

National Service Scheme (NSS),Gargi College, University of Delhi

Love all, serve all

With spirits held high and service before self attitude the NSS wing of Gargi College keeps adding endeavours and efforts to sensitize self and others towards the greater cause of humanity by offering all that we can- both tangible and intangible. The motto of NSS “NOT ME BUT YOU” reflects the essence of selfless living and upholds the need for service towards a better world. Our volunteers at Gargi come together to add meaning to their own lives by helping others find meaning in their own.

Our NSS Wing is divided into two wings. One is part of the University NSS Cell and the other is part of the Gargi Extension Service. This is in response to the over enthusiastic participation of our students.As part of our continued endeavour NSS Gargi took following initiatives to mark the beginning of our calendar year 2018-19:

NSS ACTIVITIES UNDER DELHI UNIVERSITY UNIT :

1. Maidan Garhi village, Saket- Swachha Bharat Summer Internship

With the advent of summer, the most brutal of all seasons we usually gear up to brace the glaring sun and tuck ourselves inside our shadowy homes to get respite but this summer for the *NSS Gargi volunteers* was a little different as they geared up for the Swachha Bharat Summer Internship. Two villages were adopted for the same.The internship started with a visit by our nodal officer Dr. Preeti Pant to the village. The internship set over a tenure of 105 gruelling hours was meticulously planned by the NSS volunteers with various activities.

The first village adopted by the volunteers was the Maidan Garhi village near Saket, Delhi.The below link gives a detailed account of all the activities carried out by the volunteers.

[Swachha Bharat Summer Internship 2018](#)

2. Chilla Gaon, Mayur Vihar Phase 1- Swachha Bharat Summer Intership

Two of our volunteers went to the Chilla Saroda Bangar village located in Mayur Vihar Phase 1 for the Swachha Bharat Summer Internship.

They had awareness campaigns and door to door expeditions to understand the challenges of living in that area. They visited 50-60 households and conducted a swachta survey and had awareness sessions at two schools. They organised meetings in localities and with the village councillor to make them understand their purpose and garner support for it.

The following activities were undertaken-

Nukkad Natak

Two Nukkad natak were performed in the village; one in Purvanchal Public School and other in the street after the swachta rally.

Wall Paintings

Seven paintings were drawn on public walls of village Chilla. The drawings depicted usage of dustbins, initiatives for cleaning, hand wash, usage of toilets for defecation, sustainable development goals on cleanliness along with slogans on cleaning.

Movie Screenings

One of the screenings was a large scale event with 70 people in audience. The movie screened was from WASH institute. It was an animated movie with simplest characters and language.

Street- Drain Cleaning

Street cleaning and drain cleaning session were conducted with the help of MCD workers across many spots in the village.

Waste Segregation

There was a session on dustbin distribution which could be organized with the help of local leader, Mr. Sunil Chaudhary. The dustbins distributed were issued by EDMC.

Transportation of Waste

A cleaning cum waste segregation and collection drive was performed with the help of EDMC team. The waste collected from households, streets and drains were segregated and put into the compartments.

Encouragement for Toilet Reconstruction

The village already had a toilet which was in a very poor condition. Our volunteers convinced the village councillor to look after this problem well.

School Level Rally

School children were very enthusiastic for the rally and 200 children participated in it. A distance of 2.5 Km was covered which comprised the narrow lanes and by lanes of the village. Slogans that were raised were of '*Ek Do Teen Use karo Dustbin*' and '*Bharat ka irada swachhta ka vada*'.

Swachhta Mela

Two swachhta melas were organized, one in the EDMC Primary School and the other in the Purvanchal Public School. Every stall in these melas served a purpose in our aim.

And there were other activities too, such as-

1. **Plantation Drives**
2. **Say no to Plastic Campaign**
3. **Drawing Competition**
4. **Draw up Biogas Plant**
5. **Compost Pit**

The below video link highlights some of the activities carried out as part of this initiative:

[Chilla Gaon Summer Internship 2018](#)

3. Swachhta Pakhwara

Swachhata Pakhwada started in August 2018 by the government of India with the objective of creating a cleaner environment for healthy living.

Oath Taking Ceremony for Swachhta Pakhwara



NSS Gargi initiated its Swachhta Pakhwara around campus on 1st August 2018.

Students took Swachhta Shapath, taking forward the idea of "Satyagrah se Swachhagrah".

The oath delivered the message of cleanliness and how together we can make a change. The activities undertaken were as follows:

4. Cleanliness Drives: Ongoing Service



"Cleanliness is not next to godliness, it is godliness."

NSS Gargi organised Cleanliness drives in and around campus from 2nd-5th August 2018 then 7-9 August 2018.

It was an enriching experience as we took forward Swatch Bharat Abhiyaan and raised awareness about Swachhta Pakhwara. It was a step towards making our college garbage free and eco friendly. We also learned how every individual's work can contribute towards society's well being as a whole.

So, "Before you leave, take a moment to clean ".

5. Shahpur Jat- Swachhta Pakhwara



"Health and hygiene is real wealth"

NSS Gargi organized a "SWACHHTA PAKHWARA" at the SHAHPUR JAAT VILLAGE on 11th August, 2018.

The experience in itself was something which extremely enhanced us and made us realize how essential cleanliness, health and hygiene are. It was a step towards creating awareness amongst the sections of the society which are still alienated from the now ubiquitous Swachh Bharat Abhiyan. Teaching kids , who are the future of this great nation , Seeing their little dreamy widen is something which makes the NSS family so proud and reminds us of the novelty attached to this work and realize that bit by bit we can make not only garbage free but also the entire nation collectively. We also organised a Rally taking forward the idea of " Swachha bharat ka Irada , Irada kar lia hamne. Desh se apne wada, wada kar lia hamne "

So let's take a step forward and take a moment to clean up. After all a sound mind resides in a clean place.

II ACTIVITIES UNDER GARGI EXTENSION SERVICE

1. NSS Orientation at Gargi 2018

"There is no higher religion than human service. To work for common good is the greatest creed. "

We began a new chapter of The National Service Scheme(N.S.S.) unit of Gargi College with the Orientation Programme held on 31st August 2018. The event was organised to brief our volunteers about how NSS works , it's collaborations and to build a rapport among the new volunteers.The function was followed by our Teacher Convener's motivating everybody towards greater good followed by introduction of NSS Gargi Union 2018-19.

There is no greater joy nor greater reward than to make a fundamental difference in someone's life and this is what the motto of NSS is! Making this motto as our guiding beacon, today NSS Gargi is 700 members strong and spirit of service overflows in every endeavour and volunteer associated with Gargi.

2.Contribution towards Mission Buniyaad- Vidya Jyoti Project 2018



NSS students volunteered for Vidya Jyoti programme at SDMC school, Madanpur Khadar as their contribution towards the Delhi Government's project of 'Mission Buniyaad' to improve the learning levels of underperforming students attending primary classes in the government and municipal schools.

The below link gives a detailed account of this endeavour:

[**Vidya Jyoti Project 2018**](#)

3. Independence Day Celebrations at Gargi (15th August 2018)





Gargi college celebrated Independence day with a lot of enthusiasm and vigour, and it reminded every student, faculty and administrative staff members of the glorious past of the country.

NCC Cadets started the ceremony by giving the 'Guard of Honor'. The National Flag was hoisted by College Principal, Dr. Promila Kumar, followed by the National Anthem and a Salute to the Flag.

Then to make the environment all the more inspiring, some of the NSS volunteers sang very spirited patriotic songs and were joined by all the people who participated in the event. Every song reminded of the great courage and sacrifice of the freedom fighters. The ceremony was closed after all the performances.

4. Volunteering at Cheshire Home (NGO) – Ongoing service

To spread happiness and bring a change in someone else's life, the NSS unit of Gargi College, University of Delhi, visited an NGO – Cheshire Home.

Cheshire Home is a residential home to assist people with disabilities by providing necessary conditions for their physical, mental and spiritual well-being.



While everybody was busy here NSS Gargi Volunteers went to Cheshire home to celebrate the joy of Independence day with the residents. They contributed their services by making Diyas and other gift items for Diwali mela that NSS organizes at Gargi College to celebrate the spirit of Diwali by helping NGOs sell their products and honour the true spirit of the festival.

5. Sex Education Workshop





"Sex Education is just not important for youth , but also for the Society. "

NSS Gargi conducted a talk on Sex Education by Mr. Aditya Gautam and Dr. Aastha sachdeva on 24th August 2018.

It covered various aspects about sexuality :

- 1) Talking about sex and sexuality is hard , but it's the only way out
- 2) We should love ourselves. We should not find faults in ourselves, but look for good in us.
- 3) How hormones impact our lives and we should acknowledge it.
- 4) Sexuality is trainable. The younger you are, the more influenced you are.

Talk was informative and fun. Role plays and quizzes grasped attention of everybody present in the room.