



Dr Sangeeta Bhatia

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Profile

Associate Professor: 2002 to present

Education: Research Degrees:
 Ph. D (University of Delhi) 2000
 M.Phil (Punjab University) 1985

Papers taught

B.A. Honors and Program: Life-Span Development; Health Psychology; Understanding Psychology; Living in the Media World, Practicum based on Theory papers

Research Areas

Developmental Psychology, Health and Well-Being, Issues in Adolescence, Aging, Resilience, Neuropsychology

Experience

Teaching: 30 years at Gargi College, permanent since September 1991

Along with teaching undergraduate students, also participated in syllabus revision and creating new designs for practicums, field work, and research projects for students

Administrative experience: Teacher In Charge 2009-2011, 1995-1996 ; Psychology Association In charge 2011-2013, Convener students Society - Glass Eye 2014-2017

Research Projects

~Senior Research Fellow: ICSSR 2017-2019 (Lien from College)

TOPIC: The Social World of Adolescents: Cognitions of High Risk Behaviors & Mitigating Effects of Mindfulness

~Post-Doctoral Work under UGC Major Research Project (2003-2006)

TOPIC: Understanding Resilience in Individuals with Disabilities

~UGC Research Grant (Minor) 1999-2001

TOPIC: Psychosocial & Health Status of caregivers of patients with Parkinson's Disease

~Ph.D Supervisor: Doctoral students (University of Delhi), 1 Awarded, 1 submitted, 2 in progress

~Development of Intervention Programs based on survey of Learning Problems of Urban Slum MCD Primary school Children. NCERT, 1992

~Supervised Research Projects for BA (Hons) students in the areas of cancer coping, depression, drug abuse, mental health and sexual identity.

Chapters in Edited Books:

~ Mental Health & Community Psychology in India. In, Community Psychology & the Socio-Economics of Mental Distress: International Perspectives. Walker et al (Eds), 2012, Palgrave Macmillan/UK

~History & Theory of Community Psychology in India: An International Perspective. In , International Community Psychology: History & Theories. Reich et al (Eds), 2007, Springer/NY

~Life Crises Coping & Evolving (co-author). eChapter for BA (Program) Foundation Course in Psychology. ILLL, University of Delhi

~Psychology for C.B.S.E, Chapter in Textbook for Class XII. NCERT, 2002

~Manual of Psychology for Plus Two, based on new syllabus. NCERT, 1993

~Psychology: Popular Psychology Series. NCERT, 1992

Research Publications:

International: (Joint-author)

~Psychosocial functioning in children with dyslexia: Perspectives from parents (2019). Counsellors, & Teachers. Disability, CBR & Inclusive Development, 30(4), 221-242

~School Counselor role: Perspectives from the field (2019). International Journal of Social Sciences, 7(4), 789-794.

~Healing the body and the mind: The way forward (2019). International Journal of Social Sciences Review, 7(6-1), 2347-3797

~ The impact of coping strategies of cancer caregivers on psychological outcomes: An integrative review (2018). Psychological Research & Behavior Management, 11, 207-215.

~Home, Hearth & Hope: Psychosocial dimensions of an internally displaced person experience in Kashmiri migrants (2018). International Journal of Indian Psychology, 6, 11-48.

~Impairments in Activities of Daily Living in Parkinson's disease: Implications for Management (2003). International Journal of NeuroRehabilitation, 18(30), 209-214.

~Depression in Parkinson's Disease (2000). Clinical Gerontologist, 22, 59-70.

~Psychosocial Functioning in patients with Parkinson's Disease (2000). Parkinsonism & Related Disorders, 6, 185-190.

~Drug Abuse in Adolescence in relation to their values & perceived family environment (1998). International Journal of Adolescent Medicine & Health, 10910, 27-37

National: (Joint-author)

~Promoting resiliency in families of individuals with disabilities: Role of coping resources, family support, social participation & perceived burden (2018). Indian Journal of Health & Well-Being, 9, 599-608

~Exploring perspectives on the hiring of school counsellors: From direction to directive (2017). Psychological Studies, 62(4), 428-34.

~Gender differences in Depressive symptoms: The role of daily hassles, coping styles, social support & personal mastery (2011). Journal of the Indian Academy of Applied Psychology, 37, 86-97.

~Adolescent self-esteem, attachment and loneliness (2007). Journal of the Indian Association of Child Adolescent Mental Health, 3(3), 61-63.

~Assessment of Burden experienced by caregivers of patients suffering from schizophrenia (2003). Journal of Personality & Clinical Studies, 19, 77-88.

~Life satisfaction & values in retired women (2002). Indian Journal of Gerontology, 16(298-311).

~Altruistic behavior of engineers & teachers in relation to their personality (1987). Indian Journal of Applied Psychology, 24920, 87-90

~Intelligence, Sex & Psychomotor Performance (1985). Indian Psychological Review, 28, 1-6.

Conferences

Invited Chair, Speaker and Panelist

~ Mental Health Access Summit (MHFI) October 7th, 2020. Talk on - Old Age in the New Age. (Invited Panelist)

~The Mindfulness Conference, Slovenia, 29th August 2020. Talk on- Emotional self-regulation & well-being in challenging times. (Keynote speaker)

~National seminar on health & well-being: Reflecting on dominant practices & emerging challenges, 29TH February, 2020. (Chair) session on Youth & Adolescent well-being: Challenges & Aspirations

~International Conference on Mindfulness, Prodercic, Slovenia, 3-5th October, 2019. Our brain in Mindfulness: Roadmap for a journey within. (Keynote address).

~Integrating Traditional Indian Healing Practices with Contemporary Western Health System, 9th January, 2019. (Chair), session on Religion, Spirituality, & Mental Health

~Conducted workshop for international participants: The way to Mindfulness is through our hearts: Understanding the Why, What and How. Prodercic, Slovenia, 3rd October 2019.

~Towards Building Inclusive Societies: International Convention of NAOP, 19-21 December, 2018.
(Chair) Session: General Psychology

~ Building Resilience: Pathways to a stronger self. (Resource person) Conducted workshop at the pre Conference on NAOP Convention, New Delhi, 17th Dec, 2018.

~12th Biennial Conference for the Society for Community Research & Action (APA Div), Montclair, NJ (USA). (Invited panelist): Community Psychology in India: Global perspectives, 18-21 June, 2009

~Pathways to Resilience: An International Conference Resilience Research Centre, Dalhousie University, Halifax, Canada, June 15-17, 2005 (Invited presenter) paper on Resilience and coping with disabilities.

~International Conference of the International Society for Critical Health Psychology, New Zealand. 10-12 April, 2003. Round table symposium (invited panelist) on Health Psychology : Perspectives from India

Also presented oral papers at National and International Conferences.

Attended workshops (recent) on Multiple Regression (APA pre Convention), Research Methods & SPSS, University of Delhi, H-Index, organized by Gargi College, ICT Tools and pedagogies and related Webinars on Faculty Development