

### 'Gargi Olympiad' Inter Stream Competition 2018-19

Gargi Olympiad is an Inter-Stream Sports Competition organized by the Department of Physical Education every year. This competition comprises Minor games with an exception of Athletics and Aerobics so that it is easy for everyone to participate. The entire competition is administered by the Student Sports Council and the Faculty. The prime objective of the event is to provide an opportunity to participating students to utilize their kinesthetic ability through sports participation. It is also a means for inter stream interaction fostering friendships, a recreational activity and also for identifying hidden talent. The competitions are held on a league basis amongst the three streams i.e. Arts, Commerce and Science. The winning team gets 5 points, runner up gets 3 points and in case of a draw both the teams get 1 point each. The winners are awarded with medals and certificates on the Annual Sports Day. The Best stream is awarded a 'Best Stream trophy' on the Annual Sports Day.

The total number of events organised this year was 10. The Athletics events comprised (100M, 200M, 4 X 50 M Relay, Javelin Throw, Shot Put, Discus Throw and Long Jump). A new event 'Kho' was introduced this year. This year the Best Stream Trophy was won by the Science stream with 40 points. The department also introduced Best Player Trophies from each stream, nominated by the stream captains. Ms. Renuka Bhambri from Humanities, Ms. Dipali from Commerce and Ms. Prinsa Kathait from science stream won this trophy respectively. Winners were awarded with medals and certificates of the Annual Sports Day.

Total Number of Participants - 277									
Athletics	Aerobics	Kho	Rugged Netball	Pitthugram	Quiz	Rangoli & Collage	Saaraki	Tug of War	Vigoro
30	42	30	30	23	9	18	29	31	35



Figure 1 Gargi Olympiad 2018-19

Dr. Sheela Kumari. S  
Teacher In charge