

Dr. Sheela Kumari S. Associate Professor Dr. Rakesh Kumar Assistant Professor

'Gargi Olympiad' Inter Stream Competition 2019-20

Gargi Olympiad is an Inter-Stream Sports Competition organized by the Department of Physical Education every year. This competition comprises Minor games with an exception of Athletics and Aerobics so that it is easy for everyone to participate. The entire competition is administered by the Student Sports Council and the Faculty. The prime objective of the event is to provide an opportunity to participating students to utilize their kinesthetic ability through sports participation. It is also a means for inter stream interaction fostering friendships, a recreational activity and also for identifying hidden talent. The competitions are held on a league basis amongst the three streams i.e. Arts, Commerce and Science. The winning team gets 5 points, runner up gets 3 points and in case of a draw both the teams get 1 point each. The winners are awarded with medals and certificates on the Annual Sports Day. The Best stream is awarded a 'Best Stream trophy' on the Annual Sports Day.

This year, the Science stream has been awarded the trophy for best stream. The best players from each stream namely Nikita from Physical sciences 3rd year, Meenakshi Attri from B.com prog 2nd year, and Pallavi Yadav from Eco hons 2nd year have also been awarded a best player trophy each by the department. Winners were awarded with medals and certificates of the Annual Sports Day.

Total Number of Participants - 229								
Athletics	Aerobics	Kho	Handball	Quiz	Rangoli & Collage	Saaraki	Tug of War	Vigoro
18	36	30	25	18	12	27	30	32



Figure 1 Gargi Olympiad 2019-20

Dr. Sheela Kumari. S Teacher In charge