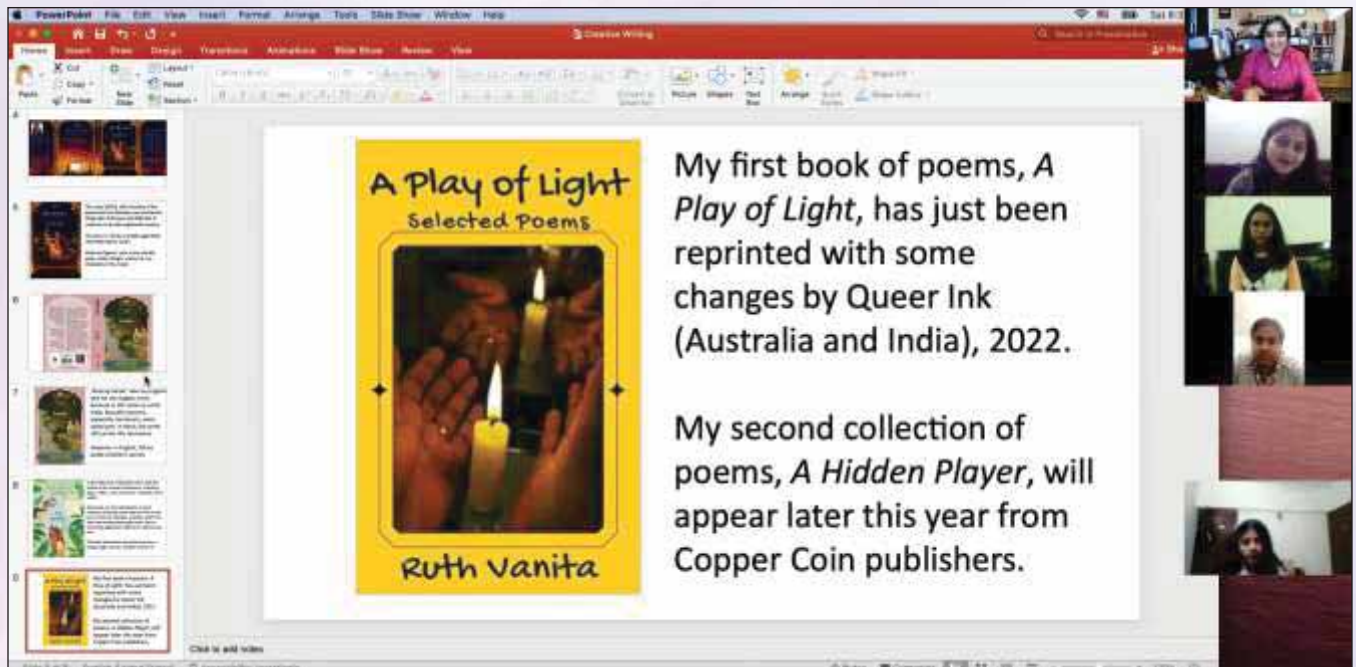
Further, events were organised as part of "Azadi Ka Amrit Mahotsav" to celebrate the 75th year of India's Independence. The society hosted an Online Essay Writing Competition on the theme of "Understanding Freedom from an Intersectional Lens" where cash prizes were awarded to the winners. For Zistatva' 21,



'Whimsy With Verses' a workshop by Dr. Payal Nagpal

our society collaborated with NSS Gargi and Anubhuti, the Hindi Creative Writing Society of Gargi to organised an Open Mic Competition to spread hope and joy amidst the second wave of pandemic.

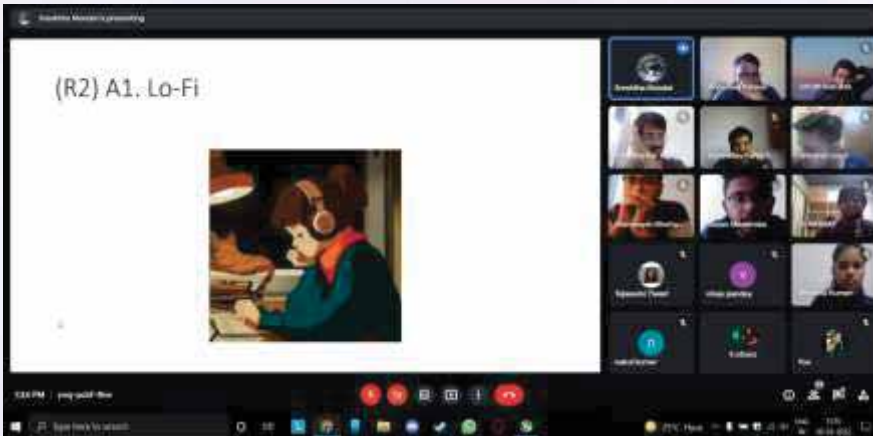
With the reopening of colleges, the society organised two events as part of Reverie, around the theme of Embracing Change on 4 and 5 March 2022. The English Slam Poetry Competition 'Tapestry of Identities' invited participants from colleges across India to share their poems on "Embracing Change." In addition, **Dr. Ruth Vanita**, Professor, University of Montana, discussed thought-provoking questions of Identity in Literature through her talk 'The Many Utterances of Love'.



The Many Utterances of Love- a Talk by Dr. Ruth Vanita

Besides the events organised by the society, our members actively netted publications at magazines such as the LiveWire and The Remnant Archive amongst others, along with the several prizes that they bagged at prestigious colleges like Jesus and Mary College, Ashoka University, and Motilal Nehru College.

QUIZZITO - The Quiz Society



The General Quiz – by Ms. Sreshtha Mondal

Teacher Convenor :
Ms. Aparna Joshi

Student Convenor :
Ms. Aditi Agrawal

Student Co-Convenor :
Ms. Bhawna Kumari

The Quizzing society of Gargi college aims at identifying students with quizzing talent and creating opportunities for them to sharpen their quizzing skills.

Quizzing society is a unique and exciting way to motivate, inspire, encourage and reward students in their quest for knowledge and provide them with the opportunity to celebrate their achievements. The main objective of quizzing society is to popularize quizzing activities among students.

The session 2021-22 for Quizzito started with the registration drive followed by screening and interview process. Discord quiz sessions were held for four days for all members which widened everybody's horizon on General, Pop, India and MELA Quiz. Members were divided into teams and they learnt about



Society Orientation

preparation of slides, forming of questions and conduction of the quiz. It provided first hand experience of QMing and also got them acquainted with online quizzing.

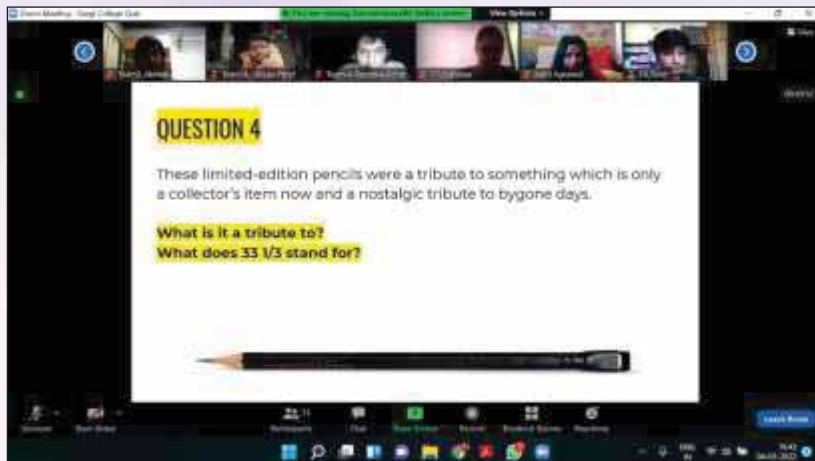


Intra Quiz on Azadi ka Amrit Mahotsav

An India quiz was conducted online under the aegis of Azadi ka Amrit Mahotsav on 17 October 2021. In the month of March Quizzito organised HighQ (the annual quiz fest as part of the college fest Reverie). The events took place on 4 and 5 March 2022 where Pop Culture Quiz and HighQ's General Quiz were organised respectively in the online mode.

The members have actively been participating individually as well as in

teams in quizzes across various platforms in institutions like Zakir Husain Delhi College, SRCC, JIM'S medical college, etc. on various genres with the commencement of offline quizzing and have won a number of prizes. Quizzito member Ingita secured 1st position in Trivia Trifles conducted by SRCASW. We are looking forward to organizing more offline quizzes and enriching ourselves each day with new learning.



The Pop Culture Quiz by Mr. Sumantra Sarathi Datta

SAMARTH - The Enabling Unit of Gargi



Samarth Core Team

Teacher Convenor :
Dr. Monica Gupta

Student Convenor :
Ms. Muskan Anand

Samarth - The Enabling Unit of Gargi believes in breaking the barriers and making our society an inclusive place to live for students with disabilities. We organised a wide range of activities during the academic year 2021-22. Our activities revolved around the theme of 'Resisting Ableism', where we focused on building an inclusive

society. With the help of our highly motivated union core team of 7 students and more than 120 volunteers we were able to successfully organise a plethora of activities this year viz. a series of webinars and lectures on Indian Sign Language in collaboration with EnAble India; a video of national anthem prepared by our students for Republic Day in sign language; a lecture by **Mr. George Mathews** on White Cane Safety Day in collaboration with NSS, a webinar on Intersectionality and Mental Health addressed by **Dr. Nitya Prakash** in collaboration with White Rose society and Unmukti; a Tagline competition; A note making competition: A reel-making competition, and 'Abhipsa: The Annual Fest of Samarth'. The theme for this year's annual fest 'Abhipsa' was 'Resisting Ableism'. **Dr. Danish Mahajan** from Radio Udaan and **Mr. Abhishek Annica**, a disability activist and a poet, spoke at the webinar organised on this occasion.



Webinar on Indian Sign Language



Samarth Volunteers

During the tough times of the Covid-19 pandemic, we started a support group to help PwD students gather digital resources and address their emergent needs. Many students were able to benefit from this initiative. When colleges reopened after a gap of 2 years we started Buddy Program, whereby volunteers were assigned to PwD students in order to help them in person inside college premises. The buddy program was an immense success as

volunteers learnt interpersonal skills and PwD students could have a hassle-free restart of their college life.

समीक्षा - हिन्दी वाद-विवाद समिति



इंडियन ऑयल कॉर्पोरेशन लिमिटेड पारंपरिक वाद-विवाद प्रतियोगिता में उपस्थित प्राचार्या जी एवं संयोजिका महोदया

शिक्षक संयोजिका :
डॉ. पार्वती शर्मा चांदला

शिक्षक सह-संयोजिका :
डॉ. मीना

छात्रा संयोजिका :
सुश्री मितिक्षा गुप्ता

छात्रा सह-संयोजिका :
सुश्री सौम्य सेन

समीक्षा समिति अपने समस्त सदस्यों की पूर्ण भागीदारी एवं अपने कार्यरत संकल्पों के प्रति प्रतिबद्ध है। समिति के सुसंचालन एवं कार्यक्रमों के बेहतर

आयोजन के लिए समिति के भीतर भी तीन समूहों का गठन किया गया है- कंटेंट राइटिंग टीम, सोशल मीडिया टीम एवं क्रिएटिव टीम।

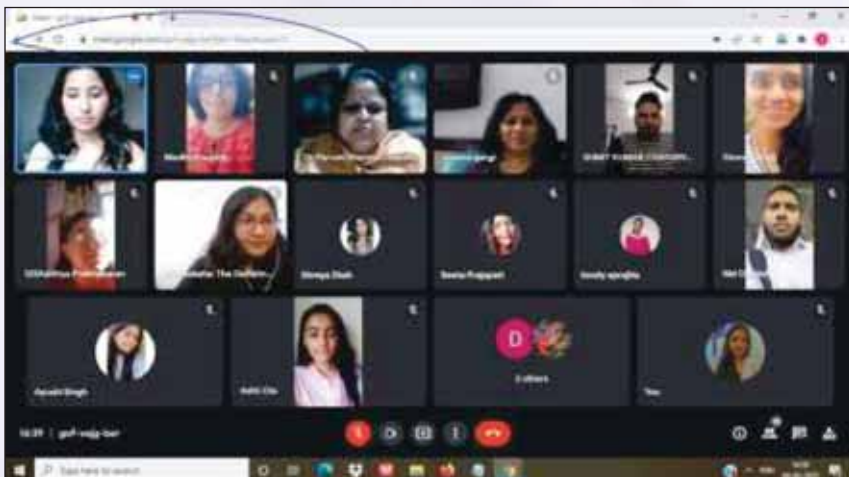
शैक्षणिक सत्र 2021-2022 में समिति ने पूर्ण उत्साह से सभी कार्यक्रमों का आयोजन आजादी के अमृत महोत्सव के अंतर्गत आभासी पटल के माध्यम से किया गया। इस शैक्षणिक सत्र का प्रारम्भ समिति में नए सदस्यों के आगमन से हुआ।

समीक्षा समिति का प्रथम आयोजन दिनांक 18 अक्टूबर 2021 को टर्नकोट वाद-विवाद प्रतियोगिता थी जिसमें सर्वश्रेष्ठ प्रदर्शन करते हुए आई.आई.टी (बी. एच. यू) की अदिति ओझा ने प्रथम स्थान प्राप्त किया। द्वितीय स्थान शहीद भगत सिंह कॉलेज (प्रातः) से देवांशु शर्मा और तृतीय स्थान पर रामजस महाविद्यालय की आरजू पांडे रहीं। तत्पश्चात् समिति का



टर्नकोट वाद विवाद प्रतियोगिता में वक्तव्य प्रस्तुत करती छात्रा

द्वितीय आयोजन इंडियन ऑयल कॉर्पोरेशन लिमिटेड के सहयोग से सतर्कता जागरूकता सप्ताह के दौरान दिनांक 27 अक्टूबर 2021 को आयोजित अंतः महाविद्यालय पारंपरिक वाद-विवाद प्रतियोगिता थी जिसमें हिमांशी यादव सर्वश्रेष्ठ वक्ता, मितिक्षा गुप्ता द्वितीय सर्वश्रेष्ठ वक्ता एवं अनुभूति जैन और रूपा डंगवाल सर्वश्रेष्ठ प्रश्नकर्ता रहीं।



गूँज पारंपरिक वाद-विवाद प्रतियोगिता

निभाओ प्रतियोगिता में छात्रों ने अनेक प्रसिद्ध व्यक्तित्वों की भूमिकाएं निभाकर अपनी वाक पटुता का प्रदर्शन किया जिसमें जन्नत सिहाग ने प्रथम स्थान, शिवानी शर्मा ने द्वितीय स्थान एवं प्रीति सराफ ने तृतीय स्थान प्राप्त किया।

समिति ने 6 अप्रैल 2022 को अंतः महाविद्यालय नवागंतुक पारंपरिक वाद विवाद प्रतियोगिता का आयोजन किया जिसमें महाविद्यालय की समर्पिता गुप्ता को प्रथम पुरस्कार हिमानी सिंह को द्वितीय एवं जन्नत सिहाग को सर्वश्रेष्ठ प्रश्नकर्ता का पुरस्कार प्राप्त हुआ।

समीक्षा समिति सदैव ही वाद विवाद की दुनिया में अनेक आयोजनों के माध्यम से अपनी सक्रियता दर्ज कराती रही है जिसमें सर्वाधिक लोकप्रिय आयोजन 'अन्वेषण' संसदीय वाद-विवाद प्रतियोगिता रही है। प्रत्येक वर्ष की भांति ही इस वर्ष भी समिति ने अन्वेषण के आठवे



अन्वेषण संसदीय वाद विवाद प्रतियोगिता

संस्करण का दिनांक 10 एवं 11 अप्रैल 2022 को सफलतापूर्वक आयोजन किया जिसमें विभिन्न विश्वविद्यालयों से छात्रों ने प्रतिभागिता दर्ज की। प्रतियोगिता की विजेता टीम दयाल सिंह महाविद्यालय, उपविजेता फैंकल्टी ऑफ ऑपरेशनल साइंसेज क्रॉस डिपार्टमेंट ऑफ मैथ्स एवं सेमी फाइनलिस्ट टीम आर्यभट्ट तथा मिरांडा हाउस कॉलेज रहीं।

कार्यक्रमों के आयोजन ही नहीं बल्कि विभिन्न प्रतियोगिताओं में समिति के सदस्यों ने जीत दर्ज कर समीक्षा की सफलता का परचम लहराया। इस वर्ष समिति ने करीब 40 से अधिक पुरस्कार प्राप्त किए। उल्लेखनीय उपलब्धियों में प्रथम वर्ष की छात्राएं जन्नत सिहाग एवं शिल्पी द्वारा दयाल सिंह महाविद्यालय द्वारा आयोजित नवागंतुक संसदीय वाद-विवाद प्रतियोगिता में विजेता एवं शहीद भगत सिंह महाविद्यालय (प्रातः) द्वारा आयोजित नवागंतुक संसदीय वाद-विवाद प्रतियोगिता में उपविजेता रहीं।

इस प्रकार समिति ने वर्षभर में अनेक आयोजनों एवं प्रतियोगिताओं में प्रतिभागिता के माध्यम से छात्राओं को तार्किक एवं व्यावहारिक रूप से सशक्त बनाने का प्रयास किया।

SAMRANJINI - The Indian Music Society



Tean Samranjini

Teacher Convenor :

Dr. Joya Bhattacharya

Teacher Co-Convenor :

Dr. Deepika Chatterjee

Student Convenor :

Ms. Manjula Mishra

Student Co-Convenor :

Ms. Pallavi Sahu

Samranjini, the Indian Music Society of Gargi College, is one of the most prestigious music societies across the Delhi University Indian Music circuit. We're known for authentic compositions, tireless efforts and for being more than eager to perform at regular college events. Samranjini

has been blessed with an amazing legacy bestowed upon it by brilliant vocalists and through the support of our amazing teacher convenors and mentors. We aim to continue being the musical treasure we are for the years to come.

Samranjini has been working actively towards the propagation of Indian classical and semi-classical music throughout the session 2021-2022. Despite the restrictions owing to the pandemic, we've been able to maintain proper functioning of the society, through innovative, unconventional manners. Samranjini has constantly posted musical content on its social handles, which has enabled us to reach a wider, younger audience. Samranjini also performed at various online events organised by the college, including the Independence Day celebration, Zistatva' 21 and Reverie' 22.



Students of Samranjini performing at an event

SPARX - The Choreography Society

Teacher Convenor : Dr. Rashmi Bhardwaj

Student Convenor : Ms. Sonakshi Gupta

Student Co-Convenor: Ms. Mayurika Saxena

“The desire to create is of the deepest yearnings of the human soul” is the motto we live by. Through the art of choreography, we not only express ourselves through movement, rather we believe in unleashing our inner passion, voicing our opinions, and creating a vision like no one else. We, at Sparx- The Choreography Society of Gargi College, shed light on relevant and burning issues through our production along with fulfilling our creative desires.

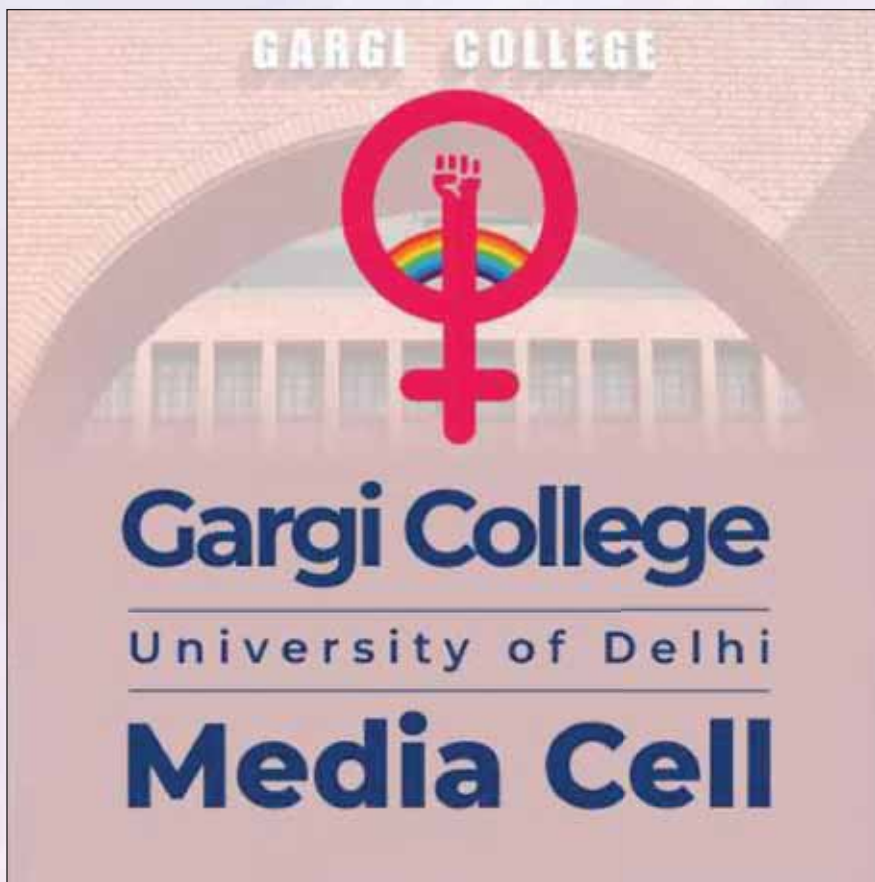
The society members essentially train in forms like Contemporary, Ballet, and Jazz. We are a close-knit group that bonds over our sheer love for dancing while working together day and night. We go through a journey of self-growth while striving to become better performers each day. We not only gain exposure but also explore new limits within ourselves. Despite the uncertain circumstances this year, we managed to train the new members of the society on an online platform, teaching them various techniques and foundation principles along with imparting values such as determination and perseverance. We hone our skill set and technical knowledge each day and provide a platform for budding artists to achieve their artistic goals. Sparx executed a production 'Court of Fatum' virtually depicting the void pulling one between hell and heaven, where each individual is subjected to prejudices as a result of their atrocious choices and behaviour.

Sparx participated and won:

- 2nd position in the national-level dance competition at IIT- Bombay
- 1st position in the national-level solo dance competition at Hansraj College
- 2nd position in the national-level solo dance competition at BITS Pilani
- Special Mention in the solo dance competition at Maitreyi College

Sparx is considered one of the top three choreography societies in the DU circuit and we as a team could not be more proud.

The Gargi Media Cell



Convenor: Dr. Jyoti Rana

The Gargi College Media Cell, established in March 2020, aims to enhance the value of education, by acknowledging the importance of moving with the times, staying connected and to reach out to the maximum number of stakeholders, especially the students.

During pandemic times when the college needed a visible social media presence, in order to celebrate the achievements of its students, alumni, faculty and staff, three official social media accounts on platforms viz. Facebook, Instagram and Twitter, were created.

Our official posts give the community the accurate picture of what Gargi is achieving and also

enables the college to share latest happenings (events, webinars, academic and co-curricular events, etc.) being organized (albeit virtually) on the college campus. It provides a chance to get feedback and suggestions directly and immediately from students, faculty, staff, parents, alumni, fans and friends. It also provides a platform for the college to share the career achievements of the direct stakeholders (viz. faculty, students, staff, alumni), which is a source of pride and inspiration for all of us.

We encourage students, staff and faculty members to follow these accounts to stay inter-connected and updated.

The Marketing Society



We were honoured to host such a revered panel on Alohomora'22.

Teacher Convenor :

Dr. Sheela Dubey

Student Convenor :

Ms. Isha Sinha

Student Co-Convenors :

Ms. Saloni Juyal

Ms. Rhea Shukla

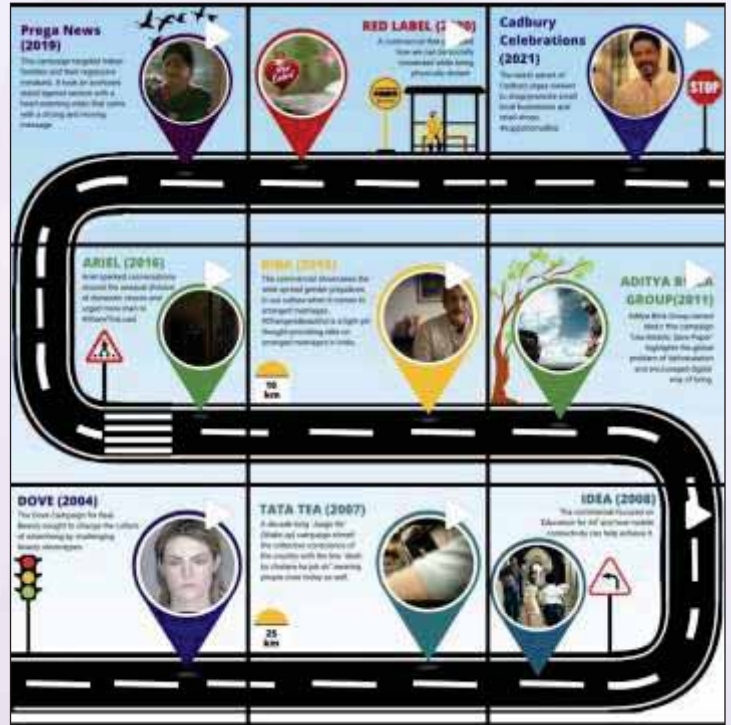
Even during times filled to the brim with uncertainty, The Marketing Society did not stop striving for growth, and we only went bigger and better! We solidified our social media base this year by increasing our reach on Instagram. We also conducted multiple events within the society for the benefit of our members. Due to the extent of the pandemic in the recent months all events were largely conducted online. Our webinars covered a plethora of topics from Canva workshops to LinkedIn branding and profile building, we invited multiple reputed industry professionals to deliver a talk to our members. This was all in tandem with many informal, fun and interactive society meetings and ice-breaking sessions for better team building.

The annual online marketing week - Ebullience'21, was an online event that took place over three days. The three events of Ebullience'21 including the closing ceremony were conducted through Google Classroom and Cisco Webex. The closing ceremony was based on "Creativity- the new competitive advantage" with keynote speakers: **Ms. Ankita Chawla**, content creator and marketing professional, popularly known as hustlerani and **Ms. Srishti Garg**, acclaimed digital content creator.



The closing ceremony of Ebullience'21

Then, in the month of march the annual main event of the society was conducted. Two competitions- ADophoria (crowd puller) and Wazir (case study competition) were successfully held on 4 March 2022. The closing ceremony was conducted on 5 March 2022, which included a speaker session on the topic "The Marketing Trinity: Creativity, Competition & Consumers" graced by **Mr. Prahlad Kakar**, Ad film director, **Mr. Alekhya Chakrabarty**, Head of Marketing at Sunstone Eduversity and **Vasavi Kumar**, Marketing and Strategy consultant. The sixth edition of our annual magazine was also launched, in the presence of these legends. Overall, the event was a great success.



Our Instagram feed for the launch of our annual theme!



The launch of the sixth edition of our annual magazine!

UNMUKTI - Women's Development Centre



Students making art on International Womens Day, March 8, 2022

Club from 22 April 2021 to 9 May 2021. The screened films highlighted how "all issues are women's issues".

On 24 April 2021, an online training workshop on street harassment was conducted collaborating with Breakthrough trust and L'Oreal Paris. The workshop turned out as a moment of collective bonding with the professors and students sharing their personal experiences.

In light of the Polycystic Ovary Syndrome (PCOS) awareness month, Unmukti put up various informational posts on our social media handles in September to raise awareness about PCOS among the students. A breast cancer

Nodal Officers for Gender Champions/ Faculty Convenors :

Dr. Aneeta Rajendran

Dr. Manju Khosla

Student Convenors :

Gender Champions from Various Courses

2021 has been a year of growth and learning for all of us at UNMUKTI, the Women's Development Centre of Gargi College. Ever since the COVID-19 pandemic started, colleges had been closed making offline events and activities impossible. However, adhering to our goal of persistent, continuous and sustained efforts to fight against intolerance and inequality, we conducted several online activities in collaboration with different organisations and societies. We held "The Rising Gardens Film Festival" in collaboration with Kriti Film



Information campaign about PCOS

webinar followed this on 9 October 2021, conducted in collaboration with NSS, Gargi College. **Dr. Vineeta Goel**, from the Department of Radiation Oncology, Fortis Hospital, helped clear the doubts and myths about breast cancer and shared valuable knowledge with the participants.

We also had two in-house workshops for the WDC members. The first one was "Feminist analysis and writing", conducted by **Dr. Aneeta Rajendran**, Department of English, the Teacher Convenor of WDC. **Ms. Ammu Jeyakirthana** from the Department of English conducted a workshop on "Exploring autonomy and its representations". These workshops were pivotal in helping the members better understand various issues and express them through their creative outlets.

A talk on "Intersectionality and mental health" by **Dr. Nitya Prakash** was held in collaboration with Samarth and the White Rose Club. The conference highlighted the intersections between our various identity markers and mental health. It helped in giving a clear sense of the whole concept of intersectionality.



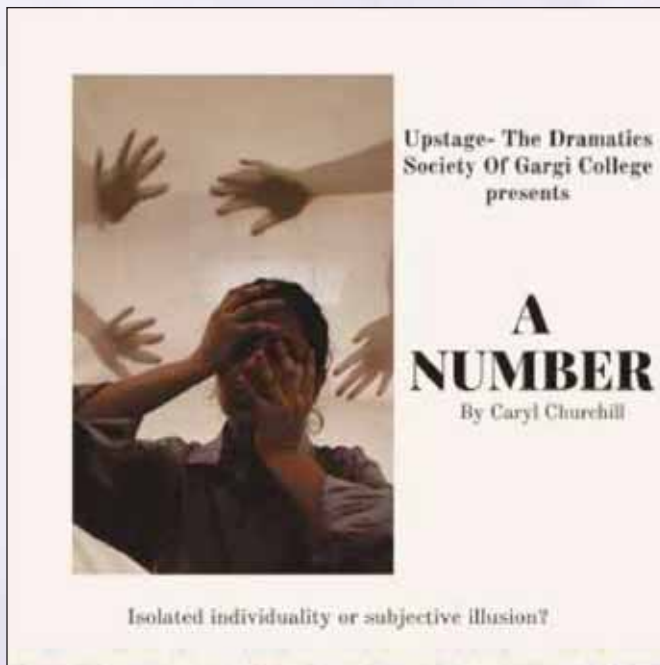
Pink Month Awareness webinar, Oct 2021



Students making art on International Womens Day, March 8, 2022

Taking part in our college festival Reverie, Unmukti organised "PARIVARTAN" - a competition where participants were asked to submit abstracts on issues related to women, empowerment etc. In celebration of the 113th Women's Day, we finally got to hold our first offline event since the pandemic started. We invited our college students to make art with us - posters, slogans, poems, drawings and more. This was met with very enthusiastic responses, as everyone depicted their perceptions of equality and inequality in society on paper.

UPSTAGE - The Dramatics Society



Annual Production 2020-21

Teacher Convenor :
Dr. Suchitra Bharti

Teacher Co-Convenor :
Dr. Anamika

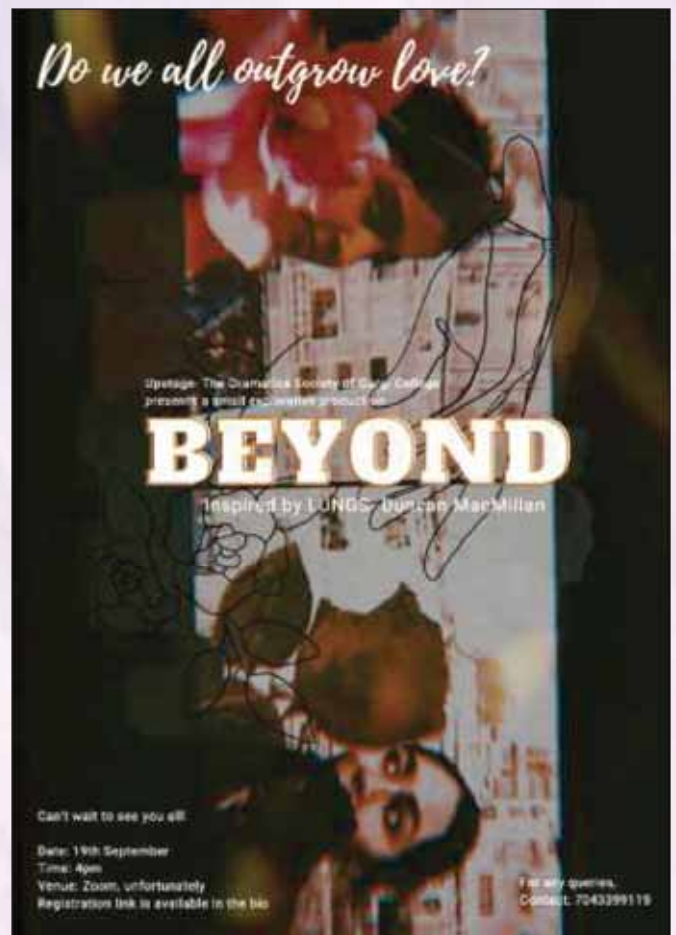
Student Convenor :
Ms. Lisa Keshariya

Student Co-Convenor :
Ms. Ria Kapoor

Despite the barriers of online medium, Upstage was able to carry out a successful year. Our annual production for the year 2020-21, A Number was performed at various platforms and widely appreciated, while having bagged numerous

awards, including the best production and best actor. The beginning of the year was marked with team recruitment. After which, the team further explored shadows, sounds, media outlets and elemental theatre; which came to bring together an explorative production by society first years: 'Beyond'. This was an online production presented to a virtual audience, which was also highly praised.

Apart from this, Upstage held workshops by **Mr. Ravi Kalra**, to help the members keep constantly growing and learning. We also collaborated with Abhivyakti- The Dramatic Society of Maitreyi College, for a theatre workshop in both, online and offline mediums. In October 2021, our production for this year, The Fisherman, The Writer and The Skeleton Woman, started coming into form. It is a simple yet unsettling story of a fisherman-turned-writer coping with grief, rejection and made-up worlds. Throughout the entire piece, the plot revolves and shifts from the present to the time in past and in and out of the writer's (Blake) stories. The



Experimental production of the year 2020-21



Offline Production of this year

entire play is marked by metaphors and symbolisms connecting people to characters in a story taking turns to unravel to Blake, the enthralling journey of conception to abandonment of an idea.

This time, the team was preparing for an offline as well as online production. Through the online medium, we grabbed the opportunity to experiment with lights, sound and camera. We participated at the Thespo Flagship 2022 prelims and Mood Indigo by IIT Bombay (prelims) in October'21, receiving critical acclamations by the judges respectively. We also performed at Reverie'22, the cultural fest of Gargi College, the piece for which we prepared in ten days. Upstage plans and works towards taking this play to various platforms such as commercial screenings and competitions.



Online production of this year.

Department Associations

GARGI COLLEGE

Department of Botany

Faculty Advisors : Dr. Garvita Singh, Dr. Pritam Kaur, Dr. Preeti Agarwal & Dr. Akanksha Madan

The Gargi College Botanical Society (GCBS-TARU) inaugurated the Academic Session 2021-2022 with an inaugural lecture titled 'Biodiversity for Everyone's Life' by **Professor Dinabandhu Sahoo**,



Inaugural Lecture by Dr. Dinabandhu Sahoo

Department of Botany, University of Delhi on 28 August 2021. The Inaugural session also announced the theme, 'Altruistic Gaia: still one Earth?' for the department's Annual Magazine Anthesis (Volume 17). On 8 January, 2022 a lecture witnessing participation from across departments on 'Virtual Botanical Excursion' by retired Associate Professor of the department - **Dr. Gita Mathur** was organised.



Virtual Botanical Excursion event by Dr. Gita Mathur

Competitions like Intercollege Infographic Poster Making competition themed 'Conserving Gaia's Elixir Vitae', an Inter-departmental Mask'in'Art crafting competition themed Remoulding Masks into Canvases, an inter-departmental 'Mountain Day' photography



Mountain Day Events



Best-out-of-waste

event, followed by 'Best-Out-of-Waste' competition for the students were organised throughout the year. A flower show followed by sapling distribution event organised by the department in association with the garden committee on 11 March 2022 was a huge success.



Sapling Distribution



Infographics Poster Making Competition

Informational clips were shared on various social media platforms to mark the importance of World River Day, World Habitat Day, World Food Day, World Science Day and World Mountain Day and this was a very innovative new step taken by the Botany Department to spread awareness. One can Visit the Society Page on Instagram @gcbs_taru for Recent Infographic Clips circulated by the Department.



Sapling Distribution and flower show

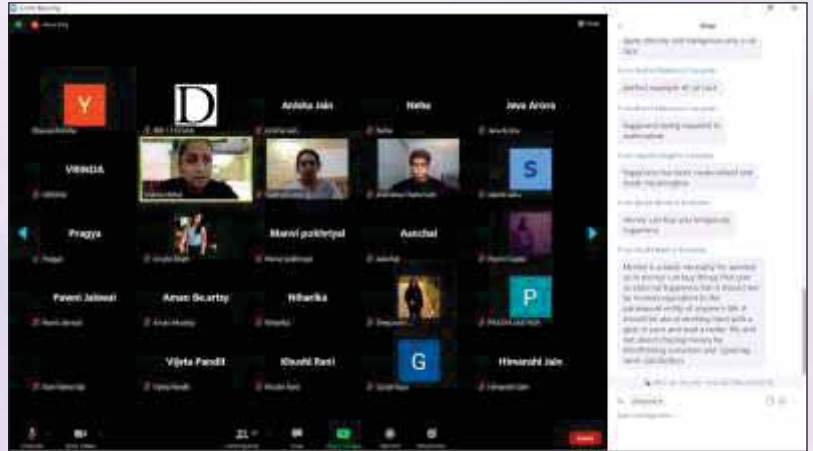
The Botany Department will soon release the 17th issue of the Annual e-Magazine-Anthesis.

GARGI COLLEGE

Department of Business Economics

Faculty Advisors : Ms. Pooja Gupta & Ms. Gunjit Kaur

The Business Economics Department organised its orientation session for the batch of 2021-24 on 22 November 2021. The session began with a brief introduction of the BBE Department faculty members, followed by an overview of what Business Economics as a discipline revolves around and the various courses that come under it.



Be Your Own Lakshmi - Webinar on Financial Literacy by Mrs Shikha Mittal



Webinar on CAT Preparation and MBA by Mr Abhishek Agarwal, T.I.M.E Institute of Management

The BBE Department conducted various interactive sessions throughout the year hosting speakers from prestigious institutions and work fields. One such session was regarding CAT preparation and M B A by Mr . **Abhishek Agarwal**, Director, Triumphant (T.I.M.E.), Jabalpur.

Another session on UPSC life and preparation was addressed by **Mr. Deepak Gupta** who is the former Chairman of UPSC. These sessions are aimed at making students aware and more adept. The association also catered to the issues faced by students in their daily lives. Considering the same and the dire need for financial literacy, a session 'Be Your Own Lakshmi' was conducted where **Miss Shikha Mittal** (founder and director of Be.artsy, a for-profit social awareness enterprise and featured in the Forbes India W-Power Trailblazers List 2019), shared insights about the same.



Webinar on UPSC Life and Preparation by Mr Deepak Gupta, former Chairman of UPSC



Orientation Session for the Batch of 2024

GARGI COLLEGE

Department of Chemistry

Faculty Advisors : Dr. Geeta Saini & Dr. Taruna Singh

Rasgandhayan, The Chemical Society of Gargi college organised multiple events in the session 2021-22. The year began with a virtual event, शिक्षकेभ्यः नमः, organised on 4 September 2021, celebrating Teachers' Day. It was an interactive event organised to show gratitude to the teachers, which was filled with games and laughter.

To mark India's River week, Rasgandhayan organised a three-day event, Pushkaram, from 24-26 September 2021. On 24 September 2021, an inaugural lecture was organised on "River Rejuvenation". The speaker for this auspicious event was **Dr. Rajiv Ranjan Mishra**, The Director-General of the National Mission for Clean Ganga, who highlighted the dire situation of the rivers and showed everyone the opportunities through which they can contribute to their rejuvenation. On the second day of Pushkaram, an inter-college picture depiction competition, Raconteur was conducted. The three-day event concluded with an Online Spoken Word Competition, Voice of the River.



Inaugural Lecture by Dr. Rajiv Ranjan Mishra, Director-General of the National Mission for Clean Ganga

An informative 3-day workshop on 'Career Prospects for Science students' was organised from 18-20 October 2021. The first day was an enlightening session on 'Profile Building and Career Counselling' by **Mr. Abhishek Gupta**, Byju's National eminent speaker and founding member of Career Labs followed by a phenomenal lecture by **Dr. Preeti Rao**, dietician and founder of "Diets and Nutrition" on the topic 'Health and Nutrition, on the second day. Day 3 embarked with **Mr. Gaurav Gupta**, co-founder, and director of "Advit Ventures Private Limited", introducing 'Silicon Solar Cells- A career option for science students.

To celebrate the auspicious festival of Diwali, a virtual rangoli-making competition was organised, followed by an educational webinar on 3 January 2022, that intended to highlight some competitive exams for students currently pursuing B.Sc., by **Mr. Pradeep Singh**, CEO, and faculty member in Chem Academy.

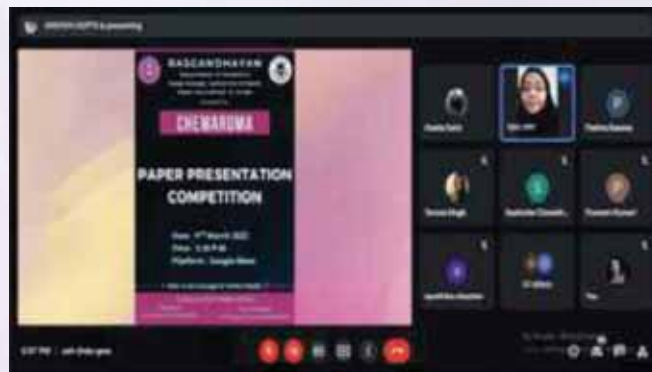


Interactive Session with Mr. Pradeep Singh, CEO Chem Academy

The most anticipated, Aagaaz, fresher's 2022, a virtual fun pack event for first years, was organised on 15 January 2022, where the seniors extended a very warm welcome to the college and the department. On 16 February 2022, Rasgandhayan organised its annual Dr. C.K. Khurana Memorial Lecture on the topic 'Plastic Waste Management by a very renowned speaker, **Dr. R. Vasudevan**,



Dr. C.K. Khurana Lecture, with the Plastic Man of India, Dr. R. Vasudevan



Departmental Fest, Chemaroma, Paper Presentation Competition held on 9th March, 2022

Padma Shree Awardee, also known as the Plastic Man of India, who showed light on the waste management process of plastic and how it can be considered as a boon instead of a bane. CHEMAROMA, the department's annual event consisted of a paper presentation competition, followed by an idea proposal competition, 'Innovative Mind Battle'.



Active participation of students in Paper Presentation Competition held on 9th March 2022

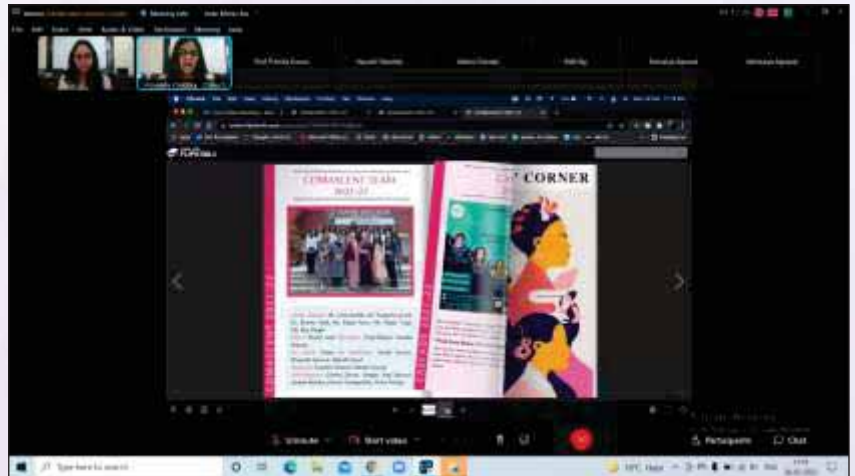
GARGI COLLEGE

Department of Commerce

Faculty Advisors : Dr. Sheela Dubey, Ms. Sumant Meena, Ms. Aakriti Chaudhry & Dr. Varun Bhandari

With the changing dynamics, the Commerce department never fails to incorporate numerous aspects into its activities that enable one to keep up with the corporate world in the most engaging way possible. From seminars to Pan India Conclave, The Commerce Association ensured to make the academic year 2021-2022 a fruitful one by organising many events.

'Entrepreneurship Conclave' was organised by the department on the theme "Entrepreneurship: Culture & Creativity," through which the scope and robustness of small businesses in the Indian economy was highlighted. The conclave was preceded by a campaign that showcased and promoted the small businesses of students at Gargi College. The campaign also enabled us to witness the potential of entrepreneurship and how unconditionally it fosters creativity. The formal event, which took



Unveiling COMASCENT, the bi-annual magazine of the department of commerce

place on 29 October 2021, included an alumnae connect where prominent entrepreneurs of Gargi College, shared their journey, experiences, and the challenges they faced along the way. Comascent, the bi-annual magazine of the Commerce Department, revealed its first issue in the E-Conclave. It revolved around the theme of the conclave and covered various aspects related to gender, regional development, growth, environment. It also covered a section of "Alumnae Speak" in which alumnae who are well established entrepreneurs shared their motivations, experiences and challenges that they faced while starting their venture. A paper presentation competition was held as a part of the entrepreneurship conclave and the abstracts of the best eight papers were included in the issue which were meticulously crafted by students from all over India keeping in mind the theme of the conclave.



A snapshot of the ideas and the journey of entrepreneurship shared with young minds by our speakers in the E-Conclave



Eminent panelists sharing their thoughts at CASCADE, the Annual Fest of the Department of Commerce

Co. The panel discussion was moderated by Dr. Anjana Neira Dev, Associate Professor, Department of English, Gargi College. To provide students with a chance to put on their thinking caps and win attractive prizes, the commerce association organised two informal events, namely, Bidding Arcadia and The Uncanny Quest. The former consisted of a virtual auction where participants could bid for

The annual flagship event of the commerce department Cascade - The annual fest was organised on 28 February 2022 with the theme "Work from Home, The New Normal: A Boon or Bane for Women," where we explored the deeply rooted and unfair gendered social that prevails and its psychological, emotional, and economic impact that often goes unnoticed. With Cascade 2022, we were able to get a first-hand account of what



A sneak peek into the much insightful and enlightening Paper Presentation Competition

goes on behind the incessant zoom calls and the efforts to establish a healthy work-life balance. The formal event consisted of a panel of eminent speakers consisting of **Ms. Deepshika Kumar**, Founder & CEO, SpeakIn; **Ms. Manvi Sharma**, Consulting Psychologist, The Secret Ingredient Mental Healthcare; **Ms. Shikha Verma**, Happiness Coach and Evangelist and **Ms. Shweta Shroff**, Equity partner, Shardul Amarchand Mangaldas &

props from their favourite TV shows. Our second informal event consisted of a twisted case study with riddles and real-life situations. The second issue of Comascent revolved around the theme of Cascade: "Work from Home, The New Normal: A Boon or Bane for Women". The magazine covered a variety of sub-themes under the topic and talked about mental health, domestic violence and self-care neglect.

GARGI COLLEGE

Department of Economics

Faculty Advisors : Ms. Garima Goel & Dr. Jyoti Mavi

Ecomantra, The Economics Association of Gargi College conducted the Department Orientation on 22 November 2021. It further hosted a Career Counselling Session on 26 November 2021 and invited **Mr. Deepak Kumar** from Career Counsology, a leading Career Counselling Institute to guide the students of the department for future career prospects and the trajectory they should follow.

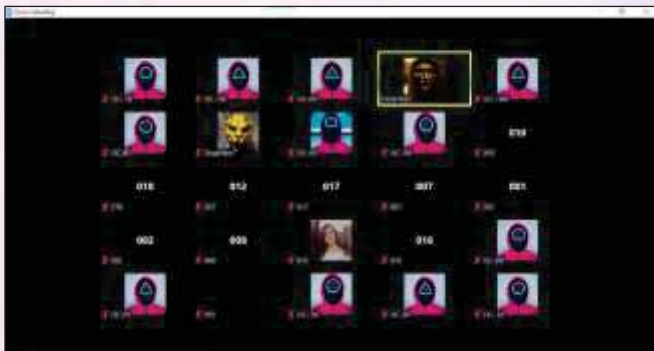
To aid the department bonding process and help foster a feeling of belongingness, the association conducted a session on 5 January 2022. To welcome the first years to the department, the association organised an icebreaker fresher's party on 22 January 2022. Ecomantra also organised an unconventional quiz consisting of three interactive and engaging rounds inspired by the popular show-Squid Game on 12 February 2022.

The department hosted its 10th Annual Festival-ArthGyaan '22 on the theme 'India's Growth Trajectory-Prism of Infinite Possibilities: Innovation, Covid and Policies' on 12 March, 2022. The fest started off with a speaker session and the association hosted **Dr. Gaurav Dhamija**, Professor, Indian Institute of Technology, Hyderabad as the esteemed speaker. On the same day, the association also organised three



Inaugural lecture by Dr. Gaurav Dhamija

more events namely 'The Entrepreneurial Venture' which was a Shark Tank Simulation, 'The Last Suspect' which was an unconventional mystery unravel event and 'The Hotel Mania' which was a monopoly inspired event leading participants to understand market trends and building their dream hotel. Apart from the aforementioned events, the fest also entailed a meme submission competition wherein participants were required to submit economics-related memes.



Student participation in quiz



Interactive session



Department Fest

GARGI COLLEGE

Department of Elementary Education

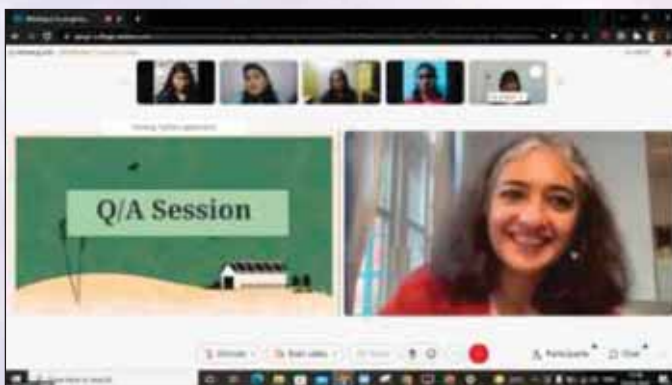
Faculty Advisors : Dr. Jyoti Raina, Dr. Prachi Kalra & Dr. Suman Lata

The Elementary Education Department organised a host of activities during the academic session 2021-2022. The first Academic Enrichment program 'The Weft and Weave of Academic Writing' was marked with our eminent speaker, **Dr. Shivani Nag**, addressing some key aspects about academic writing. She drew a distinction between



Academic writing program

normal writing and academic writing by explaining the significance of the latter. The importance for academic writers to engage with the content and have conceptual understanding was explained with different examples. The sessions ended with an interesting question and answer



Question & Answer session with Dr. Shivani Nag

session, where doubts of the students regarding academic writing were taken. Our alumni working as school teachers took a series of workshops in Language, Maths, and EVS with 4th year students to orient and prepare them for school internship in online mode, using online resources to make their classes more engaging and meaningful.

The third year B.El.Ed. students got an opportunity to complete a Teacher Professional Development Program for 15 days and receive certificates. They also attended a 10 days workshop on Mathematics and Science teaching in online mode conducted by AA Vishkaar : Center for Science, Arts, vMath and Technology, Palampur Himachal Pradesh. **Arvind Kumar Misra**, Zakir Hussain Centre for Educational Studies, JNU delivered a lecture titled 'Towards a New Psychology of Education' in which he critiqued the mainstream educational psychology frameworks for their reductionist, measurement-oriented and limited approaches to the study of human psychological functioning. The speaker has published extensively proposing a new vision of psychology and shared his incisive insights with the audience.

A discussion-cum-workshop with Hindi writer **Anil Singh** was organised for second year students. The title was: 'Reading a story with the writer'. The aim was to respond to a story and discuss its emotional appeal in the presence of the writer. The workshop also focussed on writing for children and how to turn a personal anecdote into a story. The B.El.Ed association 'Asmi' organised its Edufest online. The guest speaker was **Samina Mishra**, a writer and documentary filmmaker. She shared her documentary on the Happiness class which was introduced in 2018 by the AAP



Happiness class with Ms. Samina Mishra

government in Delhi government schools from classes 1 to 8. The discussion with **Samina Mishra** focussed on her experiences while making the documentary and what it revealed about the Happiness classes. Prior to the discussion, students

shared a stop-motion animation which they had created on one of Samina's picture books - 'Shabana and the goat'. The discussion was followed by several student events.



Samina's Picture Book - "Shabnam and the goat"

GARGI COLLEGE

Department of English

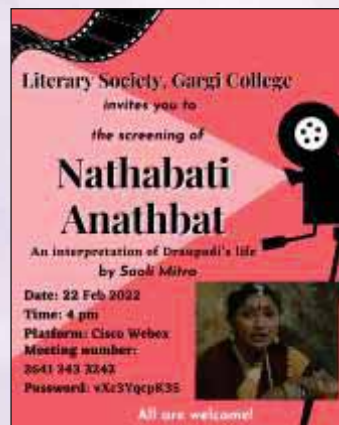
Faculty Advisor : Dr. Arunima Das

English Literary Society, Gargi College aims at fostering students' love for language and literature. It gives a platform to display their intellectual and independent thinking skills by imbibing a sense of self efficacy and self-confidence. English Literary Society made the best use of the online mode of interaction to host a few events in the academic year 2021-2022.

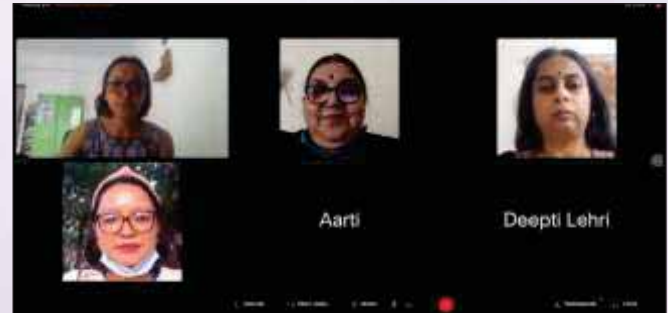
Ms. Sanam Khanna, Associate Professor, Department of English, Kamala Nehru College delivered an online lecture on Science Fiction with special reference to Ursula K Le Guin and her story "The Ones who walk away from Omelas" on 18 September 2021. The first of the academic enrichment activities for our students was an insightful lecture, followed by a stimulating discussion.

After the Department Orientation on 22 November 2021, English Literary Society welcomed the students of 1st year on 10 December 2021. A Quiz Competition was organised on the theme of popular literature in order to familiarise the new students with the workings of literature. Students conducted an internal election to form their committee over the next few days.

An online screening of 'Nathabati Anathbat: An Interpretation of Draupadi's Life', a powerful rendition by **Saoli Mitra** was done on 22 February 2022 followed by an intense discussion. Mitra's skillful rendition through her mono-act, accompanied by



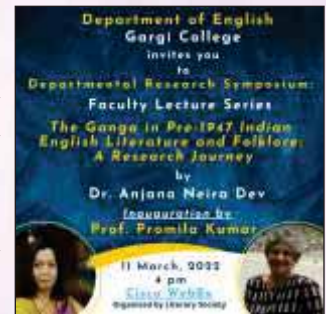
Screening of Nathabati Anabat



Q & A session during an event

musicians, was a mesmerising interpretation of multiple characters from the Mahabharata.

English Literary Society has initiated Department Research Symposium: Faculty Lecture Series. The series aims to open up space for discussion in the academic discourse by faculty members, and help students in synthesising their ideas and get introduced to multiple relevant research programmes.



Inauguration of Department Research Symposium

This was inaugurated on 11 March 2022 by Prof. Promila Kumar, Principal, Gargi College and the first lecture was delivered by **Dr. Anjana Neira Dev** on "The Ganga in Pre-1947 Indian English Literature and Folklore: A Research Journey".



Lecture by Dr. Anjana Neira Dev

गार्गी कॉलेज

हिन्दी साहित्य परिषद्

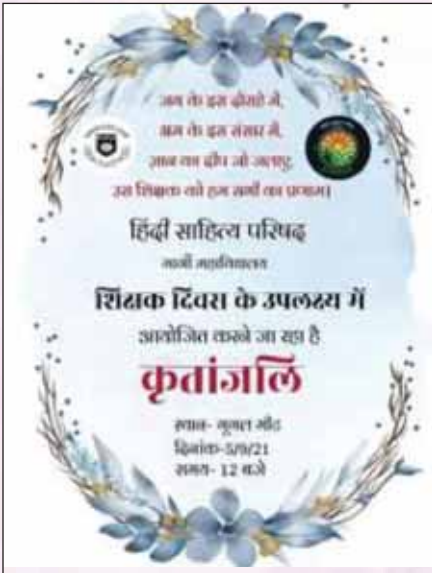
शिक्षक संयोजिका : डॉ. मीना

हिन्दी साहित्य परिषद् ने शैक्षिक वर्ष 2021–2022 में अनेक कार्यक्रमों का आयोजन किया। सत्र का आरंभ परिषद् के छात्र संघ के विविध पदों के प्रतिनिधियों के चुनाव से हुआ। हिंदी साहित्य परिषद् द्वारा 11 जनवरी 2022 को संघ 21–22 के चुनाव ऑनलाइन गूगल फॉर्म के माध्यम से करवाए गए। पदाधिकारियों के नाम इस प्रकार हैं –

हिन्दी साहित्य परिषद् संघ 2021–22 : बबली शर्मा, तृतीय वर्ष (अध्यक्ष), लतिका शर्मा, द्वितीय वर्ष (उपाध्यक्ष), तान्या शर्मा, द्वितीय वर्ष (महासचिव), साक्षी मिश्रा, तृतीय वर्ष (सांस्कृतिक सचिव), तान्या सिंह, द्वितीय वर्ष (कुलानुशासक), अमीषा, प्रथम वर्ष (कोषाध्यक्ष)।

कक्षा-प्रतिनिधि : पूजा कुमारी, भारती भारद्वाज (तृतीय वर्ष), मान्या वर्मा, अदिति (द्वितीय वर्ष), लवली अपराजिता, दीक्षा ठाकुर (प्रथम वर्ष)।

कृतांजलि शिक्षक दिवस समारोह :



05 सितंबर 2021 को हिंदी साहित्य परिषद् द्वारा 'कृतांजलि' शिक्षक दिवस के उपलक्ष्य में ऑनलाइन पोस्टर मेकिंग प्रतियोगिता का आयोजन करवाया गया। इस प्रतियोगिता में प्रतिभागियों को दो विषय दिए गए : 1. जीवन में शिक्षक की भूमिका और 2.

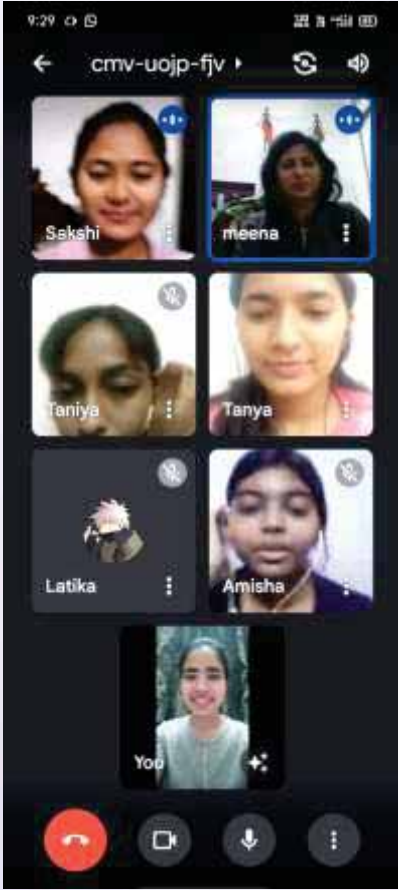


कृतांजलि शिक्षक दिवस

गुरु का महत्व। जिनके आधार पर प्रतिभागियों ने पोस्टर बनाए और उन्हें गूगल मीट के माध्यम से प्रदर्शित किया। प्रतिभागियों से उनके पोस्टर से संबंधित कुछ प्रश्न भी किए गए जिनके उन्होंने बहुत ही सराहनीय उत्तर दिए। प्रतियोगिता के निर्णायक के रूप में डॉ. श्रीनिवास त्यागी और डॉ. मीना जी को आमंत्रित किया गया। निर्णायक मंडल द्वारा प्रथम स्थान पर द्वितीय वर्ष से अदिति तिवारी, द्वितीय स्थान पर तृतीय वर्ष से नीता पाल, तृतीय स्थान पर द्वितीय वर्ष से रिचा कुमारी और काजल कुमारी को चुना गया।

गणतंत्र दिवस समारोह :

27 जनवरी 2022 को हिंदी साहित्य परिषद् द्वारा डॉ. मीना के मार्गदर्शन में "आजादी का अमृत महोत्सव" गणतंत्र दिवस के उपलक्ष्य में ऑनलाइन स्वरचित काव्य पाठ प्रतियोगिता का आयोजन करवाया गया। जिसमें समस्त हिंदी विभाग के शिक्षकों की उपस्थिति रही एवं संघ के समस्त सदस्यों की



काव्य पाठ प्रतियोगिता

भी पूर्ण रूप से भागीदारी रही। काव्य पाठ प्रतियोगिता में छात्राओं का अलग ही उत्साह देखने को मिला। काव्य पाठ के निर्णायक मंडल के रूप में डॉ श्रीनिवास त्यागी और डॉ सुचित्रा भारती जी को आमंत्रित किया गया। स्वरचित काव्य पाठ प्रतियोगिता में 38 छात्राओं ने भाग लिया। प्रतियोगिता के निर्णायक मंडल द्वारा विजेताओं की घोषणा की गई जिनमें प्रथम स्थान तृतीय वर्ष की छात्रा सुमन कुमारी को दिया गया व, द्वितीय स्थान तृतीय

वर्ष की छात्रा नीता पाल को दिया गया, तृतीय स्थान द्वितीय वर्ष की छात्रा शान्या दास व प्रियांशी दुबे को दिया गया। इस प्रकार गणतंत्र दिवस के उपलक्ष्य में आयोजित स्वरचित काव्य पाठ प्रतियोगिता सफलतापूर्वक संपन्न हुई।

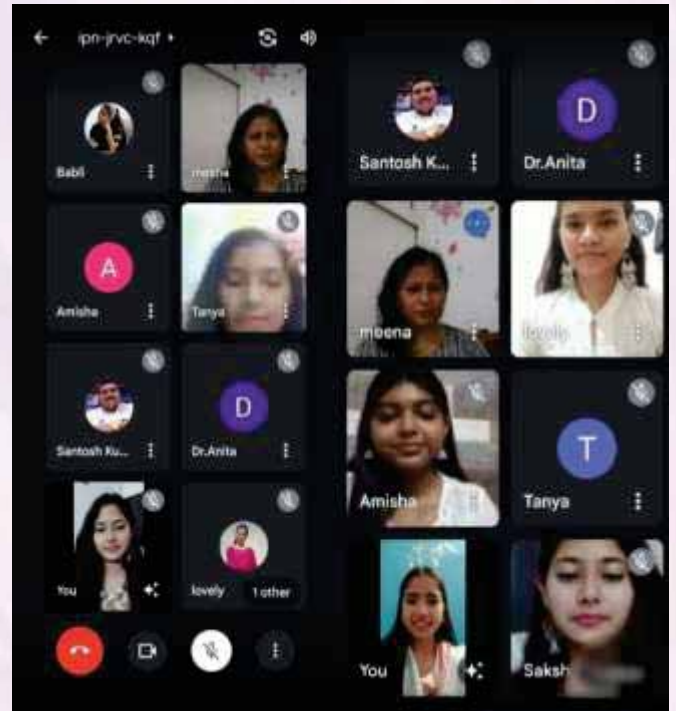
अनुगूँज वार्षिक महोत्सव

भाषण प्रतियोगिता

08 अप्रैल 2022 को हिंदी साहित्य परिषद द्वारा डॉ. मीना के मार्गदर्शन में 'अनुगूँज' वार्षिक महोत्सव के उपलक्ष्य में ऑनलाइन अंतर महाविद्यालय भाषण प्रतियोगिता का आयोजन करवाया गया। जिसका विषय 'आजादी का अमृत महोत्सव : हिंदी कल आज और कल' रखा गया। कार्यक्रम में समस्त हिंदी विभाग के शिक्षकों की उपस्थिति रही एवं संघ के समस्त सदस्यों की भी पूर्ण रूप से भागीदारी रही। भाषण प्रतियोगिता के निर्णायक मंडल के रूप में डॉ. श्रीनिवास त्यागी और डॉ. रागिनी सिंह जी को आमंत्रित किया गया। प्रतियोगिता के निर्णायक मंडल द्वारा विजेताओं की घोषणा की गई जिनमें प्रथम स्थान तृतीय वर्ष की छात्रा सुमन कुमारी को दिया गया व द्वितीय स्थान प्रथम वर्ष की छात्रा दीपशिखा को दिया गया।



गणतंत्र दिवस के उपलक्ष्य में आयोजित स्वरचित काव्य पाठ प्रतियोगिता



भाषण प्रतियोगिता

अनुच्छेद लेखन प्रतियोगिता

8 अप्रैल 2022 को हिंदी साहित्य परिषद द्वारा 'अनुगूज' वार्षिक महोत्सव के उपलक्ष्य में अनुच्छेद लेखन प्रतियोगिता का आयोजन करवाया गया। जिसका विषय 'साहित्यिक दर्शन ही समाज का वास्तविक दर्शन है' रखा गया। जिसमें सभी प्रतिभागियों ने अपने अनुच्छेद हिंदी साहित्य परिषद की मेल आईडी पर भेजे। कार्यक्रम में

हिंदी विभाग की छात्राओं एवं संघ के समस्त सदस्यों की भागीदारी रही। अनुच्छेद लेखन प्रतियोगिता के निर्णायक मंडल के रूप में डॉ. पार्वती और डॉ. सुचित्रा भारती जी को आमंत्रित किया गया। निर्णायक मंडल द्वारा प्रथम स्थान पर द्वितीय वर्ष की छात्रा जया शर्मा, द्वितीय स्थान पर तृतीय वर्ष की छात्रा सुमन को चुना गया।

हिंदी साहित्य परिषद
हिंदी विभाग, गार्गी कॉलेज, प्रस्तुत करता है -
वार्षिकोत्सव
अनुगूज '2022
अनुच्छेद लेखन प्रतियोगिता
विषय: साहित्यिक दर्शन ही समाज का वास्तविक दर्शन है।
दिनांक- 08/04/2022

बबली शर्मा अध्यक्षा 7827875463	साक्षी मिश्रा सांस्कृतिक सचिव 88398 92285	तानिया महासचिव 78384 51838
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अनुच्छेद लेखन प्रतियोगिता

GARGI COLLEGE

Department of History

Faculty Advisor : Dr. Megha Shukla

2021-22 was an eventful year for the Department of History. An online talk on Harappan Civilization by **Dr. Gunjan Srivastava**, Superintending Archaeologist, Archaeological Survey of India, Delhi Circle was organised on 17 December 2021. On 7 February 2022, an online lecture on Radio was delivered by **Ms. Venu Arora**, Ideosync. This was done in collaboration with Navdrishti, the B.A. Programme Association. On 22 February 2022, the department celebrated its annual festival - Antaraal on the theme of Regional History. Our distinguished Speakers were **Prof. Nandini Sinha Kapur**, IGNOU and **Dr. Ranjeeta Dutta**, JNU. The festival also successfully included academic and

cultural activities for students. On 4 March 2022, an online Talk on the Indian Diaspora by **Dr. Amba Pande**, SIS, JNU was organised as part of Reverie activities. On 10 March 2022, SEC students pursuing Archives and Museums courses visited the Zoology Museum of the college in collaboration with the Department of Zoology. On 15 March 2022, the Department, represented by Dr. Megha Shukla and three final year students, participated in the Workshop on Heritage conducted by INTACH, New Delhi. And wrapping up the session's calendar was an excursion to Humayun's Tomb complex on 30 March 2022 for the students pursuing the Delhi Through The Ages paper.



Antaraal 2022

GARGI COLLEGE

Department of Mathematics

Faulty Advisors : Ms. Pooja Gupta, Mr. Ramakant Prasad & Ms. Anshika Agarwal

Mathema, The Mathematics Association of Gargi College, University of Delhi organised a webinar on 'Tales of the constant e', under the aegis of IQAC. Dr. Tanvi Jain, Associate Professor, Indian



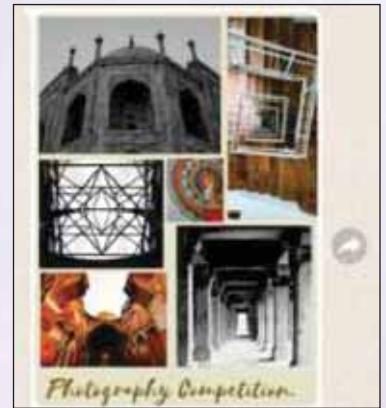
Webinar 'Tales of Constant e' Led by Dr. Tanvi Jain

Statistical Institute, Delhi was the guest speaker. A two day career counselling session was also conducted for the students of the mathematics department. The guest speakers were Mr. Siddharth Rathore, Assistant Professor, Department of Economics, Gargi College and Ms. Madhu Meena, CDGA Auditor. The department also organised a series of competitions and events open to all undergraduate courses and colleges.



Career Counsel Guide for Young Aspirants

Article writing competition was organised on the topic 'Role of mathematics in evolution'. An Instagram reel making competition was held with the theme being mathematics. Photography Competition had Geometrography as the topic and Quizzards of mathematics, an online quiz competition was also organised. On 28 February 2022, in association with other science departments, the mathematics association organised an online paper presentation competition and a slogan writing competition celebrating National Science Day. All the topics for the competitions were based on the main theme for the day - 'Integrated approach in science and technology for a sustainable future'. This event has been marked as a reminder to all the students about the significance of science and also sustainable development. All these competitions brought forward some unthinkable and outstanding concepts which explained a lot of known ideas and opened doors to unknown ones.



Blindsiding Entries Gained under the Photography Competition



Active Participation of Students in Quizzards of Mathematics

GARGI COLLEGE

Department of Microbiology

Faculty Advisor : Dr. Surabhi Shrivastava



Anusandhaan Competition

The emergence of the COVID-19 pandemic shifted the teaching-learning paradigm to an online mode. Making the most of this new normal, the Microbiology society of the Department, G.E.R.M.S organized a plethora of interesting

lectures and competitions. These online activities were conducted successfully and with great enthusiasm collectively by the teachers and students. A lecture was organised by **Dr. Sobhan Sen**, Associate Professor, School of Physical Sciences, JNU on 'Fluorescence Spectroscopy and its Utility in Biology and Chemistry'. A career counselling session with **Mr. Lalit Pankaj**, Founder "Future Ready With Lalit and a national webinar on Bio-entrepreneurship by **Mr. Vijay Kantharia**, in association with BioNEST-UDSC were also conducted. The department also hosted its first-



Department Fest



Guest Lecture Dr. Sobhan Sen

ever mental health event – Roohaniyat – that had over 130 attendees with an art therapy workshop by **Ms. Arti Gupta** of Fortis Healthcare and one on self-affirmations by **Ms. Jigyasa Tandon** of Psy-Fi: For A Healthy Mind. Various competitions included Anusandhaan (Welcoming Ideas of Science-Fiction), Spin-A-Slogan (Slogan-Making), League of Doodles (Doodle-Making), and Can-We-Twist (Alternate Endings to Sci-Fi Movies), which saw the participation of over 180+ students in total. Also in order to fuel the engagement with their notable alumni, M.A.S.I.F. – the alumni association of the department – commenced with a lecture-cum-interaction series 'Imprints'. It began with **Dr. Sonali Sengupta**, Guest Lecturer, Department of

Microbiology, Gargi College on 'Hepatitis B Virus', followed by **Dr. Swathi Arur**, Associate Professor, MD Anderson Cancer Center on 'Dicer1 Phosphorylation'. Further talks had **Dr. Ruchi Gulati Marwah**, Associate Professor, Microbiology Department, BCAS on 'Biofilms', **Dr. Harshini Mukundan**, Group Leader, Physical Chemistry and Applied Spectroscopy, LANL on 'Agnostic Diagnostics' and **Dr. Ashima Vohra**, Associate Professor, Microbiology Department, IHE on 'Gut Microbiota'. The year-round activities concluded with the department fest, Microcosm '22, having two contests- The MIC Quiz and Lights, Camera, Microbes.



Talk by Dr. Harshini

GARGI COLLEGE

Department of Philosophy

Faculty Advisor : Mohd. Inamul Haq

The Department of Philosophy GC organised following events :

- Webinar on Greek Philosophy on 6, 13, 22 and 29 July 2021 by **Dr. Vijay Tankha**, formerly at St Stephen's College, University of Delhi.
- Independence Day: "A Tribute to struggle". Documentary screening and Open Mic.



A tribute to struggle

- "World Philosophy Day" on 18 November 2021. Organised Nazariya: Awakening the inner muse.



Nazaria, Awakening the inner muse

- Initiated Webinar Series. Inaugural lecture by **Ms. Sania Ismailee**, IIT Delhi, visiting fellow at Columbia University on a Fulbright Nehru doctoral research grant and a split-site fellow at

Oxford University on 27 January 2022 on "Writing Research paper and scholarships for Higher studies".

- Department's Annual Fest 'Dialectica' on 9 March 2022, themed 'Disciplining Agency through Marriage'. Panel discussion by **Dr. Mary E John**, Centre for Women Development Studies, New Delhi, **Prof. Bijoy H Boruah**, IIT Delhi, and **Vqueeram Aditya Sahai**, Gender Activist. Other events included inter-college short-story competition, movie analysis and photography competition



Dialectica22 Panel Discussion

- Mimamsa: Philosophy Discussion Group that meets bi-monthly. Themes for this year



Mimamsa

included Freedom and sexuality, theories of meaning, transphobia and metaphysical scepticism, the abortion debate.

- The Department organises Orientation at the

beginning of the session to welcome new students.

- Student Union organises Fresher and Farewell at the appropriate time.



Farewell

GARGI COLLEGE

Department of Physics

Faculty Advisor : Mr. Munish

QUASAR, the physics society of Gargi College, organised lectures, competitions, summer workshops and fun activities in the academic session 2021-2022. The society provides a platform to young minds to come together and explore themselves. It has been a constant endeavour by the union members and faculty members to raise the bars with each passing year by consistent efforts.

A two day summer workshop was organised by the department during the summer vacations in July 2021. The first keynote address on “Single Crystal and Nano particles for Strategic applications” was delivered by **Prof. Binay Kumar**, Professor, Department of Physics and Astrophysics, University of Delhi. The second keynote address on “Extraction of oil from waste plastic” was delivered by **Dr. Ritu Dhingra**, Associate Professor, Maitreyi College. The lectures in the other sessions of the workshop were delivered by the following teachers of Gargi College; **Dr. Alka Garg**, **Dr. Supreeti Das**, **Dr. Vandna Luthra**, **Dr. Hira Joshi** and **Dr. Archana Tripathi**. The workshop was coordinated by **Dr. Alka Garg**.

Quasar, the physics society celebrated world food



Active participation of students on World Food Day quiz

day with the motto “Save food for a healthy tomorrow” on 16 October 2021 virtually with a documentary screening and a mind boggling quiz. The inaugural lecture was organised virtually on “Nanotechnology for semiconductors: Opportunities and Challenges” which was delivered by **Dr. Ashutosh Kumar**, scientist, RISE Sweden on 28 October 2021. Along with the lecture, the newly formed Union of Quasar was introduced and the annual magazine “Physikos” for the session 2020-21 was inaugurated.



Inaugural Lecture by Dr. Ashutosh Kumar

Quasar organised its next event in collaboration with AVNI, The Eco Club of Gargi College, the inaugural ceremony of setting up of E-waste Drop Box on 11 November 2021, where students and teachers were asked to bring any form of e-waste and to put that in the E-waste drop box.

Quasar then organised the career guidance session on JAM and JEST “Irshaad” for the students on 21 November 2021. Our former students **Ms. Tanvi** (AIR-143 JEST) and **Ms. Manisha** (AIR-388, IIT



Interactive career guidance session with Ms. Manisha and Ms Tanvi

JAM) shared the tips and tricks for cracking the exams.

For the first year students of B.Sc. Physics (Hons.) Quasar organised the orientation day on 22 November 2021. The students were formally welcomed and introduced to the department and college societies and guided by the teachers.

Quasar then organised a stress buster activity namely 'Cinema Quizohilic', a quiz on Bollywood on 16 January 2022.

Department of Physics and Microbiology under the aegis of National Academy of Sciences (NASI) organised a quiz virtually on "Air pollution: causes, prevention & remedies and policies" on 6 February 2022. Prof. Vandna Luthra and Prof. Shashi Chawla were the conveners of the event.

Quasar also organised a lecture virtually on "Why I loved science" which was delivered by **Dr. Kajol Banarjee**, retired principal scientist, GE's Global research Centre, Bangalore on 9 February 2022.

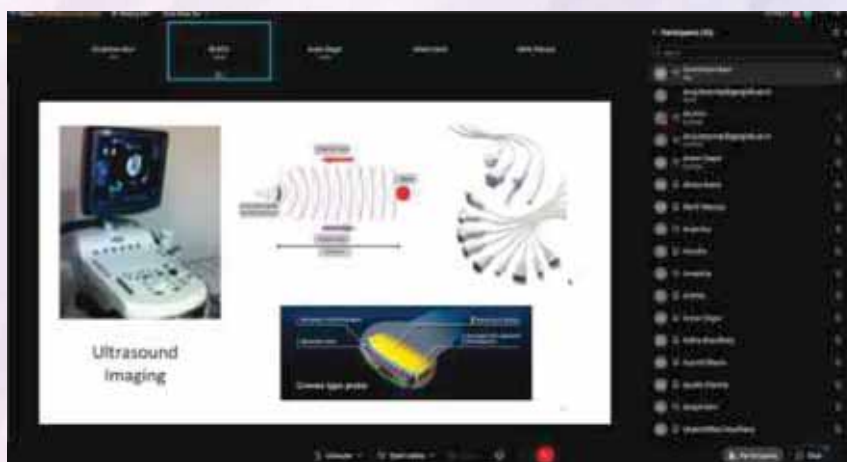
The Physics department in collaboration with NASI to commemorate Govt. of India's vision

"Vigyan Sarvatra Pujyate" to celebrate Azadi ka Amrit Mahotsav organised a completion "Vigyan Tarang: a step towards nourishing scientific temperament" to rediscover science through designing experimental setup or modelling through simulation on 28 February 2022. Dr. Alka Garg was the convener of the event.

On 28 February 2022, Quasar along with all the science and

mathematics department of the Gargi College in collaboration with IQAC organised a paper presentation event "Revel" to celebrate the ethos of the National Science Day and Nobel Prize of Sir C.V. Raman. The themes of the event were "Integrated Approaches in Science and Technology for a Sustainable Future" and "International Year of Basic Sciences for Sustainable Development by the United States". The same day the department also organised a parody and slogan writing Competition after REVEL.

Quasar then organised memania - a meme making competition in March 2022. The theme of the event were "Perks of being a Physicist", "Physics in our daily life", "Astronomy and Astrophysics".



Lecture by Dr. Kajoli Banerjee Krishnan

GARGI COLLEGE

Department of Political Science

Faculty Advisors : Dr. Maneesha Roy, Mr. Deoraj Singh & Dr. Seema Sharma

The academic year gone by very fruitful for the Department of Political Science. Several scholastic activities were carried out with full enthusiasm. The academic calendar of the Department for 2021-22 began with an international webinar on 'The Taliban Takeover: Implications for India and the World' on 17 September 2021. This virtual event was organised in collaboration with The Kootniti. The esteemed speakers for the webinar were **Professor Sumit Ganguly**, distinguished professor, Indiana University and **Ms. Suhasini Haidar**, renowned journalist, The Hindu. The second online Department Student Union Election was held on 25 September 2021 for the posts of President, Vice President, General Secretary, Treasurer and Proctors. The Department organised the screening of a documentary titled, 'Urgent Problems Urgent Solutions' to commemorate the

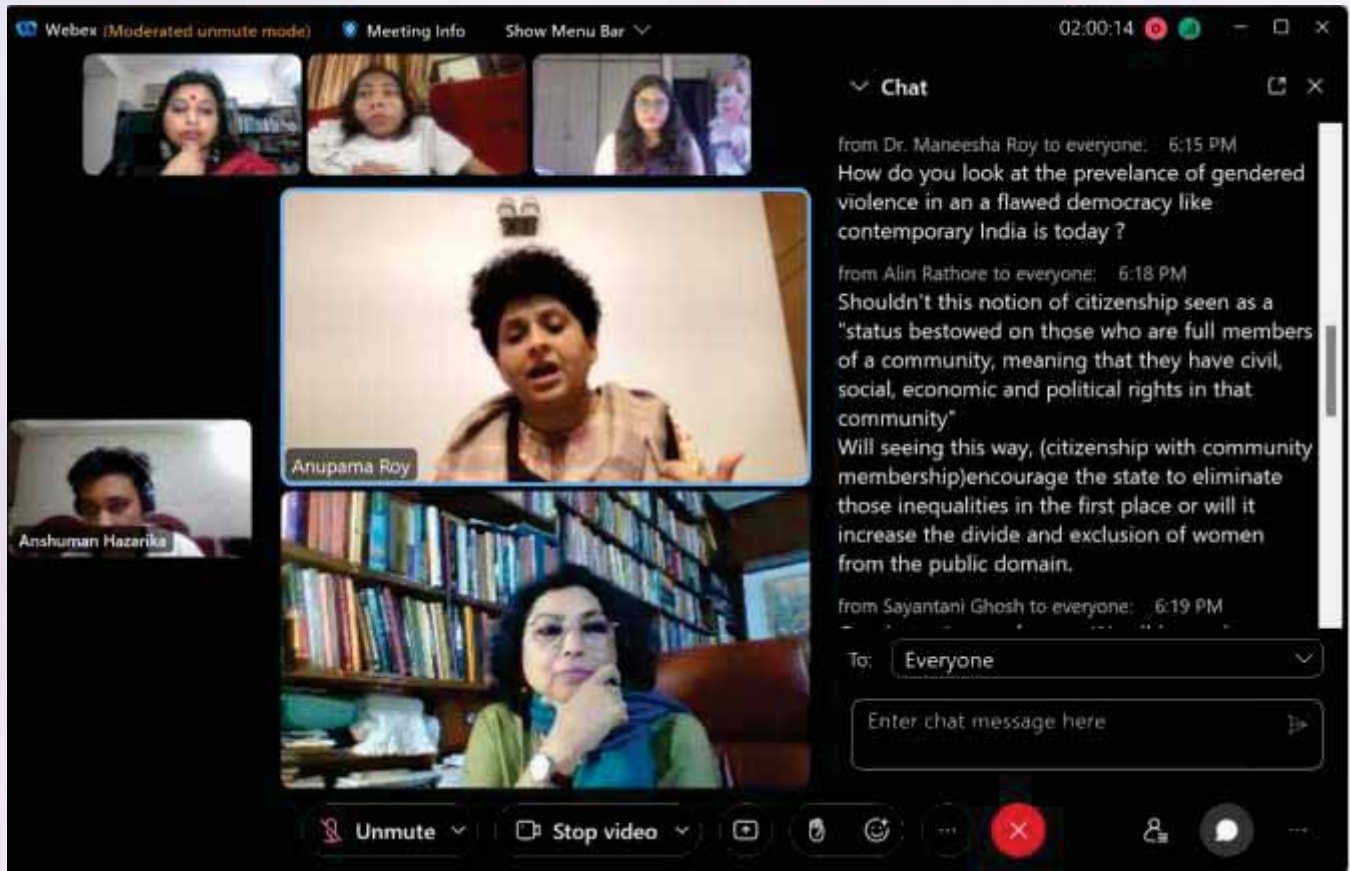
United Nations Day on 26 October 2021. **Ms. Katha Ray**, alumna, Department of Political Science was invited as the discussant for the documentary screening. After the screening of the documentary, the students were engaged in an interactive conversation with Ms. Ray. To celebrate the 73rd Republic Day, the Department organised 'Moodboard Making Competition' under the aegis of Azaadi ka Amrit Mahotsav on 23 January 2022. The topic for the competition was 'Republic of Navbharat: Journey to a New Horizon?'

The next major event in the academic calendar of the Department was the Book Discussion to commemorate the Martyr's day under the aegis of Azadi Ka Amrit Mahotsav. The Department collaborated with the Foundation for Creative Social Research to conduct 'Beyond the Book - A Book Discussion' under the aegis of Azadi ka Amrit

Mahotsav to observe the Martyr's Day on 30 January 2022. **Professor Neera Chandhoke**, former head, Department of Political Science, University of Delhi, was invited to discuss her book 'The Violence in Our Bones'. The eminent speakers of the panel discussion were **Dr. Ashutosh Kumar**, Panjab



Department of Political Science conducted 'Beyond the Book - A Book Discussion' on January 30, 2022. Professor Neera Chandhoke was invited to discuss her book 'The Violence in Our Bones'.



Department of Political Science celebrated International Women's Day by organizing a national webinar on 'Conceptualizing Citizenship in India : A Gendered Perspective' on March 8, 2022.

University, Chandigarh, **Dr. Dhananjay Rai**, Central University, Gujarat, Professor **Savita Singh**, Indira Gandhi National Open University and **Professor Arvind Mishra**, Jawaharlal Nehru University.

On 12 February 2022, the Department organised a virtual Open House Discussion titled, Roadmap to Tolerance: Building Empathy in a Plural society at 3 PM for the students and the faculty. This was a first of its kind open house discussion forum where the faculty and students interacted freely in order to develop a better, more nuanced understanding of the subject at hand.

In keeping with the spirit of womanhood, the International Women's Day was celebrated virtually with vigour by the Department on 8 March 2022. The Department in collaboration with the Department of Political Science, Zakir Husain Delhi College, and Library Committee, Zakir Husain Delhi College organised a national webinar on 'Conceptualising Citizenship in India: A Gendered Perspective'. The esteemed speakers at this national webinar were **Dr. Anupama Roy**, Jawaharlal Nehru University and **Professor Savita Singh**, Indira Gandhi National Open University.

GARGI COLLEGE

Department of Psychology

Faculty Advisors : Ms. Indrani Regon & Dr. A. Radhika

Each year, the Department of Psychology at Gargi College strives to broaden the horizons by inviting various experts from the field of psychology, celebrating psychological acumen through the Annual Fest- Psyfiesta, and inspiring faculty and students to soar to new heights in the discipline.

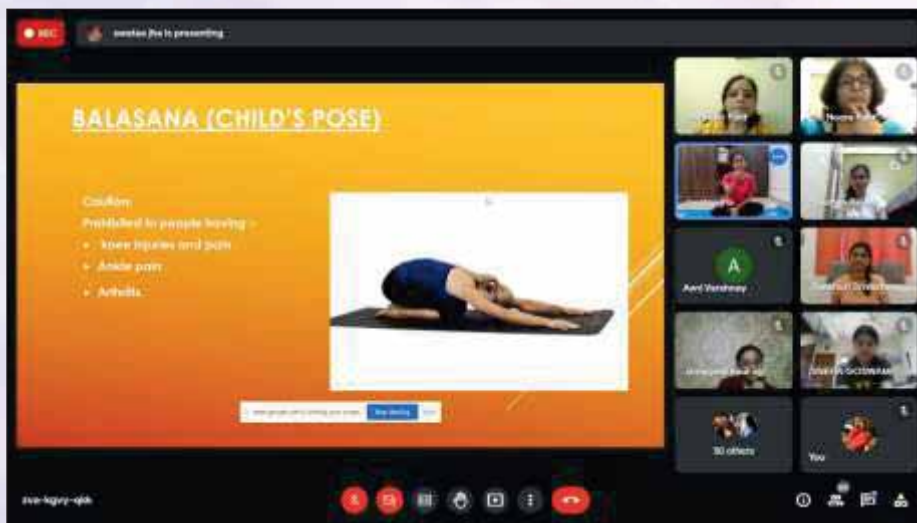
Sessions: The Wellness Series included many speakers including **Professor M. Manjula, Dr. Sharad Philip, Manasi Saxena, Sanjay Mahalingam, Dr. Nandita Chaudhary, and Dr. Avantika Bhatia** who delivered talks on managing stress, anxiety, dealing with grief and loss, building intergenerational relations, and mental health concerns of young adults in the pandemic, and more. To facilitate an exchange with professionals in various subfields of psychology, **Ms. Kritivi**



Interactive session on Women and Data Privacy by Dr. Debarati Halder

Kedia was invited to deliver a talk on Industrial and Organisational Psychology along with **Ms. Swatee Jha** and **Mr. Neeraj Mathur** to demonstrate the power embedded in Yoga and Vipassana for stress management, respectively. The Department also invited **Ms. Syeda Lameeya Parween** to deliver a lecture on the issues faced by LGBTQIA+ youth. Venturing into the new age world, an informative session on Women and Data Privacy was also delivered by **Dr. Debarati Halder**.

Annual Fest: The Annual Department Fest- Psyfiesta was organised on the theme of Cyberpsychology. Sessions on themes like academic writing, minorities in the virtual world, online expressive arts therapy, movement therapy, mindfulness in an online sphere



Experiential session on Yoga by Ms. Swatee Jha



Annual Fest

were conducted by experts from the field. These workshops offered a great learning experience for the students with an opportunity to learn beyond the textbook.

Izhaar : The Mental Health Initiative of the Department- Izhaar, continued to create awareness on mental health issues by organising a plethora of interactive events through the social media platform and more recently in the offline mode. To observe Suicide Prevention Week, the team



Active Participation of students in Happiness Day Event by Izhaar

participated in the QPR Gate-keeping Training for Suicide Prevention conducted by **Ms. Devika Khanna**. More recently, the group observed Eating Disorders Awareness Week and International Day of Happiness by planning experiential activities.

Teachers' Achievements: The professors and their constant guidance

exponentially add to the growth of the Department. Professor Sangeeta Bhatia supervised a project done by Ms. Tanishqa, Ms. Aswaki Rana, and Ms. Suprit Randhawa and secured the first position at the Bharat Panchal Award organised by Fortis Healthcare for Excellence in Psychological Research, for their paper on "Volunteerism During the Second COVID-19 Wave in India: Analysing Motivation, Distress and Positive Emotions In Volunteers." Dr. Preeti Pant won the Best Paper Award for her paper, "Fostering Spirituality in Higher Education: The Need of the Hour" at the National Seminar on Visha Guru Bharat: Exploring the Glorious Past, Promising Present, and the Future Roadmap, 23-24 March 2022 organised by Shaheed Rajguru College of Applied Sciences for Women. Additionally, Ms. Vibhuti Mehta and student, Ms. Simran Katoch won the first position at the 31st Convention by NAOP, organised by IIT Mumbai, for their poster on "Brand Perception: The Interplay of Demographics, Loyalty, Congruity and Brand Personality".

Just like this year, the Department of Psychology at Gargi College wishes to continue its tradition of providing ample opportunities to the faculty and students in the time to come.

GARGI COLLEGE

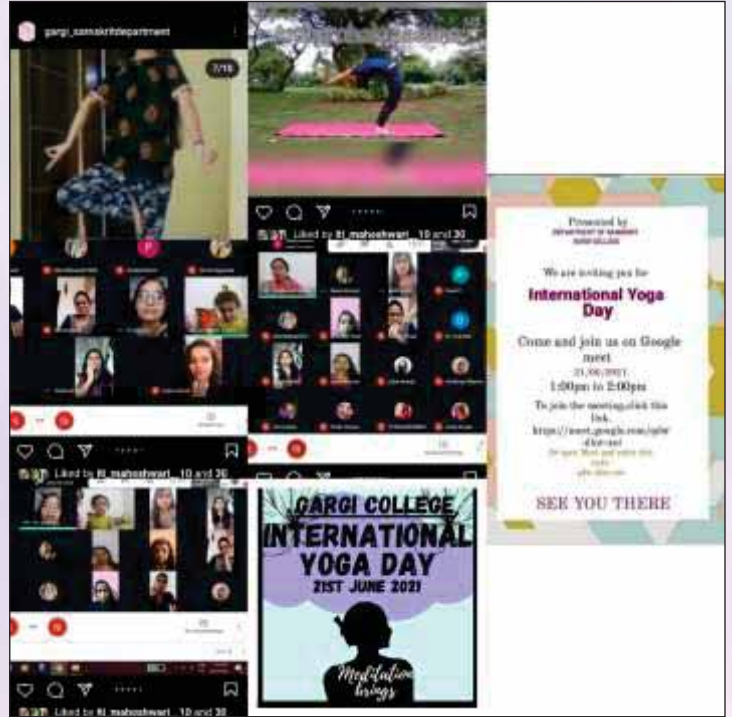
Department of Sanskrit

Faculty Advisor : Dr. Anamika

Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek.

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

In the year 2021-22, the department of Sanskrit organised many cultural as well as educational activities through online mode. On 5 June 2021, the college organised 'Hasta La Vista' a virtual graduation ceremony and on the same day the department celebrated 'International World Environment Day' as well.



Glimpses of Yoga day

On 21 June 2021, the college organised 'The International Yoga Day' virtually, in which students participated enthusiastically. On the same topic students recited self-composed poems, wrote essays and performed yoga through virtual platforms. The pandemic was unable to stop celebration of success and spirit.

Gargi College's Sanskrit Department also organised a virtual three day celebration from 25-27 August 2021 to commemorate 'Sanskrit diwas'. The students participated in various inter department competitions such as Essay writing competition, singing competition and drawing competition with full spirit and happiness. The



Glimpses of Farewell

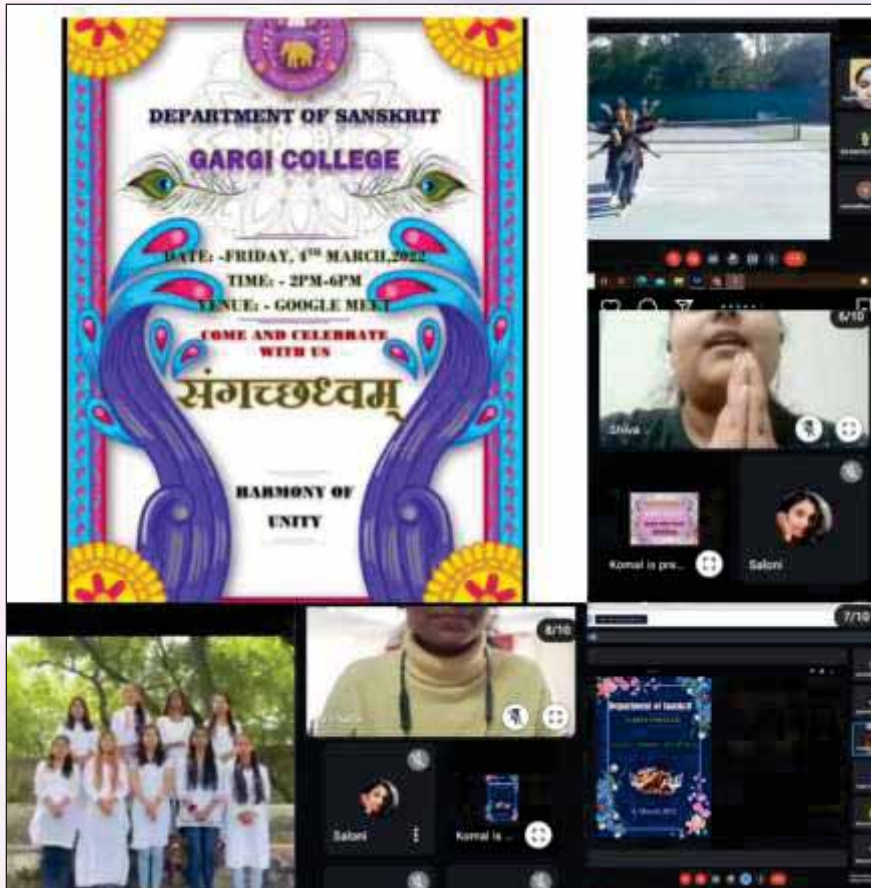


Glimpses of sanskrit Day celebration

emotion and enthusiasm of our celebration did not become less in virtual mode.

On 4 March 2022 during the college fest Reverie-embracing the change, the department organised the program, Sangachadhvam. The program had two competitions- strot gayan and sambhashan pratiyogita. The judges for the respective competitions were **Dr. Savita Ojha**, Head, Sanskrit Department, Purnia College, Bihar and **Dr. Mohini Arya**, Associate professor, Delhi University.

Apart from the activities held through virtual mode, the students of the Sanskrit department won various awards in different intercollege competitions, such as Shlok recitation competition, Shivaji College and Drama competition on Abhigyan Shakuntalam, Satyawati College.



Glimpses of Sangachadhvam Competition

GARGI COLLEGE

Department of Zoology

Faculty Advisors : Dr. Shivani Tyagi, Dr. Madhu Yashpal & Dr. Kuntal

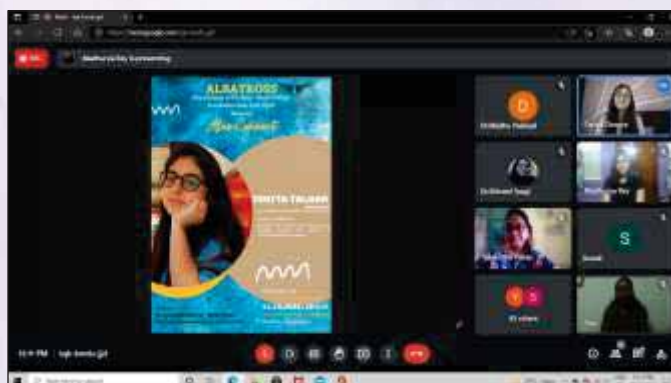
Albatross - The Zoological Society endeavours to create an environment to instil creativity, teamwork, responsibility, and other values in the students apart from academics. Our department has actively organised and participated in numerous events to keep our scientific temperament alive. First phase of student union elections was held on 20 September 2021.

Albatross hosted its inaugural lecture on 'Chronobiology: An Introduction' by **Prof. Atanu Kumar Pati**, Professor Emeritus of Biosciences,



inaugural lecture- Zoology

PRSU, Raipur; Executive Member, OSHEC, DHE, Odisha; Former Vice-Chancellor, GMU, Sambalpur. The event was organised virtually at the Cisco WebEx Meeting on 6 October 2021. Also, investiture of the new Union was carried out on 6 October 2021. Albatross organised an 'AlumConnect' with our notable alumni **Ms. Ishita Talwar** on 31 October 2021, it was an informative-cum- interactive session open for all students to



Alumni interaction zoology

discuss various queries related to their careers and other future opportunities.

Orientation for the new members of the department was on 22 November 2021 followed by the second phase of department student union elections on 10 January 2022.

On 15 January 2022 an illuminating webinar titled "Journey to destination" on UPSC was conducted, with eminent dignitaries, **Mr. Raviteja Munikoti**, IRS(IT)-2016 Batch & **Ms. Tejaswini Pusuluri**, IFS-2018 Batch. It was privilege of the whole Zoology



Webinar on UPSC Zoology

Department to receive advice from the meritorious officers of the country.

Albatross organised a Virtual tour visit to Dudhwa Tiger Reserve on 13 January 2022 and offered students a way to experience the thrill of tracking the big cat – the tiger – from the comfort of one's couch. Few of the most interactive students were also awarded with gift vouchers and having a view of all the diversity from one of Tiger Reserve was enriching.

On 4 February 2022 - World Cancer Day, an informative documentary 'The C Word' was screened with the motto of creating awareness and sensitivity about the importance of all the aspects of the disease, its diagnosis, and treatment. A conversation guide was added to support the discussion following the screening. Along with the discussion, a Q & A session was also organised to check the participants' understanding and make the session more interactive.

To encourage the creative expression of Gargians, Albatross organised "Picturesque"- The Illustration Competition on 12 February 2022 to commemorate Darwin's day. The competition's

theme was "Evolutionary Journey of Different Species, in light of Darwin's Theory".

On National Science Day - 28 February 2022, a poster making contest, 'Postermania' was arranged on the theme "Integrated Approach in Science and Technology for a sustainable future." The purpose of the competition was to raise students' awareness about scientific issues in an inclusive and fun way. Additionally, on 24 February 2022 students visited a Mega Exposition showcasing the achievements in science and technology and a National Science Book Fair during the National Science Day celebration week 'Vigyan Sarvatra Pujyate' organised by Office of the PSA and Ministry of Culture, GoI in association with Vigyan Prasar at JLN Stadium, New Delhi.

Besides this, Albatross came up with an opportunity for students to demonstrate their writing skills and organised the article writing competition on the theme Biodiversity. The students responded with enthusiasm and diversity in their knowledge-bearing entries. The selected entries were featured in the department's Annual Magazine 'Flight'.



Science Week celebration -JLN stadium Zoology

GARGI COLLEGE

B.A. Program Association - NAVDRISHTI

Teacher Convenor : Dr. Anita Yadav

With its interdisciplinary structure and opportunities, Navdrishti, the Union Body of B.A. Programme department never fails to enlighten the students in any way. With a chronicle of various initiatives, events and activities, Navdrishti has again lightened up the pandemic period with the high and euphoric state of students. Watching one and only news of viruses being spread over the world created an intense feeling of fear and tension that ignored the importance of keeping up with one's mental health. To advocate mental health and get rid of the societal stigma being placed on it, the association organised a workshop on 24 October 2021, in collaboration with the Talking Minds. The speaker, **Ms. Soni Jaiswal**, RCI registered Clinical Psychologist put forward her valuable perspectives, helpful information and required solutions on the theme - "Emotional well-being and Mental Health of students during Covid-19 pandemic". It is very right to say that praising someone doesn't cost you, rather gives the other person the recognition, satisfaction and cheerfulness. Keeping up with the objective, Navadrishti took an initiative of providing identification to the young entrepreneurs, sports achievers and artists of B.A. Programme department through Project पहचान. We are much elated to announce that the project came to be successful as we promoted several talents and achievements of students throughout the session. With the recent initiative of the Government of India, Azadi ka Amrit Mahotsav, we also celebrated and commemorated 75 glorious years of nation's Independence. Under the flagship of this initiative, the association organised "आजादी की अमृत आवाज़ : Expressing freedom in 75 words" on 26 December 2021. Out of the very enthusiastic and energetic participants, Shreya bagged the top slot. Yashita Jetly and Swati Singh became the second and third winners respectively. With this, we



Navdrishti Association

wrapped up our last event of 2021! In order to welcome and celebrate the new year with great happiness and something new, on 22 January 2022, we organised "MIC DROP: an open mic evening" wherein the

students were free to perform any kind of pieces on any topic. Speaking of truth, students created a very pleasant and beautiful atmosphere with their captivating singing, poetry and speaking skills. The whole virtual event proved itself into a realistic experience with the joyful sparks of students. On the 7th date of the next month, we came up with another collaboration with the Department of History wherein **Dr. Venu Arora** shared her broadening and illuminative thoughts on the topic - "Listening In: Introducing Radio from a Right to Voice Perspective". Dr. Arora, founder of Ideosync Media Combine, spoke on the very essence of expressing one's own thoughts, ideas and opinions through writing, printing, gesturing, speaking and picturing views. In the midst of the pandemic, we realised many things. One of them is to conserve and maintain nature through sustainable living. Granted freedom, we are free to make choices but making conscious choices is a kind of responsibility that we all are bestowed with. Hence, to make people remember their responsibility and raise awareness on Sustainable Living, the B.A. Programme Department will be organising its Annual Fest, "नव-ECO: A step towards Sustainable Lifestyle, सतत् जीवनशैली की ओर एक कदम" on 4 April 2022. Describing it, the event is a promise to motivate and encourage people that their tiniest effort towards sustainable living would make a huge difference.!

GARGI COLLEGE

B.Sc. Program Association - ZENITH

Teacher Convenors : Dr. Anjana Rustagi & Dr. Anita

The Zenith association is an elected body for Life sciences and Physical sciences which is responsible for coordination between the college and its students. From acting as the students' voice and ensuring that each student gets the best out of their college experience, the Union works with the elected representatives of the departments to make each event of the Zenith association a grand success.

The session started off with Teacher's Day celebration followed by logo and poster making competition "lite race" in September 2021.



Poster Making Event



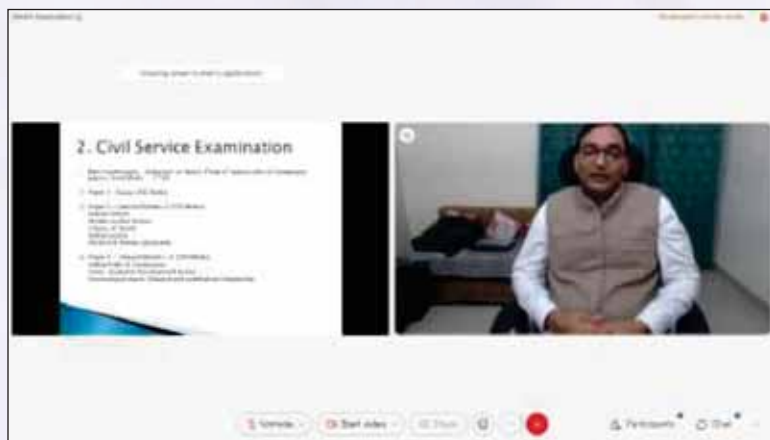
Inaugural lecture by Dr. Shashi Tyagi

Thereafter, the union organised major events like the Inaugural lecture by **Dr. Shashi Tyagi** on "women scientists who changed the world". An overwhelming interactive session "Vichar Vimarsh" with renowned YouTuber, **Mr. Aman Dhattarwal** was organised. Following this, our



An interactive session with Aman Dhattarwal

alumni **Ms. Ishita Sharan Shrivastava** interacted with students for an 'Heart to Heart talk' about different post graduate entrance examinations. A three day event "Eloquence Arena" provided students a platform for expressing their views on current issues of science and culture. The event concluded with thought provoking interaction with **Mr. Paritosh Anand**, a renowned filmmaker.



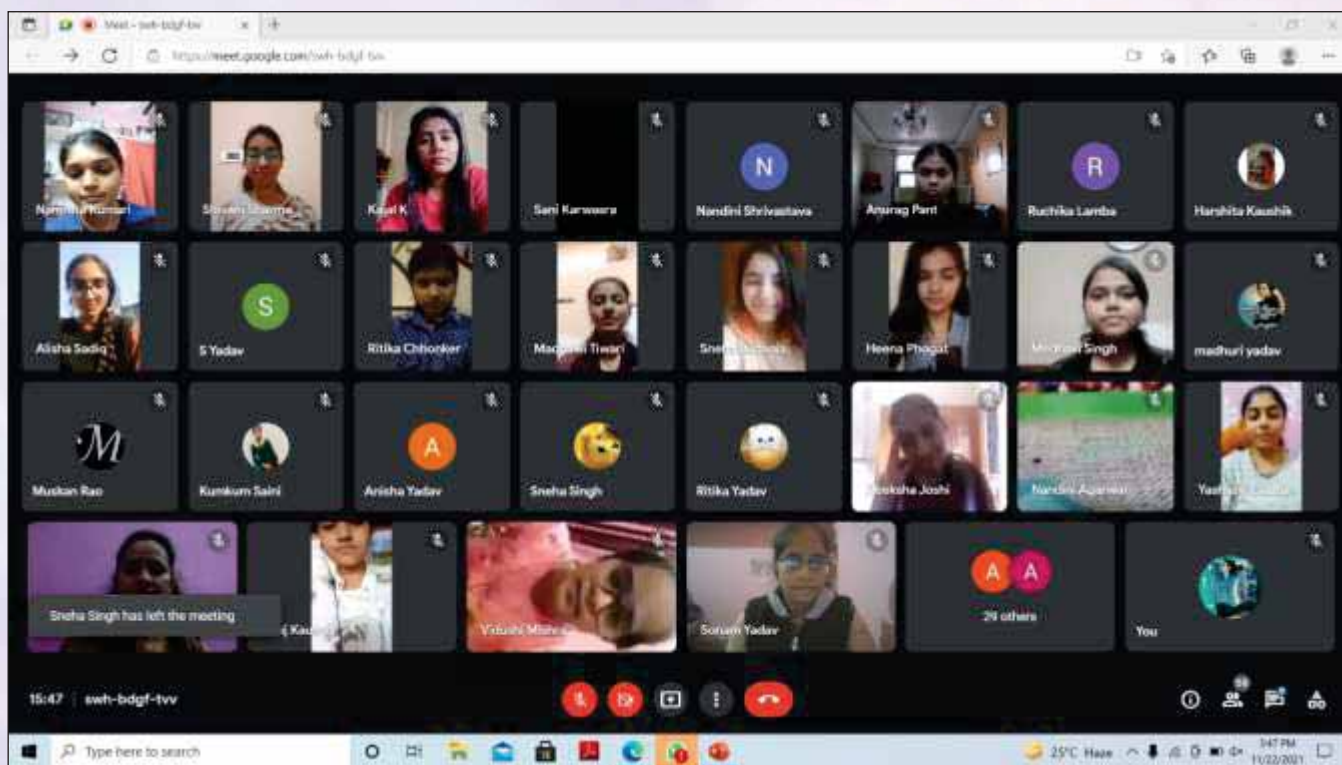
Civil services interactive session

A fond welcome and virtual orientation was also organised for the aspiring freshers. Later, in the month of November, **Mr. Aman Kumar**, Civil Service Officer, Haryana was invited to share tips with the students pertaining to Public Service Commission and competitive exams.

The year 2022 began with an “illustration making” and “paragraph writing” competition on 22

January 2022 on the occasion of Netaji Subhash Chandra Bose Jayanti. An enriching webinar on “E-waste awareness” was organised in collaboration with E-Junkie and Hulladek Recycling Private limited, on 29 January 2022.

The Union also designed and distributed t-shirts and sweatshirts with college logo. The union advances a sense of community, unifying the institution by embracing the diversity of students, faculty, staff, alumni, and guests. The Zenith Association is looking forward to incorporating a few more events to provide them non-virtual college experience. Events like Valedictory and Farewell to the third-year students are to be organised, along with the theme reveal of the 4th edition of the annual magazine 'Infinitus' which represents a true image of the department students' activities and achievements.



Orientation of Physical Science Students

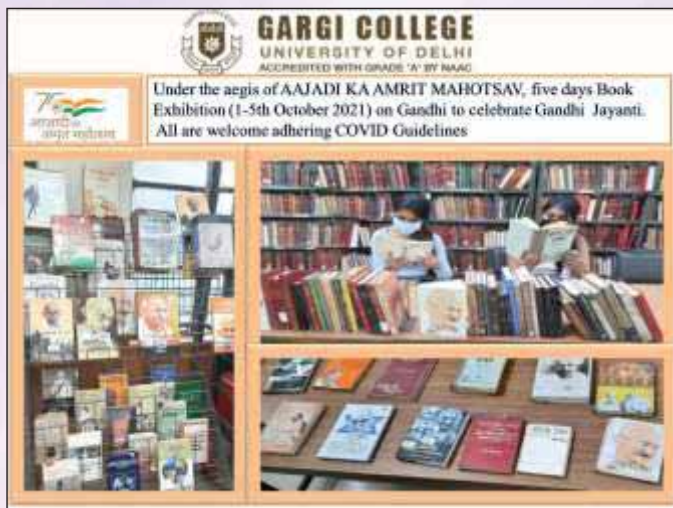
GARGI COLLEGE

Library

Librarian : Dr. Babita Gaur

Library organised National Webinar under the aegis of Aajadi ka Amrit Mahotsav on "User education Program on How to Navigate Online Services".

Organised five days Book Exhibition on Gandhi Ji under the aegis of Aajadi ka Amrit Mahotsav.



Azadi ka Amrit Mahotsav

Library celebrated Women's Day on 8 March 2022,



Womens Day

on the theme "Gender equality today for a sustainable tomorrow".

Library organised Information Literacy cum Library Orientation on 9 December 2021 for all students to spread awareness and to train new library users to Library collection and services and finding and evaluating information available. Talk was delivered by clearing their doubts about the usage of the library and its resources. Students and faculty from Arts, Humanities and Science attended the session. Online attendance was 900+, YouTube views were + 2.5 k.



Library Orientation Program 2021-22

Academic YouTube videos were created for the Students. User Awareness Program were organised and feedback form link is provided on the college website.

To encourage reading and love for books today, we restarted the concept of "TOKO". Take one book and keep one.

WEBOPAC and facility of UGC INFLIBNET and access to DU Library Catalogue continued during



Academic Youtube videos

the year. Online Gargi Library <http://gargicollege.saraswatilib.com/> and use of



TOKO

e-resources increased for online access to Library resources and facilities. 344 books were added till 14 March, 2021 making total of 76373 accessioned books in all. At present the library has an asset of 381 CDs/videos and has access to 43 periodicals and 10 newspapers. Electronic Resource Management package for e-resources: User control provided by NLIST. The library subscribes to a large number of Electronics Resources through UGC-Infonet which includes e-resources (6,000+ ejournals and 31,35,000+ ebooks) and University of Delhi connectivity which includes Delhi University Library System . It includes the Reference Sources, Bibliographic Sources, Statistical Sources, and Full Text Sources. A brief description of these under given resources including the Subject Coverage, Search Features, Database Services, Document Category, etc. are available through more information for the help of users. The given URL Address directly takes to the concerned database. For more details visit <http://www.du.ac.in/du/index.php?page=e-resources> available in the present library with Wi-Fi Library computer lab.

Approximately 18089 Books were consulted by users, which includes consultation of reference section and excludes use of loose issues of periodicals. Approximately 8301 students visited the library during the year till 14 March 2022, which excludes faculty and non teaching staff. During the year approximately 9380 Books were issued and 1543. Books were returned till 14 March 2022.

Beyond the Curriculum

Add-on Course on “Eco-friendly Agriculture”

Convenors : Dr. Priyanka Pandey & Dr. Geeta

An add-on course on 'Eco-friendly Agriculture' organised by Department of Botany is applicable to all the students belonging to Science, Arts and Commerce streams. The objective of this course is to make students aware of eco-friendly (environment friendly) methods of crop productivity (organic farming, using biofertilizers, adopting biocontrol methods and utilizing bio-composting techniques) which are also sustainable. We have an agrarian economy with deep roots in agriculture. If our young generation, especially is made aware of the utility of Eco-friendly Agriculture, we can harness rich benefits in terms of social awareness and sensitivity to our surroundings (Vasudhaiva Kutumbakam), besides economic advantages (long-term basis). This course is framed in a manner that the curriculum would be helpful to enhance knowledge and provide competitive advantage to participants as most of the entrance exams for aspiring students have questions based on ecological/environmental awareness.



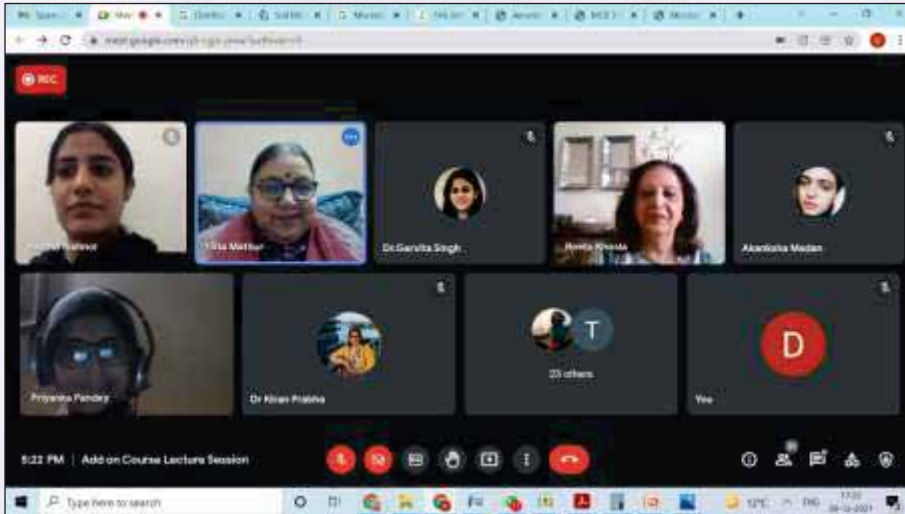
Dr. Y S Singh from from IARI speaking on Organic farming



Dr. Roopam Kapoor's interesting talk on Mycorrhiza

The first offline visit of the add-on course was to Pusa Krishi Vigyan Mela at Mela Grounds, Pusa, New Delhi, on 10 March 2022. The field trip was organized to make students aware of the recent and upcoming sustainable practices in the agriculture world.

The lectures are taken by experts and eminent speakers dealing with various aspects of sustainable agricultural practices and scope in India like **Dr. Roopam Kapoor**, **Dr.**



Dr. Reeta Khosla speaking on Biofertilizer

Reeta Khosla from University of Delhi and **Dr. Y. S. Shivay** and **Dr. Y.S. Singh** from IARI. The faculty members of Botany Department, Gargi College, Dr. Priyanka, Dr. Geeta and Dr. Akanksha Madan, also took some online lectures on topics like biofertilizers, mycorrhiza etc.

We are adopting a new method of assessment wherein participants are supposed to

write a research proposal/ article, based on the curriculum and also present the same. This is done to help the participants to work in groups and develop research aptitude and communication skills which generally become a bottleneck for graduating students. The practicals are designed in such a manner that these would be useful to the participants for in-general adoption and usage (like methods of bio-composting can be useful at homes for managing kitchen waste and developing green space in households).



Dr. Y.S. Shivay from IARI

Add-on Course on “Bioinformatics – tools and applications”

Co-ordinators : Dr. Chaitali Ghosh & Dr. M. Divya Ganeswari

The objective of this course was to introduce our biology students to basic computational tools necessary for the genomics research. We selected and included topics from basic and structural bioinformatics to facilitate the students to gain knowledge on the basic principles of bioinformatics. We started with this course through online mode and saw enthusiastic registration from the students. 52 students participated from B.Sc. (P) Life sciences and B.Sc. (H) Zoology. Speakers from eminent institutes in India and also of different countries were invited to interact with the students. **Dr. Hemant Kushwaha (JNU), Dr. Sonika Tyagi (Monash University, Australia), Dr.**



Lecture by Dr.Sonika Tyagi, Monash University, Australia



Students of Add-on Course



Lecture on Sequence alignment by Dr. Manoj, JNU

Girinath Pillai (Chief Scientific Officer, Zastra Innovations), **Dr. Manoj K. Sharma** (JNU), **Dr. Jitendra Singh Rathore** (GBU), **Dr. Shakti Sahi** (GBU), **Dr. Amit Mitra** (Auburn University, USA) and **Dr. Vivek Dhar Diwedi** (Scientist, Center for Bioinformatics, Computational & Systems Biology, Pathfinder Research and Training Foundation) delivered their

talk. Practical sessions were also conducted simultaneously to inculcate the hands on experience on various tools of bioinformatics, to the students. After every practical session, students were assigned with small exercises which they completed and submitted in Google classroom. We also circulated feedback form after every session to assess the quality and arrangement and the response from students were very much encouraging.



Lecture on Phylogeny by Dr. Shakti Sahi, GBU

This course was able to enhance the knowledge of students in the field of computational biology, and thus will help the students in their future scientific endeavours.

Centre for Diversity and Inclusion

Convenor : Dr. Neera Pant



The White Rose Club is a queer-straight alliance which functions under the Centre for Inclusion and Diversity, Gargi College, University of Delhi. WRC has been actively working since 2017 but got a formal recognition in June 2020. The club's motto is 'Unlearning Phobia Through Awareness' because we believe learning cannot happen without constantly unlearning our deep rooted and internalised phobias and biases. White Rose Club's aims to educate, raise awareness and sensitise people regarding LGBT*QIA+ issues through democratic academic discussions, to make Gargi College a safe and inclusive space for Queer students. WRC functions as an umbrella body; anyone who identifies with the queer community or is an ally is automatically a part of it, however there exists a core team who actively works towards organizing events, discussions, pride parades, documentary screenings all year round.

Ever since the White Rose Club got formalized, it has actively worked on numerous Queer and Trans issues to raise awareness. Due to the limitation of everything being virtual, WRC had to limit its reach through mediums of articles, videos, panel discussions, live on platforms such as Instagram, Wordpress, Youtube, Google Meet and Zoom. We continued working in both online and offline medium once the college reopened. WRC also got featured in an article about how queer collectives in Indian Institutions are a glimmer of hope against the systemic oppression on DU Beat. The Club spoke to shethepeople on Creating Safe Spaces for LGBTQIA+ Community in College campuses.



An anokhi charcha on 'Internalised Homophobia' hosted by the White Rose Club.

To start the session with an ice breaker, the White Rose Club organized an informal queer movies discussion and invited all the queer people and allies of Gargi College and other DU colleges to an online meeting. Movies like from the Portrait of a lady on fire and shows like Schitt's Creek were discussed along with the nuances of queer representation.

To start the session with an ice breaker, the White Rose Club organized an informal queer movies discussion and invited all the queer people and allies of Gargi College and other DU colleges to an online meeting. Movies like from the Portrait of a lady on fire and shows like Schitt's Creek were discussed along with the nuances of queer representation.

Starting in June, White Rose Club celebrated pride month with the reminder how the community must keep resisting as the month is not just a celebration but also a protest. The club also voiced support to small businesses owned/run by queer people instead of funding large corporations for their tokenistic support during pride month. WRC also curated a documentary video titled 'Stonewall- An Uprising' to remind people of its history and celebrate its legacy and spirit. The video highlighted the reality before the riots and the impact it made on the future of the community.

The White Rose Club conducted an Anokhi Charcha, a form of a democratic discussion on the topic 'Internalized Homophobia' in the virtual mode. Several people participated and shared personal accounts on how they deal with it and how online queer presence helps in the process.

On 6 June 2021, the club hosted an Instagram Live with Doel Rakshit (she/her) on the topic 'The Homonationalist Agenda'. The talk discussed in detail the intersection of queer identity and nationalist ideology.

Talking about queer representation in the media, the club shared a brief documentary video about the history of portrayals of queer identities reflecting the cultural intolerance and hatred towards the community. The video discussed the evolution of LGBTQIA+ portrayals in films and literature and its impact over the decades. It highlighted the need for positive media representation as it not only makes the community feel visible but also has a positive effect on how the cisnet population views and treats the Queer community. Through a reel, the club also talked about the Spanish film, 'Elisa & Marcela' (2019) which is based off a true story about a lesbian couple who posed as a heterosexual couple to get married in 1901, more than a century before same-sex marriage was legalised in Spain. The importance of discussing such true stories through media is that it serves as a reminder of the oppression that the LGBTQIA+ community has gone through since the beginning of time. In another reel about a coming-of-age movie, 'The Half of It' (2020), topics like sapphic yearning, platonic and romantic love are touched upon which are beautifully explored through the film.

The White Rose Club dedicated a post to amplify the news of the Madras High Court judgement that suggested comprehensive measures to sensitise the society and various branches of the State including Police and judiciary in an attempt to reduce prejudices against the Queer community and bring them into the mainstream of the society.

As pride month is the prime time for large companies to dwell in Rainbow Capitalism, the club, through a comic strip, explained how it's different from true allyship. While rainbow logos and hiring queer employees may seem inclusive, the company policies and actions show no real help to the queer community.

During the same month, WRC conducted a second Anokhi Charcha on the topic 'Being Queer at Home vs College'. The discussion revolved around how college provides a refuge from years of rejection and discrimination at home and also provides the safe space needed to explore one's gender identity and sexuality. The participants also shared their experiences amid the pandemic and the impact of it on their mental health and well being.

Today, social media is the prime place where people interact but due to a majority of homophobic internet users and ignorant tech companies, the LGBTQIA+ community constantly face censorship and shadow banning of queer content online. The club, in an attempt to bring light to such censorship, dedicated a post to the topic 'Shadow-banning of Queer Content on Social Media Platforms'. It shared instances of several accounts of queer individuals that were unfairly censored on platforms like Instagram, Youtube, TikTok etc and the negative impact such shadow banning has on queer lives.

To commemorate the pride month, the club also hosted a Zine Making Workshop on 13 June, 2021 where everyone made their own individual zines and shared the inspiration behind it. The session was hosted by

Illustrator Sukh Mehak Kaur on the topic of "Our Days during Pride and Pandemic Times". With the pride and the pandemic being the main things going, the zines followed around the theme of "A day in life of - (name)" focusing on elements of pandemic and pride.

The double edged sword of socio-cultural and legal invisibilization makes it an incredibly isolating and difficult experience for trans men to affirm their gender and access systems of support and care. To have this conversation, the Club hosted an Instagram Live with **Chitraksh Ashray** from Transmencollective on "Challenges faced by Transmen in Indian Communities." on 15 of June 2021. The ways to cope with these challenges and how allies can help them in this process were also discussed.

In collaboration with multiple Queer Collectives across DU, the club also hosted Queernama- A Virtual Pride Gathering which was a two day event from June 27-28th 2021. Day 1 was an informal Art Queering session where everyone made art with music playing in the background and connected with oneself and others in new ways. Day 2 was a Queer Artists' Line-up where queer artists performed their work and in doing so, took the story forward.

The Club conducted a talk on Compulsory Heterosexuality and invited **Dr. Niharika Banerjea** who is an Associate Professor in Sociology at the School of Liberal Studies, Ambedkar University. The talk was a live exploration on compulsory heterosexuality, and the many ways in which it manifests and impacts women-loving-women.

The yearly banner of the rainbow dons every Pride month where large and small organizations engage in Tokenistic Allyship. The club created a post for the same pointing at how Tokenistic Allyship is a mere gesture and symbolic effort towards inclusivity and Equality by participating in the 'Woke' culture, just to avoid criticism and backlash, rather than working towards any structural change. Cis het people often use the phrase "That's so gay" to label something as weird or not normal when viewed by the toxic binary lenses. A comic strip was created on why is the phrase "that's so gay" problematic. For International Non-Binary People's day, the club created an informative post focusing on entities that fall under the Non-Binary umbrella; the difference between Gender identity and gender expression and some common myths about being Non-Binary. The club also created a reel on non-binary representation in literature including books which talk about non-binary issues and experiences. To dispel the myth that non binary identities are a recent 'trend', the club dedicated a post talking about some historical examples of gender non-conforming identities in indigenous tribes. With an increasing number of forms of media using queer identities as a marketing ploy, the club aput up a post on Queerbaiting as a media tactic and how its harmful and problematic. A reel was also created to understand the difference between Queerbaiting and Queer-coding. The club dedicated a post for Queerbaiting in Indian Cinema as well as in pop and western culture, talking about movies which engage in queerbaiting to lure the audiences in and rely heavily on inhuman, underhand and mock portrayal of the LGBTQIA+ community.

In the month of September 2021, the club in a collaboration with the Hindu College Queer Collective organised an Anokhi Charchan on the topic Bi-phobia in Queer and Cis-het spaces. With a large turnout, the discussion was free and democratic and people shared their lived experiences from which the participants at once learned one of the bi-phobia meted out to people and ways in which one can be sensitive about their actions and words.

For asexual awareness week, WRC organised an Instagram Live with the organisation- Indian Asexuals, on the topic "Navigating relationships with asexual partner(s)". Some important questions were addressed during the Instagram live that brought value to the audience.

The club also created an introductory reel that was meant to increase the club's exposure and make everyone aware of its existence and the kind of work it engages in. Focusing on the club's motto of 'Unlearning Phobia Through Awareness', the introductory reel was a peek into the functioning of this club. The club also brought out a reel on Elliot Page's Met Gala debut in the year 2021. This iconic debut featured a suit with a green carnation pinned to the lapel. In the month of September, the Club also produced an informative post on Bisexual Visibility Day that is celebrated on the 23 of September each year. The post focussed on putting together some of the identities that fall under the Bisexual umbrella and also addressed some of the myths associated with bisexuality. Another reel was created on Bisexual Representation in Media which looked at the scarce representation of bisexual characters in popular TV series and movies. The reel showed some bi characters that are good and meaningful portrayals. The club also put up a post on bi-phobia and bi-erasure which dealt with the pervasive problem of invisibility that bisexuals have to face. Bi-phobia and bi-erasure can be seen within and outside the queer and celebrity community and the post delved in some detail into this concern. A comic strip was created on How Do Queer People Have Sex?, that was a creative initiative on the part of the club to address the question of invasion of privacy that queer people often face due to the ignorant questions posed by the cis het community. Another reel was created on the important figures of LGBTQIA+ history as a way of remembering the torch bearers of the queer movement. A post was created to celebrate the LGBTQ+ History Month in October, 2021. The post talked of the celebration of this month, reasons associated with this celebration and the achievements of the Queer people.

The club celebrated International Lesbian Day on 8th October to not only commemorate all that the lesbian community has achieved, but also to encourage and show support in everything they are yet to achieve. WRC discussed the origin of the day, its history and importance and highlighted some sapphic activists everyone should know about. It also showcased genuine portrayal of lesbian characters in media through an interactive reel.

Coming out of the closet in a society that presumes everyone to be straight and cis, is a different experience for everyone. However, the responses one gets are likely to have lasting effects. The club made a comic strip of some common Do's and Don'ts one should follow when someone comes out to them. WRC also highlighted how coming out is a contentious issue and not just an empowering concept. On the occasion of International Pronouns day, the club created a guide post of all neopronouns with examples to help people in learning more about them.

Fire is one of the first mainstream Bollywood films to explicitly show queer relations, and the first to feature a lesbian relationship. WRC created a well-researched report on this film, the various struggles it had to face and how it kickstarted a lesbian movement in the country when article 377 was still in action. It also talked about the CALERI manifesto that the lesbian groups of India created.

The trans community of India is demanding for horizontal reservation instead of being clubbed into the OBC category altogether. The club talked about this movement, why it is necessary and what it means to have horizontal reservation for all trans people.

WRC celebrated Aromantic awareness week from February 21-27. During the week, the club shed light on Amatonormativity and its long term implications on society. WRC also featured aromantic art by one of our team members.

For Reverie, the annual college fest, WRC conducted an art making competition called Queering the Change where people submitted their art pieces with a write-up expressing the emotions behind their creations. An engaging event, the creations were presented in a meeting where all the participants and several other people including the jury engaged in. For the second event, the club invited a queer-affirmative psychologist **Srishti Banerjee** to hold a discussion on Embracing Changes and Overcoming Adversities. The talk centered around how queer people had been impacted by the pandemic and steps they have taken to overcome the adversities that came with this unexpected reality.



Art making competition at Reverie 2022



Movie screening of 5 queer short films hosted by the British Council and the Queer Muslim Project with the help of university queer collectives.

WRC also organised a movie screening of "Five Films For Freedom": An annual production of the Queer Muslim Project and British council, in collaboration with other DU queer collectives at the British Council Auditorium on 26 March, 2022.

The pandemic hit hard to the LGBTQIA+ community, to students who had to go back to their queerphobic and abusive households and hide their identity, to queer persons who were



Conversation with Transmen Collective on the challenges faced by Transmen in Indian organisational spaces

forced to come out, to trans persons undergoing transitioning, to the people had been abused and thrown out of their houses for being queer and had nowhere to go. The already marginalized community has been pushed to the margins of society due to rampant queerphobia, transphobia and discrimination. Colleges are the only safe spaces for most queer students where they can hone their identity, have the liberty to be themselves, and feel not only accepted but celebrated. The White Rose Club is working towards making virtual spaces as well as our immediate college spaces inclusive, through a constant process of unlearning and learning, extending our love and support to our fellow queer students.

IQAC Report 2021-22

Co-ordinator : Ms. Sailaja Modem

- Collaboration with NAAC Steering Committee
- Placement cell - continuous refining of SOPs, annual review, 2nd Online Internship Fair and collaboration with industry for grooming and training sessions.
- Department of Zoology: ALBATROSS, The Zoological Society of Gargi College on Interaction with Alumni for Career Counselling Series-2, in October & January
- Virtual Jungle Safari of Dudhwa Tiger Reserve on 13 January and 15 January, 2022
- Inaugural lecture on the topic, Chronobiology, An Introduction on 6 October, 2022.
- Science and Mathematics departments organised REVEL, A Paper Presentation event to celebrate the ethos of the National Science Day and Nobel Prize of Sir C.V Raman.

The themes of the paper presentation event are :

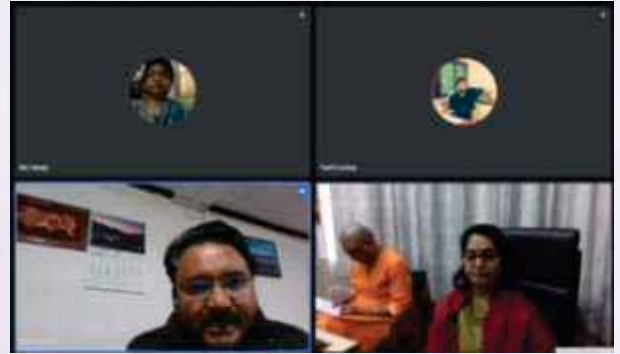
- ◆ Integrated Approaches in Science and Technology for a Sustainable Future, Ministry of Science and Technology, Government of India
- ◆ International Year of Basic Sciences for Sustainable Development by United Nations.
- An interactive session on an "Overview of Intellectual Property Rights" under the aegis of National Academy of Sciences (NASI), by Delhi Chapter and IQAC organised by Prof Vandna Arora and team on 26 February 2022.
- The MOU between Gargi College and Government Model Degree College, Padum Zanskar,



IQAC Team Members



NAAC Steering Committee - IQAC



Online Meeting of Heads of institution along with respective IQAC Coordinators

University of Ladakh, was signed on 26 October 2021 under the Vidya Vistar Scheme, initiative of University of Delhi.

- Sessions slated for April: Confluence of Ideas, The Exchange of Ideas between GMDC-ZANSKAR, LADAKH- GARGI COLLEGE, DELHI-Introduction to Zanskar, Cultural and Ethnic Festivals of Zanskar, Reading Habits, Search engine functionalities & Digital initiatives in Education by Indian government and Approaching Mathematics without fear.
- MOU with Coursera (continuation) with the cap of a program/course.
- MOU with ICT Academy :
 - ◆ 80 hours of Financial Literacy by ICT Academy in collaboration with Reliance Home Finance and Reliance Money Social Initiative for students was organised. Faculty Mentors: Dr Nidhi and Dr Anjini Anand

A social initiative by
DXC TECHNOLOGY

GARGI COLLEGE

Implemented by
ICTACADEMY

Inauguration of
STUDENTS TRANSFORMATION PROGRAM

Skill Training in BPS (US) Insurance & Self Management

GARGI COLLEGE, NEW DELHI

Certificate Program 240 hrs by DXC Technology-ICT Academy-Gargi College

- ◆ 240 hours certificate program titled, "Student Transformation Program" - Skill Training in BPS Insurance (US Process) and Self-Management started on 28 March. The Skill Training is a CSR initiative of DXC Technology and ICT Academy to train and skill the students as per the industry requirements which will enable students to become an industry-ready resource. Faculty Mentors: Prof Shashi Chawla, Mr Ramakant Prasad & Mr Mohit Abrol.
- LOU with IBM SkillsBuild Country Partner-CSRBOX on skill based programs for students and staff.

IQAC Team:

Members : Dr B. Vaijyanthi, Dr Preeti Pant, Dr Aparajita Mohanty, Dr Anita Bhatt, Dr Madhu Yashpal, Dr Supreeti Das, Dr Sweta Mishra, Dr Babita Gaur, Mr V S Khan, Senior A.O., Mr Deepak Chandra, A.O., Mr Shailender Rawat, Mr Manoj Bisht, Mr Shekhar Chand, Mr Satish Giri.

Student-members of IQAC : Ms Saundarya Rastogi (Student Council), B.Com. Programme, III Year & Tanya Vajpayee (Sports President), B.A. (H) English, III Year.

Co-Ordinator : Ms. Sailaja Modem

Chair Person : Professor Promila Kumar, Head of the Institution.

NIRF Team



NIRF Team : Arshmeet Kaur (Nodal officer), Sailaja Modem, Aprajita Mohanty, Nisha Saini, Reema Mishra, Sunanda Saini, Rupal Arora, Deepika Dhall, Manpreet Kaur, Deepak Chandra

Pathfinder Award (Commerce)

Teacher Convenor : Dr. Sheela Dubey
Teacher Co-Convenors : Dr. Manju Sahai & Dr. Payal Jain

The Pathfinder Competition 2021-22, organised by the Department of Commerce, Gargi College, was held on 6 April 2022. The judges were **Dr. Rekha Dayal**, Former Associate Professor, Jesus and Mary College, **Prof. Abha Mittal**, Associate Professor, Maharaja Agrasen College, and **Ms. Reena Chadha**, Associate Professor, Shri Ram College of Commerce.

The Pathfinder Committee, comprising Dr. Sheela Dubey, Dr. Manju Sahai and Dr. Payal Jain coordinated the event. 20 teams had registered for the competition and 11 teams participated in the final round by making a 10-minute presentation on their topics.

Four teams won prizes, with the first prize going to the topic, "Impact of Telemedicine on Consumers, Medical Professionals, and Government Services in the Pandemic Era", by Deepti Narang, Prerna Rana and Yashika Kedia, B.Com (H) II Year.



Commerce Pathfinder Competition 2021-22

Pathfinder Award (Humanities)

Convenor : Dr. Poonam Phogat

The Pathfinder Committee humanities had their online final presentations on 11 April 2022. There were 12 participating teams in total which did the online presentations. All the presentations were done very well and successfully by the participating teams. The Judges for the event were **Dr. Indrani Row Chowdhury**, Professor, Jawahar Lal Nehru University and **Dr. Nidhi Gulati**, Professor, IHE, University of Delhi.

The judges also asked questions from the participants after their presentations and students successfully defended their work. The judges applauded the teams for their excellent work and effort in such difficult times of pandemic.

The judges declared the winners at the end. The topic of the winning project was, "Should the recreational use of cannabis be legalized?", done by Bhavini Mishra, Siren Mani and Vatsala Luhariwala , all students from second year Economics Hons, under the mentorship by Dr. Ganesh Manjhi.

Pathfinder Award (Science)

Committee Members : Dr. Aparajita Mohanty, Dr. Poonam Sharma & Dr. Reema Mishra

The pathfinder project presentations were held on 24 March 2022. Sixteen groups of students participated in the final presentations. The project presentations were judged by **Dr. Manoj Sharma** from School of Biotechnology, Jawaharlal Nehru University and **Dr. Pooja Gulati**, Department of Microbiology, Maharshi Dayanand University, Rohtak. The pathfinder award was shared between two groups. Details are given below:

1. **Name of the student:** Ms Yashasvi Saini

Course: B.Sc. (Hons.) Botany II Year

Title of project : Comparative Analysis of Tp53 Gene Encoding for Tumor Protein p53 in different organisms to understand the Molecular Mechanism of Cancer Resistance.

Name of mentors: Dr. Geeta, Department of Botany, Gargi College; Dr. Shweta Sharma, Department of Botany, Maitreyi College

2. **Name of the students:** Ms Shraddha R Bhat & Ms Swati Sharma

Course: B.Sc. (H) Chemistry, III Year

Title of project : Beyond Conventional: Managing Floral Waste as a Social Welfare Project

Name of mentor: Dr Geeta Saini, Department of Chemistry, Gargi College.



Winners of Pathfinder (Science) with the Committee Members

Interactive Session at National Institute of Immunology organised under Science Setu program

Gargi College is a part of Science Setu program, in collaboration with National Institute of Immunology (NII) which is an initiative by the Department of Biotechnology, Ministry of Science and Technology, Government of India. The objective of this collaboration is to expose the students to research in national institutes of India and motivate them to take up careers in research. As a part of this program, NII invited students of the Department of Botany, Gargi College for an interactive session with young researchers and scientists, on the occasion of National Science Day celebrations (28 February 2022).



Students interacting with NII scientist

Poster presentations of research work of various laboratories were put up which helped to update the students about the frontier areas of biological research in India. Six students accompanied the Nodal officer, Dr. Aparajita Mohanty, on a visit to the NII campus. Young PhD and Postdoctoral researchers enthusiastically presented their recent research through infographics. The presenters elaborately explained the aim, the methodology, interpretations and conclusions of their research projects in an extremely comprehensible manner.



Students visit to NII along with Dr. Aparajita

Grounds were open for the visiting students to interact with scientists as well. This helped the students to gain insight into various internship and summer workshop programs that are organized by NII for students pursuing graduation in biological sciences. Overall, the interactive session was an extremely enriching experience for the students. We gained deeper insights into the life of an academican and a researcher through the session along with learning about several upcoming research arenas and new technologies of research.

Department of Physical Education and Sports Sciences

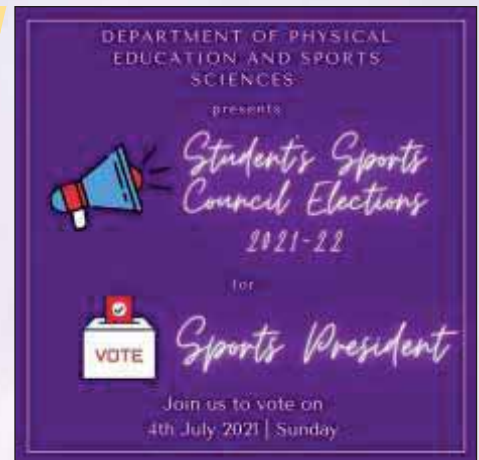
Faculty Advisor : Dr. Sheela Kumari. S

From the Sports President's Desk

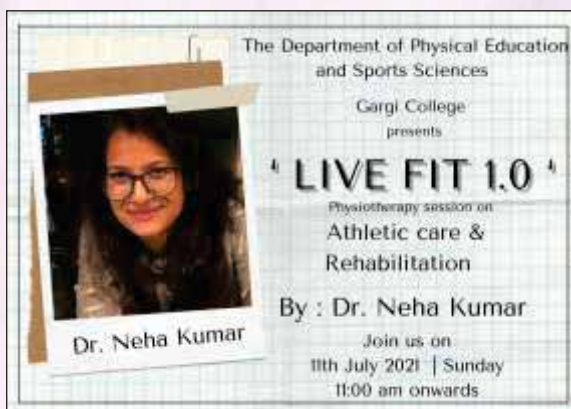
The Department of Physical Education and Sports Sciences believes in promoting sports and providing ample opportunities to achieve sporting excellence as far as possible to not only students admitted on sports basis but also to all interested students in the college. But just like every other aspect of life, the unprecedented times of Covid-19 also affected the proper functioning of the Student Sports Council 2021-2022. The department strongly believed that 'Together We Can' and with collective efforts and perseverance continuously organised many successful events over the year. Except for the election, following are the events which were conducted by the Department in collaboration with the Sports Student Council 2021-22. Following events were conducted by the Department this year: -

Election to the post of President of Student Sports Council 2021-22

The Department of Physical Education and Sports Sciences organised the Election for the post of President of the Student Sports Council 2021 on 4th July 2021. There were 3 students who contested for the post of President. A total of 96 students participated in the online voting process in which Ms. Tanya Vajpayee (B.A Hons. English) was elected as a President, Ms. Sarakshi Kapoor (B.A. Program) and Ms. Ananya Lohani (B.com Hons) were appointed as the Vice- Presidents of Student Sports Council for the session 2021-22.



Elections



Virtual Session For Athletic Care and Rehabilitation Live Fit 1.0

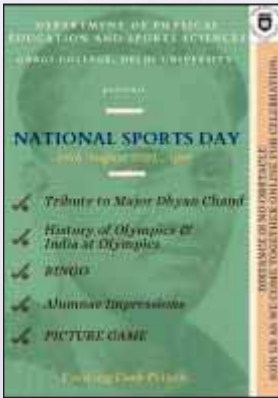
Virtual Live Fit 1.0

To enhance the knowledge about Sports injuries, prevention and rehabilitation, the Department of Physical Education and Sports Sciences organized a virtual session with **Dr. Neha Kumar**, a seasoned physiotherapist who has been dealing with sportspersons and their injury issues for a long time. A total of 91 students attended the interactive session. All the participants were provided with E-certificates.

Virtual Farewell

The farewell for the Batch of 2021 was held on 8th August 2021. The theme of the event was SUFIYANA - THE CHAND NOOR (Sufi night). The farewell was an emotional rollercoaster ride which refreshed cherished memories of happiness and beautiful moments in the campus. This year we gave farewell to 36 students of our department. A total of 62 students joined the virtual farewell including the seniors.

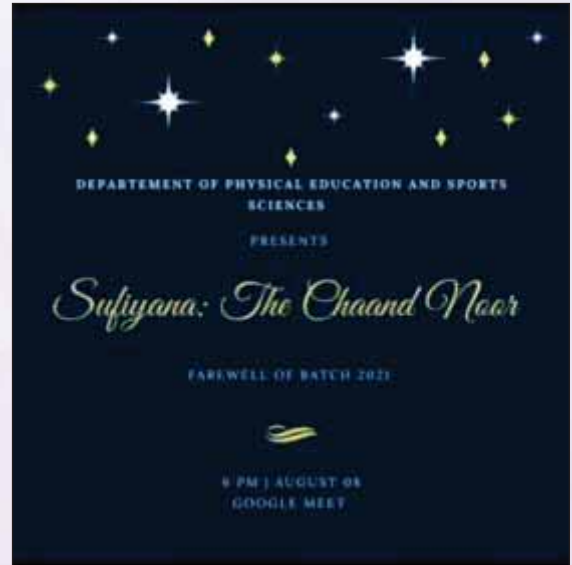
Virtual Celebration of National Sports Day



Virtual Celebration of National Sports Day

On 29th August 2021, The Department of Physical Education and Sports Sciences celebrated National Sports Day virtually in order to pay Tribute to the Legendary Hockey Player, Major Dhyan Chand.

A tribute video to Major Dhyan Chand with a description of all the medals won by team India at Olympics was the highlight of the session. A total of 77 participants attended the event in which online games like bingo and picture game were also organised. Winners were awarded with cash prize and E-certificates were provided to all the participants.



Webinar : Staying centered, staying mobile, staying nourished'

Together We Can

'Together We Can' was the first ever collaboration of the Student Sports Council with Team Saarthi. A virtual session for mental health in sports was conducted on 10th October 2021 on the occasion of World Mental Health Day. The session covered different activities on three aspects of Mental Health i.e., Emotional, Physical and Social Support.

Some animation videos were also displayed for better understanding of importance of Mental Health in Sports. The overwhelming response from the students made the event a success and indeed helped them to know more about the importance of maintaining good mental health. A total of 67 students participated in the event.



Virtual Session for Mental Health on the Occasion of World Mental Health day

Buddy Mentor

Adapting to the new environment is not easy for the freshers, so team Saarthi came up with the idea of 'Buddy Mentor' where each fresher gets paired with a senior. This initiative was previously named as

'Buddy system'. The initiative has been introduced to promote friendship, better support for behavioural, social and coursework issues. It is fostering a greater sense of belonging with connected individuals and mutual respect.

Express Over Espresso



Express over Espresso-Team Saarthi Initiative

In the continuation with the previous year E.O.E.'s, Team Saarthi conducted a series of E.O.Es this year too. The events provide students with a platform to express themselves without fear or any inhibition. This year three E.O.Es have been successfully conducted. E.O.E. 5.0 was conducted on 15th August 2021 with a theme of 'Freedom to be yourself' or 'my life, my choice'. E.O.E 6.0 was conducted on 19th September with the theme of "Peace". E.O.E 7.0 was conducted on 14th November with the theme of 'Embrace the child in yo.

Team Saarthi-Mind Games

Team Saarthi has come up with a new activity to help the students interact more. In this new activity, team saarthi posts different kinds of activities twice a month on their official Instagram page. The activities and games are both competitive and non-competitive.

The motive behind this is to make the student feel more connected, to enhance their mental health, to spread awareness about different mental health problems and of course, to keep them engaged.



Mind Games-Team Saarthi Initiative

Team Saarthi-pick A Chit

This activity was conducted on 28th February 2022, which included circulation of small chits with Positive Messages on each of them. The college students were asked to pick one chit for themselves and then pass it on to someone else. The thought behind this activity is that people should not always need a particular occasion to feel good and positive about themselves. The intention was to spread positivity and to make people smile.

Team Saarthi- Interview on Women's Day

On the occasion of International Women's Day, Team Saarthi conducted interviews in the premises of Gargi College. The questions were related to mental health and women. This interview helped Team Saarthi to know more about what students think about mental health and it also gave an insight for future topics to be covered. The videos of the interview were posted on saarthi's official Instagram page.

Admission on Sports Basis 2021-22

In the view of the ongoing COVID-19 pandemic, the University had cancelled sports trials. The centralized Sports admission were done on the basis of sports certificates. A total of 39 students applied for admission in Gargi College out of which 35 finally took admission.

'Gargi Olympiad' Inter Stream Sports Competition

The Department of Physical Education and Sports Sciences organised a series of activities under Gargi Olympiad Inter Stream Competition. The winners will be awarded with certificates, medals on the Annual Sports Day. Their videos were featured on our official Instagram page 'gargi_sports_official'.

The following activities were organised: -

1. *Bicycle Crunches Competition [10th January 2022]*

The Student Sports Council 2021-2022 successfully conducted its first virtual competition under Gargi Olympiad. An online bicycle crunches competition was announced on 10th January 2022. The participants were required to send their online entries in the form of 30 second videos. The participants who performed the maximum number of crunches in 30 seconds were declared as winners. In total 29 entries were received. Ms. Shalu, BA History Hons. 3rd year from Arts Stream secured 1st



Gargi Olympiad Inter Stream Competition-Plank Competition



Gargi Olympiad Inter Stream Competition-Bicycle Crunches

position with 48 repetitions, Ms. Ananya Nagpal, B.Com Programme 2nd year from Commerce Stream secured 2nd position with 45 repetitions and Ms. Anushka, B.Com Programme 2nd Year from Commerce stream secured 3rd position with 42 repetitions.

2. *Plank Competition [24th January 2022]*

The second challenge was Plank competition. The participants were required to hold the plank position for as long as they can. A total of 33 students participated in which Ms. Gurmehar Kaur

Thind, BA Hons Applied Psychology 1st Year secured 1st position with a hold of 5 minutes and 30 seconds, Ms. Aarti Dhawan B.El.Ed 3rd year secured 2nd position with a hold of 4 minutes and 32 seconds and Ms. Ananya Nagpal, B.com programme 2nd year secured 3rd position with a hold of 4 minutes and 8 seconds.

3. **Poster Making Competition [4th February 2022]**

The 3rd challenge was Poster Making Competition on the topic Physical Fitness vs Lifestyle diseases. The idea was to provide a platform to the students to portray their thoughts on how they observe, perceive and reflect to the challenges in today's scenario. We received a total of 16 entries for poster making competition out of which 12 were hand-made and 4 were digital. The winners of hand-made poster competition, Ms. Yashika B.El.Ed 1st year and Ms. Yashika Thakran Bsc Life Sciences 3rd year had a tie for 1st position, Ms. Rushda Bsc Hons. Mathematics 3rd year secured 2nd position, Ms. Shubhi Srivastava B.Sc (H) Botany 2nd year secured 3rd position. On the other hand, the winners of digital poster competition were, Ms. Isha Aggarwal Bsc Physical science 3rd year who secured the 1st position, Ms. Sonal Arun BA



Gargi Olympiad Inter Stream Competition-Poster Making Competition



Gargi Olympiad Inter Stream Competition-Squat Jump Competition

Hons Economics 2nd year secured 2nd position and Ms. Khusboo Sharma BSc Hons Zoology 1st year secured 3rd position.

4. **Squat Jumps Competition [20th February 2022]**

The 4th challenge was Squat Jumps Competition in which the participants were required to perform maximum number of squats in 30 seconds. A total number of 12 students participated in the activity in which Ms. Neha Parmar BA Hindi hons. 1st year secured 1st position with 38 squats, Ms. Anushka Patanjali BA (H) App. Psychology 1st year secured 2nd position with 32 squats and Ms. Bharti Kashyap BA History hons. 2nd year secured 3rd position with 30 squats.

5. *Skipping Competition [1st March 2022]*

The next challenge was Skipping competition, where participants were required to perform maximum number of skips in 30 seconds. A total of 13 students participated in the activity in which Ms. Bharti Kashyap BA History hon. 2nd year secured 1st position with 99 skips, Ms. Priya Chaudhary BA program 1st year secured 2nd position with 96 skips and Ms. Anushka Patanjali BA (H) App. Psychology 1st year secured 3rd position with 93 skips respectively.



Gargi Olympiad Inter Stream Competition-Skipping Competition

Sports Photography Competition

The 6th challenge was Sports Photography in which the participants were required to capture sports, exercises and other activities through photography. A total of 12 students participated in this activity in which:

- 1st - Ms. Rishita Joshi, B.Com. - 1st year
- 2nd - Ms. Yashika Thakran, B.Sc. Life Sciences - 3rd year
- 3rd - Ms. Prerna Parewa, B.A. Sanskrit Hons. - 2nd year

100 Meter Race [7th March 2022]

The Department of Physical Education and Sports Sciences organised its 1st offline activity after two years. A google form was circulated for entries and the participants were selected on first come first serve basis. From each stream 10 participants were selected in order to maintain equal participation from all the streams. The activity was conducted on time trial basis.

- 1st - Ms. Anusha Shrivastava B.A. Political Science Hons. 1st year with a timing of 14.23 seconds.



Gargi Olympiad Inter Stream Competitions – 100m Race and Frog Jump + Duck Walk

2nd - Ms. Priyanshi B.Com. Programme - 1st year with a timing of 14.29 seconds.

3rd - Ms. Shreya Jain B.Sc. Mathematics Hons.2nd year secured 3rd position with the timing of 15.88 seconds.

Frog Jump+Duck Walk [7th March 2022]

Another offline Inter-stream event was Frog Jump + Duck Walk. A google form was circulated for entries and the participants were selected on first come first serve basis. From each stream 10 participants were selected in order to maintain equal participation from all the streams. The activity was conducted on time trial basis. Ms. Riya Sharma B.A. Political Science Hons. 1st year secured 1st position with the timing of 16.20 seconds, Ms. Kripa Chaudhary B.Sc. Chemistry Hons. 1st year secured 2nd position with the timing of 16.63 seconds, and Ms. Aarti Dhawan B.El.Ed. 3rd year secured 3rd position with the timing of 21.67 seconds.

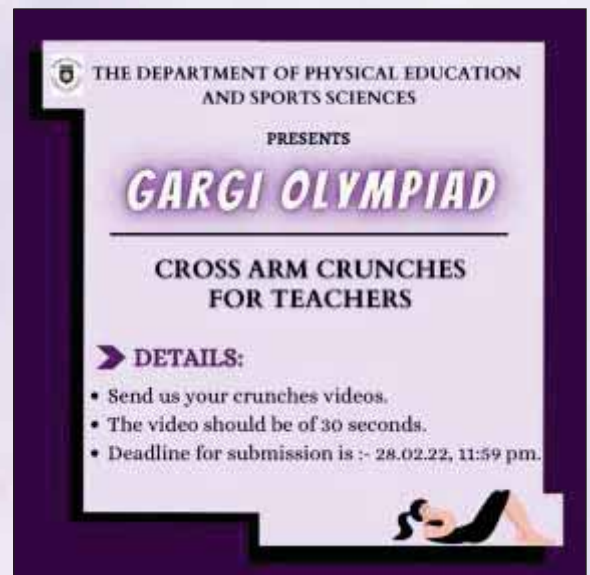
Cross Arm Crunches Contest for Teachers

The Department of Physical Education and Sports Sciences organised 'Cross Arm Crunches' contest for all Teachers. They were required to perform maximum number of crunches in 30 seconds and send a recorded video. 7 teachers participated in the event. The objective always is to encourage teachers to take out time from their busy schedule and get involved in physical activity. The winners were:

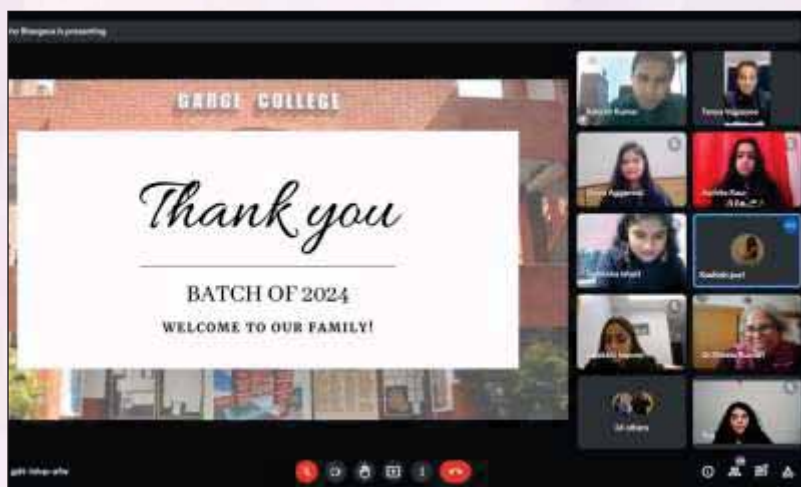
1st - Dr. Soni Jaiswal, Psychology Department

2nd - Dr. Surabhi Shrivastava, Microbiology Department

3rd - Dr. Neha Sharma Chemistry Department



Gargi Olympiad Teachers Activity



Virtual Freshers for the Batch of 2024

'New Beginnings' [Freshers 2021]

The Department of Physical Education and Sports Sciences organised a virtual fresher's welcome for the "Batch of 2024" on 19th January 2022. The theme was 'New Beginnings' which aimed at celebrating the new phase of life of new entrants to the college by facilitating some joyful memories. A total number of 64 students attended the event.

Quiz on Women Sports Achievers on International Women's Day

The Department of Physical Education and Sports Sciences organised an online quiz on the on the topic of Women Sports Achievers occasion of International Women's Day on 8th March 2022. The quiz was open to all the students, teachers and non-teaching staff. The quiz was designed to recognise and honour the achievements of Women in the field of Sports. We received a total number of 17 responses. All the participants were presented with e-certificates.

Team of the Year Competition

For the first time ever, The Department of Physical Education and Sports Sciences organised a TEAM OF THE YEAR COMPETITION for all the sports teams on 8th and 9th March 2022. The games in the competition were - Arm wrestling, Frog jump, One leg race, Shot put and Shuttle race. For each game 30 points for first position, 20 points for second position and 10 points for 3rd position were given. The teams were supposed to earn maximum points to be declared as the team of the year. A total number of seven teams participated - Athletics, Basketball, Chess, Cricket, Judo, Tennis and Volleyball. Team Cricket was declared as the Team of the year with 90 points, Team Athletics came second with 80 points and Team Tennis came 3rd with 50 points. The winning team will be awarded a trophy on Sports Day.



Team of the Year Competition

Non-Academic Staff Cricket Match on 5th March 2022



Department of Physical Education and Sports Sciences organized a Cricket match between Gargi College and Miranda House Non-teaching Staff Men on 5th March 2022. Gargi College won the toss and elected to bat first and scored 132 in 20 overs. Miranda House non-academic staff cricket team were bundled out for 85 runs. Gargi College won the match by 50 runs. Mr. Govind Singh scored 50 not out and took 3 crucial wickets for the Gargi team.

'ABLAZE' - The Annual Sports Magazine

Every year the Department of Physical Education and Sports Sciences releases its Annual Sports Magazine, named 'Ablaze'. The 13th edition of E-Ablaze has a theme of 'Looking forward, Looking back' this year. The idea behind the theme is that we look towards the future by learning from the memories of the past. The magazine is still under production and will be released on the College Annual Day.

Aerobics Workshop

An Aerobics Workshop is being held from 22nd March 2022 till 11th April 2022 for interested students and staff of the college.

Annual Sports Day is scheduled for 13th April 2022 where all prize winners will be awarded and outgoing students given a memento each. Farewell for the outgoing students would also be held after the College Annual Day.

Spin'22 - Annual Sports Day

Gargi College enthusiastically celebrated its Annual Sports Day on April 13, 2022.

Ms. A Anita Chanu, Arjuna Awardee and International Judoka, was the Chief Guest on this special day, along with **Mr. Amitav Virmani**, Chairperson, Governing Body as the Guest of Honor and **Ms. Swati Sehgal**, Alumna and Judoka as the Special Guest. The Sports day started off with the lamp being lit in the Auditorium foyer by the guests. The event took place inside the



auditorium due to the hot weather. The guests were introduced to the Students Sports Council and Team SAARTHI and they were presented with a potted plant and a memento as a token of appreciation.

Team SAARTHI distributed positive quotes to all present starting with the guests. Following the introduction of the guests to the audience, the Vice Presidents, Ms. Sarakshi Kapoor and Ms. Ananya Lohani, welcomed the guests, and the Student Sports Council President, Ms. Tanya Vajpayee, presented the report of achievements of the year. The show began on a musical note with a performance by Samaranjini, the Indian Music Society of Gargi College, followed by the screening of a beautiful video based on the theme of the Annual Sports Day RESURGENCE: IT'S JUST THE BEGINNING. The video was created to picturise how sports resumed after the world was hit by COVID-19 and

the subsequent lockdown. The Sports Council and SAARTHI events held on campus were highlighted in the video.

The Principal, Professor Promila Kumar, declared the event open and talked about the remarkable accomplishments by our sportspersons in her speech. Mr. Amitav Virmani, Chairperson of the Governing Body of Gargi College, spoke about how life and sports go hand in hand and quoted a few lines by Michael Jordan, "To be successful you have to be selfish, or else you never achieve. And once you get to your highest level, then you have to be unselfish. Stay reachable. Stay in touch. Don't isolate." Following his speech, trophies and certificates were presented to all students who had achieved at the state level.



Ms. Angom Anita Chanu spoke to the audience about her experiences as an international JUDOKA and Arjuna awardee. She later presented the students with awards for their national-level accomplishments. Ms. Swati Sehgal, the special guest, was thrilled to be a part of the event. Being invited as a special guest to her college was a proud moment for her.

Towards the end, a rhythmic yoga performance was displayed by Team Ojaswini headed by Ms. Neha Vashisht from Women Health Research Foundation. Later, the audience witnessed a





mesmerizing performance by Nazaakat, the Indian Dance Society of Gargi College on various sports songs. After this, a specially curated and energetic Aerobics performance was presented by the students of the college.

Finally, the General Secretary expressed heartfelt gratitude to all the guests, principal, staff, parents, and audience members present.

– Ms. Tanya Vajpayee
Sports President

Annual Sports Performance 2021-22

Team performance

- The College Basketball team participated in Erobern 3 v 3 Invitational Basketball Inter College Tournament organized by Miranda House on 11-12 March 2022 and secured 3rd position.
- The College Chess Team participated in the selection trials for North-zone Inter-university. The College Chess Team also participated in Erobern Invitational Chess Inter College Tournament organized by Miranda House on 11-12 March 2022
- The College Judo team participated in the selection Trials for Delhi University Judo Team for All India Inter-University Competitions, and 4 players were participated in All India Inter University.
- The Cricket team participated in Redbull Invitational Cricket Campus Tournament for Women from 21-23 October 2021 at Mohali and secured second position.
- The College Volleyball Team participated in Delhi Youth State Volleyball Championship from 21-23 March 2022 at Kishangarh Vasant Kunj, New Delhi and secured 3rd position.

Individual State and National Participations

1. **Ms. Kirti Isharwal**, BA (H) English 3rd Year won Gold medal in Javelin Throw in 81st Delhi State Annual Athletics Championship held at Jawaharlal Nehru Stadium New Delhi from 3-6 September 2021.
2. **Ms. Prachi Soam**, B.A. Programme 2nd won silver medal in High Jump in 81st Delhi State Annual Athletics Championship held at Jawaharlal Nehru Stadium New Delhi from 3-6 September 2021.
3. **Ms. Aarushi Gupta**, BA (H) Applied Psychology 1st Year participated in U-19 Junior National in Basketball.
4. **Ms. Stuti Agnihotri**, BA (H) Applied Psychology 1st Year won Bronze medal in 71st M.P. State Junior Basketball Championship from 21-24 October 2021 at National Basketball Academy, Indore.
5. **Ms. Kashish**, BA (H) Applied Psychology 1st Year participated in Online Senior National & National Junior Girls Chess Championship from 26-28 July 2021 at Online Tornado App. She also participated in Gurugram District under 20 Girls Chess Championship on 19th December 2021 at Vibgyor School, Gurugram.
6. **Ms. Pragya Rawat**, BA (H) English 2nd Year participated in Inter State Women Senior One Day Trophy from Delhi Women Senior Cricket Team, Vishakhapatnam from 31 October to 16 November 2021.
7. **Ms. Pooja Singh Kushwaha**, B.A. Programme 2nd Year participated in Inter State Women Senior One Day Trophy from Delhi Women Senior Cricket Team, Vishakhapatnam from 31 October to 16 November 2021.

8. **Ms. Bharti Kashyap**, BA (H) History 2nd Year participated in Inter State Women Senior One Day Trophy from Haryana Women Senior Cricket Team, Vishakhapatnam from 23 October to 6 November 2021
9. **Ms. Nitika**, B.A. Programme 2nd Year participated in Inter State Women Senior One Day Trophy from Haryana Women Senior Cricket Team, Vishakhapatnam from 23 October to 6 November 2021
10. **Ms. Anchal Rai**, BA (H) Sanskrit 2nd Year participated in U-19 Women's One Day Trophy from 20 September to 18 October 2021 at Visakhapatnam from Haryana Team.
11. **Ms. Vandana**, BA (H) Hindi 1st Year participated in U-19 Women's One Day Trophy from 20 September to 18 October 2021 at Visakhapatnam from Haryana Team.
12. **Ms. Jyoti**, BA (H) Sanskrit 1st Year participated in U-19 Women's One Day Trophy from 20 September to 18 October 2021 at Visakhapatnam from Haryana Team.
13. **Ms. Ria Kondal**, B.A. Programme 1st Year participated in Delhi U 19 Women's one day trophy from 30 September to 13 October 2021.
14. **Ms. Vanshika Phagotra**, B.A. Programme 1st Year participated in J & K U 19 Women's one day trophy from 27 September to 30 October 2021.
15. **Ms. Jyoti Tokas**, B.A. Programme 2nd Year won Gold medal in Senior National Kurash Tournament from 24-27 December 2021 at Jammu, She also won Silver Medal in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur and Qualify for Khelo India Games 2021-22
16. **Ms. Bhawna Tokas**, B.A. Programme 3rd Year won silver medal in Senior National Kurash Tournament from 24-27 December 2021 at Jammu, She also won bronze medal in Cadet and Junior National Trials from 9-11 September 2021 at IGI Stadium, Delhi.
17. **Ms. Prerna Tokas**, B.A. Programme 3rd Year won silver medal in Senior National Kurash Tournament from 24-27 December 2021 at Jammu. She also secured 4th position in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur and Qualify for Khelo India Games 2021-22.
18. **Ms. Anshika Solanki**, B.Com P 2nd Year participated in Senior National Kurash Tournament from 24-27 December 2021 at Jammu.
19. **Ms. Vanshika Chaudhary**, B.A. (H) English 2nd Year won Gold medal in single and double event in AITA Women's 1 lakh Prize money from 27th September to 1st October 2021, Jhajjar, she also participated in All India Tennis Association 1 lakh Women's Tournament from 13-20 September 2021 and Women's 2.5 lakh National ranking Tennis Tournament from 8-12 November 2021 at Jaipur.
20. **Asmita Kaur**, B.Com P 2nd Year participated in All India Tennis Association 1 lakh Women's Tournament from 13-20 September 2021, she also participated in AITA Women's 1 lakh held in Jhajjar from 17-22 January 2022.

21. **Ms. Shreya Thukral**, BA (H) Economics 3rd Year won silver medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi. She also won Gold medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
22. **Ms. Nisha Jakhmola**, B.Sc (H) Chemistry 3rd Year participated in Senior National Volleyball championship, KIIT, Bhubaneswar, Odisha from 7-12 February 2022, she also won Gold medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi and Gold medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
23. **Ms. Muskan Tanwar**, B.A. Programme 2nd Year won silver medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi. She also won Gold Medal Delhi Youth State Volleyball Championship from 21-23 March 2022.
24. **Ms. Nainu**, B.A. (H) Hindi 1st Year won Gold medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi. She also won Gold medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
25. **Ms. Akansha Choudhry**, B.Sc. (H) Chemistry 2nd Year participated in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur.
26. **Ms. Swaita Tokas**, B.A. Prog. 3rd Year participated in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur.
27. **Ms. Shally Solanki**, B.A. Prog. 1st Year participated in Senior National Kurash Tournament from 24-27 December 2021 at Jammu.
28. **Ms. Surya**, B.A. Prog. 1st Year won Gold medal in senior women category in Tamilnadu State Junior & Senior Ju-do Championship from 31st January to 2nd February at Thanjavur, organised by Tamilnadu Judo Association. She also won Bronze medal in junior women category in Tamilnadu State Junior & Senior Judo Championship from 31st January to 2nd February at Thanjavur, organised by Tamilnadu Judo Association.
29. **Ms. Siddhi**, B.Com Prog. 1st Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
30. **Ms. Bheeni**, B.A. (H) History 1st Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
31. **Ms. Geetanvi**, B.Com H 2nd Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
32. **Ms. Tulika**, B.A. (H) Political Science 1st Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
33. **Ms. Jahanvi**, B.A. (H) Applied Psychology 1st Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.
34. **Ms. Dakshita Dahiya**, B.A. (H) English 1st Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.

35. **Ms. Nirmitt**, B.A. (H) History 2nd Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 march 2022.
36. **Ms. Divya**, B.A. (H) English 2nd Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 march 2022.
37. **Ms. Prachi**, B.Com Prog. 2nd Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 march 2022.
38. **Ms. Tamanna**, B.Com Prog. 1st Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 march 2022.
39. **Ms. Jigyasa**, B.A. (H) Hindi 2nd Year won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 march 2022.

Achievers Galaxy - I



Ms. Pooja Singh Kushwaha
B.A. Programme - 2nd Year
participated in Inter State Women
Senior One Day Trophy from Delhi
Women Senior Cricket Team,
Vishakhapatnam from 31 October to
16 November 2021.



Ms. Nitika
B.A. Programme - 2nd Year
participated in Inter State Women
Senior One Day Trophy from
Haryana Women Senior Cricket
Team, Vishakhapatnam from 23
October to 6 November 2021



Ms. Pragya Rawat
BA (H) English - 2nd Year
participated in Inter State Women
Senior One Day Trophy from Delhi
Women Senior Cricket Team,
Vishakhapatnam from 31 October to
16 November 2021.



Ms. Aarushi Gupta
BA (H) Applied Psychology - 1st Year
participated in U-19 Junior National in
Basketball.



Ms. Bharti Kashyap
BA (H) History - 2nd Year
participated in Inter State Women
Senior One Day Trophy from
Haryana Women Senior Cricket
Team, Vishakhapatnam from 23
October to 6 November 2021



Ms. Anchal Rai
BA (H) Sanskrit - 2nd Year
participated in U-19 Women's One
Day Trophy from 20 September to
18 October 2021 at Visakhapatnam
from Haryana Team.



Ms. Vandana
BA (H) Hindi - 1st Year
participated in U-19 Women's One
Day Trophy from 20 September to
18 October 2021 at Visakhapatnam
from Haryana Team



Ms. Kashish
BA (H) Applied Psychology - 1st Year
participated in Online Senior National &
National Junior Girls Chess
Championship from 26-28 July 2021 at
Online Tornelo App. She also
participated in Gurugram District Under
20 Girls Chess Championship on 19th
December 2021 at Vibgyor School,
Gurugram.



Ms. Jyoti
BA (H) Sanskrit - 1st Year
participated in U-19 Women's One
Day Trophy from 20 September to
18 October 2021 at Visakhapatnam
from Haryana Team.



Ms. Ria Kondal
B.A. Programme - 1st Year
participated in Delhi U 19 Women's
one day trophy from 30 September
to 13 October 2021.



Ms. Vanshika Phagetra
B.A. Programme - 1st Year
participated in J & K U 19 Women's
one day trophy from 27 September
to 30 October 2021.



Ms. Jyoti Tokas
B.A. Programme - 2nd Year
won Gold medal in Senior National
Kurash Tournament from 24-27
December 2021 at Jammu, She also
won Silver Medal in All India Inter
University in Judo on 10th March
2022 at Chhatrapati Shahuji Maharaj
University Kanpur and Qualify for
Khelo India Games 2021-22

Achievers Galaxy - II



Ms. Prerna Tokas

B.A. Programme - 3rd Year
won silver medal in Senior National Kurash Tournament from 24-27 December 2021 at Jammu. She also secured 4th position in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur and Qualify for Khelo India Games 2021-22.



Ms. Anshika Solanki

B.Com P - 2nd Year
participated in Senior National Kurash Tournament from 24-27 December 2021 at Jammu.



Ms. Bhawna Tokas

B.A. Programme - 3rd Year
won silver medal in Senior National Kurash Tournament from 24-27 December 2021 at Jammu. She also won bronze medal in Cadet and Junior National Trials from 9-11 September 2021 at IGI Stadium, Delhi.



Ms. Vanshika Chaudhary

B.A. (H) English - 2nd Year
won Gold medal in single and Double event in AITA Women's 1 lakh Prize money from 27th September to 1st October 2021, Jhajjar, she also participated in All India Tennis Association 1 lakh Women's Tournament from 13-20 September 2021 and Women's 2.5 lakh National ranking Tennis Tournament from 8-12 November 2021 at Jaipur.



Ms. Asmita Kaur

B.Com P - 2nd Year
participated in All India Tennis Association 1 lakh Women's Tournament from 13-20 September 2021, she also participated in AITA Women's 1lakh held in Jhajjar from 17-22 January 2022.



Ms. Shreya Thukral

BA (H) Economics - 3rd Year
won silver medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi. She also won Gold medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Nisha Jakhmola

B.Sc (H) Chemistry - 3rd Year participated in Senior National Volleyball championship, KIIT, Bhubaneswar, Odisha from 7-12 February 2022, she also won Gold medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi and Gold medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Muskan Tanwar

B.A. Programme - 2nd Year
won silver medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi. She also won Gold Medal Delhi Youth State Volleyball Championship from 21-23 march 2022.



Ms. Swaita Tokas

B.A. Prog. - 3rd Year
participated in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur.



Ms. Kirti Isharwal

BA (H) English - 3rd Year
won Gold medal in Javelin Throw in 81st Delhi State Annual Athletics Championship held at Jawaharlal Nehru Stadium New Delhi from 3-6 September 2021.



Ms. Prachi Soam

B.A. Programme - 2nd Year
won silver medal in High Jump in 81st Delhi State Annual Athletics Championship held at Jawaharlal Nehru Stadium New Delhi from 3-6 September 2021.



Ms. Stuti Agnihotri

BA (H) Applied Psychology-1st Year
won Bronze medal in 71st M.P. State Junior Basketball Championship from 21-24 October 2021 at National Basketball Academy, Indore.

Achievers Galaxy - III



Ms. Siddhi

B. Com Prog. - 1st Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



• **Ms. Akansha Choudhry**

- B.Sc. (H) Chemistry - 2nd Year
- participated in All India Inter University in Judo on 10th March 2022 at Chhatrapati Shahuji Maharaj University Kanpur.



Ms. Shally Solanki

B.A. Prog. - 1st Year
participated in Senior National Kurash Tournament from 24-27 December 2021 at Jammu.



Ms. Surya

B.A. Prog. - 1st Year
won Gold medal in senior women category in Tamilnadu State Junior & Senior Judo Championship from 31st January to 2nd February at Thanjavur, organised by Tamilnadu Judo Association. She also won Bronze medal in junior women category in Tamilnadu State Junior & Senior Judo Championship from 31st January to 2nd February at Thanjavur, organised by Tamilnadu Judo Association.



Ms. Geetanvi

B. Com H - 2nd Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Nirmit

B.A. (H) History - 2nd Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Divya

B.A. (H) English 2nd Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Nainu

B.A. (H) Hindi - 1st Year
won Gold medal in Delhi Senior Volleyball State from 9-12 November 2021 at V.N. Academy, Najafgarh Delhi. She also won Gold medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Bheeni

B.A. (H) History - 1st Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Jahanvi

B.A. (H) Applied Psychology - 1st Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Jigyasa

B.A. (H) Hindi - 2nd Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Dakshita Dahiya

B.A. (H) English - 1st Year
won Bronze medal in Delhi Youth State Volleyball Championship from 21-23 March 2022.



Ms. Prachi

B. Com Prog. - 2nd Year
won Bronze medal in Delhi Youth
State Volleyball Championship
from 21-23 march 2022.



Ms. Tamanna

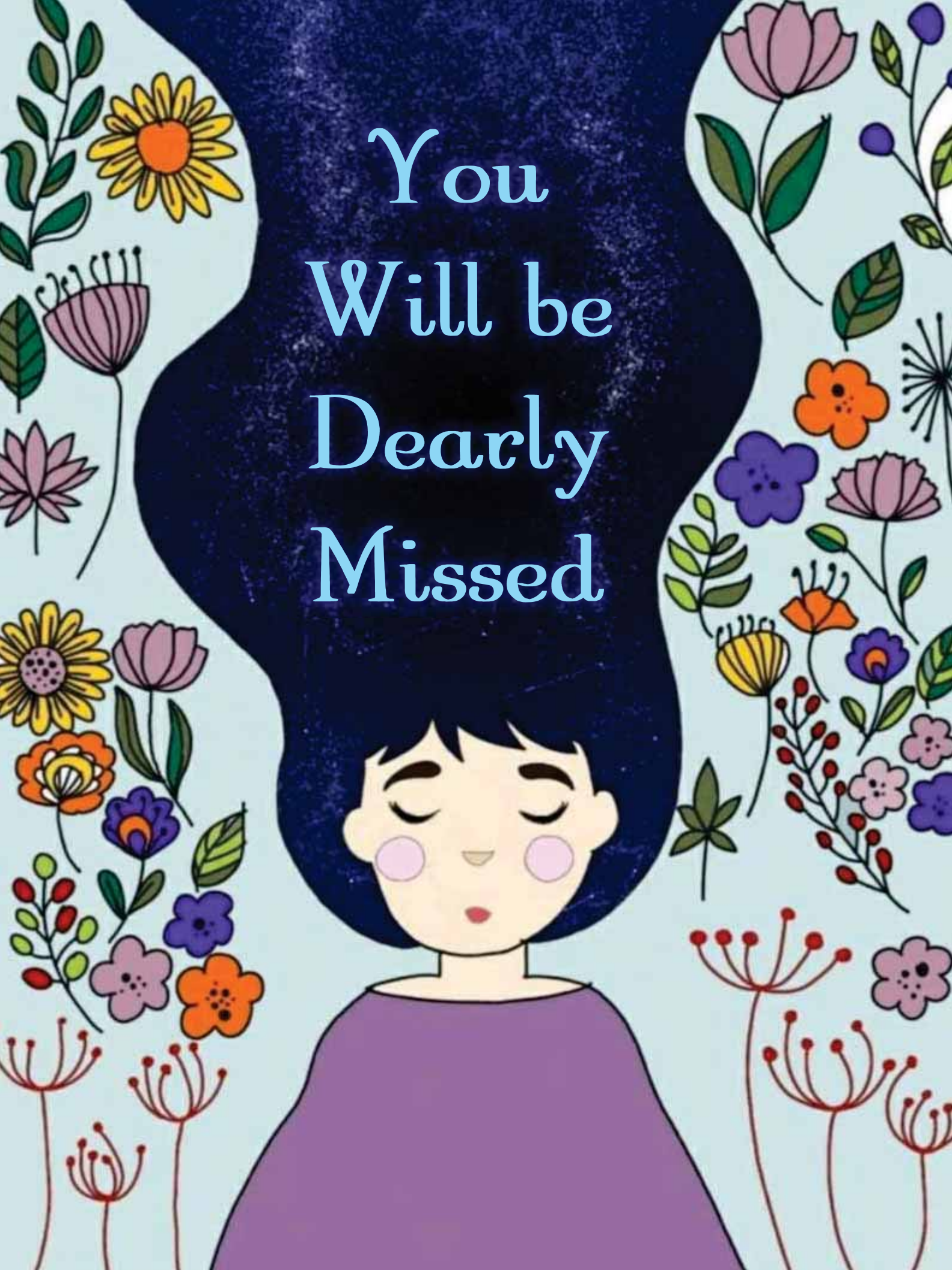
B.Com Prog. - 1st Year
won Bronze medal in Delhi Youth
State Volleyball Championship from
21-23 march 2022.



Ms. Tulika

B.A. (H) Political Science - 1st Year
won Bronze medal in Delhi Youth
State Volleyball Championship from
21-23 march 2022.

You
Will be
Dearly
Missed





Artist : **AREEBA ABRAR**, BA (Hons.) English, I Year



Our Esteemed Colleagues who have Superannuated from Active Service

Teaching Staff



Dr. Geeta Mehta

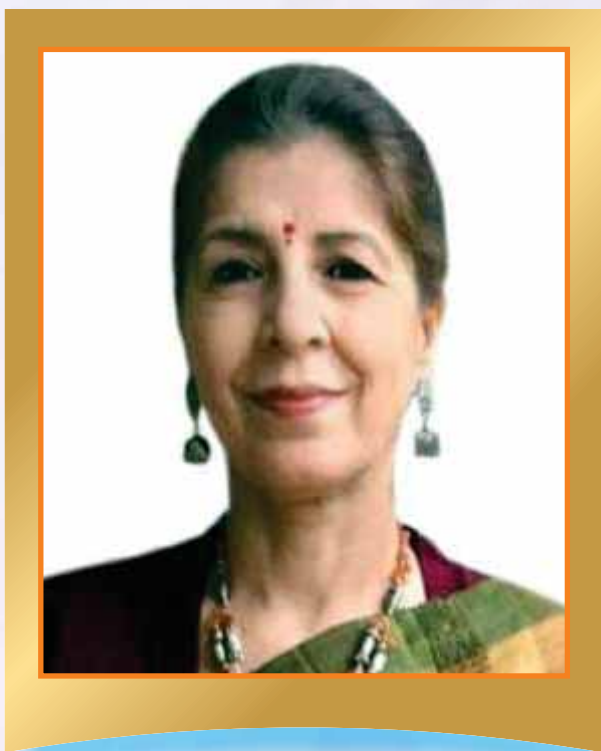
Associate Professor, Department of Botany

I desired to be a teacher and was fortunate to start my career as a lecturer against a leave vacancy in 1982 at Gargi College. I then had to take a break for personal reasons and got back into teaching in July 1989, starting from Maitreyi College. I re-joined Gargi in January 1990 and retired on 30th June 2021.

It is delightful to acknowledge that the Heads of the Institution I got a chance to work under and all my colleagues have given me the best working conditions and environment to deliver my duties and responsibilities. It was always a pleasure to interact with imaginative, creative and enthusiastic young girls in the class and this encouraged me to put in my best. The bond with my students went beyond the classrooms.

During the tenure spent at Gargi, I also got opportunities to learn skills such as management ability, teamwork and time management, by being a part of several committees.

I would like to express my gratitude to Gargi College for these 31 years of a great fulfilling, learning experience.



Dr. Sushma Bhan
Associate Professor, Department of Chemistry

As they say “*All good things come to an end*”. After a stimulating, enjoyable and fulfilling 33 years' journey with Gargi College, I bade adieu to it.

I feel proud to be associated with Gargi College, a great institution of national repute and a loveable workplace. Working here has been a fantastic learning and enriching experience, with contributions from students, colleagues, administrative staff and handholding by respective principals.

I leave with a sense of fulfillment and sweet memories which will remain with me. I wish my college and chemistry department to grow and reach the highest echelon of educational excellence.

Non-Teaching Staff



मुन्नी शर्मा

प्रयोगशाला सहायक, वनस्पति विज्ञान विभाग

मैं मुन्नी शर्मा, आज दिनांक 28-2-2022 को गार्गी कॉलेज दिल्ली विश्वविद्यालय के वनस्पति विज्ञान विभाग में 35 वर्ष 6 माह की सेवा के उपरांत प्रयोगशाला सहायक के पद से सेवानिवृत्त हो रही हूँ, जिसका मुझे अपार हर्ष एवं संतोष है। इस संस्थान में कार्य करते हुए मैंने अपने वरिष्ठ अधिकारियों, अध्यापिकाओं से बहुत कुछ सीखा। उनके सहयोग एवं कनिष्ठ सहयोगियों की सहयता से मैं अपने कर्तव्य का निर्वहन सही प्रकार से कर पाई, जिसके लिए मैं सभी का आभार प्रकट करती हूँ। अपने इस लम्बे कार्यकाल के दौरान यदि मेरे कार्य या व्यवहार से किसी को कोई ठेस पहुंची हो तो मैं उसके लिए हृदय से क्षमा प्रार्थी हूँ। मैंने राजनीतिविज्ञान में स्नातकोत्तर उपाधि प्राप्त की है। मेरे पति दिल्ली सरकार के शिक्षा विभाग से अनुभाग अधिकारी के पद से पिछले वर्ष सेवानिवृत्त हुए हैं। मेरे दो पुत्र हैं – बड़ा पुत्र भारत सरकार के विदेश मंत्रालय में वरिष्ठ लेखाकार के पद पर कार्यरत है। उसकी पत्नी दिल्ली सरकार के विद्यालय में टी जी टी पद पर कार्यरत है। मेरे छोटे पुत्र ने अखिल भारतीय आयुर्वेदान संस्थान नई दिल्ली से एम एस सी एम्बुर्योलॉजी की है, वर्तमान में सर गंगाराम चिकित्सालय दिल्ली में एम्बुर्योलॉजीस्ट के पद पर कार्यरत है। मैं अपने परिवार के साथ सुखी एवं संतुष्ट हूँ। अपनी सेवानिवृत्ति की इस बेला मैं आप सभी को शुभकामनायें देती हूँ।



Ms. Ramwati
MTS, Gardner

From the Garden Committee ..

“The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed not just the body, but the soul”. - Alfred Austin

On June 30th 2021, we bid farewell to a highly valuable member of Gargi College, Ms. Ramwati, who dedicated 20 years, 11 months and 24 days of tireless service to our college. Gardening is thought to be a profession that teaches us all about being caring, patient and attentive, and one can safely say that these words fit rightly when we describe Ms. Ramwati as a Gardner in our Gargi Campus. Ms. Ramwati joined our college on July 6th 2000 and since then she has contributed immense amount of time and effort to make our campus look picturesque. She has worked tirelessly in the gardens of our college which are cherished by all, teachers, students, staff and visitors. We thank Ms. Ramwati for her dedicated service because of which the gardens constantly remain an essential part of our college memories.



**Academic Excellence
Awards
&
Co-Scholastic Awards**



Academic Excellence Awards 2020 - 21

Dr. Hema V. Raghavan Long Strider Award



Syeda Warisul Fatima
B.Sc. (Hons.) Zoology, 2014

Sarah Thomas Memorial Award



Sakshi Dawer
Best All Rounder Student of
B.Sc. (Hons.) Botany,
III Year



Ramya Vishwanath
Best All Rounder Student of
B.Sc. (Hons.) Chemistry,
III Year



Prama Pandey
Best All Rounder Student of
B.Sc. (Hons.) Zoology,
III Year

Best All Rounder Awards



Neelam Negi
B.Sc. Physical Science, III Year

Dr. Chhaya Biswas
Best All Rounder Award
in Science

Dr. Meera Ramachandran
Best All Rounder Award
in Humanities



Vaishnavi Dube
B.A. (Hons.) English, III Year



Aastha Sardana
B. Com. (Hons.), III Year

Shrimati Lajwanti Malik Memorial
Best All Rounder Award
in Commerce

Co-Scholastic Awards 2022

**For Contributing Best Article in Respective Creative Section
for the College Magazine “Voices/ अभिव्यक्ति 2021-22”**

English Creative Section

URVIE BHATTACHARYA

B.A. (Hons.) English, I Year

Title of Article: “Change as the Political Saviour”

German Creative Section

HARSHITA SINGHAL

B.A. (Prog.), III Year

Title of Article : “Veränderung Annehmen”

Hindi Creative Section

ईशा अग्रवाल

बी.एस.सी. (भौतिक विज्ञान), तृतीय वर्ष

Title of Article : “कलयुग में परिवर्तित धर्म”

Sanskrit Creative Section

SREERADHEY SRIVASTAVA

B.A. (Hons.) Sanskrit, III Year

Title of Article : “शिक्षायाः परिवर्तनम्; छात्राणां जीवने ज्ञानं विज्ञानं च”

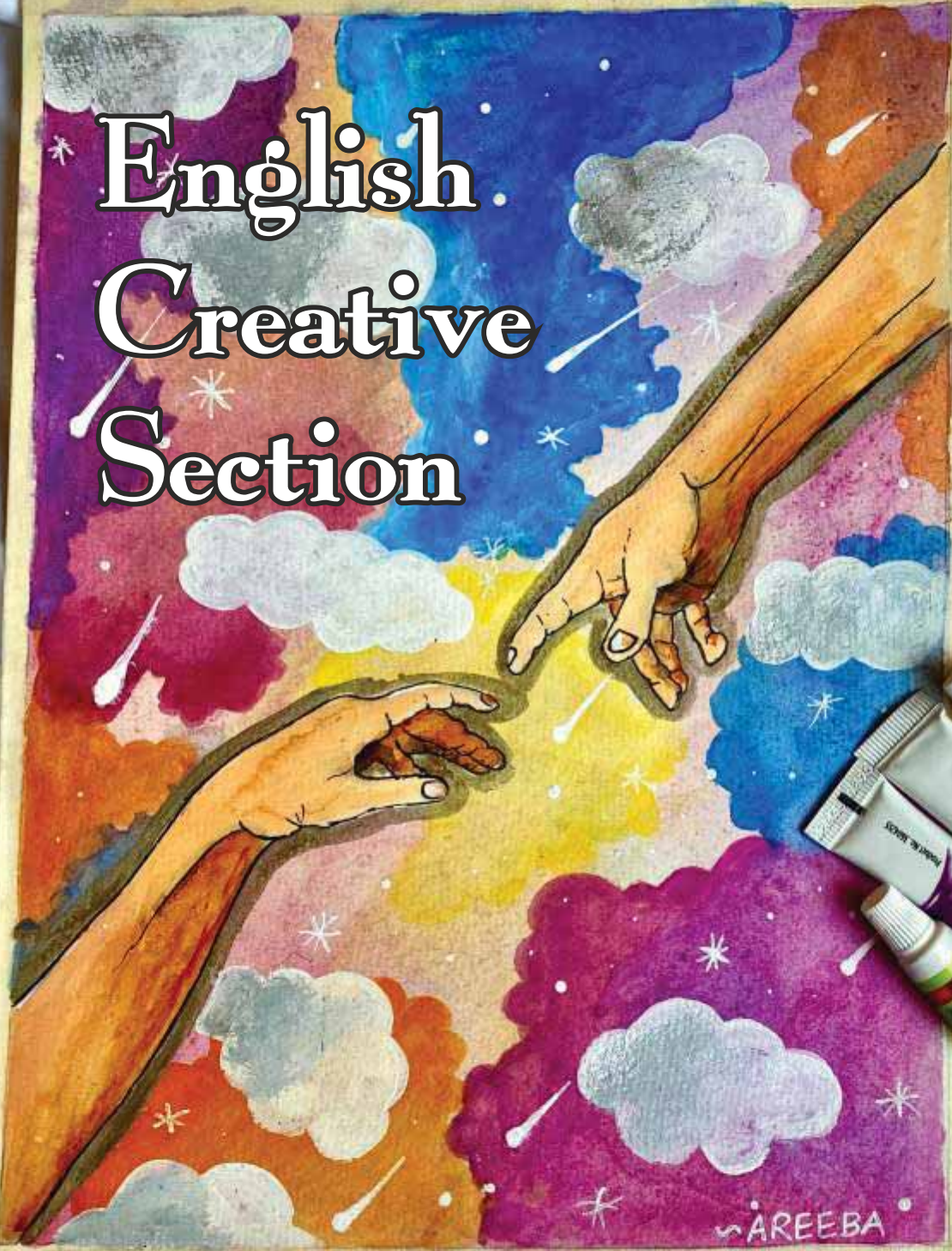
**For the best Cover Design for the College Magazine
“Voices/ अभिव्यक्ति 2021-22”**

NISHA

B.A. (Prog.), III Year



English. Creative Section





Artist : **AREEBA ABRAR**, BA (Hons.) English, I Year



The Transformation of Self-Worth

She curls up in her bed - it is 2.04 am. By now, she should have slept since she has an early morning class to attend. However, the darkness of her completely empty room wasn't letting her sleep.

Restless Samhita turned around in bed with several thoughts scattered in her head. They had a shape and matter of their own and were forming and de-forming quite frequently now. There were quite a few questions in her head and some of them irked her on a regular basis. They never missed an opportunity of maintaining their 'streak' (they seem too millennial for Samhita to handle) of discomfort!

A few of her regular visitors included:

Should she continue being a nerd or live a little? What could be the possible repercussions of either of these choices?

Is she mature enough to seek love and a stable relationship?

Is this the right time? If it isn't, then why is she so drawn to something that seems like a "not-so-moral" choice?

Will it destroy her life?

What if she turns out to be a failure?

What if she just studies and yet, is an average in the world of "everyone is unique"? She'll just miss out on life and be a failure as well. Alas, such a waste!

Why can't I wait for a few more years? Just a few more years of practice and then she can "do whatever she wants". What's the hurry?

The list goes on.

Then a thought strikes her:

"Did she choose the life that she has lived all these years? Did she choose to be a nerd? Was it a deliberate move or strategy to study and enjoy later?" The answer to this question was no.

She never planned all that, and maybe that's why it went so smoothly. What was bound to happen, did happen! She simply embraced change all these years!

The nature of life is change, and not accepting this change was making Samhita restless. Being a nerd was Samhita's very own personality. Moreover, this craving for love and validation is yet again a transition in Samhita's personality, and dodging it can cause a disruption in the law of nature – change.

Instead, Samhita decided to embrace this transition just the way she has embraced her nerdy-ness, her scars, her body, and every sort of magic that she owns. As soon as she was empowered with this thought, the streak of thoughts bid her a happy goodbye and she drowned in a sleep of warmth and excitement, to live and experience change.

– Sumedha Vats

BA (P) History and English
II Year

The Caterpillars

Like two caterpillars in this ever-changing world,
May we be persistent and hold on to each other,
May our humanity be our bond
That ties and holds us together, reminding us of shared fortunes and misfortunes.
May these not faze us,
But remind us of our strengths.
May these changes be nothing,
But testaments to our faith.
As the caterpillars grow,
So does our knowledge and understanding of this world,
Yet we retain the humility, innocence and naivete of the youth,
May we circumvent the challenges that life throws at us,
May we break open our chrysalises to a better world,
With a well-rounded understanding and the wisdom of generations gone by,
They say change is constant,
Their belief quite consistent,
Acceptance is key, to ensure a future that is golden,
Take flight, o' youthful butterfly!
Soar these blue skies in search of success,
Your home awaits the progress you made today,
The future is not a forbidden fruit,
But an unripe one, unsuitable for taking.
Ripen it through your skills and qualities,
And thus wield the power of change in the palm of your hand.

– Anupriya Bhatnagar
BA (H) Political Science
I Year

A Love-Hate Relationship with Change

I have always had a love-hate relationship with change. There have been moments in my life so stagnant that I seek for something to grab me by the shoulders and drag me out of that space; at other times, just the mere thought of anything which could potentially pop my comfort bubble would make me physically convulse. Over the years, I've found myself mentally stuck in the year 2016, and often when I have to do things that I'm in no mood for, I'd just convince myself that "You Only Live Once" (YOLO). Want to visit a historical monument but don't want to stand in long queues for a token? YOLO it. Secretly wishing you knew how to drive but don't have the confidence to take driving lessons? YOLO it. Oh, that book you never finished that is still glaring at you from the bookshelf? YOLO it. The mentality of "now or never" has resonated with me more than I'd thought, and almost, always pushes me to get things done. Almost.

Change is empowering. I've heard that it is the only constant in an ever-evolving world that is moving past you, and I find it to be true that if you don't make change your companion you will find yourself stuck in a boring loop of nothingness. I've read books, articles, heard songs, watched movies on how to unlearn the reluctance and welcome the newness change brings, but I find it hard to consistently maintain that attitude. Sometimes the pessimist in me is unwilling to be happy about waking up early and going to college every day; but the angel of optimism on my other shoulder sings in my ear that these are the memories you'll always carry. Sudden changes can be tough to make peace with, so I've managed to find a common ground in indifference - what is bound to happen, will happen. My feelings towards it shouldn't influence the trajectory of what it will bring.

The more I overthink change, or the more I talk about it, I find myself getting flustered over the smallest of things. As a result, I've chosen to make my mind an empty canvas where change can paint itself in bright neon colours or demure earthy tones, but never allow it to turn tar-black and repulse me by the freshness it hopes to bring. I can be as preachy as I want, but there will still be moments where I'll grunt thinking about trying something new to eat and leave my comfort diet behind. And, there will also be moments where I'll thank myself for standing in the queue for an hour - because Qutub Minar is oh so beautiful to look at. I will embrace change in the form of toothy grins and flashy pictures being snapped in the sun, or by making my friends listen to that one Tony Kakkar song they hate in the metro while sharing earphones. There is a romantic air about change and this will always be a love-hate relationship to me, but I hope the love outweighs the latter always; as long as I have my rose-tinted shades on.

– Dipti Janghu
BA (H) English
II Year

Hair Full of ~~Secrets~~ Identity Crisis Towards Embracing Change in the Little Things

The announcement of the university's reopening meant, among many other things, a long delayed and cliched 'reinvention' of my 'self' – a natural rite of passage for someone with enough coming-of-age-movies' knowledge in her arsenal to know that reinvention was central, if not the only thing significant, to the college 'experience'. But until I figured whatever that reinvention was to be – a hard coin flip between going goth or starting a band – I contented with refashioning myself, quite literally, with a pilgrimage to the hair salon, to get rid of the hereditary curls and frizz from my hair. It looked 'untidy,' as my school had emphatically made it clear over the years which never bothered me, until yet. Climbing up the stairs through the palatable and overpowering mist of an excess of all kinds of hair and makeup products, I was ready for the transformation- a metamorphosis, which would determine, I was convinced, my acceptability (at a precursory glance at least), and hence, increase the propensity of likeability among my peers who've till yet only known me through my voice online.

Sitting in the chair for an hour, with nothing to do except mindfully experiencing the hairdresser's hands caressing my head with what are apparently called 'hair relaxing' chemicals, and seeing my reflection in the mirror thereafter, a wave of a mild, unexplained sadness took over me. The person in the mirror looked like me, but the image of the person in my memories that inhabited my mind – of her who could quote Jo March's monologue by heart, who wrote letters outpouring with passion to her imaginary pen friend, who vexed people at school by questioning the dress code – was nowhere to be seen. I did not know why. What I did know was I did not want to be the person in the mirror – who changed to fit in, who changed to conform.

It is peculiar how 'embracing change' can mean staying the same, in remaining unchanged and resolute. In speaking your truth, even as your voice trembles and your hair grows frizzier. Change lies in transforming the definitions of those around us by challenging, instead of acquiescing to, what the voices around you tell is the truth, by rebelling and unlearning instead of changing ourselves to fit the mould.

I was determined to get the procedure reversed. On learning my benign epiphany would cost me another 4000 bucks, I settled for remaining frizzy-haired at heart – for the praxis I could no longer afford – till my hair changed back to its natural form with time. Time heals all wounds after all – even those to your identity.

– Shreya Sharma
BA (H) English
II Year

Pride: Is India Ready to Accept?

A few months back, judge Anand Venkatesh of the Madras High Court, ordered state and federal administrations to plan reforms to eliminate discrimination against the LGBTQ+ community. While the move may come across as too little too late, we need such steps in favour of the community.

LGBTQ+ is an inclusive term that includes people of all genders and sexualities, such as lesbian, gay, bisexual, transgender, questioning, queer, intersex, asexual, pansexual, and allies. In 2012, the Indian government submitted a report to the Supreme Court stating that 2.5 million people in India identify as gay. Beyond that, there are no official demographics for the LGBTQ+ population in India. In 2018, Supreme Court ruled that consensual homosexual acts would no longer constitute a crime. The historic move reversed Section 377 of the Indian Penal Code. Yet, India still does not recognize same-sex marriages or civil unions. The LGBTQ+ community in India continues to face marginalisation and humiliation--unrelenting discrimination and hatred against the queer community manifest in microaggressions stemming from the fact that homosexuality is condemned by the ignorant for being against the "natural state of things."

Not only India, but countries across the world are facing the challenge of accepting people of different sexual orientations. The fact that there is no official report or data of crimes against the LGBTQ+ community in India reflects how ignorant we are towards the community. Having different sexual orientations or gender identities shouldn't be the basis for the denial of basic human rights to anyone. The world must look beyond binaries. Talking about equality is easy, but its implementation is far more difficult. Everything seems easy and on social media. People with shallow mindsets make our societies malevolent and toxic for people who disagree with the norms. People who stand up for reforms are called out and boycotted by society. A recent example is the boycott of the advertisement by Dabur portraying two women celebrating 'Karva Chauth'. It is said that the demand for same-sex marriage is the effect of Westernization and is a threat to our tradition and culture. The truth is that we are always resistant to changes. In the past, the same excuses of threat to tradition and culture were put forth to justify various social ills like dowry and child marriage that are now rightly criminalised. Acceptance takes time. Changing the minds of millions of people in India is an uphill task, but standing up, supporting equality and spreading awareness constantly will certainly bring a change. The problem is that our society is becoming intolerant and people who raise their voices are threatened, thus people are afraid to speak up. We rarely see advertisements with progressive meaning on national television considering that television is the fastest way to spread awareness in society. The initiative by Dabur should have been appreciated. People need to understand that someone's sexual orientation and love can never be a threat to religion or culture. If society is so reluctant to accept, then we need judicial interventions in these matters, in the same way the Madras High court stood up for the LGBTQ+ community.

It is all about acceptance. The Pride month is dedicated to generating awareness about the problems faced by the LGBTQ+ community. Its celebration in June has a particular historic significance. On the early morning of June 28, 1969, the police attacked the Stonewall Inn, a famous gay bar in New York City. The patrons of the bar retaliated, beginning the Stonewall Riots, which continued for a long time. The Stonewall Inn was marked as a noteworthy milestone by the city of New York in 2015 and later named a public landmark by President Barack Obama in 2016. Taking Pride in who you are and whatever you identify yourself as is important. The Indian LGBTQ+ community needs recognition, rights, and most importantly, acceptance by society.

Quoting American Pop Singer Lady Gaga:

“There's nothing wrong with loving who you are”
She said, cause he made you perfect, babe
So hold your head up girl and you'll go far,
Listen to me when I say
I'm beautiful in my way
Cause God makes no mistakes
I'm on the right track, baby
I was born this way.”

– Deepshikha
BA (H) English
I Year

Chaos

When you constantly live in chaos,
Normal seems boring and strange.

When drama becomes your lifestyle,
Something seems to be missing in all things 'normal.'

When Chaos becomes home,
Normal looks like a stranger with whom,

you have accidentally made eye contact on the street.
Normal is the change that makes your heart ache.

Just because you are afraid of him, it doesn't mean that he's bad.
Change can be bad,

but only if you won't dive into him completely.
Let your heart embrace the beauty he holds in himself.

He may possibly shatter you,
In an unpredictably beautiful manner.

That strange companion will let you cry without complaints.
You can shred and tear apart in the change.

Become twisted and wild,
To be his companion forever.

– Daisy
B Com (H)
I Year

Best Creative Piece in English

Change as the Political Saviour

Change wields immense power. Revolutions and resistance movements are born from the yearning for change. Tradition cowers beneath the threatening shade of change, for the latter is the only abstraction capable of deriving defiance from itself. It has saved those that have been disempowered by emboldening their strength and awarding them a fate free from chains. Change has determined the distinction between the past and the present.

From birth to death, the only assurance of our living is the constant of change. In the creaks of our lives, there is change that has allowed the space in which we breathe. We owe our victories to the catalyst of metamorphosis within rebellions. The desire for change and change in itself have defined progress within the complex socio-political structures of our world.

Especially in a country like ours, where the majority is too vehemently opposed to the idea of change, it is all the more important. Protests appear every day, signifying the bravery of those who wish to embrace and implement change, so that we may move towards a time that recognises the beauty of diversity, instead of demonising it.

Our freedom has been the result of change. I owe my life and the ability to exercise my capabilities to the numerous women that have come before me. I sincerely wish with all that I have, that I am the last in the generation of women that have to fight. I hope that the world is a softer, kinder place in the future, so that we may have the choice to just exist, instead of having to exist strongly.

Change inspires, motivates and instigates progression. For the marginalised, it has been synonymous with the hope for a better life. It lives in us, mobilising our strength in the pursuit of a day where there will be no need for the machinery of change. Therefore, embracing change has come as secondary nature to many, for growth and development have been the consequents of change.

– Urvie Bhattacharya
BA (H) English
I Year

A Candle in the Storm

“Unprecedented times call for unprecedented measures.”

We have all heard this sentence floating around in conversations, online articles, newspapers and broadcasts during the pandemic.

With the onset of the lockdown, our lives were turned upside down and every single planned moment of the year was snatched away from us. All of a sudden, schools shifted to a virtual mode, shops were shut, everything went blank and life came to a standstill. With such change came uncertainty, anxiety, fear, insecurity and apprehension, which left us shaken from the inside. At the beginning of the pandemic, I also battled with strong feelings of inferiority, guilt and nervousness. Burning questions wreaked havoc in my mind, sapping my zeal, excitement and zest, day after day. These ranged from 'what would happen to the board exams?' and 'how should I prepare for exams which have no definite date?' to 'how should I focus on the most significant academic year of my life when the world around me is falling apart?' But later came a potent realization: change is a constant in our lives, it is unquestionable, often unannounced, and always inevitable. So even as I felt overwhelmed and lost every second, I strived and thrived through the year, with belief in my resilience and confidence in my capabilities. This, in my opinion was an instance of 'embracing change' in its rawest and purest form.

I believe that we can only accept newness and spontaneity, both mental and physical, when the fear of the unknown no longer holds us captive. Progress, growth and improvement can be achieved only when we break out of our routines, take leaps of faith, and step out of our comfort zones. Positive changes can take on different manifestations - from changing our attitudes and opinions, to transforming our political or ideological stances, to shifting our stagnant perspectives and beliefs. Embracing change is liberating; it provides us with the freedom to explore, rediscover and reinvent without being bound by restrictions or conventions of our minds. Courage, resilience and belief can transform change from a painful hurdle into a fruitful opportunity.

Hence, instead of cursing change and being consumed by its darkness, be a candle in the storm and work towards making your new reality brighter than ever before. Because when the sun doesn't shine, a single candle can also help evade the gloom.

– Sanya Singh
BA (H) Applied Psychology
I Year

Because We are All Human

Have you seen paradoxes in real life? If not, then let's see them. Do you know there are people who are not allowed to progress just because of their caste? Similarly, people with skills and talents are left unnoticed because of their poor financial conditions. Political power sometimes makes honesty bite the dust. Isn't the world following a materialistic approach and endorsing a particular type of standardized beauty, where discriminatory practices have gained ground against those who fail to meet the set standards? Moreover, individuals aren't allowed to love just because of their gender or caste. Some also feel threatened because of the ethnic or linguistic community to which they belong.

What is common in all the given instances discussed above? Differences. These differences, if left unmonitored, can in extreme conditions cause harm to others. In today's time, we get to see hate speech (speech inciting hatred and violence against specific groups/individuals) taking place in our environment. Besides, some individuals aren't allowed to attend school or college because of their religious attire. People are lynched, killed, raped, oppressed, marginalized, traumatized just because of what they are born with or what they are connected to.

Especially in current times, even the international community has failed to curb these disturbances. Means of dialogue and persuasion are suppressed and antagonism is used as a tool to deal with distress. It seems as if peace has ceased to exist, and hatred and war predominate. With each passing day, the world is becoming more and more intolerant.

Why is it all happening? Why is everyone at loggerheads with one another? A simple answer to this would be the same as we saw above: differences. People are different in each and every aspect of their lives. People belong to differing classes, castes and nationalities; they come from various educational backgrounds and follow different religions. However, what is that one thing that binds us all together? It is that we all are human. But wait, there is a difference between human beings and being human.

Human beings are selfish and violent whereas 'being human' is about selflessness, kindness compassion and generosity towards every creature regardless of caste, creed, gender, religion, sex etc. We all should adopt the latter approach. For once, we all should forget and shed the biases that we all have created among ourselves if we really quest for tranquillity.

Ending these self-created boundaries and transcending them should be our motive. Such values breed brotherhood, belongingness and oneness among all the organisms living on earth. It may sound very utopian in nature, and thus impractical. But we can attempt to strive for it, if not achieve it completely, thus bringing about change by creating a ripple effect.

After all, it was the father of our nation Mahatma Gandhi who said, "Be the change you wish to see in the world."

– Kirti Bhadana
BA (H) Political Science
I Year

My First Day in College after the Lockdown: A Diary Entry

February 17, 2022

Thursday

10.00 pm

Dear Diary,

It was my first day in college today, which was an exciting, yet nerve-wracking experience. Owing to the pandemic, the past two years of my college had taken place in the virtual model. Thus, I was supremely enthusiastic and eager to meet my classmates and teachers.

When I first entered the college gates, a rush of anxiety hit me since crowds of people pushed through the premises making it tough to spot familiar faces. Through this experience, I realised that while this transition would not be easy, it would enable us to step out of our comfort zones and experience something new.

Since change is inevitable, we must make the most of each opportunity and treat it as a challenge to learn something novel and unexplored. I was very excited but also nervous. After class 12, everything has been online for me and this Covid pandemic taken all joy away. But now when the situation is normalized, the excitement to visit the college is naturally huge. There was so much rush in the college today. Everyone had covered their faces with masks. The whole place was brimming with colourful dresses. Initially, I was not able to find even a single classmate of mine. I texted them “where are you?” frantically. The WhatsApp group was flooded with all kinds of confusing questions. But as time passes, change becomes more acceptable.

We were all in our comfort zones in our homes. During online classes, life was simply passing by, but the joy of learning and exploration was missing. I would like my college life to be different from school life; I would like to grasp new opportunities, grow mentally and learn new skills. Yes, it's exactly true that change is inevitable and without it, there'd be butterflies. I hope I will abide by the valuable lessons I learnt today because as they say in Hindi, “parivartan hi jeevan ka saar hai” (change is the essence of life).

— Madhu Bala
BA (H) Political Science
II Year

Nature's Gift

Surrounded by the oceans
and acknowledged by the winds,
I have zeal!

Praised by the trees
and raised by the bees,
I have dreams!

Checked by the mountains
and approved by the valleys,
I have ease!

Kissed by the flowers
and hugged by the gardens,
I have immense power to live in the world of mean!

– Geet Singhania
BA (H) Philosophy
I Year

Changing Times, Evolving lives

From the frosty gust of winters,
To the warm breeze of spring.
From a caterpillar in chrysalis,
To a butterfly in the wind.
Every day, every minute,
A change embarks a journey.
Every hour, every second,
A change unfurls a new leaf.

Truly, change is the only constant
In our life full of variability.

Grief, loss, happiness or chaos,
We thrive through hardships
And hopeless odds.
We survive this world of
Greed, deceit and scars.
We find happiness in little,
Yet bliss in sparse.
But through each enlightening stage,
We embrace every change as ours.

Truly, a life without change,
Is a life lived untaught.

So, with hopes sky high,
And faith unbridled,
We slowly but steadily,
accept the inevitable.
That life remains undefined,
Blending new turns every day.
That life remains entwined,
With new possibilities,
Coming our way.
That life awaits,
To be moulded anew today.

Truly, each time we evolve,
We write our own fate.

– Shefali
BA (P) Psychology and English
III Year

My City

Calm, serene, fun-loving - these three qualities in people can only be found in my city. Though the city wasn't a very happening place, it would come alive during Diwali when people from different places would pay a visit. Many people used to come back from their big city life to their family, relatives, and friends. I was one of them.

To be honest, I loved my city but at the same time I was scared; I used to hate coming back. I decided that my past won't affect my present. However, I was very happy to see streets filled with beautiful lights, fireworks in the sky, and street vendors selling sweets. Coming back meant revisiting my memories which weren't scary except one. The scary part was my relationship with my mother. My mom was the most loving human being I've ever seen, the most beautiful, an amazing cook, and most importantly a blessing for me.

But for some reason, I was distant from her. I was scared of her. I don't know why but I was scared that she would react to whatever I did. The reactions were always negative. But not just my actions but everyone else's. She would consider everything was against her. Maybe because pessimism was her inherent trait. My mom would cry everyday as she felt that the world was against her. I was worried, but as a little girl I couldn't understand what to do, and as a child, I felt that whatever she said was right and I used to blindly believe her.

My parents would fight day and night about the same things again and again. It was an endless loop. I always wished that when I would wake up in the morning, everything would be alright but in fact my day would start and end on the same topic. My parents were fighting and I mastered staying silent on my family issues as if nothing was wrong. Soon things were getting better between my dad and mom but I was afraid that things may change again.

Maybe I was becoming like my mother; I was becoming pessimistic. Seeing my mom getting sad and anxious about every little thing around her, I got anxious as well. I was scared that I would start fighting with everyone just like my mom. Maybe my mom was in a bad marriage or maybe it was the people around her who made her like that. I still don't know what happened; maybe I don't want to know, I'm scared to face the truth.

Growing up was not easy. For my higher education I wanted to leave; I wanted to be free but I couldn't leave my family and was stuck in a dilemma whether to leave or not. I deserved a change in my life and a chance to start all over again but these thoughts made me guilty. But still, I left as I wanted to help my family.

What used to happen back then is now my repressed memory. Now that things are okay, I really don't want to rub salt on my wounds again. I'm happy just the way it is.

Now I'm coming back to my city. The only sweet memory I had of the city was my first love. I think a part of me was happy to reunite with this city so that I could relive that beautiful memory of mine, the memory of my first love. He used to live opposite to my house. After coming back, I wondered if he still lived there or not.

When I came back to my house, I was at peace seeing no change in my neighbourhood. The same blooming flowers, the melancholy birds chirping, the beautiful evening sky with a hint of orange sunset rays, and the fragrance of jasmine brought my entire childhood in front of my eyes.

There were tears in my eyes as I got nostalgic and remembered my carefree days. After freshening up, I came to the veranda as the soft breeze was flowing. I could feel the

softness in the air; I brought my diary from my childhood that I had left on the desk. I didn't want the diary to cast a dark shadow over the new chapter of my life. The diary had everything that I had experienced so far when I was in this city.

In the midst of those thoughts, I noticed someone from my veranda. That person looked familiar. He smiled and then he said, "Hey! Long time! So happy to meet you, Mina."

"Oh!" I replied. I was flustered and I could feel butterflies in my belly and cheeks getting hot. Then I realized it was him. My sweet memory came back to life, and again there were tears in my eyes. But the emotions were not the same; they were the tears of joy.

The diary fell from my hand and the pages flipped to the poem I wrote for my first love.

Sunshine on the streets again,
A nice breeze blows over.
Going to you makes my heart flutter.
I want to happily see you,
and only you.
Your smile is still so warm,
It stays the same,
so I'm so thankful for this beautiful feeling.
I liked you a lot, I still like you.

– **Shreya Thite**
BA (P) Economics and Psychology
II Year

Understanding Change

A change so loud,
It speaks volumes
Of the atrocities
Life has thrown,
Of the bravery shown
During the testing hours.

A change so evident,
It displays the scars
Of the past wars
Fought with the self,
Of the ongoing crisis
In our society.

A change so small,
It transcends the pain
Of all the heartbreaks
The world has given,
Of all the lost people
Close to us.

Changes are grim for those
who haven't understood
the beauty of life
For a change is
All that is needed
For life to go ahead.

– **Shraddha R Bhat**
BSc (H) Chemistry
III Year

The Pain that Never Got its Cure

Radha went into the kitchen to make her usual Sunday morning special tea. While putting the tea to boil, she thought about the phone call that she had received early morning. She was unable to understand how to react. The past that she left behind years ago, was suddenly knocking at her door. That day while getting on that train, she knew it was their last meeting.

The train whistled, went through tunnels, passed through the green meadows and moved on. Radha reached the city which was yet to get the name by which it is known today. The city where millions of dreams lie dormant, some see the light of day and the rest get lost in the trail of time. While trying to adjust herself to the city's speed, Radha had lost all hope of any future there. She felt like while trying to escape one cage, she found herself trapped in another one.

The doorbell rang, breaking Radha out of her reverie. The tea was already overflowing through the pot, hence she quickly turned off the flame. She wondered who was at the door. The house help had a day off. She went near the door but could not gather the courage to open it. The bell rang again.

“Ma'am are you there? There is a parcel for you.” Radha's hands went cold, she opened the door nervously. “Good morning, Ma'am. Are you fine? I have been ringing the bell for so long,” the postman queried. Radha replied while trying hard to calm herself, “Yes, yes I am good, I was actually on a call.”

“Oh, I got tensed when you did not respond. Here is a parcel for you,” the postman said, handing over a small box to Radha. Radha felt cold waves gushing through her. She signed on the receiving papers and closed the door.

She kept the box on the centre table and sat on the arm chair facing the window. She wondered whether she should open it. What would she find within it? In the morning she had received a call from the theatre office informing her that a parcel had been received in her name with the sender's name mentioned as Krishna.

Radha could not believe what she had heard. She could not understand what game destiny was playing with her now. It has been more than thirty-five years since the day she escaped from that place, carrying all the pain in her heart which never found cure. Tears rolled down her eyes, her spectacles getting hazy. She took out her glasses, cleaned them with her dupatta and gathered the courage to finally open that box. While opening it, she got flashbacks of diving in the pond filled with water lilies, playing hide and seek in the sunflower fields and homemaker games under the shade of the ancient peepal tree. However, she had never imagined that under that same tree, destiny would mercilessly separate her from her lover. The community did not accept their relation; people said it was a sin and the elders claimed they were going against nature's rules.

I vividly remember the village priest bitterly telling Krishna's parents, “These lower-caste people often communicate with the evil to bring havoc in others' lives. And I can clearly see that this girl has offered

herself to the evil. She will soon destroy your daughter's life. The only way to save your child is to marry her to a man who resides in a faraway land."

Immediately within the next few days, Krishna's marriage was fixed and to avoid further trouble, Krishna's father asked his people to execute Radha. Krishna somehow managed to reach Radha and asked her to leave the village or else she would be killed. Radha asked Krishna to accompany her, but Krishna replied, "I no longer have the courage to face the world. I will only escalate your troubles further. You run away from this cage of injustice and hatred. You have a future, I know."

Radha screamed, "No, I won't go without you. We are not wrong; what these people are doing is wrong." Krishna replied, holding back her tears, "These people will neither understand our love nor accept us. If I come with you, they will find us and execute us. And I can't see you dying. For our love to survive, you must live to tell our story to the world."

The phone rang, shaking Radha up. It was from Mohan, her assistant. She picked it, "Hello Ma'am, I have called to remind you of the afternoon stage rehearsals for tomorrow's show." Radha cleared her throat and replied, "Yes I will be there on time." She hung the call.

She looked into the box - there was a letter and beneath it a peacock feather. Her eyes welled up. She remembered the mor pankh.

She opened the letter and began to read with shaky hands.

"After so many years I gathered the courage to write to you. A few years back, I saw a news article about your play. I knew you would make it. I wish I could have called you or tried reaching you but I didn't want you to see me in my current state. Initially, after you left, my life felt meaningless but as time passed, I got busy raising my kids.

And today while writing this I continue to wonder why we had to undergo pain and separation. All I can say now is that my heart has always remained with you and will be yours till eternity. By the time you read this letter, I will no longer be alive to hear back from you. But I will always be there with you in those memories of good times that we had together."

Radha broke out into tears, feeling as if lightning had struck her. The pain in her heart resurfaced and once again she had no cure for it. She sobbed and wept like a child. By the time she had calmed herself, the sun had already set. She got up from the chair, kept the box in her cupboard with utmost care, got ready and left for her rehearsals.

When Radha was on the stage, the spotlight shining bright on her, she proudly spoke, "The world could not understand their love. Their love was not like Laila Majnu, but was it unnatural after all?"

– Arya Aradhana Routray
BA (H) Philosophy
II Year

Unlearning and Relearning

Change is an important part of our lives. Be it a change in eating habits, or a change in our sleeping patterns. Change is always around the corner, and embracing those changes can be a challenge in itself. Change is not always for the good but it is a part of life that needs to be embraced. It is an opportunity for self-improvement and trying new things.

Embracing change can be tough. To change is to unlearn and learn again, and it is very important to unlearn lessons that create hurdles in your growth and that is where embracing these changes becomes a challenge. To learn again and to adapt to a new mindset and environment is very important. Embracing change makes you a flexible and adaptive person who can hold her own in any circumstances or situations, but the first step is always the hardest.

Change is the only constant and embracing change is the only possibility. It is always easier to be in the comfort zone, but change requires constant efforts, persistence, and determination. Embracing changes and becoming a better version of yourself are the ultimate goals one should be working towards.

When we embrace change, change embraces us and that is when the magic happens. It makes us better human beings. Change is inevitable, and learning how to accept and embrace change will only help you evolve as a person. So go ahead, face the changes and embrace them with all you got. Remember, it only gets better!

– Devanshi Khinchi
BA (P)
I Year

Stronger Together

The ravaging effects of the second wave of Covid, resulting in unprecedented darkness, have once again cast clouds of uncertainty over our hopes of seeing the Capital. All of us are striving to stay afloat in these taxing times but believe me, with hope, resilience and kindness, we shall cut through the darkness like shining sun rays. We have lost ourselves to the fast pace of metropolitan cities. We have been following the crowd aimlessly in search of money and a better standard of living but unfortunately what has been missing from our lives are peace, happiness, and internal satisfaction. This is the time to rejuvenate and introspect, so that our soul is invigorated for a new beginning. Take one task a day and get away from the thought of not being productive enough.

For now, physical and mental health should be our priorities. The challenges aren't over yet and we have to make sure that we stand by each other while fighting this demon. I'm pretty sure that separated by distance, but conjoined by heart, we'll come out stronger, braver, and healthier. With the hope of seeing you all super soon.

– Kanak Sharma
BA (P) Psychology and English
III Year

An Age-old Pattern

My feet have always been cold,
 In death they dip,
 And whisper it's not too bad.
 The cold of my hands racks shivers through the slightest touches and excuse me's,
 And I'm old now.
 The sound of a heart breaking is inside my pillow,
 Like an old memory which should not be remembered.
 I've seen the opened locks on doors of singers, and lovers, and mothers,
 And held my key to their mouths.
 This is how we all live
 Roses detonating the walls of silence built around us,
 And we let the burns of openness kiss us,
 Till we accept this shared infidelity, this frailness.

– Anjali Yadav
 BA (H) Political Science
 II Year

Change is Beautiful

Change is inevitable. Trying to avert it is an attempt in vain. Life is changing constantly - everything from technology and medicines to social views and customs undergo transformations from time to time and one must welcome these changes with open arms.

Embracing change is one of the best things one can do to grow in different aspects of life. Embracing change simply means looking at change with a positive outlook, as an opportunity to grow, rather than a setback. It means accepting that everything can't be controlled or remain static over a long period of time.

Life throws both thorns and flowers at us and just as we accept the flowers, we must accept the thorns with courage and a strong mindset, since that is the only way we can grow. Life is unpredictable. Look, for example, at the current pandemic situation. Nobody was prepared for a sudden lockdown but it was the need of the hour. Those who refused to change faced many difficulties in these tough times compared to those who accepted the change.

To embrace change, one must have an open and grateful mind, a positive mindset aimed towards growth and the confidence and zeal to become better. Change may be hard and messy in the beginning but it becomes beautiful at the end.

– Chanchal Goyal
 B Com (H)
 I Year

The Train to the Next Chapter

I want you to heal. I want you to accept that hurt will always be there, maybe in front of you, or behind your back. Hurt will come in different ways, emotional and physical, but the hardest part is when the pain comes from your own self. Oceans of lies, seas of sadness, rivers of confusion, and a puddle of melancholy. Every drop that flows from you is raging with sadness for the person you once loved. Every salty tear that flows down your face is hurt and lies embedded deep within. You need doors in your life - a door for entering and a door for exiting - an entrance to a new chapter and an exit from your previous one, which left you in this sea of self-hatred.

You epitomize figures of speech. You're a metaphor that's very akin to a simile. A metaphor that's hard to get but perfectly defines beauty. You're a personification of a fierce lion. You are the human dragon that can set the whole world on fire just by being yourself.

As you saw the entrance door, you bought a ticket to a train, a train to nowhere, to a place unknown. If this is your way of healing, take a break. Gather all of the 'yous' that you lost in your last chapter. Mend your heart - glue all your shattered pieces. Love and accept yourself the way you are. I know, the process of healing is hard. But a strong and fierce woman like you can do it all. So take a break, heal all of your wounds and make yourself happy. Now enter the new chapter of your life. Grab your ticket and enjoy your trip to the next chapter. Happy journey!

– **Areeba Abrar**
BA (H) English
I Year

Beyond the Constant

Constancy is like smoking your last cigarette. You stand at one spot and try to elongate the process for as long as possible. You attempt with all your might to hold onto the smoke for as long as possible and when you can't keep the poison inside yourself, you exhale and grasp onto the feeling of euphoria that comes along with the high.

Just like the cigarette, you don't let go of the constant state of being where your life exists in a monotonous harmony with the rest of the world because once the high subsides, the withdrawal hits. The second you let go of the moment, everything will change and you'll enter into an unfamiliar, unknown space, almost as if you were a jungle cat forced to be a pet for a creature inferior to yourself.

But, the thing to remember is the fact that even though the withdrawal is tough, there is a life away from the poisonous smoke- there is a life away from the constant. Change isn't as harmful as the effect of a cigarette; in fact, on the contrary, it is the phenomenon capable of helping you escape the smoke and look at the world with a clear vision. Change, though painful at first, once embraced, lets you escape your hellish today into a better tomorrow.

– **Mahika Sharma**
BA (H) English
I Year

Changing Mindsets, Changing the World

"It's so easy for some people to slip into abusive language rather than rely on healthy debates."

– Gertrude Lamare

We need to control our tongue and improve our language while having conversations with friends, family, siblings or anyone unknown and known. Nowadays we notice ourselves or others using a lot of abusive words, which may hurt others' sentiments. In order to be seen as "cool", "fashionable" or "stylish" one increases their level of cheapness and decreases the value of others. These slangs not only degrade someone's dignity but also affect that person's family because sometimes these slangs are aimed at mothers, sisters and daughters. These words are thrown around like casually. People even perceive their usage as "cool." What is cool about snatching someone's dignity?

A woman is not an object that can be flung at your opponent as an abuse. When we're protective of the women in our families, then why don't we think twice about snatching the dignity of other women? This is just one of the thousand ways that society demeans women and knowingly/unknowingly we're contributing to it. We're sexualizing women like it's not at all a big deal.

I wouldn't deceive you here by saying I haven't ever used any of these abusive terms. I have and I'm ashamed of myself for doing so. I was ignorant of the gravity of the usage of these words. I was just one of the many who were led to believe that there's nothing wrong with using these abuses. Whether I was aware or not, I was wrong. And when I realized it, I stopped and trust me, it makes me so happy. If I can do it, you can too. Making mistakes is okay; what's more important is to learn from them and never repeat them. Maybe you didn't realize the seriousness of it too, but now you do, right?

What is one thing that you notice is common in all of these abuses? Also, please note that using slang isn't what I'm against, but specifically using gender-based slangs is what I'm against. These words are all about sexualizing, objectifying, demeaning and degrading women.

As I'm typing this, I know that some people will use the exact words for me for voicing and spotlighting this issue. Go ahead, do it. This issue needs to be raised no matter how many people dislike me for doing so. There will always be people who will be like "Bro! It's just a word, so please chill." And the more abusive ones will be like, "Why is she speaking so much?" A search on the net highlights exactly how grave this problem is. It would be better to use the tons of gender-neutral curses out there the next time you are angry!

People might say that they do not mean it in its literal sense or use it "jokingly." But does it change what it literally means? Does your "not meaning" them justify the use of these abuses? The answer is no! Why do we even need to sexualize and abuse someone's mother, sister or daughter in order to win a fight? Women are more than their vaginas and breasts! They are human beings and must be accorded their share of dignity. When we think of it gravely, we will realize that every time we use one of these abuses, we let our mothers, sisters, daughters, aunts, grandmothers and girlfriends down. We bring women, and the relationships we share with them in any form, down.

Change is not sudden; it does not take place overnight but slow and steady change must be brought. How? We can stop verbally abusing and sexualizing women by not using this vulgar language. I know it will take time to rid ourselves of something that is so deeply rooted in our society. But it is not impossible. We

are the generation that can do something to make this world a safer and better place for all. So, the next time you feel the urge to utter these abuses, take a deep breath, count to 10, remember what you are doing and then stop! It's not that difficult, is it?

Become humane, Spread love.

– Prathna Vatsalya
BA (P) German and Political Science
I Year

Watch Me Fly

Dear Diary,

I feel that the end is near. We usually don't get to say how our lives are changed at every moment, how even one response can snowball into a tornado and change our entire destiny, but some choices made in the heat of the moment are enough to make all the difference in the world.

I have been stuck at home for the past three years. The COVID-19 pandemic, the lockdown, and especially my family took such a toll on me that going to college didn't just look and feel like an aim or a stepping stone in the river of life but felt like a far-off dream, the one place that could set me free. And finally, it's here.

While I speak, and take some time out for myself to gather my thoughts, I hear my mother packing my stuff, while we fill the car with everything my family thinks that I may have a requirement of. It's strange to think that this car literally holds all the things that I would need to start a new life in a new city with new friends and new opportunities. I feel excited and jittery, as if every moment is stretching out into a lifetime. It makes me feel like this moment can either end in a single point or never end, with every second determining the decision I would ultimately make and its far-reaching consequences.

When I received the news that colleges were reopening and that I would have to leave my home, my cocoon of safety, for the unpredictability of the city, I was surprised to realize how irrational joy can be. At first, I pondered about how to process all these growing feelings. I could feel the fears creeping in. Will I be able to adjust? Will this life be what I want it to be? Will I be happy? Will I be free? Questions harboured in the veil of uncertainty and nagged me endlessly. I had no answer to pacify them. I didn't want to make illusions of grandeur but I also didn't want to let go of that tiny hope that kept me tethered to hard work and sanity for a better and a brighter future. But even before I had time to understand how I felt, my body worked on a rhythm of its own. A lovely-dovey smile never left my face, as I was giving hugs to the grumpiest of my family members and grooving and jumping around with no audible sound.

I realised this only now, Diary: sometimes you don't need to know if the change will be bad or good; sometimes all you need is the possibility of good and that is enough for you to embrace it with open arms.

– Anushka Navetia
BA (P) English and German
I Year

How Many Times?

How many times do girls have to be hurt for them to know that they are strong?
 Your souls can break mountains,
 Stop flowing rivers,
 And flip the world upside down.

How many times do girls have to be told
 That they are never too less but always too much?
 You fear,
 You face,
 And you fight. it's the world that's too small for you.
 You're so full of life,
 So enough,
 And so complete.

How much time do girls take to realise that they are an entire universe?
 You're the sun, too bright when you smile.
 The stars,
 The moon,
 The glitter,
 And the shine.

How many times do girls have to be told that they're made of poetry?
 The heavy dark words,
 You have the capability to change
 Into positivity and light.

How many times do girls have to be told that they are not meek and fragile?
 You look like leaves
 And smell like flowers.
 But when you're happy,
 You're no less than a bomb, ready to explode.

How many times do girls have to be told that they are born changers?

– **Areeba Abrar**
 BA (H) English
 I Year

Life : A Packet of Colours

Life is never stable. Things keep changing and we always get introduced to new perspectives. Sometimes, these are joyful and sometimes, challenging. But all these changes make us learn and explore the different aspects of our own life. Many times, we fear the changes happening in our lives to our own peril. In such circumstances, we must understand that life is a packet of different colours put together and it offers each colour to us one by one. We must face and embrace all these changes in the same manner, not just to achieve whatever goals we have set, but also to conquer fear and help ourselves gain knowledge from every circumstance.

Embracing change implies that we do not see change as adversity, but we admire it as an opportunity to improve ourselves. Even if change comes in the form of a failure/setback, we must always keep ourselves positive and tough enough to face every situation. This can only happen when we accept the changes that take place in our lives and try to learn from everything that we go through.

– **Shanya Das**
BA (H) Hindi
II Year

Change: The Purpose of Existence

A wise man adapts himself to circumstances, as water shapes itself to the vessel that contains it.

- **Chinese Proverb**

What is changing? Why should I change? Why should I leave something behind I've invested so much time and efforts in? Why should I move on? Why should I restart? We all frequently battle with such questions and confusions.

Adapting to new habits, people, events or circumstances is not easy. However, to redefine the purpose of our lives and broaden our horizons, we must embrace change that will enable us to grow and evolve. Embracing change encapsulates the essence of moving on from the past towards a brighter future, moulding oneself in accordance with new situations, and having the courage to begin a new chapter of your life.

Life is not about consistency; it is about survival in every situation. Allowing ourselves to tide over every curveball that life throws at us fulfils the purpose of individual existence.

– **Siddhiksha Rana**
BA (P)
II Year

Oblivion, Obituary and Oasis in My mind

Sunlight slaps my face and I, yet again, cannot slap it back for being the horrendous harbinger of my doomsday.

The beating of the drums yonder is synchronous with my heartbeat now. Do they have no pity? Do you have no pity? The day we circled the fire together, we promised each other a companionship for eternity. Why then, oh darling, did you break your promise and leave me all alone among these 'honourable' people? You died proudly on the battlefield with patriotism and courage oozing out of your gut, and I? I am being forced to feel pride in my forced death.

My grief of losing you segued into a grief of realising only too late that I had already lost myself the day I was born into such a 'noble' society, a society so noble that it won't hesitate to burn an innocent woman alive to ashes.

They say that my sacrifice would be an immortal testimony of my devotion to you. But to them I ask, would I be any less devoted if given a chance to live? My love for you is profound enough to outlive a million civilizations and can't be shaken by something so mortal.

They say that my sacrifice would ensure that our union does not pass into oblivion and we stay united even after death. But to them I ask, why do they fear something as inevitable as oblivion? Oblivion is the law of nature and it is vain for the mortal man to fight nature, because it will always be a losing battle.

I am tied down and there is no scope of breaking free. My wrists and ankles bleed as the rope cuts through my flesh and my white sari is now crimson. Look, oh darling, I am a bride once again.

What a wonderful obituary would be inscribed for the two of us. You, the valiant man who was martyred for deeply loving his motherland, died with honour and I? I, the devoted wife who was murdered for deeply loving her husband, died for honour.

The pyre is lit and I look at your sympathetic, calm face beneath me for the last time before I close my eyes. My body and mind drown in agony. I scream as loud as I can and then my mind feels as barren as a desert. Maybe this is my emancipation from such an honourable society, maybe this is what liberation feels like.

I cling to this hopeful thought which feels like an oasis in my mind's desert, as the mighty flames engulf us.

– Riddhi Roy
BA (H) Political Science
I Year

Patriarchal Resistance to Change : The Marital Rape Controversy

What is Marriage? We all have our own personal thoughts and opinions about marriage, which are all valid to a certain extent, but, in my view, the most important thing that the institution of marriage requires is “mutual consent”. Mutual consent allows both individuals to put forward their demands and choices freely with collective agreement.

The most common reason behind getting married is the attainment of “companionship,” “passion” and “a purpose to live.” If there is a lack of consent in the marital relationship, then communication, passion and romance become a one-way traffic: one person becomes dominant and tries to overpower the other while the other person becomes nothing but a puppet.

Several men have taken to twitter to protest against the criminalization of marital rape with the hashtag “marriage strike” or “marital strike”. This happened after the Delhi High Court continued the hearing of petitions challenging the second exception to Section 375 of the Indian Penal Code that excludes non-consensual sexual intercourse by a man with his wife from the definition of rape. These men know that it is impossible for them to treat their wives with basic human decency and refrain from having non-consensual or forceful intercourse with them. Hence, if marital rape is criminalized, they'll be put behind the bars for rape even if they are married. Their solution to the same is to not get married in the first place thus, a marriage strike.

Regardless, they are saving women from a lifetime of violence, subservience and sexual assaults by choosing not to marry them. Another appreciable instance is the assumption that any woman would want to marry a man who thinks he can get away with forcing himself upon her.

The present law states that a man having non-consensual sex with his wife cannot be charged with the laws pertaining to rape. Hence, if a woman declines sex to her husband and as a consequence, he sexually abuses her, then the man can only be charged with domestic violence and other non-sexual offences. Petitioners seeking criminalization of marital rape have argued that this downplays the woman's say in sexual intercourse after marriage and is blatantly unconstitutional. However, the petitioners' demand has become a debatable topic across Twitter and other social media. It has become an issue of feminism vs men's rights.

Some people are taking the strike very seriously on social media, while others are having fun and calling it a 'win-win' for the feminist movement. But the final truth remains that feminists never seeks to rule over and dominate men as they have done to females but simply strive for equality.

Men who are trending #MarriageStrike are threatening that they will not get married to any women if women are given more power in marital relationships. The primary fear of these men is that Indian women will 'misuse' the power to falsely implicate men. This will eventually lead to a female-dominated, matriarchal society. A large number of tweets with this hashtag voiced misogynistic content that depicted women as opportunists and “gold diggers.”



A Letter to Men on #marriagestrike

Dear men on #marriagestrike,

Thank you for letting us know in advance that you think of sexually assaulting your future wife. Thank you for saving us from you. Thank you for choosing to not get married. Your intention was definitely not to empower women, but that is exactly what will happen if your #marriagestrike is successful. A tribute to Indian men for starting the biggest feminist movement in Indian history. What could be better than your movement backfiring? Your intention was to stand in opposition to women's rights but you ended up saving them from a lifetime of trauma.

Sincerely,

A woman and a feminist who will definitely not marry you.

– Prathna Vatsalya
BA (P) German and Political Science
I Year

Change: The Journey of Mankind

*“Today roaming with wrapped leaves around,
Would make people ask, 'Is your mind sound'?
Killing animals and eating them raw,
Would seem to idiotic to everyone who saw.”*

Don't you agree? But nearly 2 million years ago, all these activities were considered acceptable. Humans have managed to survive this long due to their ability to adapt and change. As “change is the law of nature,” everything needs to undergo change for everything to remain the same. Whether it is food, clothing, housing, or anything else, humans are special owing to their ability to embrace change open-heartedly most of time.

According to famed Indian economist, Chanakya, “straight trees are cut first.” Flexibility and adaptability make life easier and worthy. Let's take the example of the most pressing event of our times, the COVID-19 pandemic. Those who saw it as an opportunity honed their cooking and dancing skills; others emerged as writers and bloggers. For such people, the lockdown was a blessing in disguise; it gave them the time and leisure to use social media as a platform to showcase their talents. Those resistant to change fell by the wayside and became isolated, stressed and unhappy.

Just as seasons keep changing and yet maintain their bliss and glory, humans must constantly strive to evolve into better versions of themselves.

– Anju Saini
B Com (H)
I Year

Migrating to a New World

The day I stepped into this city,
 I had a bucket full of dreams equally heavy with apprehensions.
 I bid my hometown a farewell with a heavy heart,
 already in anticipation of when I am going to
 rest my head on my mother's lap again; or
 savour her hand-cooked meals again.
 I could sense the waves of turmoil and confusion,
 crashing against the shore of my heart.
 Amid the unfamiliar faces, unmapped places,
 I imagined myself a migratory bird,
 trying to adapt to its surrounding changes.
 The essence of home was missing.

There were times when I felt like a school child
 who spoiled her uniform with stains,
 and had no idea how to remove them.
 They say, "Change is inevitable, it's a part of your life."
 What they don't talk about is
 how to cope with this change,
 how to acclimatize oneself to it.
 So, I kept looking for answers,
 in places I went to, the people I met.

As time flew,
 I realized how liberating it is to embrace change,
 to stand tall like a pillar, unfettered.
 The places and the people,
 started to resonate with my expectations of them.
 The choices of what to be and what not to be,
 rested with me.
 Looking at change as an opportunity and not an adversity,
 days no longer felt like years.
 The urge to run away was gone.
 From restless nights to peaceful naps,
 from clueless affairs to mindful decisions,
 from unexplored places to the new, familiar streets,
 gradually, this city became a 'home away from home.'

– Sayantani Ghosh
 BA (H) Political Science
 I Year

Change is Inevitable, Growth is Intentional

The world we live in today is full of technology, complexity, and constant evolution. When we're faced with uncertainty and the unknown, there are quite often two ways to respond. We can either resist and deny the forthcoming change, which is the surest path to stagnation, or embrace it and move ahead. It's been this way for as long as we've been creating cultures, raising civilizations and living in diverse ways.

We've come a long way since the caveman days. We've learnt a lot about ourselves, about each other, and about the world we live in. And we've changed a lot too. We've evolved from hunter-gatherers to farmers to industrial workers to knowledge workers to, increasingly, "multi-tasking" modern-day citizens.

We're already seeing the benefits of change. Our world is becoming more interconnected and we're realizing the power of diversity. We're growing and learning from each other. As college students, we've grown up in a world of change. The technologies we use, the practices we employ, the ideas we promote — they're all evolving. And it's changing the way we learn. It has affected the way we work, connect and share. Everyone has started to embrace this constantly changing lifestyle, keeping up with the trends. Eventually, it gives us exposure and experience, and assists us in growing as progressive and productive individuals. Trusting change is terrifying. But we have to relinquish this fear of the unknown, embrace it and take the next step forward because that's how we grow.

It's like a car - we don't stop using the car, but we also don't stop driving newer and more effective models of it or making adjustments to it. We drive it to where we need it to go and hopefully reach our intended destination.

We continue to make changes to the way we live our lives and the way we do things, in order to be better versions of who we are and to have a better result for our future. That's the power of change. It's up to us to recognize that and to make the most out of it.

— **Bhumika**
BA (P)
II Year

Overcoming the Fear of Change

How many times have we heard our parents tell us, "You will never succeed in life if you don't change your ways?" If it were that simple, everything in this world would be hunky-dory and hardships would not exist. People fear change and resent it sometimes. Our insecurities and fears are triggered when we see things, people, and events differently than what we are used to seeing. That's not because they are harmful to us, but simply because our brains have been trained to believe that any change will only increase the chances of us failing. When we feel overworked and stuck in life, we tend to take vacations to refresh our minds. Our life follows a similar pattern. Not embracing changes might lead us to a place where we feel trapped and overwhelmed. Embracing changes helps us create memories, and what is life if not a collection of snapshots of the past? I would like to look back 10 years from now and feel empowered and content, which would only happen if I start embracing changes and overcome my fear of change. As Leo Tolstoy once said, "True life is lived when tiny changes occur."

— **Muskaan Khatri**
B Com (P)
I Year

The Simple Paradox

Sometimes I think of life as a canvas, sitting on the easel of time, painted upon by invisible hands. I'm often asked what is being painted on this canvas. My answer is simple and always the same: experiences.

The experiences that life gives us are unique: some are the source of smiles every time we reminisce them whereas others have darker shades. This in itself portrays that life is transient and unpredictable - constantly changing.

Some changes help propel us forward, while others hold us back. The latter, we often tend to avoid and forget. Jeremy Bentham, an English Philosopher and the father of modern-day Utilitarianism, once claimed, "Human Beings are motivated by a desire to achieve happiness and avoid pain." This desire to avoid pain, sometimes, makes us resistant to certain changes in life so much so that it overwhelms us, making us float in a dark, peaceful abyss.

The comfort of this nothingness is a dream of many. Yet in seeking this comfort, we tend to merely exist and ignore the joy and thrills of living life fully and fruitfully.

In the following poem, I have tried to establish the distinction between mere existence and living life fully by embracing its vivid hues.

Sitting by my window one day,
Working meticulously on my piece of poetry,
My mind began spinning tales of fantasy.
And drifted me away.

Thoughts such as these,
Floated through my mental horizon.
Whatever happens when
One crosses the oblivion?

Do they perceive their surroundings?
Or do they float towards an endless void?
Do they feel the nothingness,
Being inevitable, they cannot avoid?

Do they feel the comfort,
That this nothingness offers?
A comfort, which can't be replaced by anything,
Not even by the treasures of coffers.

Do they find solace in nothingness,
 In floating into the arms of the eternal abyss?
 Or do they reminisce their past?
 Just like a film replaying again and again!

The solace of nothingness,
 Is profound in its very essence.
 But is it the same as the objective obliviousness,
 Of a trivial, uncomplicated existence?

I can't know for sure,
 But here I drown.
 And like being pulled into a nightmarish existence,
 I seem to descend into a spiral, down and down and down.

The endless depth of the darkness and coldness,
 Washes like a humongous tide over me.
 And waking feels the same as dreaming,
 The Styx, itself, as it were on a killing spree.

It feels like visiting,
 The House of Hades.
 And familiarizing oneself,
 With the torturous, punishment gates.

Suddenly a gust of wind,
 Blows over me.
 I wake up startled,
 Seeing the white paper staring blankly back at me.

A sudden realization hits me,
 Solving the nearly impossible strife!
 That a trivial existence,
 Veils the infinite possibilities of human life.

The nature and truth of human life is simple,
 It's never short of barricades and hurdles.
 But merely existing won't solve this problem,
 The real solution is in enjoying its trifles.

This experience, however strange and random, taught me,
That life is about living, more than simply existing.
Hence live it wholeheartedly,
Without hesitating.

As living a satisfactory life is a blessing bestowed to few,
It's about immersing oneself completely in its hues.
It's the direct path to the abode of Eirene,
A tranquil place, peaceful and serene.

– **Aishwarya R**
BA (H) Political Science
I Year

Change: Your Companion

With time comes change,
And with change comes denial.
You wish to resist,
And keep things at a standstill.

No matter the degree of change,
It boggles your mind,
To shift the centre of your universe,
In just a matter of time.

It seems unnerving,
It seems impossible,
A taste of change
Is that powerful.

Accepting change seems far-fetched,
But a single embrace might do the trick.
No matter what you do,
Change will be the constant accompanying you.

– **Shivangi Dhiman**
BA (H) Applied Psychology
I Year

Funeral Pyre

Along the riverside,
I watch myself as I am being burnt.
Sometimes, I am cremated with cries.
Sometimes, I am burnt with a sudden rush
for there are more of me(s) to burn,
or lifeless bodies will pile up and rot.
I don't mind either way - being cremated or burnt.

The bodies that lie in me,
have dreams that only I can feel.
The cure for Covid lies in me,
poetry too resides here.
But in minds,
those dreams were extinguished
by simple hunger.

Children watch me as I burn,
their faces covered with more trauma than soot.
Young boys and girls bury me
with a straight face - like it's a daily chore,
despite knowing that they may follow soon.

Humanity has needed me
to follow religion,
or to live a certain way
or to live with dignity.
Dignity in death?
I do not heed.

Along the riverside,
I watch myself
as I am being burnt,
as bombs blow houses to ash,
as leaders do not lead - they kill.
and plunder.
and steal.

Along the riverside,
I burn.
And as I burn, so does
humanity.

– **Areeba Abrar**
BA (H) English
I Year

Creating One's Own Recipes and Flavours

The evolution of things, from advancements in technologies to our family relationships, has made it imperative for us to accept and embrace change. Similar to how each coin has two sides, change has both positive and negative impacts in our lives.

Our personality and identity are unique and integral to our own value system, and thus we must never change who we are in order to fit within societal constructs. As college students, we often feel the pressure to conform to norms and conventions that often result in the loss of the true essence of our integrity and beliefs. Instead of getting influenced by others, we must focus on incorporating positive changes in our lives such as personality development, acquisition of new knowledge and skills, and achievement of goals.

I would conclude by saying that it is best to admire the positives in others and use that as an inspiration to create your own recipes with unique flavours.

– **Mahima Agrawal**
BA(H) Economics
I Year

Is Nostalgia a Drug?

i miss my old self,
 the adorable younger me
 as if the only book in the shelf,
 humming all day like a vibrant bee.
 that naive child who was so innocent
 jumping around with a smile so magnificent
 devoid of all expectation
 living life with no hesitation.

i did everything to my heart's content,
 every single day was very well spent.
 spending evenings on the basketball ground
 with cheery laughter and ambitions all around.
 coming home with a bruised knee after i fell
 but i would smile because i played just well.

from the chatty kid to that annoying nerd
 i didn't realize i had joined the herd.
 i gave up fun, i gave up relaxing
 pointlessly chasing those petty grades.
 it certainly wasn't a beneficial trade.

i can't place a finger on the day we suddenly grew up,
 when we allowed future to take the rein
 when we let our fear interrupt,
 silently taking in all the strain.
 i miss the time that passed away,
 but i hope the memories will forever stay.

i revisit the happy moments that i shared,
 sure those were rare
 but at least they were there.
 i discovered an addiction no one ever heard of,
 i call it nostalgia - my own version of weed, all and above.

– Deeksha Jain
 BA (P) Psychology and Economics
 I Year

Change: The Law of Life

Change is the law of life.

– John F. Kennedy

Change has been the essence of our universe since the dawn of time.

We live on a planet that has become what it is today after going through infinite small changes over the course of time. Every change made it a bit more liveable, a bit more resourceful, a bit more beautiful and gradually, the foundation of our existence. Similarly, every change, in the world, in our society and in our lives, has moulded us into better, brighter and stronger individuals capable of not only adapting to the incessant change around us, but also thriving in it.

It's true, change is constant. But it is also scary. It demands acknowledging unpredictability and uncertainty; it catches us at our weakest moments and sometimes it is the cause of our vulnerability. Sometimes, change seems to bring us better prospects, but sometimes it propels us into unthinkable adversity. But either way, we can always say, "this too shall pass", for the road of life is never straight. Every path has new twists and turns; it is a map waiting to be explored, and every new adventure leaves us with experience and wisdom to remember it by.

What we need to realize is that change is the only opportunity that gives us the strength, confidence and experience to survive through any curve ball life throws at us, and pushes us to realize our true potential. We flourish in the face of hardships and value the good times on their advent. Throughout the journey, we never stop; our evolution is eternal. We adapt and evolve and prepare for the future, knowing all along that every stage is just the beginning.

The truth is that acceptance is the only step between you and brilliance, and fear is your only hurdle. So, embrace every change, capture every moment, let go of petty inhibitions, make the most of every minute and learn through every new leaf that unfurls the truth of changing life and eternity.

Let's embrace change, and delve deeper into our true potential.

– Shefali

BA (P) Psychology and English
III Year

The Mighty Tree

There once was a tree, as old as time.
 Until it wasn't,
 When unfamiliar winds blew.
 The tree uprooted and the landscape changed,
 The swing swept away by the raging storm,
 And on his back, he lay mangled.
 Standing no more, the tree knew he'd be forgotten.
 For he was no longer the mighty king
 People knew him by.
 So, he lay there waiting
 For nature to claim him as her own.
 Drifting until he heard the fleeting laughter of children.
 Rushing to greet him.
 And just like always they ran in circles,
 Played their silly games.
 Even when it rained,
 Or when the sun was too bright.
 Yes, there was a moment of mourning,
 But they always found a way to make it right.
 Benches made in his commemoration.
 And some wood to fix their homes.
 Seasons changed and branches grew brittle
 So, the town came in
 To bid goodbye.
 And to plant a tree for another tomorrow.
 Another glorious history to remember him by.
 Right next to the pit,
 Where he used to stand.
 Glowing in the sun,
 And dancing with the wind.

– Shreya Lunial

BA (P)
 III Year

The Carnations of Carnage

Through the kaleidoscope of carnations,
 Carnations as crimson as your carnage,
 Carnage that envelopes your entire visage,
 Visage with unbound hatred and rage,
 Rage that spills blood,
 Blood like a torrential flood,
 Flood encompassing lands and seas,
 Seas with rolling tides and putrid breeze,
 Breeze that kisses your face,
 Face long lost against time's race.

Through the caricature of carnations,
 Carnations as sweet as your smile,
 Smile pooling into dimples on either side,
 'Side the river banks you ran,
 Ran past the setting sun, amok the fields,
 Fields with lingering aroma of paddy yields.

On this stage of carnations,
 Carnations as full as your life,
 You come across that happy child,
 A spirit so free and wild,
 Yet you get shackled by the earthly vile,
 The vagabond strides a thousand miles.

Through the trumpets of carnations,
 Carnations as torn as your heart.
 The winter elegy reigns,
 Across the dismal sheen.
 The fields once with crops laden,
 Now lament desolate and barren.
 The rivers and streams all red,
 People die with neither tea or bread.
 A million lives; you're guilty,
 Yet why not shed this obscure enmity?

– Pratibha Rath

BSc (H) Microbiology
 I Year

Change: The Only Constant in Life

As human beings, we love routine and certainty in life. But the undeniable truth we tend to ignore is that the only constant in life is change. Every aspect of our life is bound to evolve and transform. Change is an unavoidable fact and brings about growth. The change from night to day brings a hope for new beginnings; a change of seasons teaches us that trees lose their leaves only to blossom again in the summer. Similarly, only due to change and its acceptance are we standing where we are today. Had our ancestors not evolved with time and embraced change, we would still have been living in a retrogressive and conservative society. Had we stayed stagnant, slavery, sati, child marriage, etc would have still haunted us. Hence, change is the only answer to growth and improvement.

The outbreak of COVID-19 left many of us feeling underprepared and overwhelmed, and has changed the way of life altogether. There has been a sudden shift in personal, psychological and social spaces. With so much happening all at once, feeling stressed and anxious is understandable. However, even in such a situation, the art of accepting change and establishing a 'new normal' is what leads to growth and development. The lockdown compelled people to accept digitization and technological advancement, which in turn led to making life more productive and convenient.

Imagine a world where nothing changed. Doesn't make sense, right? If that were the case, we would still be using stone tools to hunt animals and not making animal reservoirs to protect them as we are now. If that were the case, women would still be burned alive with their husbands, not have any rights of their own and married off as children. Instead, we are promoting their empowerment and safeguarding their rights now. This was all possible only through a shift in ideologies and a change in the mindset of people and our lifestyles.

Through all the changes we humans have gone through to be where we are today, it was undoubtedly extremely difficult to cope. Most people were not able to accept and embrace change which in turn affected their personal development. In the end though, everyone, willing or not, had to succumb to the power of change. On the other hand, the ones who accepted change with open arms, the ones who understood the need of hour and the inevitability of the situation, were truly able adapt and live peacefully and holistically.

Life is nothing but a series of changes, testing a person's ability to adapt and grow. Understanding that change is unavoidable and necessary is the key to a happy and fulfilled life. A pupa turns into a beautiful butterfly only through change and hardships. Therefore, it is evident that change, however difficult to adapt to, is what leads us to become better versions of ourselves. Embracing change is what ensures growth in its entirety.

– Agrima Kumar Rajvanshi
B Com (H)
I Year

The Truth of Change

'Change is the rule of nature.'

We listen to this truth from time to time. However, its harshness and pleasance depends upon the situation of the observer. Nevertheless, it is also said that everything happens for a good reason. So, we should open heartedly welcome it.

It is scientifically proven that in order to have a longer existence, it's very important for a person to have flexibility of mind and acceptance. The 'survival of the fittest' ideology is about the same. What could be a better example than the COVID times? In the beginning, it was tough for everyone to welcome the sudden change in their everyday schedule but soon we realized that it was a chance to heal ourselves internally and externally. It was the need of nature as well.

History gives us many examples of positive results that follow the embrace of change. One such example of appreciating changes over time is the role of women in professional fields. If we really want peace and happiness all around, we will have to embrace good changes in our lives with open arms.

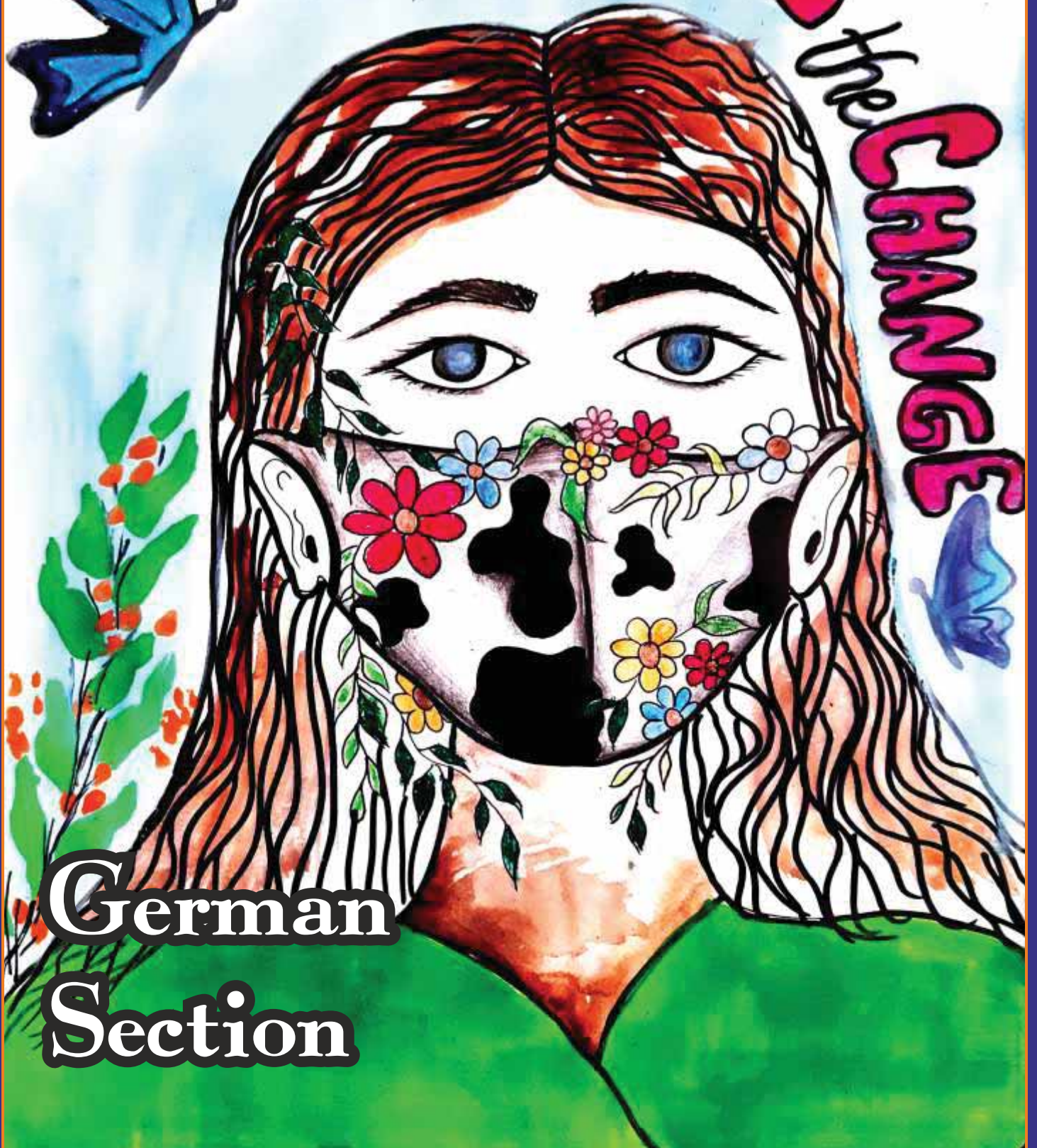
– **Madhawi Tiwari**

BSc (P) Physical Science and Chemistry
First Year

EMBRACE the CHANGE



**German
Section**





ARTIST : MANMEET KAUR, BA (Prog.), II Year



Veränderungen Annehmen

Stolpern, Stolpern,
 Im Dunkeln herum.
 Kämpfen, entzünden,
 Flammen aus einem Funken.
 Geblendet, erinnert
 Die innere Angst.
 Wende, Sehnsucht
 Für ein Versteck.
 Einweichen, Ersticken
 Kämpfen um zu Atmen.
 Verstecken, Verweilen
 Mein Geist wird nicht gehen.
 Jagen, Rennen
 Ich stolpere davon.
 Atemlose, Unruhig
 Im Schlamm lag ich.
 Träumend, Strahlend
 Ich entfliehe der Vergangenheit.
 Gewinnen, Neuanfang
 Ich bin endlich frei.

Life changes (Leben mit Veränderung)

Das Leben voller Veränderungen,
 Manches fühlt sich komisch an.
 Aber von dem Moment an, in dem du geboren ist,
 Von einer blühenden Rose zu einem Dorn.
 Wir können es akzeptieren und,
 Nach dem guten suchen
 Oder wir können dagegen ankämpfen wie es kein anderer tun würde.
 Aber ohne Veränderung ist das Leben ein langweiliger Ort.
 Veränderung ist also gut, wenn du sie umarmst.

– Anjali Kumari
 BA (Prog.)
 III Year

Best Creative Piece in German

Veränderung Annehmen

Was denken Sie über das Leben? Ist das Leben ganz über das Gehen zur Hochschule von Montag bis Freitag dann Spass am Wochenende?? Haben Sie das Gefühl, dass einige Leute denken, dass Sie das Richtige tun, und einige denken, dass Sie das Falsche tun, aber Sie sind nicht sicher, was es ist?

Das sind einige der Fragen, die ich mir vor einigen Monaten gestellt habe.

Ich erkannte, dass Veränderung notwendig ist, aber Veränderung ist nicht einfach für uns und dann begann ich eine Reise der Selbstverbesserung, wo ich meine Lebensweise hinterfragte. Gleichzeitig hatte ich Angst vor Veränderungen, weil wir in einer Welt leben, in der wir gelehrt werden, die Standards zu befolgen, die von unseren Gesellschaften und Familien bereits festgelegt wurden.

Aber an einem Punkt habe ich erkannt, dass Veränderung zu akzeptieren befriedigender ist, als auf Nummer sicher zu gehen.

Nach heutigen Standards ist das Leben einer Person bereits entschieden, man muss zur Schule gehen zuerst studieren und Spass haben und nach der Schule muss man zur Universität für den Abschluss und nach dem Abschluss Suche nach einem Job. Also, was denkst du, ist das Leben alles über Schule und Abschluss? In sehr jungen Jahren wird uns beigebracht, unseren Karriereweg zu wählen, wir dürfen uns nicht für Fehlschläge entscheiden.

Ich glaube nicht ... die Menschen müssen verstehen, dass Veränderung wichtig ist, und wir müssen die Dinge ändern ... weil echtes Wachstum innerhalb der Veränderung kommt.

Die Zwanziger sind einfach. In manchen Momenten mögen wir das Gefühl haben, dass etwas nicht stimmt, aber aufgrund des Lärms der Welt, von der wir umgeben sind, und der höchst befriedigenden leeren Dinge, die wir tun, vergessen wir diese Momente. Wir glauben, dass wir in der Lage sein werden, so unser ganzes Leben zu leben.

Im Laufe der Jahre bleibt der Gedanke, dass etwas nicht richtig ist, in unseren Köpfen. Folglich beginnen wir uns mehr Dinge zu wünschen, die uns vorübergehend ein gutes Gefühl geben. Wir beginnen uns zu sagen: «Wenn ich das Ding bekomme, bin ich glücklich und alles wird gut gehen.» Nichts ist jedoch weiter von der Wahrheit entfernt. Da sich dieses Muster öfter wiederholt, fangen wir an, uns mit dem, was wir haben und was wir tun, unzufrieden zu sein. Wir sagen uns, dass solche Dinge vielleicht nicht das sind, was wir wollen, aber zumindest haben wir einige Gebrauchsgegenstände, mit denen wir uns sicher fühlen können - z.B. ein Auto, ein Haus, einen Job, unter anderem. Dementsprechend beginnen wir, uns durch die Dinge zu definieren, die wir besitzen. Wenn wir sie verlieren, verlieren wir uns selbst.

Es ist nichts falsch daran, physische Gebrauchsgüter zu haben. Nichtsdestotrotz sollten wir im Hinterkopf behalten, dass solche Dinge nicht Teil von uns sind und uns auch nicht definieren. Sie sind vergänglich und sollten als das gesehen werden, was sie sind.

Der Gedanke, dass etwas nicht stimmt, verblasst meist nicht. Es wird nur durch die Zeit verstärkt. Infolgedessen gibt es einen Moment, in dem alles plötzlich zusammenbricht und das Ignorieren eines solchen Gedankens unmöglich ist... Es kann im Alter von dreissig, vierzig oder vielleicht sogar noch später kommen. Wir mögen uns fragen: «Ist das das Leben, das ich leben soll?», «Was ist mit dem Satz «wenn ich das Ding bekomme, werde ich glücklich sein» passiert?», oder «Sollte ich die Dinge anders machen?» Dies ist die Zeit, in der wir begriffen, dass es Zeit für eine Veränderung ist.

- Harshita Singhal

BA (Prog.)

III Year

Veränderungen Annehmen

Unser Leben wird von einem materialistischen Lebensstil bestimmt, bei dem wir anfangen, Dinge zu erwerben, die uns ein "gutes Leben" ermöglichen - ein komfortables Haus, ein großes Auto, ein teures Handy usw. Man sagt uns, dass wir glücklich sein werden, wenn wir all diese Dinge besitzen. Wir definieren uns mit den Dingen, die wir besitzen.

Diese Dinge sorgen dafür, dass wir uns vorübergehend gut fühlen, aber sie halten nicht allzu lange an. Folglich werden wir leicht süchtig nach solchen Dingen und gehen mit dem Verlangen nach ihnen durchs Leben.

Folglich beginnen wir, uns nach mehr Dingen zu sehnen, die uns vorübergehend ein gutes Gefühl geben. Wir sagen uns, dass diese Dinge vielleicht nicht das sind, was wir wollen, aber zumindest haben wir etwas, mit dem wir uns sicher fühlen können. Wir beginnen, uns über die Dinge, die wir besitzen, zu definieren. Wenn wir sie also verlieren, haben wir das Gefühl, uns selbst zu verlieren.

Das Risk einer Veränderung einzugehen, ist ein Vertrauensvorschuss. Wir müssen die Tatsache akzeptieren, dass wir nicht wissen, wie sich die Dinge entwickeln werden. Manchmal werden sie so verlaufen, wie wir es uns wünschen, manchmal aber auch nicht. Es geht nicht darum, zu gewinnen oder zu scheitern, sondern darum, zu lernen. Deshalb versuche ich jeden Tag, so gut wie möglich zu sein, indem ich mich auf Veränderungen annehme.

- Darshini Arunachalam

BA (Prog)

III Year

COVID-19 Pandemic

Wir haben unser Leben gerettet
Nur durch einfaches Sitzen
Wir haben unsere Tage
mit dem Brot, das wir hatten, verbracht.

Wir teilten Lächeln einander
mit verdeckten Gesichtern
Wir hörten auf unseren Führer

mit Funken der Hoffnung
Wir kämpften tapfer in der Schlacht
Indem wir unsere Gebete den Besiegten darbringen
Wenn Menschen infiziert wurden

Die Natur wurde geheilt
Dies ist weder ein Film in Theater gespielt
Noch eine Geschichte in den Büchern geschrieben
Es war eine Pandemie, die Welt noch nie gesehen hat !

- Rekha

BA (Prog)

III Year

Veränderung Annehmen

Alles um uns herum verändert sich ständig, ob wir es wahrnehmen oder nicht. Die Gesellschaft verändert sich, die Technik entwickelt sich jeden Tag weiter; die Welt ist immer in Bewegung, aber das Wichtigste ist, dass wir uns auch selbst verändern. Aber trotz dieses Wissens ist eines der schwierigsten Dinge, die Menschen im Laufe ihres Lebens lernen, Veränderungen anzunehmen.

Viele Menschen finden Veränderungen erschreckend. Und das ist normal. Veränderungen erinnern uns daran, dass wir jeden Tag älter werden, und dieser unvermeidliche Zeitablauf hat etwas so Melancholisches und Beängstigendes.

Veränderungen und Neuheiten können als viel zu herausfordernd, riskant und unsicher wahrgenommen werden.

Es gibt wirklich keinen besseren Beweis für die Unvermeidlichkeit und die manchmal unerwünschte Natur des Wandels als die jüngste COVID-19-Pandemie. Im Handumdrehen hat sich alles verändert. Das Leben, das wir einst für selbstverständlich hielten, erscheint uns heute wie ein Luxus. Durch den Stromkreisunterbrecher gab es viele neue Veränderungen in unserem täglichen Leben. Work-from-Home (WFH) und Home-Based Learning (HBL) wurden eingeführt, um die Ausbreitung von COVID-19 einzudämmen. Die Menschen wurden auch ermutigt, zu Hause zu bleiben und keine Kontakte zu Mitgliedern zu knüpfen, die nicht aus ihrem Haushalt stammen.

Die Arbeit an Ihrem Selbstwertgefühl, der Aufbau einer Wachstumsmentalität, das Streben nach Erreichung Ihrer Ziele sowie das Üben von Dankbarkeit können echte Spielveränderer sein.

Zu lernen, Veränderungen in deinem Leben anzunehmen, kann dir dabei helfen, reifer, selbstbewusster und glücklicher zu werden. Und es gibt keinen besseren Zeitpunkt dafür als heute.

- **Ishika Rawat**
BA (Prog.)
III Year

Veränderung Annehmen

"Veränderung annehmen" diese beiden Wörter sind ein Teil meines Lebens, seit ich zur Besinnung gekommen bin. Als Army-Gör musste ich immer mit einem Neuanfang in jeder neuen Stadt im ganzen Land beginnen. Neue Freunde zu treffen war ein Hauptfaktor, in den ich heute hineingewachsen bin, was mich zu einem extrovertierten und coolen Kerl gemacht hat. Nur ein Scherz. Seit 2020 hat sich das Leben für alle auf diesem Planeten exorbitant verändert, einschließlich des Klimas. Von einem Intercity-Reisenden zu einem Intra-House-Reisen war eine Menge Erfahrung für die Erforschung des inneren Selbst. Die Situation in der Welt normalisiert sich jetzt, aber die wichtigste Herausforderung hier ist, die Veränderung im Inneren anzunehmen. ☹️

- **Tannu**
BA (Prog.)
III Year

Veränderungen Annehmen

Veränderung ist nie einfach,
wir kämpfen um durchzuhalten,
und wir kämpfen um loszulassen.
Aber um im Leben voranzukommen,
wir müssen allmählich LOSLASSEN.
Nehmen Sie sich das heute zu Herzen.
Erlaube dir zu wachsen aus
den Erfahrungen du hast durchlebt.
Wenn wir Veränderungen annehmen
können wir werden uns geben
die Erlaubnis zu sein wer wir sein müssen in unserem aktuellen JETZT.
Wir erlauben
uns selbst und andere zu ändern.
Wir erlauben
Schichten ablösen.
Wir erlauben
um unsere Meinung zu ändern.
Wir erlauben
unterschiedliche Denkweisen anzunehmen.
Wir erlauben
unser Leben zu ändern.
Wir sind
verbindet mit unserem authentischen Selbst.
Damit,
nimm die Veränderung an anstatt dagegen anzukämpfen.
Letztendlich,
es ist alles eine Reise am Ende rechts?

- Preeti Basoya
BA (Prog.)
III Year

Stärker als je zuvor

ändern, ändern, ändern?

Da sich die Jahreszeiten hin und wieder ändern, ist mein Herz immer bereit,
die Veränderungen anzunehmen, die mir in den Weg geworfen werden.

Aus der Dunkelheit und in die Sonne, ich werde mir etwas wünschen,
eine Chance ergreifen und eine Veränderung vornehmen, bis ich den Himmel berühre.

Ich werde meine Flügel ausbreiten, fliegen lernen,
ein Risiko eingehen und die Veränderung annehmen!

Veränderung ist die einzige Konstante im Leben,
ich nehme diese Wahrheit als eine schöne Sache an!

Ich umarme die Anfänge und Enden,
denn sie geben uns Hoffnung und Möglichkeiten glücklich zu leben.

Ich nehme Veränderungen an, denn sie geben mir die Chance,
aus einer anderen Perspektive zu überleben und das Leben in vollen Zügen zu genießen.

denn anders könnte das Leben nicht sein. Weil das Leben nicht anders sein könnte,
geht man entweder das Risiko ein oder entscheidet sich dafür, im Elend zu leben

nichts bleibt gleich oder dauerhaft,
warum also nicht die Veränderung annehmen und damit leben?

- Sanjana Brahma
BA (Prog.)
III Year

Bedeutung der Veränderung

Veränderung ist die eine Sache, die in den letzten 2 Jahrzehnten meines Lebens konstant war. Veränderungen im Leben sind unvermeidlich, egal wie sehr wir vor Veränderungen davonlaufen, auf dieser Reise des Lebens wird man mit Sicherheit auf die eine oder andere Weise mit Veränderungen konfrontiert. Früher hatte ich Angst vor Veränderungen, Angst vor allem Neuen; aber erst mit der Zeit habe ich gelernt, dass man nichts lernt, wenn man immer in seiner Komfortzone ist; um etwas zu lernen und sich selbst zu verbessern, sollte man immer nach Veränderung streben und nach Möglichkeiten suchen, sich selbst zum Besseren zu verändern. Doch nicht alle Veränderungen, die gut erscheinen, sind auf Dauer auch gut. Daher müssen wir die Veränderungen klug identifizieren, die uns helfen können, bessere Menschen zu werden und langfristig der Menschheit zu dienen, anstatt die Veränderungen anzupassen, die nur Elend in unser Leben bringen.

- Shraddha R Bhat
BSc (Hons.) Chemistry
III Year

Veränderungen Annehmen

Das Leben ist voller Veränderung
 Wenn es nicht so wäre, wäre es so seltsam
 Alles würde beim Alten bleiben
 Es wäre wie ein langweiliges Spiel.

Für alles gibt es eine Jahreszeit
 Und immer ein guter Grund
 Wir werden es jetzt vielleicht nicht sehen
 Aber alle Fortschritte, die es erlaubt

Stellen Sie sich vor, es gäbe keine Fortschritte
 Wenn der Wandel uns alle nur Angst machte.
 Ändern Sie Ihre Einstellung und suchen Sie nach dem Guten
 Lass die Dinge sich so entwickeln, wie sie sollten.

- **Shruti Bandejiya**

BA (Prog.)

IIIrd Year

Veränderungen Annehmen

Veränderung ist ein schmerzhafter aber schöner Prozess. Es bringt uns aus unserer Komfortzone. Manchmal verlieren wir unsere Lieblingssache oder-person. Veränderung ist jedoch die universelle Wahrheit. Unsere Umwelt entwickelt sich ständig weiter, so dass sich die Menschen weiterentwickeln, um sich anzupassen. Wir müssen wie Wasser sein und uns an jedes Gefäß (Situation) anpassen, in das wir gesteckt werden. Veränderung bringt nicht immer Negativität, sie bringt auch neue Möglichkeiten und Positivität. Anstatt also darüber zu weinen, bereiten wir uns auf neue Gelegenheiten und Erfahrungen vor. Die COVID-19 Pandemie hat uns auch gelehrt, dass wir Veränderung akzeptieren und im Leben vorankommen müssen.

Nehmen wir die Veränderung an!

- **Yashasvi Bhardwaj**

BA (Prog.)

III year

Veränderung

Veränderung ist eine Herausforderung
 Veränderung ist eine Angst
 Veränderung ist der Sinneswandel
 Veränderung ist eine Änderung der Einstellung
 Veränderung ist eine Veränderung der Lebensweise
 Veränderung ist die Veränderung des Erkannten
 Veränderung ist die Veränderung des Mysteriösen
 Veränderung ist die Veränderung zur Perfektion
 Veränderung ist die Veränderung zu unbekannter Ethik
 Veränderung ist der Wandel zur Vorherrschaft
 Veränderung ist die Veränderung zur Göttlichkeit
 Eine Veränderung, um zu einem echten Selbst zu wissen.

- **Shruti Sangwan**
 BA (Prog.)
 III Year

Er ist's

Frühling läßt sein blaues Band
 wieder flattern durch die Lüfte;
 süße, wohlbekannte Düfte
 streifen ahnungsvoll das Land.
 Veilchen träumen schon,
 wollen balde kommen.
 Horch, von fern ein leiser Harfenton!
 Frühling, ja du bist's!
 Dich hab' ich vernommen!

- **Sonia Basoya**
 BA (Prog.)
 III Year

Gute Veränderung

Jeden Tag
 Ist alle so viel schon
 Für eine neue Veränderung
 Für ein neues Leben

Jeden Tag,
 freuen Sie sich
 für ist es viel Gelegenheiten
 für ist es viel abenteuerlich

Eine Veraenderung ist nicht so schlimm
 Eine Veraenderung ist nicht so schwer
 Nur wenn wir es mit einem Lächeln behandeln
 und sind immer lernbegierig

Jeden Tag umarmen
 Jeden Tag freudig angehen
 Denn Herausforderungen können da sein
 Aber wir sind stärker als sie

- **Shraddha R Bhat**
 B.Sc (Hons.) Chemistry
 IIIrd Year

Zeit, Veränderungen anzunehmen und schnell zu handeln

Die Welt ist erstaunt, unglaubliche und großartige Veränderungen auf der Erde während des Lockdowns zu sehen, hauptsächlich aufgrund der Schließung von Industrien, fast null Transport, weniger Verbrennung fossiler Brennstoffe und Blockieren vieler nicht nachhaltiger menschlicher Eingriffe in die Natur. Das Ergebnis war eine Traumwelt um uns herum, als würden wir einen 5-D-Film genießen. Vor einigen Wochen schien diese veränderte Umgebung unmöglich zu visualisieren.

Bedauerlich ist, dass wir, sobald wir nach dem Lockdown aus diesem "echten Naturtheater" herauskommen, uns in die gleiche degradierte Welt treiben würden, die in der Zeit vor Covid existierte.

Die Natur hat uns mit dieser Pandemie eine laute und klare Warnung vor den Gefahren geschickt, enormen Druck auf unsere natürlichen Ressourcen auszuüben. Es wird geschätzt, dass 75% aller neu auftretenden Infektionskrankheiten von Wildtieren stammen. Die anhaltende Erosion der Waldbedeckung und der Räume beschleunigt dies, was dazu führt, dass mehr Krankheiten vom Tier auf den Menschen übertragen werden. Daher wäre es ratsam, jede Aktivität zu vermeiden, die dazu führt, dass Krankheiten auf den menschlichen Lebensraum übergreifen.

Außerdem ist es dringend notwendig, schnell eine langfristige Politik zur Erhaltung der Tierwelt, der biologischen Vielfalt und der natürlichen Ressourcen zu entwerfen. Kurzfristig ist es dringend notwendig, jede einzelne Industrieinheit auf der ganzen Welt kritisch zu analysieren und sie dann nur für betriebsbereit zu erklären, um die richtigen Bedingungen zu erfüllen. Dies würde dazu beitragen, die neue Richtung für die Erhaltung der verjüngten Umwelt- und globalen Gesundheit zu steuern.

Das mag unpraktisch klingen, aber wenn ein Virus von wenigen Mikrogramm in kurzer Zeit enorme positive Veränderungen bewirken kann, indem es die ganze Welt in die Knie zwingt, dann ist es an der Zeit, dass alle Führer, die die 7 Milliarden Menschen auf der Erde anführen, die Botschaft klar verstehen und schnell darauf reagieren.

- **Shruti Sangwan**
BA (Prog.)
III Year

Veränderung Annehmen

Veränderung ist schön. Meistens haben wir davor Angst, dass Veränderungen schädlich sind. Wir sehen nur das Negative. Wir vergessen völlig, dass Veränderung nicht immer schlecht ist. Jeder Anfang ist schwer. In der Realität ist die Veränderung der erste Schritt, um etwas Neues und Positives in unser Leben zu bringen. Das Geheimnis des Wandels besteht darin, dass man seine ganze Energie nicht darauf verwendet, gegen Alte zu bekämpfen, sondern das Neue aufzubauen. Die einzige Konstante ist der Wandel. Es wird sehr zu Recht gesagt, dass nichts im Leben beständig ist, außer der Veränderung. Veränderung ist fast unvermeidlich und eine der auffälligsten Veränderungen, die wir jede Sekunde des Tages erleben, ist die Zeit selbst. Wir werden erwachsen, treffen neue Menschen im Leben, verlieren unterwegs geliebte Menschen und ziehen im Laufe unseres Lebens an verschiedene Orte. Da Veränderungen unvermeidlich sind, können Sie genauso gut lernen, sie anzunehmen.

Wenn Sie das tun, werden Sie lernen, dass Veränderungen oft viele neue Möglichkeiten und Erfahrungen mit sich bringen, die uns tatsächlich gut tun. Hier werden wir also herausfinden, warum Veränderungen gut sind und wie Sie sich mit veränderungsorientierten Menschen umgeben können, um von ihren Nutzen zu profitieren. Veränderungen ermöglichen es uns, im Leben voranzukommen und neue und aufregende Dinge zu erleben. Es bietet mehr Möglichkeiten, unsere Lebensqualität, unsere Lebensweise und unsere Art zu verdienen, zu verbessern. Veränderung ermöglicht es Ihnen, die alten und abgenutzten Dinge durch neue zu ersetzen, die vorteilhafter sind. Manchmal ist es tatsächlich gut, seine Gefühle zu ändern und Traurigkeit und Schwermut zu überwinden.

Es verändert unsere Einstellung zum Leben und wir werden dadurch demütiger und dankbarer.

Veränderungen zu akzeptieren macht uns emotional stärker und mächtiger. Wenn wir lernen, Veränderungen zu akzeptieren, ist dies eine Bestätigung dafür, dass schlechte Zeiten nicht ewig andauern werden.

- Ayushi Jedia

BA (Prog.)

IInd Year

Veränderung ist schwer, aber unvermeidlich

Das Leben ist niemals statisch. Das ist einer der Gründe, warum wir gerne leben. Und doch haben die meisten Menschen Angst vor Veränderungen. Es wurde gesagt, dass Veränderung die einzige wirkliche Konstante im Leben ist. Wenn das stimmt, warum sind die Menschen dann so resistent gegen Veränderungen? Im Allgemeinen nehmen es die meisten Menschen nicht allzu freundlich, sich zu ändern, besonders wenn es ihnen ohne ihr Zutun aufgezwungen wird. Es stellt sich heraus, dass wir mit unserer Änderung gerne etwas Kontrolle haben. Aber das läuft dem größten Teil unseres Lebens zuwider, das, wie manche argumentieren würden, nicht vollständig unter unserer Kontrolle steht. Das ist einer der Gründe, warum radikale Innovationen manchmal lange nicht oder gar nicht vom Markt angenommen werden. Gehen Sie in die andere

Richtung, wenn jemand sagt: "Um erfolgreich zu sein, müssen wir nur das Verbraucherverhalten ändern." Wenn der Wandel also konstant ist und wir einen Großteil dessen, was unser Leben ausmacht, nicht kontrollieren können, wie können wir uns dann mit Veränderungen wohler fühlen?

Wenn Veränderungen unerwartet eintreten, neigen wir dazu, auf die Situation überzureagieren. Es ist eine natürliche Tendenz und ich würde vorschlagen, dass Sie genau das Gegenteil tun. Reagieren Sie nicht sofort.

Manchmal, wenn Veränderungen eintreten, ist unser natürlicher Instinkt "kämpfen oder fliehen". Es ist natürlich, dass wir aggressiv oder defensiv agieren wollen. Veränderungen sind nicht so dramatisch, wenn Sie ständig neues Wissen und neue Perspektiven gesammelt haben, als Teil Ihres Engagements, ein vielseitigerer Mensch zu werden. Veränderungen schockieren nur diejenigen, die in einer engen Sichtweise oder Routine feststecken. Indem Sie immer neue Informationen annehmen oder Ihre Routine ändern, passen Sie sich tatsächlich besser an die Achterbahn des Lebens an. Wie würde das Leben aussehen, wenn Sie genau vorhersagen könnten, wer den Super Bowl gewinnen, wer wen heiraten würde und was die Gewinnzahlen im Lotto sind? Die absolute Gewissheit des Lebens, wenn wir sie wüssten, wäre ehrlich gesagt langweilig. Wenn Sie sich mit Veränderungen anfreunden wollen, dann führen Sie kleine Elemente der Ungewissheit in Ihr Leben ein. Kleine Dinge werden zu großen Dingen. Jeden Tag 1 % in einem Bereich zu verbessern, wird in nur einem Jahr zu einer Steigerung von 3700 %!

- Shalu Maheshwal

BA (Prog.)

IInd Year

Veränderungen Anzunehmen macht das Leben besser

Ich werde nicht darüber sprechen, wie wir während der Pandemie, unter der wir alle gelitten haben, Veränderungen annehmen, aber meine Art, Veränderungen anzunehmen, wäre eher, wie ich als Person Veränderungen angenommen habe, bis ich gefunden habe, wonach ich gesucht habe, nämlich Frieden.

Ich kämpfe mit Veränderungen, aber jetzt sehe ich es anders. Früher habe ich meinen Mangel an Begeisterung für etwas Neues als Abneigung gegen Veränderungen erklärt, aber was ich meinte, war ein Abscheu vor einer Änderung der Routine oder eine Abneigung gegen eine Änderung meiner Sichtweise. Ich gebe zu, ich bin nicht scharf darauf, dass sich Dinge ändern, es sei denn, es ist etwas, das ich initiiere. Das ist ein egoistischer, aber sehr menschlicher Ort. Es ist nicht einfach, seinen Standpunkt zu ändern oder sich auf etwas Neues einzustellen, es ist schwer, seine Meinung zu revidieren, aber es ist wichtig.

Vieles in meinem Leben hat sich verändert, sowohl im Guten als auch im Schlechten, aber Veränderungen sind notwendig. Wachstum entsteht durch Veränderung, und nur Sie können sich entscheiden, zu wachsen. Wir haben nicht immer die Kontrolle über Veränderungen, die uns passieren, und manchmal brauchen wir Hilfe von außen, um Traumata, Finanzen, Situationen oder psychischen, physischen und emotionalen Gesundheitsproblemen entgegenzuwirken. Im Allgemeinen ist es jedoch Ihre Entscheidung, wie Sie auf Veränderungen reagieren. Wirst du es initiieren, lieben, annehmen oder bekämpfen und herausfordern?

Mein Leben war geprägt von stiller Akzeptanz und davon, das Boot nicht ins Wanken zu bringen, seit einer Kindheit gedämpfter Introvertiertheit und Duldung, während ich innerlich nach Selbstkontrolle schrie, bis ich mich schließlich davon befreite.

Ich bin eine ganz andere Person mit anderen Überzeugungen und Ansichten über das Leben, und ich bin viel glücklicher mit einem weniger starren und altruistischen Leben.

Ich musste lernen, mich an Veränderungen anzupassen. Im Spektrum zu leben bedeutet für mich, dass alles Außergewöhnliche oder Nicht-Routine angstbesetzt und oft beängstigend ist, aber das Älterwerden und die Notwendigkeit, meine eigenen Wege zur Bekämpfung psychischer Probleme zu finden, haben mir die Kraft gegeben, Änderungen vorzunehmen.

Ich finde es jetzt einfacher, mich von Dingen zu lösen, die giftig sind, Dinge, die keine Positivität in meinem Leben schaffen, und von Bindungen, die mich früher gebunden haben. Zu lernen, dass ich nicht das Produkt meiner Kindheit und Erziehung sein muss, erlaubte mir, die Kontrolle zu übernehmen, und die Kontrolle zu übernehmen bedeutet, Veränderungen anzunehmen.

Ich kann mir jetzt nicht vorstellen, an Dinge gebunden zu sein, die uns einschränken. Ich sehne mich nach einer Welt, in der Menschen Gleichheit, Mitgefühl und Liebe annehmen, in der das Klima und unser Planet Vorrang vor Kapitalismus, politischer Korruption und Bequemlichkeit haben, in der die ganze Welt ohne Grenzen ist.

- Meghna Navariya

BA (Prog.)

IIIrd Year

Veränderungen Annehmen

Als du jung warst hast du nicht nach Komfort gesucht, du hast nach Leben gesucht. Jetzt suchst du nicht das Leben, du suchst komfort-sicherheit.

Als du sechzehn, achtzehn warst hattest du wilde Träume darüber, was du mit deinem leben anfangen willst. Als du fünfundzwanzig wurdest, hast du alle schnickschnack abgeschafft und gedacht: "Das ist alles nicht praktisch, Ich werde jetzt praktisch " Alles, was dir passiert ist, ist, dass du gedeckt wirst, aber sie sagten, ich werde praktisch und kürze viele Dinge und sagten: "wenn ich einen Job bekomme, wenn ich mein Leben verdiene, ist dies, das, das in Ordnung. Mit fünfunddreißig denkst du : "wenn ich keinen Ärger bekomme, reicht das". Du freust dich nicht darauf, dass etwas Großartiges passiert- "wenn Ich keinen Ärger bekomme, ist das genug " aber da fängt man an Probleme zu bekommen.

Sie betrachten das Leben also nicht mit Freude, sie betrachten das Leben als sicherheit. Je sicherheitsorientierter sie sind desto verstörter werden sie bei jeder Veränderung in Ihrem Leben sein Die Essenz der physischen Existenz ist veränderung, nicht wahr? Alles ändert sich. Gibt es etwas, das sich nicht ändert sich, nicht wahr?

Die physische Existenz verändert sich ständig, das eigentliche Wesen der physischen Realität ist Veränderung. Selbst die sogenannten statischen zustände sind dynamischer Natur. Alles ändert sich. Wenn sie sich also der veränderung widersetzen, widersetzen sie sich dem Leben. Wenn du ein unveränderliches leben willst, gibt es einen wunderschönen ort, an dem sich nichts ändert, das ist dein Grab. Entweder du musst zu deinem Grab gehen oder du musst erleuchtet werden, wenn du keine veränderung willst. Dann ist irgendwo drinnen alles gleich.

Aber ansonsten, solange du ein Teil des physischen prozesses der Existenz bist, ist alles veränderung. Es gibt nichts, was sich nicht ändert, in diesem Moment, in dem du einatmest, im nächsten Moment, in dem du ausatmest, ist es veränderung, nicht wahr? Wenn du keine veränderung willst, stoppst du sie, also musst du verstehen, dass du dich dem eigentlichen Prozess des Lebens widersetzt, nicht nur deinem Leben leiden. Wenn du lebst und tot sein willst, wirst du um ärger bitten, nicht wahr?

Du musst Leben, wenn du lebst, musst du total Leben. Wenn du sterben willst, musst du es efficient tun, das ist eine ineffiziente Weise, dich selbst zu toten.

Unglück und Depression sind effiziente Wege, sich selbst um zubringen ist es nicht so, sei wenigstens effizient.

Sie müssen dies verstehen, sobald sie sich der veränderung widersetzen, widersetzen sie sich dem gesamten Prozess des Lebens und sie werden unnötiges Leiden schaffen.

- Insha Malik
BA (Prog.)
II Year

Veränderung – Das einzige konstante Phänomen

Das Leben ist der Prozess des ewigen Fortschritts, des Erreichens neuer Höhen, des Hinunterfallens, um zu lernen, wie wir uns wieder aufrappeln können, und bei dieser Vielfalt von Lebensangeboten neigen wir dazu, eine Konstante zu bemerken, nämlich Veränderung. Veränderung im Leben kann sich auf eine Veränderung des eigenen Handelns, der eigenen Wahrnehmung oder sogar der eigenen Gedanken beziehen. Veränderung ist der Keim, durch den wir uns neu erschaffen, mutiger und durchsetzungsfähiger werden und unsere Lebenswürdigkeit neu definieren.

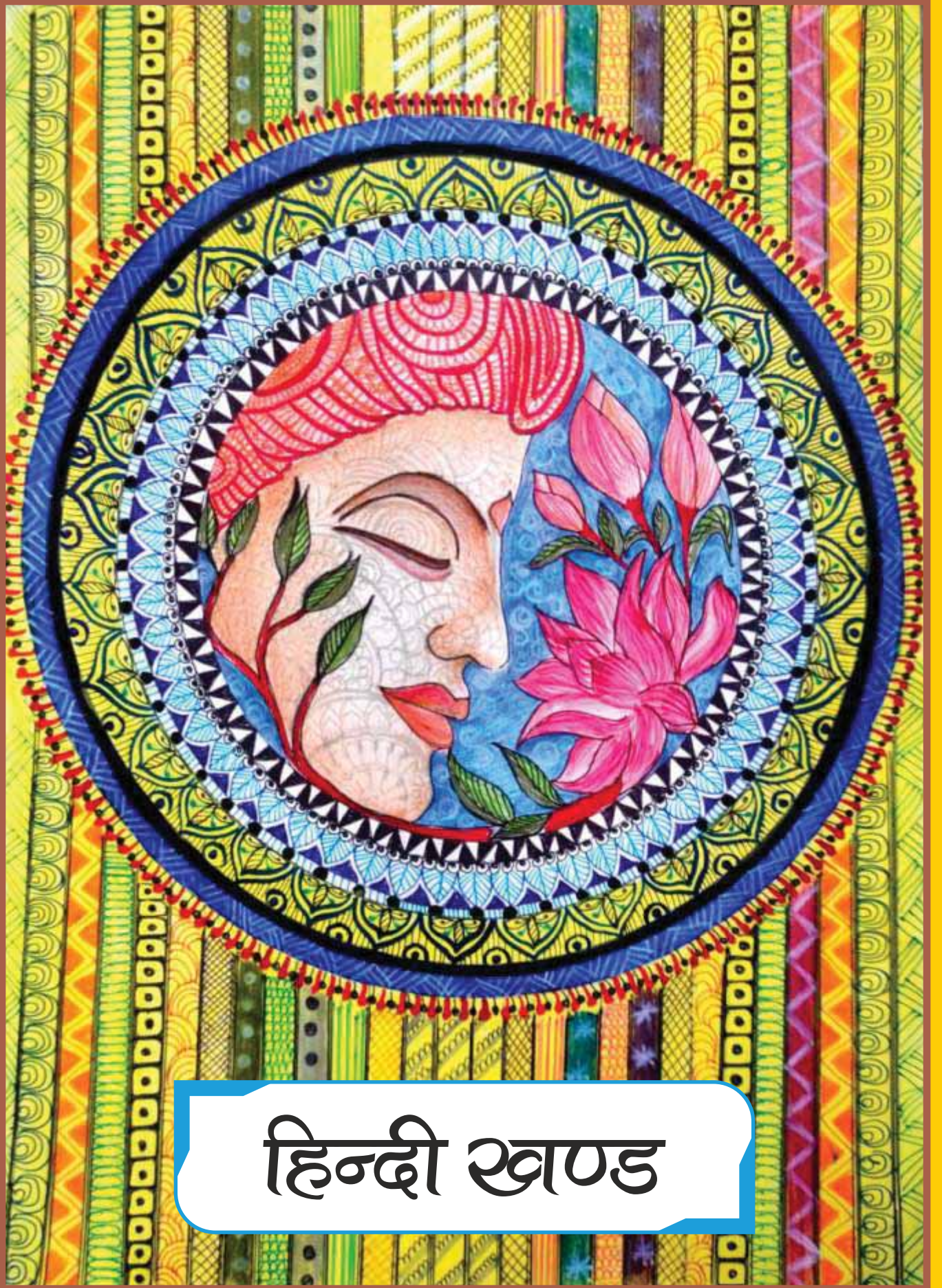
Aber die meisten Menschen versuchen, Veränderungen zu vermeiden, indem sie Veränderungen Wachstum entgegensetzen. Bekannte Praktiken geben ihnen ein Gefühl der Sicherheit. Meiner Meinung nach vermeiden sie Veränderungen aus Angst vor dem Scheitern. Die Dinge könnten richtig oder sogar schief gehen, wer weiß? Aber eines ist sicher, dass eine Veränderung einem dabei helfen kann, seine falsche Wahrnehmung in Bezug auf Dinge, die einem unbekannt sind, zu beseitigen. Zum Beispiel neigen die Leute dazu zu glauben, dass es nicht mehr als gutes Aussehen, reichlich Reichtum und manipulative Marketingfähigkeiten braucht, um ein Schauspieler zu sein. Aber wenn man versucht, nach dem Lebensstil eines Schauspielers zu leben, erkennt er/sie, wie viel harte Arbeit ein Schauspieler investiert, um die kleinsten Details seiner Persönlichkeit und anderer Fähigkeiten zu perfektionieren.

Allerdings scheuen sich nicht alle Menschen vor Veränderungen. Für sie wird Veränderung immer etwas Gutes sein, da sie eine Essenz der Rückschau mit sich bringt. Sie betrachten Veränderung als einen neuen Ansatz, um ihre Ziele zu erreichen. Und in diesem Prozess, die Punkte zwischen dem Neuen und dem Alten zu verbinden, stehen die Chancen gut, dass sie ihrem wahren Lebenszweck begegnen.

“Wenn wir uns nicht ändern, wachsen wir nicht. Wenn wir nicht wachsen, leben wir nicht wirklich.”

Am Ende gibt uns die Akzeptanz von Veränderungen sicherlich eine neue Art, das Leben zu genießen und die Fähigkeit, Probleme aus eigener Kraft zu lösen.

- **Rakhi Sharma**
BA (Prog.)
IIIrd Year



हिन्दी खाण्ड

आर्टिस्ट : सुमन कुमारी, बी.ए. (ऑनर्स) हिन्दी, तृतीय वर्ष

माँ

माँ बनी है ईश्वर के हाथों से,
जो लड़ सकती है किन्हीं भी हालातों से।
पहले लगता था कि वो होती कितना गुस्सा है,
समय ने बतलाया कि यही तो वात्सल्य का हिस्सा है।
वह चाहती है जो उन्हें न मिल पाया,
मुझे मिले तो मैं बन जाऊंगी उनकी छाया।
मुझमें वो खुद को देखना चाहती है,
इसके लिए वो कई यत्न अपनाती हैं।
माँ दिन-रात करती हैं काम,
ताकि मैं कर सकूँ आराम।
वह नहीं दिखाती अपनी थकान,
ताकि बना सके हमारे लिए खुशियों का घर-मकान।
उन्होंने कभी न होने दी पिता की कमी महसूस।

पर खुद ही मुझे छोटी-सी तकलीफ में देख हो जाती मायूस।
वह चाहती है मैं बन जाऊँ दुनिया में नायाब,
पर मैं तो उनके जैसी माँ को पाते ही हो गई कामयाब।
सब देखते हमारी खुशियाँ-हमारा हर्ष,
पर सिर्फ मैं जानती हूँ इसके लिए मेरी माँ ने किया है संघर्ष।
वह करती हैं मेरे लिए कई उपवास,
पर मेरे भगवान तो करते हैं उन्हीं में वास।
माँ बनी है ईश्वर के हाथों से,
जो लड़ सकती है किन्हीं भी हालातों से।

— श्रुति

बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

परिवर्तन का कायदा

परिवर्तन ही संसार का कायदा है,
यह जान लेने में ही फायदा है।

समुद्र की शांति भी बदल जाती है सैलाब में,
विश्व में कुछ न होता ठहराव मे।

यहां सब होता पल में तोला, पल में माशा,
हमें प्रकृति ने दिखलाया खूब तमाशा।

वर्तमान समय सिखा रही, कुछ नहीं होता स्थाई,
जब गलती की तो प्रकृति ने पटकी भी लगाई।

सब कुछ टूटा, सब कुछ बिखरा,
पर तब भी मानव में मानवता न निखरा।

अब भी करते प्रकृति के साथ छल,
सब कुछ डूबेगा, जब पर्यावरण दिखाएगा अपना बल।

सद्बुद्धि मिले मानव की यही है कामना,
इच्छा है इंसानों का हो इंसानियत के साथ सामना।

निर्मल हो जल, निर्मल हो थल, हो निर्मल आकाश,
अब परिवर्तन हो, तो सुखद हो प्रकाश।

— श्रुति

बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

मेरे मन की बात

कलम लिए अपने हाथों में,
 मैं अपने जीवन की गाथा लिखने जा रही हूँ,
 सुख लिखूँ या दुःख इसमें साफ साफ
 मैं जाहिर नहीं कर पा रही हूँ,
 मुझे याद है अपने जीवन के सुनहरे पल
 मेरे दोस्तों के संग बीती हर शाम पर
 मैं अपने जीवन में मिले उनके संग के दुःख को भी भुला नहीं पा रही हूँ,
 अकेली और अंदर से शान्त मैं एक लड़की
 अपने सपनों को खूब उड़ानें देना चाहती हूँ
 पर कोई काट ना दे मेरे पंखों को
 इस छल से मैं घबरा जाती हूँ,
 मैं एक आम और इस शहर की अंजान सी लड़की
 खुद के अंदर की हुनर बाजी खोजने निकली हूँ
 मैं जीत सकती हूँ अपनी हर मंजिल, ऐसा ज़ब्बा मैं अपने अंदर बेशुमार रखती हूँ।

— शालू
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

बारिश

बिना रुके ये तो देखो बरसती ही जा रही है
 हां ये बारिश की बूंदें ही तो हैं, जो बाहर आंगन में शोर मचा रही हैं
 सुनो ज़रा ये मीठी सी हवा जो संग संग बह रही है,
 जरा खामोश होकर सुनो शायद ये भी कुछ कह रही है...
 देखो न बारिश कुछ पल को थमी तो सही मगर,
 ये मीठी सी खुशबू कहां से आ रही है...
 जरा देखो तो सही ये बारिश की बूंदे इस जमीन पर रह गई हैं
 जो इस मिट्टी को महका रही हैं
 अरे...देखो जरा मेरे संग संग ये बारिश किसी और के मन भी भा रही है,
 तभी तो आसमान में इतनी चहचहाहट, बागों से मोर की पीहू वाणी
 और देखो इस डाल पर बैठी कोयल कितनी मीठा गा रही है
 हाय...ये वर्षा ऋतु और ये बारिश कितनी मनभावन है न
 देखो कितनी सरलता के साथ मेरे मन को अपनी इन बूंदों से भीगा रही है...!

— नियाशा
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

पैसा

शब्द दो अक्षर का है
 ख्वाहिशों को पूरा करता है
 मानवता से ऊपर
 अब नाम बस इसी का चलता है
 गरीब की झोली खाली
 और आँखों में आँसू लिए रहता है
 ये पैसा जनाब
 इंसान को जानवर और जानवर को इंसान बना देता है
 भूख में बिलखने पर रोटी नहीं
 पर उस रोटी को ही खरीद लेता है
 ये पैसा कईयों की ख्वाहिशों को
 कुचल देता है
 ये सब को ही खरीद लेता है
 ये दो अक्षर का शब्द
 एक नया ढोंग रचता है
 ये अपनों को पराया और पराए को अपना कर देता है

— लवली अप्राजिता
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

आदत

मुझे आदत है खुद से बात करने की,
 बिना किसी को जज किये उसकी बात सुनने की।
 बिना कुछ सोचे समझे सबका साथ देने की,
 और अपनों को बात-बात गुस्सा दिलाने की।
 हां मुझे आदत है झूठ बोलने की,
 और बाद में सच बताने की नहीं रख सकती मैं शिकायतें अपने तक।
 मुझे आदत है उन शिकायतों को,
 कागज़ पर लिखकर जला देने की।
 क्योंकि मुझे लगता है शिकायत करने से कोई फायदा नहीं,
 सब अपनी मर्जी से जीएंगे अपनी लाइफ
 कोई नहीं बदलेगा खुद को हमारे लिए।
 हां मुझे आदत है हर वो काम करने की,
 जो मना किया जाए करने को।
 मुझे आदत है खुद की गलती मानने की,
 और खुद को ही सॉरी बोलने की।
 मेरी आदतों में अच्छी कम और बुरी आदतें ज्यादा हैं,
 और ये बात मैं दूसरों से ज्यादा जानती हूँ
 पर मैं खुद में कोई चेंज नहीं कर पाती, सब कुछ जानते हुए भी।

— ज्योति
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

वक्त

वक्त से प्यार नहीं मिला, प्यार से वक्त नहीं मिला, — 2
 दोनों एक-दूसरे के लिए तरसते रह गए।
 जिस रिश्ते की नज़र उतारते थे दोनों,
 हंसते साथ में दोनों अकेले रह गए।
 ज़िद थी दोनों की मोहब्बत उससे बढ़के, — 2
 आंसू गिरे दोनों के फिर भी अंजान रह गए।
 वक्त तो चलता रहा,
 वक्त से कौन जीत पाया है,
 अपने और गैरों के बीच।

अपनों का तो खुद वक्त ने बताया है,
 अपना वक्त रोक के जिस वक्त ने तुझे संभाला था। — 2
 तेरे छोड़ जाने के बाद उस वक्त ने ही मुझे अपनाया था।
 उस वक्त की अहमियत तुम क्या जानो, — 2
 जिस वक्त ने मुझे मेरे बुरे वक्त से बचाया था।

— जैसमिन हैरिस
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

बदलता समाज

एक वक्त हुआ करता था, जब होंठों पर मुस्कान और आंखों में प्यार सा झलकता था।
 मन में स्वाभिमान और दिलों में भरा सम्मान लोगों की पहचान हुआ करता था,
 अब बदल रहा है समाज, बदलता जा रहा है सब रीती रिवाज
 बुढ़ापे में माँ-बाप की सेवा करने वाला श्रवण,
 इस युग में महिलाओं का शोषण करने वाला दुर्याधन बन रहा है।
 विचार करने पर लज्जित हो जाता है मन
 बार-बार एक सवाल खड़ा हो जाता है
 क्या यह समाज यही बदलाव चाहता है?
 सच में यह महिलाओं का सम्मान कर रहा है या,
 दिल में आदर और जिसकी आँखों में प्रेम झलकता है,
 इस समाज से बचाने वाली बस हमारी माँ की यही ममता है।
 समाज बदल रहा है दुनिया में तरक्की की सीढ़ियों पर चढ़ रहा है।
 अमीर और अमीर, गरीब भूख से मर रहा है।
 विश्व के मानचित्र पर झलकने वाला देश अपने ही लोगों की आँखों में नहीं झलकता,
 उस समय स्वराज की मांग करने वाला चंद्रशेखर आजाद था,
 आज भोजन की मांग कर रहा आधा हिन्दुस्तान है।
 यही बदल रहा है समाज, यही बदल रहा है देश।
 भूखे भेड़िए बैठे हैं सत्ता में लिए नेताओं का वेश।
 बदलते समाज ने सब कुछ बदल दिया, रक्षक को भक्षक बना दिया।
 अब कितना बदलेगा समाज, कितनी तरक्की करेगा,
 सोचकर दिल ज्वलित हो उठता है,
 यह सब अब और कब तक चलेगा?

— अंजली पाल
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

बेटी

क्यों दिया जन्म तूने,
जब पालना ही नहीं था ?

क्यों दुखी हुआ समाज,
जब बेटी से सामना हुआ ?

क्यों दिया लक्ष्मी का नाम,
जब बोझ मानना ही था ?

क्यों लाई दुनिया में जब,
सम्मान देना ही नहीं था ?

क्यों दिया जन्म तूने,
जब पालना ही नहीं था ?

अस्तित्व

जन्म से शादी तक,
पिता और वीरों पर निर्भर होते आये ।
शादी के बाद,
पत्नी का फर्ज निभाए ।
किसी की बहू कहलाये,
तो किसी की भाभी,
फिर माँ भी कहलाये,
और अपने बच्चों से उम्मीदें,
रखते जाये ।
कभी पूछा है खुद से,
अपना अस्तित्व किधर नज़र आये ।।

— गीतिका
बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

मुझ में मेरा गाँव बाकी है

मैं शहर गया तो क्या हुआ,
मुझ में मेरा गाँव बाकी है ।

नीम पीपल की छाँव बाकी है,
चप्पू वाली नाव बाकी है ।
खपड़े की छत पे बैठे,
कौवे की काँव-काँव बाकी है,
मुझमें मेरा गाँव बाकी है ।

प्रदूषण से मटमले आसमान में यहाँ,
गौरैया का छोटा सा घरबार ढूँढ़ता हूँ ।

मोबाइल की इस दुनिया में,
आज भी रेडियो पर समाचार ढूँढ़ता हूँ ।

और मिलना हो किसी से दो पल अगर,
तो कई दिनों तक इतवार ढूँढ़ता हूँ ।

भाग दौड़ की जिंदगी में यहाँ,
हंसता खेलता बड़ा परिवार ढूँढ़ता हूँ ।

ये कोर्ट कचहरी हार जाती जहाँ,
फैसले करता पंचायत का दरबार ढूँढ़ता हूँ ।

जहाँ एक दूसरे को पूछता नहीं कोई,
वहाँ भी दूसरों का राय विचार ढूँढ़ता हूँ ।

बिजली के चकाचौंध से दूर,
शाँत रातों का अंधकार ढूँढ़ता हूँ ।

काफी दिन हो गए शहर में,
फिर भी गाँव हर बार ढूँढ़ता हूँ ।

शहर की खोखली जिंदगी के बीच,
गाँव की सादगी की और मेरा झुकाव अभी बाकी है,
क्या हुआ अगर शहर गया तो,
मुझमें मेरा गाँव बाकी है ।

— प्रयांशी दुबे
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

महिलाओं का सम्मान

हम सम्मान करेंगे औरत का, आँच ना उस पर आने देंगे,
 देवभूमि इस भारत पर उसका एक कतरा ना गिरने देंगे।
 उसके एक सम्मान की खातिर हम जान निछावर कर देंगे,
 जब तक जीएंगे सम्मान करेंगे कंधे से आंचल ना गिरने देंगे।
 जननी है संसार की जो, जिस ने वंशों को जन्म दिया,
 त्याग सहनशीलता की मूर्ति है वह, अधिकार ना उसका खोने देंगे।
 त्याग केवल महिलाएं करें यह किस ग्रंथ में लिखा है,
 लोगों की मानसिकता है, बस वरना यहां सब झूठा है।
 अधिकार दिए हैं महिलाओं को पर शोषण उनका करते हैं,
 किसी व्यक्ति के जीवन को अपने अनुरूप चलाना।
 हक अपना समझते हैं।
 विवाह के बंधन महिलाओं पर लागू
 पर मर्दों पर कहां हुए,
 प्रेम करे तो लड़की लज्जित,
 पर गलत कार्य करने वाले लड़के के लिए क्यों परिवार वाले खड़े हुए।
 लड़का लड़की समान बस नार हैं,
 असलियत यह है कि वही लोग इस को नहीं अपनाते हैं।
 बस बहुत हुआ अत्याचार, अब हम करेंगे उनका सम्मान,
 विनम्र प्रेम सम्मान से रखेंगे उनका ध्यान।
 हम समाज में यह परिवर्तन लाएंगे,
 महिलाओं को इस बंधन रूपी समाज में आगे बढ़ाएंगे,
 अब यह प्रण हमारा है, महिलाओं को उनका हक दिलाना है।

— अंजली पाल
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

भारत माँ की आँखों के तारे

भारत माँ की आँखों के तारे,
 नन्हें मुन्ने राज दुलारे,
 जैसे मैंने तुमको संवारो,
 वैसे ही तुम देश संवारो।
 ये जो छोटा—सा बस्ता,
 इल्म के फूलों का गुलदस्ता,
 इसमें छिपी है सच्चाई,
 अपना सुख औरों की भलाई,
 भारत माँ की आँखों के तारे,
 नन्हें मुन्ने राज दुलारे,
 जैसे मैंने तुमको संवारो,
 वैसे ही तुम देश संवारो।
 ये जो संसार तुमने बनाया तुमने सजाया,
 इस संसार में दुःख बहुत हैं, जुल्म बहुत हैं,
 इस संसार में बलि—बलि जाऊँ,
 हर झूठे से टकरा जाऊँ,
 भारत माँ की आँखों के तारे...।

— कनिका भाटिया
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

सर्वश्रेष्ठ सृजनात्मक कविता

कलयुग में परिवर्तित धर्म

देकर पंत का वास्ता तुम मानव धर्म को छलते हो,
तुम धर्म का कत्ल कर अपना पोषण करते हो।
अरे! धरती पर बैठे बैठे स्वर्ग के सपने दिखाते हो,
अगर न करे विश्वास कोई तो गरुण पुराण का हवाला दे डराते हो।

ना देना मुझे तुम वास्ता ना पैगंबर ना भगवान का,
मैं तो मनुष्य साधारण सा अनुयाई हूँ मनुष्यता के भगवान का।
ईश्वर भी हँसता होगा देखकर तुम्हारी नादानी को आज,
देखकर तुम्हारे मस्तक पर सत्ता का सरताज।
जो तुमने उसी के नाम से कमाया है,
और नाम उसके ही मिट्टी में मिलाया है।
धर्म वो नहीं जो तुम्हें छलना सिखाता है, धर्म वो भी नहीं जो तुम्हें लड़ना सिखाता है,
बल्कि धर्म तो वह बीज है जो तुम्हारी लालच रूपी बंजर भूमि पर समर्पण के पुष्प खिलाता है।

अपने धर्म से प्यार में भी करती हूँ, अपने शिव से प्यार मैं भी करती हूँ।
याद हैं उसकी एक-एक सीख मुझे,
ज्ञात हैं उसकी एक-एक चीख मुझे।
जब जब मैदानों पर तुमने उसे नीलाम किया,
करके उसके नाम का इस्तेमाल तुमने धरती माँ का सीना लाल किया।
वो ठहरा भोला भंडारी उसने फिर भी तुमको माफ किया,
खुद पीकर विष की बूंदे उसने तुमको जीवन दिया।

वो आज कल सपने में मेरे रौद्र रूप दिखाता है,
देखकर कलयुग के मानव को वो जोर जोर करहाता है।
हर पल पापो की सीमा से तुम ऊपर उछलते हो,
और हर पल उसको और अचंभित करते हो।

अब भी वक्त हैं धरती वासियों संभल जाओ,
और अपने सच्चे धर्म को अपनाओ।
मत लूटो धरती की आन पंथ के नाम पर,
मत करो व्यापार भगवान के नाम पर।

— ईशा अग्रवाल
बीएससी (भौतिक विज्ञान)
तृतीय वर्ष

डिजिटल से हैं रिश्ते सारे

डिजिटल से है रिश्ते सारे,
 कौन पराए, कौन अपने हमारे?
 दिखावे के इस खेल में हैं अब्बल सारे,
 हकीकत की जिंदगी में हैं सब हारे।
 यूँ तो फ्रेंडशिप डे पे दोस्ती सब जताते,
 पर जरूरत के समय कॉल कोई न उठाते।
 लव माई फ़ैमिली के नारे सब लगाते,
 असल में बूढ़े माँ-बाप का हाल तक न पूछ पाते।
 कितने डिजिटल से हैं रिश्ते सारे,
 कौन पराए कौन अपने हमारे।
 बदल गए सभी तरीके हमारे,
 अब दिवाली में रही चमक कहाँ?
 अमेज़ॉन, पिलपकार्ट की हो रही मेगा सेल यहाँ।
 घर के खाने का कहाँ बचा स्वाद?
 जोमेटो, स्विगी का जो हो गया आगाज।
 गली क्रिकेट ने खूब रोब डाला,
 मोबाइल ने पूरा गेम ही बदल डाला।
 याद है चलती क्लास में जब टिफिन खोल डाला,
 अब ऑनलाइन क्लासेज ने सारा बचपन ही जला डाला।
 अब छुट्टियों का क्या इंतजार
 गूगल मीट ने किया सारा इंतजाम,
 दिखावे की हो गई है, जिंदगी हमारी
 मुंह में राम बगल में छुरी है सारी।
 खाने के पहले फोटो लिया जाता है,
 कहीं जाने से पहले पोस्ट किया जाता है।
 कितनी डिजिटल हो गई जिंदगी हमारी
 इंस्टा फ़ेसबुक के बिना जीया नहीं जाता,
 मानते हैं, जरूरत है हमें अभी
 पर कुछ सीमा भी होती है या नहीं?
 बस यही बची है दुनियादारी
 डिजिटल से है रिश्ते हमारे,
 कौन पराए कौन अपने हमारे?
 दिखावे के इस खेल में है अब्बल सारे,
 जिंदगी की दौड़ में है सब हारे।।

— प्रीति सराफ
 बीएससी (ऑनर्स) जूलॉजी
 तृतीय वर्ष

बेटा तू मुझको भूल गया

बेटा तू मुझको भूल गया।
 याद है मुझको वो दिन जब मैंने तुझको जन्म दिया।
 दरकिनार कर खुदको मैंने सब कुछ तुझको सौंप दिया।
 और उस वक्त तो तू भी बड़ा सयाना था,
 अपनी अम्मा की गोदी का तू ही एक सहारा था।
 मेरी साड़ी का आंचल ही तुझको सबसे प्यारा था,
 तू नन्हा मुन्ना छोटा सा मेरी आंख का तारा था।
 मेरे चेहरे को देख तेरा चहरा भी खिल जाता था,
 जब मेरे हाथों से खाना तुझको बड़ा लुभाता था।
 मेरे रोने से तेरी आंखें भी भर आती थीं,
 मेरे हँसने से तेरे चहरे पर मुस्कान खिल जाती थी।
 अपने भाई से बंटना मुझे तुझको बिल्कुल न भाता था,
 जब मेरे सम्मान के लिए तू जग भर से भिड़ जाता था।
 पर वक्त का पहिया कुछ घूम गया,
 अब तू अपनी मां को कुछ भूल गया।
 अब तू थोड़ा बड़ा हुआ,
 अपनी मां को पीछे छोड़ खड़ा हुआ।
 अब तूने मुझको बांट लिया,
 मेरी रोटी तक को गिन लिया।
 मेरे सपनों को महल गिरा कंकड़ कंकड़ को बीन लिया,
 खुदगर्जी में अब तूने मेरी खुशियों को भी छीन लिया।
 अपने सारे प्यार को तूने अपने दिल में कुछ ऐसा गाड़ा,
 कि अपनी माँ से उसका स्वाभिमान तक छीन लिया।
 पहले मेरे साथ के लिए तू लड़ जाता था,
 अब तू मुझे दूर भेजने की कोशिश में जुट जाता है।
 पहले मेरा रोना तुझको बिलकुल न भाता था,
 अब तू मेरे आसू देख मन ही मन मुस्काता है।
 पर बेटा तू चिंता मत करना
 पहले जितना न सही प्यार मैं तुझको अभी भी करूंगी,
 स्वर्ग में बैठी बैठी मैं तेरे बुढ़ापे का इंतजार जरूर करूंगी,
 पर तेरी तरह तेरा दुख देखकर मुझे हँसी नहीं आयेगी,
 अपने बेटे को तड़पता देख मेरी छाती फट जायेगी।

— ईशा अग्रवाल
 बीएससी (भौतिक विज्ञान)
 तृतीय वर्ष

अभी बाकी है !!

आविर्भाव 1857 से,
जब प्रथम संग्राम में फतह मिली
सत्यपरायण का पथ भले दुसाध्य था
अंततः आजादी लब्ध हुई।
परंतु
तनिक मुल्क की व्यथा पर दृष्टिपात तो करो
भगत के स्वप्न में न था ऐसा हिंदुस्तान,
मुस्तकबिल प्रभा हो तुम भारत को यह दर्शा दो
कि एक युवा का वीर्य असंशय ही कर सकता है उस सपने को पूर्णसार –
अत्यल्प परिश्रम और करो, कुछ दूर ही आजादी है,
खंडित भारत को अखंड बनाना अभी बाकी है।

— हिमानी
बी ए प्रोग्राम
प्रथम वर्ष

“वो भी एक दौर था”

वो भी एक दौर था जब युवा इतिहास पढ़ा करते थे,
घंटो कुर्सी पर बैठे, श्रुष्टि की सैर किया करते थे।

जब पाठक चौहान, महाराणा लक्ष्मी का इतिहास पढ़ा करते थे,
और पढ़ पढ़कर गाथाएं, माँ भारती के वीरों का इतिहास अमर किया करते थे।

जब भावनात्मक किताबें पढ़कर अश्रुओं की धार बहा करती थी,
और प्रेरक किताबें पढ़कर एक नई आस जगा करती थी।

जब किताबें अज्ञान के अंधेरे में चमका करती थी,
और कठिनाई रूपी धूप में छाँव दिया करती थी।

अरे वो भी एक दौर था जब पुस्तकालय में दिल मिला करते थे,
और पुस्तकों में दिलदार के पत्र मिला करते थे।

जब अंतर्मुखी पाठकों को पुस्तकों में दोस्त मिला करते थे,
और किताबें पढ़ पढ़कर वे लोग खूब हंसा करते थे।

वो भी एक दौर था जब किताबों के जरिए समाज पर व्यंग किए जाते थे,
बच्चे, बूढ़े सब किताबों में खो जाते थे।

जब किताबों की दी सीखों से जिंदगी में रंग घुल जाते थे,
और किताबें पढ़कर पाठकों के मन के शूल फूल बन जाते थे।

वो भी एक दौर था जब किताबें पढ़-पढ़कर अक्षर धूमिल हो जाया करते थे,
जब पुस्तकालयों में अनेकों पाठक नजर आया करते थे।

— ईशा अग्रवाल
बीएससी (भौतिक विज्ञान)
तृतीय वर्ष

चुटकुले

संता : यार बस हमारे ऊपर चढ़े या हम बस पर चढ़े दोनों ही हालातों में क्या होगा?

बंता : देख यार चाहे तू बस पर चढ़े या या फिर बस तुझ पर चढ़े दोनों मर्तबा टिकट तेरा ही कटेगा।

भिखारी : कुछ खाने को दे दो।

लड़की : टमाटर खाओ।

भिखारी : रोटी दे दो।

लड़की : टमाटर खाओ

भिखारी : अच्छा लाओ टमाटर ही दे दो।

लड़की की माँ : अरे तुम जाओ बाबा ये तोतली है। कह रही है... कमाकर खाओ।

अध्यापक : भारतीय परिवार के सदस्य एक दूसरे को प्यार करते हैं, इसका कोई उदाहरण दो।

छात्र : परिवार में बीमार एक होता है और खिचड़ी पूरा घर खाता है।

कल रमा ने पड़ोसन से मिक्सी मांगी।

पड़ोसन : यहीं आकर यूज कर लो।

दूसरे दिन उसी पड़ोसन ने कहा,

जरा अपनी झाड़ू दे दो...

रमा : तुम यहीं आकर यूज कर लो।

— दामिनी तिवारी
बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

बेटी

पूजे कई देवता मैंने तब तुमको था पाया।

क्यों कहते हो बेटी को धन है पराया।

यह तो माँ की ममता की है छाया।

जो नारी के मन आत्मा व शरीर में है समाया।।

मैं पूछती हूँ उन हत्यारे लोगों से।

क्यों तुम्हारे मन में यह जहर है समाया।

बेटी तो है माँ का ही साया।

क्यों अब तक कोई समझ न पाया।।

क्या नहीं सुनाई देती तुम्हें उस अजन्मी बेटी की आवाज़।

जो कराह रही तुम्हारे ही अंदर बार-बार।

मत छीनो उसके जीने का अधिकार।

आने दो उसको भी जग में लेने दो आकार।।

— कविता नागर
बी.ए. प्रोग्राम
प्रथम वर्ष

तू है मेरा

तू ही है मेरा,

तू ही है मेरा।

तू सफर है मेरा,

तू हमसफर है मेरा।

तू ही शाम है मेरी,

तू ही सुबह।

तू जिंदगी है मेरी,

तू ही है बस तू।

तेरे सिवा न है कोई मेरा,

तू वो ख्वाब है मेरा।

तू ही सबाब है मेरा,

तू ही तो है बस मेरा।

— श्रृष्टि यादव
बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

असल खूबसूरती

जानवी मैरी पब्लिक स्कूल में हाई स्कूल स्टूडेंट है। साधारण सांवली-सी लड़की जिसके दोस्त ना के ही बराबर हैं क्योंकि ज्यादातर बच्चों का गुट बना हुआ है जो कि चेहरे के आकर्षण से प्रभावित था।

सीनियर्स के साथ अपनी कक्षा के भी बच्चे उसके साथ बुरा व्यवहार करते थे, बुली (bully) का शिकार हुए बच्चे कभी भी इस डर से शिकायत ही नहीं करते थे कि आगे कुछ और गलत न हो! केवल एक कैंटीन वाले भैया (मुकुल) ही ऐसे थे जो जानवी के रंग-रूप पर नहीं बल्कि उसकी अच्छाई और कोमल व्यवहार पर उसके साथ अच्छा बर्ताव करते थे, एक दिन तो यूं हुआ कि जानवी मुकुल के साथ बातचीत कर रही थी कि उसके साथी विद्यार्थियों ने वीडियो बनाकर सब जगह वायरल कर अफवाह फैला दी कि दोनों का चक्कर चल रहा है। इस बात को सुनकर जानवी ने बहुत कोशिश की सबको सफाई देने की और मुकुल से बात भी, मगर उसको पहले ही इन सब ने अपनी बातों से भड़का दिया था, सब चीजों से परेशान होकर उसको अपना स्कूल ही बदलना पड़ा।

अब जानवी अपने नए स्कूल "क्वीनस क्राउन इंटरनेशनल" में एडमिशन ले चुकी है और अपनी पुरानी छवि से बहुत दूर तक कोई नाता नहीं रखना चाहती। इसलिए उसने खुद को बदलने का फैसला किया।" कई बार नाकाम होने पर वह हार मान लेने का सोचती मगर, फिर जो कुछ अब तक उसने देखा और सहा!

आज जानवी का अपने नए स्कूल में पहला दिन है और मेकअप आजमाने का भी। थोड़ा झिझक होने के कारण किसी की आंखों में नहीं देख सकी मगर सब उसी की ओर मुड़-मुड़ कर देख रहे थे जैसे पहले ऐसा इंसान ना देखा हो! हाँ, जानवी अपनी छवि को बदलने में सफल हुई। कोई नहीं पहचान सकता कि अब वही जानवी है जो रूप रंग से बुल्ली का शिकार थी। लेकिन इससे सबसे ज्यादा पॉपुलर स्टूडेंट रितेश को जरा भी फर्क नहीं पड़ता क्योंकि किसी के रूप पर आकर्षित होना बेवकूफी की निशानी है! ऐसा उसका माना था जब तक कि हम इंसान के गुणों को न जांच लें! वह अपने घर के पास वाले बुक्सटोर में साधारण ही आती थी, जहां वह रितेश से मिल चुकी थी। जब स्कूल में उसे देखा तो हैरान हो गई। पर स्कूल में वह उसे नहीं पहचान पाया। एक बार जानवी वही किताब स्कूल ले आई जो कि पास वाले बुकस्टोर में रितेश से एक्सचेंज हो गई थी। यह देख थोड़ा सा शक उसे हुआ, वह फिर जानने के लिए नज़र रख रहा था और उसका शक एकदम सही था। जानवी ही बुकस्टोर में उससे टकराई थी, मगर बस यह नहीं समझ पा रहा था कि क्यों जानवी अपने को बदल देती है पूरी तरह से? बात करके उसे मालूम पड़ा कि इस सब के पीछे का कारण 'उसके सुंदर ना दिखना है, वह नहीं चाहती थी कि मजबूरन यहां भी जो उसके नए दोस्त बने, वह भी उसे छोड़ दें'। यह सारी बातें जानकर रितेश को दया से ज्यादा गुस्सा आया और उसने समझाया कि 'इंसान की असल खूबसूरती की पहचान उसके गुणों से होती है न कि बाहरी रंग रूप से' वह कहता है अगर तुम यह सब सोचने के बजाए अपनी क्षमताओं पर काम करो तो ज्यादा प्रभावित होंगे सब तुमसे और रही बात बाहरी सुंदरता से आकर्षित होकर बने दोस्त, वो केवल कुछ समय के लिए हैं, लेकिन जो तुम्हारे गुणों को देखकर तुम्हारी ओर आकर्षित होते हैं वही असल में दोस्त कहलाने लायक होते हैं।

— मानसी रुडोला
बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

अनचाहे सपनों का बोझ

मन हार के बैठा मैं
चाकू रख दी कलाई पर।
आंखों में सपने थे जो
बह गए हैं अश्रु बनकर।।
दिल में मायूसी और
लबों पर जाने कितने शिकवे थे।
शिकायते थी ना समझने की,
उनसे जो मेरे अपने थे।।
थक गया हूँ अब मैं करते करते संघर्ष
उतर ना सका खरा मगर उनकी उम्मीदों पर।
मगर उस बच्चे की मनोदशा समझ लेना,
जो अनचाहे सपनों का बोझ ढो रहा।
एक बार उसकी सिसकियां सुन लेना,
झूठी हँसी ओढ़े जो भीतर से रो रहा।।
मगर अब चुप्पी है, और बस टप टप बहता खून।
ना कोई गिला ना कोई शिकवा, अब सिर्फ सुकून।।

— सोनाली श्रुति
जूलॉजी ऑनर्स
द्वितीय वर्ष

पहेली

1. एक ट्रक गांव की तरफ जा रहा था उसे रास्ते में चार ट्रक और मिले तो बताइए कितने ट्रक गांव की ओर जा रहे थे?
उत्तर : एक ट्रक
2. बाप ने बेटी को एक चीज दी और बोला, भूख लगे तो खा लेना, प्यास लगे तो पी लेना और ठंड लगे तो जला लेना बताओ क्या?
उत्तर : नारियल
3. जब कार राइट मुड़ती है तो कौन सा टायर बिल्कुल भी नहीं घूमता?
उत्तर : स्पेयर टायर
4. तीन अक्षर का मेरा नाम, पहला कटे तो राम राम, दूजा कटे तो फल का नाम, तीजा कटे तो काटने का काम। बताओ क्या है मेरा नाम ?
उत्तर : आराम
5. ऐसी कौन सी चीज है जो ऊपर जाने के बाद नीचे नहीं आती?
उत्तर : लम्बाई

— जैस्मिन हैरिस
बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

ऑनलाइन

ऑनलाइन ने क्या खेल है खेला,
सब को बनाया कठपुतलियों का मेला,
चारों ओर जब छाया हाहाकार,
तो ऑनलाइन ने दिखाया अपना प्रहार,
जो बचपन भी था कितना सुनहरा,
जिसका रोज था एक नया सवेरा,
उस सबको समेटा अपने अधियारे से,
और लोगों को किया परेशान अपने अधिकारों से,
वाह रे! ऑनलाइन तूने क्या खेल है खेला,

सबको बनाया कठपुतलियों का मेला,
आज की नई पीढ़ी फस गई जब तेरे जाल में,
तो तूने उनके सपनों का फेर बनाया और लोगों को खूब नचाया,
सबको दिखाया अपना हथियार और कर दिया सबको परास्त,
वाह रे! ऑनलाइन तूने क्या खेल है खेला,
सब को बनाया कठपुतलियों का मेला।।

— प्रेरणा झा
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

आजादी में अभी कुछ बेड़ियां हैं जो बाकी हैं

आजादी में अभी कुछ बेड़ियां हैं जो बाकी हैं,
कुछ के लिए गलत का चयन 'आजादी', तो कुछ के लिए आजादी की आगाज 'खाकी' है...
लोग कहते हैं, आसमान में उड़ना आजादी है..
बंधक ना बनो, इस उलझे से समाज में हर कोई फरियादी है।

लोग कहते हैं, विचारों को कोई रोक ना सके, वह आजादी है,
जो विचार खुद में सिमट के बिखर गए, आवाज बुलंद कर उन्हे उठाना, वह 'आजादी' है।
लोग कहते हैं, बदलाव लाने की राह में कोई अड़चन ना आए, वह आजादी है...
अड़चनों में, दुनिया के तानों के साथ जब आप कुछ कर दिखाएं, वह 'आजादी' है।

लोग कहते हैं, जब सही को रोका ना जाए, वह आजादी है...
जब रोकने के दबाव के बावजूद भी, सत्य को प्रमाणिकता की जरूरत ना पड़े, वह 'आजादी' है।
लोग कहते हैं, जब महिलाओं को पुरुष के बराबर अधिकार मिलें, वह आजादी है...
जब अधिकार के साथ, काबिलियत पर उंगली ना उठाई जाए, वह 'आजादी' है।

इस दौर में जब सब बिखरा सा है, हिम्मत और अपनेपन के साथ मुस्कुराने की कोशिश की जाए,
वह 'आजादी' है।।
और फिर जब लोग कहते हैं, आसमान में उड़ना आजादी है..... शायद सही ही कहते होंगे।।

— अशिका ढींगरा

बी.ए. (प्रोग्राम) अर्थशास्त्र + राजनैतिक विज्ञान
द्वितीय वर्ष

पहेली

1. अगर आप अँधेरे कमरे में एक मोमबत्ती, एक लालटेन और एक दीया के साथ हैं तो सबसे पहले आप क्या जलाएँगे ?
उत्तर : माचिस
2. वह कौन-सा फूल है, जिसके पास कोई रंग और महक नहीं है?
उत्तर : अप्रैल फूल
3. ऐसा रूम, जिसकी खिड़की ना दरवाजा तो बताओ क्या ?
उत्तर : मशरूम
4. खुद कभी वह कुछ न खाए, लेकिन सब को खूब खिलाए।
उत्तर : चम्मच

— दीक्षा ठाकुर
बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

एक जुनून ऐसा भी

कि सुन माँ बेटी की अर्थी सज कर आई है,
 मांग भी वही सिंदूरी लाल है।
 पर गले ने लगाई फांसी की एक डोर है,
 कि सुन माँ बेटी की अर्थी सज कर आई है।
 हाथों में लाल सुनहरी चूड़ी संग खून से,
 लथपथ जख्मी कलाई ले आई है।
 कि सुन माँ बेटी की अर्थी सज कर आई है।
 कमर से लटकती वो नई नवेली कमरबंद सी,
 कुछ लोहे की जंजीरो में खुद लिपट आई है,
 कि सुन माँ बेटी की अर्थी सज कर आई है।
 कि हैं हर पग चलते पावों की पायल संग,
 सुनी कसमों और वादों की बेड़ी ले आई है।
 कि सुन माँ बेटी की अर्थी सज कर आई है।
 कि दुल्हन के जोड़े संग होठों पे गहरी लाली संग,
 हाथों में मेंहदी संग तन से ढके कपड़ों में,
 कोड़ो की निशानी ले आई है।
 कि सुन माँ बेटी की अर्थी सजकर आई है।
 कि हाँ वो तेरी नन्ही सी शहजादी,
 आज गले से मौत लगा आई है।
 कि सुन माँ बेटी की अर्थी सज कर आई है।
 कि सपने के महलों को सजाकर वो,
 डोली में विदाई ले आई है।
 कि हाँ वो सपनों के महलों में दफन,
 सूनी सासों से पड़ा जिस्म ले आई है।
 कि सुन माँ बेटी की अर्थी सज कर आई है।

— वैष्णवी राय
 बी.ए. (ऑनर्स) हिन्दी
 तृतीय वर्ष

'क' से ?

'क' से कमल,
 कीचड़ में खूबसूरती का कमाल हूँ मैं!
 'क' से कल्पना,
 चमकती आँखों की पहचान हूँ मैं!
 'क' से कोयल,
 कोई मीठी सी आवाज हूँ मैं!
 'क' से कला,
 एक सुनहरा ख्वाब हूँ मैं!
 'क' से कलम,
 एक लेखक का औजार हूँ मैं!
 'क' से कविता,
 भावनाओं का इजहार हूँ मैं!
 'क' से कवि,
 साहित्य का रचनाकार हूँ मैं!
 'क' से किताब,
 ज्ञान का भंडार हूँ मैं!
 'क' से कन्या,
 किसी देवी का अवतार हूँ मैं!
 'क' से कराल
 विनाश का तूफान हूँ मैं!
 'क' से काल,
 देवी के रूप में काली का अवतार हूँ मैं!
 'क' से कृष्ण,
 राधा का प्यार हूँ मैं!
 'क' से कठिन,
 इस दुनिया का सार हूँ मैं!
 'क' से क्रूर,
 इस देश का हाल हूँ मैं!
 'क' से क्रोध,
 रिश्तों का अंत हूँ मैं!
 'क' से कलियुग,
 पाप का चरम अवतार हूँ मैं!

— प्रियांशी दुबे
 बी.ए. (ऑनर्स) हिन्दी
 द्वितीय वर्ष

कला और कलाकार

कला कभी चंद तारीफों की मोहताज नहीं होती,
कला तो अपने आप में एक सुकून होती है।
इंसान हमेशा कलाकार की कला को तौलता है,
कभी खुद की तारीफों से तो कभी चंद रुपयों से।

क्या? सच में आपको लगता है?
कि एक चित्रकार को उसकी मेहनत के बदले उसके चित्र का सही मोल चुका पाता है कोई?
जवाब... नहीं है ना

और क्या? एक गायक को उसकी लगन के बदले मिली कुछ तारीफ और चंद पैसे
उसका गायन और गायकी का मोल चुका पाते है?

या फिर कोई कवि और लेखक अपनी जिन्दगी में जो कुछ भी तारीफ
और उसके बदले में दिया गया कुछ रुपया पाता है वो काफी होता है? उसके लिए
जवाब... नहीं है ना?

ऐसा इसलिए क्योंकि कला का कोई मोल नहीं हो सकता है
और लोग बेकार में वहम पाल लेते हैं, कि कला केवल तारीफों की मोहताज होती है,
लोग सोचते है कि वो कला को और कलाकार को खरीद सकते हैं...

तो सुनो मेरी बात
एक गायक गाना गाता है, क्योंकि उसमें उसको सुकून मिलता है, उसे खुशी मिलती है।
एक चित्रकार चित्र बनाता है और उसमें वह अपनी कल्पना को जगह देता है।
एक लेखक कुछ लिखता है, क्योंकि वह हर चीज बोल के समझा नहीं पाता
कोई नृत्य करता है, तो उसमें उसका आनंद छुपा होता है,
वह अपने नृत्य के माध्यम से कुछ दर्शाता है।

हर कला और कलाकार अपने कला के माध्यम से कुछ सन्देश देते हैं,
आपको कुछ पल के लिए खुशी देने का प्रयास करते हैं
अपने अल्फाज को कलम और कागज के सहारे जाहिर करते हैं...

अगर आप इनमें से कुछ ना कर पाते तो एक अच्छे दर्शक बनकर उनका हौसला बढ़ाइए..
यह ना कहे की कलाकार तारीफ के लिए कला का प्रदर्शन करता है
क्योंकि तारीफ से पेट नही भरता और घर नहीं चलता है
कलाकार मर जाता है, लेकिन उसकी कला अमर रहती है।

— प्रियांशी दुबे
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

कविता हूँ कविता रहने दो

कविता हूँ कविता ही रहने दो मुझे,
कविता हूँ कविता ही रहने दो मुझे,
कहानी न बनने दो मुझे।
 रूँ तो वक्त ही कहाँ लोगों के पास,
 अपने आप को समझने के लिए,
 बीच राह में छोड़ गए,
 कई किस्सों को बड़ा समझ के।
रूँ तो वक्त ही कहाँ लोगों के पास,
अपनों के साथ समय व्यतीत करने के लिए,
उलझें रिश्तों को सुलझाने के लिए,
कई रिश्तों को छोड़ गए उलझा समझ के।
 अगर मैं कविता से कहानी बनी,
 अगर मैं कविता से कहानी बनी,
 तो क्या पता मुझे भी छोड़ जाए,
 कोई बड़ा किस्सा समझ के।
कविता हूँ कविता ही रहने दो मुझे,
कहानी न बनने दो मुझे।

— मान्या वर्मा
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

कोरोना तुझे पड़े रोना

कोरोना से हाहाकार मचा,
पृथ्वी पर नया इतिहास रचा।
बूढ़ा जवान कोई न बचा,
भय का तूफान हर दिल में बसा।
जैसे हो गया जादू-टोना,
कोरोना तुझे पड़े रोना।
तू बीमार बन जाएगा,
हम औषधि बन तैयार खड़े।
तू वायु बन कर आयेगा,
हम पर्वत बन जाएँ बड़े-बड़े।
तेरे ख्यालो पर लड़ेंगे हम,
ना मिटने देंगे कोई कोना।
कोरोना तुझे पड़े रोना।
सैनिटाइजर जान की तोप बना,
और माक्स का गोला बना डाले।
स्वच्छता की ढाल की हाथों में,
पल भर में तुझे जला डाले।
ना घबरायें तेरे वारों से,
चाहें गरमी में पड़े सोना।
कोरोना तुझे पड़े रोना।

— कुमारी चित्रा
बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

गुलामी

आजादी अधिकार हमारा,
यही है पूरा संसार हमारा।
गुलामी की जिंदगी, कैसी होती है?
सोने के पिंजरे में बंद पंछी छटपटा रहा है उड़ने को,
सोने की कटोरी में रखा भोजन जहर लगता है उसे,
सोने के पिंजरे में बंद पंछी भूल गया है उड़ना,
उड़ने की आस लिए, मिट गए पिंजरे में पड़े।
इसी तरह मानसिक रोग से बीमार है मेरा देश,
मानसिक रूप से गुलाम है मेरा देश,

हिंदी भाषा से अंग्रेजी अच्छी लगती है लोगों को,
जिस दिन हिंदी भाषा संसार में छा जायेगी,
संसार में हम सबसे आगे खड़े हो जायेगी,
यही पूर्ण हिंदी का सम्मान है।
यही हमारी आजादी का प्रमाण है।

— मान्या वर्मा
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

कोरोना की दहशक (प्रकोप, कहर)

दहशत देख कोरोना की
थर-थर काँप उठती जनता,

‘वैश्विक महामारी कोरोना’
का यह ‘काल’ विश्व पर आ धमका,

देख कोरोना का फैलाव,
जनता प्यारी हुई बेहाल,

जिसको जकड़े ये लक्षण,
खाँसी, बुखार, साँस में तकलीफ,
सर दर्द, बदन दर्द, गले में दर्द,
वो हो जाएगा, इसका शिकार।

तिल-तिल करके तड़पते हैं,
मन अशांत, देह से परेशान
भयंकर स्वप्न दिखलाता है,

कब तक, खैर मनाओगे,
लटक रही तलवार गर्दन पर,
कब तक, खैर मनाओगे।

‘इम्यूनिटी’ को मजबूत कर,
जंग जीत जाएँगे।

युद्ध के दो हथियार,
मास्क और सैनिटाइजर
जो अपनाएँ इन साथी-संगी को
वह सुरक्षित रह जाएगा।

— सुरुची गुप्ता
बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

‘ख्वाहिशों का आशियाना’

जिंदगी की तलाश में कहां-कहां भटके?
और अगर भटके भी तो फिर कहां पहुंचे?
कोई पूछता था अगर कि क्या तैयारी है?
तो कहते थे कोशिशें अभी जारी हैं।

सबके सामने खूब हंसते-हंसाते हो?
पर आड़ में जाकर खूब रोते भी हो।
खुद के लिए या फिर जमाने के लिए,
यह झूठे दिखावे तुमने क्यों किये?

क्या कुछ ऐसा करके पाना चाहते हो अपनी मंजिल?
पाया भी क्या वो, जो करना चाहते थे हासिल।
सोचा था, अब भी तुम्हारे पास वो दिलकश ख्वाब होंगे,
उम्मीद नहीं थी कि मिलने के लिए यह जवाब होंगे।

खैर, अब कौन-सा है तुम्हारा सफर?
चलता भी है या बस कर रहा है बसर?
क्यों तुम वही गलती बार-बार हो दोहराते?
क्यों नहीं सच्चा ख्वाब बनाकर आगे कदम बढ़ाते।

अब तो कोई एक मुकद्दर बना लो,
अपना मान कर उसे मुकम्मल बना दो।
एक बार किसी ख्वाब को पकड़ कर देखो तो हाथ से,
पूरी कायनात चल देगी तुम्हारे साथ में।

नहीं कर सकता कुछ तुम्हारे लिए ये जमाना,
सिवाय बनाने के रोज नया-नया अफसाना।
अब तुमसे है सिर्फ एक ही गुजारिश,
आशियाना बुनकर पूरी करो हर एक ख्वाहिश।

— सोनम यादव
बी ए (ऑनर्स) हिंदी
द्वितीय वर्ष

जब होंगे ख्वाब एक

तुझे मैं कर सकूँ शामिल
मुझे बनना है इतना काबिल,

ख्वाब देखे है जो तूने
ख्वाब देखे है जो मैंने
जब होंगे ख्वाब एक

कभी लड़खड़ाता है मन
तो डोलता है आत्मविश्वास
फिर दृढ़ कर संकल्प
चली मैं वह राह

न चली जिस पर कभी मैं
चली उस डगर पर
जहां के रास्ते अनजान
बनाने एक नई पहचान मैं

पाऊंगी क्या तुझे
हाँ पाऊंगी अस्तित्व अपना
जब होंगे ख्वाब एक

— सुमन

बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

पापा

पापा मैं आप से कुछ कहना चाहती हूँ,
पापा मैं आपका साथ बहुत चाहती हूँ।

आपसे बहुत कुछ कहना चाहती हूँ,
अपने दर्द को बता कर रोना चाहती हूँ,
पापा मैं आप से एक बात कहना चाहती हूँ।

मैं कई बार अकेली सी पड़ जाती हूँ।
मैं आपको आवाज लगाना चाहती हूँ,
पापा मैं आपको बहुत चाहती हूँ।

हाँ, मैं कभी नहीं बताती,
मगर मैं आप जैसा बनना चाहती हूँ।

— रजनी

बी.ए. हिंदी ऑनर्स
प्रथम वर्ष

जिंदगी

कल एक झलक जिंदगी को देखा,
वो राहों पे मेरी गुनगुना रही थी,

फिर ढूँढा उसे इधर—उधर

वो आँख मिचौली कर मुस्कुरा रही थी,

एक अरसे के बाद आया मुझे करार,

वो सहला के मुझे सुला रही थी

हम दोनों क्यूँ खफा हैं एक दूसरे से

मैं उसे और वो मुझे समझा रही थी,

मैंने पूछ लिया — क्यों इतना दर्द दिया?

कमबख्त तूने,

वो हँसी और बोली — मैं जिंदगी हूँ पगले

तुझे जीना सिखा रही थी।

— पूर्णिमा सैनी

बी.ए. (ऑनर्स) हिन्दी
प्रथम वर्ष

डर

डर से मत डर, कुछ अलग कर,

गरीब कभी ऑफिसर नहीं बन पायेगा।

डर तुझे यही समझायेगा,

पर तू आत्मविश्वास दिखायेगा।

डर से आँख मिलायेगा,

डर से सामना कर।

डर से मत डर, कुछ अलग कर,

जिंदगी के हर मोड़ पर तुझे डर सताएगा।

और उसी डर का फायदा बिना चूके डर उठायेगा,

तुझसे कहेगा कि तू कुछ नहीं कर पायेगा।

क्या वो लिखकर दे पायेगा, कि तु हार जायेगा,

डर से मत डर, कुछ अलग कर।

— तान्या सिंह

बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

नन्ही परी

माँ के गर्भ में एक नन्ही गुड़िया अवतार लेती है,
 नन्हीं सी जान जिसे दुनिया का कोई बोध नहीं होता।
 वह अपने ख्वाबों में अपनी ही दुनिया बुन लेती है!
 ऐसी दुनिया जहाँ पिता का प्यार अब्बल हो,
 ऐसी दुनिया जहाँ माँ का दुलार अब्बल हो।

अपने ख्यालों में मानो पूरा संसार सजाना चाहती हो,
 जन्म लेने के बाद घर का आंगन महकाना चाहती हो।

वह नन्हीं सी परी माँ के गर्भ में ही सब को अपना बनाना चाहती हो,
 उसकी हलचल जैसे उसकी दुनिया को संदेश देना चाहती हो।

उस नन्हीं—सी जान की हर सांस अपने परिवार को यह बताना चाहती हो,
 कि वह अपने माता—पिता के लिए हर गर्व और सम्मान का मौका लाना चाहती हो।

गर्भ में उसकी मुस्कान मानो इस बात का प्रतीक देना चाहती हो,
 कि वह अपने माता—पिता के लिए हर गर्व और सम्मान का मौका लाना चाहती हो।

गर्भ में उसकी मुस्कान मानो इस बात का प्रतीक देना चाहती हो,
 कि वह बेटी नहीं बेटा बनकर रहना चाहती हो।

उसकी हलचल माँ से गुहार लगाती है,

वह नन्ही गुड़िया जीना चाहती है।

जीना चाहती है!!

फिर समय कुछ थम—सा जाता है,
 उसकी ख्वाबों की दुनिया बिखर जाती है।
 उस नन्ही सी जान से उसकी जिंदगी छीन ली जाती है,

वह आखिरी स्वर में भी माँ—माँ गाती है।

नन्ही गुड़िया को कोई नहीं सुनता,

क्योंकि परिवार तो बेटा पैदा होने के ख्वाब ही बुनता।
 पिता कहता बेटी बोझ है वंश कौन आगे बढ़ाएगा?
 और माँ रो—रो कर कहती मेरी परी को कौन वापस लाएगा?

परिवार के सदस्य कहते समाज में बेटी का जन्म अभिशाप है,
वह नहीं जान मानो गर्भ से कहती कि लड़की होना ही पाप है!

नन्ही गुड़िया को मौत सुकून देती,
क्योंकि समाज के हिसाब से वह एक भोज होती जो दुःख देती।

नन्हीं परी अपना दम तोड़ देती,
अपने सपनों को अधूरा छोड़ देती।

दुनिया देखने से पहले ही वह अलविदा कह जाती!!
बेटे के जन्म पर खुशी से ढोल बजाया जाता है,

और बेटी पैदा करने पर समाज के सामने लजाया जाता है।
बेटे को कुलदीपक माना जाता है,

और बेटियों को आज भी बुरे कर्मों का फल बतलाया जाता है।
लोगों को आज की सदी में भी बेटी से बढ़कर बेटा चाहिये!!

मानसिकता पर आज भी वही पुराना जंग है,
जो बेटी की अहमियत को नहीं समझा वह इस जमाने में तंग है!

माता रानी की आराधना करने वाले बेटियों को तुकराते हैं,
लेकिन बेटियां ही हैं जो घर को स्वर्ग और समाज को बेहतर बनाती हैं।

वह नन्हीं परी गुहार लगाती है!
वह जीना चाहती है।
जीना चाहती है!!

नहीं-नहीं साहब... कोई कंप्लेंट नहीं लिखवानी है,
इज्जत लुटी है, यह बात दुनिया को थोड़ी बतानी है।

सब खत्म हो गया है, उस राक्षस ने मुझे छुआ है।
हारना नहीं, एक नई शेरनी का जन्म हुआ है।।

वह काली है, दुर्गा है, अम्बे है।।
वह तो हिम्मत का दूसरा नाम है।

— अंशिका ढींगरा
बीए प्रोग्राम (अर्थशास्त्र + राजनीति विज्ञान)
द्वितीय वर्ष

पाबंदियां

लड़की बड़ी हुई नहीं पाबंदियां ढेर हो गई।
कभी ये मत करो तो कभी ये मत पहनो,
ये बात अंदर ही अंदर अन्धेर कर गई,
लड़की बड़ी हुई नहीं पाबंदियां ढेर हो गई।

लड़कों से बात मत करो,
रास्ते में चलते दांत मत निकालो,
स्कूल, कॉलेज से सीधे घर आना,
ये बातें अब घर की दीवारों में गूँजने लग गई।
लड़की बड़ी हुई नहीं पाबंदियां ढेर हो गई।

सिर्फ पढ़ाई काम नहीं आएगी,
घर के सब काम सिख ले,
नहीं तो ससुराल वाले ताना हमें मारेंगे,
ये सुन-सुन कर वो सूखी बेल हो गई,
लड़की बड़ी हुई नहीं पाबंदियां ढेर हो गई।

कब इस समाज में परिवर्तन आएगा,
कब हम पर विश्वास आएगा,
और इन जंजीरों को तोड़ कर हमारा भी आजाद
इतिहास आएगा।

— एकता
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

बदलाव

एक आस लगाए बैठी हूँ, कुछ खास भुलाए बैठी हूँ
बेहद तकलीफों के साथ गुजर रही हूँ
खुद में ही एक सहारा मांग रही हूँ मैं।
सोचा था बहुत शख्स हैं साथ लेकिन
अब खुद को ही तनहा पा रही हूँ मैं।
अपनों ने कहा चलते जाओ मंजिल मिलेगी
मगर शायद अब उन्हीं से बिछड़ रही हूँ मैं।
जिंदगी की राहों में बहुत सन्नाटा सा छा रहा है
हर तरफ धुआं-धुआं सा छा रहा है
क्या ये मेरे चश्मे के ऊपर की धूल है? या,
फिर ये महज मेरी एक भूल है
ना जाने हमने खुदको, खुदसे किया क्या है
जीने का अब अंदाजे बयां क्या है।
अतीत के पन्नों में फिर एक बार खोने को मन करता है
और ना जाने फिरसे कोई राही मुझे उनमें से खींच लाता है।
अब सब कुछ पीछे छोड़ आगे बढ़ रही हूँ मैं
जिंदगी का एक उसूल 'परिवर्तन' सीख रही हूँ मैं।

— निकिता मिश्रा
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

शहर-ए-ख्वाब

ये दिल्ली से कहो, दिल से उसे भूला रहा हूँ।
कि उससे सारे अक्स को जहन से मिटा रहा हूँ
खाक में कुछ इस कदर समाता जा रहा हूँ,
न जाने कौन था मैं, अब क्या ही बनता जा रहा हूँ।
उसूलों का दिया जो बोझ मुझको
ए शहर-ए-ख्वाब तुझको वापस लौटा रहा हूँ,
तुझमें समा जाने की न थी हैसियत मेरी
मैं तुझको मेरी हस्ती सौंप के जा रहा हूँ।

बसाया था जो तुझमें, अब सब बिखर गया है,
मैं टूटकर अब खुद ही आधा रह गया हूँ।
हस्सास हूँ मगर अब हिम्मत बची नहीं है,
आधे हिस्से को अपनी यहीं दफनाएं जा रहा हूँ।

— शान्या दास
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

भोजन एक महत्व

भारत की विशिष्ट परंपराओं में भोजन एक महत्वपूर्ण भूमिका निभाता रहा है। छोटे से छोटे अवसरों पर अतिथिगणों के लिए भोजन का प्रबंध करना हमारी परंपरा का हिस्सा रहा, फिर चाहे धर्म कोई भी हो शादी समारोह हो, पर्व हो या किसी वृद्ध की मृत्यु पर आयोजित शांति भोज अथवा जन्मदिन भारतीय परिवेश में सप्रेम खाने खिलाने की परंपरा रही है। किंतु, बढ़ते आधुनिकीकरण के साथ इस परंपरा ने भी परिवर्तनों को आत्मसात कर लिया। ग्रामीण अंचल में जमीन पर पटका बिछाकर पत्तलों (भिन्न पत्तों से निर्मित) पर जीमाय जाने वाले भोजन का स्थान धीरे धीरे प्लेट सिस्टम ने लिया और पत्तों की पत्तलें प्लास्टिक के डिस्पोजल के नीचे दब गई। 'ट्रेंड' नाम का एक शब्द ना जाने कितनी परंपराओं को नष्ट करेगा और न जाने कितनी परंपराओं का इजाजत। उदाहरण के लिए जन्मदिन के अवसर पर केक का प्रचलन ही ले लीजिए यदि जन्मदिन के अवसर पर केक ना काटा जाए तो मानो जन्मदिन अधूरा ही रह गया हो। हालांकि केक का चलन किसी समस्या का कारण तो नहीं। दुखद है, उस केक का फेंका जाना। विशेषकर किशोरों में यह ट्रेंड है कि बर्थ – डे पर पांच-सात केक मंगाकर उन्हें चेहरे पर थोप देना, दीवारों पर केक फेंककर चिपका देना और समझाने का प्रयास करने वालों से उनका यह कहना कि एकाध दिन के लिए ही तो मनोरंजन होता है और यह तो ट्रेंडिंग होता है। यह सुनकर हृदय आहत होता है भोजन की बर्बादी से मनोरंजन हो सकता है? कामना है कि समय रहते सब समझ जाएंगे और बर्थडे वापस जन्मदिन बन जाएगा और जन्मदिन ट्रेड में फिर एक पेड़ लगाया जाएगा।

– नीता पाल

बी.ए. (ऑनर्स) हिन्दी

तृतीय वर्ष

मंजिल तुम्हारी है, चलना तुम ही को होगा

लोग तो बस ढेरों मशवरा देंगे,

उसमें से अपने लिए चुनना, तुम ही को होगा।

वो फैसले को तुम्हारे गलत कहेंगे,

उसे अपने लिए सही साबित करना, तुम ही को होगा।

जो तुम असफल हो गये तो लोग तुम्हें डींगे मारेंगे,

उसे सुनकर,

अपनी मंजिल की ओर बढ़ना, तुम ही को होगा।

गर कभी राह में निराश होने लगे,

तो उत्साहित होकर,

दोबारा से आगे बढ़ना, तुम ही को होगा।

लोग तुम्हारी सफलता के किस्से सुनाएं,

खुद को इस काबिल बनाना, तुम ही को होगा।

मंजिल तुम्हारी है, तो चलना तुम ही को होगा।

– सोनम यादव

बीए हिंदी ऑनर्स

द्वितीय वर्ष

मेरा रंग!!

क्या रंग से ही मेरी पहचान है,
 क्यों गहरा रंग होना एक विकार है।
 रूप क्या होता है,
 ये मेरा सबसे सवाल है।
 गोरा रंग होना उत्तम,
 और गहरे रंग से सब निराश हैं।
 भेदभाव हर चीज का है,
 इस दुनियां में।
 पर क्यों लोग गोरे रंग को महत्ता देते हैं,
 जबकि रंग से ज्यादा गुणों का सम्मान है।
 हाँ मेरा रंग सांवला है,
 परन्तु मुझे इसका बहुत अभिमान है।
 मेरी निपुणता मेरे रंग से नहीं कर्म से है,
 इस बात का मुझे ज्ञान है।
 मैं अपने रंग को अपनी बाधा नहीं समझती,
 क्यों समझू मैं इसे बाधा,
 ये तो मेरे रूप का अटूट विश्वास है।
 गोरे रंग वाले रूप के धनी होते हैं,
 गहरे रंग वालों का रूप अभिशाप है।
 ये सब मिथ्या ही तो है,
 श्री कृष्ण के काले रंग से ज्यादा,
 मोहित और किसका रूप श्रृंगार है।
 अरे सांवली है ये तो,
 बहुत लोग कहते हैं ये मुझे।
 पर क्यों फर्क पड़ेगा मुझे इन बातों का,
 मेरी नजरों में मुझसे ज्यादा खूबसूरत कोई इंसान है।
 तो छोड़ो लोगों की बातों में आ अपना दिल दुखाना,
 शुरू करो खुद से प्यार करना,
 क्योंकि आप जैसे हो वैसे ही आपके व्यक्तित्व को आप
 पर नाज है।
 रंग से किसी की पहचान नहीं है,
 सांवला या काला रंग शर्म का नहीं,
 गर्व का प्रतिमान है।

— अदिति शर्मा
 बी.ए. हिंदी ऑनर्स
 द्वितीय वर्ष

मंजिल

मंजिल मिले ना मिले
 ये तो मुकंदर की बात है!
 हम कोशिश भी ना करें
 ये तो गलत बात है...
 जिन्दगी जख्मों से भरी है,
 वक्त को मरहम बनाना सीख लो,
 हारना तो है एक दिन मौत से,
 फिलहाल जिन्दगी जीना सीख लो!!

— दीक्षा ठाकुर
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

मैं और शिर्फ मैं

हारी नहीं हूँ मैं,
 बस कुछ चोट हैं खाई।
 चल दूंगी मैं इन हवाओं के साथ,
 ये बरसात जो आई।
 आँसू ना गिराऊँगी मैं,
 अपनी तकलीफ को बाय ना कर पाऊँगी मैं।
 खामोश हो जाऊँगी मैं,
 पढ़ सको तो पढ़ लेना मुझे।
 नहीं तो चली जाऊँगी मैं,
 बातों के बाजार में छुप जाऊँगी मैं।
 तुम सबके छल को ना देख पाऊँगी मैं,
 इस बेज़ार जिंदगी में अपना,
 किसी को न कह पाऊँगी मैं।
 इस अंधेर नगरी में नहीं रह पाऊँगी मैं,
 उस परलोक में चली जायगी मैं।
 जहां कोई न दूँड पाए,
 वहां पर ही खुद को पाऊँगी मैं।

— आरती
 बी.ए. (ऑनर्स) हिन्दी
 प्रथम वर्ष

ये कैसी छुट्टियां हैं

ना जाने क्यों बस्ता उठाकर स्कूल जाना बोझ लगता था,
सुबह सुबह नहाकर तैयार होना, हमें न भाता था।
टीचर की डांट के डर से और मम्मी के प्यार में आकर चले तो जाते थे।
पर काश यह सुबह सुबह हमारी रेल ना बनाई जाए,
तो कितना अच्छा हो, यही सोचते थे।

रात को, सुबह देर तक सोने को मिले,
और पूरे दिन खेलने पर ना कोई रोके,
ना कोई टोके, ऐसा सपना देखते थे।
और एक दिन यह सपना सच हो गया,
कोरोना आ गया और सब बंद हो गया।
लगा जैसे छुट्टियां हो गईं,
अब दिन भर, उषा से निशा बस खेल ही खेल होगा।
परंतु कोई साथी ना मिला,
सब अपने घर में कैद थे,
ये कैसी छुट्टियां थीं?

मम्मी पापा को चिंतित देखा।
न्यूज चलाई तो बात समझ आई।
यह तो कोई अवकाश नहीं थे,
ये जो मैंने मांगे वह अवकाश नहीं थे।
यह कैसी बीमारी आ गई,
लोग बेरोजगार, बेपरिवार हो गए,
और तो और हमारी टीचर भी लैपटॉप में कैद हो गईं।
कभी-कभी दिखाई देती हैं वरना बस सुनाई देती हैं।
कभी-कभी तो वह भी नहीं होता।
यू नो नेटवर्क इश्यूज।

घंटों यूं लैपटॉप के आगे बैठे-बैठे,
कुछ अच्छा नहीं लगता,

अब मैं कैसे बीच कक्षा में अपनी सहेली के कान में कुछ फुस फुसाकर हंस दूँ?
 व्हाट्सएप चैट्स में वह मजा नहीं।
 अब तो एग्जाम्स भी ऑनलाइन होते हैं,
 और हमारी कक्षा के फेल होने वाले बच्चे भी
 शायद घर रह कर इतना पढ़ने लगे,
 कि वह भी कक्षा में अब्बल आते हैं।

मेरी तो यह सब रोज करते-करते कमर दर्द करने लगी है।
 मेरे कितने जन्मदिन निकल गए, इस कोरोना काल में,
 ना दोस्तों को बुला पाई, ना उनकी पार्टी में जा पाई।
 जिस तरीके से फर्स्ट वेव, सेकंड वेव और थर्ड वेव आये ही जा रही है,
 लगता है इतिहास की किताबें बस इसी से भर कर रह जाएंगी,
 और मेरी उम्र भी इसी में निकल जाएगी।

ऐसा सपना नहीं देखा था,
 इससे तो कितना बेहतर था स्कूल जाना,
 अरे नहीं-नहीं, अब कॉलेज में हो गई मैं,
 पर कभी गई नहीं ना तो कॉलेज कहने की आदत नहीं।

खैर मुद्दे की बात यह है कि
 साइमन गो बैक की तरह
 कोरोना प्लीज गो बैक,
 इस विश्व से ही चले जाओ।
 अब और शिकायतें ना होंगी,
 एक मौका बस एक मौका,
 बस्ता उठाकर अभी दौड़ लगा लेंगे,
 एक बार स्कूल, कॉलेज खोल दो,
 हम अपना बचपन फिर से जी लेंगे।

— अदिति ओला

बी.ए. प्रोग्राम (इतिहास + राजनीति विज्ञान)

प्रथम वर्ष

वक्त

जो वक्त आया है
वह वक्त जाएगा।
आंसुओं के सिवा
कुछ और ना अंत पाएगा।
वक्त को खोकर,
वक्त को पाकर,
वक्त मैं ही समाया था।
वक्त की धार में,
वक्त की रफ्तार में,
ना वक्त की सीमा को,
मैं पहचान पाया था।
मैं इंतजार कर रहा था उसका
जो ना कभी आया था,
और ना कभी आएगा।
पर यही वक्त एक दिन,
मुझे अपने साथ ले जाएगा।

— सुमन कुमारी
बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

हर भारतीय की पहचान हिन्दी

हिंदी जो (अ) से शुरू होकर (झ) पर खत्म होती है
और अनपढ़ से हमें ज्ञानी बनाकर छोड़ती है.....!!

हर भारतीय की शक्ति है हिंदी
एक सरल सहज अभिव्यक्ति है हिंदी.....!!

हिंदी से हम अपनी संस्कृति को पहचानते हैं
करोड़ो लोग इससे अपनी पहचान बनाते हैं.....!!

हर भारतीय का मान और सम्मान है हिंदी
राष्ट्र की अभिव्यक्ति और शान है हिंदी.....!!

हिंदी वह है जो देश को उन्नति तक ले जाती है
क्योंकि हिंदी भारतीय संस्कृति की आत्मा भी कहलाती है.....!!

गर्व से हर भारतीय को कहना चाहिए "हिंदी है हम"
"हिंदी है हमारी पहचान हमारी, हिंदी हमारी शान"

— अंकिता शर्मा
बी.ए. (ऑनर्स) हिंदी
तृतीय वर्ष

परिवर्तन

बीज से पौधा बनता है, उसके पहले उसको भी परिवर्तन करना पड़ता है।

धरती अन्न उगाती है, उसके पहले उसको भी परिवर्तित करना पड़ता है।

सोना आकार में बदलता है, उसके पहले उसको भी आग में तपना पड़ता है।

प्रकाश को भी रोशनी देने के लिए, रास्ता बदलना पड़ता है।

युद्ध होने के कारण, संसार की सीमाओं में परिवर्तन करना पड़ता है।

बाढ़ आने के कारण, प्रकृति को भी परिवर्तन करना पड़ता है।

कोरोना महामारी के कारण भी, जीवन में परिवर्तन करना पड़ा है।

मनुष्य ज्ञान अर्जित करता है, पर उससे पहले खुद को बदलना पड़ता है।

इसलिए याद रखना जीवन में परिवर्तन ही परिवर्तन है।

— मान्या वर्मा
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

शायद

शायद ही कभी किसी ने ऐसा महसूस किया हो,
कि किताबों का प्यार क्या होता है।

वह प्रेम...

उस पर लिखे हर शब्द के लिए
जो मेरी कलम से निकले हैं;
या निकलने वाले हैं,
निकलकर एक नया इतिहास रचने वाले हैं।

एक तुम ही तो हो अथाह समुंदर
नदियों को खुद का अस्तित्व देते,
और जब भी मैंने पाया खुद को कमजोर,
तुमने समेट लिया मुझे अपने भीतर,
और फिर बाहर आया तो
एक मजबूत हौंसला।

मेरे हर प्रश्न का उत्तर था तुम्हारे हर शब्द में,
तुम्हारी हर कहानी के साथ मेरे पुराने नये तार जुड़े थे,
मेरे हर आँसू के निशां,
आज भी पीड़ा का दर्द बने बन्द है तुम्हारे अंदर,
मानो वह खो गए हो उन
हजार पन्नों के बीच जिन्हें मैं दुबारा ना खोज पाऊँ।

आखिर...

कही जाकर वे पन्ना मिल जाता है,
यह क्या!
उसकी नमी को तुम खुद में सोख लेते हो जो
निकले थे कल
इन्ही नम आँखों से।

बचता है तो मात्र कागज का वह खुरदुरापन,
मात्र वही काले अक्षर,
जिसमें बहुत गहराई है,
एक गूढ रहस्य भी है,
जिसे खोजने का मैं प्रयास करती हूँ:

और...

धीरे-धीरे, मैं तुममें और उलझती चली जाती हूँ;
उस अथाह सागर की और गहराई में,

जहाँ मेरे प्रश्नों का हल है,
एक मोती है,
जिसके बाद बस रोशनी ही रोशनी है।

वहाँ एक आनंद है,
एक विचित्रानुभूति, जिसे मैं जी रही हूँ।
सहसा देखती हूँ, गहरे अक्षर जीवित हो जाते हैं।
देखती हूँ
बात करते कुछ लोग
मानो अक्षर बोल रहे हैं,
कुछ बात करते हुए मुझसे
बहुत-सी, बहुत सी बातें...
ना-ना प्रकार की।

जिनका कोई अंत नहीं,
तो कुछ मेरे मस्तिष्क पटल पर
छोड़ जाते हैं अपनी एक अनुपम छाप
वही काले अक्षर,
जो किताब के पन्नों से उभरे थे।

सहसा एक और आवाज होती है
जोर से,
मैं अब देखती हूँ वह बिखर जाते हैं।
पुनः एक बार,
उन कोरे पन्नों पर वही काले अक्षर।

जैसे कोई स्वप्न हो,
पर इस रहस्य में सच्चाई है,
एक अलग ही गुत्थी
जिसे मुझे फिर से सुलझाना है,
तभी मिलेंगे मुझे,
मेरे सवाल के हल,
क्योंकि...
ये किताब ही है मेरी
एक अच्छी हमसफर।

— सुमन कुमारी
बी.ए. (ऑनर्स) हिन्दी
तृतीय वर्ष

प्रयास

कविता लिखने की कोशिश कर रहा हूँ,
विषय कुछ भी हो, बस उसे लय देने का निरर्थक प्रयास कर रहा हूँ।

मेरा कार्य अथक तो है,
पर कुछ कमी सी रही है,
इसलिए हर बार कविता अधूरी ही रही है।
कभी शब्दों की कमी, तो कभी भाव का अभाव,
सब कुछ समेट कर एक जगह करने की चाह में, बहुत कुछ बिखर जा रहा है।
शायद उम्मीद की जोर को मैंने जोर से थामे रखा है,
इसी कारण हर बार विफल होकर भी,
प्रयास खत्म नहीं होता।
शायद, एक रोज़ मेरी कविता पूरी हो जाए, और मेरे अधूरेपन को भी पूर्णता मिल जाए।

शायद, मैं एक आस छिपी है और दृढ़ विश्वास भी,
इसलिए मैं एक कविता लिखने का प्रयास कर रहा हूँ,
निरर्थक पर अथक प्रयास,
भावनाओं को शब्दों के साचें में बुनने की,
सभी स्मृतियों को जीवन के बाग से चुनने की,
समय लगा रहा हूँ,
प्रयास करता जा रहा हूँ,
और बस लिखता चला जा रहा हूँ,
कि शायद एक रोज़ मेरी कविता और मैं, दोनों पूर्ण हो जाए।

— कौशिकी (सान्या)
बी.ए. (ऑनर्स) हिन्दी
द्वितीय वर्ष

पुस्तक प्रेम

शायद ही कभी किसी ने ऐसा महसूस किया हो,
कि किताबों का प्यार क्या होता है ।
वह प्रेम...
उस पर लिखे हर शब्द के लिए
जो मेरी कलम से निकले हैं...
या निकलने वाले हैं,
निकलकर एक नया इतिहास रचने वाले हैं ।
एक तुम ही तो हो अथाह समुंदर नदियों को खुद का अस्तित्व देते,
और जब भी मैंने पाया खुद को कमजोर,
तुमने समेट लिया मुझे अपने भीतर,
और फिर बाहर आया तो
एक मजबूत हौंसला ।
मेरे हर प्रश्न का उत्तर था तुम्हारे हर शब्द में,
तुम्हारी हर कहानी के साथ मेरे पुराने नये तार जुड़े थे,
मेरे हर आँसू के निशां,
आज भी पीड़ा का दर्द बने बंद हैं तुम्हारे अंदर,
मानो वह खो गए हों उन
हजार पन्नों के बीच जिन्हें मैं दुबारा ना खोज पाऊँ ।
आखिर...
कही जाकर वे पन्ना मिल जाता है,
यह क्या!
उसकी नमी को तुम खुद में सोख लेते हो जो
निकले थे कल
इन्हीं नम आँखों से ।
बचता है तो मात्र कागज का वह खुरदुरापन,
मात्र वही काले अक्षर,
जिसमें बहुत गहराई है,
एक गूढ़ रहस्य भी है,
जिसे खोजने का मैं प्रयास करती हूँ
और...
धीरे-धीरे, मैं तुममें और उलझती चली जाती हूँ ।
उस अथाह सागर की और गहराई में, जहाँ मेरे प्रश्नों का हल है,

एक मोती है,
जिसके बाद बस रोशनी ही रोशनी है ।
वहाँ एक आनंद है,
एक विचित्रानुभूति, जिसे मैं जी रही हूँ ।
सहसा देखती हूँ, गहरे अक्षर जीवित हो जाते हैं ।
देखती हूँ,
बात करते कुछ लोग,
मानों अक्षर बोल रहे हैं,
कुछ बात करते हुए मुझसे ,
बहुत-सी, बहुत सी बातें...
ना-ना प्रकार की ।
जिनका कोई अंत नहीं,
तो कुछ मेरे मस्तिष्क पटल पर,
छोड़ जाते हैं अपनी एक अनुपम छाप
वही काले अक्षर,
जो किताब के पन्नों से उभरे थे ।
सहसा एक और आवाज होती है
जोर से,
मैं अब देखती हूँ वह बिखर जाते हैं ।
पुनः एक बार,
उन कोरे पन्नों पर वही काले अक्षर ।
जैसे कोई स्वप्न हो ,
पर इस रहस्य में सच्चाई है,
एक अलग ही गुत्थी
जिसे मुझे फिर से सुलझाना है,
तभी मिलेंगे मुझे ,
मेरे सवालों के हल,
क्योंकि...
ये किताब ही है मेरी ।

— सुमन कुमारी
बी.ए. (ऑनर्स) हिंदी
तृतीय वर्ष

क्या वह सच में इंसान पाएगी

क्या बदलता है, कुछ नहीं,
बदलती है तो सिर्फ जगह,
बदलता है तो सिर्फ गुनहगार
बदलती है सब पीड़िता।

मगर हालात नहीं,
हर बार की तरह,
वो चीखेगी, चिलायेगी।
और फिर चीखते चीखते,
जिंदगी से जंग हार जायेगी।
फिर रात के अंधेरे में,
चुपचाप उसकी लाश फूंक दी जायेगी।
फिर उसकी मौत पर सियासत गरमायेगी।
अब उसकी लाज लाज ना रही,
सियासी अखाड़ा बन जायेगी,
फिर सरकार उसके घर जाकर
ढाँढस बधायेगी,


उसके मान की, सम्मान की, उसकी जान की कुछ इस तरह कीमत लगायेगी,
कुछ रुपये मुआवजा, नौकरी और घर देकर मामला दबाना चाहेगी,
और इस पर हम जैसी जनता को देखिए क्षण भंगुर आक्रोश के लिए,
कुछ पुतले फूँकेगी, कुछ मोमबतियां जलाएगी कुछ वक्त के लिए फांसी दो, फांसी दो की गुहार लगायेगी,
मगर मैं पूछती हूँ कि क्या फांसी इस गुनाह की वाज़िब सजा हो पायेगी,
फिर धीरे धीरे दिन बीतेंगे, महीने बीतेंगे और सालें गुजर जायेंगी,
और उसकी इंसान मांगती चीखें धीरे धीरे अनसुनी कर दी जायेंगी,
अभी उसके इंसान पाने की बारी भी ना आ पायेगी कि हालात इतने बतर हो गए हैं,
फिर, एक और निर्भया, एक और मनीषा इंसान मांगने चली आयेगी।

और, आखिर कब तक मर्यादा की रेखा में स्त्री ही बांधी जायेगी, आखिर कब तक मर्यादा की रेखा में स्त्री ही बांधी जायेगी।


— नीता पाल
बी.ए. (ऑनर्स) हिंदी
तृतीय वर्ष

संस्कृत खण्ड





Artist : **AREEBA ABRAR**, B.A. (Hons.) English, I Year



संस्कृतभाषायां परिवर्तनम्

संस्कृत भाषा विश्वस्य सर्वासु भाषासु प्राचीनतम भाषा अस्ति ।

संस्कृता भाषा परिशुद्धा व्याकरण सम्बंधिदोषादिरहिता संस्कृत भाषेति निगद्यते ।

संस्कृतभाषैव भारतस्य प्राणभुताभाषा अस्ति राष्ट्रस्य ऐक्य च साधयति भाषा अस्ति ।

संस्कृतभाषा जिवनस्य सर्वसंस्कारेषु संस्कृतस्य प्रयोगः भवति ।

सर्वासामेताषा भाषाणाम इय जननी ।

संस्कृतभाषा सर्वे जानाम आर्याणां सुलभा शोभना गरिमामयी च संस्कृत भाषा वाणी अस्ति ।

वेदाः, रामायणः, महाभारतः, भगवद् गीता इत्यादि ग्रन्थाः संस्कृतभाषायां एवं विरचितानि ।

इयं भाषायाः महत्वं विदेशराज्येष्वपि प्रसिद्धं ।

संस्कृतभाषायाः संरक्षणार्थं वयं संस्कृतपठनं प्रचरणं च अवश्यं करणीयं ।

संस्कृतवाग्मयं विश्ववाग्मये स्वस्य अद्वितीयं स्थानम् अलंकरोति ।

अतः एव उच्यते संस्कृति संस्कृताश्रयाः

- 1) सर्वासामेताषा भाषाणाम इय जननी ।
- (2) संस्कृत भाषा विश्वस्य सर्वासु भाषासु प्राचीनतम भाषा अस्ति ।
- (3) संस्कृतभाषामेव विश्वसाहित्य सर्वचाचीनग्रन्थाः चत्वारो वेदाः संति येषा महत्वमघाति सर्वेअपरि वर्तते ।
- (4) संस्कृता भाषा परिशुद्धा व्याकरण सम्बंधिदोषादिरहिता संस्कृत भाषेति निगद्यते ।
- (5) संस्कृतभाषा जिवनस्य सर्वसंस्कारेषु संस्कृतस्य प्रयोगः भवति ।
- (6) प्राचीन समये संस्कृत भाषा एषैव भाषा सर्वसाधारणा आसीत् ।
- (7) संस्कृतभाषैव भारतस्य प्राणभुताभाषा अस्ति राष्ट्रस्य ऐक्य च साधयति भाषा अस्ति ।
- (8) संस्कृतभाषा सर्वे जानाम आर्याणां सुलभा शोभना गरिमामयी च संस्कृत भाषा वाणी अस्ति ।
- (9) अव एव उच्यते संस्कृतिः संस्कृताश्रिता ।
- (10) अश्वघोष कालिदास दडि भवभुति जयदेव आदि कवि प्रभ्रतयो महाकवयो नाटकाराश्च संस्कृतभाषायाः अस्ति ।
- (11) मूलरूपज्ञानाय एतस्य आवश्यकता भवति ।
- (12) भाषा संस्कृतभाषा अधुनाअपि सडगणकस्य कृते संस्कृतभाषा अति उपयुक्ता भाषा अस्ति ।

– रिचा कुमारी
बी.ए. (ऑनर्स) संस्कृत
प्रथम वर्ष

पर्यावरणे परिवर्तनम्

पर्यावरणम् इति शब्दं वयं पठामः, लिखामः, श्रुणुमः च । मनुष्यस्य जीवनं लघु अस्ति अतः एतस्य बहु महत्तवं अस्ति । प्रातःकाले सूर्यप्रकाशेण आरब्ध कृत्वय चन्द्रोदय पर्यन्तं पृथ्वी सर्वाणि कार्याणि पर्यावरणैव करोति । पर्यावरणस्य अनुसारेण काले परिवर्तनं भवति । पृथ्व्यां जीवनस्य हेतुः पर्यावरणं महत्त्वमस्ति । सर्वेषां प्राणिनां मनुष्यैव प्रकृत्यं बुद्धिमन्तः अस्ति । एषः विज्ञानेन बहु प्रगति कृतवान् परंतु अनेन कारणेन उद्योगात् विषयुक्तधूम्रं, दूषितपदार्थः इत्यादि निस्सरति । वृक्षाः अपि जीवाः सन्ति तानि हत्वा भूम्याः प्रदूषणम् भवति । पर्यावरणस्य रक्षणार्थं अस्मान् नवीन पादपाः वृक्षाः च रोपणं कुर्यामः । कृतकस्य (plastic) उपयोगः मा कुरु यतः पर्यावरणम् अमूल्यः अस्ति ।

— इशा यादव
बी.ए. (ऑनर्स) संस्कृत
प्रथम वर्ष

नारीशिक्षायाम् परिवर्तनम्

शिक्षणं तावत् सर्वेषां मानवानां मूलभूतः अधिकारः । पुरुषाः यथा उन्नताध्ययनं कुर्वन्ति तथैव महिलाः अपि अध्येतु अर्हन्ति । प्राचीनकाले अपि स्त्रियः विशेषाध्यायनं कुर्वन्ति स्म । वेदकाले गार्गी, मैत्रेयी, वाचक्नवी इत्याद्याः स्त्रियः स्वेषां ज्ञानवैभवेन विद्वत्सभासु विराजन्ते स्म । एतत् सर्वपि शिक्षणस्यैव प्रभावः । सुशिक्षिता स्त्री अन्यान् अपि शिक्षणार्थं प्रेरयति । कालान्तरे वैदेशिकैः अस्माकं देशः आक्रान्तः । तदा स्त्रीणां शिक्षणं स्थगितप्रायं संजातम् । अधुना सर्वत्र महिलानां शिक्षणोत्साहं पश्यामः विभिन्नक्षेत्रेषु अपि सा स्वसामर्थ्यं प्रदर्शयति । सा विमानचालने, धूशकटचालने, आरक्षकक्षेत्रे, तन्त्रज्ञाने, राजनीतिक्षेत्रे अपि पदं स्थापितवती । सर्वकारोऽपि महिलाभ्याः निशुल्कविद्याभ्यासः, उद्योगावकाशे आरक्षणम् इत्यादिरूपेण प्रोत्साहं ददाति । यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः इत्युक्तिम् अनुसृत्य सर्वाः महिलाः योग्यशिक्षणं संस्कारं च प्राप्य भारतस्य गरिमाणं वर्धयेयुः ।

अस्माकं समाजः न केवलं पुरुषाणां, किन्तु नारीणामपि अस्ति । अतः सुसंस्कृते समाजे पुरुषाणां शिक्षा आवश्यकी अस्ति तथा स्त्रीणामपि । स्त्रीणाम् समाजे स्थानं समानरूपेणास्ति । समाजस्थस्य द्वे चक्रे स्तः । यथा एकेन चक्रेण रथस्य गतिः असंभवा, तथा जीवनस्य गति नारिणां विना असंभवा । अशिक्षिता नारी संसाररथं कथं चालयति । अतः स्त्रीशिक्षा अतीवावश्यकी ।

प्राचीनकालेऽपि स्त्रीशिक्षा अनिवार्या आसीत् । वैदिककाले नार्यः अशिकशिक्षिताः आसन् । गार्गी मैत्रेयी आद्याः विदुष्यः वेदशास्त्रार्थनिपुणाः आसन् । कालिदासस्य पत्नी विद्योत्तमा महती विदुषी आसीत् । अधुनिककाले स्त्रियः शिक्षणमनिवार्यम् । यदि माता सुशिक्षिता भवेत् तर्हि सा स्वपुत्राणां पालनं शिक्षणं च सुचारुरूपेण कर्तुं शक्नोति । यदि सा अशिक्षिता, तर्हि तस्याः सन्तानमपि विद्याहीना, संस्कारहीना—च भविष्यति । शिक्षिता नारी अधिकयोग्यता गृहकार्यसंचालने समर्था भवति ।

अद्य एकमपि क्षेत्रं नास्ति, यत्र नार्याः प्रभावं नास्ति । विद्यालयेषु, महाविद्यालयेषु, कार्यालयेषु, सर्वत्र नार्यः कार्यरताः सन्ति । किंबहुना अनेकाः नार्यः संसदसदस्याः सन्ति । नगरपालिकासु, विधानसभासु, लोकसभासु अपि सदस्याः सन्ति, ताः सुचारुरूपेण कार्यं कुर्वन्ति च । श्रीमती इन्दिरागाँधी महोदया अस्माकं देशस्य प्रधानमन्त्रिपदम् अलंकृता । श्रीमती सोनिया गाँधी महोदया अपि राजनीत्यां कार्यरता अस्ति ।

कुलस्य तथा समाजस्य उन्नत्यर्थं स्त्रीशिक्षा अनिवार्या खलु । यतः शिक्षिता नारी न केवलं स्वजीवनं सफलीकरोति, किन्तु सा परिवारस्य राष्ट्रस्यापि अभ्युदयं करोति । सुशिक्षिता नारी सर्वत्र पूज्यते । उचितमिदं कथितं यत्र नार्यस्तु पूज्यन्ते, रमन्ते तत्र देवताः ।

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क्षणे क्षणे पर्यावरणे अपि परिवर्तनं भवति

वयं वार्युजलमृदभिः आवृते वातावरणे निवासामः। एतदेव वातावरणं पर्यावरणं कथयते। पर्यावरणे वयं जीवनोप्योगिवस्तुनि लभन्ते। जलं वायुः च जीवने महत्त्वपूर्णा स्तः। संप्रति शुद्धपेयस्य जलस्य समस्या वर्तते। अधुना वायुरपि शुद्धः नास्ति। एवमेव प्रदूषित प्राणवायुना विविधाः रोगाः जायन्ते। पर्यावरणस्य रक्षाति आवश्यकता वर्तते। प्रदूषणस्य अवेकानि कारणानि सन्ति। औद्योगिक अकृष्यम्, उच्च ध्वनिः, धूम्रादि प्रमुखानि कारणानि सन्ति। पर्यावरणस्य रक्षणार्थं वृक्षस्य रोपणं, नद्याः तडागस्य च दूषितं न कुर्याम। तैलरहितयानस्य प्रयोगः करणीयम्।

अस्मान् परितः यानि पञ्चमहाभूतानि सन्ति। तेषां समवायमेव परिसरः अथवा पर्यावरणमिति पदेन व्यहियते। इतियुक्ते मनुष्यः यत्र निवसति यत् वस्त्रं धारयति यज्जलं पिबति यस्य पवनस्य सेवनं करोति तत्सर्वं पर्यावरणमिति शब्देनभिधियते। अधुना पर्यावरणस्य समस्या वर्तते। भारतस्य राजधानी विश्वस्य विशालेषु जनपदेषु गणयते। इत्यपि विश्रुता इयं नगरं प्राचीनकाले हस्तिनापुरमिति विख्यातासीत्।

मुगलवंश्याः तथा आंग्लाः अपि राजधानि पदमकुर्वन्।

पर्यावरणनाशेन नश्यन्ति सर्वजन्तवः।

पवनः दुष्टतां यति प्रकृतिविकृतायते।

यत्र पर्यावरणं शुद्धं भवति तत्र जीवनमपि सुखमयं भवति।

पर्यावरणस्य प्रदूषणमपि तथैव मुख्य समस्या यथा मानवसभ्यता परिदृष्टे। अधुना औद्योगिकप्रसारेण समग्रभूमण्डलं दूषितं भवति।

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मानवस्य जीवने परिवर्तनम्; संगणकं किं कुर्यात् ?

संस्कृतसाहित्ये विश्वस्य ज्ञानकोषः अस्ति। प्राचीनकाले श्रुतिपरंपरा आसीत्। अनंतरं लेखनम् पद्धति आगतवती। कालान्तरेण यथा विज्ञानस्य प्रगतिः अभवत् तथा नूतनानि उपकरणानि आविष्कृतानि। आधुनिकसमये संगणकम् सर्वाणि कार्याणि करोति।

सङ्गणकं कचिद् अभिकलकयन्त्रं भवति। सङ्गणकं गणिताशास्त्रस्य तर्कशास्त्रस्य च सङ्क्रियाः स्वचालितविधिना कर्तुं शक्नोति। सङ्गणकं केवलम् 'आम्', 'न' इत्येते ज्ञातुं शक्नोति। वर्तमान-युगः संगणक-युगः इति निगद्यते। अतः कम्प्यूटरस्य कृते संगणक-शब्दः प्रयुज्यते।

वर्तमानकाले वयं ज्ञातवन्तः यतः संगणकमपि संस्कृतभाषा सरलतयाः ज्ञातुं शक्नोति।

संगणकेन मानव-जीवने नवीनाः क्रान्तिः विहिता। संगणकः ज्ञानविज्ञानवार्धकं यन्त्रं विद्यते। कोरोनाकाले सर्वस्मिन् क्षेत्रे संगणकः महति अवश्यकम् अभवत्। साम्प्रतं कम्प्यूटरः अतिद्रुतगत्या विकासं कुर्वन् लोकस्य उपयोगितां साधयति।

शिक्षणक्षेत्रे, वाणिज्यक्षेत्रे, दैनन्दिव्यवहारे च अनुक्षणं विविधान् विषयान् अवगन्तुं संरक्षितुं च संगणकयन्त्रद्वारा साध्यम्।

अत्र दर्शनं श्रवणं च एकत्रैव भवति। गृहे एव उपविश्य अपेक्षितविषयानां विवरणं ज्ञातुं संगणकयन्त्रम् उपकारकम् अस्ति।

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ग्रामस्य जीवने परिवर्तनम्

अस्माकं देशे जनाः ग्रामे नगरे च वसन्ति। ग्रामाणां संख्या नगरापेक्षया नूनमधिका वर्तते। नगराणां संख्या तु क्रमशः वर्धते किन्तु ग्रामसंख्या न तथा वृद्धिं लभते। अधुना ये नगरवासिनः, प्राचीनकाले ते ग्रामवासिनः एव। केचित् स्वग्रामेण संबन्धमद्यापि निर्वहन्ति।

एका प्राचीनोक्तिर्वर्तते—प्रकृतिमिमसृजत्, नगरं तु मानवस्य रचनेति। अस्यार्थस्तु—ग्रामस्य विकासः प्राकृतिकः, नगराणि तु कृत्रिमाणि सन्ति। मानवः स्वस्य भौतिकी सुखसमृद्धिं कल्पयित्वा महता प्रयासेन नगराणि निर्ममे। भोजनं वसनम् अवासश्चेति तिस्रः आवश्यकताः मानवस्य वर्तन्ते। ग्रामे एताः। न्यूनतमाः प्राप्यन्ते इति तत्रत्याः जनाः सन्तोषप्रधानाः। किन्तु एतल्लाभार्थं धनमावश्यकम्। कृषिप्रधाना धनव्यवस्था ग्रामेऽद्यापि वर्तते। क्वचिदेव व्यापारः उद्योगो वा विद्यते। अतएव ग्राम्यजनाः धनार्जनाय नगरं प्रति पलायमाना दृश्यन्ते।

प्राचीनकाले ग्राम्यजीवनं बहुसुखमयं बभूव। सन्तुष्टाः ग्रामवासिनः यदा कदैव नगरं गच्छन्ति स्म। सुखस्य साधनानि तदानीमुपलब्धानि ग्रामीणेभ्यो रोचन्ते। शुद्धं जलं निर्मलो वायुः, स्वपरिश्रमार्जितमन्नं, समाजे सामञ्जस्यं, जनानां परिमिता च संख्या—एतत्सर्वं ग्राम्यजीवनस्य लक्षणं बभूव। कृत्रिमा भौतिकी संस्कृतिः भारतस्य ग्रामान् बहुकालं यावत् नास्पृशत्। विदेशेषु तु ग्रामेऽपि वैज्ञानिकी समृद्धिरागता यथाविद्युत्प्रवाहः, आधुनिकसंचारव्यवस्था, यातायातसाधनानि, कृषिकर्मणे यन्त्रोपस्करादीनि च। नेदं नगरं प्रति पलायनपराः, तत्र का कथा विपन्नानां वृत्तिहीनानां ग्रामजनानाम्? इमे नगरेषु जीविकां लभन्ते, पूर्वं तु सुखसमृद्धिजातं भौतिकी सुविधां चेति।

अपि च, ग्रामे नाद्य स्वर्गस्य कल्पना वर्तते। अतः नाद्यत्वे ग्राम्यजीवनं प्रशस्तमिति साहित्येषु गीयते। अद्य क्वचिद् ग्रामेषु अनावृष्टिकारणात्, क्वचिच्चातिवृष्टिनिमित्तात्, कदाचिन्नदीषु जलपूरेण तटबन्धभङ्गात् महदेव ग्रामजनसंकटम् आपद्यते। विहारप्रदेशे तु सर्वमिदं युगपद् दृश्यते इत्यभिशापमेव मन्यन्ते ग्राम्यजीवनम्। समाजे च राजनीतिप्रसारेण दलप्रतिबद्धता, जातिवादः भूमिविवादः इत्याद्यापि संकटकारणं विशेषेण ग्रामेषु दृश्यते।

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हर्षवर्धनापरनामा हर्षः, प्रभाकरवर्धनस्य द्वितीयः पुत्रः, राज्यवर्धनस्य अनुजः, यश्च उत्तरभारते क्रि. श. 606 तः 647 पर्यन्तं महत् साम्राज्यमशासत्। सः तीव्रः हिन्दधुर्मानुयायी सन् पश्चात् बौद्धमतावलम्बी सञ्जातः। चक्रवर्ती हर्षः स्वयं महापण्डितः सन् प्रख्यातेभ्यः बाणभट्ट—मयूरप्रभृतिभ्यः विद्वद्भ्योऽपि आश्रयमददात्।

प्रसिद्धगद्यकाव्यरचयितुः बाणभट्टस्य हर्षचरितात् वयं हर्षवर्धनस्य जीवनेतिहासं ज्ञातुं प्रभवामः।

हर्षेण रचिताः तिस्रः संस्कृतकृतयः — नागानन्दम्, रत्नावली, प्रियदर्शिका च। तत्र आद्यं नाटकम्, अवशिष्टं नाटिकाद्वयम्। पंचाङ्कोपेतं नागानन्दाख्यं नाटकं विद्याधराणां राजकुमारस्य जीमूतवाहनस्य त्यागं विशदतया वर्णयति। तेन सह उपकथारूपेण नायकस्य मलयवतीप्रणयप्रसङ्गः वर्णितः।

रत्नावलीनामिका नाटिका अङ्कचतुष्टयवती हर्षस्य कृतिषु प्रमुखा। तत्र च राज्ञः उदयनस्य लङ्काया राज्ञः पुत्र्याः रत्नावल्याश्च विवाहस्य कथा उपवर्णिता।

तदनन्तरकालिकाः नाटककाराः रत्नावलीं प्रियदर्शिकां च विशिष्टसंस्कृतनाटकत्वेनामनन्ति।

प्रियदर्शिकायामपि चत्वार्यङ्कानि सन्ति। नाटिकायामस्यां राज्ञः दृढवर्मणः पुत्र्याः प्रियदर्शिकायाः उदयनस्य च संगमः मुख्यं कथावस्तु। एतयोः द्वयोरपि नाटकयोः न केवलं कथाभागस्य स्वरूपस्य च ऐक्यं परिलक्ष्यते अपि तु कालिदासस्य मालविकाग्निमित्रस्यापि बहुशः स्मारकम् एतन्नाटिकाद्वयम्। प्रियदर्शिकायाः वैशिष्ट्यं तत्रत्यः उपोद्घातात्मकः गर्भाङ्कः।

एतन्नाटिकाद्वयस्यापि नैकानि निदर्शनानि अनन्तरकालिकैः नैकैः नाट्यशास्त्रविदिभः विद्वदिभः यथेष्टमुद्घातानि, अध्यापकवृन्दस्य साहित्याध्येतृषु च प्रसिद्धानि सन्ति।

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सर्वोत्कृष्ट लेख

शिक्षायाः परिवर्तनम्; छात्राणां जीवने ज्ञानविज्ञानं च

छात्रजीवनमेव मानवस्य जीवनस्य प्रभातवेला अधारशिला च वर्तते, छात्रस्य जीवने महत्त्वपूर्ण अंगमस्ति "शिक्षा", इयं तु छात्रस्य नेत्रद्वयां अस्ति। वस्तुतः विद्यार्थि जीवनं साधनामयं जीवनम् एतस्मिन् परिश्रमस्य महती आवश्यकता वर्तते।

शिक्षा तु सर्वेषां नराणाम् अधिकारः एव अस्ति, यद्यपि एषा महति आवश्यकमस्ति तथापि सर्वेजनाः एतां प्राप्नुवन्तः न शक्नुवन्ति। विद्यया एव मनुष्याः संसारस्य सर्वक्षेष्टाः प्राणिनः भवन्ति। विदेशेषु अपि विद्या एवं बन्धुः अस्ति। विद्यया पात्रतां याति। विद्यया मनुष्यः धनं आप्नोति। धनात् सर्वाणि सुखानि लभते। वशवज्ञानस्यकोषः आधार तु संस्कृतसाहित्यकोषः एव अस्ति।

अस्माकं देशस्य ज्ञानं विज्ञानम् – एतद् द्वयं अपि संस्कृतभाषायां निहितमस्ति। अस्माकंपूर्वजाः ज्ञानस्य उपासकाः आसन्। आंग्लभाषा अधुना युगे अत्यावश्यकं अस्ति। अतः तस्याः ज्ञानं प्राप्नुवन्तु परन्तु संस्कृतभाषामपि ज्ञात्वा प्रयोगं कुर्वन्तु इयमस्माकं संस्कृति, अस्माकं आधारः, अस्माकं परिचयः च।

समाजः परिवर्तनशीलः अस्ति। वर्तमाने शिक्षानीत्यामपि परिवर्तनं जातम्। कोरोनाकालपर्यन्तं सर्वाणि कार्याणि अन्तरजालस्य माध्यमेनैव भवन्ति। अतः संपूर्ण शिक्षणकार्य संगणके दूरभाषयन्त्रे वा भवति इदानीम्।

इदानीम् तु संस्कृतसंभाषणशिक्षणार्थं कुत्रपि गमनं आवश्यकं नास्ति। अन्तरजालस्य माध्यमेन वयं संस्कृते वार्तालापं कर्तुं शक्नुमः अनेकानि संस्कृतसंबद्धा "वेबिमिनारः" गन्तुं शक्नुमः च।

जयतु संस्कृतम्!

– श्रीराधे श्रीवास्तव
बी.ए. (ऑनर्स) संस्कृत
तृतीय वर्ष

देशरक्षकाः

भारतस्य रक्षणाय पगै-पगै

जीवनं प्रदेहि रे....

त्वं हि मार्गदर्शकः

त्वं हि देशरक्षकः

त्वं हि शत्रुविनाशकः

त्वं हि सदा – सदा कालरक्षकः

साहसी-वीरतां सदा भजे

भारतीयस्कृति सदा – सदा वंदनीय च पूजनीय।

– सीमा पाठक

द्वितीय वर्ष

बी.ए. (ऑनर्स) संस्कृत

शैनिकस्य वचनम्

यदि अहं भविष्यामि हुतात्मा युद्धे

माम् एकस्यां पेटिकायां प्रेषयतु मे गृहे।

स्थापयित्वा वक्षेः मे पुरुषकारं,

मया सर्वस्वं दत्तं कथयतु मे मात्रम्।

न भव दुःखितः इति वद मे पित्रम्,

इदानीं मया तनावः न भविष्यति तम्।

उत्तमरूपेण पठेत सः इति वद मम भ्रात्रम्,

मम वाहनस्य कुचिंका अस्ति तस्य इदानीम्।

वद मम भगिनि न भवेत् सा दुःखिता,

तस्याः भगिनी करोति सूर्यास्त पश्चात् दीर्घ निद्रा।

न रुद मम राष्ट्रम्,

यतोहि एकः भटः जीयते एव बलिदानार्थम्।

– सलोनी कुमारी

बी.ए. (ऑनर्स) संस्कृत

द्वितीय वर्ष

नारीशिक्षायां परिवर्तनम्

वैदिक युगे स्त्री शिक्षयाः महत्त्वं सर्वे जानन्ति स्म । वेदेषु यथा पुरुषाः मंत्रदृष्टारः आसन् तथैव काश्चन् नार्यः अपि ब्रह्मवादिन्यः गैत्रेयी गार्गी समाः स्त्रियः भारते अभवन् । मण्डन् मिश्रस्य पत्नी स्वयं परम विदुषी आसीत् । कालिदासस्य पत्नी विद्योत्मा अति विदुषी आसीत् । अतएव वैदिक परंपरां अनुरुध्य स्त्री शिक्षा पुरुष शिक्षा इव अनिवार्या आसीत् ।

मनुस्मृतौ वर्णितं यत् नार्यस्तु पूज्यते रमन्ते तत्र देवता । नारी पूजयाः किं तातपर्यम् अस्ति नारी शिक्षा एव नारी पूजा ।

अस्माकं समाजः न केवलं पुरुषाणां, किन्तु नारीणामपि अस्ति । अतः सुसंस्कृते समाजे पुरुषाणां शिक्षा आवश्यकी अस्ति तथा स्त्रीणामपि । स्त्रीणाम् समाजे स्थानं समानरूपेणास्ति । समाजस्थस्य द्वे चक्रे स्तः । यथा एकेन चक्रेण रथस्य गतिः असंभवा तथा जीवनस्य गति नारिणा विना असंभवा । अशिक्षिता नारी संसाररथं कथं चालयति अतः स्त्रीशिक्षा अतीवावश्यकी ।

प्राचीनकालेऽपि स्त्रीशिक्षा अनिवार्या आसीत् । वैदिककाले नार्यः अधिकशिक्षिताः आसन् । गार्गी मैत्रेयी आद्याः विदुष्यः वेदशास्त्रार्थनिपुणाः आसन् । कालिदासस्य पत्नी विद्योत्तमा महती विदुषी आसीत् । आधुनिककाले स्त्रियः शिक्षणमनिवार्यम् । यदि माता सुशिक्षिता भवेत् तर्हि सा स्वपुत्राणां पालनं शिक्षणं च सुचारुरूपेण कर्तुं शक्नोति । यदि सा अशिक्षिता, तर्हि तस्याः सन्तानमपि विद्याहीना, संस्कारहीना—च भविष्यति । शिक्षिता नारी अधिकयोग्यता गृहकार्यसंचालने समर्था भवति ।

अद्य एकमपि क्षेत्रं नास्ति, यत्र नार्याः प्रभावं नास्ति । विद्यालयेषु, महाविद्यालयेषु, कार्यालयेषु, सर्वत्र नार्यः कार्यरताः सन्ति । किंबहुना अनेकाः नार्यः संसदसदस्याः सन्ति । नगरपालिकासु, विधानसभासु, लोकसभासु अपि सदस्याः सन्ति, ताः सुचारुरूपेण कार्यं कुवन्ति च । श्रीमती इन्दिरा गाँधी महोदया अस्माकं देशस्य प्रधानमन्त्रिपदम् अलंकृता । श्रीमती सोनिया गाँधी महोदया अपि राजनीत्यां कार्यरता अस्ति ।

कुलस्य तथा समाजस्य उत्थत्यर्थं स्त्रीशिक्षा अनिवार्या खलु । यतः शिक्षिता नारी न केवलं स्वजीवनं सफलीकरोति, किन्तु सा परिवारस्य राष्ट्रस्यापि अभ्युदयं करोति । सुशिक्षिता नारी सर्वत्र पूज्यते । उचितमिदं कथितं यत्र नार्यस्तु पूज्यन्ते, रमन्ते तत्र देवताः ।

— खुशी शर्मा
बी.ए. (ऑनर्स) संस्कृत
प्रथम वर्ष

शिक्षायाः परिवर्तनम्

समाजः परिवर्तनशीलः अस्ति । यथा खानपानेषु, वस्त्रपरिधानेषु, भूषणेषु परिवर्तनं जातं, तथा वर्तमाने शिक्षानीत्यामपि परिवर्तनं जातम् ।

प्राचीनसमये शिक्षा 'गुरुकुलव्यवस्था' आसीत् । बालकाः स्वगृहं परित्यज्य गुरुकुलेषु आश्रमेषु वसन्ति स्म । गुरुकुलान् शिक्षा प्राप्य, गुरवे गुरुदक्षिणां दत्वां, तदनन्तरं स्वगृहं प्रत्यागच्छन्ति स्म । पुरा गीतादिग्रन्थानां पठनम् आवश्यकम् आसीत् ।

वर्तमानसमये शिक्षानीत्यां महत् परिवर्तनमभवत् । अधुना कोऽपि बालकाः गुरुकुलं न गच्छन्ति । गुरु-शिष्यपरंपरा विलुप्ता इव ।

अधुना अभिभावकाः बालकं आयुषः तृतीय वर्षे एव पाठशालां प्रेषयन्ति । पठनस्य माध्यममपि द्विविधम् अस्ति । केचन छात्राः आंग्लभाषायाम् पठन्ति, केचन च हिंदी भाषायाम् । आंग्लभाषायाः अध्ययनं प्राथमिकशालासु अपि अनिवार्यमभवत् । राजकीयशालासु, शासकीयशालासु पठनमूल्यं नाममात्रमस्ति, किन्तु सार्वजनिकासु निजशिक्षणसंस्थासु पठनशुल्कम् अधिकम् अस्ति । धनिकानां बालकाः एव तत्र पठितुं शक्नुवन्ति ।

अधुना प्राथमिकशालासु एव विद्याध्ययने न सह अन्याः कलाः अपि पाठयन्ति । क्रीडनाय अपि प्रोत्साहयन्ति । विश्वविद्यालये विद्यार्थिनः छात्रावासेषु कतिपयवर्षाणि वसन्ति । अभिभावकोः स्वपुत्राणां शिक्षायै कतिपयानि रुप्यकाणि व्ययन्ति ।

अस्माकम् एतत् दुर्भाग्यं यत् छात्राः अत्र पठन्ति, शासनः अपि तेभ्यः व्ययं करोति, किन्तु कतिपयाः युवकाः अत्र पठित्वा विदेशं गच्छन्ति । तेषां ज्ञानस्य उपयोगः अन्यत्र भवति । यदि स्वदेशवासिनः तेषां ज्ञानस्य लाभः लभन्ते, तर्हि इयं शिक्षानीतिः सफलं वर्तते । अधुना वयं राष्ट्रप्रवृत्तिसु न सन्नध्याः । अस्मासु विदेशसंस्कृत्याः प्रभावः जातः, किन्तु वयं स्वसंस्कृतिं न विस्मरेम ।

महापुरुषाणाम् उपदेशपूरकानि पुस्तकानि पाठशालासु निर्धारयितव्यानि, तेषाम् अध्ययनेन विद्यार्थिनः न केवलम् विद्यावन्तः भवेयुः अपि तु सदाचारिणः देशभक्ताः अपि भवेयुः ।

अतः पठने नैतिक-शिक्षायाः प्रयोगः अवश्यमेव कर्तव्यः ।

— ममता राणा
बी.ए. (ऑनर्स) संस्कृत
तृतीय वर्ष

पर्यावरणे परिवर्तनम्

वयं वायुजलमृदाभिः आवृते वातावरणे निवसामः । एतदेव वातावरणं पर्यावरणं कथ्यते । पर्यावरणेनैव वयं जीवनोपयोगिवस्तुनि प्राप्नुमः । जलं वायुः च जीवने महत्वपूर्णो स्तः । साम्प्रतं शुद्ध – पेय – जलस्य समस्या वर्तते । अधुना वायुरपि शुद्धं नास्ति । एवमेव प्रदूषित-पर्यावरणेन विविधाः रोगाः जायन्ते । पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते । प्रदूषणस्य अनेकानि कारणानि सन्ति । औद्योगिकापशिष्ट – पदार्थ – उच्च – ध्वनि – यानधूम्रादयः प्रमुखानि कारणानि सन्ति । पर्यावरणरक्षायै वृक्षाः रोपणीयाः । वयं नदीषु तडागेषु च दूषितं जलं न पतेम् । तैल रहित वाहनानां प्रयोगः करणीयः । जनाः तरुणां रोपणम् अभिरक्षणं च कुर्युः ।

अस्मान् परितः यानि पंचमहाभूतानि सन्ति । तेषां समवायः एव परिसरः अथवा पर्यावरणम् इति पदेन व्यवह्रियते । इत्युक्ते मनुष्यो यत्र निवसति, यत् खादति, यत् वस्त्रं धारयति, यज्जलं पिबति यस्य पवनस्य सेवनं करोति, तत्सर्वं पर्यावरणम् इति शब्देनाभिधियते । अधुना पर्यावरणस्य समस्या न केवलं भारतस्य अपितु समस्तविश्वस्य समस्या वर्तते । यज्जलं यश्च वायुः अद्य उपलभ्यते, तत्सर्वं मलिनं दूषितं च दृश्यते अथवा भारतस्य राजधानी अस्ति ।

पर्यावरणम् पश्यतु । भारतस्य राज्येषु अन्यतमम् अस्ति । पर्यावरणम् भारतदेशस्य राजधानी विश्वस्य अतिविशालासु नगरीषु अन्यतमा इति गण्यते । पर्यावरणम् एषा भारतस्य तृतीया बृहती नगरी वर्तते । इत्यपि विश्रुता इयं नगरी प्राचीनकाले हस्तिनापुरमिति ख्याता आसीत् । इन्द्रसभायामपि सभाजितानां भरतकुलोत्पन्नानां महीपालानां राजधानी अद्यतनीया एव । पर्यावरणम् मुगलवंशीयानां चक्रवर्तिनां तथा आङ्गलानामपि अधिकारिणां केन्द्रभूमिर्भूत्वा अधुनापि भारतीयगणराज्यस्य राजधनीपदमलङ्करोति ।

साम्प्रतिके काले निखिलेऽस्मिन् जगति मानवसभ्यतायाः समक्षमनेके समस्यात्मका दुष्प्रभावाः समुज्जृम्भते । पर्यावरणस्य प्रदूषणमपि तथैव मुख्या समस्या मानवसभ्यतायै परिदृश्यते । अधुना औद्योगिकप्रसारेण न केवलं जलं, वायुः, फलमन्नादिकं च प्रदूषितमपितु समग्रमपि भूमण्डलं दूषितं भवति । प्रतिदिनं परमाणुयंत्राणां रेडियोधर्मिता सर्वत्र प्रसरति, विषाक्तगैसीयतत्वानां प्रसारेण, बृहदाकारौद्योगिक यंत्राणामपशेषितैः पदार्थैः, विविधानां यानादीनां धूमपुंजैश्च तथैवान्यैः संयंत्रदिभिः सर्वत्रवातावरणं भूलाकस्य वायुमण्डलं प्रदूषितं भवतीति वृत्तं दृग्गोचरी भवति । अस्मिन् वैज्ञानिके युगेऽपि यदि पर्यावरणप्रदूषणस्य निरोधोपायः समुचितो न स्यात्तदा कस्मिन् युगे भविष्यन्ति ।

पर्यावरणप्रदूषणस्य प्रभावाद् जगति रोगदीनां वृद्धिः सञ्जाता, अन्नपानादिषु रेडियोधर्मिपदार्थानां सम्मिश्रणात् सर्वत्र वायुमण्डलम् तु दूषितं भवत्येव, तस्माद् आनुवंशिकप्रभावोऽपि भवति । अनेन भविष्यत्काले मानवसभ्यताया विनाशोऽवश्यम्भावीति निश्चप्रचम् । विश्व स्वास्थ्य संघटनेन पर्यावरणसन्तुलनार्थमनेके उपायाः प्रतिपादिताः । अस्माकं देशेऽपि पर्यावरणप्रदूषणस्य निवारणार्थं सर्वकारद्वारा व्यवस्था क्रियते, तदनुसारं, गंगानद्याः स्वच्छताभियानं, अशुद्धजलमलादीनां, विशुद्धयर्थं संयन्त्राणि स्थाप्यन्ते जनजागरणमपि प्रचलति प्रदूषणनिवारणस्योपायाः, विधयश्चापि निर्दिश्यन्ते । एवञ्च विविधोपायैरेव पर्यावरणस्य संरक्षणं भवितुमर्हति ।

– कविता सिंह

बी.ए. (ऑनर्स) संस्कृत
द्वितीय वर्ष

संस्कृतभाषायाः परिवर्तनचक्रः

परिष्कृत, व्याकरणादिदोष रहितं यत् भाषा तत् संस्कृतम् अस्ति । इयं भाषा एवं देववाणी, सुरभारती, गीर्वाणवाणी इत्यादिकैः नामभिः व्यवहियते । संस्कृत भाषा संसारस्य सर्वासु भाषासु प्राचीनतमा, परिष्कृततमा च विद्यते ।।

अस्याः भाषायाः साहित्यम् अपि सुविशालं, परमोन्नत, विविध- ज्ञान-समन्वित च अस्ति । भारतस्य प्राचीनाः ग्रन्थाः चत्वारः वेदाः संस्कृतभाषायां सन्ति । धर्मशास्त्राणि, अष्टादश-पुराणानि, अष्टादश स्मृतयाः, षट् दर्शनानि च संस्कृत भाषायां एवं लिखिताः सन्ति । सम्पूर्ण कर्मकाण्ड विभागः सम्पूर्ण च आयुर्वेद पद्धतिः, एते सर्वे ग्रन्थाः संस्कृतभाषायां एवं निबद्धाः सन्ति ।

एतेषाम् अध्ययनेन भारतवर्षस्य, प्राचीन धर्मस्य, आयुर्वेदस्य, तथा अतीत सभ्यतायाः पूर्णः परिचयः प्राप्यते । एवं संस्कृत वागमय एव भारतस्य संस्कृतेः आध्यात्मिकस्य च ज्ञानस्य विशुद्ध रूपज्ञानाय एकं साधनम् । एवं इयं भाषाः प्राचीनतमा इति निर्विवादम् । कतिपयैः उदाहरणैः अस्याः परिकृतिः अपि प्रकटयितुम् शक्यते । आंग्लभाषायां लिख्यते 'बुट' पठ्यते च 'बट' लिख्यते पुट पुनाः बटवत् 'पट' इति न पठ्यते । एवमेव अनेकानि भ्रष्टभाषायाः उदाहरणानि सन्ति । संस्कृतमेव सा भाषा यस्यां यत् लिख्यते तदेव पठ्यते ।

संस्कृत भाषाः न केवलं उच्चारणे सर्वोत्कृष्ट अपितु मधुरा दिव्या च । इयं भाषा आचारशास्त्र शिक्षिका, जीवनोन्नतिकारिणी च अस्ति ।

ये कथयन्ति यत् कर-भाषा कठिना वर्तते, ते न जानन्ति यत् स्वल्प प्रयासेनैव संस्कृतं पदितं शक्य । संस्कृत भाषाः अस्माकं देशस्य संस्कृतिकाः निधिः अस्ति । सम्पूर्णमपि सांस्कृतिक वाङ्मयं संस्कृतमाश्रित्य एव अवतिष्ठते । संस्कृत्याः वाङ्मयेन रहितरस्य राष्ट्रस्य जातेश्च अधः पतनम् अनिवार्यम् । संस्कृतस्य एतादृशं महत्त्वं दृष्टैव कश्चित् कविना सत्यम् एवं उक्तम्:-

“भारतस्य प्रतिष्ठे हे संस्कृतं चैव संस्कृतिः”

अद्यत्वे केचित् मूढाः संस्कृतं मृतभाषां कथयन्ति ते न जानन्ति यत् ये संस्कृतस्य रसेन ज्ञानेन, संस्कृति बलेन अद्यापि कृतकृत्याः भवन्ति किं तेभ्यः संस्कृत भाषा मृता? पुनरपि यदि केचित् कुपुत्राः स्वजननी सदृशीम् इमां भाषां मृतां कथयन्ति येन च भारतवर्षे संस्कृत भाषा उपेक्ष्येत, तर्हि गीर्वाण वाणी एवं क्षमयतु तेषाम् अपराधः । यतो हि-

“कुपुत्रो जायेत् क्वचिदपि कुमाता न भवति”

— निक्की कुमारी
प्रथम वर्ष
बी.ए. (ऑनर्स) संस्कृत

नारीणां स्थितौ परिवर्तनम्

समाजस्य सम्यक् चालनाय नारीणां महत्वपूर्णा भूमिका वर्तते। वयम् इदमपि वक्तुं शक्नुमः यत् नारी एकस्य कुटुम्बस्य, समाजस्य च आधारशिला भवति। यदि आधारशिला उत्तमा, प्रसन्ना च तर्हि सम्पूर्ण-परिवारः उत्तमः, प्रसन्नः च भविष्यति तथा च यदि परिवारः उत्तमः, प्रसन्नः तर्हि समाजोऽपि उत्तमकोटेः भविष्यति। परिवारस्य सम्पूर्णा प्रतिष्ठा, सम्मानः च सर्वं नारेः हस्ते एव वर्तते। नारी इच्छेत् चेत् बहिः सर्वे तस्याः परिवारस्य प्रशंसां कुर्मः नो चेत् न कुर्मः। कथम् इदं भवितं शक्यते? पश्यन्तु एकस्मिन् गृहे सीमितानि संसाधनानि वर्तन्ते। किन्तु तस्य गृहस्य महिला बुद्धिमती प्रसन्ना अस्ति। चेत् अन्य जनाः न ज्ञेतुं शक्यन्ते यत् अत्र कापि समस्या वर्तते। किन्तु एकस्मिन् गृहे पर्याप्त संसाधनानि सन्ति। किन्तु महिला प्रसन्ना एव नास्ति, सा बुद्धिमती नास्ति तर्हि सा एवं प्रकारेण कार्यं करिष्यति। यत् सर्वे जनाः ज्ञेतुं शक्यन्ते यत् अत्र किमपि अनुचितम् अथवा सर्वं सम्यक् नास्ति।

भारतीय समाजे नारीं त्यागस्य प्रतिमा, क्षमाशिला, प्रेम्णः स्नेहस्य च दात्री मन्यते। एवं च इदं उचितम् अपि अस्ति। यथा अद्य वयम् अस्य अनेकानि उदाहरणानि प्राप्यन्ते यथा एका स्त्री स्व-परिवारस्य देशस्य समाजस्य च रक्षणाय, पालनाय हिताय च किमपि कर्तुं शक्यते। सा तेषां कृते स्व-जीवनम् अपि त्यक्तुं शक्नोति। यथा – रानी लक्ष्मीबाई, मदर टेरेसा, जीजाबाई इत्यादयः कृताः।

अद्यत्वे समाजे नारेः सम्माने न्यूनता दृश्यते। प्राचीनकाले तु वयं द्रष्टुं शक्नुमः कथं जनाः नारीं देवीरूपा मन्यन्ते स्म तथा च तस्मिन् काले संततेः परिचयं न केवलं पितुः नाम्ना अपितु मातुः नाम्ना अपि भवति स्म। यथा – गंगापुत्रः, कुन्तीपुत्रः देवकिनन्दनः, यशोदनन्दनः इत्यादयः।

वैदिक काले यदा नारीणां कृते पठन-पाठनस्य स्वतन्त्रता आसीत्। ते स्वस्याः स्वन्त्रतायाः पूर्णरूपेण लाभं गृहित्वा ताभिः स्व परिवारजनानां गौरवान्विताः कृताः एवं च विश्वे ताभिः प्रसिद्धः प्राप्ता। यथाः— मैत्रेयी, गार्गी, विश्वआरा, अपाला, रत्नावली इत्यादयः।

किन्तु अद्यतन समाजे समस्तानां स्त्रीणां तादृशी स्वतन्त्रता नास्ति। जनाः ताः गृहे एव दृष्टुम् इच्छन्ति। किन्तु याः काचित् तादृशी स्वतन्त्रता लभ्यते ताः सर्वथा तस्याः पूर्णोपयोगः कुर्वन्ति।

तथा च स्वस्य देशस्य, समाजस्य परिवारस्य च कृते ते सदैव तत्परा भवन्ति। यथा— किरण बेदी, बछेंद्री पाल, कल्पना चावला मल्लिका साराभाई आदयः।

यद्यपि अस्माकं देशस्य एतादृशः महानतमः इतिहासः वर्तते। तथापि अद्यत्वे काले स्त्रीणाम् अस्तित्वे प्रश्न-चिन्हः वर्तन्ते। अद्यापि अधिकांशानां महिलानां नाम तेषां स्वस्य संबन्धिनः अपि न जानन्ति ते तेषां बालानां, पतेः च नाम्ना एव जानन्ति। अद्य पुरुषाः स्व-आभिमाने येन प्रकारेण निमज्जन्ति यत् ते नारीं किमपि न मन्यन्ते। ते चिन्तयन्ति यत् ते नारीं बिना अपि जीवितुं शक्यन्ते किन्तु ते जानन्ति यत् ते कुत्रापि गच्छन्ति एका नारी सदैव तैः साकं भवति। यतोहि सा मातृ रूपेण, भगिनिरूपेण, पत्निरूपेण, पुत्रिरूपेण च सदैव तेन साकं तिष्ठति एव।

— शिवानी पाण्डेय

द्वितीय वर्ष

बी.ए. (ऑनर्स) संस्कृत

कोविड - ऊनविंशाख्यविषाणुविरुद्धं संघर्ष कोरोनासङ्क्रमणप्रकरणानि सततं सन्ति वर्धमानानि

कोरोना विषाणोः प्रकोपस्य आरम्भः चीनदेशस्य कुन वुहान नगरात् नवदशाधिकविंशतिसहस्रत्रन्तमेवर्षे आगच्छत् । विश्वस्वास्थ्यसंगठनं तस्य कोविड-19 नाम्ना महामारी संज्ञा दत्तवान् ।

कोरोनायाः प्रकोपः अतिभयावह अस्ति । कोरोना महामार्याः मुक्त्यै सर्वेषां जनानां सहयोगम् अत्यावश्यकम् अस्ति । कोरोनाविषाणुः एकः विश्वव्यापी संक्रमणं वर्तते । कोरोनाविषाणुः अनेकानां प्रकाराणां विषाणुनां एकः समूहः वर्तते ।

विषाणोः प्रभावाः :-

सामाजिक जनजीवने

विषाणोः प्रभावः न केवलं नगरेषु अपितु ग्रामीणक्षेत्रेषु दृश्यते । अर्थात् तेषां आर्थिकसंसाधनानि छिन्नभिन्नानि सन्ति ।

भोजनस्य तु का कथा वक्ता अपि न पारयाम । के युक्ता आयुक्ता वा प्रभावशालिनः शताधिकेभ्यः वर्षेभ्यः प्राक् प्रकटितम् आसीत् । एतत् भयावहं कलेवरम् । मृत्यन्ते चा कृते कोरोना काले रुग्णः प्रतिरोधक क्षमताल पौष्टिक आहारम् (भोजनम्) आवश्यकम् अस्ति । यदि एतत् काले शारीरिक अभ्यासः (व्यायामः प्राणायाम् च शरीरार्थम् उत्तमम् अस्ति । वयं कोरोना योद्धस्य सम्मानम् कुर्मः । अपि सम्यक् भवति । व्यवहितः व्यायामः यथैव अस्वास्थ्यप्रदः भवति । तथैव अव्यवहित व्यायामः स्वास्थ्यकरः भवति । स्वस्थे शरीरे एव स्वस्थं मस्तिकं भवति । स्वस्थः जनः सुयोग्यः नागरिकः भवति ।

इदानीं जनाः एव सावधानाः भवन्तु । प्रक्षालक (सेनेटाइजर) द्वारा हस्तौ स्वच्छीकृत्य मुखनासिकाच्छादकस्य (मास्क का) प्रयोगं विधीयताम् । आरोग्यसेतुः स्वचलदूरवाण्यां न अकारणेन अटन्तु । गृहेषु भूत्वा सुरक्षिताः भवत । सततं फेनकेन हस्तप्रक्षालनं कुर्वन्तु ।

— पारुल

बी.ए. (ऑनर्स) संस्कृत
प्रथम वर्ष

किमर्थं संस्कृतभाषायां परिवर्तनम् अभवत् ?

संस्कृतभाषा पृथ्व्याः अतिप्रराचीनतमा भाषा वर्तते। संस्कृतसाहित्ये महत्त्वपूर्णं प्रचुरमपि च जीवनशिक्षा वर्तते। परन्तु वर्तमान काले संस्कृतस्य प्रचारं प्रसारं च न्यूनं भवति। एतस्य अनेकानि कारणानि सन्ति। यथा प्राचीन काले भारतस्य संस्कृत्याम अनेकानि अक्रमाणि अभवन्। प्राचीन काले बहुः प्रान्तीयभाषा प्रचलितम् अस्ति। किन्तु संस्कृतस्यः महत्त्वम् अक्षुण्णं अभवत्।

आचार्य – दण्डिनः सम्युक्तं –

“भाषासु मुख्या मधुरा दिव्या गिवाणभारति।”

किन्तु वर्तमानकाले संस्कृतभाषा केवलं वेदानां भाषा इति मन्यते। जनाः एतत् अपि न जानन्ति। यत् संस्कृतसाहित्ये समग्रविश्वस्य ज्ञानं निहितं वर्तते, संस्कृतं सर्वेषां भाषानाम् जन्मदात्री अस्ति। जर्मनीदेशेऽपि जनाः संस्कृतस्य ज्ञानं लभन्ते। कालिदासस्य अभिज्ञानशाकुन्तलम् अन्यदेशस्य प्राज्ञाः अनुवादं कृतवन्तः। किमर्थम् अद्यत्वे जनानां संस्कृतस्य प्रति अनुरागम् एव न दृश्यते। संस्कृतस्य साहित्ये बहुः ग्रथाः सन्ति यथा मित्रलाभः हितोपदेशः अर्थशास्त्रमादि। अद्यपि संस्कृतभाषा भारतस्य प्राचीनतमा भाषा अस्ति। तथापि विद्यालयेषु महाविद्यालयेषु च आंग्लभाषायाः पठनपाठनम् च भवति तथा संस्कृतस्य अतिरिक्त अन्यः विषयः वर्तते। ते न जानन्ति यद् अस्माकं मातृभाषायाम् विद्या सर्वोपरी अस्ति अस्माकं देशे जनाः पाश्चात्यप्रदेशानाम् प्रशंसकाः वर्तन्ते। वयं संस्कृतं संस्कृति च त्यक्त्वा पाश्चात्य सभ्यतां गृहीत्वा प्रसन्नाः भवामः किन्तु ते ना जानन्ति यत् अस्माकं संस्कृति अस्माकं गौरवं वर्तते।

– गीतिका वर्मा

द्वितीय वर्ष

बी.ए. (ऑनर्स) संस्कृत

भासः

भासः एक एव तादृशः कविः यस्य नाटकानि समग्राण्यपि सम्प्रति उपलभ्यन्ते। 1910 तमे ईसवीये वर्षे तिरुवान्कूराभिजनः महामहोपाध्यायः टि। गणपति शास्त्री भावाभिव्यक्तौ, वर्णने, रचनाशैल्यां च साम्यमवलोक्य 13 नाटकानि एकेनैव कविना रचितानीति, स च कवि भास एवेति च आविरकरोत्।

अयं प्रसिद्धः नाटककारः कालिदासात् पूर्वकालिकः इति निश्चितम्। यतः श्रेष्ठः कविवरः कालिदासः मालविकाग्निमित्राख्ये स्वीये आद्ये नाटके सादरमुल्लिखति। केचन विद्वांसः अस्य कालः ईसवीयं द्वितीयं तृतीयं वा शतकमिति, अयम् अश्वघोषकालिदासयोः मध्यवर्ती इत्यभिप्रयन्ति। प्रायः भासः भगवतः महाविष्णोः भक्त इति प्रतीयते।

भासः स्वीयनाटकस्य कथावस्तूनि रामायणमहाभारताभ्याम्, श्रीमद्भागवतपुराणात्, गुणाढ्यस्य बृहत्कथायाश्च उन्नयति। तस्य 13 नाटकानि इत्थं सन्ति –

महाभारतकथाधारेण रचितानि एकाङ्कनाटकानि यथा – पंचतन्त्रम्, दतूवाक्यम्, मध्यमव्यायोगम्, दतूघटोत्कचम्, कर्णभारम्, ऊरुभङ्गम् इति।

रामायणाधारेण रचितानि नाटकानि यथा – प्रतिमानाटकम्, अभिषेकनाटकम्। बालचरितम् इत्येकं नाटकं श्रीमद्भावताधारितम्। प्रतिज्ञायौगन्धरायणं स्वप्नवासवदत्तं च बृहत्कथामाधृत्य रचिते। अविमारकम् दरिद्रचारुदत्तमितीमे लोककथामनुसृत्य विरचिते।

भासः जन्मना नाटककारः। संस्कृते रूपकस्य नैके प्रभेदाः स्वीयकृतिभिः तेन प्रस्तुताः यथा प्रकरणं, भाणः इत्यादि। सर्वेष्वपि तस्य रूपकेषु कविना स्वीया नाटकीयप्रतिभा अत्यन्तं सौष्टवेन अभिव्यञ्जिता।

संस्कृतसाहित्यस्य अप्रतिमा कृतिः भासस्य स्वप्नवासवदत्तम्। विदुषां विमर्शकानां विमर्शनेऽपि अनवद्यत्वेन स्थितम् एकैकं नाटकं स्वप्नवासवदत्तम् इत्याचार्यो राजशेखरो ब्रवीति। स्वप्नवासवदत्तम् इत्यवुत्ते “स्वप्ने स्वभर्तारं पश्यन्त्याः वासवदत्तायाः स्वप्नः”। प्रायेण बृहत्कथायाः कथाभागोऽयमुद्धृतः। वेदिकाप्रदर्शनयोग्येषु नाटकेषु भासस्य नाटकानि विशिष्टानि सन्ति।

– आयुषी सिंह

बी.ए. (ऑनर्स) संस्कृत

द्वितीय वर्ष

उपनिषदां महत्त्वं

“उप उपसर्गपूर्वकः” निःउपसर्ग पूर्वकः षदलृ—विशरणगत्यवसादेनेषु इति धातोः उपनिषदत् शब्दः निष्पद्यते ।

उपनिषदः शब्दस्य शंकराचार्य दिशि अर्थं वयं अवगच्छामः तर्हि अविद्यां नाशयित्वा ब्रह्म प्राप्ते तत ज्ञानाय च यः यत्नः विधीयते सः भवति उपनिषदः इति । अर्थात् उपनिषद पदार्थः ब्रह्म विद्यायाः द्योतकः भवति । इति अत्र अस्माभिः विचारणीयं अस्ति । यत् उपनिषद इत्यत्र क्विप प्रत्ययः वर्तते । तर्हि सामान्यरूपेण अस्य अर्थं यदि अवगच्छामः तर्हि निश्चेन, निष्ठा पूर्वकञ्च गुरोः समीपे उपवेशनम् । अथ च तत्त्वज्ञानाय विनीतभावेन गुरोः पार्श्वे गमनम् इति ।

ये उपनिषदः वर्तन्ते तेषां सर्वकालिकम् उपादेयत्वं अस्ति । इति अस्माभिः प्रतिपादयितुं शक्यते । कथम् इति चेत् आधुनिक—परिपेक्ष्ये अपि अंधकारं नाशयितुं यथा प्रकाशस्य आवश्यकता भवति, सूर्यप्रकाशः भवतु वा ज्योति प्रकाशः भवतु वा यः कश्चन अपि प्रकाशः भवतु सः प्रकाशः यथा अन्धकारं क्षरति, नाशयति तथैव गुरुः अस्माकं अंधकार रूपकं अज्ञानं नाशयति । ज्ञाने अस्मान् उपावेशयति । अतः जीवने प्रकाशं आनेतुं ज्ञानं च आनयितुं गुरोः आवश्यकता वर्तते । अतः उपनिषदां सार्वकालिकी उपादेयता अस्ति ।

गुरु रूपेण अस्माकं मित्राणि भवितुं अर्हन्ति, अस्माकं पारिवारिक सदस्याः भवितुं अर्हन्ति । अस्माकं पुस्तकानि भवितुं अर्हन्ति यतः इदानीं तु उपनिषद रूपेण अंतरजाल इत्यादि अवगन्तुं शक्नुमः तद्द्वारापि वयं विषयाधिगमं कुर्मः इति कारणेन एताः आधुनिकयः विद्या अपि उपनिषद रूपेण अस्माभिः अनुमातुः शक्यन्ते एव आधुनिक परिप्रेक्ष्य ।

यदि उपनिषदां सार्वकालिकीं स्थितिं सन्द्योतयामः तर्हि उपनिषदां संख्या अष्टोत्तरशतात् आरभ्य द्विशत—पर्यन्तं वर्तते । तेषु उपनिषत्सु सर्वविध विषयाः अस्माकं कृते समुपस्थिताः वर्तन्ते इति अस्माभिः ज्ञायते एव ।

तत्र विद्या—अविद्या—भेदः, उत्तम—अनुत्तम भेदः, अस्माभिः ज्ञातुं शक्यते । यथा लिखितम् अस्ति तत्र ईशावास्योपनिषदि

“अविद्यया मृत्युं तीर्त्वा, विद्यया अमृतमश्नुते”

अस्माकं जीवनस्य लक्ष्यं किं, ईहा का स्यात् इति वयं निश्चेतुं न शक्नुमः । अतः लिखितम् अस्ति

“कुर्वन्नेवेह कर्माणि जिजिविषेत शतं समः”

इत्यादि उपनिषद् वाक्यैः उपनिषदां सार्वकालिकी स्थितिः अस्माभिः ज्ञातुं शक्यन्ते । न केवलं आत्मसंरक्षणं प्राप्तव्यं अस्ति । अपितु समाजस्य उत्कर्ष— चिन्तनं कर्तव्यं एवं च शरीर शौष्ठवं जिजिविषेत शतं समाः शतं वर्षाणि वयं यथा सर्वविध—कार्याणि कुर्वन्तः जीवेम तदर्थं आत्मवः सन्धानं कर्तव्यं अस्ति । तथा च कथितम् अस्ति वयं पूर्णरूपात्मां वर्तामहे । पूर्णस्य वयं उपासनां कुर्मः

“पूर्णमिदः पूर्णमिदं प्रणात पूर्णमुदच्यते”

इत्युक्ते अस्माभिः पूर्णस्य उपासना करणीया न तु अर्धांशस्य यतः किमपि अध्ययन क्षेत्रे भवतु, अध्यापन क्षेत्रे भवतु, ज्ञान प्रकाशन—क्षेत्रे भवतु, यत्र कुत्रापि अस्माकेः पूर्णस्य उपासना करणीया इति कारणेन उपनिषदाम् आधुनिक परिपेक्ष्य सर्वकालिकी उपादेयता वर्तते । इति वयं वक्तुं शक्नुमः ।

न केवलं एतावत् विषयभिः एव अन्यन्य उपनिषदेषु वयं यदा पश्यामः तत्र तत्र बहवः विषयः प्रतिपादिताः वर्तन्ते ।

कोशानां विषये अपि तत्र लिखितं अस्ति । अन्नमय कोषः प्राणमय कोषः आनन्दमय कोषः, मनोमय कोषः, विज्ञानमय कोषः । एतेषु कोशेषु समाजस्य उत्पत्तिः विषये चिन्तनं विहितम् अस्ति । अतः समाजस्य उत्पत्तिः, समाजस्य विलयः, समाजस्य समुत्कर्षः कथं भवति इति उपनिषदां ज्ञानेन एव क्षेतसति । अतः उपनिषदां महती आवश्यकता ।

— सीमा पाठक

द्वितीय वर्ष

बी.ए. (ऑनर्स) संस्कृत

नगरस्य जीवने शौचालयं; एकं परिवर्तम्

अद्यत्वे नगरेषु प्रायः सर्वाणि अपि गृहाणि शौचालययुक्तानि एव भवन्ति। ग्रामेषु अपि गृहाणि शौचालययुक्तानि भवेयुः, येन स्वास्थ्यरक्षणं स्यात् विशेषतः इति अभिप्रेति सर्वकारः। वयं भावयामः — गृहेषु शौचालस्य उपयोगः पाश्चात्यप्रभावतः आरब्धः इति। नैषा सत्यस्थितिः। 2400 सामान्यशकवर्षेभ्यः पूर्वमेव भारते शौचालययुक्तानि गृहाणि आसन् इति वदति इतिहासः। लोथलप्रदेशे पुरातत्त्वविभागेन शौचालयस्य अवशेषाः प्राप्नुवन्तः। शौचालस्य उपयोगः प्राचीन भारते आसीत्। इत्येतत् प्रमाणीकरोति एतत्। परंतु वर्तमानकाले नगरे ग्रामे च शौचालयस्य उपयोगः एकः महत्त्वपूर्णविषयमस्ति, बहूनि जनाः एतस्य स्वच्छतायै महत्त्वं किमस्ति एतमपि न जानन्ति। ते गृहे शौचालस्य उपयोगः अपवित्रं अनुपयोगि च इति मन्यन्ते। नारीणां जीवने तु बहुः समस्याः सन्ति एतस्मात् कारणात्। ताः क्षेत्रास्युपयोगः कुर्तुं बाध्याः एषः न तु स्वच्छः अस्ति नापि स्त्रीरक्षणाथम् उचितः अस्ति। परंतु अस्मिन् समये शनैः शनैः जनाः बहिः आगत्वा एतस्मिन् विषये विभिन्न अभियानानां चालनं कुर्वन्ति। भारतीयसरकारः अपि विभिन्न कार्यक्रमेण माध्यमेन शिक्षासंस्थाने, सरकारीकार्यालये, ग्रामे, नगरे आदि जनानां मध्ये चैतन्यतायाः प्रसारयन्ति। परंतु एतानि सर्वाणि तदा सफलाः भविष्यति यदा जनाः स्वयमेव प्रयासं करिष्यन्ति।

— श्रीराधे श्रीवास्तव
बी.ए. (ऑनर्स) संस्कृत
तृतीय वर्ष

संस्कृतभाषायां परिवर्तनम्

वयं सर्वे स्व-विचारान् प्रकाशयितुं यस्य माध्यमस्य अपेक्षां कुर्मः सा एव भाषा कथ्यते। प्राचीनकाले यदा मनुष्यः भाषां न अजानात् तदा सः संकेतमाध्यमेन भावान् प्रकटयति। किन्तु संकेतेन सदैव स्पष्टार्थस्य बोधने काठिन्यं भवति। एव अतः ध्वनितभाषा तु आवश्यकी वर्तते।

अद्यतन काले विश्वे जनाः अनेकाः भाषाः भाषन्ते। यथा :— कोऽपि आंग्लभाषा भाषते, कोऽपि जर्मन्, कोऽपि हिन्दी, कोऽपि संस्कृतं आदि। केवलं भारतदेशे एव संविधाने द्वाविंशतिः भासानां उल्लेखः प्राप्यते। ताः सन्ति हिन्दी, उर्दू, तेलुगु, संस्कृतं, उड़िया, मराठी, बंगाली, भोजपुरी इत्यादयः।

न केवलं भारतीयाः अपितु अन्यदेशीयाः अपि संस्कृतं समस्तानां भाषानां मूलं कथ्यन्ते। सर्वे मन्यन्ते यत् विश्वेषु यत् किमपि वयं वदामः, कुर्मः च तत् सर्वं संस्कृताधारितः एव।

पूर्वस्मिन् काले अस्माकं देशे संस्कृतभाषा बहुप्रचलिता, प्रसिद्धा च आसीत्। तस्मिन् समये जनाः प्रकृतभाषा भाषन्ते स्म अथवा संस्कृतम्। तस्याः उपरि जनान् मातृवत् स्नेहः वर्तते स्म। जनाः सामान्यं वार्तालापं, स्वरचनां, स्वाभिव्यक्तिं, सर्वं सहर्षेण संस्कृते कुर्वन्ति स्म। किन्तु अद्यत्वे समये एषा स्थितिः परिवर्तिता जाता। जनाः संस्कृतवदने लज्जां अनुभवन्ति, तस्याः अनुरागिनं परिहासं कुर्वन्ति।

यद्यपि अद्य भारतीयाः तस्याः उपेक्षा कुर्वन्ति। किन्तु विदेशीयाः तस्याः महत्त्वं, तस्याः वैज्ञानिकत्वं, तस्याः माधुर्यं, ममत्वं च परिचिन्वन्ति। अतः ते स्व-स्व स्थाने अथवा भारते आगत्य संस्कृतं पठन्ति, जीवन्ति च।

अतः यदि वास्तविकरूपेण भवन्तः भारतीयाः सन्ति। चेत् इदानीम् अपि समयः अस्ति। उत्तिष्ठ, सज्जः भूत्वा स्वं भाषां, स्वं मात्रं जानन्तु।

— सोनू देवी
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द्वितीय वर्ष

इदमपि ज्ञातव्यम्

इदं तु वयं सर्वे जानीमः एव यत् यस्मिन् महाविद्यालये वयं अधीयानाः सन्ति । तस्य नाम वैदिककालिका, विश्व-विख्याता विदुषी गार्गी नाम्नि अस्ति । किन्तु अस्य “गार्गी” शब्दस्य व्युत्पत्तिः कथम् अभूत् सम्भवतः केचन इदं न जानन्ति । अतः अद्य अस्मिन् अंशे वयम् ज्ञास्यामः ।

सर्वप्रथम शब्दः वर्तते

- गर्ग

अस्मात् शब्दात् “गर्गादिभ्यो यञ्” सूत्रेण यञ् प्रत्ययः जातः ।

- गर्ग+यञ्

अत्र यञ् प्रत्यये यः अकारः अस्ति तस्य “हलन्त्यम्” इत्यनेन इत् संज्ञा तत्पश्चात् “तस्य लोपः” इत्यनेन तत् इत्-सञ्ज्ञक अकारस्य लोपः । अतः

- गर्ग+य

अधुना सूत्रम् आयाति “यस्येति च” इत्यनेन भसंज्ञकस्य अङ्गस्य ‘अ’ वर्णस्य, ‘इ’ वर्णस्य च तद्धितप्रत्यये, ईकारे परे च लोपः भवति । अतः द्वितीयस्य गकार-उत्तरवर्तिनः अकारस्य लोपः ।

- गर्ग+य_

इदानीं “तद्धितेष्वचामादेः” सूत्रेण ञित्/णित् प्रत्यये परे आदि-स्वरस्य वृद्धिः । अतः

- गर्ग+य

वर्णसंयोजनेन

- गार्ग्य

अधुना स्त्रीत्वविवक्षायां यञन्तात् शब्दात् “यञ्श्च” सूत्रेण डीप् प्रत्ययः जातः ।

- गार्ग्य+डीप्

अत्र “लशक्वतद्धिते” सूत्रेण ङकारस्य इत् संज्ञा एवं च “हलन्त्यम्” सूत्रेण पकारस्य तत्पश्चात् “तस्य लोपः” इत्यनेन द्वयोः लोपो भवति तथा च केवलं ईकारः अवशिष्यते ।

- गार्ग्य+ई

अस्यां स्थितौ “हलस्तद्धितस्य” सूत्रं प्रवर्तते । तेन उपधाभूत- तद्धितयकारस्य लोपः भवति ईकारे परे । अतः यकारस्य लोपः जातः एवं च केवलं अकारः अवशिष्यते ।

- गार्ग-ई

अत्र “आद्गुणः” सूत्रं (येन गुणः भवति) प्रबाध्य पुनः “यस्येति च” सूत्रेण अन्तिम-अकारस्य लोपः ।

अनन्तरं सामान्येन वर्णसंयोजनेन अस्माकं ईप्सितस्य शब्दस्य सिद्धिः अभवत् ।

- गार्ग+ई

- गार्गी

— वैष्णवी शर्मा

बी.ए. (ऑनर्स) संस्कृत
द्वितीय वर्ष

कालिदासस्य प्रसिद्धिः

भारतीय संस्कृतेः अनन्यः उपासकः, मातुः शारदायाः वरदपुत्रः, विद्वद्धिः राष्ट्रकवेः संज्ञा प्राप्तः च महाकविः कालिदासः संस्कृतभाषायाः महान् कविः, नाट्यकारः च आसीत्। तेन भारतवर्षस्य पौराणिक-कथाधारिताः रचनाः कृताः तथा च तासु रचनासु भारतीय जीवनस्य, दर्शनस्य च विविधानि रूपाणि, मूल-तत्त्वानि च सन्ति।

कालिदासस्य प्रशंसा विभिन्नानां कवीनां काव्येषु प्रयुक्तेन पदेन अगिता भवति। यथा बाणभट्टः कालिदासस्य प्रशंसायां तं प्रथमगणनीय उच्चार्यते :-

“पुरा कवीनां गणनाप्रसंगे कनिष्ठिकाधिष्ठति कालिदासः।

अद्यापि तदतुल्य कवेर्भावादि, अनामिका सार्थवती बभूव॥”

कालिदासः स्व-काव्यकर्मण या प्रसिद्धिं प्राप्तवान् तस्याः फलरूपेण कालान्तरे कालिदासः नाम्ना एका उपाधिः प्रयोगे आगता। स्वयमेव राजशेखरेण त्रयाणां कालिदासानां वर्णनं कृतम्।

“एकोऽपि जीयते हन्त, कालिदासो न केनचित्

श्रृंगारे ललिवोद्वारे, कालिदास त्रयी किमु॥”

महाकविना कालिदासेन अभिज्ञानशाकुन्तलं, मालविकाग्निमित्रं, विक्रमोर्वशीयं च नाटकानि, रघुवंशं तथा च कुमारसंभवं द्वे महरकाव्ये, मेघदूतं, ऋतुसंहारं च द्वे खण्डकाव्ये विरचितानि सन्ति।

महाकवेः गणना न केवलं भारतवर्षस्य अपितु विश्वस्य सर्वश्रेष्ठेषु साहित्यकारेषु भवति। तेन साहित्यजगति स्व-रचनाशक्त्या एका अद्भुता, विशिष्टा छविः प्रदर्शिता। कालिदास-विषये एका सुक्तिः प्रसिद्धा वर्तते -

“उपमा कालिदासस्य”

अस्या तात्पर्यम् वर्तते यत् कालिदासस्य ग्रन्थेषु उपमालङ्कारस्य प्राचुर्यता वर्तते।

महाकविः सर्वाधिक प्रसिद्धिः अभिज्ञानशाकुन्तलेन प्राप्तवान्। इदमेव कारणं आसीत्। यत् पश्चात्यभाषासु सर्वप्रथम अनुदित ग्रन्थः “शाकुन्तलम्” एव। इदं कार्यं आंग्लभाषायाः विदुषा सरविलियम जोन्सेन कृतम्। तत्पश्चात् शनैः शनैः कालिदासस्य ग्रन्थानाम् अनुदितानि कार्याणि अन्येषु भाषासु अपि अभवन्। यथा :- जर्मनभाषायां, फ्रेंचभाषायां, रूसीभाषायां।

कालिदासस्य ईदृशः कोऽपि ग्रन्थः न अवशिष्यते यस्य अनुवादः न अभवत् तथा च कोऽपि देशः अपि न अवशिष्यते यस्मिन् “कालिदास” नामना कोऽपि अपरिचितः अस्ति। तस्य रचनाः न केवलं संस्कृतानुरागिनम् अपितु अन्यभाषानुरागीणां आकृष्टं कुर्वन्ति। अतः अस्य अनुवाद-कार्यं स्व-स्व भाषायाः विद्वद्धिः प्रारम्भः जातः।

— वैष्णवी शर्मा

बी.ए. (ऑनर्स) संस्कृत
द्वितीय वर्ष

जीवने परिवर्तनस्य

कारणम् - कर्म

सर्वेषां सन्ति स्वः युद्धाः,
किमर्थं सन्ति ते अद्य परस्पर विरुद्धाः।

धन्वान अस्ति उत न,
शुद्धः भवेत तव विचारः।
कस्यापि का हानि दातुं शक्यसे त्वम्,
स्व-कर्मण एव निर्मितः असि त्वम्,
ते एव नश्यन्ति त्वम्।।

कर्माणि एव केवलं तव कर्तव्यः,
त्यज फलस्य चिन्तनम्।
स्मेरेत् सदैव कृष्णवाणी,
मन्यस्व स्वयमेव अर्जुनः,
अयम् एव अस्ति जीवनस्य सरलोपायः।।

तव हस्ते तव कर्माणि,
त्वं क्रियमाणः विद्वानः।
स्पष्ट अस्ति गीतायाम्,
युगात् - युगात् आगच्छन्ति आख्यानानि।।

अस्ति केवलं फलाभिलाषा,
किं प्राप्स्यसि जयेन, पराजयेन वा।
यदा आगमिष्यति ईदृशी विडम्बना,
विस्मारेत् सर्वं युद्धाय सज्जः भव।।

अन्धकारे अपि साकम् त्वया,
केवलं तव एव प्रतिबिम्बः।
तव केवलं कर्मेषु अधिकारः,
अन्यसर्वं तु मोह-माया।।

— सलोनी कुमारी

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