

AUGUST, 2019

# AAFTAB

THE  
NSS GARGI  
NEWSLETTER

## NOT ME, BUT YOU. WELCOME TO AAFTAB!

Welcome to NSS Gargi's first newsletter. We hope you enjoy our first steps into sharing with you what we are doing in the world of National Service Scheme. This newsletter is a cherished piece of work that the NSS Union 2019-20 has been successful at putting together with the help of our faculty advisors.

The newsletter would be a snapshot of the various activities and advancements for all associated with NSS Gargi.

Proper communication plays a vital role in an organisation's development. This newsletter will serve to reinforce and allow increased awareness, improved

interaction and integration among all of us. NSS aims at serving people before we serve ourselves, this newsletter therefore, will acknowledge the efforts and determination of our massive volunteer base of over 1300 students and the events and updates that NSS Gargi brings to the campus and outside.

A new edition of the newsletter will be printed every two months. This inaugural issue is a brief account of the important events held up to August 2019.



## OUR MAIDEN EDITION:

1. Independence Day
2. Dry Snack Drive
3. Orientation
4. Donation Drive
5. Cleanliness Drives:
6. Fit India Launch
7. NGO Associations
8. WWF; Tide Turner



It is expected that wide support for this mission will be provided through the reader's valuable suggestions and comments.

This is merely a small step towards a long journey.

We hope the maiden issue of our newsletter inspires all of us for a new beginning with hope, confidence and faith in each other on the road ahead.

Happy Reading!

The NSS unit of Gargi College has been constantly working towards making the world a better place to live in since its initiation. The volunteers truly believe in serving others and that there is no bigger satisfaction than that of selfless serving. Hence, following the motto of NSS, i.e., '**NOT ME BUT YOU**', the NSS Gargi Students' Union 2019-20 organized a stream of events marking the start of the session 2019-20.

## 1. Independence Day: 15th August, 2019

Independence Day, as always, was celebrated in Gargi College with great pomp and show. It's a day to remember the service oriented people who had lost lives due to their spirit of giving back to the society and helping others instead of thinking about themselves during the freedom struggle. The event started with a remarkable '**Squad Drill**' by the NCC cadets of Gargi College. Thereafter, the flag hoisting ceremony got started where the College Principal, the NSS programme officer and the Student Union of the college took part.



The flag hoisting ceremony was accompanied by singing of the national anthem and followed by a grand salute to the flag. Festivities went on as volunteers danced and sang to the rhythms of patriotic songs. The event ended with the Official

Closing Ceremony after the performances.

## 2. Donation Drives: 14th-16th & 29th August, 2019

The NSS Students' Union of Gargi College invited and encouraged students to donate dry snacks and sanitary napkins near the NSS room so that they could be circulated among the underprivileged.

After enough supplies were collected, dates were decided and volunteers were appointed for the final dates. The students went around the **IIT flyover** and the slums near **Hauz Khas** to distribute dry eatables.

INSIGHTS  
ON THE  
START

Student volunteers of NSS also interacted with the kids on the streets and needy people near the traffic signals to understand their problems deeply; so that improvisation

could be done on the upcoming donation drives accordingly.

Volunteers also visited **Janta Adarsh Andh Vidyalaya, Sadiq Nagar** to distribute sanitary napkins.





### 3. **Orientation** **Day:** **21st** **August,** **2019**

The Orientation Program of NSS began with the hosts introducing what the NSS Students' Union stands for and emphasized on how NSS helps others, and why it is relevant in the contemporary world. The newly registered students were then introduced to the Faculty Advisors for the year 2019-20. The teacher mentors spoke some words of encouragement for the new faces and motivated the students to work selflessly for the society. Thereafter, the NSS Students' Union 2019-20 introduced themselves.

The union members addressed the newly enrolled members of the magnanimous NSS family and shared how NSS as an organization has enriched them with valuable experiences and helped them shape themselves into better versions of themselves. Then, a presentation followed which included the rules and regulations attached with NSS Gargi and NSS DU-unit and a general understanding of the organisation was provided.

Information about the various NGOs, events and NSS's Annual magazine: Savera were also given. This warm welcome left the newcomers of NSS Gargi with the zeal to do great things ahead.



## A DOSE OF FACTS FROM NSS

1. NSS Gargi has the largest volunteer base of 1100 students in the whole college.
2. NSS Gargi organises the NGO Diwali Mela annually as a part of Zistatva.
3. NSS Gargi chooses a Volunteer of The Month (VOTM) from every stream.

# 4. CLEANLINESS DRIVES

## AUGUST

The NSS unit of Gargi College believes in keeping our surroundings clean. As charity begins at home, NSS Gargi decided on conducting cleanliness drives around the college first.

Volunteers were appointed on first come first serve basis via social media platforms like WhatsApp. The student volunteers were given gloves, badges and

**NSS GARGI  
ORGANISES  
THREE  
CLEANLINESS  
DRIVES PER  
WEEK**

necessary tools to clean on the D-days and they cleaned as per the instructions of the governing body-NSS Union.



### Areas covered on:

#### Day 1:-

The Main Arc, Nescafe station, the Audi Foyer, the area surrounding the canteen, Science block, the main gate and the area outside college.

#### Day 2:-

The Arts block, the main arch, the canteen, Nescafe station, area around the auditorium and the botanical garden.

#### Day 3:-

The area around the Audi foyer, the commerce block, the admin block, main arch, arts block.

#### Day 4:-

The parking area, the botanical garden, the Nescafe station, the canteen and the area around the gates.





## 5. Fit India Movement -29th August

On the occasion of National Sports Day, Prime Minister Mr. Narendra Modi launched the Fit India movement at Indira Gandhi stadium complex, New Delhi.

NSS believes the words of the prime minister, "Fitness is not just a word, but a way of life." Hence, the volunteers of NSS Gargi participated in the event. The event aimed to encourage Indians to include fitness activities and sports in their daily lives. The Prime Minister said in his speech that the movement should reach all villages, panchayats and schools. He also encouraged the colleges and universities to implement daily exercise and physical activities for everyone on the campus. He emphasized that people should act and

work on their fitness rather than just merely talking about it. He also talked about the achievers in the field of sports that have come into limelight in recent times and how they can be taken as inspiration to lead a fitter lifestyle.

The vibrant ceremony then followed up with various sports, martial arts and dance performances. The event

was attended by the minister for youth affairs and sports Mr. Kiren Rijiju who'll also be heading the 28 member committee, formed to take the movement forward.



## 6. NGO COLLABORATIONS

### 1. CHESHIRE HOME:

Established in 1957, it provides shelter to physically handicapped, mentally ill, autistic and cerebral palsy and multiple disabilities patients. It also offers a learning centre for over 70 residential and non residential children. Volunteers from NSS Gargi visited the NGO throughout the month of August and contributed.

**NSS GARGI IS  
ASSOCIATED  
WITH OVER 15  
NGOS**

### 2. ASIAD VILLAGE:

Asiad Village is a society and they run a program in the community hall to



educate poor children that are present in the society.

Our volunteers visited the NGO in August where they were required to teach students from Nursery to Grade 8th. Major efforts were required to teach subjects like Maths, Science and English and our volunteers made it possible with their dedication and service.

Our volunteers helped the students of the NGO by taking the role of not only a teacher but also a mentor and support system.

### 3. VIDYA FOUNDATION:

Vidya Foundation is a small NGO working to uplift under privileged children through education.





# 7. WWF X UN

## THE TIDE TURNER CHALLENGE

**“The Young Leaders Plastic Challenge”: 29th August, 2019**

NSS Gargi has always been trying to tackle the menace of single-use plastics. This was an event on a similar pattern aiming to reduce plastic usage and creating student leaders who can take the trend forward and educate and motivate others on reduction of plastic usage (especially one-time use ones).

The event began with the WWF members introducing themselves and their organization as a whole and what WWF has done for the society till now. They, then talked about their motive behind this particular event. The members further showed various documentaries on how plastics are harming animals and how some men single-handedly have taken challenges towards cleaning a huge chunk of their society.

Thereafter, students were introduced to the “Tide Turner- Young Leader’s Plastic Challenge.” and were made to do various other activities which made the students think about the initiatives that can be taken on their part for the ending single use plastic usage in our surroundings. Students will later be made

a member and awarded according to their performances.



**INSTAGRAM**  
@nss\_gargi



**FACEBOOK**  
@nss.gargicollege

## SEPTEMBER 6TH

**HOLISTIC WORKSHOPS** on topics such as stress management, leadership, personality development.

## SEPTEMBER 13TH

**GIRLS GOTTA KNOW INDIA** will be a session about legal knowledge in order to help girls becoming independent.

## SEPTEMBER 25TH

**BLOOD DONATION CAMP** Which is the flagship event by NSS Gargi will be observed in Campus.

## SEPTEMBER 27TH

**MEGA TREE PLANTATION DRIVE** in association with Avni- The Eco Club.



## A PLASTIC FREE CAMPUS

NSS Gargi is coming up with a new campaign which aims at making Gargi College a Plastic-Free Campus by all means.

All our volunteers and Union Members are determined to the cause and urge the students to support us with the same.