

Dr. Sheela Kumari S. Associate Professor Dr. Rakesh Kumar Assistant Professor



## Spin'17\_Annual Sports Day 2016-17

**Department of Physical Education, Gargi College was established in the year 1967 and** was renamed as the Department of Physical Education and Sports Sciences in the year 2006 by the university. **The Annual Sports Meet was named SPIN** in 2009 by the Sports Council 2009-10 along with a theme and logo which is changed every year. With a couple of exceptions, the annual sports meet has been organized every year with the following objectives: -

- To motivate the sports persons by providing them with a platform for recognition by the college and felicitating them with cash prizes, awards and scholarships as per their annual sports performance in Inter College, State, National and International level Sports Competitions.
- To motivate the coaches to better their performance every year.
- As a mass participation activity for all stakeholders.
- Every year the Department produces National and International players from various sports disciplines.

**Spin'17\_Annual Sports day,** was successfully organized by the Department of Physical Education on 31<sup>st</sup> January 2017. Mr. Rakesh Kumar, Kabaddi player, Arjun awardee was the Chief guest for the day. This being the Golden Jubilee year we had invited Dr. Meera Ramachandran, former Principal of Gargi College; Dr. Krishna Mehra and Dr. Padma Sehgal, Superannuated Physics Teachers; Ms. Monika Chhibber Kalia and Ms. Deepika Sharma, Distinguished Alumnae as Special guests of honour under the leadership of Dr. Shashi Tyagi, the then Principal of the College. Ms. Shubh Gulati, Sports General Secretary welcomed the distinguished guests, teachers, non-teaching staff and the students. Ms. Kritika Sharma, the Sports President, presented the Sports Round-Up for 2016-17.

The competitions of the day began with an Inter departmental Marchpast competition where 17 contingents from different departments of the college took part. The main college Union also participated in the March past sequence. The Sports president took the oath, and flag hoisting along with a Torch run was organized in opening ceremony. The display activities for the day College Aerobics team performance, along with a special performance by Rope Skipping and Malkhamb teams which was much appreciated by the audience. Teachers and Non-teaching staff also took part in the activities organized for them. The Prize Award Ceremony for the sports achievers of 2016-17 was the main draw of the day. The much-coveted Gargi Olympiad Interstream trophy was won by the science stream. Second position was claimed by commerce and third by Humanities. A total of 600 students, 180 teachers and 120 non-teaching staff actively participated in Spin '17.



## Department of Physical Education and Sports Sciences

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Figure 1 Annual Sports Day Spin-17

Dr. Sheela Kumari S. Teacher in Charge