

Annual Sports Day 2021-22

With the return to some semblance of normalcy and the shift back to offline mode, the Department of Physical Education and Sports Sciences along with the Student Sports Council conducted the Annual Sports Meet-Spin'22 on 13th April 2022 with the theme of 'Resurgence: It's Just The Beginning'. The theme refers to the path of recovery that we have all walked towards, and the new beginnings that we now face. The event was conducted with a renewed vigour, cheer and enthusiasm which was visible throughout the day. Ms. Tavleen Singh and Ms. Aarushi Gupta, the hosts for this event, warmly welcomed everyone and started the event off on a cheerful note in the College Auditorium as it was too hot to conduct the event outdoors.

Following this, the guests for the day were provided a sapling each as a symbol of growth, gratitude and welcome. The Student Sports Council 2021-22 and Team SAARTHI were then introduced to them by Dr. Suchitra Bharti. Ms. Tavleen Singh and Ms. Aarushi Gupta were the other comperes. To begin the occasion on a harmonious note, Samaranjani, The Indian Music Society of the college gave a 'sportingly' melodious performance.

A video that perfectly reflected the situation and the unbeatable spirit of the sports community was presented, showing the way sportspersons across the world, and in Gargi itself, rose up to the challenges and faced them head on.

A warm welcome was extended to the guests by Ms. Ananya Lohani and Ms. Sarakshi Kapoor, the vice presidents of the Student Sports Council. Ms. Tanya Vajpayee, President of the Student Sports Council gracefully conducted the sports round-up for the year 2021-22. Professor Promila Kumar, Principal, Gargi College, gave an enlightening speech, and extended a welcome to the chief guest, the guest of honor and the special guest. **Mr. Amitav Virmani**, the Chairperson of the college gave a heartwarming speech that motivated and gave the students a sense of empowerment.

Ms. Swati Sehgal, an alumna of Gargi College was the special guest for this event. She shared with us her beautiful college journey and inspired us all to work diligently towards our goals and dreams. An inspirational figure to all of us, **Ms. Anita Angom**

Chanu, Asian Games Judoka and Arjuna Awardee in the discipline of Judo, was the Chief Guest for the event. It was a matter of pride and honour to have her amongst us and listen to her motivational words spoken from the heart. Ms. Yashika Singh and Ms. Aditi Kaushik read out the awards for the achievers. Award winning sportspersons were felicitated for having participated/achieved in various state and national level championships by each of the guests in turn.

An entirely new award 'The Team of the Year award', which featured a series of competitions amongst the various sports teams in college, was won by Team Cricket. The Gargi Olympiad Inter Stream Sports Competition Award, which is presented to the stream which wins a series of sports competitions was won by the Humanities Stream.



Ms. A. Anita Chanu



Ms. Swati Sehgal

A new scholarship introduced last year named 'Ms. A. Malathi Scholarship' for 'Sports Person of the Year' was awarded to Ms. Jyoti Tokas from the Judo Team. The Dr. Shashi Tyagi Award for 'Best Sports person of all the Three Years' was awarded to Ms. Nisha Jakhmola from the Volleyball team.

Following this an excellent Yoga performance by the Ojaswini group, a vibrant Indian Dance performance by Nazaakat and an energetic Aerobics performance by college students was presented for the audience and was enjoyed by all present.

